

School News

Education + Communication = A Better Nation

Covering the Long Beach Unified School District...and more!



Volume 24, Issue 149

April 2023

Let the Fun Begin!



Please see the Long Beach Parks, Recreation & Marine page 15.



Please see the City of Signal Hill page 4 for the Summer Concert schedule.

www.SchoolNewsRollCall.com

Harbor Tours Are Back!

The Port of Long Beach's popular free summer harbor tours are returning from May-September! Registration is open the third Monday of each month preceding the tours – that's Monday, April 17 from 8 a.m. to 8 p.m. for May tours.

Tour schedule and more information at polb.com/porttours or scan the QR code.



Port of
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THE GREEN PORT



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LONG BEACH UNIFIED SCHOOL DISTRICT
...AND MORE!

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Kay Coop
Founder/Publisher



Netragrednik

Summer is coming and there are many options to enjoy time together away from technology. Signal Hill, Long Beach and Rancho Los Alamitos summer concerts and programs for all ages. Don't forget to include the public libraries among your activities. Choose a book and travel to far away places without leaving your chair.

On page 18 Superintendent Dr. Jill Baker's congratulates Frania Lopez from Jordan High School, who recently became the first student to be sworn into a newly created student board member position on the Board of Education.

Many of our readers may have been colleagues or students of

Jerry DaDurka in LBUSD. On page 18 is a tribute to Jerry, who passed away January 13. My husband had the privilege of teaching with him at Jordan High School and they enjoyed a close friendship for many years.

Since this is our last issue this school year, I'll take this opportunity to congratulate the Class of 2023! I wish them well as they go on to higher learning or join the workforce. Perhaps some will come back to teach in LBUSD.

Thank you for including *School News* among your reading choices.

Our next issue is October 11.
Be well!

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Rex Richardson
Mayor

Empowering Lifelong Learning

It is nearly April, and graduation is just around the corner. As we enter the last quarter of this school year, let us take a moment to reflect on how far we have come. The pandemic was hard on everyone these past few years, especially our city’s children. But now, brighter skies are ahead—and the COVID-19 emergency declaration is officially over.

It is so important that we take the opportunity we have right now to double down on investing in our future. Our children, our schools, and our youth deserve the best that we can give them, and it all starts with education.

As a father of two young girls, I understand the importance of setting our children up for success. That is why, when I announced my Opportunity Beach Agenda, I prioritized a plan of action that creates pathways for young folks to succeed by pursuing higher education, learning a skilled trade, or even joining the City workforce through the launch of a new Public Service Fellowship Program. We are also working to implement the Long Beach Housing Promise, which will ensure that housing is not a barrier to education for families in our community.

Every child in every neighborhood deserves the opportunity to succeed, and I am committed to ensuring they have the resources to do so. Together, we can empower our students to pursue a lifetime of learning.

This year, I will be organizing our city’s first annual Youth Advocacy Day, where young leaders can get together and learn how to participate in the civic process. We are also hard at work establishing a \$1 million floor for the Long Beach Youth Fund’s annual disbursements, which will provide crucial resources to continue our programming for young people well into the future.

And, starting in May, students will be able to participate in the City’s budgeting process by voting on how public dollars are spent on youth programs. Parents, this is a great opportunity for our children to have a real impact on our City’s programming and for you to encourage them to get involved.
www.longbeach.gov



Tina L. Hansen
Mayor

Summer Concerts

From the City of Signal Hill

The City of Signal Hill and the Signal Hill Community Foundation will host six summer concerts at Signal Hill Park adjacent to City Hall. The series is held over six weeks on Wednesday evenings during July and August. We welcome friends and families for an evening of free live entertainment, raffles, and community engagement.



The concert series is organized through a joint effort between the City of Signal Hill and the Signal Hill Community Foundation. The Signal Hill Community Foundation’s primary purpose is to support the City of Signal Hill by providing funding through grants, donations and corporate support for charitable, cultural, recreational, and educational purposes to benefit the community.

The Foundation has a Live Out Loud (LOL) Scholarship Program. Signal Hill residents can apply for financial sponsorship to participate in an activity or program, learn new skills, or enjoy recreational programs.

Band	Genre	Date
Cold Duck	R&B, Latin, Jazz	07-12
Gypsy Dreams	Tribute to Fleetwood Mac	07-19
Jimmy Buffet	Cover Band	07-26
The Kings of 88	Piano Rock	08-02
Soul3Sixty	Motown	08-09
Beach St. A Go Go	60’s Rock n’ Roll	08-16

www.cityofsignalhill.org



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Laura I. Doud
City Auditor

Importance of Community in Crisis Response

Why is community important? Community unites people in shared needs, interests, experiences, and goals. Community is important for social connections, support, safety, and health. As we've experienced before, community is vital during times of crisis. Currently, Long Beach, like many other communities, is facing a homelessness crisis. And this complex crisis needs a strong collaborative community response.

The City has long been dedicated to homelessness and has partnered with community organizations and non-profits to provide outreach, medical and mental health support, emergency shelter beds, and various other basic need services to individuals experiencing homelessness. The City also has prioritized diversion and homelessness prevention, rental assistance, and permanent housing programs. As homelessness has greatly increased in the wake of the COVID-19 pandemic, the City has declared a local state of emergency to be able to quickly and efficiently expand homelessness and housing services. While the City continues to work diligently, it has asked the community to help. So, my Office and I are doing what we can to help during this crisis.

In the beginning of this year I joined fellow community leaders and members for Long Beach's annual point-in-time homeless count. It was heartening to see over 250 people volunteer to help determine how many individuals are experiencing homelessness so that we may define existing resources and identify gaps. With our outreach teams assigned, instructions in hand, and the sun still below the horizon, we canvassed the City with the task to survey and provide information on service resources available to individuals experiencing homelessness.

I along with members from my Office are also committed to the City's coordinated emergency response to homelessness. We are participating in the City's Community Partnership Committee which is identifying and coordinating efforts with various non-profits and faith based organizations for resources such as food, blankets and hygiene kits. My Office is also undertaking an audit to assist the Health Department, per their input, in reviewing the performance of service providers that provide direct services to homeless individuals.

As Hellen Keller said, "Alone, we can do so little, together we can do so much." Working together we can build a stronger, supportive community to address this crisis. Find out more on what the City is doing and ways you can join these efforts at www.longbeach.gov/homelessness.



**Douglas P.
Haubert**
City Prosecutor

Fight Crime with Education

There is one strategy to reduce crime that is simple, time-tested, and summarized in one word: Education.

The U.S. Department of Justice states, "The link between academic failure and delinquency, violence, and crime is welded to reading failure."

It is said that we first learn to read, then we read to learn. The Center for Public Education says it better, "Reading is the Open Sesame for acquiring knowledge: learn to read, and you can read to learn just about anything."

We need to focus on basic literacy. And we need to focus on the first few years of schooling because those who struggle with reading are four times more likely to drop out of school.

According to the National Assessment of Adult Literacy, 2/3 of students who cannot read proficiently by the end of fourth grade will end up in jail or on welfare. What does this cost us? Annie E. Casey Foundation reported in 2010, "every student who does not complete high school costs our society an estimated \$260,000 in lost earnings, taxes, and productivity."

Many who lack education commit crime, often violent crime, and end up incarcerated. Nationally, it is estimated up to 75% of prison inmates are illiterate. Why are we surprised by the cycle of incarceration for those who cannot read?

There are many things we can do to reduce crime in the future, but first we need to replace the slogan, "No Child Left Behind" with an actual strategy to ensure no child is left behind academically.

We also need to do a better job of educating those who intersect with the criminal justice system. Long Beach judges do an excellent job of requiring that students get back into school. This should become the norm.

But we also need to do a better job of educating students before they end up in trouble with the law.

If you know a parent with pre-K kids, please do what you can to help them. Give the gift of books, read to them, do whatever you can to help them explore the world of letters and numbers before the first day of kindergarten. After that they'll get help from librarians, classroom teachers, even the local bookstore owners, and other heroes who will keep them engaged.

As a prosecutor I am certain that the more we all do now to promote reading and early education, the more we cut crime in the future.



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Ways You Can Teach Your Kids About Money

This April, celebrate the spirit of the credit union movement with your children during National Credit Union Youth Month. Here are three ways you can help teach your kids good financial habits.

Jeffrey A. Napper
President & CEO

Set A Good Example – Our children are always watching us. Set a healthy example for them and try not to impulse buy or eat out too

often.

Create an Opportunity for them to Earn Money – Rewarding your kids for doing chores can help teach them the responsibility of earning money from doing work.

Open an Account for Them – Teach your child the value of saving by depositing birthday money and other funds into a savings account. Once they get older, you can open a checking account and help them learn how to manage their money.

This month help your kids get started on the path to financial wellness!



CathyLyn Brooks

Officials Warn Of Nationwide Homeowner Scam

The newest real estate fraud to emerge is called the Homeowner Benefit Program. Originating from a Florida-based real estate company, homeowners are offered cash payments of up to \$5000 to sign their agreement.

Signing grants the exclusive right to sell and guarantees a 3% commission if the homeowner sells within the next 40 years. Upon execution of the contract, a memorandum lien is filed with the county Recorder's office.

Further, if the homeowner dies or gifts the property to another, subsequent owners are also obligated. Should the new owner wish to cancel the agreement, or decline to work with the named company, they must pay an early termination fee of 3% of their home's value; the amount that the firm would have earned from the sale of the property.

While a cash payment now may seem attractive, the median home sales price across the nation is \$428,700. In today's market that average fee is \$12,861. Add 40 years of price appreciation, and factor in the high priced states, and that penalty could be staggering. It's essentially a very small loan with a horrendous interest rate and a big "catch."

While this tactic is legal, officials suspect that many do not fully understand to what they have agreed. Entering into any contract concerning your property should be approached with caution, and perhaps legal counsel. At the very least read the fine print and ask questions, and/or seek review by a trusted and objective professional in the field of real estate.

CathyLyn Brooks, CRS, GRI has worked as a real estate broker since 1980, is a graduate of USC, the UCI Paralegal Program, and serves FINRA as a public arbitrator. She holds Broker's License No. 00797147 and is affiliated with United Real Estate Professionals in southern California. Consumers should seek legal and tax advice pertaining to their transactions. She can be reached at real.estate.matters@outlook.com



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Rancho Los Alamitos

Family Fun at Rancho Los Alamitos

By Katie Lowe, Manager of Education and Public Engagement

Cool Crafts Roundup: Updated Schedule!

Second Thursdays, April to August, 1:30 – 4:00 pm



Beginning Thursday, April 13, we invite you to enjoy a creative afternoon at the Rancho. Make a craft, participate in story time, stroll the gardens, and

learn about nature. All ages are welcome. Children must be accompanied by an adult. Craft supplies are available on a first-come, first-served basis.

Summer Concerts: Sunday, June 4 and Sunday, August 6 5:00 – 7:00 pm. Free admission. Parking at CSULB Lot G13. Join us for a family-friendly evening with a live, musical performance. Cool off during a summer night and enjoy a relaxing evening.

Please check our website for the latest updates: <https://ranchosalamitos.org/events>.

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Assistance League® of Long Beach

Assistees Develop Leadership Skills

By Liz Krummel, Marketing Chairman

Made up of over 100 high school students, Assistees members provide over 4,000 hours of service to the Long Beach community. With the wide variety of programs and activities, there are many opportunities to develop leadership skills and receive training, including public speaking, that benefit members for a lifetime.

Activities include supporting food insecurity by hosting bi-annual foods distributed to Interval House and Food Finders and packing backpacks for Operation School Bell® filled with new school uniforms for LBUSD students. Members also create cards and crafts for patients of Miller Children's and Women's Hospital. In addition, Assistees volunteer at the Thrift & Vintage Shop on 4th St Retro Row gaining valuable work experience.

Members meet once a month on the 4th Monday. Each year, guest speakers are invited to speak at their meetings. Senior Recognition and Parent/Assistees Game Night are just a few of their fun events. The 2023 class is accepting new members through May 30 – For more information, email assistees@ALLB.org.



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Nutrition Update — Fast Food Facts

This column provides insight from Carol Sloan RDN, FAND and her daughter, Kelly Sloan, MS, RDN. They provide tips to help you make healthier food and beverages choices.

How Much Protein Do We Need?



**Carol Berg Sloan,
RDN, FAND**

A hot topic in any current food or diet article is protein consumption, due in part to trending keto diets as well as interest in more plant-based eating. Interestingly, when I speak with my clients, most have no idea how much or what kind of protein they should consume for optimal health. Let's start with the basics. This table from the United States Department of Agriculture (USDA) gives daily consumption guidelines for various age groups.

<https://www.myplate.gov/eat-healthy/protein-foods>

Many of my clients are surprised as amounts are smaller than they expected. I encourage a variety of protein sources and explain that in addition to lean animal proteins, we can get protein from dairy products and plant foods, specifically beans, legumes, nuts and seeds. Protein deficiency in the US is rare, however, with trends mentioned above, families need to be aware of what is being served to ensure proper amounts are being eaten daily.



**Kelly Taber,
MS, RDN**

Protein is an essential part of the diet for it is needed for virtually every bodily function- skin, muscle, bone, and hair as well as for carrying oxygen in your blood. Our bodies don't store protein in the same way that we store fat and carbohydrate so eating a variety of quality sources each day is imperative. For example, as mentioned

in the table, a teenage boy should have about 7 ounces of protein/day. How does that translate into actual food? For breakfast: 1 tablespoons peanut butter on wheat toast, lunch: a 3-ounce turkey burger and dinner: 2 ounces of chicken with vegetables and pasta. EASY! Other 1-ounce equivalents include 1 egg, ¼ cup nuts, ¼ cup baked beans or 6 tablespoons of your favorite hummus. Try this easy edamame recipe for ¼ cup of soybeans equals 1-ounce of protein.

Most Delicious Edamame



Serves 4

Ingredients

- 1 pound in-shell edamame, frozen or fresh
- 1 tablespoon extra-virgin olive oil
- 2 tablespoons minced garlic
- 1 tablespoon minced ginger
- ¼ cup soy sauce
- ½ teaspoon black pepper

Directions

- In a medium pot bring 4 cups of water to a boil.
- Add edamame and cook for 3-4 minutes.
- Remove from heat and drain edamame.
- In a large frying pan or wok, add olive oil, garlic and ginger and sauté 1-2 minutes.
- Add edamame and sauté for 2 minutes.
- Add soy sauce and pepper, continue to sauté for 5minutes.
- Remove from heat and serve immediately.

Daily Recommendation* in Ounce-Equivalents (oz-equiv)		
Toddlers	12 to 23 months	2 oz-equiv
	2-3 yrs	2 to 4 oz-equiv
Children	4-8 yrs	3 to 5½ oz-equiv
	9-13 yrs	4 to 6 oz-equiv
Girls	14-18 yrs	5 to 6½ oz-equiv
	9-13 yrs	5 to 6½ oz-equiv
Boys	14-18 yrs	5½ to 7 oz-equiv
	19-30 yrs	5 to 6½ oz-equiv
Women	31-59 yrs	5 to 6 oz-equiv
	60+ yrs	5 to 6 oz-equiv
Men	19-30 yrs	6½ to 7 oz-equiv
	31-59 yrs	6 to 7 oz-equiv
	60+ yrs	5½ to 6½ oz-equiv

Parent To Parent



Jodie Lynn

Activities Away from Technology

Q. My 10-year-old son only wants to stay indoors, play video games and eat chips and the like. He doesn't like sports. I'm trying to get him outdoors and moving but he complains about the heat. Any ideas on how to get him away from becoming a chubby couch potato and away from the TV?

A. There are plenty of programs that your son might like such as swimming, drawing, painting, camping, making pottery, volunteering at a pet shelter, cooking, graphic design for kids, etc. The whole idea is to get him out of the house, off the couch and into a scheduled activity three to five days a week. Some of them start in the morning and some in the afternoon. Some of the facilities where the activities take place have lunch served to the kids. It's usually a pretty healthy one at that. They should give you a weekly copy of them. If not, ask for one. Some programs allow kids to bring their lunch. This means that he will be eating less of the bad things and more of the good. He might even decide that eating fruit is a good break from chips. If your son can find something he likes and can participate in it with a friend, he'll be more willing to stick with it, especially if there's no pressure to be a super star. This will also give him less time to play video games or to watch TV.

A Helicopter Parent

Q. I have been a helicopter parent for so long that my children, ages seven and nine, are extremely apprehensive of taking any risks in various activities or doing anything where they may get even slightly hurt or disappointed. What have I done and how do I correct it?

A. There have been overbearing and overprotective parents for years; don't beat yourself up too badly. It's easy for parents to go overboard when it comes to their kids. However, this can continue into college years and beyond, but it doesn't have to. Your parenting style and the way you view your children will need to change. You'll need to allow them to get used to the idea that they can actually try things on their own. Go ahead and sign them up for things that they are truly interested in and will most likely do well at. A few successes will build their self-confidence and they will perhaps want to do more things that are new and different. It's the mistakes and bumps in life that we all learn from that make us stronger individuals, better able to handle future situations. We have to be allowed to fail.

Jodie Lynn is an award winning, internationally syndicated family/health and education columnist and best selling author. www.ParentToParent.com

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The Literacy Project

World Literacy Award

Allison Alvarez, Operations Director

The Literacy Project has exciting news to share! TLP has been nominated to receive this year's World Literacy Award given by the World Literacy Foundation.

Our CEO, Sue Grant will attend the World Literacy Summit early April in London to gather with other literacy professionals from around the world.

Here, at home, The Literacy Project marches on with efforts to help struggling second grade readers greatly improve their reading skills. Now, more than ever in our post-Covid schools, do we find a growing need for assistance especially evident in our disadvantaged communities. Over the last year, TLP was finally able to reopen programming in many schools and we are excited to be back up and running.

Now in our 14th year, we are proud to have our school programs presented in California, Arizona and Utah. And this year, we are excited to expand our services to New Mexico with other States' opening close behind.

Mission/Vision: The Literacy Project's (TLP) mission is to eliminate the literacy gap of underserved children in low-income families who are functionally illiterate. Our vision is to remove the impediment of illiteracy from the lives of our most vulnerable children with the help of teachers, volunteers, mentors, and role models.



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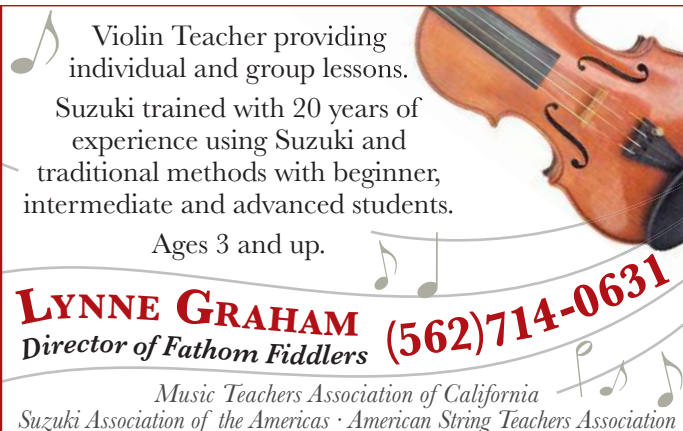
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Positive Parenting



**Sandy Spurgeon
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Are You Disconnected?

This is one of the most difficult times there has ever been to be a parent. The extreme use of media and extended challenges of the pandemic have changed our children; thus, the way they need to be parented. And some needs of children never change.

All children need to feel connected. Can you see the difference between, "You're a good friend!" And "I really needed someone to talk to last night, thanks for being there." Instead of talking at children, talk to them; look into their eyes, be with them and listen. Since children often require constant attention, it is totally appropriate to say, "I want to hear what you have to say, and (cooking) needs my full attention right now. I'm turning the timer for 15 minutes. When you hear it ring, come and I will listen!"

Read to your children every night. Eat dinner together as a family. Play games together. Go on outings together. Don't talk on your cell phone in the car, talk to them. This precious time of being the architect of a child's life is very short. There are no re-runs in the parenting game; connect with your children so they feel valued and appreciated.

Sandy Spurgeon McDaniel is an author, taught school, raised two children, worked as a consultant to schools and has worked with children and families for 52 years. Sandy now lives in Meridian, Idaho. ParentingSOS.com.



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Long Beach Parks, Recreation & Marine

Mobile Recess Program Brings Fun to Neighborhoods

The free Mobile Recess Program brings trucks loaded with supplies and equipment to designated neighborhood streets to provide free recreational activities for youth ages 5 through 14 (Grades K-8).

Those interested in participating may register in person at any Mobile Recess location, Monday through Friday, during program hours. Registration remains open until the program reaches capacity. Space is limited and all sign-ups are available on a first-come, first-served basis.



Visit a site to register:

Mondays and Wednesdays — 2-4:30 p.m.*,
Grace Park, 361 E. Plymouth Street

Tuesdays and Thursdays — 3-5:30 p.m.*,
Rose Park, Orizaba and 8th Street

Fridays — 2-4:30 p.m.*

Hill Street at Hill Street and Gale Avenue

* All times modified for spring break week
(April 10-14) to be 1-3:30 p.m.

The Mobile Recess Program is made possible by federal American Rescue Plan Act (ARPA) funding allocated under the Long Beach Recovery Act (LBRA), adopted by the Long Beach City Council in March of 2021.

Visit <https://longbeach.gov/recovery> or more information.


2760 Studebaker Rd., Long Beach, CA 90815 • www.lbparks.org

LONG BEACH PARKS, RECREATION & MARINE


SPRING FUN DAYS

Children can have fun at their local park during Spring Break, April 10-14 from noon-5 p.m. for games, arts and crafts, tournaments, cooking, movies and more. Visit LBParks.org for program descriptions and schedules.


PARTICIPATING PARKS



Bixby Park
130 Cherry Ave.
Chavez Park
401 Golden Ave.
College Estates Park
808 Stevely Ave.
Coolidge Park
352 Neese Ave.
Drake Park
951 Maine Ave.
El Dorado West Park
2800 Studebaker Rd.
Houghton Park
6201 Myrtle Ave.



Mac Arthur Park
1321 Anaheim St.
M.L. King Jr. Park
1950 Lemon Ave.
Mc Bride Park
1550 M.L.K. King Jr. Blvd.
Orizaba Park
2935 Spaulding
Pan American Park
5157 Centralia St.
Ramona Park
3301 E. 65th St.
Scherer Park
4600 Long Beach Blvd.



Seaside Park
1401 Chestnut Ave.
Silverado Park
1545 W. 31st St.
Somerset Park
1500 E. Carson
Stearns Champions Park
4520 E. 23rd St.
Veterans Park
101 E. 28th St.
Wardlow Park
3457 Stanbridge Ave.
Whaley Park
5620 Atherton St.





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10555 E. Firestone Blvd.
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Ride Height Requirements:

- Go-Karts (56"+)
- Bumper Boats (48"+)
- Disk'O Thrill (48"+)

2 Hours Unlimited

- 2 hours Unlimited Use of Go-Karts, Bumper Boats, Disk'O Thrill Ride, Kiddie Train
- 1 Game of Miniature Golf
- 10 Arcade Tokens

*Minimum of 10 people & reservations required.

\$21.00*
each

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Go at your own pace!

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each

Weekday Mania

(Choose 1 Day Monday-Friday)

\$19.50**
each

**Plus pizza delivery charge

** (minimum of 100 people, deposit and advance reservations required)

- 2 Hours Unlimited Use of Go-Karts, Bumper Boats, Disk'O Thrill Ride, Kiddie Train
- 10 Arcade Tokens
- 1 Game of Miniature Golf
- 2 Pizza Slices (Pepperoni or Cheese)
- 12oz Soda

This offer expires 6-30-23

Sampler

- 1 Game of Mini Golf
- 1 Ride of your choice

*Minimum of 10 people & reservations required.

\$16.50*
each

Pizza Bash

- 1 Game of Mini Golf
- 2 Pizza Slices (Pepperoni or Cheese)
- Small Soft Drink
- Ice Cream Cup
- 1 Kiddie Train or 10 Tokens

*Minimum of 10 people, deposit & advance reservations required.
*Plus pizza delivery charge.

\$15.50*
ea

Golf Fun Pack

- 1 Game of Mini Golf
- 1 Small Soft Drink
- 1 Ice Cream Cup

*Minimum of 10 people & advance reservations required.

\$14.00*
ea

3 Hours Unlimited

- 3 Hours Unlimited Use of All Rides and Miniature Golf
- 10 Arcade Tokens

*Minimum of 10 people & reservations required.

\$26.00*
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Groups of 50+ only \$24.00 pp.

PIZZA MEGA BLAST

- 2 Hours Unlimited Use of All Rides & Mini Golf
- 2 Pizza Slices (Pepperoni or Cheese)
- 12oz Soda & Ice Cream Cup
- 10 Arcade Tokens

*Minimum of 10 people, deposit & advance reservations required.
*Plus pizza delivery charge.

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ea

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**Mínimo de 10 personas se requiere reservación*

\$21.00* pp.

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- 18 hoyos de Mini Golf
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**Mínimo de 10 personas se requiere reservación*

\$20.50* pp.

Fiesta de Pizza

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Cada Persona recibe:

- 2 Pedazos de Pizza (Pepperoni o Queso)
- 1 Refresco y Helado

**Mínimo de 10 personas se requiere reservación y depósito.*

**Se cobra por el envío de pizza.*

\$15.50* pp.

2 Horas Ilimitadas

- 2 horas Ilimitadas en los Carros de Carrera, Barcos de Choque, Disk'O y El Trenecito
- Un juego de Mini Golf
- 10 fichas

**Mínimo de 10 personas se requiere reservación*

\$21.00* pp.

Especial En Un Día De La Semana

(Elija 1 Día Lunes-Viernes)

\$19.50** pp.

***Se cobra por el envío de pizza.*

**** (Mínimo de 100 personas se requiere reservación y depósito)**

- 2 horas Ilimitadas en los Carros de Carrera, Barcos de Choque, Disk'O y El Trenecito
- 10 Fichas
- 1 juego de Mini Golf
- 2 pedazos de pizza (Pepperoni o Queso)
- 1 refresco de 12 oz

Esta Oferta Se Termina 6-30-23.

Golf Fun Pack

- 1 Juego de Mini Golf
- 1 Refresco
- 1 Helado

**Mínimo de 10 personas se requiere reservación*

\$14.00* pp.

3 Horas Ilimitadas

- 3 horas de uso Ilimitado de todas las atracciones mas un juego de Mini Golf
- 10 fichas

**Mínimo de 10 personas se requiere reservación.*

Grupos 50+ solo pagan \$24.00 pp

\$26.00* pp.

PIZZA MEGA BLAST

- 2 horas Ilimitadas de todas las atracciones y un juego de golf
- 2 pedazos de pizza (Pepperoni o Queso), 1 refresco y helado
- 10 fichas

**Mínimo de 10 personas se requiere reservación y depósito.*

**Se cobra por el envío de pizza.*

\$24.50* pp.

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Requisitos de altura:
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 Barcos de Choque (48"+)
 Disk'O (48"+)

**Todos los paquetes requieren reservaciones por adelantado (por lo menos 24 hrs). Precios sujetos a cambio. Atracciones objeto de un cierre sin previo aviso. Comida debe ser ordenado y pagado por adelantado*



Combating Springtime Allergies and Asthma

By: Malaika Graves, M.D., pediatrician, MemorialCare Medical Group Long Beach (Los Altos)

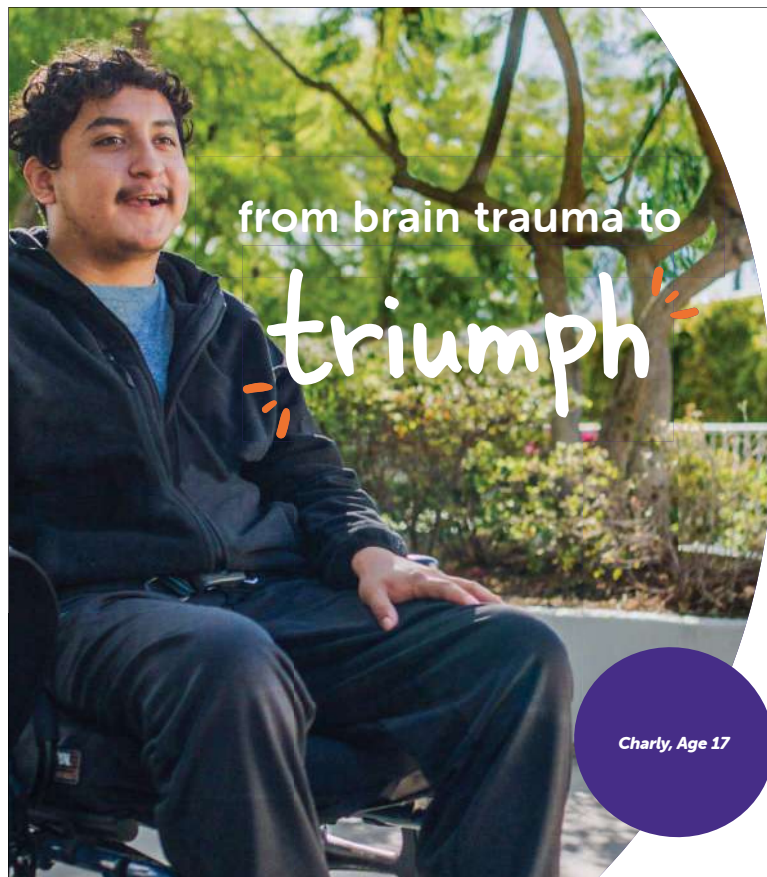
The wet winter Southern California has seen means that grass, trees, and flowers will start blooming perhaps sooner than expected – however so will allergy season. In addition, windy conditions in the springtime can cause pollen and other allergens to stir throughout the air and irritate the lungs of children across the region.

Spring allergies and asthma can be challenging for kids, but there are several ways you can safeguard them.

- Keep windows and doors closed. Close your home's windows and doors during high pollen days to prevent allergens from entering your home. You can also use an air purifier with a HEPA filter to keep the indoor air clean as well.
- Encourage regular hand washing. Show your child how washing their hands regularly helps remove allergens they have encountered.

- Keep your home clean. Vacuum, dust, and clean your home regularly to remove any allergens that may have accumulated.
- Changing children's clothing after playing outside and bathing at night can also ensure your child doesn't sleep with pollen on them. Pets may carry pollen on them too, so keep pets that play outside out of your child's bedroom.
- If your child has received prescription medications for their allergies, make sure they are taking them regularly to help combat the severity of their allergies.

If your child's symptoms persist or worsen, seek medical advice from your child's pediatrician. Remember, prevention is key when it comes to allergies and asthma. By taking the necessary precautions and following the tips mentioned above, you can help keep your kids less effected by allergies during the spring season.



Charly, Age 17



It takes a village.

Charly suffered a fall while biking — a severe brain trauma that threatened his life. Until Miller Children's & Women's Hospital helped his brain heal. Our therapists helped him walk and talk again and our highly specialized pediatric team dedicated themselves to his recovery. Because we knew, to lift Charly back up again, it would take a village. So when we watched Charly walk the stage at high school graduation — supported by his physical therapist — we knew he'd only keep going.

Learn more.
millerchildrens.org/care

Miller Children's & Women's Hospital Long Beach
Cherese Mari Lauthere Children's Village
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South Bay to Orange County

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A More Hopeful Time in Our Schools



Dr. Jill A. Baker
Superintendent

The Long Beach Unified School District recently marked three years since that fateful day in March 2020 when we reluctantly closed our school campuses due to the COVID-19 pandemic. At the time, we hoped our schools would return to in-person learning in six weeks. In reality, we had embarked on a much longer journey that would challenge our schools and communities like never before. About five months later, in August

2020, I became LBUSD's superintendent after nearly 28 years working as a teacher, principal and central office administrator in our beloved school system.

LBUSD would go on to become the first large school district in California to reopen campuses for in-person learning. As part of LBUSD's pandemic recovery effort, we developed the District's first Learning Acceleration and Support Plan, blending together various resources – including significant pandemic recovery funding from the state and federal governments – to provide the best possible learning opportunities. In support of this work, our Board of Education adopted an Excellence and Equity Policy, we implemented a Black Student Achievement Initiative, and we restructured Board of Education meetings to allow a greater focus on student outcomes. We also created the Superintendent's Student Advisory Committee, resulting in student voices being elevated into many settings traditionally occupied by adults. And we launched a community-wide strategic planning effort called Vision 2035.

In late February of this year, California Gov. Gavin Newsom rescinded the COVID state of emergency that he had declared back in March 2020. Similarly, the Long Beach City Council recently ended its declared emergency, and Los Angeles County announced that it would rescind a similar emergency declaration on March 31 of this year.

It's been a long three years, with no family left untouched by the pandemic. We're all still learning to live with COVID-19 in our communities. But our schools are now well-poised to provide our students with the academic and social-emotional support they need to succeed. I am forever grateful to all who have weathered the worst of the pandemic storm with us, including our resilient students and their families, our dedicated employees and our community partners.

Thanks to everyone's support, we're back to celebrating our amazing students. Among them is Frania Lopez from Jordan High School, who recently became the first student to be sworn into a newly created student board member position on our Board of Education. At her first meeting, she delivered a moving speech about some of the challenges that she overcame prior to transferring to LBUSD from another school system five years ago.



"Ever since I came here, I felt much more loved and supported than I've ever felt in my whole life before," Frania said. "I'm really happy to say that I felt at home here, and I'm really glad to be here among everyone."

Such moments are poignant reminders of why we as educators choose this profession, and that listening to student voices is so important as we all move forward. Congratulations to Frania, and to all our students, families and staff who've overcome significant challenges to reach a new, more hopeful time. I look forward to more celebrations with you all.

A Tribute to Michael "Jerry" DaDurka

Michael Gerald "Jerry" DaDurka was born in Binghamton, NY on December 11, 1941. His family moved to CA shortly and he grew up in Southern CA. Upon High School graduation in 1966 he joined the Marine Corps. During boot camp at Pendleton he was honored as the best recruit among all five platoons!

Following his years in the Corps, he attended Northern Arizona University where he was a member of the TKE fraternity and graduated with a degree in Education. He earned a Masters' Degree from UCLA.

His teaching career was with the Long Beach Unified School District. He began as a math teacher at Stanford Middle School and after 10 years and serving as Department Chairman, moved to David Starr Jordan High School as a Government teacher. He served as Chairman of the Social Science Department until his retirement.

As a government teacher he worked tirelessly, beginning each day at 6 am. He set up a Speakers' Forum which enabled his students and those of other government teachers to interact with local, state, and federal government officials. He developed a strong Community Service Program and was awarded the Medal of Merit in 1991 by Jordan High administration and the Toyota Motor Corp. In 1994, he developed a Community Service Program for the LBUSD.



During this time, he led a group of Seniors each year on an education-oriented trip to Washington DC, sponsored by the Close-up Foundation. The students met legislators, participated in discussions, and observed American government in action.

In 1998, Jerry was a recipient of the Daily Points of Light Award from the Points of Light Foundation instituted by President George H. W. Bush. He was honored for the many hours of exceptional service and dedication to his students, his school, and the community.

Upon retirement in 2003 he moved to San Clemente, CA with his wife, Carole. He became a member of the San Clemente Presbyterian Church and was involved in the Home Owners' Association of their community, serving several times on the Board of Directors. In 2005 he traveled to Lithuania to discover more about his family heritage and meet relatives. He hired young student, Linas, to be his translator. He became a mentor for Linas and supported him financially through college in the Netherlands.

During the last three years Jerry was challenged with illnesses, but kept his dignity and persevered with his faith. He succumbed on January 13 while enroute to Saddleback Hospital. He is dearly loved by his wife, family members, and friends and will be remembered for his loyalty, strength of character, and his desire always to serve.

Early Childhood Education

4400 Ladoga Ave., Lakewood, CA 90713 • 562/421-8210 • www.lbschools.net/Departments/Child_Development



Sarah Forrester
*Director
Child Development*

Child Development Enrollment Center

The Enrollment Center is a vital component of the LBUSD Child Development Center Program. CDC provides child care and early childhood education for children ages 3 to 5 and care for children in TK through grade 5 that live in the Long Beach and greater Long Beach area. The Enrollment Center is the starting point for many of our families that

are searching for quality preschool and/or child care services for their child(ren). The enrollment center staff is a team of dedicated, knowledgeable, and highly qualified individuals who serve as the first point of contact, building a strong rapport with our families and children. They are readily available to assist families with enrollment, while answering questions throughout the process. The enrollment center staff helps families fill out forms, collect and review documents for accuracy, completeness,

and determine eligibility according to the Department of Education and Child Development Center Program guidelines. The enrollment center is now enrolling new children and excited to welcome families into the Child Development Center program. Please contact the enrollment center for further information.



Addams Elementary

5320 Pine Ave., Long Beach, CA 90805 • 562/428-0202 • add-lbusd.ca.schoolloop.com



Tracy Fiala
Principal

Celebrating Black Excellence

By Eli Lund, Assistant Principal

At Addams Elementary, we are proud to celebrate the accomplishments of our African American leaders, inventors, artists, musicians, athletes, designers, scientists, and cultural influencers. The sound of West African drums echoed throughout

the school as 25 upper grade students received an amazing historical and musical lesson from the African American Cultural Center of Long Beach. In the tradition of African folklore, Mr. Charles Brown, a professional storyteller, shared a valuable lesson on the beauty of everyone. To lift the talent, creativity, and artistry of African American dancers, the Debbie Allen Dance Academy performed tap, modern, contemporary and hip hop dancers. Our Addams students joined them on stage. Students created individual projects that filled the halls with images of Black Excellence.



Alvarado Elementary

1900 E. 21st St., Signal Hill, CA 90755 • 562/985-0019
alvarado-lbusd-ca.schoolloop.com



Read Across America Day

This year, Read Across America Day became a celebration of our school's diverse cultures. The literacy intervention team hosted several activities to promote a love of literature. First, the playground was the setting of a school wide multicultural book scavenger hunt. Students were excited each time they located the pictures of the covers that were hidden from plain site.

During their regular library visits, the classes also participated in a Book Tasting. Each table represented a different country by using folktales as place settings. They spent a few minutes sampling a book's unique features, including the culturally rich illustrations. By the time the session was over, their imaginations had allowed them to travel all over the world. The snacks were an added bonus.

The highlight of the week was having guest readers from our community visit every classroom and delightfully share a story. The kids were inspired as they heard from local authors explain their process for getting published. Perhaps our Alvarado All-Stars will be reading their own commercially published books in a future event.

Bixby Elementary

5251 E. Stearns St., Long Beach, CA 90815 • 562/498-3794
bixby-lbusd-ca.schoolloop.com



Agustín Vieyra
Principal

Friendliness and Collaboration

At the time of the release of this article we will have more than a month of school left before the start of summer. As a new-to-Bixby principal, there have been many things that have made my year enjoyable. Foremost is that the Bixby community has been very welcoming, and they have embraced me with open arms.

When visitors come to visit the Bixby campus one noticeable marker of our school's culture is the way in which our students express their joy in learning. But besides being joyful learners, our Bixby Beavers are also defined by their general kindness towards one another. This is usually expressed in the way they invite others to play on the playground; the way they readily collaborate with one another in classrooms; and the way in which they all work together to keep our campus clean.

Throughout the school year our students have also expressed excitement about our Weekly Beaver Videos, and the special guests who make an appearance. Every Friday, Brag Tag Bruno also calls out those students who have earned a "Brag Tag," and gives them a congratulatory prize. As our school year comes to a close, I look forward to seeing all of the great things that our Bixby Beavers will have accomplished! #GoBeavers

Avalon School (TK-12)

P.O. Box 557, Avalon, CA 90704 • 310/510-0790 • lavalon.schoolloop.com



Emma Peguero
Principal

Read Across America

Every year Avalon K-12 school celebrates Read Across America by having older students read to younger students and eating Green Eggs and Ham for breakfast. This year, in addition to partner reading, our Middle School and

High School ASB dressed up in costumes inspired by children's books and went from class to class blowing bubbles and passing out bookmarks to students.

Read Across America is a national event that takes place annually on March 2, the birthday of Dr. Seuss. It was created by the National Education Association (NEA) to encourage and celebrate the joy of reading and schools across the country participate in a variety of ways.

While the program was initially centered around Dr. Seuss books, it has expanded to include books that reflect diverse perspectives and experiences. Read Across America is a fun and engaging way to promote reading and literacy.



Birney Elementary

710 W. Spring St., Long Beach, CA 90806 • 562/427-8512 • birney-lbusd-ca.schoolloop.com



Katiria Hernandez
Principal

Birney's Got Talent

On March 17, 2023, students, parents, family members and staff celebrated our school's talent with a "Birney's Got Talent Show". This was a wonderful event that highlighted

students and their amazing talents. Performances ranged from a spectacular gymnastic routine, singing, acting, karate, cultural dances, magic tricks, sharing of jokes, and more. The talent show was organized by a group of dedicated teachers, student volunteers, and staff. It was a truly remarkable event for everyone to gather all together as a community. We are so proud of our Birney students and team!



Browning *Early College High School*

2180 Obispo Ave., Long Beach, CA 90804 • 562/997-1700 • browning-lbusd-ca.schoolloop.com



Tomika Romant
Principal

Browning Students Make the Finals at CCAP!

Under the tutelage of Chef Stef, Browning High School has been a powerhouse at the Careers Through Culinary Arts Program (CCAP) annual cooking competition. 2023 has been no exception. Two Browning students have reached the finals and will be competing on March 24th at Mission College against 32 other Los Angeles area culinary students, and will attend an awards banquet April 21 at The Jonathan Club in DTLA where they will learn of their Scholarship awards.

During her decade of association with CCAP, Chef Stef has enabled her students to earn over \$600,000 in college scholarships. This is an incredible feat. Students looking to earn college scholarships to prestigious culinary institutions should look no further than Browning High School and Chef Stef!



Burcham (TK-5)

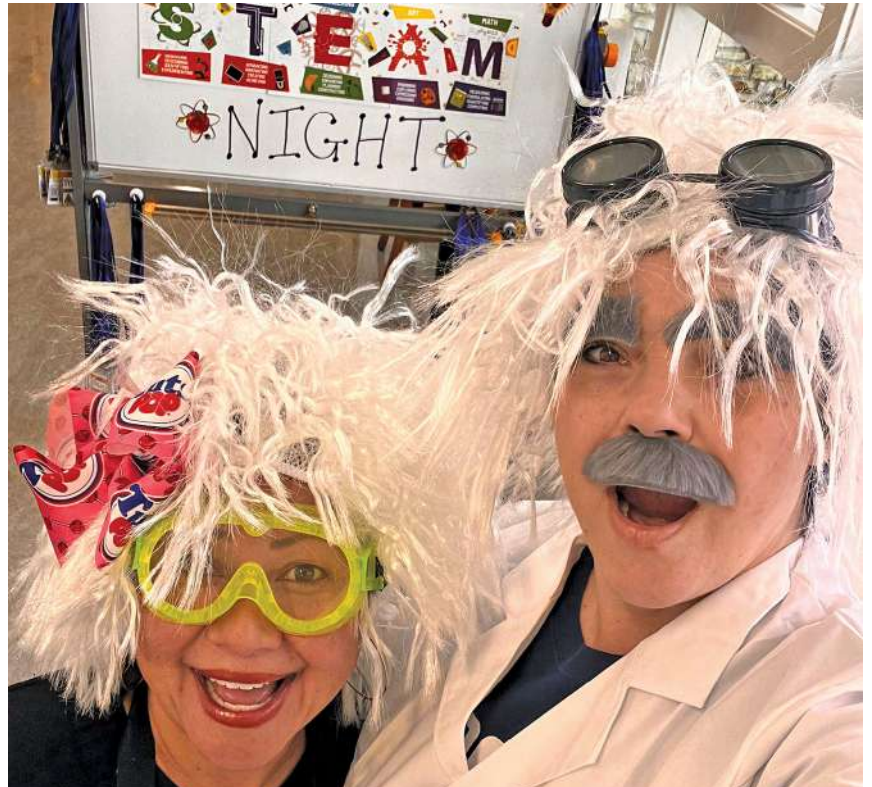
5610 Monlaco Rd., Long Beach, CA 90808 • 562/420-2685 • lburcham.schoolloop.com



Helen Makridis
Principal

Full STEAM Ahead

Burcham was in full STEAM ahead during our Family STEAM Night in March. With over 14 vendors and stations to explore, families were able to experience a night filled with critical thinking and problem-solving tasks. Each family received a STEAM passport and scientist badge to guide their discovery. From building catapults to creating essential oil air fresheners to making giant bubbles students explored what it felt like to be a scientist. Families also got to experience music making, the magic of science and creativity through art. Many students returned the next day and stated, "It was the best night ever!" A special thank you goes to our Instruction and Intervention Specialist, Tonie Alfonso, for coordinating such a wonderful event for our Burcham Community.



Cabrillo High School

2001 Santa Fe Ave., Long Beach, CA 90810 • 562/951-7700 • lbcabrillo.schoolloop.com



Wendy Poffenberger
Principal

Women in Trade Event

Three Cabrillo students attended the Port of Long Beach “Women In Trade” Event in 2014. Inspired by this event, which is now an annual AGL event, CED students sent out over 100 letters and emails inviting local engineering and tech companies to send professional women to a luncheon at

Cabrillo. The focus was and continues to be, supporting female students to find their path and success in STEM fields and careers. Today in 2023, Cabrillo High School was proud to host the 9th Annual Women In STEM Event on International Women’s Day. This annual event is a chance to showcase our amazing programs and to provide career focused opportunities for our students. The event was a WIN for STEM!



Carver Elementary

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697 • carver-lbusd-ca.schoolloop.com



Monica Manipon
Principal

Love to Read!

Read Across America week was a huge success for our Carver Scholars! Each day students got to participate in some very special activities involving all different kinds of books. One

day students got to come to school in pajamas and curl up with their favorite book. There was even a special day dedicated to dressing like superheroes to show that heroes are star readers too. Teachers also got involved on the day that students were able to dress as their favorite book character. Our week ended with an alfresco lunch date with students and their families. Students of all grade levels got to have lunch on the grass, picnic style with their families and enjoy reading books together.



Cubberley (K-8)

3200 Monogram Ave., Long Beach, CA 90808 • 562/420-8810 • lbcubberley.schoolloop.com



Cathleen Imbroane
Principal

After School Tutoring Program

By *Lina Modica*,
Global Studies Student, 8th Grade

Welcome to after-school Homework Help Cubberley K-8 school has started an all-ages tutoring program with the help of CJSF, Staff and Students. This program is open to all students, all over campus. This is a helpful, nurturing environment. One of the best parts is that Middle School students get to show their smarts and tutor elementary students.

The reason why Homework Help is such a welcoming environment is the relationship between the mentors and students. Many children like having an older kid to ask for help, who they can easily connect with more than the adults. As a result, more and more kids have come to after-school tutoring.

Also, numerous students go to the tutoring classrooms not only for academic reasons, but to spend time with their friends. After-school tutoring is not just silent studying for an hour—it is a place to engage and encourage each other. This is all part of the success we strive for here at Cubberley in creating well-rounded students, and our family atmosphere.

Emerson Parkside Academy

2625 Josie Ave., Long Beach, CA 90815 • 562/420-2631 • eme-lbusd.ca.schoolloop.com



Sunday Dominguez
Principal

Leadership Academy

The Emerson Student Leadership Academy is a group of 4th and 5th grade students that is led by Ms. Amy Williams and Mrs. Julie Rice. It is intended to meet the needs of our students' social, behavioral, and academic growth. The Academy meets 2-4 times per month with lessons and discussions relating to various character traits and

leadership skills. The Academy also teaches the Student Leaders ways to help other students avoid negative peer interactions and allow them to display more positive leadership skills. The skills taught through the activities are implemented in social settings at school with opportunities to be leaders with their peers, through a variety of jobs throughout the school year such as peer tutors with younger students and playground assistants.



Dooley *Elementary*

5075 Long Beach Blvd., Long Beach, CA 90805 • 562/428-7274 • dooley-lbusd-ca.schoolloop.com



Edward Sigur IV
Principal

Music in Our Schools Month

Our Dooley scholars are celebrating Music in Our Schools Month by participating in drum circle experiences with music teacher Mrs. Vinnard!

Students are playing medium djembes, tubano drums, hand drums, rhythm sticks, and improvising movements through the use of dance scarves.

Children are also learning important hand drumming techniques such as tapping on the bass tone, open tone, and muted tone learning rhythms as well as developing skills in playing and identifying timbres such as low, medium and high.

Our musicians have been especially enjoying the learning of folk songs from around the world such as Latin America, Africa, and Asia, as well as the performance of the traditional rain dance.



Edison *Elementary*

625 Maine Ave., Long Beach, CA 90802 • 562/590-8481 • edi-lbusd.ca.schoolloop.com



Juan Gutierrez
Principal

Giving Edison Students Voice and Choice

Edison students love to come to school and participate in our many school activities. One activity is the Green Team, consisting of third graders who meet after school every Thursday.

They collect water bottles and cans from the classrooms and redeem them in order to help protect our environment. Edison has also started an SEL Game Room for first and second graders. During recess, students can go to the Game Room to enjoy a variety of activity stations, including Legos, art, puppets, the reading nook, white boards, magnets, Chromebooks, games, and puzzles. This has been very successful, and we are setting up another SEL Game Room for our third through fifth graders to use in the near future.



Gant Elementary

1854 Britton Dr., Long Beach, CA 90815 • 562/430-3384 • gant-lbusd-ca.schoolloop.com



Tracy Hall
Principal

Love for Love

On Wednesday, March 15, 2023 Gant Elementary had the honor of hosting a retirement parade for an amazing educator, Mrs. Jackie Love. Mrs. Love has been a teacher for 30 years. Sadly, due to illness, she was not able to be here on campus this school year. Upon announcing retirement, our community came out in droves to show her just how special she is and to thank her for all her years of making a difference in the lives of students. Cold weather and the threat of rain couldn't keep our staff, students, parents, neighbors, and past students from gathering to wave, clap, show signs, chant, and give cards to Mrs. Love. In the short time we were out front for her parade, I heard many stories of how she made reluctant students love school, how she made on-line learning fun with her puppets, and how she enriched students' lives with her kind and thoughtful ways. Gant has been her home for the last 25 years and we are beyond grateful for her contributions to the education of so many young minds. Gant loves Mrs. Love.



Gompers (K-8)

5206 Briercrest Ave., Lakewood, CA 90713 • 562/925-2285 • lbgompers.schoolloop.com



Linda Reynolds
Principal

Celebrating Reading

During "Read Across America" our Nation recognizes the value of literacy. The students had a great week celebrating it with themed days. These are some of the examples:

One day was, "Wear Red, White, and Blue, or Something that Represents You". Another day was "Travel With A Good Book". The students wore their best travel wear. We had the opportunity to celebrate the great books that inspire our children.



Grant Elementary

1225 E. 64th St., Long Beach, CA 90805 • 562/428-4616 • gra-lbusd.ca.schoolloop.com



Veronica Madrigal
Principal

Go Grant Go!!!

It was all smiles and cheers at Grant Elementary. Our entire community came together to participate in our annual Jog-A-Thon fundraiser, while promoting fitness and a healthy lifestyle.

The DJ pumped up our families and staff with the energetic music as they had a blast running alongside their students. We cannot thank the community enough for their support and generous donations in making this fundraiser a huge success. More importantly, we are grateful for the bond we continue to forge with our families.



Henry (K-5) Dual Immersion School

3720 Canehill Ave., Long Beach, CA 90808 • 562/421-3754 • henry-lbusd-ca.schoolloop.com



Rose Vitetta
Principal

Black History Celebration

Henry's 1st Black History Celebration Assembly was a great success! We celebrated diversity through reading, the arts & history. We celebrated with great speakers, guests, grade-level performances, & many firsts! Thank you to Mayor Richardson for speaking & motivating our students to be the first! Thank you Dr.

Brown for your excellent speech highlighting diversity & inclusion. Thank you to The Dembrebrah West African Drum & Dance Ensemble for your performance, retired LBUSD principal Barbara Powell & Wilma Powell first woman of color to hold the positions of Chief Wharfinger and the Director of Trade and Maritime Services in the history of the Port of Long Beach. It was a great day celebrating diversity & highlighting local African American history.



Herrera Elementary

1620 Temple Ave., Long Beach, CA 90804 • 562/494-5101 • herrera-lbusd-ca.schoolloop.com



First Annual Herrera Reads Week!

Herrera Elementary hosted its first “Herrera Reads” Week February 27th-March 3rd. Students participated in a variety of literacy activities including designing bookmarks, Buddy Reading between classes, and a fun

pajama party. Parents attended workshops to help them gain skills for reading at home with their students and received free books and materials from our community partners. One of the highlights was our “Read with a Loved One” day, parents and caregivers were invited to campus to read in the sunshine with their students on blankets and chairs in the garden and lawn. Our students especially enjoyed dressing up like their favorite book characters in our “Main Character Energy Parade”. We look forward to sharing the love of literacy with our Herrera families next year!



Allison Kargas
Principal

Hoover Middle School

3501 E. Country Club Dr., Lakewood, CA 90712 • 562/421-1213 • lbhoover.schoolloop.com



WEB

During Hoover’s most recent WEB (Where Everybody Belongs) classroom visit, WEB Leaders worked with their 6th grade “webbie” groups

to discuss the importance of respecting others as well as themselves. Students shared ideas about what respect meant to them. One student shared, “Respect means treating people the way you want to be treated.” Next, they played a game called “Cross the Line” to help build community and develop their sense of self. The WEB leaders ended the lesson with an opportunity for students to give a shoutout to a staff member at Hoover whom they respect. The WEB leaders



delivered these shoutouts to various Hoover staff members. One teacher shared, “These cute little notes really turned my day around.”

Dr. David Costa
Principal

Jefferson *Leadership Academies*

750 Euclid Ave., Long Beach, CA 90804 • 562/438-9904 • lbjefferson.schoolloop.com



Dr. Connie Magee
Principal

PI Week

*By Tiffany Martin,
Instruction and Intervention Coordinator*

Jefferson Leadership Academy pounced on “Pi Week” and ended with a pie-eating rumble! Leading up to the big event, our awesome students participated in a week-long scavenger hunt. Students received one riddle per day, and based on the clue, they went on the prowl and searched the campus for the hidden “Pi” symbol. Students were determined and eager.

We also celebrated with a “Pi Digit Memorization Championship” where students put on their thinking caps and memorized as many Pi digits as possible. Margareth B. remains the reigning champ memorizing 687 digits (464 more than last year) taking first place for 8th grade, while Allen P. memorized 191 digits taking first for 6th grade! Way to go, jags!

We brought back the great and highly anticipated “Jefferson Pi Eating Contest”, but this year instead of teachers, students devoured their favorite pie. It was “Pi”-rrific!

Lakewood *High School*

4400 Briercrest Ave., Lakewood, CA 90713 • 562/425-1281 • lblakewood.schoolloop.com



Mona Mero
Principal

Pre-Apprenticeship Opportunity

Lakewood High school is hosting a Pre-Apprenticeship Program for students who qualify and are interested in working after high school. In the program they will discover and develop a lucrative career in collaboration with academic partners and industry mentors over 9-weeks and they will get hands-on experience in at least eight different career fields. Participating students will choose among the following:

- Automotive Technician
- General Electrician
- Heating, Ventilation, and Air Conditioning
- Welding
- Dental Assisting
- Emergency Medical Technician

- Maritime
- Medical Assisting
- Pharmacy Technician
- Veterinary Assistant
- Cosmetology
- Sterile Processing Distribution Technician
- Media Design

The program, supported by the Department of Rehabilitation and WestCal Academy, is from April 3rd to June 8th. Students will complete a total of 96 hours acquiring practical skills and professional training. Afterwards, they will select and move toward a paid apprenticeship in one of the career fields. Students will also earn six units from University of California Riverside Extension. The goal is for students to be paid while they learn and eventually gain a living wage. Students will gain awareness, education and a career!

Lindbergh *STEM Academy*

1022 E. Market St., Long Beach, CA 90805 • 562/422-2845 • lblindbergh.schoolloop.com



Stacey Benuzzi
Principal

STEAM Showcase

Lindbergh held our first annual STEAM Showcase on February 9, 2023 to highlight our electives and clubs. Students shared and presented their work from Project Lead the Way (PLTW), Art, Female & Male Leadership Academies, Music, and Robotics.

Students and families joined community building circles facilitated by our Restorative Justice Coach. Jordan HS and the Long Beach Department of Health attended to share information with families. Additionally, our Umoja and Drone Clubs showcased their learning this year. The event was fun and engaging for all!

Jordan High School

6500 Atlantic Ave., Long Beach, CA 90805 • 562/423-1471 • lbjordan.schoolloop.com



Kaisha Irving
Principal

Jordan Student Athlete Reading Program

Throughout the school year, Jordan Student-Athletes have traveled to Grant, McKinley, and King Elementary Schools to read and give back to the North Long Beach Community.

Student-Athletes from various teams on campus, such as: football, basketball, soccer, water polo, and cheer have traveled to their local schools to read to the class and talk with them about academic success and their high school experience. Visiting elementary schools has allowed Jordan student-athletes to have a sense of pride in representing their school, confidence in speaking in front of a group of people they do not know, and have overall really enjoyed the experience. They often leave wanting to go back and do it again!



King Elementary

145 E. Artesia Blvd., Long Beach, CA 90805 • 562/428-1232 • starring-lbusd-ca.schoolloop.com



Osvaldo Ocampo
Principal

Stitching Together

You cannot pour from an empty cup. King Elementary families are coming together to heal and bond. The pandemic was the most difficult time in the lives for many at our King site. King families

have found respite and relief through yarn, hook, and crochet. In an effort to increase family engagement we started a Crochet Club for Families, but it quickly became so much more. Crochet Club Coordinator-Linda Puentes said, "Crochet has the power to mend hearts, calm the mind, and soothe the soul". The Crochet Club continues weekly to give families and King life every single day. What started as a club for students has now evolved into a community where parents who were once strangers, are now "ROYAL FAMILY"!



Lincoln *Elementary*

1175 E. 11th St., Long Beach, CA 90813 • 562/599-5005 • lincoln-lbusd-ca.schoolloop.com



Caroline Nemece
Principal

Student Council

Lincoln's student council has been hard at work! Lincoln's student council is composed of two students from each 4th and 5th grade class and is led by teachers Caprice Reagan and Rose Zuschlag. These students help facilitate communication and come up with ideas to make Lincoln even better. Student

council has been working towards raising money to provide extra resources for Lincoln's students on the playground. They have raised money to purchase several games for the playground for all students to use. In addition to helping Lincoln become an even better school, the student council is learning about advertising and profit as well as positive leadership skills.



Lindsey Academy (6–8)

5075 Daisy Ave., Long Beach, CA 90805 • 562/423-6451 • lindsey.schoolloop.com



**Danyett
Armstrong-Lee**
Principal

Fun School Events

On March 14th Lindsey held two different family events. In our school cafeteria, our math team hosted a Family Fun Night that invited our families to use their math measurement skills to make edible cookie dough. Students and parents were given a recipe to follow, they measured out their ingredients and had a great time creating a quick tasty treat. In addition, families

were invited to complete the CORE survey. Meanwhile, in the school gym, teachers and administrators welcomed incoming 6th-grade students and parents to Lindsey Site Night. Attendees were greeted by the Lindsey Mariachi Band led by Ms. Fujimura, tables were set up by all content area departments and the new Wellness Center Counselor was on hand to share all the fantastic things going on our campus. In addition, our principal Mrs. Lee gave an overview on how to SOAR if the incoming 6th-grade students and parents choose to become Lindsey Falcons.

Los Cerritos *Elementary*

515 W. San Antonio Dr., Long Beach, CA 90807 • 562/595-6337 • loscerritos-lbusd-ca.schoolloop.com



Liseeth Ramos
Principal

African Cultural Drum Circle Assembly

By Mrs. Valerie Vinnard, Music Teacher

Thanks to a grant from the Rumba Foundation of Long Beach, Los Cerritos Elementary was able to hold an African cultural event with Baba the Storyteller. On February 28th, the entire Los Cerritos students, music teacher, classroom teachers, principal Mrs. Ramos, President Board Member Diana Craighead, and

Board Member Maria López participated in an African drum circle experience. Students got the first-hand opportunity to learn African traditions, rhythms, folksongs, and folk tales.

Baba the storyteller performed on his Dundun drum and Kora string instrument as students learned important African drumming techniques by clapping, singing, and drumming along in call and response style. It was a memorable experience for all in attendance. Go Los Cerritos Roadrunners!



Mann *Elementary*

257 Coronado Ave., Long Beach, CA 90803 • 562/439-6897 • mann-lbusd-ca.schoolloop.com



Donna Robertson
Principal

Walking Rainbows

Mann scholars put on their walking shoes and colorful spirit wear in support of Walk to School Week. Rain or shine they showed up in style to carry the message of street safety and promote a healthy lifestyle of exercise. Mann PTA partnered with Bluff Heights Association and the Health Department to bring awareness to the traffic concerns encouraging students and families to hop on the walking school bus each morning ensuring students

arrive safely to school together all the while building community. Each day was a specific color students wore in solidarity which coordinated with the colors of the rainbow.

Each day the students walked they received a healthy snack and a raffle ticket for the end of the week assembly with former Olympian Tony Cruz who raffled off two bikes for our lucky winners. This event was a great way to kick off our ongoing concerns with street safety and traffic, allowing students to use their voice to make a difference. Mann is most definitely creating the next generation of leaders! That is why our motto is Mann School Rocks!!

MacArthur *Elementary*

6011 Centralia St., Lakewood, CA 90713 • 562/420-3588 • macarthur-lbusd-ca.schoolloop.com



Maria Yepes
Principal

Implementing Campaign Promises

Oliver Fuenmayor, third grade student council representative, fulfills his campaign promise by using his voice to represent students. Oliver's slogan, "Use your voice, raise your voice" is a powerful one. Recently, Oliver implemented an idea to improve recess by providing more options for students who are not interested in tetherball or kickball. He wanted to have other activities available such as: cornhole, battleship, checkers, jumprope, and more. He did this through a student council fundraiser where families donated games. Today, Oliver says he is very proud to see his plan work. You can find Oliver at the game tables playing or helping other students learn to play a board game.

Oliver hopes that his idea stays around for a while.



Marshall *Academy of the Arts*

5870 E. Wardlow Rd., Long Beach, CA 90808 • 562/429-7013 • lbmarshall.schoolloop.com



Marie Hatwan
Principal

CodeRev Classes

By Alexandria Monroe, 7th grade student

Hi, my name is Alexandria Monroe and I am a student here at Marshall. Doing an after school robotics class for girls. The first time the class started was January 2023. I was not aware of how fun it was going to be, but when I signed up for robotics, I liked it. We went on a website called kidslovecode.com and learned how to put the robot together. On the website, we learned step-by-step ways of how to build it. There were 40 steps. Here is some pictures of the robot before and after.



McKinley *Elementary*

6822 N. Paramount Blvd., Long Beach, CA 90805 • 562/630-6200

mckinley-lbusd-ca.schoolloop.com



Dulnari Edirisinghe-Aga
Principal

Student Reading Program

McKinley Elementary School and Jordan High School have partnered together for a student athlete reading program. Jordan student athletes from various sports are visiting McKinley classrooms and reading to students. Our students see the athletes as positive role models. Many of the student athletes are former Cougars and play an important role in our community. Student

athletes emphasize the value of education and reading. They also share the importance of good grades as this is one of the keys to playing sports in high school. We appreciate the partnership we have with Jordan High School and the student athletes setting time aside from their busy schedules for our students.

On March 16th, the CIF Champion Boys Basketball Team came to read to our Cougars. After reading, the athletes stayed through lunch and had an impromptu clinic and played pick-up with our scholars. Our McKinley Cougars excitedly cheered on the athletes as they threw alley-oops to each other and dunked.

A big thank you to Jordan High School Athletic Directors, Coaches, and Principal Keisha Irving!



Millikan *High School*

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441 • lbmillikan.schoolloop.com



Alejandro Vega
Principal

Unified through Unity Week

By Sophie Bright and Charlie Hex, Editors-in-Chief

With a school as big as Millikan, it can be hard for our students to feel connected.

“Unity Week” combats that disconnection through fun and spirited dress up days.

As one of the few high schools in the district with a regimented dress code, students tend to take opportunities like this very seriously and go all out. It’s a great way

for us to relate to one another through pop culture aspects we all understand and share.

In honor of Unity Week, our school brought in Lieutenant Colonel Consuelo Castillo Kickbusch who told her story of fighting poverty, racism, and an adverse family life.

She shared motivational phrases such as, “Be the kinder human being,” and “Believe, care, and simply [don’t] judge.”

The sheer size of Millikan can sometimes make us forget about the things we have in common, so this week was important to the Millikan Ram fam.

Nelson *Academy (6–8)*

1951 Cherry Ave., Signal Hill, CA 90755 • 562/591-6041 • na-lbusd-ca.schoolloop.com



Kathleen Reed
Principal

Nelson Thinks Green!

The Nelson Garden Club is busy every Tuesday after school tending the garden. Under the supervision of Mrs. Seecof and Mrs. O'Donnell, students care for the garden by weeding, planting, and cultivating the fruits and vegetables. Recently, with fresh vegetables from their harvest, the Garden Club made delicious spring rolls to eat during one of their meetings.

C.I.E.A.N. Club

Club “CLEAN” is an acronym for Children Launching Environmental Action Now. Students meet each Wednesday after school for 45 minutes. The first thirty minutes of club time is devoted to creating a cleaner, more positive environment at Nelson Academy. The last fifteen minutes of club time is dedicated to celebrating and socializing with snacks, provided by club advisor, Mr. Sheets. Students are taking ownership of their campus and it is incredible to see the way the school shines with pride and cleanliness.

Newcomb Academy (K-8)

3351 Val Verde Ave., Long Beach, CA 90808 • 562/430-1250 • lnewcomb.schoolloop.com



Christopher J. Thompson
Principal

For the Love of Reading

Newcomb has two Literature Clubs this year. One in our Middle School and another in our Elementary school. Our Newcomb Middle School bibliophiles choose a book to read with their friends; they set their own reading due dates and spend lunch chatting about the novel's characters, settings, and themes. Club members are currently reading their second book! In

Elementary School students meet once a month. During meetings students discuss the book they read and then pick a new book from a different genre to read for their next meeting. Both clubs have helped bring students together around their love of books. #SpartanScholars



Oropeza Elementary

700 Locust Ave., Long Beach, CA 90813 • 562/436-4420 • int-lbusd.ca.schoolloop.com



Richard Littlejohn
Principal

Kind Superheroes!

Be Kind. It's a simple yet powerful statement that can impact a school and the lives of all in our community. Isn't it nice to be around kindness? Well at Oropeza, Kindness is in abundance! Students are kind to one another and that has uplifted the soul of our school! During Kindness Month, students

Kindness Superhero Tickets twice a day and drop their tickets in unique prize boxes of their choice. Anyone can be a Kindness Hero!

receive Kindness Superhero tickets for being kind to one another. For example, we have Kindness flags flying high above the playground, Kindness banners, and Kindness Superhero tickets! Students have displayed kindness through action and positive words. "Kindness is within the fabric of what we are and what we do, and our students see signs and reminders all over campus. Kindness has contributed to student effort in academics because they feel safe with their peers", stated one of our Grade 3 teachers. Students receive



Powell Academy (K-8)

150 Victoria St., Long Beach, CA 90805 • 310/631-8794 • lbpowell.schoolloop.com



Tynisha Smith
Principal

Looking Ahead

Although it's early in the year, Powell is gearing up for the 2023-2024 school year. We have been quite busy with educating our 5th and 8th grade students and families about the choice process for middle and high school. The efforts, led by our counselor Mrs. Mast included in-class presentations, site nights, parent workshops, and application support, as well as district fairs and online outreach. In addition to that, we reached out to parents in person and via school mailers. We are excited about what we have to offer our incoming 6th graders next year, and we are being proactive in preparing our 8th graders for high school. We will continue our matriculation efforts in late spring with scheduling visits from our high schools, WEB activities and parent meetings for our incoming 6th graders. We are excited for the year to come!



Reid High School

3701 E. Willow St., B-1., Long Beach, CA 90815 • 562/426-6846x6680 • reid-lbusd-ca.schoolloop.com



Troy Bennett
Principal

American Red Cross Blood Drive

By John Nhan, TOSA

Reid High School continues to partner with outside agencies to provide opportunities for our students and staff to serve and give back to the community. During the winter holidays, we partnered with the Long Beach Rescue Mission and held a canned food drive on campus.

This spring, we are having our second Blood Drive through partnership with the American Red Cross. We had 30 students signed up to donate blood along with 4 staff members. What a great way for Reid to live out its public service themes of Community, Charities and Nonprofits. Our students and staff understand that by giving blood, they play an important part in saving lives.

#givingback #communityservice



Rogers Middle School

365 Monrovia Ave., Long Beach, CA 90803 • 562/434-7411 • lbrogers.schoolloop.com



Renny Chu
Principal

Students Communicate with Students Across the World

By Brian Tom, Teacher

Rogers students are in their 3rd year of communicating with students from Nishisasagawa Junior High School in Yokkaichi, Japan. Yokkaichi is one of the many sister cities to Long Beach. The activities between the students at both

schools have included letter-writing, creating videos, and live Zoom calls. These activities have allowed students to share similarities and differences in school life, extracurricular activities, and cultural practices with each other. Rogers is just one of several schools in LBUSD that have a partnership with schools in Yokkaichi, Japan.



Roosevelt Elementary

1574 Linden Ave., Long Beach, CA 90813 • 562/599-3418 • roosevelt-lbusd-ca.schoolloop.com



Alissa Gamboa
Principal

Roosevelt Dance Club Shines!

The Roosevelt Dance Club had their first heartwarming performance on March 6th for the school's 2nd Annual Roosevelt Black History Month Assembly. The lucky audience included all Roosevelt Students, staff members and hundreds of family members who gathered in celebration of Black Excellence and History.

Student performers prepared for this occasion by attending a Dance Club after school rehearsal once each week to choreograph and practice their moves under the direction of Brockus Project Dance. After months of rehearsal the original assembly scheduled for February 27th got rained out, but our students persevered and stepped up to perform a week later. When they finally hit the stage the pure joy and confidence our performers demonstrated shined a light on everyone, making the day a little brighter as they expressed their true selves through dance.



Sato Academy of Mathematics & Science

1100 Iroquois Ave., Long Beach, CA 90815 • 562/598-7611 • sato-lbusd-ca.schoolloop.com



Veronica Coleman
Principal

So Much Happening

Our 9th graders began their first Sato integrated project--the I Will Survive project -- and recently went to CSULB's vertebrae lab. Integrated projects for 10th and 11th grade are underway as well as our senior capstone projects.

Come to our Open House on May 18 to see all of these projects on display and hear project presentations.

Outside of the classroom, our Sato Dragons excel as well. Our biomedical students went to Sacramento to compete at the HOSA conference, our rocketry team launched rockets in the desert, robotics competed in an El Segundo competition, and our Drone Soccer team won the West Coast Regionals and will be heading to New York to compete in nationals--and that all occurred in a single week!



CSULB's vertebrae lab

Signal Hill Elementary

2285 Walnut Ave., Signal Hill, CA 90755 • 562/426-8170 • signalhill-lbusd-ca.schoolloop.com



Scott Tardibuono
Principal

Return of the Jog-a-Thon!

After a three year hiatus the Jog-a-Thon returned to Signal Hill on Friday, March 17. With DJ Danny D spinning the tunes and Signal Hill families out in full force to both cheer

and participate alongside their Dino scholars, the day was a major success. Not only did our students have fun while engaging in some great exercise, they also helped raise some money that will be put towards field trips and other school related events. The day was made possible thanks to the dedication and hard work of Signal Hill's PTA, led by President Mario Fedelin. PTA volunteers made

all of the arrangements for the event and will soon be revealing the top prize winners who brought in the largest amount of donations.



Smith *Elementary*

565 E. Hill St., Long Beach, CA 90806 • 562/595-9466 • burnett-lbusd-ca.schoolloop.com



Hugo Figueroa
Principal

Book Tasting Event

The students at Bobbie Smith Elementary celebrated Read Across America week by sampling books of diverse authors in the school library! Students were invited to expand their reader's palette and sample books of different authors and genres. Students had the chance to take part in a book "tasting". The students sampled books of a certain genre and completed their personal "menu". Inside their menu, they wrote the author's name, the book title, and if they liked the book or if it was not their "taste". Students at Smith were excited to participate in Read Across America week and expand upon their reading skills all week through different literacy activities with their classmates and teachers.



4th grade students picking a book to "taste".

Stevenson *Elementary*

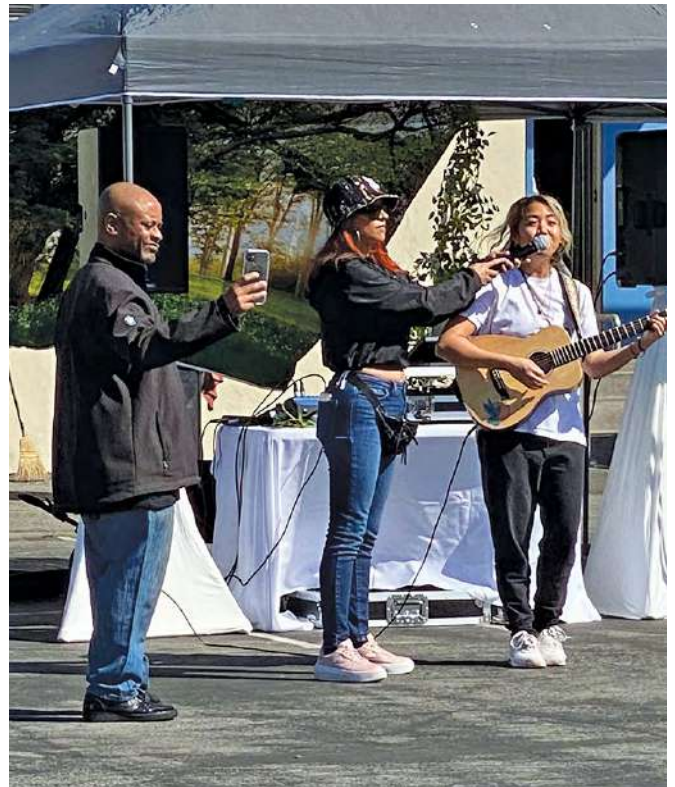
515 Lime Ave., Long Beach, CA 90802 • 562/437-0407 • stevenson-lbusd-ca.schoolloop.com



Nancy Dalton
Principal

Retreat-ish

This past Saturday, Stevenson STARS and their families experienced an awesome event called Retreat-ish. This event was a great opportunity for our families who attended to learn about wellness and build connections with each other. Families enjoyed an awesome pancake breakfast, music played by a DJ and a live performance as well as a yoga instructor teaching parents and students about self-regulation. Families also got to share in creating some art!



Stephens *Middle School*

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841 • lbstephens.schoolloop.com



Megan Traver
Principal

Pride of the Westside

*By Danaia Venegas and
Madison Monterroza, 7th graders*

We are a school that wants our students to shine, be successful, have fun, and make great memories in our community. Stephens Middle School is the “Pride of the Westside” because it is an amazing school of equity, friendship, and safety.

Stephens promotes equity by having supportive and kind teachers and staff who have the common goal of wanting their students to have a good

future. All around the school you are met with staff members who just want what’s best for you, treating and viewing you as someone with a bright future ahead. They all treat the students with love, support, kindness, and encouragement. This is why Stephens Middle School embodies the phrase, “Pride of The Westside!”

The school is filled with many people from different backgrounds and if you walk around the campus, you will see that none of the students are exactly the same. Stephens accepts everyone, no matter their race, sexuality, or identities. It truly is a safe place to be. We all share one similarity, though: we are all students of a great school.

Tincher *Preparatory School (K–8)*

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636 • lbtincher.schoolloop.com



Donna Ryono
Principal

The Not So Lost Art of Letter Writing

As part of her literacy program, 3rd grade GATE teacher Elisa Turien had students write letters to local businesses. They were tasked with selecting a local business, researching it, and then sending a letter to the company. Anaya, one of Mrs. Turien’s students reached out to Traffic Management, Inc. a nationwide company

headquartered in Long Beach. The CEO of the company responded and arranged to have his response delivered in person by employees of the company complete with a traffic manager in full uniform. Students in the class were treated to merchandise with the company logo and Mrs. Turien received her very own personalized street sign. All this from a single student letter, proving that the art of letter writing is still a powerful tool.



Anaya and Mrs. Turien welcome representatives from Traffic Management on behalf of the 3rd graders in Bungalow 39.

Washington Middle School

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434
bwashington.schoolloop.com



Leadership Experience

*By Dallany Duarte,
Student Council President*

My name is Dallany Duarte, I am in grade 7 at Washington Middle School and I am the Student Council President. Being in student council comes with many responsibilities such as managing ASB funds, but also provides our student body with many

opportunities. Student council is managed by Ms. Salgado, the advisor. She and the student council students are what makes it an exhilarating experience for all. We do a variety of things to make sure Washington is a safe and enjoyable environment to be around. We do many activities in this leadership elective, such as fundraisers, planning events, host meetings to approve school wide purchases and clubs on campus. Student Council helps our school come together as a community!

Roshann Williams
Principal



In a world where you can be anything, be kind.

Webster Elementary

1755 W. 32nd Way, Long Beach, CA 90810 • 562/595-6568 • webster-lbusd-ca.schoolloop.com



Matthew Monaghan
Principal

Black History Month Celebration

By Valerie Vinnard, NBCT

On Tuesday, February 28 Webster students participated in a Black History Month Celebration.

Students performed for weeks and participated in several after school rehearsals in preparation for the event.

Our two student MCs did a fabulous job introducing different speakers, acts, singers,

and dancers as the event went on.

Black authors, writers, artists, poets, scientists, athletes, supreme court justices, and musicians were highlighted.

Students in various grade levels as well as students with disabilities participated.

The teamwork was evident in staff collaborations. Special shout out to Brenda Lovett for leading the work.

Board member Erik Miller was in attendance and spoke encouraging and inspiring words to students, parents, and staff at the end of the celebration. Go Webster Wildcats!



Wilson Classical High School

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481 • lbwilson.schoolloop.com



Rebecca Suzanne Caverly
Principal

Wilson CFJ Students Lead Professional Development for Teachers

To advance equity, Wilson High School is one of five LBUSD high schools collaborating with *Californians for Justice* (CFJ), a statewide youth-empowered organization fighting for social justice.

Five CFJ Wilson Design team students led Relationship Centered Schools professional development for Wilson teachers in a 3-part training series. The youth leaders Axel Perez, Didi Okafor, Mia Adams, Julius Jackson, and Mekenzie Reid shared with their teachers that positive caring relationships are the key to unlocking learning for students. The CFJ students work regularly and closely with staff, administrators, and caregivers, as a part of a design team to implement ways the school can better support our most marginalized students.



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¹ Supporting documentation required. Junior Varsity Club Memberships (age 12 and under) require a parent/legal guardian joint owner on all shares; Varsity Club Memberships (age 13–17) require a parent/legal guardian joint owner on certain products and services.

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