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School News

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Covering the Newport-Mesa Unified School District



Volume 15, Issue 83

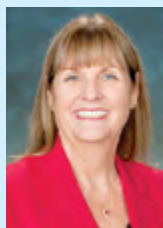
February / March 2019

NMUSD Students Continue to Excel



Ensign AVID Students visit California State University, Fullerton.

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Rea Elementary Thrives as an AVID Certified School



Dr. Fred Navarro

Newport Mesa Unified School District (NMUSD) took a bold step to improve student performance by transforming Rea Elementary into an Advancement Via Individual Determination (AVID) Certified School. Rea is only one of nine elementary schools in all of Orange County to have this program.

Beginning in 2016, all Rea teachers committed to this mission, attended Summer training and implemented the AVID program with the goal to change the lives of Rea's students. In just two years, they have seen success.

"We are so proud of our teachers and staff for their dedication and effort to successfully implement AVID at Rea... we couldn't have done this without 100% of their commitment," said Deputy Superintendent Chief Academic Officer Russell Lee-Sung.

The AVID program helps schools shift to a more equitable, student-centered approach that focuses on closing the opportunity gap to prepare all students for college and success in a global society. In partnering with AVID, Rea faculty continues to build and foster excellence in the areas of instruction, systems, school culture, and leadership.

"Teaching at an AVID school has united our faculty with a common belief system – setting high standards for our students and prioritizing their success... we strive for them to be confident learners and thinkers," said 4th grade teacher, Pamela Eastman.

Rea students develop the practices they will need to be successful in middle school, high school, and college, in an age-appropriate and challenging way. Students learn about being organized, taking structured notes, answering/asking high-level questions, study skills, communication, and self-advocacy.



All Rea students will have the opportunity to continue their AVID education by attending AVID middle and high schools including TeWinkle Middle School, Ensign Intermediate School, Estancia High School, Newport Harbor High School, and Early College High School.

**School/Behavioral Problems
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Kay Coop
Founder/Publisher



Netragrednik

Happy New Year! By now you have adjusted to writing 2019 and the new year is well underway.

This issue has topics ranging from Celebrating the Arts, Students Giving Back through Community Service, Project-Based Learning, Virtual Reality, Leadership, Parent-Led Recess Activities, and much more...

We had a record number of entries in our Word Search Contest for December. Dr. Hal Barkate, Barkate Orthodontics, sponsors our contests and generously awarded four winners this time. A special thank you to Costa Mesa Middle School teachers, Pamela Dickey and Kayla Kenton for encouraging their students to

enjoy working the word search and entering. I am particularly pleased with the wonderful comments in the emails letting me know families are working the searches together. It means technology was set aside long enough to use a pencil and read. Also, our student book reviews are getting rave reviews.

Our next issue is April 17.



School News

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Covering the
NEWPORT-MESA

UNIFIED SCHOOL DISTRICT

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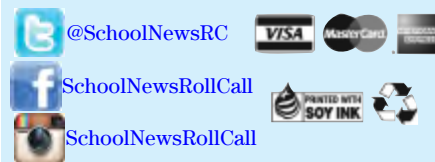
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Chandler, 11-months-old,
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At Danielle's 20-week ultrasound, it was discovered that her unborn baby had a congenital heart defect that would take three surgeries to repair. Knowing that her daughter would need immediate surgery, Danielle chose to deliver at MemorialCare Miller Children's & Women's Hospital Long Beach. At just 12-days-old, Chandler had her first heart surgery with Shaun Setty, M.D., medical director, Pediatric and Adult Congenital Cardiac Surgery, Children's Heart Institute. Today, after two surgeries, 11-month-old Chandler is cruising on her way to walking.

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City of Costa Mesa



Katrina Foley
Mayor

Investing in Our Youth

The City of Costa Mesa continues to partner with the Newport-Mesa Unified School District by investing time, treasure and talent to provide programs and activities to our local youth that total millions of dollars.

One of the most exciting partnership examples is the permanent lighting and significant upgrades we are making to sports turf (natural and synthetic) at both Kaiser Elementary and Davis Magnet Schools. Those projects are expected to total between \$7 million and \$9 million.

The city also provided an additional \$200,000 to schools to replace 92 basketball backboard rims and nets at elementary schools. We also invest approximately \$60,000 into the district's SMART Camp and recently purchased \$25,000 worth of musical instruments for the program. The city provides \$796,000 to the ROCKS afterschool program and \$21,000 to the Ranch program, which serve hundreds of kids.

Finally, to accommodate a growing number of skateboarders, we adjusted the Skate Park hours to 7 a.m. to 10 p.m. every day except Tuesdays, when the hours are from 11 a.m. to 10 p.m.

Those are just the many ways Costa Mesa is investing in our youth and our future.

77 Fair Dr., Costa Mesa, CA 92626 • 714/754-5107 • www.costamesaca.gov

City of Newport Beach



Diane Dixon
Mayor

Free Programs and Resources

I encourage you to take advantage of the free programs and resources offered year-round at the Newport Beach Public Library (NBPL). All you need is a library card for free access to dozens of databases and online resources to help with your research projects.

Students can also reserve study rooms with free Wi-Fi access to work on group projects

or prepare for exams. And don't forget about the NBPL's Media Lab. The Media Lab offers specialized equipment and software to help with digital and audio production. You can edit film and video, record sound in the sound lab, build a website, work on graphic design projects, and much more. The NBPL also loans "tech toys" such as camcorders, tripods and USB turntables at no cost to those with a library card. For library hours and more information on these resources, please visit www.newportbeachlibrary.org or call 949-717-3800.

The annual Mayor's Egg Role is planned for Saturday, April 13 from 10 a.m. to 12 p.m. at the Newport Beach Civic Center. This fun and free event is designed for toddlers through elementary school-aged children and will offer egg roll races, bounce houses, train rides and more! Visit newportbeachca.gov/recreation or call 949-644-3151.

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Costa Mesa Fire & Rescue



Dan Stefano
Fire Chief

Costa Mesa Wants You!

Costa Mesa Fire & Rescue's Community Emergency Response Team (CERT) Program wants you! Designed for the community responder, including parents, teachers, and students. The CERT course prepares community members to become better prepared for emergencies, how to suppress small fires, assist with medical emergencies, conduct light search & rescue and how to

organize people and resources before, during and after a disaster. There is no fee to attend this program other than your commitment of time and effort. In the event of a major emergency, CERT community members may also assist local public safety officials.

Contact our Costa Mesa Fire & Rescue CERT Coordinator at (714) 327-7406 or email brenda.emrick@costamesaca.gov to reserve your place in our next CERT training!



P.O. Box 1200, Costa Mesa, CA 92628 • 714/754-5144

Newport Beach Fire Department



Jeff Boyles
*Assistant
Fire Chief*

Fireproof Your Home

Have you ever heard the saying, "Home is where the heart is"? Fire proof your home and protect it from fire. Fire moves quickly, especially with the different types of fuels in our home, which can range from furniture to ignitable liquids. Research has proven that a small flame can turn into a major fire within 30 seconds. Every home needs fire protection and a plan for escape. We encourage everyone to install smoke alarms at every

level of the home and make sure they are tested monthly. Establish an escape plan and practice it with effective communication. There should be two ways out of every room, which includes windows if a normal exit is blocked by fire. Fire will spread in the direction of open doors and windows. Ensure all doors are closed to stop the fire flow inside of your house. Finally have a meeting place outside of your house for accountability. Using these fire safety tips will ensure a lifetime of memories and protect your home and loved ones.

P.O. Box 1768, Newport Beach, CA 92658 • 949/644-3104

Teachers See the Possibilities

During her first year teaching in her own classroom, Rene Engle discovered that reaching high-school learners means setting clear expectations while getting to know students' hearts and strengths. Growth happens together every day, she says—for both student and teacher.



Gladstone High School, 9th Grade English Class, Teacher: Rene Engle '16, Single Subject Teaching Credential '17

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Heart Disease in Women

Although many people associate heart disease with men, it's the leading cause of death for women in the United States. According to the Centers for Disease Control and Prevention, nearly two-thirds of women who die suddenly of heart disease had no previous symptoms. Women are more likely to describe this chest pain as sharp or burning, and are more prone to pains in the neck, jaw, throat, upper abdomen or back.

In some cases, heart disease in women is not diagnosed until one or more of the following conditions occur:

- Heart Attack
- Arrhythmia
- Heart Failure
- Stroke

Although the traditional risk factors for heart disease – such as high cholesterol, high blood pressure and obesity – affect women and men equally, other factors may play a bigger role for women, such as:

Mental stress and depression affect women's hearts more than men's.


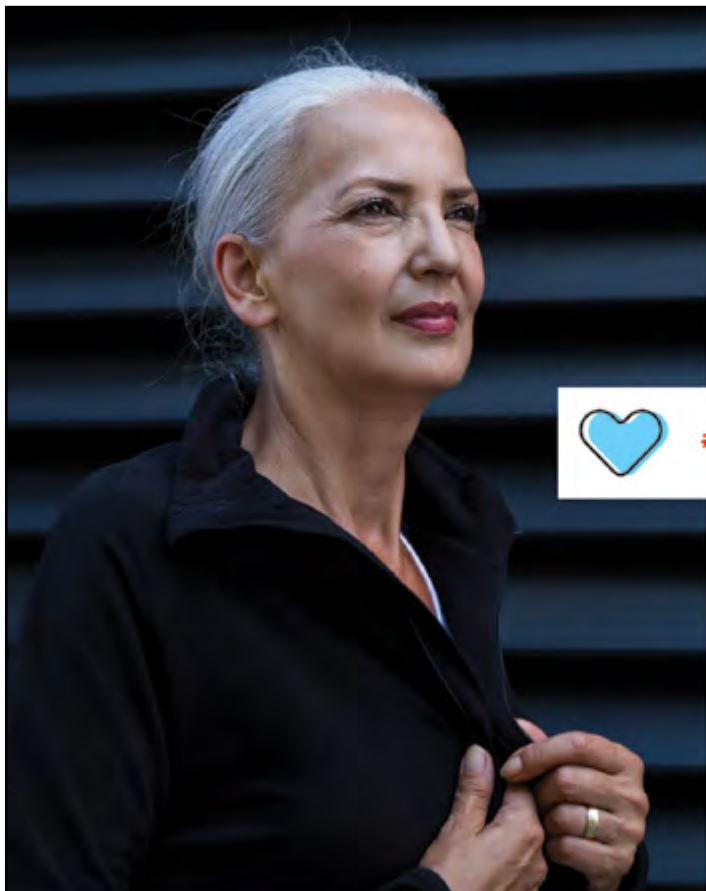
Smoking is a greater risk factor for heart disease in women than in men.

Low levels of estrogen after menopause pose a significant risk factor for developing cardiovascular disease in the smaller blood vessels.

While heart disease can occur in anyone, high blood pressure, high cholesterol and smoking are considered key risk factors. Other medical conditions and lifestyle factors including diabetes, overweight/obesity, poor diet, physical inactivity, and excessive alcohol use put people at even higher risk.

Fortunately, you can reduce your likelihood of developing heart disease by:

- Exercising
- Making healthy food choices
- Lowering your stress level
- Not smoking
- Working with your doctor to treat existing conditions and monitor your overall health




#HeartHealth

Your heart works hard for you every single day.
It's time to return the favor.

February is American Heart Month, which means this is a great time to focus on the engine that keeps your body running. Despite the many advancements in modern healthcare, heart disease is still the No. 1 killer of men and women in the U.S. Do you know your heart? Do you know your risk?

Take our cardiac health risk assessment at
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Adams *Elementary* (K-6)

2850 Club House Rd., Costa Mesa, CA 92626 • 714/424-7935 • adams.nmusd.us



**Stacy
deBoom-Howard**
Principal

The Arts are Alive!

Students have many ways to express themselves through various art forms here at Adams. Currently, we have 55 students who participate in our string program with our fabulous music teacher, Mrs. Duffin.

Orchestra students in grades four through six have been performing all over the city, with their last stop at the Snoopy House at Costa Mesa City Hall.

Next on their calendar is NMUSD's Arts Commission, the Egg-Citement event sponsored by a real-estate concern, and the Estancia Zone Orchestra Concert at TeWinkle Middle School.

In November, a group of energetic and talented students performed *Willy Wonka and the Chocolate Factory*. This fabulous production was made possible by the donation from the Costa Mesa Community Foundation and in partnership with Arts and Learning—thank you!

Last but not least, our marvelous PTA gives every student the opportunity three times a year to learn about an artist and then create their own masterpiece with a private art academy. We look forward to continuing to bring arts education to our All-Stars this year and for many years to come!



Roy O. Andersen *Elementary* (K-6)

1900 Port Seabourne Way, Newport Beach, CA 92660 • 949/515-6935 • andersen.nmusd.us



Dr. Shannon Bray
Principal

NED's Kindness Adventure

Andersen hosted the NED's Kindness Adventure assembly in December. The assembly focused on developing a positive and caring school climate.

Some of the key themes of this assembly: Caring is Cool, Include Others, I Can Make Friends Anywhere, Each Person Matters, and Different Can Be Good.

The assembly was brought to the school at no cost because of the unique pay-it forward program. Our student council participated by selling handcrafted items by artisans in Kenya with the proceeds to be used to cover the cost of bringing a kindness assembly to another school.

This was a wonderful opportunity for our Andersen students to demonstrate their kindness by paying it forward!



Back Bay/Monte Vista *High School*

390 Monte Vista Ave., Costa Mesa, CA 92627 • 949/515-6900 • backbay.nmusd.us



Marc Trocchio
Principal

Back Bay Gives Back

Every year, Back Bay High School (BBHS) students work to accumulate community service hours through a variety of nonprofit organizations and opportunities, as it is part of the district graduation requirements.

In December, Back Bay hosted a pasta and pasta sauce drive to support a nonprofit organization that provides warm meals, housing assistance, and job training to homeless and low-income families throughout Southern California. December 19 was the last day to donate, and that morning I found myself in a room surrounded by

a mountain of pasta and sauce. I am very proud of our students, their level of participation, and the incredible amount of pasta and sauce that was donated to those in need.

Recently, BBHS held a shoe drive for the benefit of the needy. Not surprisingly, students donated some very nice gently-used and brand-new shoes. In addition, our quarterly blood drive was well supported by our caring students.

Another community service opportunity on the horizon, possibly the most popular one of the year, is our Peer Court, which will be held on March 21.

California *Elementary (K-6)*

3232 California Ave., Costa Mesa, CA 92626 • 714/424-7940 • california.nmusd.us



Jacob Topete
Principal

Magical Performance!

Each year, I look forward to our Varsity and JV Show Choir performances. This year, our 58 California Cougars in Varsity Show Choir will be performing *Aladdin*.

Our Varsity Show Choir group comprises third-through-sixth-grade students. This theatrical version of the classic tale of Aladdin and his magic lamp required technical dance routines, whimsical dialogue and award-winning musical numbers that will transport you to a whole new world.

This is the ninth year of show choir at California, and we are very proud of the great work Mr. St. Royal and many volunteers have put in over the years to produce such wonderful performances. A very big thank-you to our California Education School Foundation for their continued support of Show Choir and our arts programs at California. Great job, and go Cougars!



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College Park *Elementary (K-6)*

2380 Notre Dame Rd., Costa Mesa, CA 92626 • 714/424-7960 • collegepark.nmusd.us



Rich Rodriguez
Principal

Real Life Lessons

Recently, College Park students and staff had the distinct pleasure of learning from a truly dynamic and inspirational guest speaker. Brent Poppen is a Paralympian, an author, a counselor and a motivational speaker, and his approachable demeanor and disarming style allowed him to establish immediate rapport with our student body.

Traveling from room to room over the course of two days, Mr. Poppen shared the details of his life, including those that could be characterized as both devastating and triumphant. As he spoke, students learned about a man that, despite several serious impediments, chose not to give up on his dreams of competing as an athlete at the highest levels achievable. Not only did he accomplish this but he published two books as well. His message? Allow only thoughts of what is possible to occupy your mind, have the self-respect to push yourself toward excellence, and never let anyone discourage you from making your dreams reality.



Paralympian, author, and inspirational speaker Brent Poppen captivates first graders at College Park with a simple message: never give up on dreaming of the possible, and never let anyone discourage the pursuit of excellence.

Corona del Mar *High School (7-12)*

2101 Eastbluff Dr., Newport Beach, CA 92660 • 949/515-6000 • cdm.nmusd.us



Dr. Rebecca Gogel
Principal
7-8 Grade



Kathy Scott
Principal
9-12 Grade

Our Amazing Counselors

Corona del Mar Middle and High Schools are committed to providing students with the skills and strategies to embrace a healthy and balanced student experience. In addition to academic counseling, our counseling teams provide

social-emotional support for students individually. They also teach classroom guidance lessons on topics such as anti-bullying and digital citizenship. At the middle school, we are grateful to have one full-time counselor and one part-time counselor to provide these much-needed support services. Following is a short introduction to our amazing middle school counseling team.

This February will mark Julie Rahmatulla's 12th anniversary as a middle school counselor at Corona del Mar Middle School (CdM). After graduating from California Polytechnic University, San Luis Obispo, Julie worked as a high school director at a church in La Cañada. This job led her into the school counseling program at Azusa Pacific University, a short stint as a counselor for the Santa Ana

Unified School District, and, ultimately brought her here to CdM and a job she loves.

Julie lives in San Clemente with her husband, Brian, and their two dogs, Sally and Mabel. She has four favorite words: onomatopoeia, juxtaposition, efficiency, and grace. She will notice if you use any of them when talking with her. Julie also enjoys cooking, reading, cheering on the Dodgers, traveling, and just being with her family.

Ms. Eskew graduated from California State University, San Marcos with her bachelor's degree in psychology with a minor in sociology. After graduating, she knew that she wanted to work in education, so she began working as a paraprofessional for students with special needs and pursued her master's degree in educational counseling at Azusa Pacific University, which she completed in May 2018.

She loves to spend time with her fiancé, whom she met during her undergraduate studies, and their dog, which they adopted during college. She is currently planning her wedding, which will be in June. However, she is still trying to decide on a honeymoon destination because she wants to go everywhere! She loves to explore and try new things, so traveling is on the top of her list of things to do. Whenever she has the chance, she tries to go somewhere new, even if it is just a new restaurant a few cities over.

Costa Mesa High School (7-12)

2650 Fairview Rd., Costa Mesa, CA 92626 • 714/424-8700 • cmhs.nmusd.us



Dr. Jennifer Padilla
Principal
7-8 Grade



Jacob Haley
Principal
9-12 Grade

Much to Take Pride In

In Mesa Nation, students have been engaged in activities that are growing their minds as we work on developing the whole student. This edition, we highlight one part of the MESA Way: Achieve Excellence.

Our students are showing excellence in their mastery of content and standards. As we explore and implement new math, science, and social science materials, employ new methods of instructional delivery, and connect key literacy skills across content areas, our students are engaged in activities that combine the disciplines. They are applying skills such as questioning/discussion techniques that help them reflect on and drive their own learning. This is evident even in our elective courses, including our visual and performing arts courses, where students reflect, write, and discuss daily.

We are also very proud of our competitive cheer team, which earned a title at the inaugural CIF cheer championships. Of course, these are only two of the many accomplishments to celebrate at Costa Mesa High School.



The CMHS cheer team made history at the First ever CIF Southern Section Championships. The team won the Division 4 coed title. The team also had the highest raw score out of all the divisions with a 96.50! This is the first CIF Championship for the school since 1991!



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Davis Magnet (K-6)

1050 Arlington Dr., Costa Mesa, CA 92626 • 714/424-7930 • davismagnet.nmusd.us



Christy Flores
Principal

The Sun Will Come Out Tomorrow!

"It's a Hard Knock Life" for 60 of our upper grade students who spent months rehearsing for our school musical, Annie, Jr. Under the direction of Sharon Jakubecy Klehm and with the support

of a dedicated Davis Creative Team, comprised of parent volunteers and teachers, our students worked hard memorizing lines, practicing the choreography, and having a lot of fun preparing for the final shows in mid-January. The cast and crew put together three final productions, which were all fabulous! While we are a math, science, technology

magnet school providing opportunities for our students in the Arts is an important component to our school. Always remember, "You're never fully dressed without a smile!"



Early College High School (9-12)

2990 Mesa Verde Dr., Costa Mesa, CA 92626 • 714/241-6108 • earlycollege.nmusd.us



Dr. David Martinez
Principal

Project-Based Learning

On January 14th, our ECHS students returned from their annual winter break to begin the second semester.

On December 7th, we also held our annual ninth-grade "Environmental Issues Fair" at the Back Bay Muth Interpretive Center. This assignment is the feature project for all freshmen, who are assembled into groups of three to four students. The project is done in pieces within their biology, English, math, art, and Spanish classes.

The final outcomes are a video public service announcement, a collaborative written report, a PowerPoint presentation in both English and Spanish, a trifold representation of their project, an artistic rendition of their project, and a 10-factoid handout related to the project.

From 6 to 8 p.m the students deliver their PowerPoint presentations orally in a science fair context. They are judged by both local science field experts and community members. It truly is a rite of passage, this project-based learning assignment for our ECHS students!



Eastbluff *Elementary* (K-6)

627 Vista del Oro, Newport Beach, CA 92660 • 949/515-5920 • eastbluff.nmusd.us



Cheryl Beck
Principal

Recess is Fun!

We are excited to have a program this year focusing on making recess a fun and inclusive place for every student in our school to play every day. A coach spends one week each month at our school leading, supporting, and training our students and staff in techniques to positively transform our school environment from the playground to the classroom. Last month, students were led in games and spent time working with our students on problem-solving techniques during classroom game-time lessons. The Ro Sham Bo strategy, or rock, paper, scissors, was taught for students to utilize in problem solving on the playground.

Adults are also supervising on the playground to lead problem-solving discussions. Junior Coaches—selected fourth-, fifth and sixth-graders to help out on the playground at recesses will be receiving training. This will be such an awesome leadership opportunity for our Junior Coaches! This exciting opportunity has been made possible by our wonderful PTA!



Horace Ensign *Intermediate* (7-8)

2000 Cliff Dr., Newport Beach, CA 92663 • 949/515-6910
ensign.nmusd.us

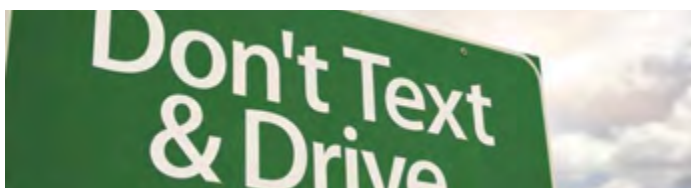


Michael Sciacca
Principal

Ensign Facilities Projects

Ensign is going to spend the summer of 2019 undergoing significant renovation in some important areas of campus. HVAC installation will begin as soon as school is out in June and will include the addition of air conditioning in all teaching spaces on campus. In addition, classrooms will be outfitted with industrial grade ceiling fans to give more options of climate control to

our school. Our students and staff are eagerly awaiting the HVAC upgrades. Our summer facilities projects will also include a safety and parking upgrade. Current plans include increasing the number of parking spots on campus and enhancing numerous safety features in and around the school. The facility plans will enhance the functionality, safety and aesthetics of our campus.



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Estancia High School

2323 Placentia Ave., Costa Mesa, CA 92627 • 949/515-6500 • estancia.nmusd.us



Michael Halt
Principal

Virtual Reality

Estancia High School students are taking steps into a virtual world using virtual reality (VR) headsets. The headsets are currently being piloted in science and language arts. Science teacher Mark Cygan uses the headsets to allow students to explore deep underwater and the far reaches of space. Language arts teacher Siggie Abuel uses them to strengthen the students' communication skills as they defuse virtual bombs and explore three-dimensional environments around the world.

Student response has been positive. Gidget Brestel, a junior, said, "It helped us learn with other people. I have never experienced something like VR before... it was amazing!" Senior Alex Hernandez shared, "We used the VR glasses to witness a day in the life of a person in Vietnam. It felt real, and it was fun."

Estancia teachers who have shown interest in integrating the VR headsets into their instruction are able to headsets home as they consider how to best use them in their classrooms.



AP English Language students using Oculus headsets to make informed decisions and solve problems.

Harbor View Elementary (K-6)

900 Goldenrod Ave., Corona del Mar, CA 92625 • 949/515-6940 • harborview.nmusd.us



Dr. Todd Schmidt
Principal

Discovering a New Layer

How are an ogre and an onion similar? No, they both don't smell bad and make people cry! They both have layers, and so begins our adventure with the giant green ogre, Shrek, and his faithful sidekick, Donkey!

Like so many of us, there is more to us than people believe, and this is one of the

main reasons we were so excited about our production of Shrek, Jr. Many of the students in this performance found something during this quest: not only adventure and friendship, but perhaps, they discovered a new layer!

We three packed performances, our audiences grabbed their pitchforks and torches and were thoroughly impressed! Special thanks to all of our parent volunteers who made this production possible! #hvepride



Heinz Kaiser *Elementary (3-6)*

2130 Santa Ana Ave., Costa Mesa, CA 92627 • 949/515-6950
kaiser.nmusd.us



**Dr. Deborah
Granger**
Principal

Congratulations, Mr. Caroompas!

We are privileged to announce that John Caroompas is Kaiser Elementary School's Teacher of the Year! Mr. Caroompas left a flourishing chiropractic practice to follow his passion and shepherd youngsters toward lives as successful adults. He now follows that passion by teaching sixth-grade students at Kaiser.

Students read their teacher like a book! When Mr. Caroompas says, "Life's not fair," they respond with posters of kittens. Mr. Caroompas cannot help but constantly show students how much he cares about their success. Students in Mr. Caroompas's class can count on working hard, laughing frequently, and being pushed to be their best.



Mr. Caroompas enjoys afternoon reading time with his class.

Kaiser alumni return to share about their high school and college success, always with a huge thank you to Mr. Caroompas, the teacher who touched their lives. Colleagues and parents continually share their appreciation for him as a teacher who sets the bar high and inspires students to surpass it.

Congratulations, Mr. Caroompas! Thank you for making Kaiser such a special place to learn and grow!

Killybrooke *Elementary (K-6)*

3155 Killybrooke Ln., Costa Mesa, CA 92626 • 714/424-7945
killybrooke.nmusd.us



Dr. Lorie Hoggard
Principal

Our Day is Just Beginning!

The 3:05 p.m. bell at Killybrooke signals the end of the formal school day, but the beginning of some very exciting after-school programs!

Killybrooke students in the Pacific Chorale Academy program can rehearse for upcoming performances at school and community events. Other students can participate in the ranch program at a local farm to learn about farm gardening, leather crafts, and livestock. Our Killybrooke students also love to expand their horizons with various after-school arts and athletics fun. The PTA even sponsors a wide array of enrichment programs as well, including our Talent Show, musical theatre, and Pilot Cup Soccer.

Those students who need more time and support to reach proficiency in core academics can also attend our SOAR and Project Excel programs, which provide additional small-group instruction. Project Success and the City of Costa Mesa ROCKS programs also provide after-school care until 6 p.m. each school day, with engaging programs like basketball and running club.

We are proud of the wide array of high-quality after-school programs we offer our students that will engage, inspire, and equip them to be successful, well-rounded students!

Contest!

Mr. Ruler is
hidden somewhere
in this publication.
When you find him,
email the
page number to:



Kay@schoolnewsrollcall.com
Please put NMUSD in the subject line)

Entries must be received by March 15, 2019
From the correct entries one name will be drawn to
win a \$20 gift card to Barnes & Noble
Sponsored by Barkate Orthodontics
www.BarkateSmiles.com

Abraham Lincoln *Elementary (K-6)*

3101 Pacific View Dr., Corona del Mar, CA 92625 • 949/515-6955 • lincoln.nmusd.us



Dr. Kristin DeMicco
Principal

Unexceptional Generosity!

For the past 12 years, Lincoln Elementary students and their families have participated in the Adopt a Family Program sponsored by Share Our Selves (SOS), an Orange County-based nonprofit organization. This year was no exception.

During the month of December, students, teachers and parents from 10 classrooms participated in the Adopt a Family program

for a grand total of nearly 300 volunteers. The giving spirit was alive and well at Lincoln as volunteers donated their time, their wrapping skills and, of course, a variety of gifts ranging from toys to gift cards to clothing for families in need. Lincoln students played a large role in Adopt a Family this year, and some of them even had an opportunity to help deliver the gifts to the fairgrounds in Orange County.

We are so fortunate to have such a generous and caring community at Lincoln!



Newport Coast *Elementary (K-6)*

6655 Ridge Park Rd., Newport Coast, CA 92657 • 949/515-6975 • nce.nmusd.us



Julie McCormick
Principal

Lots of Awards!

Mrs. Leslie Montejano, one of our school's fourth-grade teachers, was recently awarded two grants from the Education Foundation at the Schools First Federal Credit Union.

Her first grant, called "Lights, Camera, Action...Learn," will allow her to purchase equipment for our We Video projects using iPads and green screen technology. These tools will help bring the curriculum to life

through student-created videos to be shared in digital portfolios on the See Saw website. Our students use this site to house student work to share with their families.

The second grant, "A Library for Readers Who Become

Readers," will enable Mrs. Montejano to build our fourth-grade library with additional books by some awesome authors who represent exemplary models of remarkable writing. The two grants total \$5,000!

Mrs. Montejano also won a district grant. She received five iPads that will be used to enhance the 21st-century learning projects that are being integrated into our educational program.

Congratulations to our new Teacher of the Year, Miss Rebecca Herron! She is our music specialist who, in addition to teaching music, also teaches orchestra to over 80 students three mornings a week before school. Ms. Herron also teaches at Eastbluff. We are so proud to call her the Teacher of the Year at both schools!

Mariners *Elementary (K-6)*

2100 Mariners Dr., Newport Beach, CA 92660 • 949/515-6960 • mariners.nmusd.us



Matthew Broesamle
Principal

Leadership

On December 14th, Mariners Elementary wrapped up its second annual canned food drive. Organized entirely by members of our student government, this year's drive was a huge success. Our school community donated enough cans, jars, and dry goods to feed 450 families for two weeks. A local supermarket also helped us organize our donations for shipment to Mariners Church by donating 1,000 grocery bags.

While many of us enjoy the warmth of family, food, and friends during the holidays, others rely upon the generosity of the surrounding community to get through the season. "Not everyone has what we have," said Jaedyn Houston, student government president. "I think it is important to give others the same opportunities and a glimmer of hope."

Being a part of this generous effort allows our students to think of others, to give rather than to receive, and to collaborate around an issue that demands compassion, follow-through, and leadership.



Mr. Jeff Qualey and Mrs. Jan Stark pose with members of our student government, (Left to Right) Jaedyn Houston, Olivia Nowlan, Keaton Robar, Tripp Olinger, and Chase Lopez, after a very successful canned food drive.

Newport *Elementary (K-6)*

1327 W. Balboa Blvd., Newport Beach, CA 92660 • 949/515-6965 • newportel.nmusd.us



Amanda Estrada
Principal

Sharing Our Selves

At Newport El, we encourage our students to care for their community. During this season of giving, they showed that in a big way!

Our PTA organized a food drive to make a donation to Share Our Selves (S.O.S.). Students donated 1,125 boxes of macaroni and cheese! Before making the donation, all the students gathered for an assembly where Mr. Nguyen, a teacher at Newport El, had created a giant domino display with the mac-and-cheese boxes!

Our second-grade students and teachers worked together to "adopt" a family from S.O.S. for Christmas. Students did chores at home to earn money to donate. Then, the teachers and families met at a department store to purchase items from the wish lists provided by S.O.S.



Back at school, students wrapped up all the toys, clothes, bicycles and gifts for the family of eight. It was a great experience for students to see how they can impact their community!

Newport Harbor *High School (9-12)*

600 Irvine Ave., Newport Beach, CA 92663 • 949/515-6300 • nhhs.nmusd.us



Sean Boulton
Principal

Information about IB

The IB students will be testing for the International Baccalaureate this year at Newport Harbor High School. IB students will start their Internal Assessments this month and sit for External Assessments in May.

The IB Diploma seniors took some amazing trips to the Natural History Museum and the Science Center in Los Angeles.

The Theory of Knowledge class visited the O.C. Buddhist Temple as part of its World Religions Unit. Up next is a visit to the Islamic Society of O.C. mosque in Garden Grove. The TOK will also be seeing a play called Photograph 51 at the South Coast Repertory.

This past summer, IB Diploma senior Sam Quattrociochi was part of the IB World Student Conference of "Vital Cities, Vital Citizens" in Rotterdam, The Netherlands. Sam was part of a dynamic and international group of students who took up the challenge about how to re-think the way we plan, build, manage, and live in the cities in the future.

Sam is the first student to attend the IB WSC at NHHS. Congratulations, Sam!

IB Art Vibes Night is on April 4th in the Black Box at 6 p.m. IB Art Vibes is a night showcasing student work in IB Film and IB Visual and Performing Arts. IB Theater students will also be seeing Sweeney Todd and Madame Butterfly at the South Coast Repertory, and Come From Away at the Segerstrom Center.

Congratulations to IB Diploma seniors for their early college acceptances! Andrew Testa has obtained admission to the University of Arizona with a \$150,000 scholarship.

Applications for sophomores interested in applying for the IB Diploma Program will open in late February, more information to follow on our school website. If you would like to learn more about IB, there will be an informational session about the IB Diploma at our College Knowledge Night on March 6th at 6 p.m. in Room 253. There will be a Spanish presentation at 7 p.m.

For more information about the IB Diploma Program, please contact IB Diploma Coordinator Alma Di Giorgio at adigiorgio@nmusd.us.

Newport Heights *Elementary (K-6)*

300 E. 15th St., Newport Beach, CA 92663 • 949/515-6970 • newportheights.nmusd.us



Somer Harding
Principal

'Byte' out of Learning

This school year, NHES opened up their Shark Tank, a content-creation lab where students have the opportunity to publish their ideas. This space offers video production, robotics, coding and an extra-large interactive touch screen.

All TK through sixth-grade students visit the lab each week to participate in technology-based lessons that expand on classroom learning. Recently, fifth-graders created and edited a news report on a famous U.S. explorer, second-graders used robots to practice their addition facts, kindergarteners used the touch screen to sort their sight words, and sixth-graders continue to learn about coding and programing with specialized hardware.

The staff and students were thrilled to welcome Robin Young as the Shark Tank's lead teacher this year. Miss Young works side by side with classroom teachers to guide students through the latest educational technology and encourages students to take risks and become digitally savvy and responsible in this 21st century. The Shark Tank is also home to the NHES video broadcast team, KNHT Shark News.

Check back for more news on the team!



Paularino *Elementary (K-6)*

1060 Paularino Ave., Costa Mesa, CA 92626 • 714/424-7950 • paularino.nmusd.us



Dr. Amy Nagy
Principal

Off to the Mountains!

Our sixth-grade students were recently treated to Science Camp! This special event took them to the mountains for four days and three nights just prior to our February break.

Based on our curriculum and the interests of our students, the teachers selected some special science and ecology classes to be taught during their days at camp. In addition, students participated in typical “camp” classes like climbing, archery, teambuilding, and orienteering.

Field instructors maximized every minute, even having lunch out on the trails to give the students more time outside. Dinner was back at the dining hall followed by night classes. The evening programs included line dancing, singing, and skits.

At the end of each day everyone retreated to their heated cabins to rest up for the adventures of the next day. It was a wonderful learning experience that our students look forward to each year, and one that they are sure not to forget!



Pomona *Elementary (K-6)*

2051 Pomona Ave., Costa Mesa, CA 92627 • 949/515-6980 • pomona.nmusd.us



Carrie Gammel
Principal

Parent-led Recess Activities

Pomona parents were trained to volunteer during lunch recess time through the program, “Padres en Acción.”

Parents are trained in a series of six training classes that covered topics in nutrition, physical activity, parent engagement and advocacy. Following the six-session training, these parents have volunteered on the playground engaging students in activities and developing positive social skills among students.

The fun activities are provided on a consistent basis every Monday, Wednesday, and Friday. The parents organize games from relay physical races to musical chairs that promote good sportsmanship. The fun can be heard



across the playground with children's laughter and music playing.

The staff and students love our parents for providing Pomona Elementary with these fun physical activities at recess.

Everett A. Rea *Elementary (K-6)*

661 Hamilton Ave., Costa Mesa, CA 92627 • 949/515-6905 • rea.nmusd.us



Dr. Duane Cox
Principal

Celebrating the Arts

Rea Elementary School is committed to its visual and performing arts programs. A few that we are particularly proud of include the extracurricular Ballet Folklórico, the Rea

Band, and our drama programs.

Ballet Folklórico provides our students with the opportunity to learn and dance traditional Mexican dances. Our students are seen wearing beautiful colored dresses as the traditional Mexican ranchero music plays. The performances bring the audiences to their feet clapping, tapping, and celebrating each child's hard work and practice! The Rea Band program provides students with the opportunity to pick a variety of instruments and practice and perform at our Flag Decks and other opportunities throughout the school year.

Finally, our school engages over 60 students in the annual school play. We invite you to join the Rea School community for the April 2nd and 4th presentations of *Beauty and the Beast*.



These visual and performing arts programs represent the strong value that Rea Elementary School places on the arts. Our children have a variety of opportunities to learn and express themselves in an artistic manner.

Sonora *Elementary (K-6)*

966 Sonora Rd., Costa Mesa, CA 92626 • 714/424-7955 • sonora.nmusd.us



Christine Anderson
Principal

The NEU Great Kindness Challenge

At the beginning of the 2018–2019 school year, No Excuses University challenged each of their 231 network schools to participate in at least one specific act of kindness inspired by the question “How will you make someone feel less alone today?” The first-grade classes at Sonora Elementary School accepted the challenge! They decided to take on the great kindness challenge by spreading holiday cheer to nearby residents of the Pacifica Senior Care Home.

Each class made a different craft to hand out to the residents and brought homemade cookies and candies to share. The students shared songs from their winter holiday performance while the residents clapped and sang along. After the show, the students spoke with the residents and colored holiday papers with them.

The residents were overjoyed with the visit and the interactions with the students but, more important, was the lesson it taught the students about giving joy to others. The kindness will continue each month because the students have decided to share joy in different ways with each visit.

Charles W. TeWinkle *Intermediate (7-8)*

3224 California Ave., Costa Mesa, CA 92626 • 714/424-7965 • tewinkle.nmusd.us



Dr. Dipali Potnis
Principal

Some Special Visitors

In January, students at TeWinkle AVID and the ASB students received an incredible opportunity to interact with several Australian student-delegates who were visiting our campus. This is a yearly

tradition that our students are proud to be a part of. Our Trojans benefit from meeting students from other countries and hearing about the similarities and differences in their daily activities.

The delegates who visited us shared stories about their school life, popular extracurricular activities, and communication styles. They took our students through an array of activities that had everyone excited and engaged.

Opportunities like these give our TeWinkle students the ability to see life beyond our city, county, state, and



country. They bring culture to life and help to make our students more attuned to their surroundings. Hearing that our visitors enjoy the same music, love the same food, use the same social media apps, and care about their education reinforces the fact that even though we live worlds apart, it is still a very small world.

Victoria *Elementary (K-6)*

1025 Victoria St., Costa Mesa, CA 92627 • 949/515-6985 • victoria.nmusd.us



Dr. Aaron Peralta
Principal

Outdoor Science School

Victoria's 6th grade students traveled to Arrowhead Ranch in Lake Arrowhead this month for four days of Outdoor Science School. Students were thrilled to participate in outdoor science activities.

During their fun-filled stay, they learned exciting concepts about astronomy, earth science, and zoology. Each day at camp was

filled with songs, activities, hikes, and games. Students enjoyed the night hike under the stars where they studied the constellations. The "courage walk" during the night hike challenged students to use their understanding of nature as they explored the wilderness. Our scholars also learned valuable skills of team work and collective accountability during their stay.

Victoria's visit to Arrowhead Ranch created memories that will last forever!



Whittier *Elementary (K-6)*

1800 Whittier Ave., Costa Mesa, CA 92627 • 949/515-6990 • whittier.nmusd.us



Scott Wilcox
Principal

English Language Arts Winners

"I Am College Bound" is part of Whittier Elementary School's mantra. At Whittier there is a concerted effort and focus between parents, teachers, classified staff and students to ensure that students perform to the highest academic standards as possible. Whittier is proud to announce the winners of the names of the students who won awards for outstanding work in the area of English Language Arts:

Jason Barrios, Alondra Mastache, Manny Camarena, Marco Ceja, Rebecca Torres, Sergio Zetina, Bryan Flores, Alexandra Salazar, Nichole Lee, Natalie Carrera Flores, Stephane Tadeo Martinez, Sophia Lopez, Valeria Ochoa Rivera, Miranda Aquino, Valerie Hernandez, Kimberly Sanchez, Kimberly Flores-Martinez, Jesus Gutierrez-Granados, Daisy Morales, Lindsey Carrera, April Huerta, Valerie Gutierrez, Indigo Cullumber.

Wilson *Elementary (K-6)*

801 Wilson St., Costa Mesa, CA 92627 • 949/515-6995 • wilson.nmusd.us



Mia King
Principal

Holidays with Families

The Holidays at Wilson are a time to celebrate with family and friends and more importantly, a time to remember the importance of giving back. We were fortunate to join forces with our community partner is hosting our 2nd annual Wildcat Holiday Festival! Wilson families were able to enjoy a delicious pancake breakfast together and make arts and crafts of reindeer and gingerbread men. We also had pictures with Santa and an opportunity to create baskets for the homeless. It is so great to see our families, staff members, and community partners smiling and laughing, making memories with one another, and more importantly creating friendships that will last for years to come.



Woodland *Elementary (K-2)*

2025 Garden Ln., Costa Mesa, CA 92627 • 949/515-6945 • woodland.nmusd.us



Tiffany Lewis
Principal

Sky Art

More than 500 students at Woodland Elementary School became a piece of art. This event was the culmination of a two-day process of learning about and participating in "sky art." Sky art has been around more than 3,000 years, starting with the Nazca lines etched into the plains of Peru.

On the first day, students attended an assembly on the art form's history and logistics. They learned about six philosophical teachings of sky art: intention, collaboration,



interconnection, "skysight," gratitude and impermanence. According to second-graders Charlee and London, skysight is what helps us visualize new ideas. The program also teaches students about people's relationship with earth and how to take care of it, including discussions about climate change and global warming.

Students were asked to wear green shirts to school on the second day to create the body of the dragon. Community donations, including blue jeans to create the dragon's wings and bags of mulch to form dark lines around the image, made this possible.

Nutrition Services

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000
www.nmusd.us/depts/ns/resources_parent.php



**Dale Ellis, R.D.,
M.B.A., S.N.S.**
Director

Staying Healthy

*By Pamela Williams, MPH, RD, NMUSD
Nutritionist*

Have you ever said to yourself, “Hey, heart, you need to beat!”? Thankfully, it is not required. Our bodies have hundreds of functions that do not need us as overseers. It is no different with our children, but most likely, it is more complicated for them since they are growing.

Consider this: When children are born, they each have 300 bones. But by the time they reach adulthood, some bones fuse and they are reduced to 206 bones. Or what about the digestive tract? In adults, it is an 11-to-30-foot-long tube. That is a long tract that needs maintenance. How we live helps our bodies stay healthy.

Choosing fruits, vegetables, protein, whole grains and dairy foods helps keep our bodies in good health. In addition, exercising, reducing stress, drinking water, breathing fresh air, getting sunshine, and visiting the doctor help support healthy bodies. When adults teach and practice these habits, children understand what it means to be healthy. And don't forget, a healthy body means that they have good opportunities for healthy learning!

Safety in the Car

Do safety seats expire?

By Catharine Marroquin, CPSTI

Many parents and caregivers are surprised to learn that safety seats do in fact have an expiration date. Most manufacturers suggest replacing a seat 6 to 10 years after the date of manufacture, because the plastic of the shell degrades over time and current safety seats may have better safety features than older seats. To determine how long a particular safety seat is good for, check the seat's instruction manual, where the manufacturer will state how many years after the date of manufacture the seat expires. To find out when a seat was manufactured, locate the sticker on the seat that shows the model name as well as the date of manufacture (see picture). In some cases, the expiration date will be printed on the sticker or it may be stamped into the plastic shell of the seat. In all other cases, you will have to calculate the expiration date from the date of manufacture.



SafetyBeltSafe U.S.A. is the national non-profit organization dedicated solely to protecting children from death or injury in vehicle crashes through the correct, consistent use of safety seats and belts since 1980. For more information, visit www.carseat.org, find SafetyBeltSafe U.S.A. on Facebook, or call the Safe Ride Helpline 800/745-SAFE, 800/747-SANO. Catharine Marroquin, CPSTI is a Program Consultant with SafetyBeltSafe U.S.A. She can be reached at Cathmarro@gmail.com.

School Health Services

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000



**Merry Grasska
MPH, FNP-C,
RN**
Coordinator

Healthy or Not? Fact or Fiction?

Do you ever ask why some health beliefs and practices develop? I sometimes wonder about the path to wellness and how personal health beliefs can impact our health. So much information floods our media and minds about what is good and what to avoid that it's often a challenge to know what is or is not healthful. Educators and school nurses are in a position to teach us about healthy choices. Students are eager to learn, want to care for themselves, and be healthy.

At Health Services, we encourage our students to analyze information and determine if it is accurate and reliable. We want them to explore the source of health information, its validity, how old it is, if it comes from an expert source based upon studies published in scientific journals, and the like. That way our students may become informed and then discuss with their parents and others the evidence-based scientific facts about healthy living.

Hopefully, this process will promote decisions that result in good wellness practices. School nurses support student health every day. Please contact the nurse at your school for any student health-related assistance.

Parent To Parent



Jodie Lynn

Time for Kids

Q. We feel like bad parents because it seems like we just don't have time to actually “parent” our children, since we both work. How can we make time for them so that they don't feel left out, or worse, that they're not important to us?

A. Face it, our smartphones take a lot of our time. One way we can manage our time for our kids is by simply putting them down or turning them off for a while. A self-imposed “no phones allowed” rule, if you will. Plan ahead and do things as a family. Take a vote to decide on some special activities and maybe do one each week. Have a special night once a month with each one. Try not to put off important actions like taking the time to discipline your kids. They need this to learn life skills like being fair, knowing the value of listening to others, limitations, etc. When talking to your kids, if you don't have time to answer a question and your response is “just a minute,” be sure to go back to the question and talk with them without rushing through it. Make time to give them your full attention. If you need to schedule time for them, do it. These things will be showing them that they are important, heard and loved, which is all that they want and need to happy and secure.

Jodie Lynn is an award winning author. • www.ParentToParent.com

Newport Beach Public Libraries



Liz Aaron
*Children's Librarian,
Newport Beach
Public Library*

Libraries = Strong Communities

This year's National Library Week theme is Libraries = Strong Communities. Help strengthen our community by participating in our cool programs at Newport Beach Public Library! Visit <https://www.newportbeachlibrary.org/calendar> for all program times and details.

Learning about Animals

What is a pig's favorite book? Ham-let! Come see if that's true on National Pig Day.

We'll be celebrating by learning about pigs and making pig-inspired crafts at Mariners Branch on March 5 from 4-5 p.m.

If pigs aren't for you, try caterpillars instead! Back by popular demand, we'll be hosting caterpillars at our Central Library Children's desk as they grow into butterflies! We will introduce them on March 19 at Central @ 4 p.m., along with butterfly-themed stories and crafts.

Supporting the Local Arts

Sure to be a new favorite, "Sleeping Beauty for Kids" is an abridged, narrated version of the classic ballet, presented by Festival Ballet Theatre. Join us at the Central Library for performances on Saturday, March 16 at 10 a.m. and 1:30 a.m. The event is free but tickets will be distributed beginning at 9 a.m. due to limited space.

National Library Week, April 7-13,

There is strength in numbers; come be counted at our National Library Week programs!

Saturday, April 6: Community Helpers drop-in crafts at Central Library at 12-3 p.m.

Tuesday, April 9: Blast Off! Outer Space Crafts at Mariners Branch at 4 p.m.

Thursday, April 11: STEAMworks: The Puppet Musical at Balboa Branch at 3:30 p.m.

Saturday, April 13: Meet a Police Officer at Central Library at 11 a.m.!

We will also have special guests at our regular story times. Enjoy your favorite stories read by members of the Newport Beach City Council, Library Board, and other City Officials.

Reminder: Closures

All NBPL locations will close for President's Day on Monday, February 18 and for Easter on Sunday, April 21.

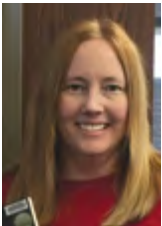
Central Library 1000 Avocado Ave., Newport Beach, CA 92660
949/717-3800 www.newportbeachlibrary.org/kids

Mariners Branch 1300 Irvine Ave., Newport Beach, CA 92660
949/717-3838

Balboa Branch 100 East Balboa Blvd., Balboa, CA 92661
949/644-3076

Corona Del Mar Branch 420 Marigold Ave., Corona Del Mar, CA 92625
949/644-3075

Costa Mesa Public Libraries



Kristina Jones
*Branch Manager,
Costa Mesa
Donald Dungan
Library*

Books are Just the Beginning!

Costa Mesa libraries are here to serve you! We are part of OC Public Libraries.

Programs at Mesa Verde Library: Our Mesa Verde Library has an abundance of programs for children of all ages:

Mondays at 11am – Pre-school Story time

Tuesdays at 11am – Lap Sit Story time

Wednesdays at 11am – Toddler Story time

Thursdays at 11am – Bilingual Story time

Programs at the Costa Mesa Downtown Recreation Center: Our Costa Mesa Donald Dungan Library staff is presenting programs

at the Downtown Recreation Center (next to the Library building):

Mondays at 10:30am – Baby Band! Bring your littlest ones to this fun, interactive program as we incorporate music and stories.

Tuesdays at 10:30am – Toddler Story time

Thursdays at 10:30 – Bilingual Story time

Services: Come visit our Mesa Verde Library for Computers, books, programs, and Teen & adult volunteer opportunities. Our eLibrary offers downloadable eBooks, eAudiobooks, streaming video, online learning, and the Mango Languages program. We feature databases with information for your school reports and projects. For younger readers we offer BookFlix.

The Costa Mesa Library is nearing completion! Check for the latest updates at <https://www.lionsparkprojects.com> and www.ocpl.org

Costa Mesa Donald Dungan Library is currently closed in preparation of the Grand Opening of our new Library at Lion's Park in April.

Mesa Verde Library 2969 Mesa Verde Drive, Costa Mesa, CA 92626 714-546-5274

Costa Mesa Donald Dungan Library

1855 Park Avenue, Costa Mesa, CA 92627 • 949/646-8845

Mesa Verde Library

2969 Mesa Verde Drive, Costa Mesa, CA 92626 • 714/546-5274



Orange County Department of Education

200 Kalmus Drive, Costa Mesa CA 92628 • 714/966-4000 • www.ocde.us

Meaningful Work-Based Learning Opportunities



Dr. Al Mijares
Superintendent
Orange County
Dept. of Education

On a recent Tuesday morning, an atrium inside the Irvine headquarters of Edwards Lifesciences offered a glimpse of the transformational shift that's taking place in public education.

Educators mixed with business leaders to talk about meaningful work-based learning opportunities. Student-led exhibits highlighted career paths in critical industry sectors, including health science, engineering, agriculture and hospitality. High-level executives shared their time and their stories with future leaders.

The occasion was the fourth annual OC Pathways Showcase, which on Nov. 27 celebrated partnerships between educators and industry leaders that are creating classroom-to-career pathways that begin as early as middle school.

Led by the Orange County Department of Education, OC Pathways was launched in 2014 with a grant from the state, and it's since expanded to include dozens of school districts, businesses, colleges and local agencies. All are working together to equip students with the competencies they'll need to thrive in an economy that will look very different than the one that's dominated the last century.

Automation, artificial intelligence and other high-tech disruptions are dramatically reshaping how we think about work, inducing varying degrees of anxiety. According to a 2017 report by the McKinsey Global Institute, nearly half of the activities performed by employees in today's global economy have the potential to be automated with technologies that are already available.

Yet, as is noted in a separate analysis released by OC Pathways in partnership with the Orange County Business Council, some jobs will continue to thrive based on the high degree of creative intelligence they require, including civil engineers, lawyers, landscape architects and physicists. Skills such as active learning and complex-problem solving will continue to be in high demand.

In 1965, engineer and businessman Gordon Moore, who would later co-found Intel, famously predicted that computer processing would double about every two years as we figured out how to pack more and more transistors onto a single circuit.

Five decades later, what's known as Moore's Law remains a relevant trajectory. Yet as Moore's own philanthropy will attest, the human experience is not defined merely by our ability to exponentially increase processing power. With education as a key driver, mankind's success will instead hinge on our ability to marry technology with creativity to meet human needs.

It was fitting, then, that the latest OC Pathways Showcase would take place at Edwards Lifesciences, a leading medical equipment company that is literally saving lives with artificial heart valves and innovative techniques for delivering them.

"Our job is to see what's coming," Edwards Lifesciences Vice President of Advanced Technology Jinny Lee told the gathered crowd.

The same can be said of our educational systems, which are increasingly reaching out to industry partners to prepare students to meet an array of human needs, including those we can't yet envision.

This is not easy work, but it is essential. And it's arguably never been a more exciting time to be an educator.

Common Sense Media

What should I do if my kid is bullied online?



Finding out that your kid has been cyberbullied is emotional for parents. You or your kid might want to retaliate, but it's best to help your kid defuse the situation, protect himself, and make rational efforts to put a stop to the bullying. Here are the immediate steps we recommend for parents:

- Reassure your child that you love and support him or her.
- Help your child step away from the computer or device and take a break.
- If you can identify the bully, consider talking with the parents.
- Consider contacting your kid's school. If bullying is happening online, it might be happening offline, too.
- Empower your kid with specific steps he or she can take.

Common Sense Media is an independent nonprofit organization offering unbiased ratings and trusted advice to help families make smart media and technology choices. Check out our ratings and recommendations at www.commonsensemedia.org



Bailey

Fantastic to the End!

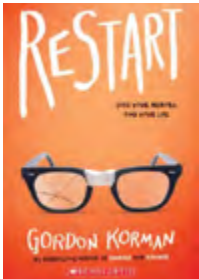
I just LOVED *Restart*, by Gordon Korman. It made me laugh and kept me interested with the action.

Boom! Chase wakes up in the hospital. What happened? Where's his mother? He can't remember anything, except a blonde girl with a blue dress.

With each day that goes by, Chase meets "new" people and finds out "new" things about him that help bring back the memories of his old life: a cherry bombed piano, a stolen medal of honor, a football star, a cruel bully... Will Chase be able to remember his past? Will he be able to fix it? Or will he remain the rotten kid he was before?

Gordon Korman definitely wrote a great book! I like how the book shows the point of view and opinions from the different characters. I rate this book 4 out of 5 stars.

Bailey is a 7th grader who loves being with her friends and reading. When she isn't doing these things, she's dancing ballet or lyrical.



Richard J.

The Wednesday Wars

By Gary D. Schmidt

This book is about the boy named Holling Hoodhood in 1976. Throughout the year Holling deals with many difficult situations. He is the only kid in his middle school who isn't Jewish or Catholic, which means that during Religious Studies he has to stay in English Class, do classroom chores and study Shakespeare. It is 1976 and everybody is struggling with the fear of the Vietnam War. Holling had a rough year, which happens to all of us, but in the end he got through and won the respect of his teacher, family, and classmates.

I like that the story is set in a different time period. It's interesting to read about how people lived back then. The story is about perseverance and growing up under difficult circumstances. It's funny, but serious. I give it 5 out of 5, with 5 being the best.

Richard J. is a 4th grader. Richard likes math, playing sports, physical activities like bike-riding, swimming, diving and running. He is a hard-working student who enjoys reading, seeing and learning new things and spending time with his family and friends.



CAMPING–Word Search Contest

Rules! One word in the list is NOT in the word search.

When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put NMUSD in the subject line.

Entries must be received by March 15, 2019

From the correct entries one name will be drawn to win a \$20 gift card to Barnes & Noble

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- | | |
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| COMPASS | MATCHES |
| GPS | FLASHLIGHT |
| BACKPACK | FLARES |
| THERMOS | CELLPHONE |
| KNIFE | CAMERA |
| TENT | BUGSPRAY |
| BLANKET | COT |
| WATER | |

Congratulations to
Winners of our December Word Search Contest!
Benjamin Hellermann and Margann Barngrover
and Costa Mesa Middle School Teachers
Pamela Dickey & Kayla Kenton



Tara's Review



Tara Z.

Moving, Inspiring, and Important

The novel *Stronger Than You Know*, by Jolene Perry, follows the life of Joy, a young woman who has faced insurmountable hardships in her lifetime. In this moving and important story, the reader understands Joy's life and difficulties. For fifteen years,



Joy's mother failed to protect her and permitted her to be cooped up in a small trailer amid the warm, dry climate of central California. With a fortunate coincidence, Joy was able to escape, but the abuse she endured could not leave her so simply. Joy's aunt and her family, a husband and two children only a bit older than Joy, took her in. From there, Joy faces hardships and impediments, but she was able to grow and realize that her past does not define her, and her future is wide open for whatever she wishes to do. Joy found her place and a way to heal, and she realized that she was stronger than she knew.

Tara Zadeh is a tenth grader. She loves painting, reading, and writing about art and books. She hopes to study medicine and travel through all the world's continents.

Christina's Book Review



Christina J.

Showbiz is Not For Everyone

But I don't Want to be a Movie Star

is a bit unrealistic, but entertaining. English girl Katriona (Kat) is a skater from a family with modest means. Due to a series of events she has to stay with her famous actress



grandmother Noni Waters in US. Somehow 15-year old Kat and her very young-looking grandma are a spitting image of each other. Kat gets to spend the summer in a mansion with a swimming pool, but she doesn't appreciate this life of luxury. All she wants to do is go skateboarding with her buddies. Then her grandma sprains her ankle and can't meet with her producer to talk about shooting of her next movie. Kat offers to impersonate her and does so good, that she is offered a role in a movie herself. There is a lot of funny and amazing things happening with Kat being Noni Waters, but in the end Kat refuses all the opportunities because "she just wants to be a normal girl". I give this book a 4 out of 5. I personally can't relate to Kat's choices, but the characters were funny and charming.

Christina J. is an 9th grader. Christina is an avid reader, who enjoys a good book about some great adventure, mystery or action. She is a hard-working student and a young author herself. In 5th grade she wrote a book *Melody's Stories: I Am a Spy Now*, published by Studenttreasures Publishing (PIN #3582798).



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