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School News

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Covering the Newport-Mesa Unified School District



Volume 15, Issue 81

October / November 2018

Newport Harbor High School ASB is Making Lasting Memories!



Inside:

Superintendent..... 3
NMUSD Schools 10-23
City of Costa Mesa Mayor... 5

City of Newport Beach Mayor.. 5
Newport Beach Fire Dept ... 6
Costa Mesa Fire/Rescue..... 6
FV Reg. Hosp/Med Center... 7
Common Sense Media..... 9

NMUSD Health, Nutrition .. 22
OC Dept. of Ed 22
Costa Mesa Library..... 24
Newport Beach Libraries .. 25
Word Search..... 26



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Unwavering Commitment to Safety



Dr. Fred Navarro

School safety has and always will be at the forefront of our priorities, our district continues to increase focus in this area. I would like to share with you an overview of some of the things we do in support of safety throughout Newport-Mesa.

Safety Plans & Supplies:

- Each of our 32 schools has safety plans, staff trainings, and drills, which are regularly practiced.
- Each school has emergency supplies and equipment, which are inventoried and re-supplied each year.

Law Enforcement Partnership:

- We partner with local law enforcement to provide School Resource Officers, which are local law enforcement officers who serve our schools and district facilities.

Mental Health and Wellness:

- Our social, emotional, and behavioral health support services assess threats and reports of bullying. We hired two additional school social workers and four additional school psychologists to share in the delivery of psychological support services.
- Suicide prevention, identification, and response training for students, staff and parents.
- [Community Alliance](#) collaboration with local organizations in an effort to provide necessary services and programs for our students and families in the areas of after school programs, health, mental health, housing, and general assistance programs.

Positive School Culture:

- Implement [Positive Behavior Intervention Systems](#) (PBIS) and restorative practices.
- Implement the [Challenge Success](#) partnership at high schools. Challenge Success is an organization that provides strategies to staff, students, and parents to create a positive academic learning environment.

Physical Environment:

- Conduct physical site safety reviews at each of
- our schools to determine additional potential enhancements to improve access and safety on campus. Some of those physical security measures, such as front office reconfiguration and fencing installation have been completed; others will be rolled out in the future.

Emergency Communication System:

- Implement an emergency communication system, which allows emergency communication to be disseminated to students, staff and parents via email, text, and phone.

Electronic Visitor Management System:

- Implement an electronic visitor management system, which requires visitors to present identification to allow us to better track and screen visitors on campus.

Our focus will always remain on safety and you can stay up to date by visiting the [school safety webpage](#), accessible from our district homepage, www.nmusd.us.

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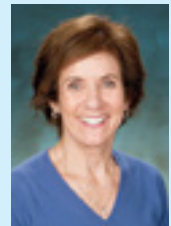
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Welcome back to another school year filled with excitement and anticipation of new classes, new teachers, and new friends. By now the students are settled into their routines with focus on academics.

Superintendent Dr. Navarro begins this issue with his message about the District's commitment to safety.

On the subject of safety, on page 9 Common Sense Media has information about privacy settings on computers and phones, on page 7 FV Regional Hospital informs about laundry detergent pods, and the NB Fire Dept. stresses being prepared. So much info and so little time...

Our next issue is December 5.



Happy Halloween

School News

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**Covering the
NEWPORT-MESA
UNIFIED SCHOOL DISTRICT**

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City of Costa Mesa



Sandra Genis
Mayor

Help Spread the Good

As we move into the fall and the days get shorter, I'd like to remind our school children to stay safe and also think about how to serve others who are in need.

In regards to safety, let's make sure our children have lights on their bikes, have lighter colored or reflective clothing that shows up in the evening hours. Also, let's remind parents and other drivers to be extra careful to look for pedestrians, skateboarders, and bikers. And of course, everyone needs to be extra careful on Halloween, pedestrians, cyclists and drivers.

One of my favorite fall holidays is Thanksgiving, where the table is usually overflowing with turkey, potatoes, green beans and pumpkin pies. But not every family is so fortunate. In Costa Mesa, we have a number of groups who help needy families by providing them with food for Thanksgiving dinner.

If you would like to donate your time or food goods, I urge you to contact some of these groups or your place of worship to help spread the good will that we all feel on Thanksgiving.

77 Fair Dr., Costa Mesa, CA 92626
714/754-5107 • www.costamesaca.gov

City of Newport Beach



**Marshall
"Duffy" Duffield**
Mayor


Free Programs

If you enjoy exploring and learning outdoors, I encourage you to take advantage of the free programs offered year-round through the City of Newport Beach Natural Resources Office. Groups can arrange for a field trip to the tidepools at Little Corona or Big Corona, a hike through Buck Gully, or a guided tour of the Upper Newport Bay at Big Canyon. Please email tidepools@newportbeachca.gov for more information.

The Irvine Ranch Conservancy, through a partnership with the City, also offers a variety of hikes and learning opportunities at Buck Gully. Conservancy staff leads participants through this coastal canyon on active hikes and interpretive walks, highlighting its floral, fauna and panoramic views. For more information and to register for these free programs, please visit www.LetsGoOutside.org.


And, start planning your costumes! Join us for the 2nd Annual Halloween Spooktacular at Grant Howald Park on Saturday, October 27, from 4 p.m. to 7p.m. There will be a trunk or treat, a haunted maze, games, bounce houses, costume prizes, food trucks and free fun for the whole family! Grant Howald Park is located at 3000 Fifth Avenue, Corona del Mar.

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Costa Mesa Fire & Rescue



Dan Stefano
Fire Chief

Stop By

With the new school year in full swing, it is important to share how appreciative we are of our valued connection with all of our local school and community partners. Recently, we were honored to have students, parents, teachers, and staff from throughout the NMUSD join our city team, local leaders, and an incredible community presence for a memorable dedication ceremony of Costa Mesa's newly built Fire Station No. 1, located on Adams Avenue, just off Harbor Boulevard. It has quickly become the flagship fire station for Costa Mesa and is certain to be an extraordinary community resource for decades to come.



So please do not hesitate to stop by your local fire station, visit, share, and likely learn something new!

P.O. Box 1200, Costa Mesa, CA 92628 • 714/754-5144

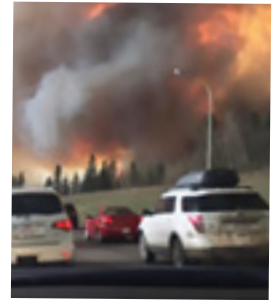
Newport Beach Fire Department



Jeff Boyles
Assistant
Fire Chief

Be Prepared

Wildfires in Southern California can create hazardous environments for residents living near brush areas. Here are some tips to remember during a wildfire evacuation:



- If you are told to evacuate, do so immediately. If you wait until the last minute, the roads may have heavy traffic. Blowing embers and debris from the fire may make it hard to see.
- Stay informed by listening to the TV/radio for current weather and emergency instructions. Sign up for Nixle in the City of Newport Beach.
- Keep your car fueled and keep an emergency supply bag in your car.
- Make sure everyone in your family knows your meeting place ahead of time. Cell phone reception can be interrupted by fire affecting cell towers.

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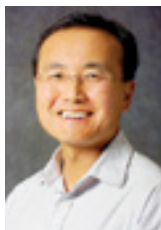
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Poison Alert: Laundry Detergent Pods



**Kenneth Kim,
M.D.**

*Medical Director,
Pediatric ICU*

Poison control centers have received over 50,000 calls related to liquid laundry detergent pods in the last five years. Although this number includes any exposure to the substance, the statistic is a bit alarming.

Especially with a recent trend of teenagers recording themselves biting into the pods and uploading the videos onto video sharing websites and social media platforms or apps as part of a “challenge.”

The videos show adolescents gagging, coughing and sometimes even foaming at the mouth after biting into the pods.

Whether intentional or accidental, health implications from ingesting laundry detergent pods can be deadly serious. Potential effects from misuse of the pods include seizures, pulmonary edema, respiratory arrest, coma, and even death – younger children (five and under) are especially vulnerable.

What to Do in Case of Poisoning from a Laundry Detergent Pod

If a child or anyone else bites into a laundry detergent pod, immediately:

- Remove the pod immediately
- Wash the child's or person's face and hands thoroughly
- Gently wipe out a younger child's mouth or have adolescents/adults rinse out his or her mouth with water and spit out without swallowing
- If pod contents squirt into a child's eye, rinse with gently running water for 15 minutes
- Call your local poison control center at 1-800-222-1222 for guidance

Laundry detergent pods should never be misused – especially as a joke – but knowing what to do in case of poisoning from ingestion or exposure can help avoid serious injuries or even death.



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- T** – Time to call emergency services



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Immersing Ourselves in the Natural Wonders



Dr. Al Mijares
*Superintendent
Orange County
Dept. of Education*

Outside the urban glare of Los Angeles, we found a night sky packed with stars and a still silence interrupted only by the wind's whisper and the chatter of crickets and frogs. It was different, yet familiar.

My father packed little more than a kerosene lamp, a small tent and some fishing gear for those family camping trips of my youth. But it was never about what we brought or left behind. It was about immersing ourselves in the natural wonders of Southern California's mountains, forests

and beaches — and discovering that we were connected to something bigger.

Whether we were on a KOA Campground or Refugio Beach, every direction offered frontiers to explore, mysteries to be solved and scientific observations to be made, without textbooks, lab coats or microscopes. Allowed to chase our curiosities, my brothers and sisters and I were laying deep foundations for learning. But if you asked us, we were just having fun.

Today, technology has emerged as a primary frontier of childhood exploration. But while there are obvious benefits to raising tech-savvy children, I echo the sentiments of countless researchers who suggest we're missing out on opportunities to nurture brain development and strengthen mental health when we close ourselves off from nature.

Author Richard Louv, who has written extensively on this subject, points to an emerging body of evidence connecting nature to greater physical and emotional health. By contrast, disengagement from the natural environment results in what Louv terms "nature-deficit disorder," which, he says, correlates with attention difficulties, greater rates of physical and emotional illness, and reduced use of our senses.

Louv isn't alone. A number of writers, psychologists and academics have produced volumes quantifying the benefits of direct exposure to nature. At the same time, studies continue to show we're spending less time outdoors and more time with electronic screens, which do little to stoke happiness or well-being.

Access is part of our challenge. Census data shows that more than 80 percent of Americans live in urban areas, some of which lack parks or open space. And while more children are participating in organized sports, fewer kids are experiencing the outdoors through unstructured play, according to Louv, who blames a perceived lack of time, as well as concerns about safety.

In 2004, Rhonda L. Clements, professor of education at Manhattanville College in New York State, conducted a survey of 830 mothers nationwide. While 71 percent of them reported playing outdoors as children, only 26 percent said their kids did the same on a daily basis. Interestingly enough, the results showed little differences between rural and urban settings.

With supercharged academic standards and a greater focus on the STEM subjects of science, technology, engineering and math, some educators may choose to ignore these trends. But we do so at a tremendous cost given such extensive evidence that nature — in addition to being intertwined with a number of scientific fields — not only sharpens minds but amplifies learning in other subjects.

Indeed, a recent study of children ages 9 and 10 revealed that hands-on lessons in nature produce students who are more engaged in their other academic studies. Moreover, a duo from UC Berkeley points to more than 100 studies that demonstrate how exposure to nature can have positive impacts on thought processes, as well as our physical and mental health.

This is why environmental education programs like OCDE's Inside the Outdoors are so vital.

Since 1974, Inside the Outdoors has been nurturing student knowledge and stewardship of the natural environment with highly qualified staff and 15 field trip locations throughout Orange County and Los Angeles counties. Lessons are aligned with the state's instructional standards, and for classes that can't venture out, the program dispatches Traveling Scientists to schools, often accompanied by wildlife.

Inside the Outdoors logs more than 150,000 hours of environmental STEM learning each year and has served some 3.5 million students to date. Suffice to say, many of these students might not otherwise have these experiences.

In April, about 100 teachers, school administrators and experts gathered in Orange County to discuss how outdoor and environmental learning experiences can be used to help develop a well-rounded curriculum. Jointly organized by OCDE, Inside the Outdoors and the state Department of Education, the symposium also offered educators a preview of how environmental literacy is being incorporated into the state's Next Generation Science Standards.

Richard Louv was also in attendance as the event's keynote speaker. The renowned author told the audience that "Every teacher who connects students to nature is doing sacred work."

It is that and more. Teaching students about nature and immersing them in the natural environment is both transformative and enduring, producing benefits to our bodies and minds that we are only beginning to understand. Even as we prepare young women and men for an increasingly digitized world, we must continue to create opportunities to recharge their minds and spirits in the great outdoors.

As a child, my family didn't take lavish vacations. But I am fortunate that we could occasionally escape the urbanized confines of Los Angeles to experience a larger world that asked as many questions as it answered, and today these trips are among my most cherished childhood memories.

Years later, I see how they prepared me for life as an educator, as well as for trips with my own sons, who similarly had moments to gaze up at the countless stars and wonder.

Common Sense Media



Privacy Settings on Computer and Smartphone

On your computer, you can protect against privacy invasion in your web browser. On your smartphone, you use the phone's settings.

Computer Privacy

Take a look at the privacy settings offered in your browser (usually found in the Tools menu) to see whether you can fine-tune them to keep the good and block the bad. When you go online, websites install cookies on your computer that track your movements. Some cookies can be beneficial, such as those that remember your login names or items in your online shopping cart. But some cookies are designed to remember everything you do online, build a profile of your personal information and habits, and sell that information to advertisers and other companies. ([Check out these kid Web browsers.](#))


Smartphone Privacy

Settings on smartphones vary, but you can tighten up privacy with these precautions:

- **Turn off location services.** That prevents apps from tracking your location.
- **Don't let apps share data.** Some apps want to use information stored on your phone (your contact list, for example). Say no.

- **Enable privacy settings on apps you download.** Make sure your teens are using strict privacy settings on services such as Instagram and Facebook.
- **Be careful with social logins.** When you log onto a site with your Facebook or Google username and password, you may be allowing that app to access certain information from your profile. Read the fine print to know what you're sharing.

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Adams *Elementary (K-6)*

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**Stacy
deBoom-Howard**
Principal

Joining the Team!

It is with great honor and excitement that I am joining the team as Principal of Adams Elementary for the start of the 2018-2019 school year!! Adams Elementary is a place where great things are happening for students and I am thrilled partner with you to ensure all our students continue to succeed. I am a strong believer in educating the whole child - academics, arts, athletics and more through engaging instruction and high-quality programs. Supporting our students to foster positive friendships and have an incredible elementary school experience is a high priority. We started the year with an amazing Open House! Thank you to all families who attended to meet their teachers and who their excitement for being an All-Star!



Roy O. Andersen *Elementary (K-6)*

1900 Port Seabourne Way, Newport Beach, CA 92660 • 949/515-6935 • andersen.nmusd.us



Dr. Shannon Bray
Principal

PBIS at Andersen

Andersen Elementary staff has a mindset of always working to continually improve upon student learning and safety.

We are in our 5th year of Positive Behavioral Interventions and Supports (PBIS). We begin each year with teaching expectations for behavior in all areas of the campus. Students receive PRIDE Awards for demonstrating appropriate behavior and are recognized at Flag Deck each Friday.

In addition, every Friday students reaffirm their commitment by stating in unison the Andersen Pledge, "Pledge to be responsible, Respectful, Individuals of Integrity, Demonstrating readiness, Every day!"



Back Bay/Monte Vista *High School*

390 Monte Vista Ave., Costa Mesa, CA 92627 • 949/515-6900 • backbay.nmusd.us



Marc Trocchio
Principal

Making a Difference

Our staff has had a phenomenal summer vacation, and a re-energizing first few days of professional development featuring motivational speaker Tyler Durman. We also had a great summer read called GRIT: The Power of Passion and Perseverance, by Angela Duckworth.

The staff at Back Bay and Monte Vista High School are thus excited to be re-branding our PBIS mantra to “GRIT,” which stands for Guts, Resilience, Initiative, and Tenacity. We know these as qualities to strive for and cultivate in all of our students.

We also have a few new course offerings for our students to explore, including Mindfulness, yoga, marine studies, and AVID. We are also shifting to a “Fluid System” of instructional delivery which is more geared to providing students with the opportunity to recoup credits at a faster pace, and be held accountable by a teacher who can guide them through the curriculum in a more customized and personal way.

We are also excited to offer our students small advisory classes where the teachers will follow their entire school journey from start to finish. Our teachers have done a wonderful job in making the world a smaller and more intimate place for their students, and this undoubtedly makes a huge difference in their daily lives.



It seems like yesterday that our beautiful graduation ceremony at St. Andrews Presbyterian Church was being kicked off by senior MJ Peters and his beautiful rendition of the National Anthem. In ten short months, we will do it all over again with the class of 2019!

California *Elementary (K-6)*

3232 California Ave., Costa Mesa, CA 92626 • 714/424-7940 • california.nmusd.us



Jacob Topete
Principal

Welcome Back!

Welcome back to the 2018–19 school year! California Cougars continue to achieve academic excellence through technology and the arts. Our Cougar students are poised for another great year of learning and fantastic, enriching experiences.

Once again, our students will have the opportunity to explore the world of robotics. Incredible performances will be put on

by our varsity and junior-varsity show choirs, and our beginning and advanced band will perform throughout the community.

Our parent community continues to work tirelessly to provide enriching opportunities for our students throughout the year. We are so grateful to our PTA and Foundation for all they do for our school. I am continually impressed by the hard work of our staff and students, and I am very excited for a great year ahead! Keep up the great work, and *go Cougars!*

College Park *Elementary* (K-6)

2380 Notre Dame Rd., Costa Mesa, CA 92626
714/424-7960 • collegepark.nmusd.us



Rich Rodriguez
Principal

A Lot to Celebrate

What better way to celebrate the opening of the 2018-2019 school year than with a walk on the red carpet? With (nearly) all of the hype and glitz of a Hollywood opening, students at College Park Elementary began another year of learning in true California style. And there's a lot to celebrate. Since the beginning of the 2017-2018 school year, our faculty has been hard at work refining our

Multi-Tiered System of Supports. We've strategically aligned our curriculum, our resources, and our efforts in order to ensure all students receive the instruction they need to learn at high levels. While there's much work to be done, we begin the year with a collective commitment to do whatever it takes to meet our students' needs.



College Park faculty members cheer as students begin the 2018-2019 school year with a walk on the "red carpet."

Corona del Mar *High School* (7-12)

2101 Eastbluff Dr., Newport Beach, CA 92660
949/515-6000 • cdm.nmusd.us



Dr. Rebecca Gogel
Principal
7-8 Grade



Kathy Scott
Principal
9-12 Grade

Welcome

We would like to introduce a new member to our CdM leadership team. Dr. Michelle Stevens will join us as an assistant principal for the high school. Along with a passion for helping students, Dr. Stevens brings with her a wealth of experience and expertise in education.

Dr. Stevens most recently served as an assistant principal at Ganesha High School in Pomona Unified School District. In addition to serving as a high school counselor for 13 years at Chino Hills High School in Chino Valley Unified School District, she also has experience as an instructional coach, a special education teacher, and an activities director.

Dr. Stevens is excited to become part of and serve our

CdM community. We are thrilled to bring her on board as a part of our Sea King family. Please join us welcoming her to the team.



Dr. Michelle Stevens

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Costa Mesa High School (7-12)

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Dr. Jennifer Padilla
Principal
7-8 Grade



Jacob Haley
Principal
9-12 Grade

The MESA Way

Costa Mesa High and Middle School has launched the 2018-2019 school year with a continued commitment to develop the whole student in mind, body, and heart. We live by the MESA Way, which is to Model Integrity, Engage Respectfully, Show Compassion, and Achieve Excellence.

Our commitment to every student, every day continues to guide everything we do as an educational community

to help support our students. Our eight-period block schedule allows us to offer many challenging enrichment opportunities. This includes our Signature Academies, a robust VAPA program, and Project Lead the Way engineering programs. Our highly qualified teachers and support staff also work together every day to implement “The MESA Way,” a PBIS approach to teach, reward, and reinforce expected behaviors for success.

Our interventions and support efforts help to focus and engage our students both inside and outside the classroom. Our sports and athletic activities engage our students physically.

Through a strong focus on our commitment to the community, we develop a strong heart for all.



Middle school students and Principal, Dr. Padilla. School Resource Officers, Officer Torres (left) and Officer Rank (right) work closely with middle and high school students and staff every day. Their role on our campus is two-fold: safety and guidance. We love our Costa Mesa community partners and Costa Mesa PD!

Davis Magnet (K-6)

1050 Arlington Dr., Costa Mesa, CA 92626 • 714/424-7930 • davisagnet.nmusd.us



Christy Flores
Principal

#BestYearYet

Students and teachers were excited to return to campus this fall and have been happily learning in our newly air-conditioned classrooms! This isn't the only excitement around our campus, as this year marks Davis Magnet School's 10th anniversary as Newport-Mesa's only math, science, and technology magnet school.

While the Davis community has many accomplishments to celebrate, all members continue to practice a growth mindset. Our theme this year is “The Power of Yet,” and the plan is to make this the #BestYearYet

for Davis Magnet School.

Every month, teachers will work with their students to focus on different aspects of developing a growth mindset. Classes will begin with relationships and will then study neuroplasticity to gain a better understanding of how the brain works and grows. For the first time, parents will also have the opportunity to participate in a growth mindset through our new parent book club, which will be led by Mrs. Flores.

The strong, positive school culture continues to thrive at Davis Magnet School thanks to the collaboration of staff, students, and parents. The year is off to a great start! It will surely be the #BestYearYet!

Early College *High School (9-12)*

2990 Mesa Verde Dr., Costa Mesa, CA 92626 • 714/241-6108 • earlycollege.nmusd.us



**Dr. David
Martinez**
Principal

Celebrating Our Accomplishments

Early College High School (ECHS) opened for its 13th year on August 8, with many accomplishments to celebrate from last year. Over 42 percent of our student body earned the Principal's Honor Roll award last semester for earning 3.5 or higher unweighted grade-point averages. This resulted in a schoolwide grade-point average of 3.23; both are all-time high percentages.

Almost 38 percent of our student body earned the Outstanding Citizenship award last semester for earning three or more Outstanding marks. ECHS was the only Newport-Mesa Unified School District high school

to earn both the California Honor Roll and U.S. News & World Report awards.

This school year, ECHS is excited to offer upper-level art and Mathematics, Engineering and Science Achievement (MESA). ECHS is focusing on increasing schoolwide literacy through the platform of Writing, Inquiry, Collaboration, Organization, and Reading (WICOR).

A second focus is mental health. We will be introducing both student and parent workshops throughout the school year to better support our students in managing their mental health.

Finally, we will be holding a six-week Financial Literacy Seminar Series at our school on Thursdays. The first session will be on September 13 in our multipurpose room.

Eastbluff *Elementary (K-6)*

627 Vista del Oro, Newport Beach, CA 92660 • 949/515-5920 • eastbluff.nmusd.us



Cheryl Beck
Principal

Eastbluff Otterspace Innovation Lab

We are off to a great school year at Eastbluff Elementary School! Our Eastbluff Otterspace

Innovation Lab had its grand opening at Open House last June and students are so excited to learn there. The Otterspace is a place for students to create, innovate, and inspire as they work collaboratively in the areas of science, technology and engineering. Students are working with Dashbot and Ozobot robots, coding, and engineering creative projects. It is so exciting to walk through and see students being creative and collaborative in their STEM learning experiences! Thank you to our EDADS, PTA, and District Maintenance and Operations department for all your collaboration and generosity of funding and time to create this great space for students to learn!



Horace Ensign *Intermediate (7-8)*

2000 Cliff Dr., Newport Beach, CA 92663 • 949/515-6910 • ensign.nmusd.us



Michael Sciacca
Principal

Committed to the Collaborative Model

Ensign staff has committed to a fully collaborative model for instruction and curriculum at our school.

Teachers are working with one another to align curriculum, collectively identify best practices and utilize the common knowledge and expertise of their coworkers.

This collaborative approach takes time, and our teachers have dedicated enormous

time and mindshare to ensuring they are working as a team. A group of our teacher leaders spent 4 days in San Diego this summer at a leadership and curriculum conference in order to plan for the school year and develop a common foundation for all departments. Following the conference, our teacher leaders developed professional development breakout session for our entire staff when they returned from summer break. It was some of the best professional development we have experienced here at Ensign!

Estancia *High School*

2323 Placentia Ave., Costa Mesa, CA 92627 • 949/515-6500 • estancia.nmusd.us



Michael Halt
Principal

Welcome, Class of 2022!

Estancia High School's Class of 2022 attended Freshmen Welcome Day, hosted in late August by Link Crew. The nearly 300 ninth-grade students who attended Freshmen Welcome Day were welcomed to the campus through a spirit tunnel composed of 65 upperclassman Link Leaders and Estancia faculty members.

The freshmen participated in a series of challenges, received information about how to be successful in high school, and started building relationships with their Link Leaders, who will meet with them four times a week throughout the school year. During Eagle Advisory, the Link Leaders will help support freshmen academic success and character development as well as build connections with the freshmen class through social activities designed to increase student engagement and promote a positive school culture.



Estancia High School Link Leaders ready to welcome the Class of 2022

Harbor View *Elementary (K-6)*

900 Goldenrod Ave., Corona del Mar, CA 92625 • 949/515-6940 • harborview.nmusd.us



Dr. Todd Schmidt
Principal

Lights! Camera! Adventure!

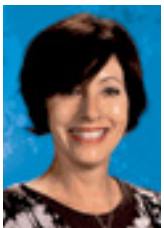
Harbor View is kicking off the new school year in a big way! We are shining the spotlight on literacy, social-emotional learning, and innovation. We want our students to not only develop a love of reading and discover their educational passions, but we want our community to focus on

developing great scholars as well as great human beings... students who see a need and find ways to improve their school and community as well as make an impact on the world! Our first day kickoff had opportunities for students and parents to be cheered on by staff, to walk the red carpet, and take photos with their families in front of movie backdrops! Such a great day to show-off that #hvepride!"



Heinz Kaiser *Elementary (3-6)*

2130 Santa Ana Ave., Costa Mesa, CA 92627 • 949/515-6950 • kaiser.nmusd.us



Dr. Deborah Granger
Principal

Heading for Greatness

Welcome back Teri Schad, Kaiser's now official assistant principal! Last year Kaiser had the privilege of witnessing Ms. Schad's many contributions as our

interim assistant principal, and so it was with great excitement that this assignment was made permanent during the summer!

Teri Lyn Schad has worked with the NMUSD for 12 years in a variety of roles, including teacher on special assignment and regular classroom teacher. She brings to our school a



Ms. Schad in action with Kaiser teachers

tremendous amount of knowledge in language arts instruction and the use of data.

Teri earned her B.A. in liberal studies, with a minor in psychology, from Cal State Northridge. She also obtained her administrative credential and M.A. in pupil personnel services from Cal State Los Angeles.

Ms. Schad is dedicated to supporting a safe and comfortable environment

in which our students can thrive. We look forward to great things with Ms. Schad on our Kaiser team!

Killybrooke *Elementary (K-6)*

3155 Killybrooke Ln., Costa Mesa, CA 92626 • 714/424-7945 • killybrooke.nmusd.us



Dr. Lorie Hoggard
Principal

Our Points of Pride

When someone asks what makes Killybrooke Elementary School an amazing school, we share our Killybrooke Points of Pride. We provide a challenging academic program taught by an outstanding teaching staff. Killybrooke is a Gold Ribbon School and earned the Title I Academic Achievement Award. We are a part of the No Excuses University Network, which promotes a college-bound school culture. We have earned honor roll status from California Business for Education Excellence seven times since 2010. Killybrooke is a safe, caring, and motivating environment for students. We were

honored with a silver medal from the Positive Behavioral Intervention and Supports (PBIS) Coalition for our PBIS system.

Some of the programs we offer our students include: one-to-one Chromebooks for second- through sixth-grade students; a science lab staffed with science specialists; Robotics Club; arts programs, including the Pacific Chorale Academy; a wide array of afterschool programs focused on academics, enrichment, recreation, and sports; a full-day kindergarten program; and a high-quality preschool.

Killybrooke School is a renovated facility surrounded by a beautiful park-like setting located in the Halecrest neighborhood. We are proud to be Killybrooke Colts, preparing the next generation to lead and succeed!

Abraham Lincoln *Elementary (K-6)*

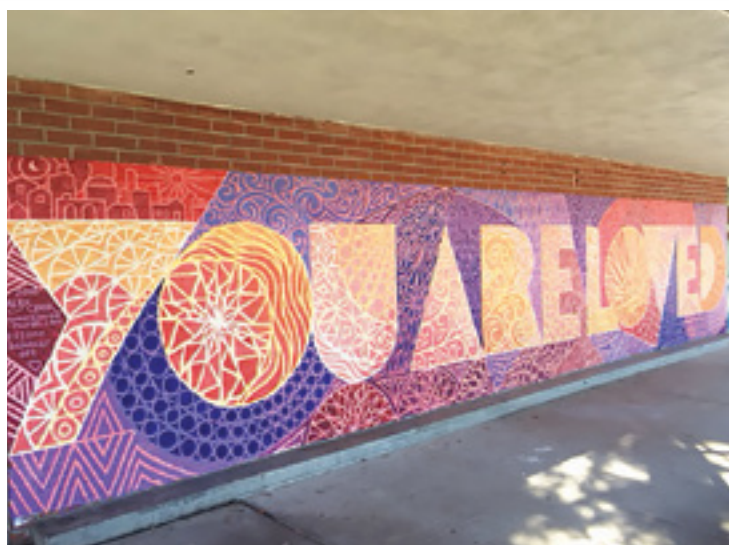
3101 Pacific View Dr., Corona del Mar, CA 92625 • 949/515-6955 • lincoln.nmusd.us



Dr. Kristin DeMicco
Principal

You are Loved

When students returned to campus on September 4th, they were greeted with a very important message, You Are Loved. The 40 foot by 8 foot You Are Loved mural stands proudly in our quad and reminds everyone on our campus how much they are valued at Lincoln. The artist, Alex Cook, spent three days at Lincoln late last school year to create the mural. He worked closely with Lincoln students, parents, and staff to ensure the project was a collective effort. With so many conflicting messages in our world today, the Lincoln community has been touched by the message and we are dedicated to making sure the You Are Loved message infiltrates every aspect of our school culture and community.



Newport Harbor *High School (9-12)*

600 Irvine Ave., Newport Beach, CA 92663 • 949/515-6300 • nhhs.nmusd.us



Sean Boulton
Principal

New Ideas

ASB is making new strides! The Student Government representatives at Newport Harbor High School are excited to bring new events, ideas, and activities for all students in the 2018-2019 school year. The NHHS campus has a diverse student population, which the ASB members want

to acknowledge and celebrate through innovative planning that will recognize new and old traditions. Directors Amanda Boyer and Jeffrey Ledon are eager to work with these student leaders and their fresh executive board to continue making lasting memories for all students in the Sailor Nation.

(Please see our picture on the front cover.)

Mariners *Elementary (K-6)*

2100 Mariners Dr., Newport Beach, CA 92660 • 949/515-6960 • mariners.nmusd.us



Matthew Broesamle
Principal

Building Blocks

“Cooperation,” “enthusiasm,” and “determination” are just three of the crucial building blocks on Coach Wooden’s Pyramid of Success. Every day, students at Mariners Elementary School strive for their personal best. As a staff, we strive to make this journey visible to our students by nurturing, supporting, and celebrating their efforts. From

little victories to massive wins, our goal is to call attention to all of the ways in which our students display the kind of character and grit they’ll need to lead happy, successful, and meaningful lives. As we wrap up the first few weeks of the 2018-2019 school year, we move forward knowing our days ahead will be filled with discovery, collaborative learning, and lots of success



Jack Csergei and Sophia Fairfax proudly display their success awards. Our students place these awards in any number of boxes for the chance to win a variety of privileges.

Newport Coast *Elementary (K-6)*

6655 Ridge Park Rd., Newport Coast, CA 92657 • 949/515-6975 • nce.nmusd.us



Julie McCormick
Principal

Future Leaders

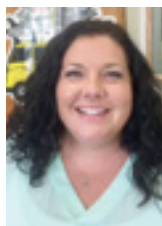
Coyote Council is a highly motivated group of sixth grade student leaders that promote school spirit, student participation, and HOWL (Honorable, Organized, Wise Leaders) Behavior within our Newport Coast School Community. Prior to school starting, Coyote Council members participated in Camp Coyote where they learned the importance of being leaders, working

together and public speaking skills. They possess a wide variety of roles on campus. For example, they assisted Kindergarten teachers during Kinder-round up and escorted new students to their classrooms during the first week of school. They also greeted the student body and community with a red carpet welcome full of cheering and excitement as our coyotes returned to school from summer vacation. Coyote Council members also conduct monthly Flag Deck ceremonies where they emcee the assembly. We are proud of our young leaders here at Newport Coast!



Newport *Elementary* (K-6)

1327 W. Balboa Blvd., Newport Beach, CA 92660 • 949/515-6965 • newportel.nmusd.us



Amanda Estrada
Principal

Growth Mindset

The 2018–19 year is off to a great start at Newport Elementary, and we have lots to look forward to! Our staff has been exploring the concept of *growth mindset*, and we've decided to make it a focus for this year.

Having a growth mindset is to believe that brains and talent are just starting points and can be developed with hard work and dedication. Conversely, having a fixed mindset is to believe that intelligence and talent are fixed traits that we do not have control over.

As we set the tone for the school year, teachers and students are having powerful conversations about what it

means to have a growth mindset and are doing goal-setting activities that will promote a growth mindset throughout the year.

We are also looking forward to opening our new Collaboratory—collaborate + laboratory. We are transforming our old computer lab into a flexible-seating workspace equipped with technology and engineering tools. Students will use the space to collaborate on group projects, learn how to code with robotics, film presentations with green-screen technology, engineer with plastic construction blocks, and create in the makerspace. Many people in our community, including our fourth-grade grade Boy Scout troop and their parents, have pitched in to make our Collaboratory a reality.



Newport Heights *Elementary* (K-6)

300 E. 15th St., Newport Beach, CA 92663 • 949/515-6970 • newportheights.nmusd.us



Somer Harding
Principal

Achieving Great Heights

Our Newport Heights students were welcomed back to school and are ready to learn!

We are now introducing and implementing the new “Walk-to-Learn” program. This is where all students will have the opportunity to learn at their own level, work with different teachers, and explore the English Language Arts in new ways!

Students within the entire grade level will now have access to enrichment opportunities through book studies, independent projects and/or extensions through the curriculum, intervention resources to support current

needs, Specialized Academic Instruction (SAI) time, English Language Development (ELD) practices and support, and/or the review and pre-teaching of current lessons. Student groups will be fluid throughout the year based on assessments, standards, and individual student needs.

Our teachers are excited to be continuing to plan together to support all Newport Heights students, and to build relationships outside their homeroom classrooms. With the teamwork of 24 classroom teachers, two SAI teachers, three academic support and RTI teachers, and six instructional assistants, we can't wait to see the enthusiasm that our students will continue to have in achieving great “heights” at school!

Paularino *Elementary (K-6)*

1060 Paularino Ave., Costa Mesa, CA 92626 • 714/424-7950 • paularino.nmusd.us



Dr. Amy Nagy
Principal

Making Great Strides

Paularino is off to a WONDERFUL start! Each year we analyze student achievement and evaluate our teaching strategies and curriculum. State test results show that we continue to make great strides in both ELA and Math.

Staff, students, and parents are excited about the continuous improvements and are anxious to implement new strategies

and initiatives to help our students achieve their goals. One of our most exciting new initiatives for the 2018-19 school year is a school-wide language development block. During this daily, 30-minute time, the whole school will be focused on language development. Instruction will be differentiated to meet the needs of ALL students. Students who speak only English and those learning English as a second language will develop the skills needed to help them become better readers, writers, listeners, and speakers. Paularino is a GREAT place to learn!

Pomona *Elementary (K-6)*

2051 Pomona Ave., Costa Mesa, CA 92627 • 949/515-6980 • pomona.nmusd.us



Carrie Gammel
Principal

Three New Panthers!

Pomona Elementary School is excited to introduce Kristen Downey as our new fifth-grade teacher! Ms. Downey has a master's degree in curriculum and development, and a bachelor's degree in theatre arts. Her experience includes working as an instructional assistant and manager at Booker Software Inc.

Lucy Vellema joins us as a SDC preschool teacher. This is Ms. Vellema's seventh year in the district, most recently also working as a SDC preschool teacher at College Park Elementary. Ms. Vellema has a master's degree in school counseling and a bachelor's degree in social work.

Finally, we welcome Claudia Jimenez as the new office assistant. Ms. Jimenez has been in the District for 23 years, and has worked as Pomona's health assistant and, most recently, Project Kidz Connect.



Lucy Vellema, Kristen Downey, Claudia Jimenez

Pomona is lucky to have these amazing women join our team!

Sonora *Elementary (K-6)*

966 Sonora Rd., Costa Mesa, CA 92626 • 714/424-7955 • sonora.nmusd.us



Christine Anderson
Principal

Welcome to the 2018-19 school year!

We're excited about the many opportunities for learning that our students will have this year. We are a "No Excuses University School," which means that we believe that EVERY student has the right to an education that prepares them for college and the work place.

There are no excuses on the part of parents, staff and students to not do their very best at all times. The Sonora Staff, Students and Parents are committed to creating a school that accepts no limits to the academic success of ALL students.

We look forward to a great school year.

Everett A. Rea *Elementary (K-6)*

661 Hamilton Ave., Costa Mesa, CA 92627 • 949/515-6905 • rea.nmusd.us



Dr. Duane Cox
Principal

An Inspiring Student Culture

Everett A. Rea Elementary School is an AVID School. At Rea Elementary, all of our stakeholders are committed to student Advancement Via Individual Determination.

Our AVID school mission is to prepare students for college readiness and success

in a global society. In order to achieve our mission, the adults at Rea are committed to

Rigorous Academic Instruction. We have a vision that every child will be proficient in reading, writing, and math, and that every child is challenged with enriching learning opportunities.

Our students benefit from a system of foundational reading instruction that includes assessment, data analysis, and targeted instruction. Similarly, the students also experience a system for behavior support that includes

explicit communication about expected behavior, rewards, and support.

Our Rea students and families are immersed in a college-going culture. Through parent meetings, AVID Nights, Back to School Night, flag deck ceremonies, and more, all of our stakeholders participate and engage in this inspiring school culture.



Charles W. TeWinkle *Intermediate (7-8)*

3224 California Ave., Costa Mesa, CA 92626 • 714/424-7965 • tewinkle.nmusd.us



Dr. Dipali Potnis
Principal

All Together Now!

TeWinkle teachers have the biggest hearts and are incredibly reflective. During our summer professional development, teachers had the opportunity to pick a word for the year whose concept they intend to personally develop. They listed actions and commitments they would make to ensure that they would be successful at their goal and also named people to help hold them

accountable. Reflective tasks such as these enable us as a whole staff to embody a growth-mindset together. Additionally, relying on our colleagues to help us has the capacity to build an even deeper sense of community and support.

TeWinkle teachers stand together and care for one another's successes. When we as a team collectively open ourselves to grow, we allow for our students to do the same. The 2018–19 school year has already had a tremendous start, and we are looking forward to continuing that beautiful momentum—together.



Victoria *Elementary (K-6)*

1025 Victoria St., Costa Mesa, CA 92627 • 949/515-6985 • victoria.nmusd.us



Dr. Aaron Peralta
Principal

Our Library/Media Center

The school year began with a lot of celebration at Victoria Elementary School with the grand opening of our freshly renovated Library/Media Center. Thanks to a generous grant from a local foundation, we were able to purchase new book shelves, soft and alternative seating, tables, a circulation desk, and storage. And, in the spirit of reduce,

reuse, recycle, we were able to donate many old books to local public libraries and numerous pieces of our old furniture have been given a new life at other schools!

Our new space allows for more collaboration among students and provides flexible arrangements for instruction, independent learning, and quiet reading. Our students are already beginning to use the new Library/Media Center, and we are so excited to have a beautiful, practical, and flexible learning environment.

Go, Voyagers!



Whittier *Elementary (K-6)*

1800 Whittier Ave., Costa Mesa, CA 92627 • 949/515-6990 • whittier.nmusd.us



Scott Wilcox
Principal

Happy "New" Year

Whittier School First Graders kicked off a brand new school year with a smile!

Representatives from the Harbor Mesa Lions Club fulfilled their yearly tradition of gifting every first grader with a plastic shoe box full of school supplies. Excited students waited eagerly in the Whittier library for

their turn to come up and thank a Lions Club volunteer and gratefully take their box filled with pencils, crayons, scissors and more.

These supplies will help students to practice skills at home as well as complete homework assignments. "This is the happiest day of my life!" stated a very grateful Whittier Dolphin.

Woodland *Elementary (K-2)*

2025 Garden Ln., Costa Mesa, CA 92627 • 949/515-6945 • woodland.nmusd.us



Tiffany Lewis
Principal

Educating the Heart

As we begin a new school year, I can't help but get excited as I think of the fantastic year ahead of us! Our goal as educators isn't just to academically prepare students but to also develop their sense of what it means to be a person of character. This year, our students will continue their understanding that it's okay to make mistakes because mistakes are opportunities to learn.

With a continued focus on John Wooden's Pyramid of Success, our Woodland students have a better understanding that success isn't being the best at everything but is rather the happiness in your heart

because you made the effort, 100 percent, to do your best!

Students and teachers are working on creating classroom communities where they trust and believe in one another. Every day is an opportunity, and I encourage all of you to seize the moment and make the best of those opportunities. We have such a fun year ahead of us, including Family Movie Night, Carnival, Bingo, recess art, Imagination Machine Assemblies, the book fair and our STEM activities.

Doing our part to help students understand the importance of being a kind and caring person is just as important to our Woodland staff as the academic instruction we offer. To quote Aristotle, "Educating the mind without educating the heart is no education at all."

Wilson *Elementary* (K-6)

801 Wilson St., Costa Mesa, CA 92627 • 949/515-6995 • wilson.nmusd.us



Mia King
Principal

Off to a Great Start

The 2018-2019 year at Wilson Elementary is off to a wonderful start! We began the year by receiving air conditioning in all of the classrooms and a brand new office remodel! Our families are thrilled to know their children can thrive in a comfortable and cool learning environment and have

also enjoyed visiting the beautiful administration building.

Our amazing teachers kicked off the year by participating in a zone wide professional development to deepen their understanding in our ELA and Mathematics curriculums, Wonders and Bridges. We had our school wide PBIS assembly and our awesome students are eager to start the year and demonstrate ROARS (Respect, Ownership, Attitude, Responsibility, and Safety) while at school.



Nutrition Services

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000
www.nmusd.us/depts/ns/resources_parent.php



**Dale Ellis, R.D.,
M.B.A., S.N.S.**
Director

Welcome Back!

By Pam Williams; MPH, RD, NMUSD Nutritionist

The Nutrition Services team is excited to be a part of the new year and participate in helping students succeed in their school work. How do we do this?

We provide healthy breakfasts and lunches that provide the needed nutrients for learning.

We offer students farm fresh fruits and vegetables. These foods provide the vitamins, minerals, fiber, antioxidants and other ingredients to help them keep healthy and to support learning.

Our goal is to help establish lifelong habits that can keep them healthy for life. Also, we want our cafeterias to be part of the learning environment by sharing with students the importance of making healthy choices.

We provide meals that meet strict regulations and guidelines set by the United States Department of Agriculture. We offer whole grains, lean proteins and dairy to ensure that students get the nutrients they need for learning.

We understand that each student is important to our community and we want to help support their development. Have a great school year and don't forget to encourage students to eat healthy!

School Health Services

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000



**Merry Grasska
MPH, FNP-C,
RN**
Coordinator

The Health/Learning Connection

Students are back in school, and much focus is on what happens in the classroom, homework, and after-school activities. It is also important to recognize that health and learning are linked.

In Health Services, it is our goal to support students to enable them to have the best educational experience possible. "What health elements support learning?" you might ask. Adequate sleep, nutritious food choices, regular physical activity in the

form of play or sports, positive socialization with peers, and routine hygiene practices, especially handwashing, all contribute to a student's good health and success at school.

Health is linked to student attendance and full school participation. Our school health offices are staffed with caring health assistants and nurses. This team supports students in their education goals. Families are invited to communicate about student health concerns so health needs may be addressed and barriers to learning reduced.

Every day at school is important for children. If you have concerns about your student's health, please contact your school nurse.



Rabina K.

Humor and Suspense

No Talking

This book could be considered a realistic fiction because kids who are currently reading it or kids who have already read it, could relate to how things are in a school. The book is

about a middle school boy named Dave Packer who is a part of a pack of middle school boys, and a middle school girl named Linsey who represent a group of girls in the same middle school. Both of these groups started a competition against each other to stay quiet. They went through a lot of challenges to lead a 'no talking' day in school or at home. For example, the teacher called on Dave to present his project to the class but, since he could not talk, he had to sacrifice his grades for the victory of his team.

I recommend this book to other kids because not just that this book is full of humor but, it also creates enough suspense at times to sure keep you at the edge of your chair. I give this book 10 out of 10 stars.

Rabina is a 5th grader, who enjoys reading historical fiction and biographies. Writing is her passion. Besides, reading books and writing, she also enjoys playing soccer and piano.



Books are Just the Beginning!

Costa Mesa has 3 public library locations to serve you. We are part of OC Public Libraries – a system of 33 branches. Our Costa Mesa branches offer a variety of programming for children and a wealth of resources for everyone.

This fall, we have a variety of programs:

Toddler storytimes and Bilingual storytimes at Costa Mesa Donald Dungan Library and Mesa Verde Library, S.T.E.A.M. programming at all 3 branches, Teen gaming nights and programs

Come and get your library card today. If you already have a card, come see all the new materials we have available for your use!

Your library offers: 50 items check out per library card, dvds, books, music, computers, teen volunteer opportunities, and a place to study

Our website (www.ocpl.org) features: Interactive educational eBooks, Online materials and databases to support your research & homework, Streaming movies and music

Costa Mesa Donald Dungan Library

1855 Park Avenue, Costa Mesa, CA 92627 • 949/646-8845

Costa Mesa Technology Library

2263 Fairview Road #A, Costa Mesa, CA 92627 • 949/515-3970

Mesa Verde Library

2969 Mesa Verde Drive, Costa Mesa, CA 92626 • 714/546-5274

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(949) 864-6592

RSM - SAN FERNANDO VALLEY
sanfernandovalley@russianschool.com
(818) 925-8211

Best of Parent Family Favorite 2016

Newport Beach Public Libraries



Liz Aaron
Children's Librarian,
Newport Beach
Public Library

Back to School in Information Style

As you head back to school this year, keep in mind Newport Beach Public Library's helpful electronic resources:

Booklists: Not sure what to read? Check out our booklists: <https://www.newportbeachlibrary.org/children/book-lists-for-kids> Each clickable list links directly to our catalog to see what is currently at your branch. Lists include suggestions by grade level, genre, and more. From "realistic fiction" to "biography" reading assignments, our librarians have got you covered.

Databases: Be the best-informed kid at school with our databases at your fingertips: <https://www.newportbeachlibrary.org/children/databases-for-kids> Explore science, biographies, geography, and much more. Find articles and information you can use in presentations and reports.

eBooks, eAudiobooks, and Online Videos: Can't find the book or video you need for school? See if a copy is available from our digital partners. Check out Overdrive's eReading Room for Kids <https://scdl.overdrive.com/scdl-newportbeach/kids> and Axis360 <http://nbpl.axis360.baker-taylor.com/> for books and audiobooks. Kanopy Kids <https://newport.kanopy.com/kids> has a wide variety of videos, which can be borrowed with your favorite adult's NBPL card.

Coding for Kids: Would you like to learn computer coding? Join us for a special hands-on workshop introducing kids ages 5-10 to simple coding techniques on 11/13/2018 from 4-5 pm in the Central Library Children's Room. All materials provided; feel free to bring your own iPad. We will use the free Daisy the Dinosaur app (iOS only).

More Fun Programs! Check our calendar of events at <http://www.newportbeachlibrary.org/calendar/library-calendar> for exciting craft programs, author visits, story times, and more at your nearest NBPL branch.

Reminder: Closures

All NBPL locations will close for Veteran's Day on Monday, November 12. All locations will close at 6 pm on Wednesday, November 21 for the Thanksgiving holiday and remain closed Thursday and Friday, November 22 and 23.

Central Library

1000 Avocado Ave., Newport Beach, CA 92660
949/717-3800 • www.newportbeachlibrary.org/kids

Mariners Branch

1300 Irvine Ave., Newport Beach, CA 92660
949/717-3838

Balboa Branch

100 East Balboa Blvd., Balboa, CA 92661
949/644-3076

Corona Del Mar Branch

420 Marigold Ave., Corona Del Mar, CA 92625 949/644-3075



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Unleash the power of **G.I.R.L.** (Go-getter, Innovator, Risk-taker, Leader)TM at your school. Together, let's ensure every girl is prepared for a lifetime of leadership, success, and adventure!

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- Are active in their communities
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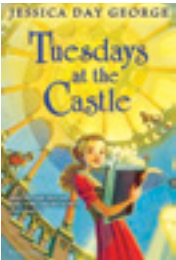
Sophie's Choice



Sophie O.

Tuesdays at the Castle

This book is the start of an amazing story written by Jessica Day George. In this book, there is an adventure, a little bit of mystery, danger, and stealthiness. Tuesdays at the Castle is based on the



Glomer Family, who live in Castle Glomer. Castle Glomer is magical and every Tuesday a new room appears. Let me introduce you to the main characters, Lulath, Lilah, Rolf, Pogue, Celie, Bran, and Queen and King Glomer. But, beware you might not want to put this book down. The King and Queen go to Bran's graduation, and on the way back they are thought to be killed! A funeral is taken place in which they meet some cruel and evil people, and find out that you can't trust everyone. This book definitely deserves a five-star review. Read this book and the whole series if you're curious to find out what will happen to the Glomer Family.

Sophie O. is a 6th grader who loves to play soccer and bake. She's an avid reader and writer and is working on writing her first book. She hopes to be an architect one day

Book Review By Katrina



Katrina D.

A Riveting Story

Something New; Tales From a Makeshift Bride by Lucy Knisley is a graphic novel describing Lucy's experiences in love and marriage. Lucy's love life has its ups and downs just like anyone else. But when the love of her



life, John, proposes, they leap headfirst into the whirlwind of preparing a wedding. From guest lists to dresses to catering and vows, Lucy gives the reader an honest depiction of the chaos and joys that comes with preparing a wedding. She also takes time to expand on the fears, hopes and worries that come with crossing the threshold of marriage that is quite relatable. The author keeps the story alive with a colorful art style and the story riveting with her trials to create a wedding out of society's expectations. Breaking through the 'weddings are easy' stereotype of books, I'd recommend this story to anyone and everyone.

Katrina rates this book five out of five crescent moons.

Katrina is an 11th grader who loves to sketch, read and write. She either wants to publish her own novels, work in animation or become a biologist (or maybe all three!). Katrina will rate her book reviews from 1 to 5 crescent moons.

Kitchen Items –Word Search Contest

Rules! One word in the list is NOT in the word search.

When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put NMUSD in the subject line.

- | | |
|----------|-------------|
| TIMER | PLATES |
| OVEN | GLASSES |
| STOVE | SILVERWARE |
| BURNER | KNIVES |
| SHELF | SPATULA |
| CUPBOARD | ROLLING PIN |
| SINK | CANNED FOOD |
| FAUCET | FLOUR |
| SPICES | SUGAR |
| POTS | SALT |
| PANS | |

Congratulations to: Maggie Lee
Winner of our June Word Search Contest!

Entries must be received by November 15, 2018

From the correct entries one name will be drawn to win a \$20 gift card to Barnes & Noble

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