

School News

Education + Communication = A Better Nation

Covering the Centralia Elementary School District



Volume 16, Issue 63

May 2023

Congratulations Dysinger Elementary Science Olympiad Team



(please see page 10)

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2022-2023 School Year Ending on a Strong Note



Norma E. Martinez
Superintendent

As we prepare to end the 2022-2023 school year, I want to thank our parent community for your partnership this school year as we continue to focus on doing what is best for our students, with safety in mind and centered on student wellness and academic excellence. This year, we ensured that our mission to serve students focused on the whole child, recognizing the need to strengthen social emotional learning, creativity, and a sense of safety for families and students. We continue on a path in pursuit of excellence, delighted to see our students rise to the expectation of meeting grade level standards, while showing strong growth in social emotional learning.

As we reflect on the school year, I would like to take a moment to recognize and celebrate the exceptional people who serve our district, our employees. Without a doubt, our teachers, our certificated and classified staff as well as our district administrators, both at the district level and at the site level, continue to demonstrate incredible heart, work ethic, flexibility, and dedication as we have persevered to meet the needs of our families and students in the face of enormous changes. I encourage all families to consider a note of appreciation for a staff member who has gone over and beyond in supporting our students this year!

CESD is proud to continue its tradition of excellence in program implementation. We know that great schools promote outstanding communities. CESD is proud to be a value-added asset to our Anaheim, Buena Park, and La Palma communities. Most recently, our district employees of the year as well as our La Palma schools were celebrated during the La Palma Festival of Nations Parade. CESD students also participated in the City of Buena Park's annual Track Meet as well as served at the Love Buena Park 2023 Community event. Centralia's commitment to participate in community events reinforces the value that our schools give our communities!

Centralia Elementary School District is proud to share some of the following success stories with you from this year. Congratulations to all staff, parents and students who contributed to these accomplishments!

- Congratulations to all Centralia schools for being designated an Award-Winning School by the California PBIS (Positive Behavioral Interventions & Supports) Coalition in either the Platinum and Gold levels for their work to promote positive school culture. It was great to start the school year with this good news!
 - Buena Terra, Danbrook, Miller, San Marino & Raymond Temple Schools – Platinum Recognition
 - Dysinger, Los Coyotes & Centralia Schools - Gold Recognition

- Congratulations to our employees of the year:
 - Teacher of the Year and County Teacher of the Year Finalist: Mrs. Dawn Spangenberg, Buena Terra School
 - Classified Employee of the Year: Mrs. Yohana Shamoon, Instructional Assistant, Miller School
- Congratulations to Los Coyotes Elementary School who just received an Honorable Mention as part of the Civic Learning Awards from Chief Justice Tani G. Cantil-Sakauye's office.
- Congratulations to Buena Terra Elementary School who was invited to apply for the National Blue Ribbon Award. The coveted National Blue Ribbon School award affirms the hard work of students, educators, families, and communities in creating safe and welcoming schools where students master challenging and engaging content.
- Raymond Temple has expanded Deaf and Hard of Hearing (DHH) learning opportunities for our community as staff have been providing free ASL classes to the community on a weekly basis as well as hosting the Love and Literacy program featuring programs for the DHH community.
- Thanks to the kitchen improvements of the past 2 years, the Food services program at the Dysinger School site has been able to expand services by increasing healthy from scratch cooking for our students as well as increased visits by our District's Food Truck – soon to be seen this summer at a library near you!
- We celebrate that San Marino Elementary School continues to be an AVID Case Study school, using their story to show other elementary schools how they too can develop a college-going school culture in their schools!

All of these accomplishments are the culmination of the great partnerships between staff and community! Thank you.

As we prepare to finalize our plans for the upcoming 2023/24 school year, parents can look forward to:

- District-wide expanded arts programs at all schools
- Preschool program added to Raymond Temple and Dysinger Schools
- Expanded Learning opportunities for students outside of school time
- Dual Language Immersion expansion in our Spanish-language Dual Language Immersion program at Centralia School for all students in grades K, 1 and 2.

It continues to be an absolute pleasure to serve the community of Centralia Elementary School District. Our Board of Education, Board President Lamiya A. Hoque, Vice President Henry Charoen, Clerk Luis Flores and Members Art Montez and Elizabeth A. Gonzalez, thank our families and staff for such strong collaboration and partnerships! Centralia Elementary School District - a tradition of excellence since 1875!



Kay Coop
Founder/Publisher



Neta Madison
Netragrednik

School News

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Superintendent Martinez begins this issue with her message on page 3 highlighting accomplishments this school year.

Thank you for including *School News* among your reading choices.

Be sure to enter the word search on page 15 (all ages may enter).

Please remember to include the library among your activities this summer and we'll be back with our next issue September 20.



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Ask Dr. Shari



Dr. Shari Sweetnam

Good for the Mind & Great for the Heart

The way we choose to spend our time and the activities in which we engage help form our value system. With a wide array of possibilities and opportunities, volunteering is a positive and vastly beneficial way of helping young people develop a strong sense of self.

Volunteering offers benefits spanning from the intellectual and spiritual to the educational and professional. As young people give of themselves and their time, they can learn about being selfless. In a busy world of "pursuit of personal happiness," too often the intrinsic values of empathy and giving are the lessons that are overlooked. Helping others via a structured volunteer program is a positive and safe way to develop oneself in this regard.

As Mahatma Gandhi said, "The best way to find yourself, is to lose yourself in the service of others." Teens who experience growth at an early age are likely to continue cultivating positive behavior and friendships.

Motivational Speaker, Founder of *The Brainpower Programs for Schools*, Author, Consultant, Radio Host contact: info@doctorshari.com, twitter: DrShariS, Youtube: Dr. ShariS, LinkedIN: Dr. Shari Sweetnam



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Ioana Pal, Psy.D.
clinical psychologist, Stramski
Children's Developmental Center,
MemorialCare Miller Children's
& Women's Hospital Long Beach

Mental Health in Children

By: Ioana Pal, Psy.D., clinical psychologist, Stramski Children's Developmental Center, MemorialCare Miller Children's & Women's Hospital Long Beach

Mental health issues like anxiety, depression, and self-harm among children have risen in recent years, and can have long-lasting effects on a child's physical, emotional, and social development.

Factors that can affect a child's mental health include genetics, environment, and life experiences. Common mental health disorders in children include anxiety disorders, depression, attention-deficit/hyperactivity disorder (ADHD), and behavior disorders. These conditions can impact a child's ability to learn in school, interact with others, and develop healthy relationships.

Parents and teachers play a crucial role in promoting positive mental health among children. Some strategies for support include providing a safe and supportive environment, encouraging open communication, promoting healthy habits like exercise and good nutrition, and seeking help when needed.

Recognizing the warning signs of mental health issues in

children is important. These may include changes in behavior, mood, sleep, or appetite. Additionally, a child may express feelings of sadness, worry, or fear, have difficulty concentrating or completing tasks, or exhibit physical symptoms such as headaches or stomachaches. They may also isolate more than before.

It's important not to minimize their feelings. Children need to feel safe coming to parents with their issues, and as parents it's important to ask them how they feel if there is a change in behavior.

Early intervention and treatment can significantly improve a child's mental health outcome. Treatment options may include therapy, medication, lifestyle changes or a combination tailored to each child's needs. By supporting their mental health, we can help children develop into healthy, resilient adults.



Athena, Age 2



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Buena Terra *Elementary School*

8299 Holder St., Buena Park, CA 90620 • 714/228-3220 • bt.cesd.k12.ca.us



Bianca Marchese
Principal

Soaring Strong into the End of The Year

As the year winds down, we are hard at work celebrating all of the amazing work students have done this year. We kicked off the month with a fun Family Math Night where families learned math games to reinforce what they have learned. Our youngest students held their vocal concerts at the end of April. Parents enjoyed a presentation of what their children have learned through our music program.

We held our annual BT Talent Show at the end of April, with students showcasing their unique talents for students and the community. We had singing, dancing, skits, hula hoop masters, and amazing pianists.

We are also celebrating Mental Health Awareness week with fun activities at lunch the first week of May. We are gearing up for our annual PTA Carnival at the beginning of May. This will be our first carnival since before the pandemic, as you can imagine, students and families are excited to have a space to have fun together and to celebrate a successful year.

Finally, our sixth-grade class has many fun activities planned for the end of the year. We have our teachers vs. students' softball game, a class BBQ, ice cream social and yearbook signing, and of course, our promotion celebration June 2. Our students have worked so hard this year and we are looking forward to finishing out the year on a high note.



Centralia *Elementary School*

195 N. Western Ave., Anaheim, CA 92801 • 714/228-3210 • ct.cesd.k12.ca.us



Enrique Romero
Principal

Cheers to Centralia!

With only one month left of school, we are excited to celebrate the many amazing things happening at Centralia Elementary! We recently celebrated positive behaviors with our monthly Fun Friday, where students who earned this special day were able to choose from various activities. Some examples of the choices included playdough making, playing hockey, chalk art, and bubbles.

We look forward to the Ballet Folklorico performance to celebrate and enjoy the creative arts with our school

community. We are incredibly proud of our upper-grade students who will perform for our students at our strings concert, where they will demonstrate their extraordinary skills. Additionally in May, we are thrilled to host a talent show where students will entertain us with their unique talents.

To conclude their elementary school journey, our sixth-grade students have quite a month of celebrating to look forward to. To begin, they will attend a sixth-grade science camp. Then, when they return, we will celebrate with a 6th-grade breakfast, game day, field day, and promotion ceremony, where we will send them off to Jr. High and into a bright future!



Danbrook *Elementary School*

320 Danbrook St., Anaheim, CA 92804 • 714/228-3230 • db.cesd.k12.ca.us



Dr. Angelica Montelongo
Principal

Creating Tomorrow's Leaders Today at Danbrook!

The Danbrook staff is known for going above and beyond to support students and their needs, and to make school a place of encouragement, safety, learning, and fun! We believe that providing a strong foundational experience in elementary school will better prepare students for further educational opportunities. Danbrook elementary school has a unique Mentor program to support continual educational advancement for students. The program was developed from the idea that being part of a child's life beyond elementary school age years can be impactful to future success. Each year staff members select a student to mentor. The student may be in need of support with motivation, a sense of belonging, to show leadership skills, or display a need that can be filled through mentorship. Each month the mentor and mentee

meet to work on a fun project and review topics of interest to the child.

We also have After School Intervention programs (ASIP) founded by a teacher who wanted to provide students with access to their areas of interest. During this time, teachers provide extra-curricular activities such as volleyball, dance, art, and media production. In addition to these offerings, teachers provide tutoring for students in target instructional areas of critical skills in both English Language Arts (ELA) and mathematics.

We also provide enrichment opportunities during the school day, which includes giving every student from 5th through 6th grade piano lessons in our recently renovated music room. After the school day, we provide a robust after school reading and math intervention program. Extended Learning Program (ELOP) provides students with tutoring, homework assistance and enrichment activities.

There are plenty of reasons students often say, "It's a great day to be a Dolphin!"



Dysinger *Elementary School*

7770 Camellia Dr., Buena Park, CA 90620 • 714/228-3240 • dy.cesd.k12.ca.us



Dr. Anissa Sorley Sequeira
Principal

Recognition and Reflection at Dysinger

Celebrations started early at Dysinger School in Centralia Elementary School District. We closed April with exciting activities and accomplishments. Our TK through third grade students performed in a spring choir concert. It was wonderful to host our families and see and hear the love for music that our talented music teacher, Ms. Lorianne Frelly, has fostered in our students.

In the annual Buena Park track meet, our very own Anna Reyes won the softball throw. She will be moving on to the Orange County Track Meet hosted by Santa Ana College.

At the end of April, the Dysinger's Science Olympiad team, composed of fourth, fifth, and sixth grade students,

competed in the 2023 OC Regional Elementary Science Olympiad coached by Teachers Ms. Faulhaber and Ms. Herman. Our students won both bronze and silver medals in their respective categories, and this is the first time Dysinger has won a silver medal!

The celebrations will continue through May as we strive to end the year strong with happiness and gratitude in our hearts. Our upper grade students will be showcasing their talents in a strings performance and kindergarten will be putting on an end of year performance for parents. We are getting ready to host our annual volunteer tea to honor all of the hard work and dedication Dysinger's parent volunteers have shown us this year. To close the year, our sixth-grade students will be engaged in several fun and active events culminating in their promotion to junior high school. We are very proud of the hard work and commitment of both our students and staff this year.



Science Olympiad Team

Los Coyotes *Elementary School*

8122 Moody St., La Palma, CA 90623 • 714/228-3260 • lc.cesd.k12.ca.us



Dr. Vicki Wong
Principal

Los Coyotes Celebrates Civic Learning

At Los Coyotes, students and staff work together to support student learning around Civic Practices. As part of this commitment to Civic Learning, Los Coyotes has a student leadership program called LEAD. LEAD is a program that empowers sixty students in grades 5 and 6 to be leaders at our school and in the broader community. The program helps students integrate leadership skills through schoolwide events and daily activities that positively influence school climate and culture. Student agency and empowerment are at the core of the LEAD program. LEAD students oversee campus tours, student assemblies, community outreach, and the schoolwide broadcast video. LEAD helps inform students

about socio-emotional practices, current events, and civic duties such as voting and the census. Every year, LEAD students' partner with the Orange County Department of Education Student Advocating for Mental Health program. Through this program, LEAD students learn about Mental Health Practices and then teach what they know to other students in different grade levels through our LEAD Jr. Mentoring program.

This month LEAD students will be attending a K-12 Civic Practices Celebration hosted by the Orange County Department of Education. At this celebration, students at schools who have received Civic Award Recognition will engage with Civic Leaders and learn how to participate in democracy and improve interactions with communities. We hope our work in Civic Practices will build tomorrow's future Civic Leaders.



San Marino *Elementary School*

6215 San Rolando Way, Buena Park, CA 90620 • 714/228-3280 • sm.cesd.k12.ca.us

End of Year Energy Abounds at San Marino

Gina Hickerson, Assistant Principal

San Marino has had a month full of fun activities and family events. Students at San Marino had a great time participating in our Fun-Ram-Run! In preparation, students had to meet daily challenges the week leading into the run. Each morning they inquired which class has met the challenge and they cheered each other on. Students were excited to participate in the run, with their teachers and families cheering them on.

Our VAPA students also participated in our choir performance and strings concert. It was a wonderful performance put together by our wonderful district music teacher Ms Frelly. In addition, our Expanded Learning Opportunities Program (ELOP) drama club performed "Munchkin Mediation" a play that taught students about how

to get along with others when they encounter conflict. This was taught and directed by Ms. Cherinda and her student stagehands.

We also had a Family Math Night where families learned to play math games with a set of dominoes. We recently had "Muffins with Moms", a PTA sponsored event hosted families with a breakfast of muffins and a craft activity. San Marino had many students participate in the Buena Park Track Meet and we had students who placed and made it to the podium!

Our San Marino Rams are looking forward to our upcoming AVID week in May, we will be having our Advancement Via Individual Determination program (AVID) activities all week. Teachers and students are excitedly preparing for our AVID Pep Rally. The week will end with guest speakers sharing about their job and what type of education they needed to get that job.



G.B. Miller *Elementary School*

7751 Furman Rd., La Palma, CA 90623 • 714/228-3270 • ml.cesd.k12.ca.us



Robyn Yarbrough
Principal

Community Connection is Key at GB Miller!

There is much to celebrate at GB Miller School! Our sixth-grade students completed and graduated from the Police Interacting with Youth (PIY) program, which is implemented by the La Palma Police Department. This program has been a cornerstone of social-emotional learning (SEL) for our 6th grade students for several years. Community involvement is always very important to our school's identity.

We are proud to have two entries in the City of La Palma Festival of Nations Parade. Our 6th graders representing the PIY program walked with their fellow 6th graders from Los Coyotes School along with Officer Wilson of the LPPD. Our Student Council members walked with their advisor, Ms. Lee. It was a wonderful day filled with cheers and waves.

Miller School is honored to provide special celebrations such as trimester awards assemblies, Choir & Strings Concerts, end of year TK/K events, and a Talent Show. We love hosting family events like "Booknic", our PTA Carnival, and Sixth Grade Promotion. At Miller School, we "RACE to Success!"



Raymond Temple *Elementary School*

7800 Holder St., Buena Park, CA 90620 • 714/228-3290 • rt.cesd.k12.ca.us



Shawn Stuht
Principal

Raymond Temple Culminating Celebrations

End of year celebrations are an indicator of the culmination of another accomplished school year. Culminating Music concerts showcased the top tier music education that our students have received in our music program by our wonderful music teacher, Ms. Frelly. Parents arrived in droves to watch with pride the beautiful performances for both Choir and Strings Concerts.

I Love Buena Park Days allowed the opportunity for staff and community volunteers to celebrate our outdoor learning spaces through beautification. Community and school volunteers painted a mural on the handball wall and gave a fresh coat of paint to our beloved outdoor learning center garden fence.

Sixth graders now begin a season of celebrations by attending Outdoor Science camp and preparing for promotion to Junior High School. Kindergarten is also preparing to wow their parents with their end of year celebration program. The end of the year is a wonderful time of reflection and transition for staff and students.



Eric and Eva's Review



Eric and Eva

We love to Read Bilingual Books

We enjoyed the book *Rene Has Two Last Names*.



The book was relatable to us. We have two last names. Just like Rene, our last names remind us of our grandparents.

The book made us happy.

There must be other kids like us with two last names. Our last names are long, but we love to have both mom and dad's last names to remind us of where we come from and our abuelos.

Eva and Eric are in a kindergarten Dual Language class. We are Twins! Which means we share a birthday together. We enjoy reading and learning. Eric likes math, playing baseball, dancing folkloricó, painting, and spending time with his family. Eva likes dancing folkloricó, crafts, fashion, shopping, and spending time with her family.

Aubtin's Review



Aubtin M.

The Power of Magic

The Magic Tree House book series by Mary Pope Osborne is a #1 New York Times bestselling series. This book series is about a brother and sister named Jack and Annie. The two go inside a Magic Tree House that takes them through time to finish a mission.



In the *Magic Tree House – Merlin Missions #22 Hurry Up, Houdini!* they will travel back in time to 1906 to the Coney Island boardwalk in New York. They must find one of the greatest magicians of all time, Harry Houdini. While they are there, they put on a magic show to replace two absent magicians. They also use some magic to help them find Houdini. Will they find him? If they do, what secrets will they learn from him? I recommend you read this book to find out.

As much as this book is funny, it is also very educational. I hope that you will also learn about Houdini in this book and like it.

Aubtin is a 1st Grader. When not playing, Aubtin does writing, reading, and drawing. He also likes sports, swimming, music, computers, and trains. He cares a lot about his family and friends.

Day at the Beach – Word Search Contest

Rules! One word in the list is NOT in the word search.

When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put Centralia in the subject line.

Entries must be received by July 15, 2023

From the correct entries one name will be drawn to win a \$20 gift card to Barnes & Noble.

- | | |
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