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# School News

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**Covering the Newport-Mesa Unified School District**

**VOLUME 9, ISSUE 51**

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**FEBRUARY / MARCH 2013**

## Dear Newport-Mesa Community Estimada comunidad de Newport-Mesa

I am pleased to share with you Newport-Mesa Unified School District's priorities for 2012/13. The priorities have been developed in three key areas also referred to as the ABC's. We look forward to sharing more information as we move forward with implementing the priorities. Your input is valued and extremely important. If you have comments or feedback you would like to share about the priorities, please send to: [superintendent@nmusd.us](mailto:superintendent@nmusd.us)



**Dr. Fred Navarro**  
Superintendent

Es un placer compartir las prioridades 2012/13 del Distrito Escolar Unificado Newport-Mesa con ustedes. Éstas se han desarrollado en tres áreas clave y nos referiremos a ellas como las ABCs. Esperamos con gusto compartir más información con ustedes durante el transcurso de su implementación. Sus comentarios son valiosos y de extrema importancia. Si quisiera darnos su opinión o sus comentarios acerca de estas prioridades, por favor envíelos por correo electrónico a: [superintendent@nmusd.us](mailto:superintendent@nmusd.us)

## Academics - Instructional Excellence

By June 2014, all high schools will implement the "a-g" course of study for all students. Successful completion of the "a-g" course of study will become the curriculum for high school students in the Newport-Mesa Unified School District to provide a guaranteed and viable curriculum.

Definition of "a-g": A list of high school courses that fulfills the subject requirements for admission to the University of California and California State University.

The number of National Merit Scholars from the Newport-Mesa Unified School District will meet or exceed the national average in three years at each campus.

What is the National Merit Scholarship Program? In each annual National Merit Scholarship Program, about 50,000 academically talented high school students are honored, but only some 16,000 of them are named Semifinalists. Students who qualify as Semifinalists based on their performance on the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/

## Académica - Excelencia en la enseñanza

Para junio de 2014, todas las preparatorias tendrán implementadas la serie de clases "a-g" para todos los estudiantes. Terminar con éxito las clases "a-g" será el plan de estudio para los estudiantes del Distrito Escolar Unificado Newport-Mesa con el fin de proporcionar un plan de estudio garantizado y viable.

Definición de "a-g": Una lista de clases nivel preparatoria que llena los requisitos de materias para admisión en la Universidad de California y en la Universidad Estatal de California.

El número de National Merit Scholars, eruditos de mérito nacional, del Distrito Escolar Unificado Newport-Mesa alcanzará o sobrepasará el promedio nacional en tres años en cada campo escolar.

¿Cuál es el Programa de Becas de Mérito Nacional? Anualmente, en cada Programa de Becas de Mérito Nacional cerca de 50,000 estudiantes de preparatoria académicamente talentosos reciben reconocimiento pero solo 16,000 de ellos pasa a ser Semifinalistas. Los estudiantes

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See **SUPERINTENDENT** • Page 17

## Congratulations Newport-Mesa's Classified Employees of the Year 2013!



**Wendy Allee**



**Denise Bauermeister**



**Donna Bunney**



**Kristi Kirsch**



**Kim Large**



**Scott Matthews**

By *Laura Boss*,  
Director of District Communications

Each year, N-MUSD participates in Orange County Department of Education's Classified Employee of the Year Awards Program. Annually, N-MUSD selects six classified employees representing the following categories: Support Services and Security, Transportation, Nutrition Services, Para educator,

Maintenance and Operations and Office and Technical. The six N-MUSD Classified Employees of the Year names have been forwarded to the Orange County Department of Education to participate in their selection process as candidates for the Orange County Classified Employee of the Year.

We are so proud of this year's honorees.

## Enclave and Theater News



**Steel structure being built for CDM's new three story enclave building.**  
(Please see District Communication on page 3)

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**Kay Coop**  
Founder / Publisher



Congratulations to the N-MUSD  
Classified Employee's of the Year!

By now your new year is well underway and students are focused on testing and Spring Break. If it has been awhile since you were in a classroom, you may be like me and continually amazed at the curriculum requirements and choices offered to students today. Even students are amazed at how quickly technology is changing. Students may be overheard saying, "I remember when..."

Thank you for continuing to include *School News* in your reading choices. Our next issue is April 24.

**School News**

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**Covering the  
NEWPORT-MESA UNIFIED SCHOOL DISTRICT**

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District Communications

2985-A Bear St., Costa Mesa, CA 92626

Enclave and Theater News



Laura Boss  
Director

Measure F Project Updates January 2013—  
Costa Mesa and Corona Del Mar High Schools

Costa Mesa High School

At Costa Mesa High School, the contractor that will be building the enclave building has brought construction trailers on site and has started grading the building pad and surrounding area.

The contractor that will be building the theater is currently finishing up the contract documents and should be moving onto the site in the next one to two weeks. There will be some

additional contracts proceeding for various projects that are a part of the Measure F work, but are outside of the construction area. For instance, in May a new softball backstop will be constructed. This summer will see some work in the Administration building and the last few wings between the office and the construction zone will get new concrete.

Corona Del Mar High School

At Corona Del Mar High School, the contractor building the enclave has been on board for some time and they have completed the foundations and have started to assemble the structural steel for the three story building. The contractor that will be building the theater will begin in late January or early February. The front parking lot work over the last two summers has been in preparation for both of these projects, and while there will be some additional summer construction outside of the current construction area, most of it will be done in the summer of 2014.

**MEET THE “NEW” MESA WATER!**

Mesa Water District (Mesa Water) began 2013 with a big branding bang by removing “Consolidated” from the organization’s name, and by launching a new logo and look.

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Board of Orthodontics  
& Dentofacial  
Orthopedics

**JUDY GILLARD, DDS**  
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Board of  
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# Adams *Elementary (K-6)*

2850 Club House Rd., Costa Mesa, CA 92626 • 714/424-7935 • <http://adams.nmusd.us>



**Gabriel DelReal**  
Principal

## Honoring a Veteran

Adams Elementary School honored a local resident and veteran, Robert D. Davis at a recent Veteran's Day Flag Deck on Friday, November 9th. Mr. Davis served our country participating in bombing missions over Europe in World War II. He was also captured and held as a Prisoner of War. One of our students, 6th grader Stephen Mack, read a memoir which Mr. Davis wrote, entitled *Before I Forget*. He is shown in the photograph with Principal, Gabriel Del Real in front of the students. Adams Elementary School salutes all of the Veterans in our world!



**Mr. Robert D. Davis shaking hands with Stephen Mack (the student who had read his book), Mrs. Davis, and our librarian, Deborah Lucas, along with the Principal, Mr. Del Real.**

# Back Bay/Monte Vista *High School*

390 Monte Vista Ave., Costa Mesa, CA 92627 • 949/515-6900 • <http://backbay.nmusd.us>



**Debbie Lucker-Davis**  
Principal

## Is Independent Study for You?

Back Bay students completed their first trimester in November and are about halfway through second semester. Students in the continuation high school can earn 25 credits per trimester or 15 extra credits over the year if they earn five credits in five classes per trimester. This gives students an opportunity to make up three failed classes a year and re-earn the credits they lost by failing classes at their comprehensive site.

Monte Vista Independent High School students will complete their first semester in the coming weeks. Independent-study students are on the same calendar as the comprehensive

sites. The biggest difference is that when you are enrolled in independent study, you attend school for a minimum of two hours weekly, complete the majority of academic work at home, and are enrolled in one course at a time. The average course takes three full weeks to complete—about 60 hours. Student coursework at Monte Vista runs parallel to the district requirements for graduation. Coursework, technology proficiency, CAHSEE exit tests and community-service requirements for Back Bay and Monte Vista are identical to the district's requirements for Estancia, Costa Mesa, Corona del Mar and Newport Harbor high schools. Students in grades 10 and 11 are also subject to the same state-level testing as all California state students.

Frequently, students who are working full time, attending a community college, preparing for a competitive sport or suffering from an illness that prevents them from attending school on a daily basis will choose Monte Vista's independent study. If you are interested in working independently, talk to your school counselor. You can also contact the school directly by calling Kelly at (949) 515 3389.

# Roy O. Andersen *Elementary (K-6)*

1900 Port Seabourne Way, Newport Beach, CA 92660 • 949/515-6935 • <http://andersen.nmusd.us>



**Dr. Shannon Bray**  
Principal

## Making a Difference

Andersen students work together on a variety of service projects throughout the school year to help give back to the community. For example, Matthew Olson, a community outreach officer and student council member, works with our Andersen Student Council to promote their projects. This opportunity allows our students to explore different issues in the community and see how their efforts can help make a difference to others.

Beyond helping the community, these local service projects also offer a host of benefits that can contribute to our students' growth as individuals. This year Andersen students have donated over 1,000 books for "Make a Difference Day," sent 319 pounds of Halloween candy to the troops overseas, collected canned foods to support needy families

during Thanksgiving, donated classroom and school supplies for their "sister" school Wilson Elementary, and adopted several needy families for the holidays by collecting over 2 truckloads of gifts.

These experiences have warmed the hearts of others, as well as the hearts of our own Andersen students.



# California *Elementary (K-6)*

3232 California Ave., Costa Mesa, CA 92626 • 714/424-7940 • <http://california.nmusd.us>



**Matthew Broesamle**  
Principal

## Learning Buddies

Every other week, our sixth-grade students buddy up with our kindergartners for a fun afternoon event. During kindergarten's W Week, the students paired up to observe worms. The kindergartners were encouraged to use four of the five senses to observe the worms, leaving out the fifth sense of taste for good reason. After completing the worm observation, the teams of students worked together to draw diagrams of the worm, and then they set the worms free into the Kinder Garden.

We are getting ready for Literacy Week and our jog-a-thon, which both fall during the month of March. During the week of

March 4, we will have different activities and events centered around reading and writing, with a culminating assembly put on by the Imagination Machine on Friday. Our annual jog-a-thon is scheduled for Wednesday, March 20. This is our biggest fundraiser, which helps us update and improve our school's technology.



**Kinder worms.**



# College Park *Elementary (K-6)*

2380 Notre Dame Rd., Costa Mesa, CA 92626 • 714/424-7960 • <http://collegepark.nmusd.us>



**Julie McCormick**  
*Principal*

## 'Running' An Ad Campaign!

College Park students, parents and staff put on their sneakers and join the Running Club on the field every Wednesday to run for fun and get some exercise at the same time. Mrs. Smith has organized the Running Club to promote fitness as part of a healthy

lifestyle, as students who are physically active are able to perform better in school. Mr. Ianniello from Nutrition Services visits monthly with a healthy snack for students to taste after running.

This partnership puts exercise and diet together to promote good lifestyle choices in both areas. This month, he brought blood oranges to taste. To promote the benefits of this fruit, he enlisted the help of the students. Mr. I the Food Guy, as he is called, taped colorful signs on the backs of the children so that they could serve as "human bulletin boards."

The children enjoyed running with advertisements of the benefits of oranges. Everyone has a good time reading about and tasting oranges.



# Corona Del Mar *High School (7-12)*

2101 Eastbluff Dr., Newport Beach, CA 92660 • 949/515-6000 • <http://cdm.nmusd.us>



**Tim Bryan**  
*Principal*  
9-12 Grade



**Guy Olguin**  
*Principal*  
7-8 Grade

## Fall Athletics

*By Don Grable, Athletic Director*

This fall, CdMHS had seven different sports programs representing 20 different teams. We were very fortunate to have all seven varsity teams qualify for the playoffs, and four of our teams even won Pacific Coast League championships. Five of our teams also advanced to the CIF semifinals or finals!

Congratulations goes to all of our fall sports teams. Our girls golf improved tremendously during the season, and was an at-large entrant to

the CIF playoffs due to their strong scores in the matches. The girls cross-country also finished third in our league and advanced all the way to the CIF finals.

The girls tennis team finished second in our very tough league as well, and advanced to the second round of the CIF playoffs. The boys cross-country shared the Pacific Coast League championship and advanced all the way to the CIF finals.

Our boys water polo team also finished as undefeated Pacific Coast League champions, and advanced all the way to the CIF semifinals. Girls volleyball finished as undefeated Pacific Coast League champions, and advanced all the way to the CIF semifinals as well. And football finished as undefeated Pacific Coast League champions and won the CIF Southern Division championship.

A big thank-you goes to all of our athletes and coaches for working hard, smart and together. Thanks also goes to all of our boosters and staff members for helping to make this fall sports season such an outstanding one.

# Davis *Magnet (K-6)*

1050 Arlington Dr., Costa Mesa, CA 92626 • 714/424-7930 • <http://davismagnet.nmusd.us>



**Christy Flores**  
*Principal*

## New Principal

On January 8, the Newport-Mesa Unified School District Board of Education approved the appointment of Mrs. Christy Flores as the new principal of Davis Magnet School. Mrs. Flores has served as an educator and leader in the school district for the past 10 years. As a member of the founding educational team at Davis, Mrs. Flores has also been the administrative designee for the principal. In this role, Mrs. Flores has been an instructional leader, working closely with administration, teachers, students, and parents to build a learning environment and community focused on student academic achievement.

In addition, Mrs. Flores' firsthand leadership experience and in-depth knowledge of Davis Magnet School's mission, vision, and goals will assist her in maintaining the school's academic success and accomplishments. Parents, students, and the community are delighted with the district's choice and look forward to continuing to work with Mrs. Flores and the school.

# Costa Mesa *High School (7-12)*

2650 Fairview Rd., Costa Mesa, CA 92626 • 714/424-8700 • <http://cmhs.nmusd.us>



**Dr. Aaron Peralta**  
*Principal*  
7-8 Grade



**Dr. Phil D'Agostino**  
*Principal*  
9-12 Grade

## Vehicles for Science

Costa Mesa Middle School is pleased to announce its partnership with ExploreOcean, the home of the Newport Harbor Nautical Museum on the Balboa Peninsula, an organization dedicated to inspiring a new generation of ocean explorers. Over the course of two months, ExploreOcean will work with 71 seventh-grade students to build a remote-operated vehicle (ROV) while developing an understanding of science principles. This program, developed at the Massachusetts

Institute of Technology, is currently used in the robotics programs at the University of Southern California, Yale University, and Princeton University.

Students will work in teams to build their ROVs, with an emphasis on monitoring the problem solving, critical thinking, and questioning that occur along the way. As students give specific attention to the strategies they used to resolve confusions or meet challenges, they develop an understanding of and an appreciation for the process of solving problems. This understanding leads to confidence and resiliency across the curriculum. Additionally, students will develop collaboration skills as they work together through the build, innovation, and showcasing process. The implementation of the ROV program is a true opportunity to develop 21st-century learners.

The two-month grant will conclude with an opportunity for students to showcase their creations in the ROV Olympics. Students will use their ROVs to complete a number of challenging tasks, which will call upon their understanding of science and math concepts to determine the champions.



### School/Behavioral Problems Teen Issues/Bullying

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# Early College *High School (9–12)*

2990 Mesa Verde Dr., Costa Mesa, CA 92626 • 714/241-6108 • <http://earlycollege.nmusd.us>



**Kathy Slawson**  
Principal

## Tools for Tomorrow Helps Students Prepare for the Future

As part of the Early College High School senior project, an investment-management company helps ECHS senior students prepare for their future through a financial literacy program. Students “buy” stock that they monitor over the 12-week course. Each student researches his or her company to understand the reasons for fluctuations in the price of the stock. Random students are “cold-called” each week to give a short presentation explaining their findings.

Volunteers from the investment company cover topics such as interview skills with mock interviews, understanding budgeting, the banking system, financial markets and insurance. Volunteers lead students through games that illustrate the lessons, including bargaining for commodities



and negotiating loans for small businesses. At the conclusion of the program, participating ECHS seniors are invited to visit the company headquarters in Newport Beach to meet the CEO, see the trading floor, and be recognized for completing the program.

# Horace Ensign *Intermediate School (7–8)*

2000 Cliff Dr., Newport Beach, CA 92663 • 949/515-6910 • <http://ensign.nmusd.us>



**Dr. Gloria Duncan**  
Principal

## Pitching and Catching Kindness

*By Kathryn Peters, Writer, Seabee Buzz*

Recently, WEB (Where Everyone Belongs) student leaders led small-group demonstrations on the power of words designed to further enhance Ensign’s Community of Kindness. They brought “kindness catchers,” a folded-paper game with good qualities written on them and taught each student how to play the game. Before the WEB leaders directed students to turn to their neighbor and fill their kindness catchers with affirmations about that person, they watched a video titled “Words Hurt” made by WEB leader Molly McWhertor. Molly submitted her antibullying video to a national competition sponsored by the Be Kind People Project and won the grand prize.

When asked about the leaders’ efforts with the kindness catchers, our WEB advisor, teacher Kari Rush, replied, “Leading the WEB leaders in the Community of Kindness is a blessing for me. Watching them make a positive difference in the culture of the school is so unbelievably rewarding!”



The power of kind words.

# Eastbluff *Elementary (K–6)*

2627 Vista del Oro, Newport Beach, CA 92660 • 949/515-5920 • <http://eastbluff.nmusd.us>



**Cheryl Beck**  
Principal

## Response to Intervention

Eastbluff has a strong commitment to the academic achievement of all of its students. As we focus on our professional learning communities, we will also be utilizing the Voyager and LEXIA literacy intervention programs to help address the needs of some of those students who are struggling in reading.

These innovative programs are used in grades one to six, for targeted small group instruction, and within the universal access portion of the school day. Voyager and LEXIA are state-approved reading intervention programs that address the Big Five reading components of phonemic awareness, phonics, fluency, vocabulary and comprehension. Reading and math interventions are also being provided by Ms. Adams and Ms. Yoffa through our Learning Lab. We will continue to use the Accelerated Reader and Math programs to help reinforce our students’ reading and math literacy skills as well.

Another resource that is available to our students is the Reading and Homework Club. Mrs. Yoffa has opened the library each morning from 8 8:30 a.m. for the students to complete their homework, study for a test, or just sit and enjoy reading a book.

We are so proud of our students, and the great academic progress that they are making!

# Estancia *High School (9–12)*

2323 Placentia Ave., Costa Mesa, CA 92627 • 949/515-6500 • <http://estancia.nmusd.us>



**Kirk Bauermeister**  
Principal

## Congratulations, Production Drama!

The first show of the season for Estancia High School’s Production Drama Program was a huge success. They opened with William Shakespeare’s A Midsummer Night’s Dream and played to four nearly sold-out audiences. This was definitely Shakespeare as it has never been done before, set in a candy-land forest with pop music and complete with backup dancers as fairies and a crew of steam punk mechanicals.

The very modernized approach to this classic play had the audiences roaring with laughter and leaping to their feet night after night. The show was entered in the annual CETA (California Educational Theatre Association) competition and was awarded top honors for best high school play in Orange County, moving the cast and crew on to perform the entire show at a theater festival in January for over 1,000 students.

Congratulations to the entire cast and crew of Midsummer for a job well done!





## Harbor View *Elementary (K-6)*

900 Goldenrod Ave., Corona del Mar, CA 92625 • 949/515-6940 • <http://harborview.nmusd.us>



**Todd Schmidt**  
Principal

### Strategic Grouping

At the start of January, Harbor View Elementary began the process of implementing a Response to Instruction (RtI) model. First, pullout classes like music, physical education and computers were rearranged so that each grade level could have 90 minutes of common planning time. Then, each grade level, using common formative assessments, put students into groups based off their scores on these tests.

Students who have mastered an essential skill or standard have an opportunity for enrichment. For students who are struggling, there is an opportunity to work with a teacher in a

small-group setting where they receive additional time and support. Frequent checking for understanding allows for fluid movement between the groups, allowing students to move on quickly as they master a skill or standard.

It is an exciting time at Harbor View as we all come together to ensure that all students are learning at high levels!



**Fifth grade students enrich their math skills with Hands-On Equations**

## Abraham Lincoln *Elementary (K-6)*

3101 Pacific View Dr., Corona del Mar, CA 92625 • 949/515-6955 • <http://lincoln.nmusd.us>



**Jane Holm**  
Principal

### Lincoln Goes to Camp!

Sixth grade students at Lincoln Elementary traveled to outdoor science camp in the San Bernardino Mountains. While there, they learned about the flora and fauna of the mountain area while they hiked the mountain trails. They learned to identify many of the plant species and could identify signs of mountain creatures as they traveled through the forest. Astronomy night was a favorite; and the weather cooperated with a clear night that made for perfect viewing of planets and constellations. Of course camp songs and a skit night made for lots of fun and laughter. As one student put it, "It was the best week ever!"



**Lincoln students gather by buses before leaving for camp.**

## Heinz Kaiser *Elementary (3-6)*

2130 Santa Ana Ave., Costa Mesa, CA 92627 • 949/515-6950 • <http://kaiser.nmusd.us>



**Dr. Deborah Granger**  
Principal

### Home of Scholars and Champions!

The audience held its collective breath in anticipation, as Kaiser student Jaida Morgan correctly spelled the winning word in the 2012 N-MUSD Spelling Bee. By winning the contest, sixth-grader Jaida also won \$500 to help support our Kaiser library! Her victory energized the ongoing library support campaign, too, which included our Student Council members selling special holiday grams and then using the proceeds to purchase new books.

Jaida was officially honored for her feat at the district board meeting on January 8, and again on January 11 at the Kaiser Elementary Flag Deck Assembly. Director of Elementary Curriculum and Instruction Dr. Kurt Suhr presented Jaida with a check for the school library. Our Student Council representatives also presented Kaiser's librarian, Lori Sheppard, with a check in excess of \$200 to help support additional library book purchases. Mrs. Sheppard was very touched and honored by the commitment that our students have for their school.



**Jaida Receives Recognition at the N-MUSD Board Meeting.**

**Shirley Kwan, Student Council Advisor and 6th Grade Teacher; Deborah Granger, Principal; Kurt Suhr, Director- Elementary Education and Curriculum; John Caroompas, Spelling Bee Advisor and Jaidais 6th Grade Teacher; Jaida Morgan, Spelling Bee Champion; Walt Davenport, N-MUSD Board Member; Shannon Morgan, Jaida's Mother; Narisa Hoevatanakul, Jaida's 5th Grade Teacher; and Kristin Heeschen, 4th Grade Teacher; and Andrew Ntzouras, 4th Grade Teacher.**

The Kaiser Elementary School community honors all of its budding scholars and champions. Are you wondering about the winning word? It was "autism"!

## Killybrooke *Elementary (K-6)*

3155 Killybrooke Ln., Costa Mesa, CA 92626 • 714/424-7945 • <http://killybrooke.nmusd.us>



**Dr. Lorie Hoggard**  
Principal

### Leaders of Tomorrow

At Killybrooke School, we strive to help our students become the leaders of tomorrow.

Student council is our student leadership and service organization. Student council members learn communication skills, group decision-making processes, and human-relations skills. Our student council members play an important role in supporting school projects and serve as role models for our younger students, as well as their peers.

Student council has contributed to our school in many ways this year. They served as an advisory council to review playground safety procedures and helped make decisions about changes to improve playground safety. To support our school-wide character education program, the student council members delivered presentations to teach the primary students about being kind to others.

Andrew Camargo, a fourth-grade student council member, shared, "It made me feel great to help the younger kids be safer on the playground."

Our student leaders reached beyond our own school community to hold a coin drive and collect warm clothing to donate to Beach Park School in Queens, New York, after Hurricane Sandy devastated their school community.

Fifth-grader Amberly Guevara commented, "Being in student council will help me when I become a teacher someday. I am helping make decisions for the school, just like teachers do."

"Student council helps me to learn to work with other people," shared sixth-grader Kevin Mendoza. "Helping make decisions for the school makes me feel smart."





**Pam Coughlin**  
Principal

**A Green School**  
*By Mr. Qualey, Teacher – 5th Grade and Jackson Sawall, Student*

The Mariners Elementary School Green Team, made up of the student council members, is serious about saving energy. Mrs. Parole and Mrs. Mc Laughlin are the teacher leaders of the team. In October, we saved 20 percent over October 2011! This netted a savings of \$525 for our school. That was the largest savings of any school in the state of California. Great job, Mariners!

One way we have accomplished this is by setting our thermostats to vacation mode. Whenever Mariners is on break, the heating system (I wish I could say cooling system too!) is shut down so no energy is used. We also make sure all of our computers are shut down each night and every weekend.

In January, we had an assembly about what happens after our recyclables leave our school. Mr. Mike Carey, who is in charge of OCCs recycling program, informed the school about the seven different kinds of plastics and the ease of recycling each type. Type one is a typical garbage bag, three is clear plastic, such as water bottles, four is opaque plastic, such as milk cartons, and number six is Styrofoam. It is important to know what can and can't be recycled.

Keep up the great work, Mariners Green Team, students, and staff!



**Dr. Duane Cox**  
Principal

**Singing Out the Year**

At Newport Coast Elementary School, we are all working on our common mission to ensure high levels of learning for all students. Newport Coast Elementary has become a flagship school because of the progress we have made to address the needs of each child through professional learning communities. To achieve this status, we need the support of all of our parents, families and community members.

2012 ended with a focus on the arts at Newport Coast. The Winter Concerts were a showcase of student talent. With cameras in hand, parent filled our multipurpose room and enjoyed singing, laughter and holiday cheer. The students, with the support of teachers and parents, did a fantastic job. Mrs. Edmonds, Ms. Ntzouras and Mrs. Hoppe, our music teachers, beamed with pride as each grade level performed. Those students who participate in our extracurricular music programs, choir and the stringed orchestra were impressive. Congratulations to our Newport Coast Coyotes!

I am proud of all of the work that we are doing that contributes to the high academic achievement for all students.



**Amy Nagy**  
Principal

**Celebrating Our Students**

Newport Elementary School students are being celebrated across the curriculum. In addition to celebrating reading, on the first Friday of every month, we focus on a specific content area. Outstanding classes and individual students from every classroom are recognized and honored for their achievement in the academic area under focus.

During one celebration, Mrs. Mary Widtmann's fourth- and fifth-graders shared wonderfully written memory snapshots. More recently, during our performing arts flag deck, Jaycob Meinke performed a short, ballroom dance. To everyone's delight, Jaycob then taught the entire Newport El community how to cha cha. Seeing the whole school performing the cha cha was definitely one of the highlights of our year.

In honor of Black History Month, the focus of February's flag decks is history and social science. Sixth-graders will deliver Martin Luther King Jr.'s "I Have a Dream" speech.



**Meinke teaches Newport El students a new dance at a recent Friday flag deck.**



**Kathleen Jaquin**  
Principal

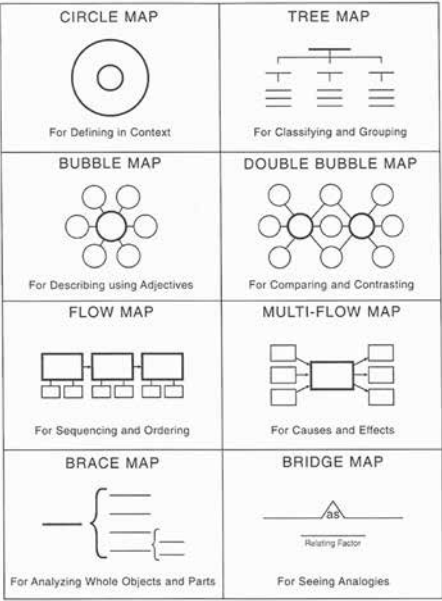
**A Tool for Learning**

This year our Newport Heights Elementary School students will be using some exciting new tools called "Thinking Maps."

Thinking Maps were developed by Dr. David Hyerle. They are visual, brain-friendly tools that help foster and encourage lifelong learning. The Maps are not meant to be an end unto themselves. Instead, they are a tool that our students can use to produce more thoughtful responses in reading, writing and projects.

Thinking Maps have been researched extensively. They reflect the eight types of thinking that our brains perform, as well as the way they organize information. These eight types of thinking are referred to as defining, describing, categorizing, sequencing, analogies, whole to part, compare and contrast, and cause and effect.

The students have been learning a map each week, and are now using them in each content area as they work hard to expand their thinking skills. Our students and teachers are very excited about these tools! You can expect to see them in your child's work and in the classrooms as you visit.



Have a fun Spring Break!

Our next issue is April 24.





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## A Valuable Community Resource

By Gayle Spinks, Foundation Member

Libraries countywide are reporting large increases in use, as the economy still shows little real improvement. This difficult economy seems to have sparked a continuing interest for free entertainment, as well as career help and job searches.

Our present libraries still cannot meet this demand. Studies in at least four states have shown that libraries more than pay for themselves in services. Internet workstations and free wireless connections have proven to be more than a convenience for students and adults alike. Libraries also keep our youth occupied, creating less chance of them finding unacceptable things to do. Many young and mature library patrons need the services our libraries provide to pursue interests and careers, and you cannot beat a library for the resources that are found within its walls! Libraries build a sense of community for all that use them, and vibrant communities are what makes a city desirable and livable.

# Good Dental Health

## Word Search Contest

Entries must be received by **March 15, 2013**  
From the correct entries one name will be drawn to win  
a \$20 gift certificate redeemable at Barnes & Noble.

Breads	Eggs	Milk
Brushing	Examination	Nutrition
Cereals	Fish	Orthodontist
Checkup	Flossing	Pediatric
Daily	Fluoride	Sugar
Dairy	Fruits	Tooth
Dentist	Guidelines	Vegetables
Development	Healthy	Water
Diet	Meat	Whole grains

**Congratulations to Julian Martinez**  
**Winner of the December Word Search Contest!**

## Rules!!!

One word in the list is NOT in the word search.  
When you have completed the word search, one word will be  
left and that word you email to:  
[Kay@schoolnewsrollcall.com](mailto:Kay@schoolnewsrollcall.com)  
(Please put NMUSD in subject line)

T	U	S	K	S	R	M	L	E	G	G	S	D	N	W
E	S	N	E	V	E	G	E	T	A	B	L	E	S	A
I	X	I	O	A	P	N	F	O	S	N	A	D	B	T
D	Y	A	T	I	Y	L	I	A	D	R	E	C	R	E
S	H	R	M	N	T	J	R	L	A	V	R	H	U	R
B	E	G	I	I	O	I	P	D	E	S	E	E	S	A
H	A	E	N	A	N	D	R	L	R	D	C	C	H	M
S	L	L	R	I	D	A	O	T	B	S	I	K	I	D
I	T	O	A	L	S	P	T	H	U	R	H	U	N	R
F	H	H	U	N	M	S	K	I	T	N	T	P	G	O
R	Y	W	W	E	C	V	O	A	O	R	O	E	L	J
U	S	Z	N	E	A	E	I	L	X	N	O	Z	M	T
I	J	T	R	L	T	D	D	E	F	B	T	I	A	Y
T	S	I	T	N	E	D	I	R	O	U	L	F	S	Q
S	I	W	N	P	Y	Q	L	B	S	K	E	V	F	I



## Newport Beach Public Library

1000 Avocado Ave., Newport Beach, CA 92660 • 949/171-3800 • [www.newportkids.org](http://www.newportkids.org)

### Spotlight on New Biographies



**Evelyn Rogers**  
Children's Librarian

Here at the Newport Beach Public Library, we are continually adding new titles to our collection so our young patrons have access to fresh, fun, and useful books. Let's focus on a few of the fabulous new biographies recently added to the children's collection.

*Bon Appétit! The Delicious Life of Julia Child*—Follow Julia Child, chef, author, and television personality, from her childhood in Pasadena, California and her life as a spy in World War II to the cooking classes she took in Paris, the publication of *Mastering the Art of French Cooking*, and the funny moments of being a chef on television.

*The Brontë Sisters: The Brief Lives of Charlotte, Emily, and Anne*—This sometimes heartbreaking youth biography explores the turbulent lives of these literary siblings and the times in which they lived.

*Electric Ben: The Amazing Life and Times of Benjamin Franklin*—A true Renaissance man, Benjamin Franklin was the first American celebrity. In pictures and text, this book documents Franklin's numerous and diverse accomplishments.

*Monsieur Marceau*—Marcel Marceau, the world's most famous mime, enthralled audiences around the world for more than 50 years. Learn about the story of the man in this gorgeously written and illustrated biography.

Check out these and many other great titles! Visit [www.newportkids.org](http://www.newportkids.org) to see the Newport Beach Public Library's catalog, calendar of events, and more.

**Happy Birthday  
Dr. Seuss**



### Note-ables



**Kate Karp**

### Grammaropolis

I don't often review multimedia, but this assemblage is exceptional. If you cringe at grammatical and usage errors and want your children to use language correctly—a key to future success—send them to Grammaropolis.

Grammaropolis is the hometown of the parts of speech. There's even a mayor—his name's Coert Voorhees, and he built this town. Mayor Voorhees is a former seventh-grade language teacher who found that his students had more fun personifying parts of speech than memorizing them. They learned them thoroughly, too, which is the idea.

"Sure, you can memorize the fact that an adverb modifies a verb," the Mayor said. "But if I show you a video of an adverb pulling a verb over for speeding and giving him a ticket, not only are you going to connect more deeply with that information but you're also going to have more fun doing it."

The CD, produced by indie-rock artist Dr. Noize and performed by the Mayor and other vocalists, is your Grammaropolis guidebook. Meet Roger the Pronoun who has this indefinite feeling about himself. Power couple Vinny the Action Verb and Lucy the Linking Verb rescue nouns from inaction and link up insecure ones with states of being. Interjections, the lives of the party, get invited everywhere. And there's Slang, spouting street stuff and stealing the show. Children—and you—can interact with them all through the website's games, e-books, quizzes, entertaining slide presentations, and hilarious, clever videos starring the sentence builders themselves.

Grammaropolis's website, [www.grammaropolis.com](http://www.grammaropolis.com), has a number of subscription options. Go play for a spell—or an entire paragraph.

Kate Karp is an editor for *School News Roll Call* and a freelance writer and editor.



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University of Chicago (A. Sun)

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## Orange County Department of Education

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## Promoting Student Success



**Dr. Al Mijares**  
Superintendent

Research shows that healthy children are more likely to have positive outcomes in school as well as improved physical fitness and mental health. Recent data at the national, state, and local levels raise much concern about obesity and the overall wellness of American citizens. Since 1980, obesity among children and adolescents in the United States has almost tripled. According to a recent study by Trust for America's Health and the Robert Wood Johnson Foundation, the number of obese adults has also grown dramatically in California over the past fifteen years, and is expected to grow significantly in the next twenty years. In 1995, the adult obesity rate was under fourteen percent, and by 2011, it had increased to almost twenty-four percent.

In Orange County, only thirty-nine percent of fifth, seventh, and ninth graders passed California's Physical Fitness Test in 2011. In addition, economic disparities have the potential to negatively impact the health and academic success of an alarming percentage of students in our county. Among fifth graders whose families have low-incomes, fifty-four percent are overweight or obese, compared to twenty-nine percent of non-economically disadvantaged students. Almost forty percent of low-income fifth graders are at high risk for Metabolic Syndrome (the precursor for Type Two Diabetes), compared to seventeen percent of their non-economically disadvantaged peers.

The economic implications can also be felt statewide. A study published in 2005 by the California Department of Health Services described the economic costs of obesity and physical inactivity and their collective impact on health care expenditures and worker productivity. The study found the total annual estimated cost to California for obesity and physical inactivity was \$41.2 billion. For Orange County alone, the estimated cost was \$3.3 billion.

It is clear that we have a lot of work to do to improve the health and fitness of our residents. Researchers propose using evidence-based strategies to improve nutrition and increase physical activity in our schools, neighborhoods, and work places, in order to significantly reduce obesity-related diseases and health spending in California. The school environment is one of several settings that can influence positive nutrition and fitness habits, and the Orange County Department of Education (OCDE) is committed to collaborating with schools and community members to address these important issues. Earlier this year, OCDE formed the Center for Healthy Kids and Schools which has staff dedicated to the areas of student health services, physical education and fitness, youth sports, nutrition education, and school-based mental health.

This year, the Center has established the Focus On: Obesity campaign which aims to prevent and reduce childhood obesity through programs such as Move More, Eat Healthy OC Schools!, a county-wide campaign designed to identify and spread solutions for improving health and fitness; Healthy for Life, a revolutionary approach where Healthy Classroom Fit Kits are being distributed and teachers are being trained to integrate physical fitness into their daily routine; and Kids Run the OC, which provides free training, tools, and resources to start an after school running program for students ages 6-12.


These are just a few of the programs available to support schools with implementing health and fitness activities on their campuses. I hope you'll take advantage of the many tools and resources available through the Center for Healthy Kids and Schools. We are committed to helping create cost-effective, sustainable partnerships and programs leading to systematic changes in school health environments that will produce healthy, fit kids who are ready to learn.

For additional information, visit

[www.ocde.us/healthykids](http://www.ocde.us/healthykids)


[www.ocde.us/healthyschools](http://www.ocde.us/healthyschools)

<http://www.ocmarathon.com/kids-run-the-oc/registration-kids-run-the-oc.aspx>



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Funding provided by the County of Orange Health Agency—  
Alcohol and Drug Education and Prevention Team (ADEPT)

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## Newport Harbor *High School (9-12)*

600 Irvine Ave., Newport Beach, CA 92663 • 949/515-6300 • <http://nhhs.nmusd.us>



**Michael Vossen**  
Principal

### Helping Others

Coach Matt Burns, Newport Harbor High School Surf Team, gathered items to donate to Manasquan High School Surf Team, New Jersey, where so many lost so much to Hurricane Sandy.

The team wanted to share with a high school team much like their own, items typical surfers could use.

The Newport team gathered items in November and the boxes arrived to Manasquan Dec. 18th.

Visit - 'Friends of Manasquan High School Surf Team' on facebook.



## Paularino *Elementary (K-6)*

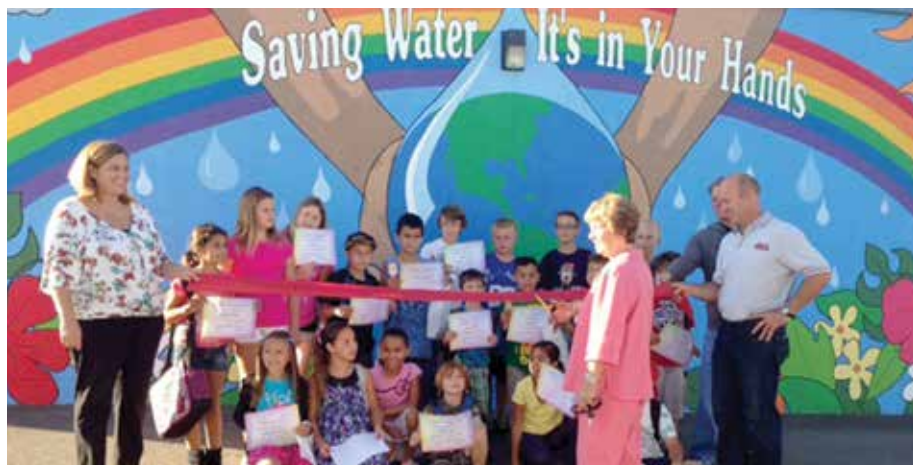
1060 Paularino Ave., Costa Mesa, CA 92626 • 714/424-7950 • <http://paularino.nmusd.us>



**Stacy deBoom-Howard**  
Principal

### Water Conservation

Paularino partnered with Operation Clean Slate to make a water conversation mural. The students had an assembly where they learned about conserving water both at school and at home. Students then had the opportunity to submit drawings of what they felt would show water conservation with one being selected for our new mural. The culmination was Saturday morning after our Campout where students and parents were able to take part in the actual painting of our wall. They worked alongside Mike Howard, CEO of Operation Clean Slate and volunteers from Pacific Life Foundation and Mesa Water. This was truly a team effort which made our campus more beautiful and taught lessons to our students about the importance of water conservation.



**Paularino students, who volunteered to paint, celebrate in the ribbon cutting of our new Water Conservation Mural.**

## Pomona *Elementary (K-5)*

2051 Pomona Ave., Costa Mesa, CA 92627 • 949/515-6980 • <http://pomona.nmusd.us>



### Moving in the Right Direction

The Pomona Elementary School parent community met in late November to discuss the direction they would like to see Pomona go. In addition to a strong focus on math, parents want to see more athletics, hence the addition of Pomona Fast Feet Running Club. Each Tuesday and Thursday, Coach Diane, the Spirit Run coordinator, and Coach Carlotta, a University of California, Irvine student and cross-country team member, lead a team of runners during lunch break.

At the first practice, 38 students got moving, participating in warm-up laps, sprints, stretching, and strength training. They next day, third-grader Maria Ramirez said, "Mrs. Brown, my legs are tired, but I can't wait until Thursday!"

Pomona Fast Feet will culminate with a field trip to the Spirit Run and the Costa Mesa Community Run, where they can choose to run a 5K or a one-mile course.

The Pomona community is grateful to our fabulous running coaches, who have our students moving in the right direction.

## Everett A. Rea *Elementary (K-6)*

661 Hamilton Ave., Costa Mesa, CA 92627 • 949/515-6905 • <http://rea.nmusd.us>



**Dr. Anna Corral**  
Principal

### We Go to Camp

Rea Elementary School sent 50 students to Arrowhead Ranch for sixth-grade camp for a week during February and beginning March. Students enjoyed the clean mountain air and were able to do many fun activities.

During their daily hikes, students learned about ecology, geology and wildlife. Students went on a night hike and saw star constellations and were amazed at how many stars they could see. The experience cultivated a lifelong enthusiasm and appreciation for nature.

Arrowhead Camp states that "the kids are here to hike, hear, see, feel, touch and smell science ideas and concepts outside of the classroom. They are able to interact with nature and their surroundings. We find that this hands-on alternative learning style is very effective in internalizing these science concepts into the lives of the children."



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Christine Anderson  
Principal

New Lunchtime Produce Bar

The Network for a Healthy California and our district Nutrition Services provides a wide variety of activities and services to help empower students and their families to increase fruit and vegetable consumption and physical activity with the goal of preventing obesity and other diet-related chronic diseases.

The Network for a Healthy California's number-one goal is to get students to eat more fruits and vegetables. At Sonora Elementary, the Network sponsors a

free monthly produce bar to encourage students and staff to try a wide variety of seasonal fresh fruit and vegetables. The produce bar is staffed by parent volunteers who talk with students about the produce and encourage them to try fruits and vegetables they may be hesitant to try.

The produce bar is in the multipurpose room on these Fridays: April 5, May 10 and June 7. All students, including students who bring lunch from home, are welcome to taste our colorful and healthy produce!



Rich Rodriquez  
Principal

Boys' Basketball: 2013 Season Outlook

By Kyle Domingo and Erik Ozuna, 8th-Grade Student Writers

Last year, the eighth-grade boys' basketball team finished with a 1-5 record. They barely made the playoffs, and they lost in the first round. This year, with a new coach and a different style of play, the eighth-grade basketball team looks to have a winning season ahead.

Coach Heredia, former varsity basketball coach for Estancia, took the year off coaching high school to coach the eighth-graders. "We're going to learn a lot, and it's going to be lots of fun," Mr. Heredia said.



Boys' basketball teams faced off with Ensign Intermediate in January's season opener.

We asked Evan Pettingill, who made this year's team, what he thinks about the upcoming season. He said, "I think that we have the right pieces that will make a good basketball team, and I am excited for the upcoming season,"

The first game took place on Jan. 10 against Ensign, a challenging opponent. Go Trojans!

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## Victoria *Elementary (K-6)*

1025 Victoria St., Costa Mesa, CA 92627 • 949/515-6985 • <http://victoria.nmusd.us>



**Dr. Linda Tenno**  
*Principal*

### Lasting Memories

Our Victoria sixth-graders traveled to Arrowhead Ranch in Lake Arrowhead this month for four days of Outdoor Science School. The students were thrilled to participate in these outdoor science activities. During their fun-filled stay they also learned some exciting concepts about astronomy, earth science and zoology.

Each day at camp was filled with songs, activities, hikes and games. The students loved their night hike under the stars to study the constellations. The “courage walk” during the night hike also challenged them to use their understanding of nature as they explored the wilderness.

Student Kathy Ochoa enjoyed the entertaining staff at Arrowhead Ranch and the night hike. Angel Morales loved the night hike because it taught him how to overcome his fears. Arielle Esparza loved seeing the snow for the very first time, while Keenan Lawrence enjoyed the food at camp and hiking in the snow at night.

Julie Orellana enjoyed meeting the camp counselors “Chit Chat” and “Pebbles.” And Victoria’s visit to Arrowhead Ranch created memories that will last forever!



**Victoria students enjoying the snow in Arrowhead Ranch**

## Wilson *Elementary (K-6)*

801 Wilson St., Costa Mesa, CA 92627 • 949/515-6995 • <http://wilson.nmusd.us>



**Dr. Julie Perron**  
*Principal*

### Respect, Responsibility, and Safety

At Wilson Elementary School, we focus on respect, responsibility, and safety while learning in the classroom and while enjoying our time on the playground.

At each Wildcat Spirit Rally, we recognize our Wildcat Award winners, who have demonstrated amazing respect, responsibility, and safety in both work and play. Each month, 23 students are acknowledged at our assemblies. In each area of respect, responsibility, and safety, we have collective and focused efforts on community. For example, we have a respect club that is planning a spring skit focusing on respect issues for students.

This group, Respect Check, writes and performs mini-skits, under the direction of their classroom teacher, Ms. Martin.

We also remember our need to be responsible, and our Green Team of sixth-graders focuses our efforts on environmental awareness on campus. At our latest Wildcat Rally, our Green Team went over the dos and don'ts of recycling at school in an educational and entertaining way

Lastly, safety continues to be at the forefront of our daily activities. We are involving our families in safe practices and continue to practice safety drills that keep our students calm and confident. Our PTA has also been involved in mock drills that focus on safety at Wilson.

Wilson Wildcats are respectful, responsible and safe in both work and play every day! Go, Wildcats!

## Whittier *Elementary (K-5)*

1800 Whittier Ave., Costa Mesa, CA 92627 • 949/515-6990 • <http://whittier.nmusd.us>



**Tracey Carter**  
*Principal*

### Mission Accomplished!

*By Margaret Anderson, Fourth-Grade Teacher*

What was life like during the early years of the California missions? One-hundred inquisitive Whittier students eagerly boarded a school bus in search of the answer. Their destination? The Mission San Juan Capistrano!

Upon their arrival, the fourth-graders gathered under an oak tree to hear the docent describe what life on a mission would have been like. Next, the students made adobe bricks just as the Acjachemen Indians would have done. Did you know that the original adobe bricks within the building's walls consisted of clay, straw, water and cow dung? Many students wondered if they were working with the same ingredients!



**Adobe brick making.**

Later, the students broke into class groups and toured the grounds. With the aid of audiophones they were able to ponder interesting facts about the 237-year-old site. As the tour neared its end everyone was in agreement that this was the best way to learn about California mission life.

## Woodland *Elementary (K-2)*

2025 Garden Ln., Costa Mesa, CA 92627 • 949/515-6945 • <http://woodland.nmusd.us>



**Lauren Medve**  
*Principal*

### Thank You Parents!

Thanks to Woodland's wonderful Parent Faculty Organization, Woodland students once again this year are able to enjoy creating their own masterpieces. One Friday, every month, Mrs. Caran Fahy and a team of volunteer parents offer students unstructured, hands on, free form experimentation with a variety of art media including oil pastels, watercolor pencils, tempera paints, dot markers, charcoal and more. Our December Recess Art Day was a huge success with approximately 250 students working on their own art masterpieces!

During the month of January, Woodland kindergarten students, under the direction on Mrs. Audrey Seidman, provided parents, family and friends with a trio of songs with a winter wonderland theme. Everyone attending enjoyed the concert. Thank you, Mrs. Seidman.



**Woodland recess art.**



## School Health Services

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000

# The Common Cold & School Attendance



**Merry  
Grasska  
RN, MPH,  
FNP-C**  
*Coordinator*

Schools are busy places where people gather and where cold-causing germs may be shared. Having a cold is the number-one reason that children miss school. Children may get up to eight colds a year, with each lasting an average of six days.

Children can avoid catching or spreading colds by frequent hand washing before eating and after coughing, sneezing or using the bathroom; sneezing or coughing into a tissue or an elbow; and keeping hands away from the face, eyes, mouth and nose.

Parents often wonder when they should keep their children home from school. NMUSD uses guidelines established by the American Academy of Pediatrics. We recommend that children stay home from school when a fever is present, when coughing is so strong and frequent that it interferes with learning, and when children are not feeling well enough for regular activities. Children may return to school 24 hours after a fever has resolved without the use of fever-reducing aids. If you are not sure when to keep your child home, contact the school nurse.

A cold will usually run its course, and rest and fluids may help your child. Of course, consult your health-care provider, especially if a cold gets worse. Going to school sick probably won't make a child worse, but it will increase the likelihood of spreading the cold to others. Please allow your child time to get better and help keep the school healthy. Healthy children learn better!

## Nutrition Services

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-5000 • [www.nmusd.us/depts/ns/resources\\_parent.php](http://www.nmusd.us/depts/ns/resources_parent.php)

# Revisiting New Year's Resolution



**Tiffany Chaves,  
MS Nutrition  
Science**  
*Nutrition Intern*

This year, you may have said, "I am going to lose 'x' number of pounds," "I really want to improve my health," or "I should learn how to cook nutritious foods." Whether your goal was to lose weight or improve eating habits, here are some great ideas to help you succeed!

Remember, by using these tips, you can make small changes that will help you achieve a healthy diet and lose weight too!

Get fiber. It's not only found in whole grains but also in fruits and vegetables! Try sautéing broccoli, spinach, and Brussels sprouts in olive oil and garlic or make a salad with pears and fresh cranberries.

Drink water. Most of us drink water when we are thirsty or break a sweat. In the winter months, when these feelings are dulled by the cold weather, it's easy to forget to drink the eight eight-ounce glasses of water that our bodies need each day. Try filling up a 32-ounce bottle with water and bring it with you to work, to run errands, or to keep you on track when you are at home.

Eat colors. What does your fruit and vegetable bowl or grocery bag look like? Eating a variety of colors provides your body with a wide spectrum of nutrients that help protect your immune system and provide energy.

Start off your year right by including fiber in your diet, drinking plenty of water, and eating a variety of colors every day for a nutritious way to succeed through 2013!

## School Readiness

2985-A Bear St., Costa Mesa, CA 92626 • 949/515-6622

# Preschool Enrollment for 2013-14



**Peggy  
Nguyen**  
*Coordinator  
Early Childhood  
Education*

The NMUSD Preschool Program has gained statewide and national recognition for its quality program that prepares young children to succeed in the K-12 system and beyond.

Our high-quality preschool program provides children with a broad range of experiences to develop age-appropriate skills in social-emotional, language, literacy, cognitive and motor-developmental domains. We utilize research-based curricula aligned with kindergarten standards.

Children in our classrooms experience preschool as a place with caring adults who are fully engaged with children's learning throughout the instructional day. Families are important in the educational process, and we strive to engage all families in meaningful partnerships.

Families with preschool-age children are encouraged to become a part of our program. NMUSD preschools are now enrolling children for the 2013-14 school year. Preschool students for 2013-14 must be born between Oct. 2, 2008, and Oct. 1, 2010. We have state-funded programs in which families qualify based on income at eight elementary sites: College Park, Killybrooke, Paularino, Pomona, Rea, Sonora, Whittier and Wilson schools. NMUSD also has a tuition-based program at two elementary sites: Harbor View and Davis Elementary.

Please call our School Readiness Resource Center for more information about how to enroll.

## English Language Learners

2985-A Bear St., Costa Mesa, CA 92626 • 714/424-8983

# Happy New Year!



**Karen  
Kendall**  
*Director*

The year 2013 promises to be a great one for the thousands of English Learners in the Newport-Mesa Unified School District. That's because our parents and guardians are busy learning about our educational culture and language with the help of the District English Learner Advisory Committee (DELAC). This group meets once per month to help parents navigate through these often complex explanations.

DELAC is led by eight co-officers who demonstrate extraordinary leadership and vision. Those elected in October 2012 were Co-Chairs Carmen Ramirez and Lupe Palomares; Co-Vice Chairs Marisol Lopez and Rocio Nila; Co-Secretaries Enriqueta Zendejas-Rodea and Ruth Hernandez; and Co-Parliamentarians Yesi Baires and Adelmira Rosas.

Our students are intent upon learning. Therefore, a myriad of activities and interventions are in place at each school to make sure that every English Learner is receiving the targeted instruction that he or she requires.

For example, we have assessed every English Learner as to his or her instructional reading level in English so that we can target the appropriate interventions when they are struggling. An additional goal is to reclassify every English Learner to Reclassified Fluent English Proficient (R-FEP). Before February 28, 2013, each school is also examining the reclassification criteria to see that eligible English Learners are reclassified to R-FEP. This is an exciting time for celebration, as hundreds of our former ELs will now be reclassified to R-FEP.

We will continue with our laser-like focus on student achievement for all English Learners!

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NMSQT®) are the only program participants who have an opportunity to advance to the Finalist level and compete for National Merit Scholarships. About 8,300 of the outstanding Finalists will be chosen as Merit Scholarship® winners. In 2012, N-MUSD had 8 NMSF's. [http://www.nationalmerit.org/student\\_guide.pdf](http://www.nationalmerit.org/student_guide.pdf)

By fall 2013, all administrative staff will be trained in the development, implementation, and supervision of lesson design to ensure access for all students to a guaranteed and viable curriculum.

Behavior

By fall 2013, Newport-Mesa USD schools will implement Restorative Justice or similar system at all schools.

What is meant by Restorative Justice? A focus on student behavior policies and practices that rely on: character education, positive behavior intervention and support, improved student behavior, nurturing environment, and appropriate discipline.

Creativity - Innovation

By June 2013, schools will explore opportunities and assess capacity to offer innovative programs at their site.

How is the District Pursuing This Priority? The District is currently exploring ideas and options for creating flagship programs for each zone. Newport-Mesa consists of 4 school zones: Estancia, Costa Mesa, Newport Harbor and Corona del Mar. The goal is to establish 1 Academic and 1 Arts Flagship Program in each zone. We are beginning the process with the Estancia Zone and will then move to the remaining zones. <https://nmusd-ca.schoolloop.com/flagshipprograms>

District Transportation

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Safety First



**Pete Meslin**  
*Director*

Recent trips overseas have increased my appreciation for just how safe our school buses and drivers are. The U.S. school transportation system is world renowned for the extra effort we take to ensure every student's bus ride is the safest possible. I was fortunate enough to be invited to China to discuss our school bus safety practices. Although they are making significant progress, they have a long way to go in order to reach our standards. For example, we spend dozens of hours in driver training. Listed below are some of the topics on which NMUSD drivers have recently trained.

- Safe Turning Maneuvers
- School Bus Security
- Laws, Rules, and Regulations
- District Policies and Procedures
- Behavior Management
- Vehicle Components
- Defensive Driving
- Mountain, Snow, and Ice Driving
- Emergency Medical Procedures
- Customer Service
- Child Abuse Awareness & Reporting
- Bullying Prevention
- Data Usage & Confidentiality

Our safety record reflects the thoroughness of our training program.



**Dr. Fred Navarro**  
*Superintendent*

que pasan a ser Semifinalistas con base en su desempeño en la Prueba Preliminar SAT/Becas de Mérito Nacional (PSAT/NMSQT®, por sus siglas en inglés) son los únicos participantes del programa que tienen la oportunidad de avanzar al nivel Finalistas y competir para recibir una Beca de Mérito Nacional. Cerca de 8,300 de estos estudiantes sobresalientes pasarán a ser Finalistas y serán seleccionados como ganadores de una Beca de Mérito®. En 2012, el distrito N-MUSD tuvo 8 NMSF's. [http://www.nationalmerit.org/student\\_guide.pdf](http://www.nationalmerit.org/student_guide.pdf)

Para el otoño de 2013, todo el personal administrativo habrá recibido capacitación en el desarrollo, implementación y supervisión en el diseño de lecciones para asegurar que todos los estudiantes tendrán acceso a un plan de estudio garantizado y viable.

Behavior - Conducta

Para el otoño de 2013, las escuelas del Distrito Newport-Mesa implementarán la Justicia Restaurativa, Restorative Justice, o un sistema similar en todas las escuelas.

¿Cuál es la definición de Justicia Restaurativa? Un enfoque en los reglamentos y práctica de conducta estudiantil para concentrarse en: la educación de carácter, intervención y apoyo en la conducta positiva, mejorar la conducta estudiantil, un entorno favorable y disciplina apropiada.

Creatividad - Innovación

Para junio de 2013, las escuelas habrán explorado oportunidades con el fin de evaluar la capacidad para ofrecer programas innovadores en cada campo escolar.

¿Cómo va el Distrito a lograr esto? El Distrito está actualmente explorando ideas y opciones para crear programa distintivos para cada zona. Newport-Mesa está formado por 4 zonas escolares: Estancia, Costa Mesa, Newport Harbor y Corona del Mar. La meta es establecer 1 programa distintivo académico y 1 en las artes en cada zona. Estamos empezando el proceso en la Zona Estancia y después continuaremos con las demás zonas. <https://nmusd-ca.schoolloop.com/flagshipprograms>



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## On The Run

# Bunion Pain in Runners



**Dr. Doug Richie**

A bunion deformity of the foot can be a major disability for a runner. Often misunderstood, a bunion is a deformity of the great toe joint which causes shoe fit problems as well as arthritic pain with range of motion during walking and running.

One type of bunion is known as hallux valgus which causes a gradual drift of alignment of the great toe towards the smaller toes while a bone "bump" begins to project to the inside of the foot at the great toe joint. This condition primarily poses shoe fit challenges to assure that the bunion does not rub on the upper of the shoe. Generally, buying wider shoes or width sized shoes will solve this problem.

Another type of bunion is found in a condition known as hallux rigidus which is an arthritic condition of the great toe joint. A bump often forms on the top of the joint which can rub in the shoe. More disabling in this condition is arthritis in the great toe joint which causes progressive stiffness and pain with walking and running. Other than modifying shoe fit, surgery is often required to relieve pain and allow the patient to return to running.

Regardless of the the type of bunion deformity, the initial treatment should be focused on finding a proper fit and appropriate design of a running shoe. In addition to finding a shoe with a wide and deep toe box, the runner with a bunion deformity should seek a shoe with maximum stiffness to prevent bending of the great toe joint. A specialty running shoe store will likely have employees who are trained to help select and fit shoes to runners who have special needs such as a bunion deformities and arthritis of the great toe joint.

Dr. Doug Richie is a sports podiatrist who has practiced in Seal Beach for 28 years. He is president of the American Academy of Podiatric Sports Medicine and serves as a medical advisor to U.S. A. Track and Field. 562/493-2451



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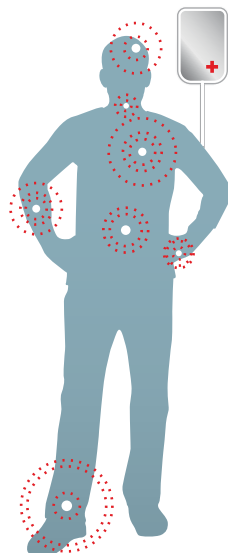
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