

FREE

School News

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Covering the Redondo Beach Unified School District



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This Summer Take Time to Reflect, Refine, Explore, and Recharge



Alternative Education students experience Joshua Tree National Park and The Broad Museum. (please see page 8)

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Tips to End the School Year On a High Note

With summer vacation just within reach, even the best students can lose motivation as the school year draws to a close. Instead, stay focused through the chaos to end the year with a bang – rather than a shudder. The following tips can help parents and students end the year on a high note:

Stay on the same schedule. While the last month of school is an extremely chaotic time for most families, it is important to keep a regular schedule as often as possible. Not only will this keep a sense of normalcy in the house, but it also gives children a sense of security in their daily routines.

Reflect on the school year. Sit down with your child and reflect on how their school year went. Ask them questions about what they liked, didn't like, and would want to change. Doing this helps children recognize their own strengths and weaknesses, as well as identify the learning styles or activities that did and did not help them during the year.

Say thank you to teachers. The end of the school year can be just as tough on teachers as it is on students. Take time to say "thank you" to the teachers, paraprofessionals, administrators, and other school staff who have helped your child this school year. Showing appreciation doesn't have to take the form of a gift; a sincerely written letter or handmade card often means more to them than a gift.

Don't be afraid to say no. The final few weeks of school can put extra time constraints on families. Between awards banquets, graduation ceremonies, end-of-year parties, and a myriad of other activities, your calendar might seem fuller than at any other time during the year. Don't be afraid to prioritize activities and say no to those that are less important. Doing so will leave you with more family time – and your sanity – during this often stressful time.

When the end of the school year bell rings, take a deep breath and pat yourself on the back for having been your child's biggest fan and supporter this school year!

On behalf of the Board of Trustees, RBEF wishes everyone a fantastic summer!
409 N. P.C.H., #310, Redondo Beach, CA 90277 • 310/954-2004
www.rbef.org

Superintendent



Dr. Steven Keller

Summer Learning

Participating in summer learning activities helps not only your child, but also teachers. Students who experience a various types of learning over the summer return to school in the fall ready with new information and therefore, full of new experiences.

Teachers admire the child who arrives bright eyed and ready to learn and do more. As for those students who sit at home, watch mindless television, and play video games... well, you have guessed it. This particular student begins a new year of school thinking about returning back home to watch his/her favorite television shows and play his/her favorite video games. This student does not necessarily embrace new learning or new activities. This can contribute to creating the chasm between the teaching and the learning. This is tough on teachers.

So, parents, let me encourage you to consider the following:

- If your child is going to watch television this summer, limit the time s/he watches and monitor what s/he is watching. There is indeed "good" television and "bad" television.
- Provide at least one hour of reading time in your home, Monday through Friday. Magazines, books, and appropriate online content are a few examples.
- Send your kid to a day, weekend, or a week-long camp in an area of his/her interest.
- Take your kid to a museum, to the mountains for a hike, to the beach for a stroll, or to the library for some quiet reading time.

Perhaps the most underrated learning and exchange with your child is while driving to/from a location. Some of my most profound (and entertaining) conversations with my son and daughter take place while I was driving somewhere. This is "priceless" one-on-one time that is often unused. Make the most of it.

Finally, and you know this, the traditional, family dinner time can never be undervalued. Playful spelling bees, multiplication problems, guess the author's quote, in what year did this occur, and a host of other teachable moments can take place when gathered around the table with the television and music off. Make the most of these moments, especially in the summer when your child is free from the responsibilities of school. Remember, Team RBUSD will provide the schooling; Team RBUSD and you, the parent, educate.

As a father who takes his job seriously, I implore you to throw every learning opportunity at your kid this summer. I know that budgets are tight. You don't have to spend *dime* on the ideas above. However, a little spending of *time* now can pay significant dividends in the long run.

Board of Education



Madison Laster
Student Member

Making a Positive Difference

When I found out that I had been selected to serve as the student member on the Redondo Beach Unified School District (RBUSD) Board of Education, I was thrilled and humbled at the same time. I was chosen to represent over 9,000 RBUSD students! Talk about no pressure! As I look back at this past year, I am overjoyed with all the wonderful things I was able to take part in,

whether that be advocating for students at Board meetings or visiting with elementary school leadership teams.

My position is to be a representative for all RBUSD students, and it was difficult to accurately represent the younger grades, as I don't interact with them on a daily basis. This prompted me to create Young Leaders of RBUSD, a district-wide committee comprised of two student delegates from each school. These brilliant Young Leaders help me tremendously, as we brainstorm commonalities in the district and the best ways to address them.

In addition to providing me with room for growth, this position has given me so many experiences that will have lifelong impact. In December, I was given the opportunity to travel to San Francisco along with other RBUSD Board members, to attend a statewide School Board conference. The conference had special workshops for all the student Board members in the state and proved extremely valuable, as it addressed best practices, such as how to research agenda items and prepare for meetings.

I've tried to make a positive difference wherever I go, and one improvement I sought to accomplish was aimed at better promoting the college-going culture in RBUSD. With the help of many prominent RBUSD figures, a new excused absence policy was created for upperclassmen at RUHS to visit potential colleges. Seeing my classmates benefit from this policy has really shown me that, no matter how small change is, it can really benefit many students.

RBUSD is truly a destination district, and I am so honored to be the student Board member. A sincerest thanks to everyone at the district office, Dr. Keller, fellow Board members, and my family and friends. I have had such a fulfilling experience, and I can't wait to embark on my second year this fall! Thank you, RBUSD and the Redondo Beach community! Let's continue to take our schools from great to AWESOME!

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 El Camino College



Kay Coop
Founder/Publisher



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School News

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Beach Cities Health District



Ali Steward, MPH
Director
Youth Services

Hitting Rewind On the School Year
Is there any greater anticipation than summer vacation? But before you slather on sunscreen and hit the beach, here's a rapid-fire year-in-review that includes our favorite ABCs: apples, beets and chard.

Through Beach Cities Health District's partnership with Redondo Beach schools:

- 60 Walking School Bus parent volunteers donated approximately 1,127 volunteer hours, enough time to complete 14.5 Los Angeles marathons.
- An **extra 192 hours of physical activity** were added to the school year through the 8-minute morning exercise program – that's 8 days of continuous jumping jacks!
- Students observed **13,725 mindful minutes** through the MindUP program – approximately the same amount of time it would take you to watch all 404 episodes of Law & Order: SVU

- Elementary **students grew more than 24,000 fruits, vegetables and herbs** in school gardens through the LiveWell Kids program – nearly enough to give two pieces of produce to everyone under 18 in Redondo Beach.
- Parent volunteers conducted **more than 42,000 fruit and vegetable tastings** – the same amount of products stocked in the average grocery store.
- **1,039,500 calories** were burned through the Classroom Activity Break program – enough to burn off 6,496 bags of Flamin' Hot Cheetos.

Finally, a number that can't be quantified: the countless hours Redondo Beach administrators, teachers, staff and parent volunteers dedicated to our students and our schools. Thank you to everyone who made the 2016-17 school year **1 for the books!**



514 N. Prospect Ave., Redondo Beach, CA 90277 • 310/374-3426
www.bchd.org



Redondo Beach Council PTA



Raymur Flinn
President

Summer Learning

Research shows the importance of summer learning to educational advancement, yet many communities offer limited or no summer learning programs. Parents desiring to keep their kids learning all summer long must find alternatives.

Fortunately, there are still plenty of ways to keep kids learning during the summer, even without a local summer learning program. They may require some extra planning from parents, but they are affordable and accessible in most communities. Here is a shortlist of activities and resources for parents to use when developing their own summer learning activities:

1. Read to your children, or encourage your children to read books recommended by their teachers, your local library and online summer reading lists. Sign up for your library's Summer Reading Program, which offers incentives for summertime reading.
2. Visit free local learning resources in your community that are entertaining, educational and close to home, such as libraries, parks, museums, universities and recreation centers.

3. Play fun math and word games that turn everyday household activities into learning opportunities. For example, have your kids add up prices at the grocery store and challenge them to tally up the final bill. When going on drives, ask them to look for certain shapes, colors, letters or words on billboards and signs.
4. Ask your children's teachers to recommend engaging, grade-appropriate educational activities that you can easily access online and download for free.
5. Get moving and get healthy. Turn off the TV, computer and video games (or at least put limits on screen time) and keep your kids moving with physical activities that also encourage learning. For example, organize a scavenger hunt that leads them around a local playground, park or museum.

On behalf of the almost 9,000 PTA members in Redondo Beach that I have the honor of representing as Council PTA President, I wish you a happy and healthy summer. It has been a pleasure to serve PTA and the Redondo Beach Community. Thank you for your continued support

1401 Inglewood Ave., Redondo Beach, CA 90278
www.rbusd.org



When to Seek Medical Attention for Your Child's Sore Throat



Ayal Willner, M.D.
pediatric
otolaryngologist,
Miller Children's &
Women's Hospital
Long Beach

At some point in your child's life, they will experience a sore throat. While allergies and irritations can contribute to a sore throat, viral or bacterial infections are the main causes of a sore throat.

It's important to learn the difference between viral and bacterial infections to ensure your child receives the correct treatment. Because viral illnesses, like a cold or flu, are the most common cause of a sore throat, it's best not to use antibiotics to treat them. Antibiotics are not effective in treating viral infections and the overuse of antibiotics may kill good bacteria and possibly lead to the development of antibiotic-resistant bacteria in your child.

If your child's sore throat is severe, lasts more than five to seven days and is not associated with an allergy or irritation, seek medical attention for your child.

Viral causes of sore throat can include:

- Common cold or flu
- Infection of the voice box (laryngitis)
- Mononucleosis (mono, "the kissing disease")

Bacterial causes of sore throat can include:

- Strep throat
- An inflammation or infection of the tonsils (tonsillitis) or the adenoids (adenoiditis)
- An infection of the tissues around the tonsils (peritonsillar abscess)

There are several other symptoms that may indicate a more serious illness. If your child experiences any of the following symptoms, consult your child's doctor:

- Difficulty breathing or swallowing
- Difficulty opening the mouth
- Joint pain
- Earache
- Rash
- Fever (over 101°)
- Blood in saliva or phlegm
- Frequently recurring sore throat
- Lump in neck
- Hoarseness lasting more than two weeks



2801 Atlantic Ave., Long Beach, CA 90806
800-MEMORIAL MillerChildrens.org/ENT

Paper or Pixel?

By Nicole Wesley, Director of Student Services

In this corner—we have print books, those old papery, hard-bound tomes that contain everything from love to sports.

In this corner—we have pixel books, at your fingertips via smartphone, e-reader, computer or smartwatch. Take your pick.

Print books are old-fashioned, not necessarily cheap, and have to be carried...

Pixel books are at your fingertips, not necessarily cheap, lightweight and have to be charged....

Which do you prefer?

Despite popular belief, print books are far from dead. According to *The New York Times*, the sales of print books have resurged. Some like to hold books as they read, enjoying dog-earing the pages, sharing passages with friends, and finding them by browsing at the public library or a local bookstore. Digital books can speedily be located and accessed on e-reading devices, they're easy to transport—especially on vacation when taking 10 books with you would be impossible, can be free or low-cost, and keep track of what page—or screen—you're on. For either method of access, our two wonderful Redondo Beach Public Libraries provide ample titles of both types of books.



Dr. Annette Alpern
Deputy
Superintendent,
Educational
Services



Jefferson Elementary students choose "paper" and "pixel" books for the summer.

Do you or your children have a Redondo Beach library card? If not, it's time to get one! Not only can you check out paperback books but you can also check out e-books. And for free!

Summertime is a great time to join a book club or a summer reading program, regardless of your age. Research as far back as 1978 has indicated that students who participate in summer reading programs improve their reading skills, sometimes dramatically. Our very own Redondo Beach Main Library is hosting a summer reading program beginning on June 17. Whether you prefer paper or pixel, if you're reading something of interest, you're likely learning new vocabulary, new ideas and new information. So, grab a book and have fun this summer!

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RBUSD Alternative Education



Anthony Bridi
Principal

Summer Fun

The summer months are a time to reflect, refine, explore, and recharge. But how do you plan to capitalize on the many opportunities summer has to offer?

Although it appears to be simple, creating a summer plan is the catalyst to creating memorable experiences. Our Alternative Education students have been working diligently with school staff and community organizations to start developing their summer path. School-sponsored activities such as field trips to colleges, national parks, museums, and job fairs are just some of the things that our students have been exposed to in preparation for the summer.

Our students were also recently invited to participate in the Redondo Union High School (RUHS) mock interviews supported by Partners in Education (PIE), and the 17th annual Blueprint for Workplace Success Job Fair. Planning for these opportunities included resume building and professional workplace etiquette training with the school

counselor. As a result, many students have secured internships and job opportunities, while at the same time connecting with our local community. Some students have even found new passion and purpose.

The next piece to a summer plan is the follow through. Exploring, researching, and applying for areas that cater to interests will lead to a first day of work, connecting to the world beyond school, meeting others with shared beliefs, and strengthening relationships with family and friends. One of the best things about summer is that students can practice their newly learned skills on their own, such as putting these plans into action. They have been given the tools, know their strengths, and now just need to make it happen.

The last step is, have fun! Get out there and try something new. The South Bay and greater Los Angeles area have so much to offer. Our hope is that students will continue to employ their new found skills and experiences throughout the 2017–2018 school year and beyond.

1000 Del Amo St., Redondo Beach, CA 90277
310/798-8690 • <https://rshs-rbusd-ca.schoolloop.com>



Alternative Education students experience the Broad Museum.

Have a FUN Summer!

South Bay Adult School



Dr. Anthony Taranto
Director

Summer Learning

South Bay Adult School (SBAS) is your place to gear up for summer by practicing lifelong learning. We offer a wide range of classes and programs that serve the interests of the greater South Bay community. Our South Bay Family Tree (SBFT) parent-education program offers classes for children from newborn to 6 months old, and up to 6 years of age. Our classes provide fun bonding activities with your child, and

you will also enjoy meeting other parents for fun and supportive friendships. All classes in SBFT require parent participation.

At Redondo Union High School, we offer our health and fitness classes that include Light Weightlifting, Swimming and Yoga in state-of-the-art facilities. At Mira Costa High School, classes include Fitness for Cardiovascular Exercise, Essential Oils Empowerment, Guitar, 3 Steps to Finding a New Direction and Moving Toward Zero Waste.

At our Edison campus, we will have a variety of English as a second language (ESL) classes, including: ESL Basic Computer Skills, English for Academic Success, Citizenship, GED Prep and Vocabulary, and Pronunciation. We will also offer Ukulele, Digital photography, Creative Mosaics, Quilting and Fitness for Mature Adults.

School may be out, but summer offers endless possibilities for learning and personal discovery. Registration for classes is easy and convenient. Visit us on our website, and sign up today.

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Adams Middle School (6-8)

2600 Ripley Ave., Redondo Beach, CA 90278 • 310/798-8636 • <http://www.adamsmiddle.org>



Lisa Veal
Principal

Unplug, Explore, and Enjoy!

As we head into the summer months, we encourage parents to give some thought to how their children will spend their time off from school. Ensuring they strike a balance between relaxation and continued learning will pave the way for a smoother transition in the fall.

Did you know that, on average, teens spend eight hours a day on electronic devices? We recognize there are benefits to technology, but there are a multitude of advantages to taking a break from it, too. Making a concerted effort to unplug this summer will encourage children to engage and re-connect with the world around them. Not only will unplugging challenge them, as we know how addictive technology can be, but it can push them to think outside the box and look for other ways to solve problems. Consider giving your child a topic, and challenge him or her to come up with several ways to solve it that do not include “googling” it. You’d be surprised how creative they can be!

Read, read, read. There is a loss of learning over extended breaks, and summer reading can prevent the “summer slide.” Stop by the local library and check out their teen program. Visit the school’s Web site and look for the summer reading lists and projects. Take some time to explore popular teen authors for a series that may interest your child. Encouraging children to read on a daily basis will ensure they are building knowledge, increasing their vocabulary, and being mentally stimulated.

Don’t forget to provide opportunities to practice math. Set aside a predetermined amount of time each day to practice fluency and review concepts learned this past year. Introduce them to sudoku puzzles. Take some time on family trips to incorporate math by calculating travel times, tips at restaurants, and fuel usage.

Most importantly, enjoy these months with family and friends! Summer is an opportune time to spend quality time together and reconnect. Just remember, you can enjoy the break as well as continue the learning process.

Have a great summer, and we will see you in the fall!

Beryl Heights Elementary (K-5)

920 Beryl St., Redondo Beach, CA 90277 • 310/798-8611 • <http://beryl.rbusd.org>



Karen Mohr
Principal

Summer Learning Can Be Fun

It is important to keep your mind healthy and involved with extracurricular activities during the summer months. Most importantly, families should read together, spend time exercising together, take a walk, go on a bike ride, or hang out at our beautiful beaches.

On June 16, we will be having our annual Redondo Beach Library assemblies to promote their summer reading program. The Redondo Beach Library provides multiple opportunities for our students and families to read and attend fun events.

We are encouraging our Beryl students to sign up for the library reading program and turn their logs in at the beginning of the next school year. The students will be recognized for their summer learning. The incentives are fun and worthwhile, and the children will also learn that reading is an enjoyable, lifelong process.

In regards to science, the Sea Lab is where students can explore and learn about the ocean and its many animals. There are other fabulous places to visit throughout Redondo, too. Many outdoor excursions, hikes, and visits to the tide pools and parks can be exciting and invigorating. The students can learn about nature and how we interact with it on a daily basis, and this will also keep their scientific minds working!

Our fourth-graders study the Mission era, and so a visit to one of our California Missions is always an exciting trip. In the third grade, students study Redondo Beach history and the planets, and so visiting local Redondo Beach landmarks can give families an opportunity to talk about history and discuss the importance of the past.

The Griffith Observatory is always a rewarding trip. There are also many summer camps available to keep children fit and active. Be sure to visit our website to see the many exciting summer activities available.

Have a safe and fun summer, and enjoy your time together as a family. School starts on Wednesday, August 30. See you then!

Alta Vista Elementary (K-5)

815 Knob Ave., Redondo Beach, CA 90277 • 310/798-8650 • <http://altavista.rbusd.org>



Susan Wildes
Principal

Summer Learning

By Nancy Ruwalcaba, Assistant Principal

The days are getting warmer, longer, and with summer vacation just a few weeks away our Wildcats are anxious to put on their flip-flops and relax. While relaxing is key to maintaining a balanced and healthy child, it is important to continue to support the academic progress your student was engaged in all school year and bridge the summer learning gap. According to the Oxford Learning Center, students can lose over two months of math and reading skills over one summer and educators on average spend 6-weeks of valuable instructional time reviewing past material to make up for summer learning loss. With this in mind your support of your child’s education over the summer months is key to helping him/her maintain their academic trajectory.

Luckily, we have a few ideas on how to help support your kiddo’s academic growth even through the long hot summer months:

- Incorporate reading into the daily routine of the day by:
 - Scheduling weekly trips to the local library
 - Bringing a book to the beach
 - Having your child get in the habit of reading a chapter in the morning before the day fills up with plans and outings
 - Creating a family or friend book club then watch the movie version and celebrate with a viewing party

- Having your student create their own graphic novel
- Setting up a weekly family game night - great for continuing to develop problem solving and reading skills, communication and reasoning
- Explore new and fun ways to learn
- Challenge your student to reach high scores on an educational app
- Work on a project together, i.e. robotics kit, science experiment, etc.
- Involve them in one of your own home improvement project or your own learning, i.e. cooking, baking, or fixing an appliance
- Have your student think mathematically
- If your student is old enough, make it your kiddo’s job to either calculate the tip or add the bill’s total
- Add a few math drills during a long drive

Though these activities do not involve handouts or worksheets, they still provide a sense of routine. Activities like the ones listed, help reinforce the habit of not only reviewing key academic skills, but also motivates students to practice these skills when they least expect it. These suggestions are just a few fun and engaging ways to keep your child building on what they have learned during the school year and prevent the summer learning gap.

Birney Elementary (K-5)

1600 Green Ln., Redondo Beach, CA 90278 • 310/798-8626 • <http://birney.rbusd.org>



Mira Baskaron
Principal

Summer Activities

Summer is around the corner, and our students and staff members alike are looking forward to spending time with family and friends. But it is important to recognize the need to continue to have our students engage in activities that will allow brain stimulation.

Studies show that children who don’t read, or who read rarely over the summer months, will encounter a stagnation or decline in their reading skills. There are plenty of summer activities though that students can engage in that are fun and could help minimize the “summer slide.”

For instance, make reading for 30 minutes a scheduled daily activity. For students who are more reluctant to read, tie a reward to the activity. Perhaps going to the park, beach, or other student-selected activity could be a good reward. Family reading time is also a good way to encourage everyone to read their own book, or the entire

family could read a book together. Consider connecting a book to a family activity. For example, a visit to the aquarium could lend itself to reading a book about fish or the ocean.

To continue the learning process at home, help your child set a reading goal, and then plan to visit the local library. The Redondo Beach Public Library has a summer reading program that all Birney students are encouraged to join. Students should track their summer reading, because when they return to school and turn in their logs, they will be recognized for their efforts.

If you are looking for a more structured environment, the Redondo Beach Education Foundation (RBEF) hosts a six-week-long, fee-based program that provides enrichment classes. Visit www.rbef.org to see class offerings. The Child Development Center (CDC) also offers a program that provides summer-long educational and enriching experiences.

Enjoy your time with family and friends. Happy summer!



Jefferson Elementary (K-5)

600 Harkness Ln., Redondo Beach, CA 90278 • 310/798-8631 • www.rbusd.org/jefferson



Jeff Winckler
Principal

Summer Learning

As your children enjoy the summer, having them take part in academic and physical activities gives them an opportunity for greater success in the fall. Keeping both your mind and body healthy is of the utmost importance. Reading together, spending time exercising together, and relaxing together are all ways that summer can be an excellent time for family bonding and connecting.

This summer the Redondo Beach Educational Foundation (RBEF) is once again providing its Summer Session. This year, Jefferson Elementary School will host the program, offering incoming kindergarten through fifth-grade enrichment classes to deepen student learning while preparing them for the next grade level. For more information regarding this summer school program, please visit www.rbef.org.

The Redondo Beach public library offers a summer reading program, which provides multiple opportunities for students and their families to read. It is a wonderful way to keep students' reading skills sharp. The public library staff will come to Jefferson in early June to explain the program in detail. Additionally, the Internet is a great resource for finding recommended reading lists for independent summer reading, as well as other academic activities.

For science and social studies, students can visit our local and greater Los Angeles area aquariums, museums, zoos, and historical sites, as these offer opportunities to learn and explore. Many of these locations provide activity centers, which allow students to not only see concepts firsthand but to engage in hands-on activities. These are wonderful places to visit for the entire family.



Jefferson will be hosting RBEF Summer School. Summer can be a great time to enjoy a book with a friend

Have a safe and fun-filled summer, and enjoy your time together as a family. We look forward to beginning another exciting and enriching school year at Jefferson in the fall.

Madison Elementary (K-5)

2200 MacKay Ln., Redondo Beach, CA 90278 • 310/798-8623 • <http://madison.rbusd.org>



Drew Gamet
Principal

National Parks and Monuments

Did you know that there are more national parks and monuments in the state of California than in any other state in the country? And did you know that four of the nine California national parks are within 275 miles of us? These parks offer educational experiences for you and your child that cannot be recreated in a classroom. Over the next few months, you have the opportunity to give them those experiences.

The closest park is also the trickiest to get to. The Channel Islands are only accessible by boat or plane; however, there is a visitor center in Ventura, where you can make reservations for transportation to one of the islands. Once there, only foot traffic is allowed; no biking or motor vehicles. The other parks can easily be accessed by car, but reservations are required for select locations.

Our national parks and monuments are important parts of our identity as a people, and students should experience them for themselves. For more information on summer programs that are going on this summer and how you and your family can participate, visit www.nps.gov.

Lincoln Elementary (K-5)

2223 Plant Ave., Redondo Beach, CA 90278 • 310/798-8646 • <http://lincoln.rbusd.org>



Jane Tasker
Principal

Summer Learning

The bell may stop ringing later this month, but educators know that the key to a successful summer is to continue learning!

The secret to making this possible is to “trick” children into thinking they are having fun. Here are a few ideas to help prevent the summer slide and spark creativity all summer long.

Mystery boxes—Before summer, pack up a few mystery boxes as a way to hone children's abilities to observe and describe objects. Don't let them look inside—just prompt them to use their observational skills like sight, sound and smell to make an educated guess. They can act like scientists while having fun making guesses.

Summer journals and postcards—Give children stamped, addressed postcards so they can write to friends and family about their summer adventures. Or recycle school notebooks and paper into summer journals or scrapbooks.



Lincoln student ready for summer!

Math via cooking—Teachers know that when you make a concept relevant, it becomes more firmly ingrained in the mind. It is important to constantly show children how math is useful in real life. Involve them in activities like cooking and baking, telling time, checking temperature and using money. Little ones can sort coins, and older ones can help estimate the grocery bill while shopping.

Screen break—The American Academy of Pediatrics estimates that the average child spends between two to six hours on screens every day. Children ages 8 to 18 can average more than seven hours! This summer, shift that balance by providing your

children opportunities to be creative indoors and outdoors away from screens. Here are some suggestions: play with sidewalk chalk, fly a kite, start a garden, volunteer, play a sport or go on a nature walk.

Whatever you have in store for summer, make sure you take time to soak it all in. We know that these moments are fleeting and children grow quickly. Enjoy all of the special moments with your loved ones!

Parras Middle School (6-8)

200 N. Lucia Ave., Redondo Beach, CA 90277 • 310/798-8616 • <http://www.parrasmiddle.org>



Dr. Lars Nygren
Principal

Summer Learning Opportunities

There are students who need additional support during the summer to help them be more successful during the regular academic year, and there are others who would like to pursue studies for enrichment purposes. In the Redondo Beach Unified School District, we are fortunate to be able to offer both alternatives with the help of the Redondo Beach Educational Foundation (RBEF).

The RBEF has combined efforts with the Redondo Beach Unified School District to create RBEF Summer Sessions. During the summer, the district will be offering a curriculum that has been designed by our credentialed RBUSD teachers and administrators to help our students reach their fullest potential. The courses will be four-weeks long, and there will be academic interventions as well as enrichment classes.

Please visit www.rbef.org for more information. Summer School Session I will be from June 27 to July 14 from 8 a.m. to 1:30 p.m. Session II will be held from July 17 to August 3 from 8 to 1:30 p.m. Classes will be held at Parras Middle School.

Our local community college has been a popular choice for many students. El Camino College offers summer academic classes in many different subjects for middle school students. They do charge a fee for their courses. Please visit www.ECCCommunityEd.com for more information.

It is important to note that our students cannot skip a regular academic year of math in middle school by taking a math course through RBEF Summer School, or at El Camino.

Please have your student take advantage of summer reading for extra credit in their language arts class. There are a number of books on our summer reading list, which is posted at www.parrasmiddle.org.

Redondo Union High School

One Sea Hawk Way, Redondo Beach, CA 90277 • 310/798-8665 • <http://www.redoundion.org>



The Home Stretch

Dear Sea Hawks,
We are here—the final month of school! With AP exams and state testing behind us, we have just these last few weeks of June before the

2016–17 school-year ends. This is always a time of mixed feelings, especially for our seniors, who have been looking forward to their graduation day for years and now it may suddenly feel like it is arriving too soon. The RUHS staff eagerly looks forward to the new group of freshmen coming in, and we somberly say goodbye to the seniors whom we have gotten to know so well.

Of all the powerful sentiments that our school community feels during the critical month of June, we'd like to promote appreciation, gratitude and celebration as an important triad of ideas to focus on. As you feel anxious



Celebration at last year's RUHS Graduation. This year it will be at 2 PM on June 23rd.

because a friend is moving away for college or some other pursuit, you can also feel appreciation for the incredible time you spent together and friendship you built. If you are thinking about how much you'll miss your favorite teachers, you can also thank them for the great experiences you had and show your gratitude for their hard work. And finally, as you may just feel tired and ready for classes

to end and summer to begin—as soon as possible, you can celebrate your amazing accomplishments in getting to where you are now.

So hang in there, and finish strong in your classes for quarter 4—we're in the home stretch, and summer will be here before you know it!

Washington Elementary (K-5)

1100 Lilienthal Ln., Redondo Beach, CA 90278 • 310/798-8641 • <http://washington.rbusd.org>



Pump Up Your Summer

Can you believe summer is just a few weeks away? Summer is a great opportunity to enhance your child's knowledge through life experiences. Studies have shown that students can lose up to 60% of reading and math skills over the summer. To succeed in school and life, children and young adults need ongoing opportunities to learn and practice essential skills. It's easy to make learning fun

during the summer. Here are some ideas for you to do with your child during the summer months.

Start a summer Journal. Take pictures of fun trips and have your child write each day about they do during the summer.

Take time to read every day and join the Summer Reading Program at the Redondo Beach Public Library. The program is free and children can attend free shows during the summer. Encourage your child to check out books every week and read something fun.

Visit a museum. Admission to the Science Center is free. There are lots of great hands on exhibits for kids.

Visit a National Park. Participate in Find Your Park Experiences to learn, discover, be inspired or simply have fun in National Parks.

Go to a concert on the Redondo Beach Pier every Thursday or Saturday night from 6:00 – 8:00 p.m. in July and August. Concerts are free and fun for the whole family.

Free movies on the Redondo Beach Pier every Saturday night in June. Movies are free. Don't forget to take a low back chair and blanket.

Go to the Farmer's Market every Thursday 8:00 a.m. – 1:00 p.m. in front of Veterans Park. You can buy healthy fruits and vegetables and give your child a chance to practice counting money and weighing food.

Wear your pedometer. Make a family habit to go for a walk every day and stay healthy.

On behalf of the entire Washington Staff we hope you have a wonderful summer full of new adventure, laughter, and most of all learning! Go Explorers!

Tulita Elementary (K-5)

1520 Prospect Ave., Redondo Beach, CA 90277 • 310/798-8628 • <http://tulita.rbusd.org>



Summer Fun and Learning

As we start to wrap up the school year, families begin planning for summer vacation. Whether traveling, spending time at the beach, or just relaxing together at home, enjoy the summer. I encourage you to make time for enriching and fun family learning too.

There are many ways you can mix some education in with your summer fun:

- Enroll in RBEF Summer Sessions.
- Visit one of our local museums.
- Go for a nature walk.
- Create a family history album.
- Visit a local farm to pick and enjoy fresh fruit and veggies.
- Study maps and guide books to plan a vacation or a weekend trip.
- Work together on a family budget for vacation.
- Compare and contrast the book and movie versions of the same story.

Of course I encourage you to read together too. Whether you read picture books, chapter books, new books, or old favorites, reading together is always a great way to spend



4th grade student getting a head start on 5th grade novels.

treasured time together and encourage ongoing learning. Our teachers will recommend books for summer reading and we encourage you to participate in the public library's summer reading program.

Have a fun relaxing and learning together!

Swim Word Search Contest

Rules! One word in the list is NOT in the word search.
When you have completed the word search, one word will be left and that word you email to:
Kay@schoolnewsrollcall.com (Please put RB in the subject line)

Entries must be received by July 15, 2017
From the correct entries one name will be drawn to win a GAZUMP card/dice game - fun for all ages.

Anchor	Flippers	Paddles
Backstroke	Freestyle	Pool
Boards	Goggles	Pulleys
Breathe	Headcap	Race
Butterfly	Kickboards	Relay
Chlorine	Kicking	Strokes
Diving	Lane Lines	Surfacing
Dolphin	Medley	Times
Earplugs	Meets	Underwater

Word Search by Gunnar Coop

G	N	I	K	C	I	K	N	I	H	P	L	O	D	L
O	M	H	C	A	S	D	R	A	O	B	K	C	I	K
G	P	C	M	E	D	L	E	Y	Y	A	L	E	V	D
G	A	H	J	F	H	I	T	R	V	O	B	G	I	G
L	C	L	B	R	K	I	A	N	O	U	M	S	N	Y
E	D	O	P	E	M	V	W	P	T	H	I	I	G	T
S	A	R	S	E	K	O	R	T	S	K	C	A	B	O
W	E	I	S	S	T	T	E	T	F	A	K	N	O	R
T	H	N	V	T	L	R	D	A	F	T	S	B	A	Y
X	N	E	I	Y	F	V	N	R	R	M	Y	C	R	N
L	F	Z	J	L	W	D	U	O	U	P	E	E	D	L
V	F	R	Y	E	E	S	P	A	D	D	L	E	S	R
T	C	M	V	D	M	N	D	Z	Y	A	L	U	T	N
E	B	B	I	Y	O	Z	A	G	Y	P	U	C	G	S
G	U	A	G	K	S	B	F	L	I	P	P	E	R	S

Congratulations to Stuart Nemiroff Winner of the April Word Search Contest!
(You still have time to enter the May contest and this one!)



South Bay Hands On Art

By Co-Chairs Gina Clancy & Erika Snow Robinson

La Tour Eiffel Was A Beautiful Success!

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Artist Stephanie Kohler and Gina Clancy at La Tour Eiffel workshop

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We will be celebrating our Docent appreciation brunch on Friday, June 3rd, we hope to see all of our chairs, docents, board members and everyone who is part of this amazing program to thank you for all you do. For more information visit www.southbayhandsonart.com

2110-B Artesia Blvd., Box 805, Redondo Beach, CA 90277
www.southbayhandsonart.com

Alana's Book Review



Alana F.

Wonder

By: Raquel J. Palacio

At first, the Pullman family doesn't seem that different. Two kids, mom, dad, drama, fights, Star Wars infatuations- what could be different? The answer is simple- Auggie.



August Pullman is the younger of the Pullman children. Since he was born, Auggie has been different- to put it simply, his face doesn't look "normal". Auggie knows this in fact, he's known it from a young age. But when Auggie is sent to school with other kids for the first time, will any innocence he has be shattered? Will he only witness from his peers evil and rejection, or will he receive the acceptance he deserves?

I'd give this book five stars because it really speaks to people nowadays. This book is sure to tug at your heartstrings more than a few times, and can teach anyone a thing or two about loving others no matter what

Alana is a student columnist. When she doesn't have a book in her hands, she enjoys playing video games and writing fiction. She rates books on a scale of 1-5 with 5 being the highest.

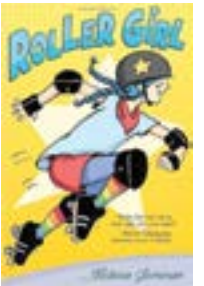
Book Review by Abbas



Abbas D.

Amazing Graphic Novel

Roller Girl is a graphic novel by Victoria Jamieson.



This book is about a girl named Astrid and her best friend Nicole. One day the girls go to a roller derby. Astrid later on begs her mom to go to roller derby camp and her mother agrees by signing her up. Astrid is elated and hopes her best friend will sign up too. Nicole signs up for dance class instead. This turns her summer upside down. Astrid's nemesis Rachel is now friends with Astrid because they're taking the same dance class. Rachel is a mean girl who keeps pressuring Nicole to stop being friends with Astrid. How will Astrid survive the summer without Nicole? This book is an amazing novel because it made me feel like branching out and trying new things can lead to new friendships. This book is great for people who love graphic novels and skating. Will Astrid continue her roller derby fame? I rate this book 5 out of 5 smiley faces.

Abbas D. is a fifth grade student who enjoys cooking in his free time, swimming and loves roasted marshmallows. Abbas will rate the books 1 to 5 smiley faces with 5 being the best.

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 Aug. 18: Pajama Day

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 July 7: Bowling
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 Aug. 17: Soak City

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Book Review By Katrina



Katrina D.

Captivating Read

Born Wicked by Jessica Spotswood

is the first in a series about a trio of sisters named Cate, Maura and Tess. Living in a world where their roles in the world are



rigidly controlled by a group known as the Brotherhood, the Cahill sisters must strive to stay under the radar of these powerful men or risk being shipped off to asylums as witches. However, the fact they actually are witches puts them at a greater risk than anyone else. Eldest sister Cate takes up the role of leader for her motherless sisters, attempting to protect the three of them from being discovered. But when Cate comes of age to either marry or join the Sisterhood, what choices and sacrifices will she make? This book is absolutely captivating with a Salem Witch Trial feel to it and an enchanting plot. With a touch of romance and a dash of magic, this book is a must read for all YA lovers. This book was given 5 crescent moons.

Katrina is a ninth grader who loves reading books as much as writing her own stories and enjoys watching anime. Katrina hopes to be an author one day very soon. Katrina will rate her books from 1 to 5 crescent moons with 5 being the best.

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Michael's Book Review



Michael H.

Will the Cave People's Plan Work?

Captain Underpants and the Revolting Revenge of The Radioactive Robo-Boxers by Dav Pilkey.

Tippy Tinkletrousers had destroyed the world. Tippy made sure that George and Harold had never turned Mr. Krupp into Captain Underpants. But Tippy decided it was a mistake, so he went back in time to fix everything and destroy Captain Underpants. Tippy met up with George, Harold, and Mr. Krupp. He had a time machine, so he took them to the dinosaur age where he detonated a bomb, that had blasted all of them to the middle of the ocean. Then right before they sunk Tippy set his time machine to go back to the time of the cavemen. Then he figured out Captain Underpants weakness, water! So he trapped Mr. Krupp under a waterfall. Then Tippy found George and Harold. He was about to squeeze them to death, but they came across cavemen. Unfortunately for Tippy, they escaped. Then George and Harold made a comic book on the rock walls to make the cave people unafraid of Tippy. Then the cave people made a plan to stop Tippy. Will the cave people's plan to stop Tippy work? Will Captain Underpants be destroyed?



I give this book 5 *****. This book was exciting and funny and I think everyone will enjoy reading it

Michael H. is a 4th grade student. Besides his love for reading, he also enjoys Karate, playing guitar and sharing new adventures with his mom. He will rate the books 1 to 5 stars with 5 being the highest.

Christina's Book Review



Christina J.

Captivating to Read

Emily Windsnap and the Ship of Lost Souls

written by Liz Kessler, is about the main character Emily, who keeps seeing a mysterious ship appearing and disappearing without a trace, only at certain hours each day, growing fainter each time. Emily and her friends try to figure out the mystery behind it, and the closest they could get to solving it is that a similar looking ship had recently disappeared with all its passengers on board. Later Emily finds herself near the ship and bravely accepts the challenge to solve its mystery once and for all. She meets people having a good time, without any care in the world about their past. Emily comes to realize that these people are the missing passengers of the missing ship and that they had their memories of the past slowly erased, and now they are stuck on this ship that is temporarily suspended in between our world and Atlantis. Emily only has a few hours to save the doomed passengers before they are all trapped in another dimension forever. With quick thinking Emily manages to find a way to save everybody and reunite them with their families.



I liked this book a lot. The story unfolded smoothly and was very captivating to read, keeping me guessing and worrying along the way with the main character. The suspense is great and the story itself is mind-boggling.

I rate this book 5 out of 5, with five being the best.

Christina J. is a 7th grader. She is an avid reader, who enjoys some peace and quiet with a good book about some great adventure. Christina is a young author herself, in 5th grade she wrote a book *Melody's Stories: I Am a Spy Now*, published by Studenttreasures Publishing (PIN #3582798).

Isabella's Book Review



Isabella A.

A Touching Book

Wonder by R.J. Palacio is a very unique story told in the perspective of multiple people. The main character is August Pullman; A deformed boy. He has lived his life stared at and rudely questioned. August has been



homeschooled for many years, but now that he is in fifth grade he goes to Beecher Academy. There, he makes friends but a few kids also bully him. Summer felt bad for him at first, but now is friends with him because she wants to. On an overnight fieldtrip, all of the bullies but one stop being bullies when they get in a fight with meaner bullies. When they go back to school, they don't mind the bully and are friends with August. After all that had happened, August decided he liked school.

I would rate this story 5 stars because it is a very touching story about compassion.

Isabella is a 11 year old who enjoys reading and writing fiction novels based on true events. She has written her first full children's mystery book which she plans to extend into a full series. She is looking forward to the summer, so that she can ride her bike and have no homework. She will rate the books 1 to 5 with 5 being the best.

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Keira's Book Nook

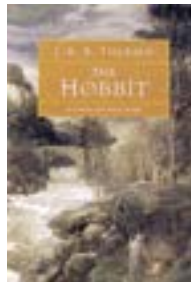


Keira

One Amazing Adventure

The Hobbit by J.R.R. Tolkien

Tolkien creates a magical world in which Bilbo Baggins, the "special" hobbit, becomes the best of friends with 13 dwarves, and they go through many dangerous



adventures together. Sure they have many arguments, but no one can have an agreement without a debate. The main theme of this story is synergy, or working together, because everybody on the team has to lend a helping hand, whether it's pulling fat Bombour out of an enchanted stream or facing down goblins and wild wolves.

I recommend this book to all people who love suspense and adventure. I rate this book 5 out of 5 apples, because it proves that whether it benefits you or not you will always help a friend in need. It demonstrates this, because even when Bilbo doubts the dwarves he still helps them achieve their goal.

Keira Fukuwa is a fifth grader. In addition to her love of books, she enjoys jazz dance, art, crafts and traveling. Keira rates books 1-5 apples with 5 being the highest.

Katie's Review



Katie C.

Video Games come to life!

Click Here to Start

by Denis Markell is an amazing book about a boy named Ted who loves playing video games. When his great uncle dies and leaves him an apartment full of random trinkets, Ted thinks he's



in for a boring summer. I mean, why would sorting some old stuff be fun? With his friends Isabel and Caleb, he starts sorting through the mess. But when he returns home to play a new video game, he finds that the room is exactly like the one in the apartment, and that the things in the room are the same as in the apartment he just sorted through. There is a hidden treasure somewhere! Facing an evil man, talking to Great Uncle's best friend, and creeping into a hospital at night lead to an amazing finding: there is a small golden falcon. This book is wrapped in suspense and excitement. I highly recommend it. I rate this book five out of five stars.

Katie is a 7th grader that loves to read and write. Fictional books are her favorite. Besides writing and reading, she loves soccer, acting, dancing, and playing the violin. She hopes to publish her own book someday.



Jenna's Review

The Wonder of Muppets!



Jenna C.

Book title: *I am Jim Henson*

Author: Brad Meltzer

Illustrator: Christopher

Eliopoulos

Have you ever watched Sesame Street? Do you like the character 'Kermit'?

Have you wondered who made these funny Muppets? There was a boy who loved watching movies, laughing and pretending with costumes. When he was thirteen, he saw a new technology—television at his friend's house. He was so amazed. He asked his dad, "Can we get a TV?" so many times. Finally, his family got a TV. The way they talked to each other in TV--it was like those puppets were alive. He wanted to work in television so badly. Finally, he got a job. He worked very hard each night and eventually created many Muppets. His Muppets' faces could move and express feelings. They looked alive. On November 10, 1969, the first episode of Sesame Street aired. It was a hit! It taught kids numbers and letters through Muppets. In this book, Jim Hansen says to kids, "Never stop laughing, sharing, imagining, dreaming and creating". I especially like this book because it has many illustrations.



Jenna is a first grader. She likes reading books and her parents reading books to her. She likes happy ending stories. She likes art, dance and soccer.

Courtney's Book Review



Courtney M.

Exciting Quest

Sea of Monsters written by Rick Riordan.

Exciting times with Percy Jackson as he goes on a quest to find the golden fleece, in hopes to save talia's tree that protects Camp half blood. Percy also wants to save his best friend Grover that is stuck with a giant Cyclops called Polyphemus. Grover is wearing a wedding dress and a fake eyeball to pretend to be a cyclop, so Polyphemus won't eat him. This book keeps you reading to find out what is going to happen next. Enjoy!

I would rate this book as a five star book.



Courtney likes to play softball, football, and volleyball. She also draws, sews and sings on the worship team at her church. She will rate the books 1 to 5 with 5 being the highest.



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Sophie's Choice



Sophie O.

Magic On Every Page

Jeremy Thatcher Dragon Hatcher, by Bruce Coville is a book about a boy named Jeremy Thatcher, who one day while running away from a girl that was trying to kiss him, finds his way to a magic shop in his town that he had never seen before. When he goes inside the magic shop, a color changing ball grabs

his attention and he decides to buy it. However, when he gets home, he realizes that the ball was not a ball at all, but a dragon's egg! Jeremy finds the instructions on how to hatch the egg and with the help of the librarian; he is able to learn how to care for the dragon. After the dragon grows to almost the same size as he is, he realizes it's time to let the dragon go back to where he came from. He had to let her go because the dragon would not survive in his world.

Even though Jeremy's dad was a veterinarian, Jeremy knew nothing about taking care of a pet, especially a dragon! By taking care of the dragon, Jeremy learns that he can do things he never thought he could.

I give this book 4 out of 5 stars. It's really interesting and I loved reading about the magic on each page.



Sophie is a 4th grader who is a lover of all books, loves to bake, act, draw, sew and play soccer.

Indoor Volleyball Summer Camps



Beginning & Intermediate Volleyball Players • Boys & Girls Ages 7 to 16

Dates & Locations:

- July 10 – 14:** Manhattan Beach MS, 1501 Redondo Avenue, Manhattan Beach, 90266
- July 10 – 14:** Christ Lutheran School, 28850 S. Western Ave., Rancho Palos Verdes, 90275
- July 17 – 21:** Manhattan Beach MS, 1501 Redondo Avenue, Manhattan Beach, 90266
- July 17 – 21:** LA Galaxy Volleyball Courts, 540 Maple Avenue, Torrance, 90503
- July 24 – 28:** LA Galaxy Volleyball Courts, 540 Maple Avenue, Torrance, 90503
- July 31 – August 4:** LA Galaxy Volleyball Courts, 540 Maple Avenue, Torrance, 90503
- August 7 – August 11:** LA Galaxy Volleyball Courts, 540 Maple Avenue, Torrance, 90503
- August 14 – August 18:** LA Galaxy Volleyball Courts, 540 Maple Avenue, Torrance, 90503

Pricing: \$450 Full-Day Week, \$250 Half-Day Week



- Priorities are having fun, building volleyball skills
- Players placed in small groups of similar ability
- Coaches are strong role models and strong coaches

9th Grade & Under High Performance

Advanced Volleyball Players • Boys & Girls 6th - 9th Grades

Priority: Getting players ready for successful high school careers. Focuses on advanced ball control, position development, offensive systems, defensive schemes, technical passing strategies, and blocking.

*High School players wanting to enhance their abilities are welcome!

Dates & Locations Same as Above 1:00 - 4:00pm

Pricing: \$275 for full 5 day week



Please sign up early. Clinics are limited to 30 players per week.
Beach programs also available.

Summer Fun Word Search Contest

Rules! One word in the list is NOT in the word search.
When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com (Please put RBUSD in the subject line)

Entries must be received by July 15, 2017
From the correct entries one name will be drawn to win a GAZUMP card/dice game - fun for all ages!

- | | | |
|-----------|-----------|------------|
| Awesome | Lessons | Sunscreen |
| Barbeque | Lifeguard | Surfing |
| Beach | Picnics | Swimming |
| Fireworks | Pool | Vacation |
| Fun | Popsicles | Volleyball |
| Hot | Sand | Water |
| Ice Cream | Summer | Wave |
| Lemonade | Sunny | |



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Online registration available at
www.BeachCitiesVBC.com

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A.

Get up to \$500 to switch.

Just for switching, get a little help building up your higher education nest egg.

Balance amount	Bonus
\$10,000 - \$20,000	\$100
\$20,001 - \$30,000	\$200
\$30,001 - \$40,000	\$300
\$40,001 - \$50,000	\$400
\$50,001 +	\$500

B.

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With ScholarShare, you get a 529 college savings plan that is highly-rated by Morningstar—scoring five out of five across its rating pillars.*

C.

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*ScholarShare has received a Silver rating from Morningstar, making it one of the best-rated plans in the nation. In an annual review (10/25/2016) of the largest 529 college savings plans (63 total), Morningstar identified 33 plans that rose above their typical peers, awarding those plans Gold, Silver, and Bronze Morningstar Analyst Ratings for 2016. These forward-looking, qualitative ratings signal Morningstar's conviction in the plans' abilities to outperform their relevant benchmark and peer groups on a risk-adjusted basis over the long term. Morningstar evaluates college savings plans based on five key pillars — Process, Performance, People, Parent, and Price. For more information about Morningstar's overview of ScholarShare, go to 529.morningstar.com. Past performance does not predict future results. Source: 529.morningstar.com



To learn more about the California 529 College Savings Plan, its investment objectives, tax benefits, risks, and costs please see the Disclosure Booklet at scholarshare.com. Read it carefully. Check with your home state to learn if it offers tax or other benefits for investing in its own 529 plan. Taxpayers should seek advice from an independent tax advisor based on their own particular circumstances. Investments in the Plan are neither insured nor guaranteed and there is a risk of investment loss. If the money isn't used for qualified higher education expenses, a 10% penalty tax on earnings (as well as federal and state income taxes) may apply. Non qualified withdrawals may also be subject to an additional 2.5% California tax on earnings. TIAA-CREF Individual & Institutional Services, LLC, member FINRA, distributor and underwriter for the California 529 College Savings Plan. 108476