School Aews



Education + Communication = A Better Nation

Covering the Newport-Mesa Unified School District

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Ms. Yoffa's Book Club



Cheryl Beck, Principal Eastbluff Elementary School

Have you heard that Oprah has a popular Book Club? Well, Ms. Yoffa has begun a book club at Eastbluff too! Our enthusiastic readers, Kindergarten through 6th grade were invited to read Mr. Popper's Penguins and met on December 7th to engage in an interesting discussion about the book! Mrs. Fratantaro shared her photos of real Adelie Penguins, which she saw on her Antarctic Expedition a few years ago. Our Librarian, Ms. Yoffa led the book discussion about the Popper Family and their penguins. The students really enjoyed the book and thought having snow and ice in the living room would be fun!

Students and staff alike dressed in black and white for this event. enjoyed yummy black and white treats, and had a great literature experience.

We are looking forward to our next Book Club selection to read and discuss in the spring!

Eastbluff Elementary School students enjoy Ms. Yoffa's Book Club.

Varsity Basketball Team Lifetime Winners

By Michael Vossen, Principal Newport Harbor High School

Newport Harbor High's varsity basketball coach, Larry Hirst, has the recipe for a successful program that combines basketball skills, character and community service.

Coach Hirst, assistant coaches Bob Torribio, Jason Carey and players traveled to Puerto Rico to play in the inaugural Island Jam Basketball tournament. They also spent time with children less fortunate.

The players brightened the day of children

at a pediatric cancer ward, bringing them Beanie Babies and T-shirts. Many of the patients asked the players to "friend" them on Facebook. To Coach Hirst's surprise, most of the players did so immediately on their phones.

On the last day after losing in double overtime, there was no time to feel sorry for themselves. They visited a center for abused children, bringing basketballs and school supplies. "Many of these kids had only the clothes on their backs," one student commented.

Though the team missed Thanksgiving with their families, they had an experience of a lifetime becoming part of the world's greater family. NHHS's basketball program is about more than winning-it's about developing the inner character of each player, resulting in lifetime winners.



Coach Hirst, assistant coaches Bob Torribio, Jason Carey and players traveled to Puerto Rico to play in the inaugural Island Jam Basketball tournament. They also spent time with children less fortunate.



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Kay Coop Founder / Publisher



From academics to athletics to fine arts to community service—students are busy and this issue is full of fun articles of their experiences. Be sure and read the Visual and Performing Arts article on page 5...lots of performances are planned for your enjoyment.

The Camps/Activities Section beginning on page 10 offers ideas for Spring and Summer. Yes, it is already time to think about fun!

Thank you for including School News Roll Call among your reading choices. Our next issue is April 20. Have a wonderful Spring Break!



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www.schoolnewsrollcall.com

Covering the NEWPORT-MESA UNIFIED SCHOOL DISTRICT



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Experience the Arts!

Scott Fitzpatrick, Lead Teacher

Spring coming and we are excited for the many opportunities our students will have to experience the arts! We know that students who have consistent hands-on experience in the arts are statistically shown to have higher school attendance, be more likely to sign up for student leadership positions and graduate from High School, read for pleasure and many other outward evidences of positive academic results. We also believe that students who experience the arts feel more connected to each other and their community at large.

District-Wide Events

District Vocal Festival Tuesday, March 29, 6:00pm Large Gym at CMHS

District Instrumental Festival Tuesday, April 19, 7:00pm Large Gym at CMHS

District Elementary Instrumental Workshop Wednesday, June 1, 6:00pm Large Gym at CMHS

District Dance Showcase Friday, June 10, 7:00pm Saturday, June 11, 7:00pm

We invite you to these upcoming events and encourage you to check at your school site for a complete listing of arts opportunities they will enjoy this spring. Together we keep the arts alive in Newport-Mesa!

Loats Auditorium at NHHS **Upcoming site performances:**

Ensign Beginning Band Wednesday, March 9, 7:00pm Loats Auditorium at NHHS

Ensign Beginning Band, Concert Band & Choir Tuesday, June 7, 7:00pm Loats Auditorium at NHHS

NHHS Dance Performance February 10, 11 and 12, 7:00pm Loats Auditorium at NHHS

CMHS Choral Department Evening of Solos Monday, March 7, 7:00 p.m. Harbor Trinity Church

CMHS Music Department Costa Mesa Cabaret An Evening of Jazz Wednesday, March 23 6:45 & 8:15 p.m. CMHS Cafeteria



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Make the Most of Your IRS Income Tax Refund



Jeffrey A. Napper President & CEO LBS Financial Credit Union

Happy New Year! 2011 is upon us and tax season is just around the corner. If you're expecting an IRS income tax refund this year, you'll want to make sure that you maximize the use of the funds you will receive. This money can help provide you a boost to your financial goals. Here are a few suggestions:

Pay Off Debts

If you have credit card bills or incurred some debt during the holiday season, this is the time to pay it off or pay it down. Carrying a balance on credit cards can cost you a lot of money. It's also always good to apply extra payments to your vehicle loans or apply an extra payment towards your mortgage principal.

Increase Your Savings

Build or add to your rainy day fund by depositing your income tax refund check into your savings, money market, or even open a CD account. It's always good to have extra funds to pull from for unexpected budget challenges.

Open an IRA account

Open an Individual Retirement Account (IRA). You have a choice between a Traditional or a Roth IRA. The benefit of a Traditional IRA is that the contributions you make may be tax-deductible in the year that you make the contribution. With a Roth IRA, your contributions are made on an after-tax basis.

Use It as a Down Payment

If you are planning on buying a home, use your tax refund towards a down payment on a house. Or if it's time for you to purchase a new vehicle, use your tax refund as part of your down payment on a new car.

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Newport Beach Fire Department

P.O. Box 1768, Newport Beach, CA 92658 • 949/644-3104



Exit Drills in the Home

If a fire occurred in your home, would you and your family know what to do? Once a fire has started, there is no time to plan an escape. The Newport Beach Fire Department would like to encourage you to take a few moments and develop and practice E.D.I.T.H., or "Exit Drills In the Home with your family members. Here are a few tips to help you plan, and practicing them can mean the difference between life and death for you or a loved one.

Draw a Floor Plan of Your Home

Sit down with your family and draw a floor plan of you entire house, including doors, windows, stairs, halls, and balconies. Whenever possible, show two exits from every room. You may need to include an emergency escape ladder for second story windows.

Practice Your Escape Plan

Practice your family's escape plan at least twice a year, making sure that everyone is involved. After a daytime practice drill is held, it's a good idea to hold a night or lights-out drill as well. Catching children off guard, however, will not increase the value of the drill. Telling them there will be a drill before they go to bed can be as effective as a surprise drill. If anyone in your household does not readily waken to the sound of the smoke alarm, or if there are infants or family members with disabilities, make sure that someone is assigned to assist them in a fire drill and in the event of an emergency.

Make your Escape Realistic

No matter how often or how well you practice, things will be different during an actual fire. Help prepare your family by designing a number of different scenarios. Pretend that a room is filled with smoke or an exit is blocked by fire, then practice alternative escape routes.

Agree On a Meeting Place

Designate a place outside your home where the members of your household will gather after escaping a fire. This will allow you to count heads and inform the fire department if anyone is missing or trapped inside the house. As soon as possible, send a member of the family to a neighbor's house to call 9-1-1. This is often faster than calling on a cell phone, but if a cell phone is the only thing available, call 9-1-1 on it. Also, once outside never re-enter the burning structure, especially for material possessions. Firefighters will arrive shortly to assist with this.

Once a fire starts, it spreads rapidly. Normal exits, halls and stairways become filled with intense heat, poisonous gases and blinding smoke. Because smoke and heat both rise, cleaner air will be found near the floor. If you encounter smoke when using your primary exit, use an alternative escape route. If you must exit through smoke, crawl on your hands and knees, keeping your head 12-24 inches above the floor.

Test Doors Before Opening Them

If you must enter or exit a room through a closed door, test the door with the back of your hand before opening it. If it's warm to the touch, use another escape route. If it's cool, open it with caution. Put your shoulder against the door and open it slowly. Be prepared to slam it shut if there is smoke or flames on the other side.

If You're Trapped

If smoke, heat or flames block your exit routes, stay in the room with the door closed. Stuff the cracks around the door to keep smoke out. Wait at a window and signal for help with a flashlight or by waving a light-colored cloth. If there's a phone in the room, call 911 and report your exact location.

Finally, a key component to early fire detection is a working smoking detector. Test your smoke detectors monthly and change your batteries semi-annually.

The Newport Beach Fire Department wishes you a fun, safe 2008 and if you have any questions, please call us at 949-644-3104.

Adams Elementary (K-6)

2850 Clubhouse Road, Costa Mesa, CA 92626 • **714/424-7935**



Gabriel DelReal Principal

Reading is Delicious!

By Robyn Reese- First Grade

The first grades at Adams Elementary School are combining healthy food choices and differing genres of children's literature in partnership with NMUSD's nutrition services and the Network for a Healthy California.

In November, we read *The Very Hungry Caterpillar*, by Eric Carle, and taste tested the fruits and vegetables that the hungry caterpillar ate. The caterpillar cuisine was watermelon, oranges, strawberries, and a spinach leaf.

In December, we read Dim Sum for Everyone, by Grace Lin, which is a multicultural story in the first grade English Language Development curriculum. We taste tested veggie dim sum pot stickers in class. In March, we plan to read the traditional Irish folk tale, Stone Soup and make a big pot of it.



The first grade teachers and students wish to extend a great big thank you to Geoff Ianniello and Pam Williams with NMUSD nutrtion services for visiting our classrooms and making connections from healthy foods to literature. Our students will remember your healthy, positive, and caring influence for years to come. Bon apetit!

Roy O. Andersen Elementary (K-6) 1900 Port Seabourne Way, Newport Beach, CA 92660 • 949/515-6935



Laura Vlasic Principal

Andersen CAN Adopt-A-Family Project

The buzz at Andersen Elementary has been filled with gifts of giving as we head into the New Year 2011. Andersen CAN (Children Addressing Needs) is our school community service outreach program. It is a coalition of student council, students, teachers and PTA working hand-in-hand to administer projects envisioned and driven by our own students. Student Council voted on the community service projects they would handle throughout the year. Andersen CAN adopted seven families (one for each grade level) during the holiday months and provided a complete meal box and food gift cards for each family.



Andersen CAN prepares canned food for seven adopted families.

For our next community service projects, Andersen CAN will be collecting sports clothing ongoing that will focus on providing sports uniforms to impoverished and disadvantaged children throughout the world. Additionally in the spring, our Librarian Peggy Rains will kick off Pennies for Peace by reading Three Cups of Tea, and our schoolwide focus will be collecting coins.

Salitornia Elementary (K-6)

3232 California Ave., Costa Mesa, CA 92626 • 714/424-7940

Back Bay/Monte Vista Ave., Costa Mesa, CA 92627 • 949/515-6900 High School



Debbie -Lucker Davis Principal

Two Fully Accredited Choices

Students who are looking for a different educational experience choose to attend one of the schools at the Alternative Education Center located off Irvine Ave. Many times the transition to high school from Middle School can be a rough spot in school and many students fail five or six classes in 9th grade. Failing classes make it impossible to graduate from the comprehensive high schools unless you make up the credits through ROP, Adult Education or summer school. By the time students reach their senior year, being behind in credits makes graduating on time impossible. Credit

deficiency is the main reason students apply to attend Back Bay. Students can make up credits through the trimester system and have opportunities to contract independent work. With the addition of the Credit Recovery Program students have opportunities to make up missed classes while working on line.

Students who find themselves in Monte Vista Independent Study need more time outside of school and work well at home independently. Those students frequently need time away from the comprehensive site for personal reasons or to maintain a full time job, pursue a career, or train for a competitive sport. Both schools are fully accredited by the state of California and meet all Newport Mesa graduation standards. If you are struggling in school and think a change might be the answer meet with your high school counselor and the possibilities Back Bay and Monte Vista have to offer.

Play Leaders

California School is off and running with their Play Leader Program.

Kelli Smith Principal

Several student council

students have signed up to be Play Leaders on the playground during the kinder and first grade lunch period. They model playground behavior, get students involved in learning the rules to new games and are available for assisting with disagreements when they arise. Play leaders have been trained in Peer Mediation techniques and utilize these skills when helping students solve problems.

California School is very lucky to have such outstanding student leaders!



College Park Elementary (K-6)



Julie McCormick Principal

Thank You to **Shoes that Fit**

The organization 'Shoes that Fit' and a local store donated 50 pairs of shoes to College Park students. Shoes That Fit is an organization that brings retailers and

schools together via shoe donations. The organization believes that every child deserves a new pair of shoes that fit. Students were very excited to receive their gift of a new pair of shoes!

We would like to congratulate Taylor Sundquist and Vanessa Valdivia as the two finalists from College Park who participated in the district Spelling Bee a few weeks ago.



Students from Corona del Mar High School ASB who helped in the distribution of SOS baskets to College Park families during the holidays.

Corona Del Mar High School

2101 Eastbluff Drive, Newport Beach, CA 92660 • **949/515-6000**



Tim Bryan Principal, 9-12 Grade



Guy Olguin Principal, 7-8 Grade

Where Education Gets Down to Business By Tera Kelly, ROP Career Specialist

Each semester, Coastline ROP offers career opportunities and internships to students from five local high school districts. This spring, sophomore, junior and senior Corona del Mar High School students will vie for coveted "partnership" classes, hoping to add one more area of interest to their portfolios. The top three classes include: ROP Emergency Medical Responder, and ROP Hotel and Tourism Internship and Baking and Pastry.

Anita is one such student who took advantage of an internship program. As Corona del Mar alumna, she registered for the ROP Animal Healthcare Internship. She hoped to investigate careers in Veterinary Science. An unforgettable thrill of a lifetime occurred when Anita's class took a field trip to the circus. During the class visit, Anita was actually called upon to use her skills assisting a medical aid on a zebra! Anita now attends UC Davis and is exploring her global job market.

Today's workforce is looking for CdM students like Anita—young, creative minds and bright analytical thinkers. Thanks to our local business partners as internship providers, Coastline ROP classes, and the support of the Newport-Mesa Unified School District, we will continue to provide today's workforce with students of excellence — ready for the global job market.

Oavis Magnet School (K-6)

1050 Arlington Drive, Costa Mesa, CA 92626 • **714/424-7930**

Costa Mesa High School (7–12)

Phil D'Agostino

Principal, 9-12



Aaron Peralta Principal, 7-8 Grade

DELTA Assembly

The DELTA program is a unique math, science, and technology pathway at Costa Mesa Middle School in its first year. Delta seventh graders from Mrs. Kelly's, Mr. Center's, & Mrs. Clarks honors science and math classes had their first assembly presented by the Discovery Science Center. Students were engaged as the presenter wowed them with spectacular, colorful chemical PH reactions. Students were amazed by the reaction of introducing hot and cold air into balloons, ending in an

explosion as the gases expanded in a closed container.

The assembly concluded with a fountain of expanding foam that continued in a never ending stream and culminated with a crescendo of explosions as flammable gases reacted with oxygen. It was an exciting presentation enjoyed by all!





Dr. Kevin Rafferty Principal

After School Academy Classes

All Davis Magnet School students in kindergarten through sixth grade have the opportunity to attend free After School Academy classes. Four different five-week after-school enrichment cycles are offered throughout the school year. Each class meets on a particular day of the week immediately after the regular school day ends. The After School Academy classes being offered in our second session include:

Inventors Workshop is designed for students in grades four through six. Whale and Marine Mammal Adaptations and Diversity is offered for students in all grade levels. Drumming and Dancing is

designed for students in first and second grades. Ducks, Ducks, and More Ducks...and Other Birds, Too is offered for kindergarten and first-grade learners.

The After School Academy classes are very popular, and each section has filled up fast. We look forward to offering students at all grade levels a variety of unique and enriching after-school learning opportunities as the school year unfolds.

The next two five-week After School Academy sessions will begin in March and May. The course-content and the grade-level offerings for our various After School Academy classes will be determined as we move through the year.

In addition, Davis Magnet School offers fee-based after-school classes as well. Academic chess and the LEGO Club are available for all students.

Eastbluff Elementary (K-6)

2627 Vista Del Oro, Newport Beach, CA 92660 • 949/515-5920



Cheryl Beck Principal

Ms. Yoffa's Book Club

Please see our article on the front page.

Early College High School (9–12)

Kathy Slawson Principal

Life After High School

Students at Early College High School have been traveling to college campuses to learn more about the different opportunities available to them when they complete their Associate of Arts degree and transfer to a four year college. This year our juniors have toured University of California at Riverside and Chapman

By touring around campus and having the chance to visit with college students, mingling in the student union and seeing what a dorm is like, ECHS students get an education and an opportunity

to make decisions regarding college plans. Students also receive information about tuition, textbook fees and living on campus.

Each year ECHS students visit college campuses to emphasize the importance of continuing their education beyond the AA degree from Coastline. The students enjoy the tours and appreciate the opportunity to catch a glimpse of college life while imagining and planning what the future holds for them.



Estancia High School (9–12) 2323 Placentia Ave., Costa Mesa, CA 92627 • 949/515-6500



Kirk Bauermeister Principal

EHS Students "Teach to Learn"

Estancia High School offers a unique class for students who are interested in becoming teachers. The "Teach to Learn" class is offered through Coastline ROP and the national organization Project Tomorrow. Students enrolled in the class learn how to develop California standards-based science lessons and present those lessons to elementary school students under the guidance of Mr. John Carpenter.



Student Fredy Herrera is teaching a lesson to second grade students at Wilson Elementary on how the planets orbit around the sun.

Estancia students design detailed lesson plans, Power Point presentations, hands on lab activities, and worksheets to accompany each lesson. The high school students then teach the 45 minute lesson they have developed in groups of four to first and second grade students at Wilson and Paularino Elementary Schools.

The Teach to Learn program helps students learn the importance of collaboration, responsibility, organization, classroom management, and instructional time. The program also provides students the opportunity to determine if the teaching profession is a career pathway they would like to pursue in the future.

Horace Ensign Intermediate School (7-8) 2000 Cliff Drive, Newport Beach, CA 92663 • 949/515

Congratulations Mrs. Cross



Steve McLaughlin Principal

Ensign Intermediate School is excited to announce our 2010-2011 Teacher of the Year, Mrs. Kristine Cross. Mrs. Cross has taught all levels of English/Language-Arts from Honors to

Each day in Mrs. Cross' room she creates an experience that looks at what each student needs and attempts to improve their reading, writing, and critical thinking.

In addition to teaching, Mrs. Cross serves as our online Journalism advisor, head track coach, and English department chair. We are so proud to have Mrs. Cross represent the many great teachers at Ensign as Teacher of the Year.



Harbor View Elementary (K-6)



Charlene Metover Principal

Something for Every Interest

Harbor View students enjoy the opportunities for enrichment all year long in several areas. This spring there, in addition to many others, they are excited about the second year of our Harbor View Track Team. Working after school, with parent coaches, students run a course up and down the hills on our school campus preparing for racing in the Orange County Marathon for Kids and the Corona del Mar Track Meet held at Corona del Mar High School. Also, a tennis program began in January and offers lessons on our playground.

Students in 4th, 5th, or 6th grade, whose interests go in a different direction, may audition for a part in this year's school play. Seussical, the Musical, brings alive many stories told by Dr. Seuss and provides a myriad of parts which showcase the talents of our students. We invite you to call the PFO for tickets to the performances which will be in May. Or, a student can take guitar lessons on Wednesdays or be part of Chorus on Mondays and Thurdays!

And, if isn't enough, academic students can participate in Math Club or Math Team! Math Club meets to explore math puzzles, manipulative, and technology for fun. Math Team focuses on learning skills as a team to complete in the Orange County Math Field Day against schools from all over Southern Orange County. Students who's interests turn to Science can experiment on Mondays after school or join the Spanish club on Tuesday afternoons!

Heinz Kaiser Elementary (3-6)

2130 Santa Ana Ave., Costa Mesa, CA 92627 • **949/515-6950**



Jerry Vlasic Principal

Teacher of the Year!

Kaiser Elementary School is proud to recognize Audrey Seidman as our school site's Teacher of the Year. Mrs. Seidman is the consummate professional music educator. Her band, orchestra, and vocal students exhibit the finest concert readiness despite Mrs. Seidman's concern that "her (very curly) hair

had gone straight" after hearing one particularly sour note!

She always places the needs of students first, and as a result of her dedication and leadership, was awarded a joint grant with Woodland School last year totaling over \$13,000 for new music instruments for our school community.



Audrey Seidman

In addition, Audrey graciously reworked her schedule and took the initiative to do so. As a result, Kaiser has morning classes before school for students who wish to have more advanced preparation in instrumental music. Our morning program is so successful that we are always on the search for more instruments! Congrats, Mrs. Seidman!

Killybrooke Elementary (K–6) 3155 Killybrooke Lane, Costa Mesa, CA 92626 • 714/424-7945



Kathy Sanchez Principal

Healthy and Happy Students a Priority

We are excited about helping our students lead an active and healthy lifestyle. On February 7, Killybrooke staff members, parents, and community volunteers began training students for Kids Run the OC. Students will participate in a 10-week program two days a week after school in which they accumulate the equivalent of 25.2 miles of activities and games. Students will also have the opportunity to participate in the Newport-Mesa Spirit Run at Fashion Island on March 27, the City of Newport Beach track meet on April 8, and the Costa Mesa Community Run on April 23. Students will continue training through the last week of April.

They will finish their "marathon" of 26.2 miles by participating in the Kids Run the OC 1-mile run on April 30 at the OC Fair and Event Center on the weekend of the OC Marathon.

All students will have the opportunity to participate in after-school cooking classes throughout the school year provided by Chef Geoff Ianniello from our district, in conjunction with Network for a Healthy California. We are encouraging our families to celebrate their birthdays once a month in their child's class with fun, healthy snacks. We will be offering nutrition classes for our parents in the spring.

Healthy and happy students are a priority for us at Killybrooke School!

Abraham Lincoln Elementary (K-6)

Jane Holm Principal

Students Read Their Way to the Top

Lincoln Elementary School students logged reading minutes over the summer in an attempt to set a new world record. The effort was part of the Scholastic Read for The World Record

Summer Challenge, a national reada-thon. Lincoln Elementary

placed 2nd in California and 18th nationally.

Lincoln Elementary will be featured in the 2010 edition of the $Scholastic\ Book$ of World Records along with the top-20 schools.

Principal Holm agreed to be "slimed" if her students placed in the top 20. She honored her word, and was "slimed" in front of students and staff. When asked what she thought about being slimed, she said, "I don't know what I was thinking when I promised our Lincoln students that I would be slimed if they were in the top 20 schools. I should have known that our Lincoln kids would rise to the top and they did!"



Mariners Elementary (K-6)

2100 Mariners Drive, Newport Beach, CA 92660 • **949/515-6960**



Pam Coughlin Principal

Happy to Be Green!

By Ann Marie Baker, Teacher – 1st Grade

In addition to recycling, conserving, and maintaining a clean school environment, Mariners has welcomed the opportunity to be part of an energy efficiency plan sponsored by Southern California Edison.

The Green Schools Program is used to both educate students and the community about the advantages of saving energy and being energy efficient while implementing a cost-reduction strategy for schools.

The "Green Team" is comprised of student council members and led by commissioners Claire Covina and Sophia Schwarzenbach. These fourth, fifth, and sixth grade students have been extensively trained in the program and visit each classroom to check and measure energy usage. They give recommendations to teachers and students in ways to be more energy efficient. Measurements are taken regularly to encourage positive progress for saving energy and our environment!

Schools are further motivated to conserve energy as they are given half of the amount of money saved on their monthly energy bills. So, by being green, Mariners is also earning some *green*!





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Libraries are Important Because...

By Gayle Spinks, Foundation Member

The CMLF recently sponsored an essay contest asking students why libraries are important and what would they like to see as part of a new library. We chose four winners from the many entries we received. We would like to share some excerpts from two of our winning essays.

Libraries are amazing but I would like to see some new things added. I would like to see a big colorful room with a coffee shop, cozy chairs, and a quiet study room for students. It should have a kids area with a stage and plays going on weekly. If you went to a library like this, it would be amazing.

—Maddie Baldikoski, 9, Kaiser Elementary Libraries are a very helpful and valuable resource. They help us to find all the information we need...there are several reasons libraries are important. Libraries give people the opportunity to discover new ideas, and they update you to the rapidly changing world. They provide a great and quiet place for gatherings. I think libraries are the place to confer. All of these reasons help our community to gain new knowledge.

— Sylvia Catania, 12, CMHS





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What's Going On at the Library?



Evelyn Rogers Children's Librarian

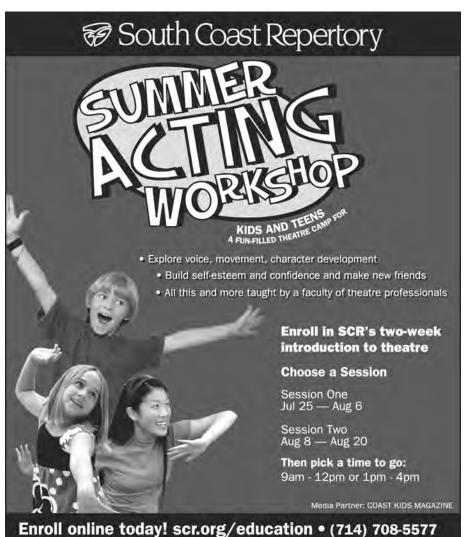
If you've been to the Central Library lately, you've probably noticed that the Children's Room and Popular Library have a new wall in place. Where are the windows? Did the room shrink? What's going on behind the wall? Those are just a few of the questions we've been asked. Don't worry, the wall is a temporary construction wall and, in fact, while the room may be a bit smaller now, it will soon be much larger. The Children's Room and Popular Library are adding some space as part of the expansion project that will connect the Library to the new Civic Center Plaza with a bridge containing a café and wireless lounge.

Behind the wall in the Children's Room, construction crews will be adding space for more study tables and a new storytime area. The wall is there to keep out noise and dust (as much as possible) and for safety reasons. The project is expected to take 18 months. So when the work is done, our department will be better than ever, and we will have nice big windows again!

In the meantime, children's materials have been shifted around or relocated to other branches, so all materials will be accessible during the construction process. Children's staff will be able to answer other general questions as well, and storytimes and other programs will continue as scheduled.

Details on the entire construction project are available through the City of Newport Beach website, http://newportbeachca.gov. Click on "City Government," then "Current Projects & Issues," then "Civic Center & Park Project."







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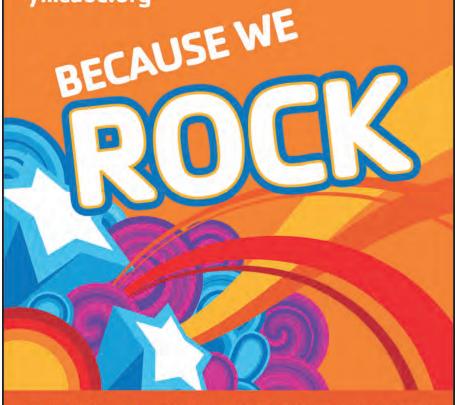
LOCATIONS

- College Park Elementary (Costa Mesa)
- Mariners Elementary (Newport Beach)

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Tewport Coast Elementary (K-6) Newport Heights Elementary (K-6)



Dr. Duane Cox Principal

Students Support Those in Need

Newport Coast Elementary School(NCE), staff, students, and community are proud of our commitment to the less fortunate. In 2010, NCE provided disaster relief in Haiti, granted a wish for a child with cancer through the Make a Wish Foundation, and continue to provide support and service to needs in our community and throughout the world.

Recently, the students of Newport Coast Elementary participated in a Food Drive for Families Forward. The food drive was a huge success! The annual food drive was coordinated by the 6th

grade Girl Scout Troop #1255. The Girl Scouts made the flyers and posters for the classrooms and wrote speeches for the morning announcements. They stood outside each morning and collected food donations from students arriving at school. The scouts were able to deliver four cars full of food to the community services agency and then spent the afternoon sorting the food on the pantry shelves.

In these times when families are in need, it is the pleasure of NCE students, staff, and community to provide support.





ewport Elementary (K-6) 1327 W. Balboa Blvd., Newport Beach, CA 92663 • 949/515-6965



Amy Nagy Principal

Eating Healthier

At Newport Elementary, families are supporting sixth grade camp and eating healthier thanks to the "Community Supported Agriculture" program that raises funds while promoting healthy eating habits. Each week, families that participate, receive a box of farm fresh produce, grown by local farmers. January boxes included these fruits and vegetables plus more: green cabbage, spinach, romaine, cauliflower, apples, strawberries, tangerines, broccoli, swiss chard, purple kohlrabi, and oranges.

It's a great way to support the sixth graders and experiment with new and familiar fruits and veggies.

Newport Harbor High School (9-12)



Michael Vossen Principal

Varsity Basketball Team Lifetime Winners

Please see our article on the front page.

Dr. Kurt Suhr Principal

Extreme Makeover

Newport Heights cannot begin to express our gratitude to the Newport Beach Fire Santa Program (NBSP) which extended an incredible amount of support to one of our families in need. NBSP visited a Newport Heights family home and (after seeing a need for major repair) decided to do an Extreme Makeover to their home. The family received a new roof, had walls reconstructed and painted, had new carpet installed and received an entirely new kitchen with new appliances! A local business generously discounted materials for the makeover. The NBSP also escorted

our student to a store for new clothing and a skateboard.

This gift of kindness and generosity from the NBSP reflects the true meaning of the holiday season and demonstrates the compassion that our local fire department et al. has for others in need.

This is the fourth year Newport Heights was fortunate enough to partner with the Newport Beach Fire Santa in this miraculous effort. The Fire Santa Program consists of members, friends and families of the Fire Fighters Association, Lifeguards, and other Newport Beach City supporting departments.

Paularino Elementary (K-6)

Student Council Fun

1060 Paularino Ave., Costa Mesa, CA 92626 • **714/424-7950**



Stacy deBoom-

Howard

Principal

Paularino is lucky to have a wonderful Student Council that supports our school through special projects and encourages our school spirit!

By Cassidy Crandall, Student Council President

For Student Council in spring time we have a ton of fun planned. In April we have opposite day. In May we have everyone's favorite Pajama Day, also we have a secret planned, which is going to be so fun. On the last week of school we're doing a weeklong of spirit competitions, voted by the staff and students! Some other inside

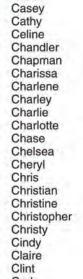
things we do in Student Council is break up into two groups, Energy and Nutrition. The Energy team goes around the school and checks the energy use in every classroom. They use tools, for example, a laser on the lights to see how much energy the classroom is using and much more. The Nutrition team goes out at recess time and makes a healthy snack for the students.

Student Council wants to thank Mrs. Alworth and Mrs. Soyster for all their hard work behind the scenes. We couldn't have done this without you. We have a great year ahead!



Paularino Fantastic Student Council 2010-2011

Carter Aaron Adam Casey Addison Cathy Aeran Celine Chandler Aimee Chapman Alannah Albert Charissa Alec Charlene Alex Charley Charlie Alexa Alexandra Charlotte Alexis Chase Allison Chelsea Cheryl Alyssa Amanda Chris Christian Amanda Jane Amber Christine AnaLisa Anita Christy Cindy Anna Annika Claire Clint Anthony Ariana Cody Ashley Cole Ashley Katelyn Colin Colleen Ashlynne Ashtyn Collin Audry Concepcion Austin Connor Ava



Conor Conrad Courtney Cristian Cristina Curtis Cynthia Bobby Dakota Dalton Brandon Brandy Dan Brenda Dana Daniel Danielle Brianna Darrin David Bridget Brigitte Declan Brittani Delia Brittany Demi Brooke Denise Bryan Dessi Devonte Callum Diana Cameron Diane Randall Divya Dominic

Ben

Beth

Bill

Blair

Blake

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Brian

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Cara

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Carrie

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Jane Janet Janis Jason Jeb Jeffrey Jena Jenifer Jenna Jesse Joan John

Jennifer Jessica Johnny Jonathan Jonett

Jordyn Jorge Jose Joseph Joshua Kelly Juan Julia Julie Justin Jyle Kareese Kera Karen Karl Kasey Kiel Kassandra

Katie Katrina Katya Kelley Kelsev Kelsy Kendal Kendall Kennedy Kerry Kevin Kim Kimberly

Kathryn

Kole Kouri Kristen Kristin Kristina Kyle Kylie Lantz Laura Lauren Lea Leann Lequita Leslie Lily Linda Lindsay

Loganne Loren Lori Lou Lucas Luisa Lynda Lynn Mackenzie Madeliene Madeline Madelyn Madi Madison Marelle Margaret Margret Marina Mark Mason Matthew Max Maxson Meagan Megan Meghan Melissa Mia Michael Michelle Mitchell Molly Monica Morgan

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Sharon Shawn Shaye Shelby Shelly Sherry Sierra Simone Sodech Sofia Sofie Sophia Spencer Stacy Stephanie Stephen Steven Suannie Sue Summer Susan Sweet Lou Sydney Tara Taso Tate Taylor Teri Terry Tess Timur **Tobias** Tommy Tony Torin Torsten Tracy Tray Ty Tyler Tyson Victoria Vienna Wesley Weston Will Ximena Xoua Yasmin Zach Zachary Zack Zak

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Shakir

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Zoe



${ m Everett} \ { m A.} \ { m Rea}$ Elementary (K–6) ${ m Pomona}$ Elementary (K–5)

601 Hamilton St., Costa Mesa, CA 92627 • 949/515-6905



Anna Corral Principal

Rea Goes to Camp

Rea Elementary School sent 50 students to Big Bear for 6th grade camp on the week of January 4th – 7th. Students enjoyed the clean mountain air and were able to do many fun activities.

During their daily hikes students learned about ecology, geology, and wild life. Students went on a "night hike" and saw star constellations and were amazed at how many stars they could see. The experience cultivated a lifelong enthusiasm and appreciation for nature.

Students were fortunate this year to experience the snow that fell the week prior. Many of our students had never seen or touched snow. Inside the Outdoors is a unique and hands-on environmental education program administered by the Orange County Department of Education. Their mission is to empower students, teachers, parents, and the community to explore natural



areas and expand their knowledge. The curriculum created for Inside the Outdoors programs is aligned with California Science and Social Science standards and allows students to interact with these concepts in a real world setting.

Charles W. Tewinkle

3224 California Ave., Costa Mesa, CA 92626 • **714/424-7965** *Intermediate School (7–8)*



Rich Rodriquez Principal

Discovering Science!

TeWinkle's Nature Academy is an after school club enriching students through scientific exploration and discovery. Nature Academy is donor-funded and these generous resources provide "hands-on" and team-building experiences for our students. This year, the students have attended field trips to Idyllwild's Astrocamp, Long Beach Aquarium, California Science Center, Griffith Park Observatory, and the San Diego Safari Park (formerly, Wild Animal Park). Upcoming trips include Whale Watching and Catalina Island. Besides field trips, students attend after school

assemblies with guest speakers or conduct "hands-on" experiences in the Science Lab. The students look forward to learning new things that they have never been exposed to before and taking field trips as a class to explore the field of Science. These experiences help the students to build background knowledge and a better foundation for future Science content. Ms. Julia Komanapalli, TeWinkle's "Teacher of the Year" for 2010-11 is the Nature Academy Advisor and works with our future scientists.

2051 Pomona Ave., Costa Mesa, CA 92627 • 949/515-6980

Stacy Holmes Principal

Great Partnership Continues

The partnership between Pomona Elementary School and Corona del Mar High School's National Honor Society enjoys its third year with monthly visits from Pomona's high school friends. CdMHS NHS members help out in all the classrooms on campus, often choosing to return to the same classroom again and again. They read with students, help out with projects and answer questions about life as high school students.

Each year, CdM NHS has put on a book festival to give away to Pomona students gently used children's books donated in the NHS



CdMHS Student Alex Morrison

book drive. CdMHS NHS advisor Marianne Scott finds the visits as important for her high school students as they are for Pomona's elementary school students. CdMHS and Pomona are very different schools that are fortunate enough to belong to the same school district and to share a growing tradition of learning from each other.

Sonora Elementary (K–6)

966 Sonora Road, Costa Mesa, CA 92626 • 714/424-7955



Christine Anderson Principal

Supporting the Arts

During Sonora School's Holiday Program on December 17, 2010, the Segerstrom Center for the Arts presented Sonora Music

Director, Mr. Nicholas St Royal, with a \$500 honorarium to support the many music

programs at Sonora School. Ms. Talena Mara, Vice President of Education at the Segerstrom Center, presented the check to Mr. St. Royal. NMUSD Board Members Walt Davenport and Katrina Foley were in attendance in support of the music programs at Sonora and the District's partnership with the Segerstrom Center for the Arts.



ictoria Elementary (K-6)

1025 Victoria St., Costa Mesa, CA 92627 • 949/515-6985



Dr. Linda Tenno Principal

Outdoor Science School

Our Victoria 6th graders traveled to Arrowhead Ranch in Lake Arrowhead this month for four days of Outdoor Science School. Students were thrilled to participate in outdoor science activities

During our fun filled stay we learned exciting concepts about astronomy, earth science, and zoology. Each day at camp was filled with songs, activities, hikes, and games. Students loved the night hike under the stars where we studied the constellations. The "courage walk" during the night hike challenged students to use their understanding of nature as they explored the wilderness.

Bryanna enjoyed learning about the layers of earth by creating a real life replica of the earth in the snow. Claire's favorite memory was dancing with her classmates during the night time skits. Dennis loved the delicious food at camp. Chris will always remember performing skits with his classmates. Our visit to Arrowhead Ranch created memories that will last forever!



ilson Elementary (K–6) 801 W. Wilson, Costa Mesa, CA 92627 • 949/515-6995



Dr. Julie Perron Principal

Wilson Wildcats are Getting in Shape!

We have been participating in a Running Champs Club that walks, jogs and runs at morning and lunch recess. Students receive points based on their level of participation and the amount of laps they complete. Each month the student winner receives a gift certificate for athletic shoes. Observing so many students participate has been inspiring for staff and families as well.

Also in full swing is our recess fruits and vegetable program, with fruit bars going to the classes with the most fruits and

vegetable consumption each month. This program promotes healthy eating and lifestyles, and even our older children are participating.

In addition to promoting healthy lifestyles, we are also supporting the environment with our recycling program. Student Council and sixth graders are recycling plastic bottles, newspaper and paper. Monthly we receive updates on how well we are doing with our participation rates. This recycling program helps raise funds for our field trips, which in turn are focused on the environment. While we work to keep our community green, we have the opportunity to experience our community with wonderful excursions. It's a win-win situation!

Lastly, our school jogathon, sponsored by our PTA, is the culminating touch on our efforts to promote healthy lifestyles and activities. After all, a healthy Wildcat is Wildcat ready for learning. Go Wildcats!

nittier Elementary (K-5)

1800 N. Whittier Ave., Costa Mesa, CA 92627 • 949/515-6990



Tracey Carter Principal

Dolphins Do Their P.A.R.T.!

Whittier Parent Teacher Association and our student Peer Assistant and Leadership Group worked together to collect nonperishable food items for the Orange County Food Bank this holiday season. The students in PAL s wanted to do something special for their community. They understand that many families are in need of a helping hand. The food drive is the first of several community service projects that the group will work on to demonstrate leadership and caring for others.

The group meets several times a month under the direction of Mrs. Moss and Mrs. Dorian to learn peer mediation and leadership skills. The students in fifth and sixth grade worked with the rest of the school to keep track of the number of items donated by each class. The fifth graders collected the greatest number of items (649), which contributed to our overall total of 2,096 food items! Incredible!



Woodland Elementary (K-2)



Lauren Medve Principal

Woodland Is Proud of our Positive School Spirit

Woodland's positive school spirit begins with our school song, "Be respectful. Be responsible. Be kind." Students understand that by following Woodland's three "BE YOUR BEST" rules, everyone will be safe and healthy. Woodland's school song is shared at all school assemblies and Friday Flag Decks to remind students of the school's rules.

The Woodland staff uses Coach John Wooden's Pyramid of Success as the cornerstone of the school's character education program. Each teacher has a copy of Coach Wooden's book, Inch

and Miles: The Journey to Success which they share with their students during the school year. Student discussion and journal entries based on the book's fourteen building blocks to success are shared school-wide throughout the year. Principal Awards are given quarterly to identify students who exhibit one or more of the building blocks to success. Parents are invited to celebrate their children's accomplishments at these award ceremonies. The motto for our character education program is "Success is happiness in your heart because you made the effort, 100%, to do your best."

Go Woodland Dragons!

School Health Services

2985-A Bear St., Costa Mesa, CA 92626 • **714/424-5000**



Marcia **BMarthaler** RN, BSN, PHN Health Services Coordinator

Pertussis: Making a Come Back

By Annette Dunn, RN, BS

Pertussis, also known as whooping cough, is a serious and contagious respiratory disease that can cause long, violent coughing fits and is named for the characteristic "whooping" sound that follows the cough.

In 2010, a state-wide epidemic has occurred, and it is important to know how to protect your family.

Infected persons are most contagious during the beginning stages of the illness, which can last up to two weeks after the cough begins. It is spread by coming into direct contact with aerosolized droplets from an infected person.

The first symptoms of whooping cough are runny nose, sneezing, low-grade fever, and mild cough. In one to two weeks, a dry, irritating cough develops. The coughing may develop into coughing episodes. These coughing episodes may

The classified high risk groups include infants, pregnant women, childcare workers, immuno-suppressed individuals, un-immunized or under-immunized individuals, and any household members of these specific groups.

School-aged children should have at least five doses of DtaP. School-aged children over 10 years of age should receive a Tdap booster. Starting in July of 2010, California has required Tdap booster documentation for students entering seventh through 12th grades. The booster must be given after age 10 years to meet the requirement. Also, a Tdap booster is recommended for persons over 19 years of age.

The pertussis vaccine is available for no charge at the Newport-Mesa Unified School District (N-MUSD) HOPE Clinic. Call (949) 515-6725 to make an appointment. For more information, go to www.cdc.gov/pertussis/index.html.

Adult Education

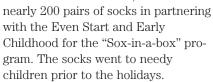
2045 Meyer Pl., Costa Mesa, CA 92626 • 949/515-6996



Bob Nanney Principal

Giving Back to the Community

The adult students in Newport-Mesa's Adult ESL classes, many of whom are financially strapped themselves, contributed five boxes of food for the N-MFT Volunteer Charity Outreach, as well as



We are now in our 3rd Session of the year, and going strong with about 600 students in Adult ESL and over 100 students in High School Diploma Lab and GED Prep. Registration for the final Adult ESL session of the year is planned for Apr. 18 & 20, 9:00-11:00am & 5-7:00pm.



School Readiness

2985-A Bear St., Costa Mesa, CA 92626 • **949/515-6622**



Dr. Lorie Hoggard Director of Early Childhood Development

Preschools Enrollment – 2011-2012 School Year

The N-MUSD Preschool Program has gained statewide and national recognition for its quality program that prepares young children to succeed in the K-12 system and beyond.

Our high-quality preschool program provides children with a broad range of experiences to develop age-appropriate skills in social-emotional, language, literacy, cognitive, and motor developmental domains. We utilize research-based curricula aligned with kindergarten standards.

Children in our preschools experience preschool as a place with caring adults who are fully engaged with children's learning throughout the instructional day. Families are important in the

educational process and we strive to engage all families in meaningful partnerships.

Families living in the N-MUSD attendance boundaries are encouraged to become a part of our program. N-MUSD preschools are now enrolling children for the 2011-2012 school year. Preschool students for 2011-2012 must be born between 12/3/06 and 12/2/08. Selected classrooms are designated for children with birthdays between 12/3/06 and 12/2/07. We have state-funded and/or tuitionbased programs at ten elementary school sites (College Park, Davis Magnet, Harbor View, Killybrooke, Paularino, Pomona, Rea, Sonora, Whittier and Wilson Schools). All of our programs are fully licensed and follow the National Association for the Education of Young Children (NAEYC) Standards for Accreditation.

Please call our School Readiness Resource Center at (949) 515-6622 for more information about how to enroll. There are scheduled opportunities for prospective families to view a classroom in action.

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Implementing Quality Preschool Education



William M. Habermehl Superintendent

If we could do one thing to improve education for all children, it would be to implement a high-quality preschool program for all four-year-old children. Research tells us that such programs provide children with the foundation they need to enter kindergarten prepared to learn and to succeed. Yet we invest very little, from an educational standpoint, in early childhood programs.

Kindergarten is not what it used to be. We have far higher expectations for five-year-olds who enter the school system today. Kindergarten teachers are often faced with the challenges of meeting the varying needs of students who are delayed in the areas of language development and school readiness skills. Quality preschool programs allow children to receive an advantage in both of these areas.

Children who start kindergarten after having high-quality preschool experiences are much further ahead academically and socially than children who have not, and they have a greater chance of success. The Chicago Longitudinal Study examined the long-term benefits of high-quality preschool programs and found that such early interventions improved students' later

Let's start the dialogue on how we can invest in high quality preschool now so we can begin to experience the benefits sooner than later.

performance on standardized tests in reading and math, decreased the likelihood of special education placement, and minimized the risk of repeating a grade.

In addition to providing benefits in the area of academic achievement, highquality preschool yields returns to our economic and community well-being. Every dollar invested in early childhood education produces significant benefits to society, including a lower dropout rate, a higher graduation rate, a more highly skilled workforce, and reduced crime rates. In looking at the data from the Chicago study and other longitudinal research, we see that for every dollar spent on high-quality preschool, there is a return on investment of \$7-\$16 from increases to tax revenue and reductions in government spending on education, the criminal justice system, and public assistance.

With all of the talk about education reform, now is an opportune time to think creatively and stretch the conventional thinking of educators, board members, and community leaders to find new and different ways of making our existing dollars work better for us.

It is time to think differently about getting children a quality preschool experience and finding an affordable way to do it. By involving educators, families, and community members in exploring this concept, a workable solution could be developed. Let's start the dialogue on how we can invest in high quality preschool now so we can begin to experience the benefits sooner than later.





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Contest!!

This chicken drawing, Netragrednik, is hidden in this publication. (Hint: it is always in every issue.)



When you find it, email the **page number** to: Kay@schoolnewsrollcall.com (Please put "NMUSD Contest" in the subject line)

Your entry must be received by March 15, 2011. From the correct entries, we will draw a winner to receive a \$20 gift certificate redeemable at Barnes and Noble.

> **Congratulations! December Contest Winner Ryann McTague**

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On The Run

Ankle Sprains



Dr. Doug Richie

Long distance running is a relatively safe activity with many long term health benefits. Occasionally injuries will happen, and these are usually due to overuse or poor footwear. However, even runners are susceptible to the most common injury in sport: the ankle sprain. Ankle sprains remain one of the most poorly understood injuries and this may explain the fact that over 25% of all people who suffer an ankle sprain never fully recover and will go on to suffer long term problems.

Most ankle sprains occur in people who have suffered a previous sprain. This illustrates the problem that poorly treated first time

sprains will commonly lead to recurrent sprains in the same individual. The old term notion that "it's only a sprain" after an ankle injury is now outdated as we have learned that injuries to the ankle ligaments can be more serious than a bone fracture.

The message here is that all individuals should seek immediate professional evaluation of any ankle sprain, even if it appears benign. New techniques of protected immobilization of the injured ankle as well as functional rehabilitation therapy can almost assure a complete recovery. On the other hand, simply applying ice for a few days and wearing an ace wrap will potentially prevent healing of ligaments and lead to long term problems. Yes, it is recommended to apply the "RICE" treatment after an ankle sprain: rest, ice, compression, elevation. But this is only the beginning. Medical evaluation can determine if there is ligament damage to the ankle after a sprain, and will determine if long term bracing or physical therapy is indicated.

When ligaments fail to heal, athletes will have a constant feeling of a weak or unstable ankle. Furthermore, many unstable ankles will develop debilitating arthritis which is almost impossible to treat in later life. All of these negative effects from a simple ankle sprain can be prevented with proper medical evaluation and treatment.

Dr. Doug Richie is a sports podiatrist who has practiced in Seal Beach for 28 years. He is presidentelect of the American Academy of Podiatric Sports Medicine and serves as a medical advisor to

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IMPORTANT IMMUNIZATION INFORMATION

Getting the adolescent whooping cough shot now will not only help protect your child against the ongoing threat of whooping cough but will also meet the new school requirement.



Dear Parent/Guardian:

Whooping cough (pertussis) has been widespread in California. Many students have had to miss school because they were sick.



To help protect your children and others from whooping cough, a new California law now requires students to be vaccinated against whooping cough.

- For the 2011 12 school year only, <u>all</u> students entering 7th through 12th grades will need proof of an adolescent whooping cough booster shot (Tdap) before starting school.
- Thereafter, in future school years, only students entering 7th grade will need proof of an adolescent whooping cough booster shot (Tdap) before starting school.

By law, students who do not have proof of receiving a Tdap booster shot will not be able to start school until proof is provided to the school. (The tetanus-diphtheria booster shot, Td, will not meet the requirement.)

We want to make sure your child starts school on time. Parents are urged to:

Get your child's Tdap shot now
 A large number of students need a
 Tdap shot between now and the
 start of school next year. Make an
 appointment with your child's doctor
 or clinic for your child to get a
 Tdap booster shot now. Avoid the
 back-to-school rush.



Save your proof of immunization
Be sure to keep the written proof of your
child's Tdap booster shot in a safe place.
Your child will need to provide proof of
immunization in order to start school.



Submit your proof of immunization
 Be sure to give a copy of your Tdap booster shot to the school health office before the last day of school.