

#### **Covering the Norwalk-La Mirada Unified School District**

#### **VOLUME 8, ISSUE 35**

#### All Systems Go for NLMUSD!

We are so very proud of the progress taking place at NLMUSD this 2018-2019 school year. There is so much we can say about the many achievements and awards we have received thus far that we don't have the time nor space to share it all. We are simply going to continue what we started to make sure our motto holds true. Every Student. Future Ready. Our Promise!

"At NLMUSD, we are building capacity so that all students are able to clearly articulate their ideas while they become critical thinkers about their learning. This is who we are. This is what we do."

This is an excerpt from NLMUSD Assistant Superintendent of

**President's Message** 

The world is a wonderful

place. We all have a purpose in

this world. It was a while back

help others. I look around this

school district, at our students,

administrators, staff, volunteers

parents, teachers, assistants,

that I realized my purpose is to

#### iTodos los sistemas van por NLMUSD! Estamos muy orgullosos

del progreso que se está llevando a cabo en NLMUSD este año escolar 2018-2019. Hay tanto que podemos decir sobre los muchos logros y premios que hemos recibido hasta ahora que no tenemos tiempo ni espacio para compartirlo todo. Simplemente vamos a continuar con lo que comenzamos para asegurarnos de que nuestro lema se mantenga fiel. Cada estudiante. Listo para el futuro. ¡Nuestra promesa!

"En NLMUSD, estamos desarrollando capacidad para que todos los estudiantes puedan articular claramente sus ideas mientras se convierten en pensadores críticos sobre su

**President's Message** 

See Superintendent • Page 12

Dr. Hasmik

Danielian

Superintendent

### Healthy, Fit, Smart and Future Ready! By Cindy Rayburn, Principal -

Lampton Elementary School

On Friday, February 8, the United States Medical Soccer League brought more than 50 doctors to Lampton to work with our fourth and fifth graders for their "Healthy, Fit and Smart" out-reach program. The U.S. Medical Soccer League is a team of doctors from around the United States who play competitive soccer against other international medical soccer teams. The doctors in attendance represented almost every specialty in the field of medicine.

The "Healthy, Fit and Smart" program consisted of three rotations for students. The "Healthy" component included a Jeopardy style game about nutrition and healthy lifestyle choices. Each classroom was broken into three teams that competed for points and classroom bragging rights. These competitive teams were each coached by 2-3 doctors.

When students reached the "Fit" rotation, they did athletic warm-ups, then worked on their soccer skills. Approximately 20 doctors worked the students through agility drills, dribbling and passing practice, and kicking skills.

Lampton's multipurpose room was filled with medical industry professionals and training equipment for the "Smart" component. An orthopedic surgeon explained how he used sonogram equipment for orthopedic surgery, and demonstrated the images that are projected and how they guide the surgeon. A cardiologist brought a surgical training simulator for an angiogram. Students helped him feed the angiogram camera through a tube into simulated heart



Lampton Students experiment with equipment provided by US Medical Soccer Team on their visit to Lampton Elementary School.

**JUNE 2019** 

by watching the computer display. One student dubbed this "taking a heart selfie." In yet another area, a different specialist helped students practice using a training simulator for arthroscopic surgery. Other stations in the "Smart" component gave students insights into cochlear implants, the placement of stents to support major arterial repairs, and even the treatment of embolisms.

Our students were amazed at the range of specialties of the doctors they met, and the training equipment they were allowed to experience. The Healthy Fit and Smart event was outstanding. Our students had experiences they will never forget, and that may shape their career paths in the future!



**BOARD OF EDUCATION** 

Ana Valencia President

and cannot help but feel gratitude toward all who contribute to ensure our students receive a quality free public education. I am reminded of the light and energy we provide to pave the way for our future, our students.

Recently I had the opportunity to hear one of the grandchildren of a man I admired greatly, Cesar Chavez. His grandson spoke about the passion in Cesar Chavez and the fearless and tireless commitment toward improving the lives of the farm workers with better pay, worker

#### El mundo es un lugar maravilloso. Todos tenemos un

propósito en este mundo. Hace un tiempo me di cuenta de que mi propósito es ayudar a los demás. Miro alrededor de este distrito escolar, a nuestros estudiantes, padres, maestros,

asistentes, administradores, personal, voluntarios y no puedo dejar de sentir gratitud hacia todos los que contribuyen para asegurar que nuestros estudiantes reciban una educación pública gratuita y de calidad. Me hace recordar la luz y la energía que proporcionamos para pavimentar el camino para nuestro futuro; nuestros estudiantes.

Recientemente tuve la oportunidad de escuchar a uno de los nietos de un hombre que admiraba grandemente, César Chávez. Su nieto habló sobre la pasión dentro César

www.SchoolNewsRollCall.com

See Board of Education • Page 13

# Clos**ER**. Bett**ER**. Norwalk**ER**.

## **Outdoor Summer Safety Tips**

From Norwalk Community Hospital

- Apply sunscreen often
- Drink water about every 20 minutes
- Supervise kids around water
- Don't leave kids/pets unattended in the car

Enjoy a fun-filled summer, but if you have an emergency, our 24/7 paramedic-receiving emergency room (ER) is here for you and your family.



### Norwalk Community Hospital ER

13222 BLOOMFIELD AVENUE / LACH-NORWALK.COM / (562) 863-4763



www.schoolnewsrollcall.com Covering the

Covering the NORWALK–LA MIRADA UNIFIED SCHOOL DISTRICT

FOUNDER/PUBLISHER: Kay Coop 562/493-3193 • kay@schoolnewsrollcall.com ADVERTISING SALES: 562/493-3193 CONTENT COORDINATOR: Barbra Longiny GRAPHIC DESIGNER/PRODUCTION: Gerald Villaluz and Emily Ung COPY EDITORS: Lisa Brock, Kate Karp & Anna Zappia SOCIAL MEDIA: Nancy Lueder Netragrednik by Neta Madison



SCHOOL NEWS ROLL CALL, LLC P.O. Box 728, Seal Beach, CA 90740 562/493-3193

www.schoolnewsrollcall.com Copyright © 2006, School News Roll Call, LLC Reproduction in whole or in part without written permission is strictly prohibited unless otherwise stated. Opinions expressed by contributing writers and guest columnists are their views and not necessarily those of *School News Roll Call*. This publication is privately owned and the right is reserved to select and edit content. The Norwalk-La Mirada Unified School District does not endorse the advertisers in this publication.





**Kay Coop** Founder/Publisher



Our next issue is October 9. Have a wonderful summer and please remember to include the library among your activity choices. On page 14 are several student book reviews to help with your selection. Don't forget to enter our Word Search Contest on page 13.



### 2019 SUMMER PROGRAM

#### Date: 6/10/19 - 8/16-19 | Time: 9AM - 6PM Grades: K-6

1201 S Beach Blvd, Ste 108, La Habra, CA 90631 (Cross streets Beach & Imperial)

\*Academic programs, art, STEM, reading, games, field trips, & more!

\*Custom curriculum for every student to promote critical thinking, problem solving, & character building

\*Free assessment with enrollment

\*Refer a friend & get \$25 credit, no limit!



writing G3-9, TED Talks G5-9, art GK-8, private tutoring, & more available!

GROU

LASSE

Book clubs G1-8,

(562) 902-0508 | www.lodestoneacademy.net | contact@lodestoneacademy.net



*Learning never exhausts the mind.* -Leonardo da Vinci

John Larcabal, O.D. Sandra Stevens, O.D. Diane Almanza, O.D.

(562) 868-8233 •



• drjohnlarcabal.com

# JUDGEMENT FREE ZONE®

**SIO A MONTH** 

12832 Rosecrans Ave | Norwalk, CA 90650 | (562) 278-1400 13469 Telegraph Rd | Santa Fe Springs, CA 90605 | (562) 941-0051 12831 Towne Center Dr | Cerritos, CA 90703 | (562) 860-2031

### Ramona Head Start Pre-School

14616 Dinard Ave., Norwalk CA 90650 • 562/921-7610



#### Make Healthy Changes

On March, 14 parents (2 not shown in photo) completed the "Make Healthy Changes" 8-class series and received a certificate of nutrition from our community partner University of California Expanded Food and Nutrition Education Program. This training was led by Aba Ramirez, who is our community partner representative.

Laurel Parker Director

representative. Our parents from Ramona, Nuffer, Sanchez, Foster Rd and even a carpool from Gallatin in Downey made a commitment to participate in the classes and more importantly, a commitment

to make positive and healthier choices for their families.



### Adult School

15711 Pioneer Blvd., Norwalk CA 90650 • 562/868-9858 15920 Barbata Rd., La Mirada, CA 90638 • 714/670-9279 • www.nlmas.org

#### Training for a Fascinating Career



Students in the Medical Assistant program prepare to be frontline supports in all areas of a physician's office or medical group. They spend hours taking vital signs on each other and actually enjoy drawing blood for testing.

Sharon Renfro Todd Director

Professionally, medical assistants are known as the heart of health care. They often balance administrative office work with the clinical side of doctor support, and may even be found in the laboratory. One of the most important aspects of their work,

however, is how they communicate with and treat individual patients. They must be a calm and reassuring presence for people who are often filled with anxiety about their health.



Medical Assistant students practice taking vital signs.

Our students gain a lot of experience building those soft skills as they practice the technical side. Soon they will begin internships that further their training into a growing, criticalneed profession. The Norwalk-La Mirada Adult School is happy to provide their start!

#### Norwalk-La Mirada Unified School District Preschool Programs

High Quality Free Preschool Preescolar de alta calidad gratis



Now Providing Services to Families Living in Norwalk, La Mirada and Areas of Downey Ahora presta servicios a las familias que viven en Norwalk, La Mirada y zonas de Downey



2019 – 2020 Monday – Friday lunes a viernes 7:45am – 4:00pm Ramona School Office 14616 Dinard Avenue Norwalk, CA 90650 (562) 210-4205

www.nlmusd.org/preschool Applications available online (website) Head Start, Early Head Start and State Preschool are offered across multiple sites. Home base or center base options are offered to 0-5 year olds beginning in July and August. Classes are currently being filled. Ofrecemos una variedad de programas y escuelas. Home Base, clases para niños de 0 a 5 años, las clases empiezan en julio y agosto. Las clases se llenan rapido.



**We toilet train too!** ¡Les enseñamos a usar el baño!



We welcome children with disabilities. Aceptamos niños con necesidades especiales.



We offer services to expectant women. Ofrecemos servicios a las mujeres embarazadas.

The programs serve all eligible children regardless of sex, race, religion, ethnicity, or disabilities, and refrain from religious instruction or worship. Estos programas sirven a todos los niños elegibles, sin importar raza, sexo o incapacidad, y no proporcionamos instrucción religiosa.

License#1915708262, 191595830, 198009691, 1980096931, 198013724, 191500784, 198015222, 198015619, 198013856, 198018070, 198019999

### Benton MS Visual & Performing Arts Magnet

15709 E. Olive Branch Dr., La Mirada, CA 90638 • 562/943-1553 • www.nlmusd.org



#### Amazing Work

Benton Middle School continues to shine in the areas of the visual and performing arts. The Wolverines competed in a number of festivals and art shows this spring and the results have been outstanding.

The Benton Band participated in the Bellflower Music Festival

Benjamin Webster Principal in March. Both Orchestra and the Festival Band earned a rating of "Excellent," with one judge awarding the Festival Band the highest mark of "Superior." Our students have shown tremendous growth under the leadership of Mr. Summers, and we look forward to beautiful music in the future.



Benton students recently participated in Norwalk's Artastic Show in March. Our Wolverines earned 12 ribbons during the show. Genevieve Funes was also named as the Overall Winner of the 2019 Artastic Arts Scholarship. Additionally, students in Media Arts will be featured on the CBS Sunday Morning News program for their sun designs. Come check out our amazing work at our next show.

#### Corvallis MS Arts & Technology Magnet 11032 Leffingwell Rd., Norwalk, CA 90650 • 562/868-2678 • www.nlmusd.org



#### Career Prep

Over 200 parents and family members attended AVID Parent Night in March, which featured three former Corvallis students as panel members: Leo Santos, Citlalli Lopez Gonzalez, and Johanna Elizarraraz. The three Norwalk High School seniors and AVID elective students shared their journey from middle school through high school as they prepare for college and how AVID helped them along the way.

Bob Easton Principal

Also this spring, more than 35 guests from a variety of

professions presented three workshops to students for Career Day. Students had a chance to think about their future and find out about jobs that might interest them in the medical, engineering, entertainment and lawenforcement fields as well as service industries.



Norwalk High Seniors Serve on AVID Panel

Finally, by the end of the year, all our students will have visited our Career Center on campus to discover career interests and aligned college programs. Students are guided through structured CCGI lessons with the help of our intervention counselor.

### Chavez Elementary School

12110 E. Walnut St., Norwalk, CA 90650 • 562/868-3565 • www.nlmusd.org

#### Growth in Math



This year, the Transitional Kindergarten through fifth-grade students at Cesar Chavez Elementary School are highly engaged in Mathematical Academic Discourse on a daily basis. Every student is expected to communicate his or her reasoning, to clearly and precisely construct viable arguments, and to critique the reasoning of others. From kindergarteners who can tell why six is larger than four to third-graders who wrote letters to Puzzle Penguin explaining his mistakes and fifth-graders who can defend their answers with claims and explanations, all of our

Galvez-Reyna Principal

students are talking and writing about math. Every classroom has structures and scaffolds that support students as they discuss and write about math. Math word walls, charts, Frayer Models, and pocket charts are filled with important words and sentence frames, which students use to create their arguments. Every third-, fourth-, and fifth-



grade class is writing mathematical arguments during Tier 1, Tier 2 and Tier 3 instruction. Several times a week, students state their claims verbally and in writing with supporting evidence.

Our students' confidence and math achievement are growing! We are so proud of their hard work!

### Dolland Elementary School

15021 S. Bloomfield Ave., Norwalk, CA 90650 • 562/921-9934 • www.nlmusd.org

#### **Latino Literacy Project**



At Dolland, we all grow and learn together. This Spring, it has been especially true for our parents. We have partnered with the Latino Literacy Project to enhance reading as a family in our community. Our family reading program (Family Stories / Cuentos Familiares) can be used to bring together the entire family. It teaches parents the importance of establishing a family reading routine with their children, how to share books and it helps both parents and students learn Spanish and English

Lorena Sierra Principal

> vocabulary. The most important thing our families learn is the magic that comes from reading stories together. Sharing the feelings and experiences we read about creates opportunities to learn more about ourselves, our family and each other. Go Huskies!



Parent participants at the weekly Latino Literacy Project workshop.

COVERING THE NORWALK-LA MIRADA UNIFIED SCHOOL DISTRICT

### Dulles Elementary School

12726 Meadow Green Rd., La Mirada, CA 90638 • 562/943-6734 • www.nlmusd.org



#### Career Day

Dulles held a school-wide Career Day in April! Our students were able to listen to professionals talk about their duties, how they achieved their dreams, and how they make a difference in our world.

**Shanti Gallegos** Principal

Our Dolphins engaged in hands-on rotations with guest speakers. Nutritionist Natalie Price for instance discussed how

she helps teach the importance of nutrition for a healthy body. Cinematographer Curt Apduhan had the students use video equipment and shared his Oscar award. Veterinarian Dr. Nunez

brought animals and discussed their care.



Make-up artist Michelle Almanza showed students how she uses makeup to create special effects, and also used several students as models. A nurse and a caregiver also explained how they help take care of newborns and people in need of assistance. Jake Rojas, a journeyman, brought his truck and put students to work.

Our students were inspired as they discussed their hopes and dreams for the future.

Veterinarian Dr. Nunez engages students from Mrs. Villegas' class during Dulles Career Day

### Edmondson Elementary School

15121 S. Grayland Ave., Norwalk, CA 90650 • 562/864-9501 • www.nlmusd.org



#### **Coding Collaboration**

In addition to all of the new technology that our teachers and students use in every classroom every day, Edmondson Elementary's Coding Club has captivated our students' attention and helped stretch their problem-solving and critical thinking skills. It is also helping them continue to develop their math skills, writing skills, creativity, and confidence!

**Sharon Stewart** Principal

The third-, fourth-, and fifth-grade students who participate in the Coding Club meet weekly to use robots to navigate around objects. They are also learning how to code efficiently while

working in team. Parents and staff members are excited to see the students learning another language, the language of technology. And our students are especially excited about showcasing their knowledge while engaging in friendly competition at our district's Elementary Coding and Robotics Competition!



### Eastwood Elementary School

15730 Pescados Dr., La Mirada, CA 90638 • 714/521-6480 • www.nlmusd.org

#### **Healthy Heart Heroes**



For the month of March, Eastwood participated in the Kids Heart Challenge sponsored by the American Heart Association. We were challenged to be heart heroes and exceed last year's lifesaving donations of \$1,600.

The students were pumped up at their assembly not to just raise money but also to commit to healthy habits. For this challenge, 32 students committed to exercising 60 minutes a

Darryll Ramsey Jr. Principal

day, 38 students agreed to drink water over sugar drinks, and



27 students took on the challenge to do a good deed. We set a goal to raise \$2,000 to help others who need healthy hearts.

By the PTAassisted We Care Wednesday Jump Day, the Eastwood Heart Heroes superseded all expectations and raised a grand total of \$3,375. We celebrated the accomplishment with music, jumping and dancing. Great job, Eastwood, for helping make the world a healthier place!

### El Camino High School

14625 Keese Dr., Whittier, CA 90604 • 562/944-0033 • www.nlmusd.org

#### **Hard Work and Dedication**



El Camino High School continues to complete what has been a very busy and very successful year. In the Fall of 2018, the school went through the evaluation process with the California Department of Education to be considered a California Model Continuation High School. We are very pleased to report the school was awarded this recognition as a result of the hard work and dedication of the staff and students as well as the support from the school district. Additionally, in March, 2019, the school went through the WASC Self-Study process and the staff is

Director Alt. Education

> looking forward to the outcome of the accreditation visit. Currently, students are continuing to work toward meeting their academic requirements in anticipation of graduation on Tuesday, June 4, 2019.



English teacher Cindy Ross, Math teacher Kathy Pham, and Assistant Director of Alternative Education, Reina Flores-Hansen attending the 2019 California School Recognition Program Awards Ceremony

### Escalona Elementary School

15135 Escalona Rd., La Mirada, CA 90638 • 714/521-0970 • www.nlmusd.org



#### Supporting Learning with Technology

Escalona Elementary School students and teachers use technology on a daily basis to support and enhance their learning. They effectively use technology to differentiate instruction and provide opportunities for learning through computer-adaptive programming in small-group and individual learning settings.

**Bonnie Lytle** Principal

Children across all grade levels are also using technology to increase their content knowledge. Our Escalona students are excited to be working on research projects and PowerPoint and

Keynote presentations — and to be publishing their writing — all with the help of technology. This year a new dimension has been added to our use of technology, coding, and robotics. Coding and robotics develop strong critical thinking and problem-solving skills.

Technology is one way in which we personalize learning, maximize student engagement, and enhance educational opportunities for all students. Go, Eagles!



Robotics and coding help develop critical thinking skills and problem solving.

### Glazier Elementary School

10932 E. Excelsior Dr., Norwalk, CA 90650 • 562/863-8796 • www.nlmusd.org



Autism Awareness Month

Glazier Elementary celebrates Autism Awareness Month by hosting a sensory fair.

The Special Education Team along with volunteers create a warm and welcoming environment for all to enjoy. The entire student body participates in sensory stations such as bubbles, slime, balloons, sand and jelly balls. These stations teach students about textures and the soothing effects they provide to

Adriana Nakano Principal

children that require a sensory diet. Students from all programs join together to learn about empathy and kindness!



### Foster Road Elementary School

13930 Foster Rd., La Mirada, CA 90638 • 562/921-9908 • www.nlmusd.org

#### **Our Academic Achievements**



The end of the year is just about here, and the Foster Road School staff and students are working hard to finish off the year. We are finishing up our state testing and end-of-the-year I-Ready assessment for all of our students. All efforts are aimed at striving for academic progress and performing to the best of our abilities. The Foster Road Stars are looking to shine once again.

Salvador Villagomez Principal

I am proud to announce that once again the Foster Road community has been recognized for our academic efforts. Foster Road is one of the 279 schools recognized this year in the first annual report Top Los Angeles Public Schools for Underserved

Students report. Our school made the list based on our strong results in math for our target population.

It truly takes the entire community to achieve this award. Therefore, we here at Foster Road would like to acknowledge the hard work that staff, parents, and students have put into achieving our best. Let's continue our dedication to making our school among the top in the state.

Go, Foster Road Stars!

### Gardenhill Elementary School

14607 E. Gardenhill Dr., La Mirada, CA 90638 • 562/944-6128 • www.nlmusd.org

#### A Distinguished School



Gardenhill has received the PLTW Distinguished School Launch Recognition for the second year in a row! Our school is one of 426 PLTW schools across the nation to have received this recognition.

PLTW allows students to participate in a minimum of two modules in grades K-5 in the NGSS standards, which prepares our students for the future. These modules support our students

Sarah Gilbert Principal

with the skills they need to become future leaders. Our students also develop critical thinking skills to help find solutions to realworld problems.



Using their understanding of kinetic and potential energy, Mrs. Clock's fourth grade students design a restraint system to protect their "passenger"

Gardenhill teachers work hard to make sure that all children participate in the lessons. They provide a supportive environment for our students to engage in the "4 C's" of 21st-century skills: Critical Thinking, Communication, Collaboration, and Creativity.

Our wonderful community and PTA have dedicated themselves to supporting this program, and to help maintain the tools and materials we need for our students to succeed. Thank you to all involved in our students' future!

### Glenn High School

13520 Shoemaker Ave., Norwalk, CA 90650 • 562/868-0431 • www.nlmusd.org



#### The Long Wait is Over!

The NLMUSD Board of Education and district leadership, together with a host of community members from the City of Norwalk, recently celebrated the grand opening of our newly constructed, 800,000 square-foot synthetic turf athletic field and stadium project. This historical event took place on May 14th, commencing at 4 p.m. on the campus of John Glenn High School.

Francisco Ramirez Principal

Through the support of Measure G funding, this state-of-theart facility will add a new level of play and competition for all JGHS athletic teams. In addition, our Eagle family will have the momentous honor of graduating the Class of 2019 in its very own stadium! A historical first!



**New Football Field & Track** 

Students, staff, and families are elated at the thought of soon bearing witness to the beginnings of new legacies and traditions, and all to be celebrated by countless future generations of Eagles. We thank our community for their support in making this dream a reality, and invite everyone to join us!

### Johnston Elementary School

13421 S. Fairford Ave., Norwalk, CA 90650 • 562/864-2508 • www.nlmusd.org



#### **Moments of Greatness**

Johnston Elementary School's College Week was an exciting time for our school community. The week included celebrations of Dr. Seuss and Read Across America Day.

Suzanne Marques, a local news reporter, visited with her

camera crew to capture video of her time reading to our

kindergarteners. She also spoke at a fifth-grade assembly to

Angela Togia Principal

answer questions about her career. Johnston was featured on the air during the evening news broadcast. This was our sixth year of participation in the American Heart Association Jump for Heart Challenge. Our Roadrunners and families raised

\$3,500 this year-that's \$1,000 more than last year!

Principal for the Day - Norwalk Mayor Jennifer Perez

Norwalk Mayor Jennifer Perez also served as our Principal for a Day. She was impressed by the amazing Norwalk landmarks our thirdgraders created and arranged to have their creations displayed at the Norwalk Art Gallery, where students and families were invited for a reception.

The 2018-2019 school year has been filled with many moments of greatness, pride, and joy.

### Hutchinson MS Math, Science, Technology Magnet

13900 Estero Rd., La Mirada, CA 90638 • 562/944-3268 • www.nlmusd.org

#### Science Engaging and Empowering Students



Hutchinson's seventh grade Science students are taking two classes in one! Mrs. Kelly Garcia has embedded PLTW's Computer Science for Innovators and Makers into the Science curriculum to create more rigorous and challenging opportunities for our students.

**Robin Padget** Principal

Within their integrated NGSS science standards, our seventh graders are discovering computer science concepts and skills by creating personally relevant, tangible, and shareable projects.



They are learning about programming for the physical world by blending hardware design and software development.

In the 19-20 school year, Hutchinson is embedding PLTW CSIM curriculum into 6th grade Science classes as well. This will equate to 75% of all students at Hutchinson engaged and empowered by the PLTW experience!

NLMUSD Board members Chris Pflanzer and Jorge Tirado visited Mrs. Garcia's Science 7 classes with PLTW CSIM embedded.

### La Mirada High School

13520 Adelfa Dr., La Mirada, CA 90638 • 562/868-0431 • www.nlmusd.org



#### **Engineering Lab** By Raul Pena

With the installation of the 75-watt laser and the computer numerical control mill, the La Mirada Project Lead the Way engineering room is finally fully operational. The room, which was once an auto shop, was gutted last summer and redesigned to allow for multiple uses, including class lectures, group work tables, multiple presentation pods, coding lab, fabrication/maker space, robotics lab, and club space. The almost 1,900 square feet of the lab are currently used by 113 students and are home to our

Lisa Reed Principal

robotics, coding and Nintendo clubs.

The pathway and club students have competed in Skills USA, Chevron Challenge, and Norwalk-La Mirada Unified School District (NLMUSD) robotics competitions and have attended the NLMUSD mock interviews, Los Angeles



The Engineering Lab, ready for the future.

County Office of Education Engaging Girls in Science, Technology, Engineering, and Math (STEM) Conference, and the LOFT Coding Summit at California Polytechnic University, Pomona. The robotics club is also engaged in STEM outreach at the local elementary schools and community events, including the La Habra Citrus Festival.

### La Pluma Elementary School

14420 La Pluma Dr., La Mirada, CA 90638 • 562/943-7104 • www.nlmusd.org



**Terry Pace** Principal

#### **Great Social Accomplishments**

Reach for the stars—spread your wings and fly! You never know what you can do 'til you try.

Our Panthers experienced an amazing 2018-2019 school year as we reached for the stars on behalf of our students and families. We balanced our efforts to include an emphasis on academics as well as the social-emotional well-being of our students. We engaged students in academic conversations to deepen their listening and speaking skills, technology integration in all classrooms, and college and career readiness through our AVID implementation.



Our Student Council and Mrs. Hyun work to sprinkle kindness like confetti!

We made it a priority to address the social-emotional well-being of our students through our BIG 3: be safe, be respectful, be responsible. We engaged our students in opportunities such as random acts of kindness, a Warm Hearts campaign for the homeless, a canned-food drive, a schoolwide color run, conflict-resolution strategies, and simply reminding our students to "choose kindness." Shine on, Panthers!

### Los Alisos MS Math, Science, Technology Magnet

14800 S. Jersey Ave., Norwalk, CA 90650 • 562/868-0865 • www.nlmusd.org



#### **Our Science Mentor**

At Los Alisos Middle School, we strive for a learning environment that is rigorous, relevant and engaging. That means that as a STEM-focused school (science, technology, engineering and math), the transition and effective implementation of the Next Generation Science Standards is of utmost importance. That is why our STEM teachers often dedicate time outside their regular assignments to access professional-development

Dr. Majid Salehi Principal

opportunities. One of those teachers is Angelica Gunderson, a seventh-grade science and computer-science teacher at Los Alisos.

For the last two years, Mrs. Gunderson has been part of the Elementary Science Learning Academy (ESLA) at California State University, Long Beach. She helped plan and facilitate training for this program, which is designed to support elementary teachers in transitioning to NGSS. The experience in turn has helped Mrs. Gunderson progress an NGSS leader for our site and our district. In addition, in the summer of 2018, Mrs. Gunderson also served as a teacher for the CSULB Young Scientist Camp. This camp is designed to feed the minds of young scientists.

The teacher-mentoring model allowed Mrs. Gunderson to guide new teachers by co-creating a physics-inspired unit for high school female students and co-facilitate instruction during the duration of the camp. These opportunities through CSULB have also afforded Mrs. Gunderson the ability to attend the California Science Test (CAST) Academy at the California Science Teachers Association Conference this fall. These opportunities have further equipped her with the skills and abilities to support teachers throughout our site and district as we progress into the new science standards and assessment.

Mrs. Gunderson is just one of our many dedicated teachers aiming to provide quality learning experiences for our scholars.

### Lampton Elementary School

14716 Elmcroft Ave., Norwalk, CA 90650 • 562/462-9273 • www.nlmusd.org

#### Medical Soccer Team Visit



The U.S. Medical Soccer League brought more than 50 doctors to Lampton Elementary School for their Healthy, Fit and Smart outreach program. The U.S. Medical Soccer League is a team of doctors from across the nation who play internationally against other medical soccer teams.

**Cindy Rayburn** Principal

Lampton's fourth- and fifth-graders participated in three rotations. The "healthy" component included a Jeopardy-style game about nutrition and healthy lifestyle choices, with teams of students coached by doctors. In the "fit" rotation, students

did athletic warm-ups and agility drills and worked on their soccer skills of dribbling, passing, and kicking.



Orthopedic surgeon demonstrating how sonogram equipment guides a surgeon.

Lampton's multipurpose room was filled with medical professionals and training equipment for the "smart" component. An orthopedic surgeon demonstrated how sonogram equipment can guide a surgeon during surgery, and a cardiologist brought a training simulator for an angiogram. Students helped him feed a camera into a simulated heart by watching the computer display. Another specialist helped students use a training simulator for arthroscopic surgery.

This was an experience our students will never forget and one that may shape their career paths in the future!

MS Centurion Honors and Medical/Forensics Magnet Los Coyotes 14640 Mercado Ave., La Mirada, CA 90638 • 714/739-2368 • www.nlmusd.org

#### Green Ribbon, at Last!



Los Coyotes Middle School believes in the power of partnering with all stakeholders in order to achieve NLM's vision of "Every student. Future Ready. Our Promise!" Our team at Los Coyotes applied for California Green Ribbon status two years ago. Although we were not successful with our first attempt, we obtained feedback from the state, strengthened efforts, and applied a second time. We are both humbled and honored to share the fabulous news that our school was awarded the California Green Ribbon for 2019!





Los Covotes Middle School, already a Gold Ribbon School, was selected as a California Green Ribbon School, and recognized as part of the California School Recognition Program.

Earning this award is a testament to the grit, perseverance and dedication of our team at Los Coyotes Middle School. The California Department of Education recognizes schools for environmental excellence and demonstrated achievement of the following pillars: Pillar I: Reduce environmental impact and costs; Pillar II: Improve the health and wellness of schools, students and staff; Pillar III: Provide effective environmental education, which teaches green-career pathways.

### Moffitt Elementary School

13323 S. Goller Ave., Norwalk, CA 90650 • 562/864-3071 • www.nlmusd.org



#### **Parent Partners**

One of our goals at Moffitt Elementary School is to increase parent involvement and strengthen our partnership with parents. In the fall, Moffitt partnered with Helpline Youth Counseling to host the Loving Solutions parenting class. Parents had the opportunity to participate in a 10-week parenting class focused on topics such as influencing and motivating children, active listening, and improving school performance.

Rachel Garcia Principal

This spring, we kicked off the Family Stories literacy program

for parents through the Latino Family Literacy Project. This 10week workshop is taught by Moffitt teachers and staff who have been trained to implement the program. Participating parents are reading new books to share with their children and creating family albums. In addition, parents have the opportunity to become better informed and more involved through School Site Council (SSC), English Language Advisory Council (ELAC), Coffee with the Principal, volunteering in the classroom, and chaperoning on field trips.

Moffitt values our parents as partners!



Parents working on their family albums during the Family Stories literacy session.

### New River Elementary School

13432 S. Halcourt Ave., Norwalk, CA 90650 • 562/868-9848 • www.nlmusd.org



#### Spelling Bee Star

On February 6, the Norwalk-La Mirada Unified School District (NLMUSD) held a district-wide spelling bee, and it was a New River Elementary School Knight who took first place, outlasting several middle school contenders.

Our NLMUSD Spelling Bee winner, fifth-grader Samantha Diaz, then competed in the Los Angeles County Office of

David Hoffman Principal

Diaz, then competed in the Los Angeles County Office of
Education Spelling Bee on March 13. She did a remarkable job,
correctly spelling many challenging words and representing the
district well. Samantha placed seventh out of 28 among fourth through sixth-grade students from across the county!



Samantha is a bright, loving, kind, and hardworking young lady. She is always eager to learn and discover new things. She loves reading, science, and math, and she says she wants to be a doctor one day. Samantha is an active Girl Scout who loves volleyball, rollercoasters, and scary movies.

Samantha's parents and her New River family are exceptionally proud of Samantha and her accomplishment!

### Morrison Elementary School

13510 S. Maidstone Ave., Norwalk, CA 90650 • 562/868-9878 • www.nlmusd.org

#### **Notable Distinctions**



Morrison Elementary has experienced an amazing 2018–19 school year! Last May, we received the California Distinguished School Award for the third time in 10 years. For the second year in a row, we have been recognized with the Los Angeles County 2019 Civic Learning Award. We were also selected by Innovate Public Schools in collaboration with USC to earn one of the first Top Los Angeles Public Schools for Underserved Students awards. We made the list based on our strong results in English/ math proficiency for low-income African American and Latino

Principal

students in 2017–18. We attribute our success to the PLC process, Tier I differentiated small group core ELA instruction, explicit teaching and use of academic vocabulary, math-intervention blocks within the school day at all grade levels, and the integration of technology, all of which have been deeply embedded in the Morrison culture throughout the years. Go Morrison Tigers!



Mrs. Roberts, 2nd grade teacher, leads her students in small group ELA instruction.

### Norwalk High School

11356 E. Leffingwell Rd., Norwalk, CA 90650 • 562/868-0431 • www.nlmusd.org

#### An Exciting Trip



It was an amazing effort by an amazing groups of students. They were led by first-year coach Benjamin Hopson. I can't wait to see what our decathlon team accompliches part year!

Mike Garcia Principal to see what our decathlon team accomplishes next year! This March a group of 50 juniors went on our school's annual junior trip. This trip is an awesome opportunity for our eleventh-

graders to visit some of our state's most prestigious universities. The students visited UC Santa Barbara, UC Santa Cruz, San Jose, San Francisco State, UCLA, UC Berkeley, and Stanford.



**Students at Stanford!** 

This trip allowed our students to see at first hand some of the universities they will be applying to in the fall. On top of visiting these universities, our students also took a tour of Apple headquarters.

### Nuffer Elementary School

14821 S. Jersey Ave., Norwalk, CA 90650 • 562/868-3788 • www.nlmusd.org



#### STEAM-ed Up

On March 21st, 2019 150 students increased their love for STEAM education with a field trip to the Los Angeles Convention Center. At that field trip students learned how to listen to a heart beat, track satellites that orbit the earth and make safety foam. Students even had a chance to explore the all new electric metro buses and LAPD vehicles.

Makara Sar Principal In January we had 2 of our teachers fly to Sacramento to speak about our work with the Next Generation Science

Standards. We were highlighted in front of the California County Superintendents Educational Services Association (CCSESA) as well as many university science departments for our work with integrating science, math and language arts.



### Sanchez Elementary School

11960 E. 162nd St., Norwalk, CA 90650 • 562/926-2365 • www.nlmusd.org



#### **Engaged in Self-Selected Learning Opportunities**

Students at Sanchez are immersed in learning the required curriculum. In an effort to support student's diverse learning interests, students are given different options about how they would like to present projects they are working on.

This student is pictured presenting her online project on how

Alicia Rubio Principal

missions were built. She created the presentation on her district provided IPad. Digital presentations in several of the classes included sound, motion and slides.

Some of her classmates, as well as students in other classes, chose to do the same. Students also chose to build their projects and share while other chose to create book reports to share.



### 12940 E. Foster Rd., Norwalk, CA 90650 • 562/809-6237 • www.nlmusd.org

#### **Excellence Is Our Standard**

Southeast Academy High School



Southeast Academy will focus on developing leaders by challenging every cadet's academic skills, character, and selfmotivation. This challenging, school-wide experience tests cadets' can-do-attitudes and mental toughness, thus expanding their understanding of what they can achieve.

MSgt. Marty Schafer USMC, Director

Our motto is "Excellence Is Our Standard," so cadets at Southeast Academy are pressed to be high achievers. Failure is not an option. When cadets are not active with academics or leadership duties, they are busy fitting in personal interest time.

We value our peer mentoring program, which supports learning in and out of the classrooms. Making cadets college and career ready is the stated goal. Cadet leaders manage the day-to-day activities of each cadet while being approachable and available to every cadet who may need help.

Southeast Academy is proud of our 100-percent graduation rate, with 90 percent going to college. Our remarkable staff, district, and parents come together to make Southeast Academy a learning community for students who have a strong desire to be successful in a challenging high school environment.

We are currently interviewing for grades nine through 12 for the 2019–2020 school year. If you're interested in learning more about Southeast Academy High School, please call us at (562) 210-4700 to set up an interview.

### Waite MS Careers Magnet

14320 S. Norwalk Blvd., Norwalk, CA 90650 • 562/921-7981 • www.nlmusd.org

#### **Spring Successes!**



Dr. Susan

Newcomb

Principal

During August through April, leading into state testing, Waite staff made sure our Panthers grew stronger through our focus of being a community committed to developing character, leadership and academic excellence.

As a Project READ Site of Distinction, we planned our fall Dinner and Data Night to support parents in reading levels and strategies for middle school. We targeted EL supports and continued our dedication to being an AVID Highly Certified Site. Waite Leadership Program continued to grow and is still the

first public middle school in LA Basin to build such a program. We strengthened our partnership with Biola University to become a lab site to support future teachers. Our sixth-grade team's focus on literacy development resulted in a 300% increase in the amount of books independently read, compared to last year. It has been a year filled with successes, thanks to great teamwork and our home-school connections!



Curious about our Waite Leadership Program? Check out our website to learn more.

Educational Services Dr. Patricio Vargas' weekly newsletter to principals. In more ways than one we are making that statement a reality with the many offerings available to the students of NLMUSD. In addition to all of our award winning programs and staff we are making the attempt to continuously improve in every area possible.

Excellence within a school district only occurs when there is buy-in across the board. We take pride in honoring every staff member that takes part in the process of being an outstanding district. In March, the NLMUSD Annual Star Awards were held at the fabulous DoubleTree Norwalk and it was a sight to see. Staff members were recognized for their tremendous sacrifices of longevity and dedication. Outstanding people in positions that allow them to succeed is a recipe for greatness. This is what we have at NLMUSD.



Estuardo Santillan & Edith Florence at Ground Breaking Ceremony. Accompanied by Lorenzo Kohn, Elizabeth Jaimes, Bomee Yoon, and Stephanie Vasquez.

Estuardo Santillán y Edith Florence en la Ceremonia de Inauguración. Acompañados por Lorenzo Kohn, Elizabeth Jaimes, Bomee Yoon, y Stephanie Vasquez.



Board Members and Dr. Danielian greet NLMUSD Employee of the year at Star Awards.

Los miembros de la Junta de Educación y la Dra. Danielian saludan al Empleado del Año de NLMUSD en los 'Star Awards'.

It is not enough to only be cutting edge within the classroom in order to be regarded as one of the best districts in California. We are also making the attempt to have the best facilities available for our students and families. If you haven't been on our campuses lately you may notice a change. Thanks to Measure G and Career Technical Ed Incentive Grant (CTEIG) respectfully, renovations are taking place district wide. Several middle schools have received complete makeovers in the main office and multipurpose rooms. While others are getting new athletic facilities equipped with state-of-the-art fields and amenities. Most recently, Norwalk High School had the groundbreaking ceremony for its new Culinary Kitchen/Classroom that will be ready for service soon. We can attribute these efforts to the hard work and dedication of Assistant Superintendent of Business Services Estuardo Santillan and staff, Director of Facilities Planning & Construction Edith Florence and staff, and the support from all stakeholders at NLMUSD. Soon NLMUSD will have facilities on every campus that matches the tremendous progress taking place within our classrooms.



NHS Chef Tracy Horton and Culinary Arts Students at Ground Breaking Ceremony.

La Chef de NHS Tracy Horton y Estudiantes de Artes Culinarias en la Ceremonia de Inauguración.

aprendizaje. Esto es quien somos. Esto es lo que hacemos."

Este es un extracto del boletín semanal a los directores de parte del Asistente Superintendente de Servicios Educativos del NLMUSD, el Dr. Patricio Vargas. En más de una manera, estamos haciendo realidad esa declaración con la gran cantidad de opciones disponibles para los estudiantes de NLMUSD. Además de todos nuestros programas galardonados y personal, estamos haciendo el intento de mejorar continuamente en todas las áreas posibles.

La excelencia dentro de un distrito escolar solo ocurre cuando existe un consenso general. Nos sentimos orgullosos de honrar a cada miembro del personal que participa en el proceso de ser un distrito excepcional. En marzo, se llevaron a cabo los premios anuales 'Star Awards' de NLMUSD en el fabuloso 'DoubleTree Norwalk' y fue un espectáculo digno de ver. Los miembros del personal fueron reconocidos por sus tremendos sacrificios de longevidad y dedicación. Personas sobresalientes en posiciones que les permiten tener éxito es una receta para la grandeza. Esto es lo que tenemos en NLMUSD.

No es suficiente estar al día dentro del salón de clases para ser considerado como uno de los mejores distritos de California. También estamos haciendo el intento de tener las mejores instalaciones disponibles para nuestros estudiantes y familias. Si no ha estado en nuestros sitios escolares últimamente, puede que note un cambio. Gracias a la Medida G y la Beca de Incentivo de Educación Técnica Profesional (CTEIG, por sus siglas en inglés) respetuosamente, las renovaciones se están llevando a cabo en todo el distrito. Varias escuelas secundarias han recibido remodelaciones completas en la oficina principal y en los salones de multiusos. Mientras que otros están recibiendo nuevas instalaciones con lo último en deportivas equipadas con campos y comodidades. Lo más reciente, la Escuela Secundaria Norwalk tuvo la ceremonia de inauguración de su nueva cocina culinaria en el salón de clase, la que pronto estará lista para servicio. Podemos atribuir estos esfuerzos al arduo trabajo y dedicación del Asistente del Superintendente de Servicios Comerciales, Estuardo Santillán y al personal, a la Directora de Planificación y Construcción de Instalaciones, Edith Florence y al personal, y al apoyo de todos los interesados en el NLMUSD. Pronto, el NLMUSD tendrá instalaciones en cada sitio escolar que se iguale con el tremendo progreso que se lleva a cabo dentro de nuestros salones de clase.

#### **Board of Education**





**Jude Cazares** 

Vice President

Ana Valencia President

Darryl R. Adams Member



Karen L. Morrison Member



Chris Pflanzer Member



**ge A. Tirado** Member



Jesse Urquidi Member

#### $\label{eq:president} \textbf{President Board of Education} \bullet \textit{From Page 1} \bullet \textbf{Presidente de la Junta de Educación}$

rights and conditions. Cesar Chavez fought many battles and most were lost. However the battles that were won were celebrated and that gave the energy and momentum to keep going.

At Norwalk-La Mirada Unified School District, we honor and celebrate the brave men and women who have fought for our freedoms, those that inspire us to do the work we do and those that motivate us to work towards our dreams. Our students are our future and the opportunities for them are endless. The curriculum, programs, clubs and multitude of caring individuals are here to gladly help open the doors of opportunity to our students. We are humbled and grateful for the confidence parents put on us as they entrust us with their children.

Our promise is that we will do everything we can to prepare all our students for the future, for this wonderful world, for the promise of a better world as our children become the decision makers, educators, engineers, lawyers, business people and leaders of tomorrow. Let us celebrate the victories of our students and teach them the skills to overcome challenges and adversities. As the late great farm worker leader always said, "Si Se Puede!" (Yes we can!") Chávez y el compromiso sin miedo e incansable de mejorar las vidas de los trabajadores agrícolas con un mejor salario, derechos y condiciones laborales. César Chávez luchó muchas batallas y la mayoría se perdieron. Sin embargo, las batallas que se ganaron fueron celebradas y eso dio la energía y el impulso para seguir adelante.

En el Distrito Escolar Unificado de Norwalk-La Mirada, honramos y celebramos a los hombres y las mujeres valientes que han luchado por nuestras libertades, aquellos que nos inspiran para hacer el trabajo que hacemos y aquellos que nos motivan para trabajar hacia nuestros sueños. Nuestros estudiantes son nuestro futuro y las oportunidades para ellos son infinitas. El currículo, los programas, clubes, y la multitud de personas cariñosas están aquí para ayudar con gusto a abrir las puertas de oportunidades para nuestros estudiantes. Nos sentimos humildes y agradecidos por la confianza que los padres ponen en nosotros al confiarnos a sus hijos.

Nuestra promesa es que haremos todo lo posible para preparar a todos nuestros estudiantes para el futuro, para este mundo maravilloso, para la promesa de un mundo mejor cuando nuestros hijos se conviertan en tomadores de decisiones, educadores, ingenieros, abogados, empresarios y líderes de mañana. Permítanos celebrar las victorias de nuestros estudiantes y enseñarles las habilidades para superar desafíos y adversidades. Como siempre dijo el gran líder de los trabajadores agrícolas, ¡"Si Se Puede"! ("Yes we can!")

### **Novelist Word Search Contest**

**Rules!** One word in the list is NOT in the word search. When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com (Please put NLMUSD in the subject line)

Entries must be received by July 15, 2019 From the correct entries one name will be drawn to win a GAZUMP card/dice game - fun for all ages!			I	к	Ρ	в	R	0	w	s	Е	R	G	Е	I
			Ν	М	С	D	R	А	0	В	Υ	Е	К	L	м
COMPUTER	READERS	BING	Т	s	А	Е	D	Т	Ρ	А	D	н	G	G	А
EDITOR	PENCIL	ASPIRIN	R	R	Υ	G	Н	R	Υ	V	Т	S	Ν	0	Q
	-	-	Т	Е	٧	S	Τ	С	Е	Е	D	Т	Т	0	R
IPAD	IDEAS	KEYBOARD	Р	D	т	Ν	Ζ	Ν	L	D	В	L	F	G	Υ
SPELLCHECK	PEN	TELEPHONE	S	А	т	U	v	Е	А	L	Ν	в	М	I	Т
PRINTER	BROWSER	WIFI	А	Е	s	v	Р	Р	А	т	Е	U	0	V	W
PUBLISHER	GOOGLE	IMAGINATION	R	R	т	н	Е	М	s	U	Ι	Ρ	т	W	Υ
NOTEPAD	INTERNET		Υ	U	0	т	Ν	D	0	Р	U	0	s	Х	Υ
Congratulations to: Olivia Fox, Addison Bragg, Sarah Ortega, Hansel Kang Winners of the October Word Search Contest!			н	Ν	0	Ζ	С	В	С	С	н	V	Ν	Ρ	Ν
			Е	Ν	G	х	I	к	0	Υ	V	Ν	U	А	Ν
			L	Q	Ρ	V	L	J	0	۷	Ρ	W	۷	Z	к

#### B is for Book

### Princess, Interrupted



The Goose Girl, by Shannon Hale is an exciting tale of betrayal and fantasy! If you love fairy tales or adore Princess Academy, I guarantee you'll relish The Goose Girl.

Anidori was born a princess. Even so, her aunt taught her the language of nature. She could understand birds, horses, and swans. As firstborn, she's

Bailey

crown princess. But when her mother takes that away, Ani is forced to move to another kingdom and hide. Soon after, she rebels to take what is rightfully hers.

I liked this book because it could fit into many genres (fantasy, romance, adventure!). It was entertaining and well written. I especially liked it kept to the time period. I give this book 5 out of 5 stars.

Will Ani get back her royal title? Will she find herself among the unexpected? Read it and find out!

Bailey is a 7th grader who loves being with her friends and reading. When she isn't doing these things, she's dancing ballet or lyrical.

#### **Richard's Book Review**

### **A Scary Read**



Scary Stories to Tell in the Dark by Alvin Schwartz

scary stories from Scholastic. If you like ghost stories and enjoy getting spooked with

really make this book scary are the illustrations by Stephen Gammell. You will most likely remember this book because of

**Richard J.** 

# This book is one of the series of short

your friends during a sleepover, then this book is for you. What

the illustrations, that, once seen will leave an impression in your memory. The book contains typical scary stories. The scariest one was about a woman who got married, then played hide and seek with her husband in their house, but, sadly, hit her head on a chest in the attic, died and was discovered only years later. Some of the pictures scared me so bad I couldn't sleep afterwards, but I still wanted to read more. I think the stories are worth 4 stars, but in terms of fear factor the book definitely gets 5 out of 5 stars.

Richard J. is a 4th grader. Richard likes math, playing sports, physical activities like bike-riding, swimming, diving and running. He is a hard-working student who enjoys reading, seeing and leaning new things and spending time with his family and friends.

#### Yoona's Review

### Fun at the County Fair!

to go to a county fair and eat cotton candy.



Title: Blue Ribbon Day Author: Catherine Hapka

Have you ever been to a county fair? Jill, Meg and Annie were pony scouts. They all went to the county fair. In the fair, the girls found a lot of animals, heard lots of different kinds of music, went to the barn and saw some ponies and horses. The girls got food and rode a ferris wheel. They fed animals too. They even joined a pie contest. Jill and Annie were

Yoona C.

too full soon but Mag went to the finals! Jill's mother was entering two ponies in a driving class at the fair and won the blue ribbon! I like this book because I can see how the county fair looks like. Someday I want

Yoona is a 1st grader. She likes doing cartwheels and soccer. She also likes asking questions to her parents. Having a playdate with her friends is her favorite too.

#### Jenna's Review

### **Demigods' Destiny**

Title: The Lost Hero Author: Rick Riordan

Do you ever think that you are related to a god or goddess? Well, these three characters do. Their names are Jason, Piper, and Leo. They went on the field trip, and suddenly a storm spirit came and took their coach. They find out that one of their parents is a god or a goddess. They went



Jenna C.

to camp with Annabeth, a daughter of Athena and Butch, a son of Iris. Each kid has a problem. Jason lost his memory and thinks Hera took it. Piper has a problem with her dad. Her dad is a famous actor. She dreams about her dad being captured because he has been missing for three days. Leo has a way with tools but there are obstacles that are hard for him to understand. Do you think they can solve the problems? I recommend this book for who want to learn more about gods and goddesses.

Jenna is a third grader. She likes art and soccer. She likes imaginary stories and someday she wants to be a book illustrator.

#### Katie's Review

### **The Power of Words**



Power is something that is typically misunderstood as something that requires physical strength. However, it can be far from that. In The Book Thief, Markus Zusak illustrates a scenario of a girl who uses her power of words to express herself. Liesel is a girl who becomes an orphan in the midst of a war. She loses her brother as well, and is devastated



Katie C.

and traumatized from it. She lives with her foster parents who care for her, and along her journey of exploring her power, she

meets a new friend Max. Max teaches her that it's not always about what you do, what but you say. Together they read and start to see the real truth: words are the power. Liesel grows as a person throughout the book and even though she doesn't find her happy ending, she reminds herself that her words are important, and they give her power.

Katie is a ninth grader. Her passion is writing and she likes finding new ways to structure poetry. She is working on creating a story line with a series of poems. In her spare time, she enjoys soccer, song writing and reading books.

#### Manhar's Book Review

### **A True Story**



a Kend

The Hen Who Sailed Around the World by Guirec Soudée is an amazing true story where a boy describes his voyage around the world with his brave and adorable red hen



named Monique. They took three and half years to complete the journey. This book talks about the special bond between animals and the humans. The book is full of interesting photographs and maps that helped me to visualize their exciting trip. My favorite photograph is the one taken by a drone when they were in the

middle of icebergs!

After reading this book, I also want to have a pet and go on a long sailing trip! This book is a must read for all ages.

Manhar M. is in Kindergarten. Manhar likes science, math, coding, traveling, hiking, reading about world news and spending time in building robots from Legos.

#### MemorialCare Miller Children's & Women's Hospital Long Beach

2801 Atlantic Ave., Long Beach, CA 90806 • 800-MEMORIAL • millerchildrens.org/InjuryPrevention

### Is Your Child At Risk for Unintentional Drowning?



Aileen Imai,

Injury Prevention

Women's Hospital

Long Beach

Every day, about 10 people die from unintentional drowning. About one in five people who die from drowning are children 14 and younger. And for every child who dies from drowning, another five receive emergency department care for non-fatal submersion injuries.

These non-fatal drowning injuries can cause severe brain damage that may result in long-term disabilities, such as memory problems, learning disabilities or permanent loss of basic functioning.

#### **Drowning Prevention**



Coordinator, Injury Prevention Program, MemorialCare Miller Children's &

With summer around the corner, it's important to keep water safety top of mind. Children need a designated chaperone at all times. Formal swimming lessons reduce the risk of drowning. Yet even when children have had formal swimming lessons, constant supervision and barriers, such as pool fencing to prevent

unsupervised access, are still important.

Never leave a child in the water without adult supervision, no matter how shallow the water. And at no time should you consider that a flotation device will protect or save your child if you step away or are distracted, even for a moment.

In addition, CPR (cardiopulmonary resuscitation) performed by bystanders has been shown to save lives and improve outcomes in drowning victims. The more quickly CPR is started, the better the chance of improved outcomes. In the time it takes for paramedics to arrive, CPR skills may save a child's life.

The Injury Prevention Program at Miller Children's & Women's Hospital Long Beach cares about keeping kids safe. That's why we focus on providing safety education to children and families in our community.

#### First Financial Credit Union: Proudly Serving the Educational Community for Over 85 Years







Discover why the educational community chooses us first for all their banking needs!

Visit our Lakewood Branch: Leticia Briseno, Branch Manager 4018 Hardwick Street, Lakewood Office: (800) 537-8491, extension 5171 • ffcu.org

FIRST FINANCIAL

Federally insured by NCUA.

0519

Better Service • Better Products • Better Value

### Kids may think they're grown up. We Know Better.

Being a leader in children's health care means we have to stay ahead of the curve. And our more than 40 pediatric specialties gives you the confidence to chill.

Specialized care. Just for kids.



800-MEMORIAL millerchildrens.org/WeKnow

# BEAUTY BEAUTHE BEAST

### THE BROADWAY MUSICAL

©Disney

MAY 31 - JUNE 23, 2019 LA MIRADA THEATRE ON SALE NOW! • LAMIRADATHEATRE.COM