

FREE

School News

Education + Communication = A Better Nation

Covering the Redondo Beach Unified School District



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June 2018



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Next Year's Seniors



Dr. Steven Keller

It's funny how time flies! I arrived in the Redondo Beach Unified School District (RBUSD) on July 1, 2006. I'll be completely candid and share that I didn't believe I would still be working in RBUSD in 2018. At the time of my arrival, I just knew that there were fences to mend, Board members to unite, and an RBUSD brand that needed to be revived. For those of you who were around

in 2006, you probably had a few other items on this "to do" list. So, here we are. It's time to be a little nostalgic, which is a word you have likely never heard me use in a sentence.

If your child began kindergarten in one of our eight great elementary schools in 2006, your son/daughter will be graduating in 2019 from the finest high school in the South Bay, Redondo Union High School (RUHS). To be honest, when I arrived in 2006, I felt a lot like a kindergartener. I had never served as a superintendent before, and I was coming to a new school district. I arrived bright-eyed and bushy-tailed. I was very nervous about everything that I didn't know along with who I didn't know. I looked for adults to embrace me, engage with me, and, ultimately, unite us all in our collective pursuit. I wanted RBUSD to be GREAT. I looked to others for guidance and support. And, just like kindergarten, the best parts of my early days as your superintendent were enjoyed having fun, learning about schools, and, most of all, laughing. Sometimes, it was even during your child's recess.

Although the door is closing on the 2017–2018 school year, I have to admit that I'm having a little pre-senioritis as we embark on the 2018–2019 school year. I don't plan on retiring next year, so please don't begin that rumor. My goal is to stick around a little longer—or as long as the Board of Education will have me. But it brings me great joy and happiness knowing that next year's RUHS graduates will be the first K–12 class that experienced 13 great years with me. RBUSD is indeed a better learning community because of our collective work. I believe I am a better man, father, and educator because of our work. I thank you, sincerely, for this journey to great, and I am still proud to be your superintendent.

Redondo Beach Unified School District
1401 Inglewood Avenue, Redondo Beach, CA 90278
(310) 379-5449 • www.rbUSD.org

2018 Board of Education Meeting Dates

June 12	September 25
June 26	October 9
July 24	October 23
August 28	November 13 *
September 11	December 11 *

***Due to holiday/local holiday schedule, only one Board meeting in November and December**



Madison Laster
*Student Member
Board of Education*

Thank You!

I am honored and humbled to have had the chance to serve as a student School Board member. This has truly been the absolute highlight of my high school career. I had the opportunity to work with our dedicated School Board members, our awesome district staff, and all the amazing Redondo Beach Unified School District (RBUSD) principals. My goals were to be a voice for all students, to unify our diverse

district, and to help our district continue on its journey from "great to amazing."

During my two terms, I founded the Young Leaders of RBUSD, a district-wide committee comprised of two student delegates from each of the Redondo schools. I was hoping the committee would allow me to better represent the needs of all 10,000 RBUSD students, from elementary to high school. The committee worked to host the very first annual RBUSD Unity Spirit Week, and every school in RBUSD participated! Every school put on great student-led events and had students participate in dress-up days, such as Spread the Happiness Day and High Five Friday. All in all, the week promoted the celebration of our diverse district, and I couldn't be prouder of the Young Leaders. I hope my successor continues to run the Young Leaders of RBUSD committee because the student insight into all the Redondo schools really allowed me to more accurately represent the needs of our many students.

I also had the opportunity to create a new policy regarding absences for college visits. College visits are now excused absences, which no longer have a negative effect on a student's attendance. This policy encourages students to take the initiative to visit potential colleges. This policy also supports the district's college-going culture.

I have enjoyed my time creating policy, working alongside the brilliant students in the Young Leaders committee, and, most importantly, learning the value of advocacy. I hope to follow my newly found passion of advocacy and make some change in the world. My time on the Board has helped to shape my love of advocacy and has allowed me to practice advocating on behalf of others. Without the support of my family, friends, teachers, and influential members of our school community, I would not be the person I am today. I am truly grateful and humbled to forever be a part of the RBUSD family!

2019 Board of Education Meeting Dates Jan - June

January 22 *	April 23*
February 12	May 14
February 26	May 28
March 12	June 11
March 26	June 25

***4/23/2019 – Organizational Meeting**

Childhood Obesity in Redondo Beach Hits Record Low



Ali Steward, MPH
*Director
Youth Services*

In 2006, one out of every five students in Redondo Beach was obese, quite a bit above the national average of 16.8 percent. That year, Beach Cities Health District (BCHD) partnered with RBUSD to launch LiveWell Kids, a nutrition and physical education program for K-5th graders.

Today, thanks to combined efforts of BCHD, RBUSD and hundreds of dedicated volunteers, childhood obesity in Redondo Beach has shrunk to a mere 6.4 percent.

“Since the inception of our LiveWell Kids program, childhood obesity in Redondo Beach elementary schools has plummeted,” says BCHD Chief Medical Advisor Dr. William Kim, MD. “We know that what surrounds us, shapes us, so we’re making sure students are surrounded by healthy choices and an environment that encourages them to eat better and move more.”



BCHD and RBUSD have partnered for more than a decade to offer the LiveWell Kids program, which includes nutrition education, daily physical activity, fresh fruits and vegetables in school meals, and school-based gardens.

For more information, visit bchd.org.

Redondo Beach Council PTA

1401 Inglewood Ave., Redondo Beach, CA 90278 • www.rbusd.org



Patricia Harris DiLeva
President

Mental Health Matters

We know what it takes to keep a child physically healthy—nutritious food, exercise and immunizations—but the basics for good mental health aren’t always as clear. The first “basic” is to know that children’s mental health matters. We need to treat a child’s mental health just as we do their physical health—by giving it thought and attention and, when needed, professional help.

The consequences of mental illness may often be prevented through early intervention. At the very least, it is possible to delay mental illness or lessen symptoms. The best way to promote children’s mental health is to build up their strengths, help to protect them from risks, and give them tools to succeed in life.

Promoting children’s mental health means helping them feel secure and relate well with others, as does fostering their growth at home and at school. We do this by helping to build a child’s confidence and competence—the foundation of strong self-esteem. This can be achieved by providing a child with a safe and secure home; warmth and love; respect; caring and trusting relationships with family, friends, and adults in the community; opportunities to talk about experiences and feelings; time to play, learn, and

succeed; encouragement and praise; and consistent and fair expectations, with clear consequences for misbehavior.

If there is concern that a child you know may be experiencing a mental-health problem, it is important for you to seek help from a doctor or a mental-health professional. Just as with physical illness, treating mental-health problems early may help to prevent a more serious illness from developing in the future.

Consider consulting a professional if a child you know feels very sad, hopeless or irritable, overly anxious or worried, or has difficulty sitting still, concentrating or focusing attention. Being scared and fearful and having frequent nightmares are signs as well.

A child who is excessively angry, uses alcohol or drugs, avoids people, and wants to be alone all the time can signify mental illness. Hearing voices or seeing things that aren’t there are definitely signs of concern, as are neglecting to wash, not cleaning his or her things, performing certain rituals many times a day, talking about suicide or death, and hurting other people or animals. Seek attention, too, if any child damages property, has major changes in eating or sleeping habits, loses interest in friends or things usually enjoyed, or falls behind in school.

It is our job as adults to make sure our children are healthy, both mentally and physically.



Kay Coop
Founder/Publisher

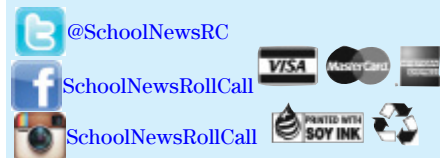


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School News

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www.schoolnewsrollcall.com
Covering the
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As this year comes to a close, I would like to thank you for continuing

to include *School News* among your reading choices.

Our next issue is September 5 when the new school year will begin. In the meantime, have a wonderful summer. This issue highlights ideas to help fill the summer days with fun and academic activities. Of course, be sure to include the library among your activities.



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Redondo Beach Educational Foundation

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Hanh Archer
President

Keep Your Kids Learning this Summer

The school year is almost over, which means that many kids may be counting down the days until they can leave the classroom behind for the summer. Without the busy schedule that comes with the school year, summer is the perfect time to expand your child's learning opportunities.

Plant a Garden: Tending to a garden is a great way to instill a sense of responsibility in children. Let them choose what type of food to grow (within reason, of course), then create a schedule for watering, weeding, and other garden duties. Not only will this give your child a little bit of structure to summer days, it will also provide an opportunity to learn firsthand about how food grows. Have them keep a journal to track progress along the way and reflect on what they are learning to ensure that it sticks with them when they go back to school in the fall.

Visit the Library: There's something for everyone at the library, even if your child may not love to read. The Redondo Beach Public Library offers programs and events for children nearly every day, including dance and music classes and summer reading clubs. Reading and engaging in educational events will help keep those skills sharp, and might even spark a new interest that your child will be eager to learn more about.

Volunteer in the Community: For older children and teens, volunteering can help take them outside of their bubbles and learn the importance of connecting with others. Redondo Beach has many nonprofit organizations that are always in need of extra help. Again, this will help provide structure to the day and provide valuable lessons in skills like empathy and respect for all types of people.

On behalf of the Board of Trustees, RBEF wishes you and your family a carefree summer of togetherness and exploration!

School News Roll Call

Have a wonderful summer!
Remember to include reading
in your activity choices.

Does your child....

- Take 3 hours to complete 30 minutes of homework?
- Zone Out? Or daydream?
- Seem easily distracted or unfocused?
- Make careless mistakes or have trouble following instructions?

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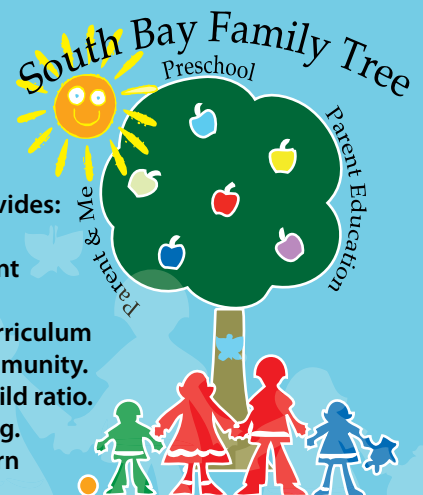
southbayadultschool

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Are you wondering if your child is ready for Kindergarten?
Did your child just miss the Transitional Kindergarten cut off date?

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Savvy about Sun Safety



Aileen Imai
Injury Prevention
Coordinator,
Injury Prevention
Program,
Miller Children's &
Women's Hospital
Long Beach

Summer is all about spending time outdoors in the sun. During childhood and adolescence, protection from ultraviolet (UV) exposure reduces the risk for skin cancer in adulthood. Here are some tips to help your family enjoy outdoor activities safely this summer:

- For kids six months and older (as well as adults), sunscreen with a sun protection factor (SPF) of 30 or greater reduces the intensity of UV exposure that cause sunburns.
 - Apply sunscreen liberally 15 to 30 minutes before sun exposure to ensure the skin absorbs the sunscreen and will reduce the likelihood that it will be washed off.
 - Reapply every two hours and after kids swim, sweat or dry off with a towel.
- Dress kids in high ultraviolet protection factor (high-UPF) swim shirts or rash guards and choose bathing suits that cover more skin, like one-piece suits and long trunks.
- Have your kids wear a hat with a brim all the way around that shades their face, ears, and the back of the neck.
- Sun exposure damages the eyes as well as the skin. The best way to protect eyes is to wear sunglasses that provide 100% UV protection.
- Infants under six-months-old should be kept out of direct sunlight.
- Remind teens that tanning can increase skin cancer risk, and leads to wrinkles, blemishes and age spots later in life.

Make sun safety a part of your family's everyday lifestyle to reduce the risk of skin cancer, sun damage and skin aging.



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RBUSD Child Development

1401 Inglewood Ave., Redondo Beach, CA 90278 • 310/798-8683x1312, 1321 • www.rbusd.org



Theresa Van Dusen
Director

Fun and Learning

Summer is here in a few short days, and our teachers are ready! At the Child Development Center (CDC), our teachers have been planning a summer program that is fun, interesting, challenging, fitness-related, and even

educational, with a lot of activities to keep young minds occupied.

What a great way to spend your summer, having fun while learning in the process! Our staff has developed an exciting curriculum based on weekly themes that build in entertaining summer trips, hands-on activities, and on-site educational visitors. Themes include Reptile Zoo, Mad Science, Discovery Cube, High in the Sky, which may include trips to the Flight Path Center and the Colombia Space Museum and the building of planes or kits, and Our Solar System, with a trip to Jet Propulsion Laboratory in Pasadena. Other trips may include the Marine Mammal Care Center, Griffith Observatory, Discovery Science Center, the Queen Mary, Olvera Street, Madrona Marsh, local farmers' markets, libraries, parks, and, of course, the beach. Every theme appeals to a wide variety interests in the classroom as well.



Enjoying our local beach!

Our teachers realize that children who come to CDC in the summer need a change of pace from the school year. Our program is designed to ensure that we meet the academic, emotional, social, and physical needs of our students. With all the hard work and great planning from teachers and parents, we provide opportunities for our students to enjoy a creative and sensational summer. We are looking forward to offering summer's very best!

RBUSD Educational Services

1401 Inglewood Ave., Redondo Beach, CA 90278 • 310/937-1221



Dr. Annette Alpern
*Deputy
Superintendent,
Educational
Services*

Avoid the Learning Loss

In this our last edition for the school year, you will be immersed with advertisements and articles suggesting both free and for-cost ideas and programs for your children's summer learning. Why is that?

It isn't just because educators and those in the private sector know that many parents work year round and need somewhere to keep their children for the day. And it isn't just because we know that many parents want to avoid listening to their children talk about being bored only after a week into the summer.

What educators and academics know is that all young people experience a learning loss when they do not engage in some brain-based activities during the summer vacation period. Research spanning over 100 years shows that

students typically score lower on standardized tests at the end of the summer than they do on the same tests at the beginning. Most students also lose about two months of grade-level equivalency in mathematical computation skills over the summer months as well.

But we need to be aware of more than just academic loss over the summertime. Most children also gain weight more rapidly when they are out of school during summer break. Perhaps they are spending too much time in front of a screen?

In other words, read the articles and suggestions here. There are plenty of free and low cost ways to support your children during their 10 weeks of summer vacation. But whether they attend summer school or spend most of their time getting outdoors and living in our ideal climate, RBUSD educators look forward to welcoming all of our students back to school on Wednesday, August 29th.

RBUSD Alternative Education

1000 Del Amo St., Redondo Beach, CA 90277 • 310/798-8690 • <https://rshs-rbusd-ca.schoolloop.com>



Anthony Bridi
Principal

Wilderness Challenge

*By Lissa Watts,
School Counselor*

The summer months bring an opportunity to explore, learn, and grow. While some of our students plan to take a summer course at El Camino College (ECC), work a part-time job, or just relax by the beach with friends, one of our students has even bigger plans this summer.

Preston Windham, who is currently a junior at Redondo Shores, had the opportunity to participate in our Wilderness Challenge Program this year. As a result, Preston discovered he had a passion for outdoor adventuring and is now considering a career working for a program that focuses on outdoor teambuilding and leadership development.

This summer, he has several trips planned to continue the pursuit of his newfound passion. He has a 50 mile hike planned in Mexico and is also scheduled to go backpacking in Yosemite! Next school year, he hopes to be selected as the peer counselor for our Wilderness Challenge Program and would like to intern for



**Preston Windham exploring the views
of Joshua Tree National Park.**

an extreme leadership and personal development corporation after he graduates.

It is great to see students embrace their gifts and talents. Our Wilderness Challenge Program opened up new doors for Preston. Without our community partnerships with South Bay Children's Health Center and Redondo Beach Educational Foundation, the depth of these experiences would not be possible.

We are confident that Preston will continue to explore, learn, and grow this summer, and we can't wait to see the success that his future brings. We are proud of all of our students that took risks this year and overcame challenges and fears on and off campus. There is an air of self-confidence we see in those that have participated in the extracurricular activities within our alternative-education programs.

South Bay Adult School

3401 Inglewood Ave., Redondo Beach, CA 90278 • 310/937-3340 • www.southbayadult.org



**Dr. Anthony
Taranto**
Director

Summer Learning for All Ages

School may be out, but summer offers endless possibilities for learning and personal discovery. Summer is a great opportunity for downshifting and spending time with the family as well as time to practice lifelong learning. At South Bay Adult School (SBAS), we offer a wide range of classes in parent education, community education, English as a second language (ESL), and adult secondary education (ASE).

In our South Bay Family Tree Parent-Education Program, we offer classes for children from birth to 6 months and up to 5 years of age. Our classes provide fun bonding activities for you and your child and also the opportunity to meet other parents for fun and supportive friendships. In Crawlers and Cruisers, children 7 through 12 months and their parents share early-learning experiences through play, music and movement.

In Mini Chefs—Sensational Snacks, children discover tastes, smells and textures as they prepare delicious, healthy snacks. All classes in SBFT require parent participation.

Health and fitness classes that include light weightlifting, swimming and yoga are just some of the more popular classes offered at Redondo Union High School. At Mira Costa High School, you can learn a foreign language such as Japanese, French and Italian. You can also learn how to play the guitar or the ukulele, or take fitness for cardiovascular exercise.

At our Edison campus, you can create your own vision board for life, learn how to country-line-dance or how to quilt, and sharpen your digital-photography skills. Also at Edison, we will have a variety of ESL and ASE classes that include ESL academic language, ESL computer skills, workforce readiness, GED prep, and math, to name a few.

Registration for classes is easy and convenient. Visit us on our website and sign-up today!

Adams *Middle School* (6–8)

2600 Ripley Ave., Redondo Beach, CA 90278 • 310/798-8636 • <http://www.adamsmiddle.org>



Lisa Veal
Principal

Maximize Your Summer!

Summer is here! Students across the district will be exiting the halls of school soon with this cry on their lips. While we want our students to enjoy all the pleasures that summers brings, we also encourage them to continue their learning while on break.

In middle school, academic rigor increases, as do the expectations and demands placed on students. Our staff and students work hard over the course of the year to develop the skills students need to be successful in middle school and beyond. The summer months provide much-needed time for students to relax and refresh; however, without continued learning, research suggests that as much as two months of learning can be lost. To combat this possible loss of learning, we highly encourage our parents to ensure that their children strike a balance between fun and continued learning.

One way to do so is to establish a summer routine that includes opportunities for learning. Maintaining the structure and discipline established during the school year

will ease the transition back to school in the fall.

Encourage your children to unplug from technology and read on a daily basis. The Redondo Beach Public Library has a host of activities for students to take advantage of during the summer months. Be sure to visit the Adams website as well for summer reading lists so your children will return well prepared for the next grade level.

Don't forget to provide opportunities for your children to practice their math facts. Sudoku puzzles and math games can help build fluency in a fun and engaging way.

College is just around the corner for your teenager. Consider taking a trip to a local university to explore it, and engage your child in conversations regarding higher education and life after high school. As they return to school, these experiences will provide great material for writing personal narratives.

Lastly, the summer months are an opportune time to reconnect and enjoy quality time together as a family. Just remember to continue the learning process as you enjoy the break. I hope you have a fabulous summer, and we will see you in the fall!

Alta Vista *Elementary* (K–5)

815 Knob Ave., Redondo Beach, CA 90277 • 310/798-8650 • <http://altavista.rbusd.org>



Susan Wildes
Principal

Summer is Coming!

By Laura Urquhart, Assistant Principal

It's been a great year here at Alta Vista and in just a few short weeks we will be sending our students off to the next grade level. Summer is the perfect time to relax and recharge, but chances are over the summer months your children will lose a significant portion of the knowledge and skills acquired this school year. Research shows that students may lose over two months' worth of reading and math achievement during the summer break. Keeping this in mind, the staff at Alta Vista has gathered some creative suggestions for ways to keep your children's minds occupied even in the hottest of months.

Summer Reading and Writing Activities

- **Water writer:** Using a pail of water and a brush, have kids write words on the blacktop or sidewalk.
- **Plan a trip:** Have kids use the Internet, travel guidebooks, brochures, and maps to plan a dream day, weekend, or month-long trip.
- **Play it:** Take an adventure book with a clear plot and invent a board game based on it.

Summer Math Activities

- **Change it up:** Start collecting change in a jar on the

first day of summer. On the last day, estimate your change, count it, and plan a special purchase.

- **Summer patterns:** Create patterns using summer items (popsicle sticks, shells, flowers). Or, draw patterns in the sand or dirt using a stick or your hands. See how long you can carry out your pattern.
- **Let's eat:** Have your children help prepare a meal or dish for the family. Before you go to the supermarket, find a recipe, write what you need and how much. At the supermarket, choose the best-priced option.

Summer Science Fun

- **Map the weather:** Keep a running log of the weather. Include temperature, humidity, clouds, precipitation, wind, air pressure. Can you predict what the weather will be tomorrow?
- **Answer a question:** How long does it take an ice cube to melt outside in the summer heat? In the refrigerator? In an air conditioned room?
- **Float or sink:** In a pool or the bathtub, hypothesize which items (soap, dry sock, bottle of shampoo, rock, etc.) will float or sink. Test your hypotheses.

The Alta Vista staff wishes everyone a terrific summer break. Be sure to take time to bond with family, enjoy the outdoors, and don't forget to set time aside for learning.

Beryl Heights *Elementary (K-5)*

920 Beryl St., Redondo Beach, CA 90277 • 310/798-8611 • <http://beryl.rbusd.org>



Karen Mohr
Principal

Continuing Their Learning

During the summer months, it is important to keep your mind healthy and well involved with extracurricular activities. Most importantly, families should read together, spend time exercising together, take a walk, go on a bike ride, or hang out at our beautiful beach.

The Redondo Beach Library provides multiple opportunities for students and their families to read well through its annual Summer Reading Program. We are encouraging all Beryl students to sign up for this Library program and turn in their logs at the beginning of the next school year. Students who do so will be recognized for their summer learning. The incentives are fun and worthwhile, and our children quickly learn that reading is something that is enjoyable and can be done for the rest of their lives.

There are many fabulous places to visit throughout Redondo where they have all types of different animals to see, and where our students can keep their scientific minds

working. Many outdoor excursions, hikes, and visits to our tide pools and parks can be exciting and invigorating. Here our students can learn about nature and how we interact with it every day.

The fourth-grade students study the California Missions as part of their social studies curriculum. A visit to one of our local Missions is always an exciting trip. In the third grade, our students study Redondo Beach history. Visiting local landmarks in Redondo Beach can give our families an opportunity to talk about history and discuss the importance of the past.

Students also study the planets as part of the Next Generation Science Standards, and so the Griffith Observatory is always a rewarding trip. There are many summer camps available so that our children can stay fit and keep active. Please visit our website to see many more exciting summer activities.

Have a safe and fun summer vacation, and enjoy your time together as a family. School starts on Wednesday, August 29th. See you then!

Lincoln *Elementary (K-5)*

2223 Plant Ave., Redondo Beach, CA 90277 • 310/798-8646 • <http://lincoln.rbusd.org>



Jason Johnson
Principal

Summer Talking

For the summer learning pitch, I decided to keep it simple: talk with your children. The best educational experiences I ever had were car rides with my father talking about anything and everything. There are so many enrichment opportunities available during the summer, but it is important to know that simple conversation is the best advantage your child can access. Turn off the television, power down the tablet, throw your children in the car (so they cannot escape), and talk with them.

This is likely something you already know. You have heard it before. Moreover, the last thing you need going into summer is a finger wagging at you. So why make an article out of it? Because it is hard. For one thing, there is little time. The demands of work, school, and extracurricular activities make it challenging for families to sit around and chat. This can sometimes make conversation sparse and, unfortunately, forced. So, think of this article as a (gentle) alarm clock, reminding all of us to talk with our children every day and every moment we can. That's right—me included.

Forgive me, but this is where I drop the research. A study from Harvard, Massachusetts Institute of Technology, and University of Pennsylvania found that children who engaged in more conversation at home had greater brain activity while processing language. Interestingly, they found that brain development was less about how much language your child was exposed to and more about how much language your child was engaged in. In short, it is less important to talk at or to your child than it is to talk with your child. The back-and-forth is where the magic lies.

Here is the easy part: your children are interesting people. Recently, I had lunch with several of our students as a school reward. While we broached a wide range of subjects, I was most impressed with how thoughtful, humorous, and intelligent our children can be. When you sit down and engage with them in a lengthy conversation, they shine. I encourage all of us to take a few more moments to give them that opportunity. This summer, let's do our best to talk more with our children. Besides the research-based educational benefits, it can be pretty fun, too.

Birney *Elementary (K-5)*

1600 Green Ln., Redondo Beach, CA 90278 • 310/798-8626 • <http://birney.rbusd.org>



Mira Baskaron
Principal

Summer Fun!

The weather is showing glimpses of summer, which always causes so much excitement for all. There are many summer activities that students can engage in to continue their learning without feeling like it's a burdensome task.

Writing is a great opportunity for summer learning. Students can keep journals of their many fun activities. There are always journeys to be experienced during the summer, which make for great writing. Another way to encourage writing

could be to have your student write about what he or she would like to do over the summer.

Reading is another important summer activity. Studies show that children who don't read or who read rarely over the summer encounter a stagnation or decline in their reading skills. Reading for 20–30 minutes daily will help to minimize the “summer slide.” The Redondo Beach Library reading program is a fun way for students to track their summer reading while earning special prizes and attending fun activities. Visit the Redondo Beach Library for more information about this program.

Enjoy your time with family and friends. Happy summer!

Jefferson *Elementary (K-5)*

600 Harkness Ln., Redondo Beach, CA 90278 • 310/798-8631 • www.rbusd.org/jefferson



Jeff Winckler
Principal

Summer Is Here

Summer is just around the corner. As your children enjoy the summer, having them take part in a balance of academic as well as physical activities gives them an opportunity for greater success in the fall. Reading together, spending time exercising together and relaxing together are all ways that summer can be an excellent time for family bonding and connecting. Summer is a great time to keep both your mind and body healthy.

Locally, the Redondo Beach Public Library offers its Summer Reading Program, which provides multiple opportunities for students and their families to read. It is a wonderful way to keep students' reading skills

sharp. The public library staff will come to Jefferson in early June to explain the Summer Reading Program in detail. Additionally, the internet is a great resource to find recommended reading lists for independent summer reading as well as other academic activities.

For science and social studies, students can visit our local and greater Los Angeles-area aquariums, museums, zoos and historical sites, as these offer opportunities for them to learn and explore. Most of these locations provide activity centers to visit, which allows students to not only see concepts firsthand but also to engage in hands-on activities. These are great places to visit for families.

Have a safe and fun-filled summer, and enjoy your time together as a family. We look forward to beginning another fun and enriching school year at Jefferson in August!

Madison *Elementary (K-5)*

2200 MacKay Ln., Redondo Beach, CA 90278 • 310/798-8623 • <http://madison.rbusd.org>



Drew Gamet
Principal

Summer Learning Can Be Fun

Fun Fact: Did you know that there are more National Parks and Monuments in the State of California than in any other state in the country? And of those, did you know that four of the nine National Parks are within 275 miles of us?

It's actually five of the nine if you want to count Kings Canyon and Sequoia together.

These parks offer an educational experience for you and your child that cannot be recreated in a classroom. Over the next few months you will have the opportunity to give them that experience.

The closest park is also the trickiest to get to. The Channel Islands are only accessible by boat or plane. However, there is a visitors center in Ventura where you can make reservations for transportation to one of the Islands. Once you are there only foot traffic is allowed; there is no biking or motor vehicles. The other parks can easily be accessed by car, but reservations are required for select locations.

Our National Parks and Monuments are important parts of our identity as a people, and students should experience them for themselves. For more information on the programs that are going on this summer, and how you and your family can participate, just go to www.nps.gov.

Parras *Middle School (6–8)*

200 N. Lucia Ave., Redondo Beach, CA 90277 • 310/798-8616

<http://www.parrasmiddle.org>



Dr. Lars Nygren
Principal

Summer Learning Opportunities

There are students who need additional support during the summer to help them to be more successful during the regular academic year, and there are others who would like to pursue studies for enrichment purposes.

Please have your student take advantage of summer reading for extra credit in next year's language arts class. There are a number of books on our summer reading list, which is posted at www.parrasmiddle.org.

Redondo Union *High School*

One Sea Hawk Way, Redondo Beach, CA 90277 • 310/798-8665 • <http://www.redondounion.org>



Jens Brandt
Principal

Continual and Continuous Learning

Here we are, in the final month of the 2017-2018 school year! Especially if you are a senior, or the parent of a senior, you probably have some mixed feelings about the transition coming up. However, regardless of your age or grade level, learning is something that never needs to stop.

The title of this article has two similar but distinct words. *Continual*, means continuing indefinitely—something that goes on and on. *Continuous*, on the other hand, means without pause. Learning has both qualities; it is continual, as we gather knowledge throughout our whole life, and continuous, as we constantly learn new things every day. Whether in school, at home, or on a vacation somewhere, we hope that everyone enjoys learning this summer!



Mr. Brown, RBEF Summer School Principal,
working with students at RUHS.

Tulita *Elementary (K–5)*

1520 Prospect Ave., Redondo Beach, CA 90277 • 310/798-8628 • <http://tulita.rbusd.org>



Dr. Tanaz Bruna
Principal

Summer Enrichment

Summer is one of the most enjoyable times of the year for our students. School is out, and time spent traveling with the family is on almost everyone's agenda. Whether traveling, spending time at the beach, or just relaxing together at home, please enjoy the summer. But I also encourage you to make time for fun and enriching family learning as well.

Research has shown that almost all students experience a dip in learning loss over the summer. But not to worry, because exposing them to educational experiences can help! We want to strongly encourage our parent community to find ways to engage your children in summer learning opportunities, especially in the areas

of reading and math. That's in addition to maintaining a healthy and active lifestyle over the summer.

Remember, students who are physically and emotionally healthy are more successful in school. As educators, we understand that summer is often the time for "kids to be kids" and lounge care free by the pool. But you are also helping your child learn and grow when they attend summer school or camp, visit museums, read books at the library, play at the park, or spend quality time with the family.

As the school year comes to an end, we want to thank all of our Tulita students, staff, and parents for an enjoyable, rewarding, and successful school year. We hope that you enjoy your time together this summer and look forward to seeing everyone back in the fall!

Washington Elementary (K-5)

1100 Lilienthal Ln., Redondo Beach, CA 90278 • 310/798-8641 • <http://washington.rbusd.org>



Andrea Bittick
Principal

Summer Discoveries

Although the school year at Washington Elementary School is coming to an end, student learning does not end. It is vital to keep your child engaged academically over the summer so he or she does not lose the skills learned in the previous year. Some regression is typical, and teachers spend a significant amount of time revisiting previously learned skills during the first month of school. However, there are many things you can do over the summer to support your child and promote retention of their academic skills.

Reading is the most important skill you can work on during the summer. Of all the activities in which children engage outside of school, time spent reading is the best predictor of achievement—the more students read, the better readers they become. Access to reading materials has been consistently identified as a vital element in enhancing the reading development of children. The value placed on literacy in the home, time spent reading with children, and the availability and use of reading materials have been identified as important elements in children's reading success. Every summer, we send home

a summer reading log, and students can receive summer reading awards upon their return to school in the fall. We encourage parents to reach out to their child's teacher for recommendations and possible resources.

Summer is also a great time for students to participate in hands-on Science, Technology, Engineering, and Math (STEM) activities. There isn't a better time to be outside and explore. Creating a "discovery jar" is an excellent and engaging way to jumpstart your summer learning activities with your child. Sit down with your child at the beginning of the summer and brainstorm all of the questions or ideas your child is curious about. Maybe he or she wants to know why grass is green, how space travel started, or even how to code a computer game. He or she may want to know why certain wildlife lives in this area as opposed to other areas. Write down all the questions or ideas on different strips of paper, and put them in a jar. Pull one out each day for your child to explore and research. It may even turn into an extended exploration! You can incorporate reading by taking your child to the library or downloading digital books or articles related to his or her area of interest. We cannot wait for our students to return in the fall and share about their summer discoveries.

Spices and Herbs—Word Search Contest

Rules! One word in the list is NOT in the word search.

When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put RBUSD in the subject line.

SALT	CAYENNE
PEPPER	POPPY
CUMIN	LEMON
CINNAMON	ROSEMARY
CLOVES	SAGE
NUTMEG	LAVENDER
BASIL	CARAWAY
OREGANO	GINGER
PARSLEY	SRIRACHA
GARLIC	ANISE SEED
CHILI	

Entries must be received by July 15, 2018

From the correct entries one name will be drawn to win a GAZUMP card/dice game - fun for all ages!

S	A	G	E	M	T	U	N	W	K	H	Z	E	A
R	C	B	Q	Y	Z	O	R	E	G	A	N	O	N
U	E	N	G	R	M	S	M	V	J	N	N	O	I
H	C	D	I	A	H	Q	B	G	E	C	U	W	S
H	S	A	N	M	W	A	P	Y	I	J	B	E	E
U	E	N	F	E	U	H	A	L	D	C	G	G	S
O	I	R	L	S	V	C	R	D	H	I	V	G	E
C	L	W	Y	O	A	A	S	I	N	S	Y	O	E
U	L	R	V	R	G	R	L	G	F	M	P	I	D
E	I	O	A	Q	F	I	E	R	S	M	W	R	E
P	S	W	V	P	Y	R	Y	P	Q	H	V	G	E
Q	A	P	L	E	E	S	X	B	P	Q	W	F	C
Y	B	E	Y	D	S	A	U	I	Y	E	V	Z	J
A	Z	E	E	U	B	L	O	S	T	U	P	M	L
Z	L	U	K	V	J	T	G	B	E	G	G	D	N



South Bay Hands On Art

Let Kids' Creativity Bloom this Summer

By Co-Chairs Sandi Arthur and Karen Ford Cull

Summer seems a perfect time to open the flood gates of your child's creativity. It'll be fine. Just put down some newspaper first! Here are some tips to get you started:

First, find a creative space - ideally a place that children can leave a little mess between bouts of creativity.

Next - find some inspiration! (You can give kids a fantastic "kit" of supplies and yet it's truly nothing without inspiration.) Try searching "summer art ideas" on pinterest.com and let your child pick a project to try.

Ideally, do the project together! You'll save frustration, bond with your child and find out first-hand why "art therapy" is a thing!

Tight budget? Simply give kids several boxes, packing tape and a sturdy pair of scissors. Then go to youtube.com and search "Caine's arcade." You may find yourself rerouting through alleys to collect boxes regularly! Or have kids think up a new board game... or make a custom garden or maze with sidewalk chalk. You can even pick up some white model magic clay and ask your child to make you a "delicious" mini-meal!

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www.southbayhandsonart.com

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Give your kids something fun and exciting to do when school is not in session by signing them up for AdventureCamp! At AdventureCamp, your child will enjoy a variety of activities to develop healthy habits, build self-esteem and foster social interaction.

A week of fun and healthy play!

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Arts & Crafts

Tuesday

Beach Day

Wednesday

Ropes Course & Inflatable Course

Thursday

AdventureCamp Field Trip

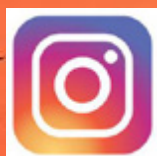
Friday

Theme Day

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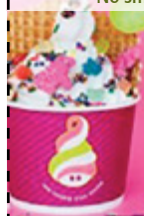


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Unforgettable Books



Harry Potter and the Sorcerer's Stone

Harry Potter lives with his aunt Petunia and uncle Vernon, who treat him very badly. But Harry doesn't know that he is extremely special: he was almost killed by Voldermont.

Eleven years later, Harry took out the mail noticing a letter. Uncle Vernon took it away

Sofia Atoofi from Harry. But the letter kept coming. One day the letters bursted out of everywhere, so uncle Vernon said they would move. A big man named Hagrid came in. He told Harry that the letters were an invitation to Hogwarts, a wizards' school. Harry was dropped off at the train station. On the train he met Hermione and Ron. Some of Harry's adventures at Hogwarts include Quidditch, a game played on brooms, and trying to stop Professor Snape from stealing the sorcerer's stone.

I highly recommend you read this book. I rate it 100 out of 5 stars because its fantasy and excitement make you want to read more.

Sofia is a fifth grader who loves writing. When she isn't submerged into a book, she enjoys doing gymnastics, acting, and singing. Her favorite kind of books are informational books, as she loves learning about new topics. She wants to become a writer or designer when she grows up, and hopes to someday publish a book, called Painting a Path, which she wrote for a school competition.

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Sophie's Choice



Sophie O.

Lightning Queen

This book is filled with hope and determination made by the characters. One of my favorite things is that the author based the book off of something that does



happen between the Rom people and other cultures. Among the best of friends, you'll see that even after death you shouldn't give up happiness. The author's presence is felt through the presence of the description of the characters and the scenes. You'll notice that people you thought you hated in the book change their characteristics with the help of Teo. Although I love all the characters I'm pretty sure my favorite person is Esma Queen of Lightning. She is strong spirited, happy, and strong-willed. This book will take you on an adventure of your own as you follow along with the main character's many adventures.

Sophie Olko is a 5th grader who loves to read and write her own stories. She enjoys soccer, loves to bake, act, draw and sew. One day she would like to have her own baking show.

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Lucy's Book Review



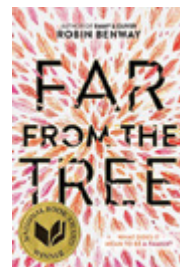
Lucy Davis

A Powerful Read

Far From the Tree, By Robin Benway

Family doesn't always mean that you're bonded by blood. In fact, Grace, Maya, and Joaquin depend on that saying. All three were taken in by strangers when they were young, building relationships with people they barely knew. So, learning that the three of them are siblings is not something they would've expected. All three have gone through trying experiences, and soon they realize that having each other in life is the greatest gift of all. Through pain, joy, laughter, and love, the three begin to learn the true meaning of family.

I enjoyed this book for a multitude of reasons. I feel that the author brought forth a great message: that family will always be there for you even when you don't realize it. It's honest, raw, heartfelt, and simply a powerful read. I will warm you: it contains strong adult language and situations, but definitely worth the read for ages 13 and up. Five out of five bookworms.



Lucy is a 6th grade student. When she isn't immersed in a book, she loves musical theater, ballet, and singing. She enjoys stretching her imagination by writing short stories of her own. Lucy will rate the books 1 to 5 bookworms with 5 being the best.

Summer Fun—Word Search Contest

Rules! One word in the list is NOT in the word search.

When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put RBUSD in the subject line.

BEACH	CHATTING
HIKING	ROAD TRIP
WALKING	HANGING OUT
JOGGING	SWIMMING
RUNNING	DIVING
READING	WATCH TV
TESTING	IPAD
SKATING	GAMES
PICNIC	INSTAGRAM
SURFING	GEO CACHING
SHOPPING	

Entries must be received by **July 15, 2018**

From the correct entries one name will be drawn to win a GAZUMP card/dice game - fun for all ages!



Congratulations to **Bryce Wallace-Brewster**
Word Search Contest Winner!

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Embassy Consulting Services, LLC is committed to building and maintaining safe, respectful and inclusive school communities. Our Safe Schools Summit is designed to bring together a diverse group of stakeholders to provide education, awareness and knowledge to help create safe schools.

EVENT INFORMATION

Wednesday, October 10, 2018

7:30 a.m. to 5:30 p.m.

Alpert Jewish Community Center
3801 E. Willow Ave.
Long Beach, CA 90815

Early Bird Registration
\$119.00 before July 1, 2018

General Registration
\$139.00

Morning and Afternoon Refreshments and Lunch Included

TOPICS & THEMES

- Building a Safe School Climate
- Assessing and Managing Students of Concern
- Responding to an Active Shooter Incident
- Debrief of the Santa Barbara Isla Vista Shooting
- Expert Panel Discussion
- How to Prevent the Next School Shooting
- Conducting Effective Threat Assessments

FEATURED KEYNOTE

Antoinette Tuff

The Inspiring True Story of How One Woman Saved an Atlanta School Under Siege.

Antoinette Tuff's courage and faith prevented tragedy for 870 children while a school was under siege by a heavily armed gunman. As the nation faced yet another Sandy Hook story of tragedy, one woman rewrote the ending. Antoinette will share her survival techniques that she used on that fateful day to disarm the shooter.



FOR EVENT DETAILS AND TO REGISTER VISIT

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