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# School News

*Education + Communication = A Better Nation*

**Covering the Newport-Mesa Unified School District**



**Volume 12, Issue 69**

**April / May 2016**



**It's an exciting time to be a student at NMUSD.**

**Above Estancia High School Advanced Placement Environmental Science – please see page 13**

**Below David Magnet Medical Residence Day – please see page 11**



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## SUPERINTENDENT

### First N-MUSD School to Become AVID Affiliate: Rea Elementary School

Beginning in the 2016–2017 school year, Rea Elementary School will be the first school in Newport-Mesa Unified School District to convert to an Advancement Via Individual Determination (AVID) Elementary and Technology School, preparing students for college and career success in a global society.

AVID brings research-based strategies and curriculum to educational institutions that develop students' critical thinking, literacy, and math skills across all content areas throughout the entire campus. AVID focuses on four areas to best prepare students for academic success: instruction, culture, leadership, and systems with key components. AVID key components include:

- Student Success Skills – communication skills (such as listening, speaking, and writing), self-advocacy skills, note-taking strategies, critical thinking, and study skills.
- Organizational Skills – both mental and physical; students learn to use organizational tools, as well as learn and practice time-management and goal-setting skills.
- Partnerships – among students, classrooms, grade levels, schools, feeder patterns, families, and communities.

Along with implementing the core AVID components into lesson plans, Rea Elementary will continue to focus on enrichment opportunities in Science, Technology, Reading,



**Dr. Fred Navarro**

Engineering, Art, and Math (STREAM), Visual and Performing Arts (VAPA), and Leadership, aligning all learning opportunities to preparing Rea students for college and career readiness.

To prepare for the AVID implementation and refinement, teachers will participate in various training courses and continue to collaborate weekly throughout the academic year. Specifically they will address content areas in reading, writing,

and math and the alignment to Writing, Inquiry, Collaboration, Organization, and Reading to Learn (WICOR) lessons, with a strong emphasis on formative data collection to ensure students are meeting their individual goals.

The program will include student success and organization goals, which will be established at the beginning of the school year

through collaboration with grade-level teams and meetings with parents. Small groups of students also will work with teachers on their individual goals in reading, writing, vocabulary, and math, which instills a sense of personal responsibility and overall motivation to be successful.

Additionally, grade-level teams work together to communicate and model strategies during parent workshops, so that every child's support system is working together to support student success. Parent informational meetings about Rea Elementary becoming an AVID Affiliate were held in March.

For more information, please contact Rea Elementary Principal Dr. Kalim Rayburn at (949) 515-6905 or [krayburn@nmusd.us](mailto:krayburn@nmusd.us).



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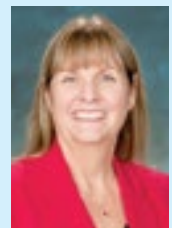
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**Kay Coop**  
Founder/Publisher

It is an exciting time to be a student with all of the academic choices. In this issue, you will read about the Medical Residency Day at Davis Magnet, Horace Ensign eighth graders visit the Capitol, many schools celebrated Read Across America Day, Scholar Night, and so much more. NMUSD is fortunate to have involved parents and Adams Elementary highlights the importance of parent involvement with their Parent Academy.

Thank you for your emails and appreciation of the community articles. In this issue, we welcome the Costa Mesa Fire & Rescue Fire Chief as a contributing columnist.

I am often asked for past issues of *School News*. Unfortunately, we do not have archived copies in our office; however, we do post each issue on our website both current and archived. Also, I am happy to email a digital copy upon request.

This school year is quickly coming to a close. Our next issue is June 1. Thank you for reading *School News*.



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## City of Newport Beach



**Diane Dixon**  
*Mayor*

### Don't Forget the Library

Spring is here and the school year will soon be drawing to a close. As those end-of-year projects and papers are assigned, don't forget that the Newport Beach Public Library (NBPL) offers a number of free resources for students and teachers.

The best place to start is by obtaining an NBPL card. Library cards are available and free to anyone – whether you reside in Newport Beach or another city. Card holders have access to an extensive collection of books and media, and a variety of online and downloadable resources that can be accessed by computer or mobile devices. The NBPL's eBranch is open all day, every day, for you to access eBooks, audiobooks, downloadable videos, and online databases. The databases are a great resource for homework help as you can research and access information about history, arts, science, literature, geography and much more from home or any location with internet access.

You are, of course, always welcome to visit the Central Library or any of three branch libraries. For hours and locations, and for information on how to obtain a library card, please visit [www.newportbeachlibrary.org](http://www.newportbeachlibrary.org)

100 Civic Center Dr., Newport Beach, CA 92660 • 949/644-3004  
[www.newportbeachca.gov](http://www.newportbeachca.gov)

## City of Costa Mesa



**Stephen Mensinger**  
*Mayor*

### Meet the Leaders

As an elected official, I believe it's important to spend time meeting with and listening to my constituents so I can hear about the issues that matter most to them. To accomplish this, I invite members of the public to join me at my Walk with the Mayor and Meet the Mayor events. I learn a lot about them and their concerns each and every time.

With that in mind, I'm pleased to announce that beginning in April, Police Chief Rob

Sharpnack and I will team up with a local school board member to launch a new program called Meet the Leaders. Through this new partnership, we plan to visit every Newport-Mesa Unified school where Costa Mesa students attend and let them know about local government and how we can be more responsive to their needs.

We believe it's important that our youth have a good understanding of how their police force and city and school government works and how leadership is the key to accomplishing big things and making meaningful changes for our citizens.

Chief Sharpnack and I look forward to this important new relationship with our schools and students that will benefit our city for years to come.

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## Costa Mesa Fire & Rescue



**Dan Stefano**  
*Fire Chief*

### Community Involvement

Fire and emergency services across the country are evolving like many other careers and to cope with these changes, educational pathways and lifelong learning are the roads to success. Knowledge, skill development, practical application and experience lead to proficiency and eventual mastery in the classroom and in the field. In the fire service, we learn individual skill sets for survival and rescue. Those individual abilities are evaluated and then integrated and enhanced as a working member of a highly functioning team.

We want our community to be a part of our team. In honor of Mother's Day, we cordially invite you to join us in celebrating all of those who have played a valuable maternal role in our lives on Saturday, May 7 - Family Safety Day - from 10 a.m. to 1 p.m. at all Costa Mesa Fire Stations. On this day, the public can learn fire and life safety skills, take a fire station tour, step aboard a fire engine and meet the talented men and women of the Costa Mesa Fire & Rescue Team.

Firefighters serve their communities with unwavering respect, integrity, compassion, and professionalism, but we need everyone's help to succeed.

77 Fair Dr., Costa Mesa, CA 92626 • 714/754-5106

## Newport Beach Fire Department



**Scott Poster**  
*Fire Chief*

### Sunblock First!

With Easter behind us, summer is rapidly approaching. Once again you can enjoy the wonderful beaches along our coast. We want you on the beaches and in the water, especially in Newport Beach where I think we have the best beaches. However, there is the right way and the wrong way to go to the beach. Numero Uno = sun block! How much? Buy some new sunblock (old is not

good) and place a palm full on your hand, yep a palm full, apply before you head to the beach, and don't forget about your face. All of my lifeguards apply sun block frequently, there is a reason! The reason is Melanoma (skin cancer), it is bad stuff and you don't want it on your body – ever!! Also, you may perceive sun tanned faces as cool when you are young, but the result when you are older is not so good. Wear a hat and sunglasses.

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Numero Uno = sun block!  
Melanoma (skin cancer),  
it is bad stuff and  
you don't want it  
on your body – ever!!

---

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**David Vannasdall, Ed.D. '16**  
Superintendent of Schools  
Arcadia Unified High School District  
Current Azusa Pacific Student

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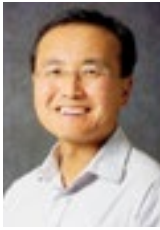
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## Childhood Sleep Problems



**Kenneth Kim,  
M.D.**

*Medical Director,  
Pediatric ICU*

**The amount of sleep children need gradually decreases as they mature.**

Newborns usually nap about 16 hours through the day and night, while teenagers need about nine hours of sleep per night. For many parents, getting their children to go to bed and stay there can be quite frustrating. Here are some simple steps to follow that can help put a stop to bedtime troubles:

- Stick to the same bedtime every night, even on weekends.
- Turn off the television, video games and computer at least one hour before going to bed. Have a consistent routine that includes brushing teeth, going to the bathroom and maybe reading a short story.
- Keep a low noise level in the house while the child is asleep.

Some childhood sleep problems called parasomnias, include night terrors, sleepwalking and sleep talking. Night terrors involve episodes of fear, flailing or screaming that can last a few minutes while the child is asleep and affect only a small number of children aged three to 12. Sleepwalking typically starts between the ages of four and 8. Sleepwalkers may look like they are awake, but actually they are sleeping and may be at risk for injury by falling down stairs or opening windows. When sleep talking, speech is mumbled and unintelligible. Parents should not try to wake children up. Instead guide them back to bed or gently reassure them.


Not getting enough sleep for children may lead to difficulties in school, anxiety disorders and behavioral problems. For more information about childhood sleep problems, talk with your doctor.

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## Adams *Elementary (K-6)*



**Gabriel DelReal**  
*Principal*

### Parent Academy = Student Success

Adams Elementary has an exciting new opportunity for parents to help their children succeed in school. In partnership with the California State PTA, the School Smarts Parent Academy, consisting of seven two-hour sessions, supports common interests in school success. It is designed to help parents understand how the school system works and to provide extensive training for them as leaders at their children's school.

Each session is conducted in English and Spanish and includes an art activity, a multimedia presentation and group interaction and discussion. Child care and refreshments are provided. Topics include "Preparing for a Lifetime of Learning," "Understanding Our School," "Becoming an Effective Communicator" and "Standing Up for Quality Education". The final session will feature a celebration, certificates for participants and creating action plans.

2850 Club House Rd., Costa Mesa, CA 92626 • 714/424-7935

<http://adams.nmusd.us>



**Parent Engagement Night**

## Roy O. Andersen *Elementary (K-6)*



**Dr. Shannon Bray**  
*Principal*

### One Grand Opus!

Andersen Elementary is very proud to work with a local symphony orchestra as a Class Act School as we continue our goal of exposing our students to the arts. We believe that this experience will enhance student learning by integrating the arts into other subject areas. It will also create opportunities for students to achieve 21st century skills and foster creativity.

Our professional musician, bassoonist Elliot Moreau, introduced students to the theme and composer of the year during an assembly. Every classroom will have a lesson to

explore this year's theme, "Forces of Nature," through the music of Antonio Vivaldi. Kindergarten and first grade will experience an interactive assembly incorporating the music of Vivaldi with singing, dancing and movement. Students in second through sixth grades will enjoy a field trip to a local arts complex to hear the symphony orchestra, featuring the music of Vivaldi. Our culminating event, the Bravo assembly, will feature our students sharing what they have learned about Vivaldi through presentations of art, dance, song and music.

1900 Port Seabourne Way, Newport Beach, CA 92660 • 949/515-6935  
<http://andersen.nmusd.us>

## Back Bay/Monte Vista *High School*



**Debbie Luckner-Davis**  
*Principal*

### Two Alternatives

Back Bay Model Continuation High School serves all students in our district. Students from Corona del Mar, Newport Harbor, Estancia, Costa Mesa and early College High Schools may apply and attend Back Bay. We specialize in credit recovery, and we have many options for students who have failed classes because of certain extenuating circumstances. Students who attend must be ready to deal with high school requirements,

including daily attendance. At a second school on our campus, Monte Vista, students work independently on coursework while attending school weekly for two hours.

Both programs are fully accredited, and students must meet district graduation standards.

We're starting our third trimester next week. Trimesters allow students to complete an extra 15 credits a year. Also, because the State of California licenses continuation high schools differently from comprehensive sites, we have the flexibility to offer students the opportunity to complete credits offsite for projects, work experience, independent PE activities and assessments.

If you're behind in credits and want to graduate, please see your counselor to discuss the option of transferring to Back Bay or Monte Vista.

390 Monte Vista Ave., Costa Mesa, CA 92627 • 949/515-6900  
<http://backbay.nmusd.us>



## California *Elementary* (K-6)



**Matthew Broesamle**  
*Principal*

### Recent Events

California School recently enjoyed some fun, reading-centered activities we call Literacy Week.

Activities included a book swap, college day, and an Imagination Machine assembly. For the assembly, the students were able to write and submit stories for

the group to act out in front of the school population. We are also looking forward to our annual Jog-a-thon, which is fast approaching.

Over the past three years we have been able to raise funds to allow our students to have their own Chromebooks in grades five and six. Next year we expect to be able to expand this to the fourth grade, and possibly even the third grade. These funds have also given us the opportunity to build a collection of ebooks for our students.

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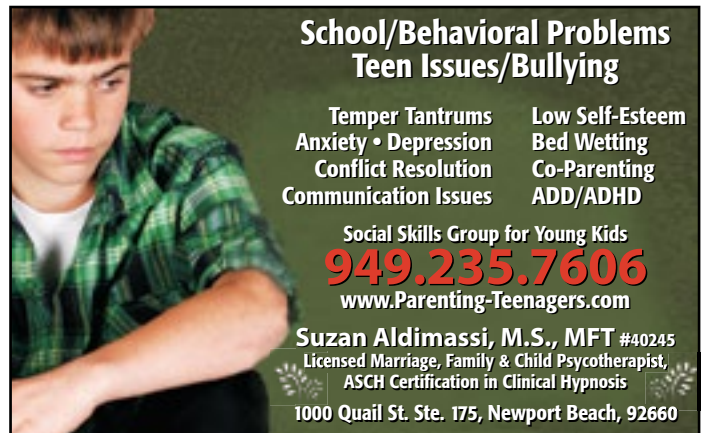
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## College Park *Elementary (K-6)*



**Julie McCormick**  
*Principal*

### Fun Activities

*By Taylor Hartgraves,  
Sixth-Grade Teacher*

Miss Loftis' kindergarten class, or the "Littles" as they are called, recently visited Mrs. Hartgraves' sixth-grade classroom, also known as the "Bigs."

The Littles were very awestruck by the fact that each sixth-grade student has their own desk and computer. The Bigs helped the Littles log on and do Jiji Math, Starfall, and PBSkids. Both the Bigs and the Littles had a blast.



Our students also had a great time at the Sixth-Grade Science Camp. Some of the highlights included hiking, the pool party, rock climbing, fossil hunting, mining for gold, square dancing, and of course, the food. The students enjoyed their time in the sun and fresh air to bond in a new way through this once-in-a-lifetime opportunity!

2380 Notre Dame Rd., Costa Mesa, CA 92626  
714/424-7960 <http://collegepark.nmusd.us>

## Corona del Mar *High School (7-12)*



**Dr. Rebecca Gogel**  
*Principal*  
7-8 Grade



**Kathy Scott**  
*Principal*  
9-12 Grade

### Global Citizens

Preparing its students to be globally minded, Corona del Mar Middle/High School (CdM) hosted a group of students and faculty from abroad. The Academy of Global Studies (AGS) developed a partnership with Japan through an exchange program. Two English

teachers and three fourth-year students from Prefectural

Kuremitsuta Senior High School, located near Hiroshima, Japan, visited CdM in March. Through classroom observations and excursions in Southern California, they learned about the American culture and our educational system. The Japanese guests shadowed students, observed teachers, and interacted with the campus.

The AGS students have also partnered with Brazil and are currently working out details to collaborate with Nigeria. Enriching opportunities unite our youth with the rest of the world.

2101 Eastbluff Dr., Newport Beach, CA 92660 • 949/515-6000  
<http://cdm.nmusd.us>





## Costa Mesa *High School (7-12)*



**Guy Olguin**  
Principal  
7-8 Grade



**Jacob Haley**  
Principal  
9-12 Grade

### Elective Offerings

Graduation is on the horizon for the Class of 2016. For the rest of our students, it is time to begin the course selection process for next school year.

With the growth of our Delta Academy and Academy of Creative Expression, we reflect on our many successful programs. In addition to core

classes, we proudly offer a variety of science, technology, and engineering options, as well as arts offerings, including orchestra, dance, drama, ceramics, and photography, and 19 Advanced Placement courses. A full list of courses is available on our Web site at <http://cmhs.nmusd.us>.

With the rich course offerings, student clubs, community-service opportunities, and extracurricular activities, Costa Mesa High School/Middle School continues to focus on developing our students through meaningful, student-driven opportunities.

2650 Fairview Rd., Costa Mesa, CA 92626 • 714/424-8700  
<http://cmhs.nmusd.us>



**CMHS Orchestra, Winter Concert**

## Davis *Magnet (K-6)*



**Christy Flores**  
Principal

### Medical Residency Day

Davis Magnet School 5th graders recently participated in the school's 5th annual Medical Residency Day. This day gives students hands-on learning opportunities about the systems within the human body. The day began with an informative presentation about the respiratory system in the CMHS theatre led by Davis and Costa

Mesa Middle School dad, Dr. Scherl. Students then returned to Davis to participate in three different rotations led by teachers and parent volunteers including Mr. Paul, RN; Dr. Grun; and Ms. Elliot, RN. The highlight of the day was students working in groups of four to dissect lambs' brains and hearts. It was a memorable learning experience for all participants and we appreciate the support of our Davis Magnet School parents.

1050 Arlington Dr., Costa Mesa, CA 92626  
714/424-7930 • <http://davismagnet.nmusd.us>





## Early College *High School (9-12)*



**Dr. David Martinez**  
Principal

### Changes Ahead

March 21 marked the beginning of the fourth quarter. Though the early acceptance deadline has passed, our school is still accepting applications for the 2016–2017 school year until May 2. Please check our school Web site at [earlycollege.nmusd.us](http://earlycollege.nmusd.us) for information about school campus tours and student shadow day opportunities.

Construction/modernization continues at our site, as we are still on time to have our

building complex ready to open for the 2016–2017 school year, which will begin on August 10. The last phase of the project will begin during the summer and push into the fall, addressing our blacktop and physical education instructional areas.

In closing, many of our Class of 2016 students have received, or are anxiously waiting for, acceptance letters from the colleges and universities they applied to last fall. This time of their life is an exciting chapter as they look forward to graduation on June 2.

2990 Mesa Verde Dr., Costa Mesa, CA 92626 714/241-6108  
<http://earlycollege.nmusd.us>

## Eastbluff *Elementary (K-6)*



**Cheryl Beck**  
Principal

### Reading Celebrations

In early March, we had a traditional reading celebration during our annual “Read Across America Day.” This event focused on reading by offering a special tribute to Dr. Seuss.

The day began with our Friday Flag Deck celebration held with a special guest reader: The Cat in the Hat! He read one of his favorite poems to the students. Cat in the

Hat bookmarkers were also distributed to each student as they participated in special reading activities throughout the day.

A Cat in the Hat poem was even shared over the sound system. The poem was written to give clues as to where he was hiding on campus.

The children listened carefully to this poetic reading to help determine his exact location. What a fantastic celebration!

2627 Vista del Oro, Newport Beach, CA 92660 • 949/515-5920  
<http://eastbluff.nmusd.us>



## Horace Ensign *Intermediate (7-8)*



**Michael Sciacca**  
*Principal*

### **Eighth Grade Hits the Capitol**

Recently, 63 Ensign Middle School eighth-grade students spent the week on the East Coast. The students toured the Capitol, visited the White House, and explored a plethora of memorials in Washington, D.C. Students also visited Jamestown and Mount Vernon, where they stood in the footsteps of our country's first president, looking out over

the Potomac River as the snow fell quietly around them. A two-night stay in Colonial Williamsburg allowed the students the experience what life was like for the colonists in the 1700s.

The trip was an opportunity for our students to gain a more comprehensive understanding of our nation's history and connect to the events they had studied in class, while building friendships and creating lifelong memories.

2000 Cliff Dr., Newport Beach, CA 92663 • 949/515-6910  
<http://ensign.nmusd.us>



## Estancia *High School*

**Michael Halt**, *Principal*

### **Real-World Connection**

Estancia High began offering Advanced Placement Environmental Science during the school year. One of the goals is to provide opportunities to analyze environmental problems, both natural and human-made, and examine alternative solutions for resolution and prevention.

Students in the class have had excellent learning opportunities outside the classroom. They have conducted monthly water-quality testing in the Fairview Park

wetlands and performed biodiversity measurements of the Little Corona and Back Bay Science Center tide pools. These measurements are important indicators of overall ecological health. Students have also followed raw sewage through our local treatment and recycling facilities and then tasted the water that had previously been sewage.

These experiences have been invaluable for applying classroom learning to the real world.

2323 Placentia Ave., Costa Mesa, CA 92627 • 949/515-6500  
<http://estancia.nmusd.us>





## Harbor View *Elementary (K-6)*



**Dr. Todd Schmidt**  
*Principal*

### An Amazing Classroom Concept

Our fifth-grade students recently had the opportunity to experience BreakoutEDU. Its concept is simple: you are “locked” in a classroom with clues to help you break out in a set period of time.

Placed around the classroom were three boxes fastened with a variety of locks. Students had to solve clues in order to put together an electrical circuit. Using all of the components, the students were able to assemble the circuit displaying a three-digit code. The final box was opened by

using the code where a lengthy html code was also written on a piece of paper. Deciphering the code, the students then typed this link to a Google form on their iPad with the winning message.

With 13 minutes and 51 seconds remaining on the clock, we were left stunned by not only how well my students did, but how amazing this concept was for our classroom. With the ability to embed content standards from all academic areas, as well as incorporate 4Cs, problem-solving strategies, higher-order thinking skills, and fun, BreakoutEDU will reinvent the classroom!

900 Goldenrod Ave., Corona del Mar, CA 92625 • 949/515-6940  
<http://harborview.nmusd.us>

## Heinz Kaiser *Elementary (3-6)*



**Dr. Deborah Granger**  
*Principal*

### A Special Partnership

Harbor volunteers have become tutors and helpers in our third-grade Kaiser classrooms.

This unique relationship is providing third-graders with supportive role models. It also provides the

Harbor students with an opportunity to gain service hours and experience to meet their International Baccalaureate (IB) diploma requirements.

Sailor volunteers are also campus celebrities! Kaiser is thrilled and



grateful to have these special ambassadors help us out. They are a wonderful reminder to staff and students alike of the many possibilities that lie in the future. While we focus on the present, it is always with “tomorrow” in mind.

Special thanks and tremendous appreciation go to NHHS IB Coordinator Alma Di Giorgio, and Principal Sean Boulton, for their great enthusiasm and dedication to this special partnership!

2130 Santa Ana Ave., Costa Mesa 92627  
949/515-6950 • <http://kaiser.nmusd.us>

## Killybrooke *Elementary (K-6)*



**Dr. Lorie Hoggard**  
*Principal*

### Our Robotics Club

The Killybrooke Robotics Club is an engaging after-school program for upper-grade students interested in computer science and engineering. Under the guidance of teacher Rebecca Brockman, students refine their coding skills using code.org and Scratch, a site developed by MIT. Student teams construct robots and then use their programming skills to program their robots to perform various functions.

This program helps students learn logic, problem solving, creativity and collaboration. The Robotics Club proudly showcased their work at the recent NMUSD Festival of Learning. Club members said that “Robotics Club gets your brain thinking about how you can do things to make the world different” and “Robotics is amazing. I want to be an engineer or scientist when I grow up.”

3155 Killybrooke Ln., Costa Mesa, CA 92626 • 714/424-7945  
<http://killybrooke.nmusd.us>





## Abraham Lincoln *Elementary (K-6)*



**Carrie Gammel**  
*Principal*

### Growing Readers

First-grade readers should have many opportunities to practice reading. At Lincoln Elementary School, they do!

Every first-grade Lincoln leopard participates in a nightly reading program called Surf Tales. First-grade scholars bring home engaging books nightly to read aloud to family members. These books are leveled to challenge students without causing frustration. Parent volunteers help students choose their Surf Tales books and discuss the books with them the next day.

The Surf Tales program fosters a love of reading and allows students to practice their skills in a fun, engaging way. Nightly practice increases their comfort level with both literature and informational texts and maximizes their ability to retain information as they grow as readers.

3101 Pacific View Dr., Corona del Mar, CA 92625 • 949/515-6955  
<http://lincoln.nmusd.us>



## Mariners *Elementary (K-6)*



**Dr. Laura Sacks**  
*Principal*

### Techsperts

Techsperts are students in grades 4, 5, or 6 who share their technical expertise with everyone on campus. Techsperts program and deliver new hardware, coach teachers on the use of applications and software, produce videos, troubleshoot machines, create teacher Haiku sites, lead lessons for students in grades K-6—and much more. Last month fifteen Techsperts took a field trip to

Google Headquarters Newport, where they learned how to prepare now for a career in technology. Next, they'll design and create a space we call the "Think Tank". With a 21st century design inspired by Google, students with a variety of talents can enjoy a place to innovate and collaborate.

2100 Mariners Dr., Newport Beach, CA 92660 • 949/515-6960  
<http://mariners.nmusd.us>



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## Newport Coast *Elementary (K-6)*



**Dr. Duane Cox**  
*Principal*

### Technology Access

Through our Bring Your Own Device (BYOD) pilot program, Newport Coast Elementary School teachers and students are engaged in classroom activities that were previously inconceivable. Select second-through fifth-grade classrooms are piloting the BYOD program with fantastic results. Students enthusiastically bring electronic tablets, netbooks, and laptops.

On average 90 percent of the students have devices, and those without are provided with school computers. Teachers use Google Classroom, Nearpod, Padlet, NewsELA and more to transform the learning environment, and student engagement has gone through the roof. Students are provided with opportunities to create computer code in classrooms as well as in the afterschool coding class.



With innovative teachers and accessible technology, our students will be completing tasks that were previously unimaginable.

6655 Ridge Park Rd., Newport Coast, CA 92657 • 949/515-6975  
<http://nce.nmusd.us>

## Newport *Elementary (K-6)*



**Rich Rodriguez**  
*Principal*

### Technology in the Classroom

*By Geneva Stanley, Student – 6th Grade*

As time goes on, schools are using technology more often in their everyday academics. Our classes are using it in some new and interesting ways. Schools used to require pulling out immense textbooks to read a chapter and then grabbing a pen to write an essay. Now, after reading a story, we log onto our netbooks and start typing our answers to even long, complicated questions. Instead of pulling out a dictionary and searching forever and a day, we can just type the word we need and find it immediately. If the teacher assigns something that we don't have information for, we can search online or use the Internet to communicate. It is making a big difference in our education!



1327 W. Balboa Blvd., Newport Beach, CA 92660 • 949/515-6965  
<http://newportel.nmusd.us>

## Newport Heights *Elementary (K-6)*



**Somer Harding**  
*Principal*

### Theatrical Performance

This year many of our Sharks swam off to Neverland to participate in the theatrical performance of Peter Pan. Over 65 students took on the roles of pirates, lost boys, fairies, Wendy, Hook, and of course Peter Pan. The students practiced twice a week for nearly 4 months to perfect their lines, songs, and wonderful choreography. The students put three wonderful performances for a



packed house and delivered a phenomenal show. A Newport Heights parent, Angie Maez-Akins, volunteered countless hours to make sure the play was a success. It was so wonderful to see the hard work and dedication of the all of the actors, crew, and volunteers come together in a great show. Congratulations Sharks!

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<http://newportheights.nmusd.us>





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## Newport Harbor *High School (9-12)*



**Sean Boulton**  
*Principal*

### Perfect Day of Competition!

This weekend, we had our second annual NHHS Handball Tournament, hosting players from Pasadena, Segerstrom, Costa Mesa and Back Bay high schools. This event wouldn't have gone off without a hitch if it hadn't been for Gary Cruz with the United States Handball Association. He officiated at all the games, organized the brackets, and helped make sure that the students were abiding by the association rules. Mr. Cruz also helped provide prizes for the tournament.

Several parents showed up as well. And we want to thank NHHS teacher Bob Lear for showing up to cheer on the players and for his support during the tournament. Although he wasn't aware of it, Mr. Lear's donation helped sponsor all the bags of chips and bottled water for the day so that the students could eat and drink to their hearts content at no cost.

As stressful as organizing this event was, it was well worth it watching all the students enjoy the spirit of competition. Even for those that didn't win, the sense of pride everyone showed was a joy to witness!

600 Irvine Ave., Newport Beach, CA 92663 • 949/515-6300  
<http://nhhs.nmusd.us>

## Paularino *Elementary (K-6)*



**Dr. Amy Nagy**  
*Principal*

### Scholar Night

Each year, Paularino teachers host an event called, "Scholar Night." They develop grade level questions focused on literacy and math skills that students complete with their parents as they travel around campus. By participating with their children, parents are exposed to the types of high level questions that students are asked as part of our daily curriculum. Our theme was "College Bound." Students completed "course work," checked it with teachers, then moved to the next class. Once completing their work, they returned to the MPR where they made a graduation cap, received their diploma and new book, and had their picture taken in their cap and gown. This year we had a record breaking attendance. Paularino students are college bound!

1060 Paularino Ave., Costa Mesa, CA 92626 • 714/424-7950  
<http://paularino.nmusd.us>



**First Grader, Nalani Salas and  
fifth grader, Gio Salas.**

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## Sonora Elementary (K-6)



**Christine Anderson**  
Principal

### High Flying Eagles

*By Ava Muniz, Lena Nguyen, and Sophia Catania, Sixth-Graders; and Susie Farnsworth, Newspaper Club Teacher*

Sonora Elementary, an NEU School, is college bound! Our school helps all students succeed both artistically and academically. High expectations are implemented for all students, beginning with the tiniest preschoolers.

Students work hard, and their best always shines through in all that they do! Sonora scholars are encouraged to discover their talents through visual and

performing arts. We have been “under the sea” with The Little Mermaid, “racing through the savannahs” with The Lion King, and surviving reality in High School Musical. Student Council, Band, Choir, our newspaper and the Photography Club give opportunities for students to be involved and creative in school.

Sonora’s motto, “We are college bound!” is shown all around campus, instilling the idea that college is important and opens students’ minds to college and career options. Students acknowledge the importance of college and begin planning for college and future careers!

966 Sonora Rd., Costa Mesa, CA 92626 • 714/424-7955  
<http://sonora.nmusd.us>

## Pomona Elementary (K-6)



**Megan Elsten Brown**  
Principal

### Arts Advantage

Pomona Elementary School’s learning community agrees—literacy is our top priority. We focus on reading every day, and we spend time, money, and considerable energy ensuring that all of our students read at grade level by third grade. Pomona also believes that it is our purpose to inspire our students to believe that they can succeed, and it is the reason that our teachers and staff come to work every day.

We know that the arts inspire. For some students, it is

the arts that light the fire and inspire them to believe they can succeed. All students receive instruction in studio arts. We recently introduced Arts Advantage, a program offered at no cost to our students who have demonstrated an interest in the arts. Our fourth-graders were recently inspired by a lesson on complimentary colors. They created a work that demonstrated balance and complimentary colors, and we were inspired by the results!

If you’d like to come and see the beautiful color and form that filled these blank canvases, come by the Pomona office, where you can see some of their work on display.

2051 Pomona Ave., Costa Mesa, CA 92627 • 949/515-6980  
<http://pomona.nmusd.us>

## Everett A. Rea Elementary (K-6)



**Dr. Kalim Rayburn**  
Principal

### Welcome, Interns!

This spring we welcome 14 interns from California State University, Long Beach (CSULB) and University of California, Irvine (UCI). These students are assigned throughout our kindergarten through sixth-grade classrooms.

The interns from CSULB are aspiring educators who are fulfilling 45 hours during their senior semester through the school’s Service Experiences for ReVitalizing Education



(SERVE) program. Students from UCI are seniors in sociology who are considering a variety of disciplines in the education field. These students have committed to 40 hours of volunteer time.

While we are glad to have these students supporting our classroom teachers with their small groups, we are most excited about having them share their university school spirit with their younger counterparts. “Go Beach!” and “Zot! Zot!” have become common salutations between interns and students, promoting our college-going culture.

661 Hamilton Ave., Costa Mesa, CA 92627 • 949/515-6905  
<http://rea.nmusd.us>



**Kira Hurst**  
*Principal*

### Love to Read

TeWinkle students were able to show their love for reading by heading to California Elementary and read to fellow first graders. Their experience was noted by TeWinkle Trojan Sandy Sandoval she explains, "as soon as I got to California and I was paired up with my buddy I instantly fell in love with her! First we introduced ourselves and asked each other what our favorite color was. We had a bit of time to get to know each other. Next, we picked a book together. My buddy was a bit shy so I read most of the book to her. When I finished, I realized the whole point of this day was to help my buddy become a better reader!"

3224 California Ave., Costa Mesa, CA 92626 • 714/424-7965  
<http://tewinkle.nmusd.us>



## Victoria *Elementary (K-6)*



**Dr. Aaron Peralta**  
*Principal*

### Parent Involvement

What is the recipe for student success? One ingredient is engaging parents in their children's education.

At Victoria Elementary School, the inaugural Parent Institute of Quality Education (PIQE) attracted a full house. This unique, eight-week, parental engagement workshop provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.



Parents learn how to create a home learning environment, support their children's emotional and social development, navigate the K-12 school system, collaborate with teachers and principals, ensure their children complete college prerequisite classes, and encourage high school and college graduation.

Congratulations to the 60 parents who have committed to better the lives of their children!

1025 Victoria St., Costa Mesa, CA 92627 • 949/515-6985  
<http://victoria.nmusd.us>

## Whittier *Elementary (K-6)*



**Scott Wilcox**  
*Principal*

### Whittier and Mariners

Whittier second graders were the lucky hosts of some new second grade friends from Mariners Elementary. More than 200 students, teachers and parent volunteers all gathered in the Whittier multi-purpose room to make art and make friends. The Valentine's Day art project was led by Lisa Albert, who teaches art at Mariners.

Students sat with someone they had never met before and soon friendships were being made left and right. "The kids had a fantastic time. It was wonderful to hear them having conversations with each other," observed Mary Becker, second grade Whittier teacher. The idea came about to promote new relationships with students who normally would not be interacting with each other until 7th grade.

1800 Whittier Ave., Costa Mesa, CA 92627 • 949/515-6990  
<http://whittier.nmusd.us>



## Wilson *Elementary (K-6)*



**Dr. Julie Perron**  
*Principal*

### **Eat. Sleep. Do Math.**

The Wilson Elementary School Mathletes are doing a superb job competing against other elementary schools in the Estancia zone. The math competitions are rigorous and align with the Common Core State Standards and preparation for Smarter Balanced Assessment Consortium testing. At both the February and March competitions, Wilson tied for third place!

These fourth, fifth, and sixth graders have represented Wilson well. They are responsible, respectful, and safe. But, even more importantly, they are excellent role models as scholars whose hard work and critical thinking are paying off. At the March competition, only two students succeeded at solving one particularly challenging problem—and one was a Wilson fifth-grader!

Great job, Wilson Wildcats! I am proud of all that you have accomplished and look forward to your continued successes!

801 Wilson St., Costa Mesa, CA 92627 • 949/515-6995  
<http://wilson.nmusd.us>

## Woodland *Elementary (K-2)*



**Tiffany Lewis**  
*Principal*

### **Going After Enrichment**

We're so proud of our Teacher of the Year, Rebecca Peterson! Her award was no surprise to those who know how tirelessly she works to support.

Five of Woodland's teachers wrote and received grants. Second-grade teachers Suzanne Wolf and Natalie Hall received iPad grants, giving students access to online reading resources and individualized

instruction. Carol Gaylord and Marj Jane Scott's first-graders will be busy reading their new phonics readers and becoming fluent, independent readers. Math tiles will enhance Marcia Pina's math instruction in her first-grade classroom; the tiles will allow students to explore and create. Stephanie Thorpe, our occupational therapist, received a grant for a variety of sensory tools and equipment. We know she'll put them to good use!

Congratulations to all our outstanding teachers!

2025 Garden Ln., Costa Mesa, CA 92627 • 949/515-6945  
<http://woodland.nmusd.us>



## Nutrition Services



**Dale Ellis, R.D.,  
M.B.A., S.N.S.**  
Director

### Thank You, Farmworkers!

*By Annalies Hassenpflug, Dietetic Intern,  
Utah State University*

Second-graders at College Park are studying farmworker, civil-rights hero and proponent of fresh produce Cesar Chavez! Peas and lettuce are just some of the crops Mr. Chavez harvested as a child under harsh farming conditions. As an activist, he fought to improve these conditions, joining farmworkers in the Delano Grape Strike



**Student enjoying fruit.**

demanding fair wages. During the five-year strike, grapes were scarcely found in grocery stores. Farmworkers won the strike, and grapes returned to stores, kitchen tables and school cafeterias.

This brings up a question: Without farmworkers, would we have fruits and vegetables in schools? The hard work of farmworkers and Mr. Chavez provides students and families with nutritious foods, including grapes. Because of their efforts, we eat fruits and vegetables every day!

2985-A Bear St., Costa Mesa, 92626 714/424-5000  
[www.nmusd.us/depts/ns/resources\\_parent.php](http://www.nmusd.us/depts/ns/resources_parent.php)

## School Health Services

### Concussion and Your Student

*By Karen Manning, MSN, CPNP, RN*



**Merry Grasska  
MPH, FNP-C,  
RN**  
Coordinator

A concussion is a bump, blow, or jolt to the head that changes the way the brain usually works. What may seem like a mild bump to the head can be serious in nature. The signs and symptoms of a concussion might be displayed right after an injury occurs, or hours to days afterwards. Symptoms include confusion, difficulty recalling events prior to injury, headache, light sensitivity, nausea, vomiting, dizziness, balance issues, or changes in personality.

Seek medical attention right away if a concussion is suspected. A healthcare provider experienced in evaluating a student for such an injury will be able to determine its seriousness, as well as when it is appropriate for your student to return to regular play and learning.

A student with a concussion should not return to physical activity the same day as the injury. Students should only return to physical and cognitive activities after they are cleared by a qualified healthcare provider. School nurses are a good resource should you have any questions or concerns about your student's health needs.

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000

## District Transportation

### The Good New Days



**Pete Meslin**  
Director

When I hear people reminiscing about the good old days, as a transportation director, I have to object. In the student transportation field, the increasing pace of technological change has led us to build much safer school buses. In fact, the U.S. yellow school bus is the envy of the world due to its unmatched safety record.

But technology doesn't just contribute to the design and construction of incredibly safe buses; it helps us to provide better service. For example, we can locate any of our buses instantly by using global-positioning satellite devices. We can contact our drivers and they can contact us from virtually anywhere in our service area using high-frequency, two-way radios.

We process, assign, and bill more than 3,000 field trips every year. It wouldn't be possible to effectively perform all of these trips without automation. Similarly, routing almost 5,000 students in an efficient and effective manner could not be accomplished with computerized support.

So, the next time you find yourself longing for a simpler time, please remember that, at least in student transportation, simpler wasn't necessarily better.

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## Lucy's Book Review

### Thrilling!

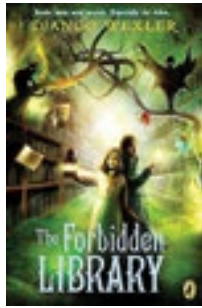


Lucy Davis

#### *The Forbidden Library*

Author: Django Wexler

Alice wasn't supposed to up so late. She had been studying, and lost track of time. Usually she would be asleep, but on this night, something would change her life forever.



Her father came home late that night, and Alice went to greet him. It was the high, nasally voice that made her stop dead. When she peeks in the door and sees a fairy threatening her father, Alice is terrified. Her father goes on a trip two days later, and his ship sinks. Alice is then instructed to live with her "uncle" near Pittsburgh, and he helps her discover and control powers that she never knew existed. With the help of Geryton, Isaac, and Ashes the cat, Alice will have many spectacular adventures.

I think grades 4-6 would enjoy this book. As a note to readers, the second and third sequels have come out. (*The Mad Apprentice* and *Palace of Glass*). I give this book 4 bookworms out of five because of the cleverness and suspense.

Lucy Davis is a 4th grade student. Besides reading, she enjoys riding her bike, theatre, and playing guitar. Lucy will rate the books 1 to 5 bookworms with 5 being the best.





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**Kate Karp**

## Owl Singalong

Adult Beluga Grads whose younger lives were enriched by Raffi's music will be very happy, particularly if they're parents, teachers or involved in any way with children. The beloved artist and children's advocate emerged from a 12-year hiatus in 2014 with his collection *Love Bug*, and he's following up with another planet- and child-centered theme in *Owl Singalong*.

The album was inspired by Raffi's little grandniece, Lucie, and her owl stuffed toy and also by the chorus of live hooting critters in his backyard. Those birds open the title song, a jaunty little melody inviting us to sing along. Choruses of human children and one or two adults join in on standards such as "The More We Sing Together" and other beloved songs that he's monkeyed—or verb-formed other animal species—with: "The Lion Pokey" and "The Dog on the Bus" are rendered with Raffi's brand of gentle silliness that has always endeared him to children.

Raffi presents his versatile voice in so many different ways, whether it's imitating a gruff lion, crooning like Rudy Vallee on "See the Moon," or entertaining with Pete Seeger's celebrated retelling of the South African folktale "Abiyoyo."

And as always, Raffi will leave gentle lessons for little Belugas and Grads of any age: "Green Dream" is his wish for the future for all his young listeners. And from "I'm Not Small": "I carry the world on my back. When it turns, I'll turn, too."

So simple, so wise, and so very Raffi.

Kate Karp is an editor for *School News Roll Call* and a freelance writer and editor.



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# Newport Beach Public Libraries



**Liz Aaron**  
Children's Librarian,  
Newport Beach  
Public Library

Whether you have never been to the library or are a regular customer, we encourage you to discover the fun and excitement Newport Beach Public Libraries have to offer! Celebrate our libraries and reading at these upcoming festivities:

## National Library Week, April 10-16

Enjoy a magical week of library appreciation:

**Sunday:** Making Memories (sponsored by NBPL Foundation) "Art in the Spring Workshop"

**Monday:** Magician Naathan Phan at the Central Library

**Tuesday:** Author Stuart Gibbs at the Central Library

**Wednesday:** Juggler Fantastick Patrick at Corona del Mar Branch

**Thursday:** An interactive comics-making workshop at Balboa Branch

**Saturday:** Comedic magician Abbit the Average at Mariners Branch

We will also have special guests at our regular story times. Enjoy your favorite stories read by members of the Newport Beach City Council, Library Board, and other City Officials. Visit <http://www.newportbeachlibrary.org/events> for times and details.

## Happy Birthday, Dear Mariners Branch

Our Crean Mariners Branch Library is turning 10 years old! Come to our birthday party on Saturday, April 16, starting at 2 pm with comedic magician Abbit the Average. Space is limited so come early, and please enjoy birthday cake with us after the show.

## Summer Reading Program

Look for us at your school in May and early June as librarians visit to share the excitement of Summer Reading. Participating in a summer reading program reduces learning loss while out of school and helps you perform better in class and on standardized tests when you return next fall. This summer, choose books based on your own interests and have fun reading! When you register for our summer reading program, you will earn prizes based on the amount of reading you do. You're also invited to our many craft programs, performers, and other awesome events. Don't miss out! Visit <http://www.newportbeachlibrary.org/events> to see what's hot this summer at your local branch.

Reminder: Closures

All NBPL locations will be closed for Memorial Day on Monday, May 30.

Central Library 1000 Avocado Ave., Newport Beach, CA 92660

949/717-3800 • [www.newportbeachlibrary.org/kids](http://www.newportbeachlibrary.org/kids)

Mariners Branch 1300 Irvine Ave., Newport Beach, CA 92660

949/717-3838

Balboa Branch 100 East Balboa Blvd., Balboa, CA 92661

949/644-3076

Corona Del Mar Branch 420 Marigold Ave., Corona Del Mar, CA 92625

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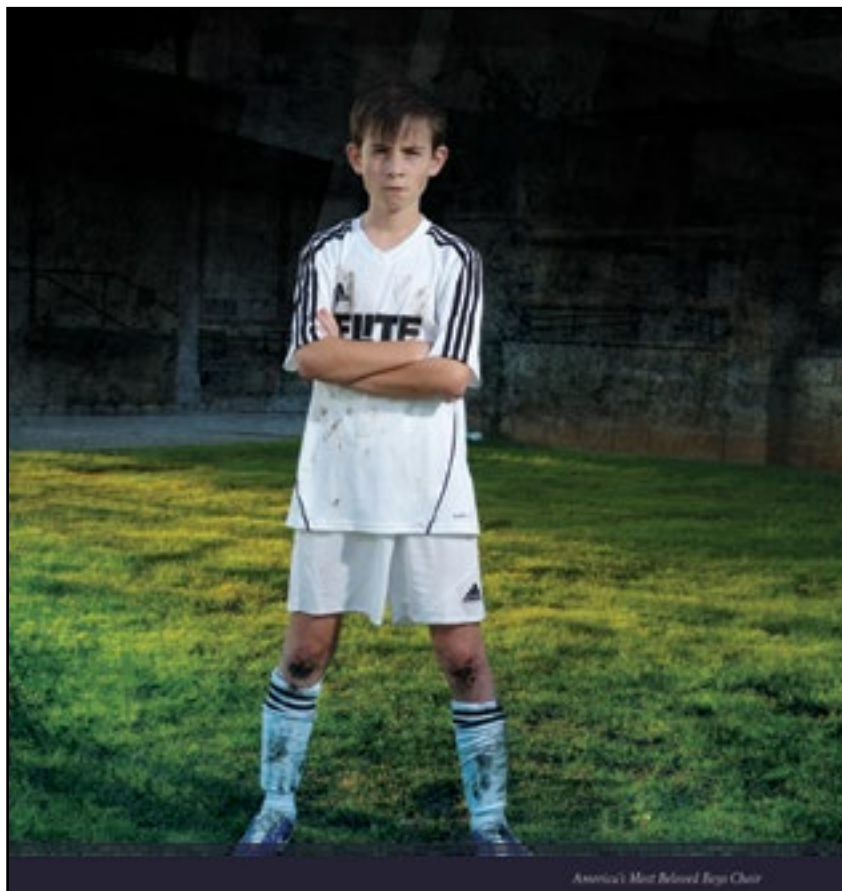
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HARD, BUT  
I ALSO SING  
VERY WELL.**

**MY SONG  
HAS ENDURED  
LONGER THAN MOST  
EMPIRES  
ON EARTH.**

**I AM A  
CHOIR BOY.**

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- Do Research
- Proper Study Habits

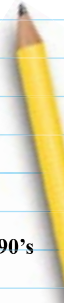
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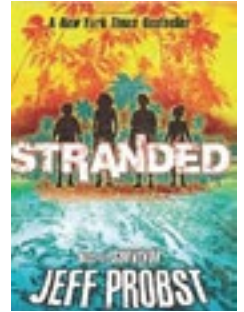
## Isabella's Book Review



Isabella A.

### Get Lost in the Pages

*Stranded* is the first book and the best in the series. When Carter and Jane's mother marries Vanessa and Buzz's father, uncle Dexter a boat captain takes the new four siblings on



a bonding trip. However, it doesn't exactly turn out that way. A storm sinks the boat. They try to get in the life boat, but Dexter gets in first. The storm takes the life boat away from the young kids. Fortunately, they make it to a close by island that is rocky and full of jungle. They were starting get along and now they are in the middle of the South Pacific! This could be good or horrible. Will these kids survive each other?

I give this book three and half stars because it can be fun, exciting and adventurous, but also a bit long in some parts.

Isabella is a fourth grader who loves to write based on her experiences fictionalizing them into stories that relate to young readers. Isabella wants to be an author of realistic fiction when she grows up. She will rate the books 1 to 5 with 5 being the best.

MARINERS CHURCH

## SUMMER EVENTS

FOR KIDS



VBS

JUNE 27-JULY 1 • \$60/CHILD

Kids in K-5th grade are invited to this **SUPER POWERed** adventure with Bible stories, games, drama, crafts and opportunities to serve kids and families in need around the world.



### DAY CAMP

JULY 11-15 • \$250/CHILD  
MON-THU 9A-4P • FRI 9A-5P

An action-packed full-day camp for kids! Games, interactive biblical teaching, outdoor rock wall and other fun activities!



### MOVIE NIGHT

JULY 30 • FREE • UPPER LAWN

A night of fun for the whole family! Come to our 5p Saturday worship service and stay for a movie. Food will be available for purchase.



### PARK AND PLAY

JULY 19, AUGUST 2 & 16  
10A-12P • FREE

Connect with other parents from the community while the kids play at a local park.

For details about all of these events, visit [marinerschurch.org](http://marinerschurch.org) and search **SummerKids**

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## **Camp Galileo**

**PRE-K—ENTERING 5TH GRADES**

Grouped by grade and nurtured by our incredible staff, campers take on art, science and outdoor activities tailored to their level, and they learn lasting innovation skills like collaboration and reflection.

Four fresh themes for 2016:

**Space Explorers**  
**Galileo Olympics**

**Galileo Makers: Toys**  
**National Parks Adventure**

## **Galileo Summer Quest**

**ENTERING 5TH—8TH GRADES**

Galileo Summer Quest takes camp to the next level, empowering kids to dive deep into a subject area that inspires them. 2016 majors include:

**Chefology**

**Fashion Design**

**Mod Design with Minecraft®**

**Electric Painting Studio**

**Go-Kart Builders**

## **Essential Camp Info**

- Orange County locations in Laguna Beach, Laguna Niguel, Mission Viejo and Rancho Santa Margarita
- Extended Care from 8am - 6pm
- Optional healthy lunch provided by Choicelunch
- Accredited by the American Camp Association



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## Remember When?



**Charlene  
Ashendorf**

### Loyalty

If you are like me, you have a wallet or drawer filled with plastic. No, I don't mean credit cards. I am referring to those cards for everything from grocery and drug stores, to movie theaters and specialty shops. I use them, but I find them annoying. They take up space on my key chain and often hold up the check-out lines as I fumble around in search of the correct card. Those cards are

linked to my phone, my email and identification numbers, all of which I loose from time to time; and all for the love of loyalty points.

Recently my elderly mother and I were reminiscing about the good old days. She asked, "Do you remember green stamps?" You know the ones mother is referring to. The bright green S & H stamps the size of postage that were prominently marked with bold red italic S & H, each assigned a number value? Of course, I did remember...

There was a "telephone" desk in our kitchen where a shoebox that was wrapped in Christmas paper held loose stamps and Quick Saver Books. Like millions of middleclass Americans in the 1950's and 1960's, saving Sperry & Hutchinson stamps was more than a pass time, it was a family activity.

Mother would specifically shop at stores wherever earning stamps for purchases was possible; primarily grocery stores like Kroger. But dad would be rewarded with green stamps at the Sinclair gas station as well. The ritual began with bringing home the stamps. My job was to lick the stamps. One by one my tongue turned green (from licking to sticking) filling the pages in the special books. White pages would soon turn green, which was as good as gold for us. After my task was completed, the family would gather around the table and pour over the redemption catalogue. We would be rewarded for our shopping loyalty with gifts! From toasters to trips or toys, the possibilities were endless. 1200 stamps and the book was filled. Valued at approximately \$3.00 book, each of us had our green stamp wish list. The results were tangible, like my first Eastman Kodak Brownie 1962 Camera!

As the checker at Von's hands me my receipt, she forces a smile, struggles to pronounce my difficult last name and says in a rote manner, "Mrs. Ashendorf, You have saved \$2.67 today." I can't help thinking about green stamps and remembering when...

Charlene remembers growing up in Chicago with hot and humid summers, leaves that turned colors in the fall and endless winters. Active in her community and church, she advocates for seniors, affordable housing, literacy and libraries. Her hobbies include reading, writing and visiting art galleries. Charlene resides in Costa Mesa with her husband, Dennis who is a teacher in the Newport Mesa Unified School District. <http://about.me/cmash>

## Parent To Parent



**Jodie Lynn**

### My Sister-in-Law's Kids

**Q.** My sister-in-law's kids, second and fourth graders, have to constantly be doing something. Their lives are very structured. I'm a stay at home mom and their mom works outside the home. If they come over on a Saturday, they're constantly asking what we are going to do next. We enjoy their company but was wondering if we should try

to keep up with their schedule of busyness or try to form them to our laid back environment?

**A:** She may be very happy with her children's schedules. If she's okay with you trying to offer them a more laid back environment while they are visiting, then there's no harm in trying. I'm all for organization and schedules up to a point. But, I also feel quite strongly about letting kids be kids with free play or hanging out time. When I taught school, I saw many kids develop into being totally stressed out teenagers trying to make each minute count towards their academic livelihood or being super focused on working on their future jobs. They didn't understand that it's perfectly fine to sometimes just relax and do nothing. There's a happy medium in every life situation. Finding that balance is quite challenging. However, if your sister-in-law allows her kids to come over, and she very well knows how different you run your household, then perhaps she wants them to have that experience. Share your concerns with her, let her think about it for a while and go from there.

Jodie Lynn is an award winning, internationally syndicated family/health and education columnist and best selling author. Her column Parent to Parent™ ([www.ParentToParent.com](http://www.ParentToParent.com)) has been successful for more than 15 years. She is a regular contributor to several sites and has written four books and contributed to three others, one of which was featured on the Oprah Winfrey Show. She has authored several books including *Mom CEO (Chief Everything Officer)*, *Having Doing*, and *Surviving it All!* and *Syndication Secret—What No One Will Tell You!* Check [www.ParentToParent.com](http://www.ParentToParent.com) for details on new radio talk show, Inside Parenting Success.

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## Keira's Book Nook



Keira

### First Book of a Series

*Everyday Angel: New Beginnings*

By Victoria Schwab

This great emotion filled book is about two girls named Aria (a guardian angel) and Gabby Torres (whose brother is



sick). Gabby is so worried about school, because she doesn't want anyone to discover her secret life. Then, Aria shows up! Aria knows exactly how to help make Gabby feel better. Gabby is a normal girl except for the fact she keeps half her life a secret—even from her mom! This book talks about why sometimes it's good to reveal your secrets. It's an example of how difficult things in your life don't have to be negative. Gabby is so worried about her brother that she forgets who she is. The story is about problems and solutions that came for Gabby in seventh grade. I can't wait to read the second book! I rate this book 5 apples.

Keira Fukuwa is a fourth grader. Besides reading, she enjoys soccer, jazz dance, crafts and cooking. Keira rates books 1-5 apples with 5 the best.

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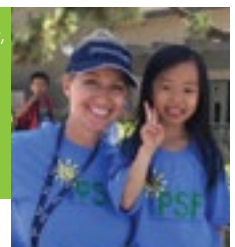


## PSF Summer Enrichment Academy K12



### WHAT IS SUMMER ENRICHMENT ACADEMY?

- A variety of enrichment and academic classes such as STEAM (science, technology, engineering, art, and math), PSAT/SAT/ACT test prep, public speaking, grade level prep, languages, music, sports and more!
- Fun and educational for **ALL INCOMING K-12 students!**
- Flexible - register for one or more sessions and take multiple classes.
- Great for year-round students, working parents, and vacationing families!
- Affordable pricing - financial assistance is available for those who qualify.



### WHAT'S NEW FOR 2016?

#### Grades K-8

Session A: June 20-July 8\*

Session B: July 11-July 29

Session C: June 20-July 15\*

#### Grades 9-12

June 13-July 22\*

\*No classes July 4, 2016

Classes held at various schools in Irvine, California



### HOW DO I REGISTER?

- Classes are open to **ALL STUDENTS** from **any school district.**
- Registration **NOW OPEN!**

For more details and to register, visit [www.ipsfacademy.org](http://www.ipsfacademy.org)

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Dr. Shari Sweetnam

Can Parents Lead Their Kids to Drink?

**Q.** We are strong religious family and are clear and certain of our values and what we need to teach. We have a 17 year old who is going to a university across the country in the Fall. We are in a parent group, (who's children are also going off to college) in which the most frustrating conversation emerged. The discussion was about whether you should discuss "drinking alcohol before you turn 21" with your kids! Is this a new trend?? I know there are certain parents that are so "open" that they actually buy alcohol for their kids parties. I can't believe that a seemingly intelligent group of parents, with decent children are even thinking about discussing underage drinking! My son knows that this is absolutely unacceptable, against the law and against our values! What am I missing? — Nancy B. Lincoln NE

**A.** Here is what you are missing Nancy. Very soon, your child will no longer be under your roof. Your child will have multiple other influences in his life. While your child might hold strong to his familial value system, he deserves to be prepared for all influences of live that are quickly approaching, whether those influences and external and societal pressures, or the questions and struggles that emerge internally.

The risk you run by NOT communicating with him openly, is that you become a closed door, and you send the

message that you will not be a part of the process when he needs to sort through feelings, desires and pressures. By being that closed door, Nancy, you miss out on one of the most important functions of parenting your newly "adulted" child. Don't lose the opportunity.

That said, Nancy, I understand your fears. You likely feel that discussing something means condoning it. Just realize you can be a stronger influence to help him avoid underage drinking if you communicate with him about these things than if you don't!

To illustrate, consider this: It is a fact that, in the college years it is wildly acceptable for students to engage in drinking contests, or consume so much alcohol that they get sick or pass out. One study suggested that over 80% of college students at a certain university indicated that they had one of these experiences at least once.

You can offer your child more than the lecture: That is BAD and DONT DO IT. Talk openly about the real risks. There are multiple horror stories available at your fingertips. But don't do so without telling the truth about the potential appeal of it. If you miss the latter, not only do you lose credibility and the ability for him to relate to you, you will send your child off unprepared for the inevitable forces that will face him. Please don't do that Nancy. Talk with your son.

Motivational Speaker, Founder of *The Brainpower Programs for Schools*, Author, Consultant, Radio Host contact: info@doctorshari.com, www.doctorshari.com, twitter: DrShariS, Youtube: Dr. ShariS, LinkedIN: Dr. Shari Sweetnam

We Love Our Dogs  
Word Search Contest

**Rules!** One word in the list is NOT in the word search.  
When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com (Please put NMUSD in the subject line)

Thank you Barkate Orthodontics  
for sponsoring our contests.

Entries must be received by May 15, 2016  
From the correct entries one name will be drawn to win  
a \$20 gift certificate redeemable at Barnes & Noble.

- |            |                    |                |
|------------|--------------------|----------------|
| Akita      | Dalmatian          | Puli           |
| Basenji    | Doberman           | Rottweiler     |
| Beagle     | Great Dane         | Saint Bernard  |
| Bloodhound | Labrador Retriever | Samoyed        |
| Boxer      | Malamute           | Shiba Inu      |
| Bulldog    | Mastiff            | Shih Tzu       |
| Chihuahua  | Pinscher           | Siberian Husky |
| Chow Chow  | Poodle             | Weimaraner     |
| Collie     | Pug                | Xoloitzcuintli |

Congratulations to David Tran  
Winner of the February Word Search Contest!







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