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School News

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Covering the Norwalk-La Mirada Unified School District

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Magnet Fair Showcases Rigorous Academics, Engaging Curriculum of Magnet Schools

Enter the District's annual Magnet Fair and students from each school are enthusiastic about sharing what makes their school great: in one corner, they are dusting for fingerprints – a skill they learned in their forensic science class; in another, young engineers are displaying their robotics projects; and on the other side of the room a small group of students in medieval attire are talking up high-quality performing arts programs.

This year's Magnet Fair, held Jan. 21 at the District's Excelsior Adult School campus, served to shine a spotlight on the rigorous academics and engaging programs featured in each of Norwalk-La Mirada Unified's middle school magnet programs, which provide specialized themes of curricula and hands-on, project-based activities.

"Each of our magnet schools offer specialized areas of study so that students and parents can choose their best fit," said NLMUSD Board of Education President Jesse Urquidi. "We really want students to be excited about what they're learning and by providing them with an early introduction to different fields of study, it gives them exposure to something they may want to pursue in the future."

Open enrollment applications, Inter-District permits and Interest Cards were provided and magnet school staff were on hand to answer questions and set up school tours. The programs are open to students residing in and outside of the



Dressed in medieval attire, Benton Middle School students promote their visual and performing arts programs.

district at no cost to parents. The participating schools and their fields of interest are: Benton Middle School – Visual and Performing Arts; Corvallis Middle School – Arts and Technology; Hutchinson Middle School – Science, Math, Engineering and Technology (STEM); Los Alisos Middle School – Math, Science and Technology; Los Coyotes Middle School – Engineering and Centurion Honors, Medical/Forensics and Waite Middle School – Career Academy.

"I think magnet schools are very powerful," said Ly Tiuran, whose daughter is a seventh-grader at Los Coyotes Middle School, which offers medical and forensics science that includes anatomy and life science. "My daughter really likes science and this is a great way to help her prepare to go on to a university."

All of the students at the Magnet Fair were in tune with what the specialized curriculum at their schools has done for their academic and personal lives.

"We have so many things to offer," said Jacob Sotelo, the ASB president at Benton Middle School, a Visual and Performing Arts Academy. "Performing arts is the best thing we could have. It has helped me with my confidence and has helped me express my creativity."

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INTERIM SUPERINTENDENT

What an exciting and busy year we've had so far here in Norwalk-La Mirada Unified! There is much for our communities to be proud of, and I look forward to seeing the positive changes that are to come in the months ahead.

In November, our local voters approved the \$375 million Measure G bond to update, repair and renovate facilities. This bond measure is providing much-needed funding that will ensure our students have safe, engaging learning environments that reflect the 21st century instruction we offer in Norwalk-La Mirada Unified. Moving forward, our Board of Education is working on prioritizing construction projects to best meet the needs of our schools.

Technology, which will also be upgraded during the course of our bond program, is a major priority. As we continue tailoring instruction under the Common Core State Standards, it's especially critical that students have access to high-quality learning tools that further support their academic and personal growth.

Our Technology Action Team, a collaborative effort between our educational services and technology services departments, is doing a great job at working with our staff to continue to integrate technology into instruction. Students are presenting their understanding of concepts in a variety of subjects in exciting new ways, including through their use of iMovie and PowerPoint.



Ginger Shattuck
Interim
Superintendent

¡Qué año tan emocionante y ocupado hemos tenido hasta ahora aquí en Norwalk-La Mirada Unificado! Hay mucho por lo que nuestras comunidades deben estar orgullosas, y estoy ansiosa por ver los cambios positivos que están por venir en los próximos meses.

En noviembre, los votantes locales aprobaron el bono de la Medida G de \$ 375 millones para actualizar, reparar y renovar las instalaciones. Esta medida de bonos está proporcionando financiación muy necesitada que asegurara que nuestros estudiantes tengan entornos de aprendizaje seguros y atractivos que reflejan la instrucción del siglo 21 que ofrecemos en Norwalk-La Mirada Unificado. Caminando hacia a delante, nuestra Junta de Educación está trabajando en dar prioridad a los proyectos de construcción para mejor satisfacer las necesidades de nuestras escuelas.

La tecnología, la cual también se actualizará en el transcurso de nuestro programa de bonos, es una prioridad importante. A medida que continuamos adaptando la instrucción bajo los Estándares Estatales Comunes, es especialmente importante que los estudiantes tengan acceso a las herramientas de aprendizaje de alta calidad que apoyen aún más su crecimiento académico y personal.

Nuestro Equipo de Acción de Tecnología, un esfuerzo de colaboración entre los departamentos de servicios educativos y de servicios de tecnología, está haciendo un gran trabajo al trabajar con nuestro personal para seguir

See **SUPERINTENDENT** • Page 12



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Covering the
NORWALK-LA MIRADA UNIFIED
SCHOOL DISTRICT

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Kay Coop
Founder/Publisher



The first half of the school year is over and students are focused on reaching their goals before year end. It is an exciting time to be a student with the implementation of technology in the classroom. This issue also reinforces the value of visual and performing arts. And along with everything else the District is focused on character building and healthy minds and bodies.

Thank you for continuing to include *School News* among your reading choices. Our next issue is April 15.

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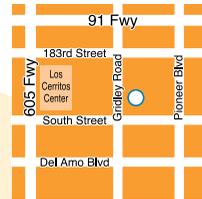
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Optometry

The measure of who we are, is what we do, with what we have.

-Vince Lombardi

John Larcabal, O.D.
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Ramona Head Start *Pre-School*

14616 Dinard Ave., Norwalk CA 90650 • 562/921-7610



Laurel Parker
Director

Creative Curriculum

This year, our program has adopted a new research-based curriculum called Creative Curriculum that we are using in all our classrooms.

The curriculum is centered on theme ideas that are taught over time. One example is a unit on clothing. During this unit, some of the concepts the preschoolers learned about included types of clothes, different clothes for specific jobs, how clothes are cared for, and the clothes that are worn by different cultures or in other areas of the world.

As a culmination for that unit of study, we brought Native American dancers to the sites, who dressed in traditional clothing and performed a variety of dances. The dancers also explained the clothing they wore and its purposes.



One of the Native American dances allows the preschoolers to examine his costume.

Adult School

15711 Pioneer Blvd., Norwalk CA 90650 • 562/868-9858
15920 Barbata Rd., La Mirada, CA 90638 • 714/670-9279 • www.nlm.as.org



Sharon Renfro Todd
Director

A Convenient, Supportive Path

Students at the Norwalk-La Mirada Adult School have many options and sources of support when it comes to completing their high school diplomas. Classes run year-round and can be taken during the daytime or evenings. Students can choose traditional classes, where they meet together with a teacher every week and follow a semester schedule, or they can enroll in online courses at any time and progress at their own pace.

Those who need extra support, or a stronger academic foundation, can also take classes that are focused on concepts



Adult school students work with a teacher in a traditional language arts class.

and strategies which will improve their performance on the required California High School Exit Exam (CAHSEE). It often takes a little review for adults to recall or re-learn math and English language fundamentals, and so our teachers work closely with students to help improve these skills. Counselors also guide students through the process, and everyone at the adult school is a cheerleader!

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Ramona School Office

14616 Dinard Avenue
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www.nlmusd.org/preschool



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Benton *MS Visual & Performing Arts Magnet*

15709 E. Olive Branch Dr., La Mirada, CA 90638 • 562/943-1553 • www.nlmusd.org



Michael Gotto
Principal

Letters of Hope

During Breast Cancer Awareness Month, students voluntarily composed letters to patients who are currently fighting breast cancer. In all, over 100 heartfelt letters were delivered to breast cancer patients at City of Hope and Kaiser Permanente. This act of kindness was initiated and led by our leadership students and their advisor, Mr. Maradkel.

Not expecting anything in return, our leaders were notified by two patients who were touched by the inspirational words of hope inscribed in the letters.

In fact, one patient in particular called the leadership classroom and, while on speakerphone, shared how much she appreciated the act of kindness that brought joy and a sense of comfort to her even in the midst of such a trying time.

At Benton, we continue to promote acts of kindness to be a beacon of light on campus and in our community.



Wristbands of hope for all who are combating Breast Cancer.

Corvallis *MS Arts & Technology Magnet*

11032 Leffingwell Rd., Norwalk, CA 90650 • 562/868-2678 • www.nlmusd.org



Bob Easton
Principal

Focus On College Readiness

Corvallis Bulldogs are becoming college and career ready! Recently, students completed college research projects, which were very enlightening.

Jacqueline, an eighth-grade student, said, "I always thought college would be boring and that I wouldn't be able to afford it. But now I know even though it may be challenging, it will be worth it." Ashley said, "College became more interesting to me because by doing this research I learned that it will give me more opportunities for a career and to have fun."

In addition, AVID students enjoyed a field trip to California State University, Fullerton. Leo said, "We had a great tour guide who showed us the campus and all it had to offer."

All Corvallis students are engaged in learning the Common Core Standards so that they will be prepared for next steps and that all doors remain open as they pursue their education and careers.



Corvallis students college bound.

Chavez *Elementary School*

12110 E. Walnut St., Norwalk, CA 90650 • 562/868-3565 • www.nlmusd.org



Robert Rayburn
Principal

Learning Outside the Classroom

This year our students and staff are working hard to learn the new content and skills of the Common Core State Standards (CCSS), which emphasize the use of learning in context. To create realistic opportunities to use Common Core skills in motivating ways, we have to step outside the classroom. Recent examples were the winter concert and the sixth-grade study trip to Catalina Island Marine Institute (CIMI).

During the concert, our students in Transitional Kindergarten through fourth grade performed music on various instruments. Our spring recital will feature performances by all of our students.

Another exciting experience was the sixth-grade trip to CIMI, where students studied the marine ecosystem with marine biologists. Most students went diving for the first time in their lives! The students all said it was a life-changing experience! We believe students require experiences that help them apply and practice the skills learned through the Common Core.



Chavez students prepare for their first dive at the Catalina Island Marine Institute.

Dolland *Elementary School*

15021 S. Bloomfield Ave., Norwalk, CA 90650 • 562/921-9934 • www.nlmusd.org



Lorena Sierra
Principal

Building a Safe Community

An award-winning nonprofit organization has come to Dolland! The organization is determined to promote healthy play, healthy community, inclusion and positive language. The main goal is to ensure that every student has a safe place to play on the playground. Now that we're months into this program, we're finding that our students are being transformed by the games that are being introduced and are learning to build positive relationships with their peers.

This organization has also introduced the Junior Coach Program to help educate and equip young students to be leaders on the playground. Students receive training once a week for two hours after



Dolland volleyball team is warming up before game time!

school. We also have after-school sports leagues to promote physical movement and build sportsmanship skills.

We look forward to our Community Engagement Initiative in May. This event engages the entire community to build, play sports, and do arts and crafts together. We hope to see you!

Dulles *Elementary School*

12726 Meadow Green Rd., La Mirada, CA 90638 • 562/943-6734 • www.nlmusd.org



Robin Padget
Principal

Interactive Tools

Dulles Elementary School offers a wealth of technology that can enhance and extend student learning! Every one of our students has the opportunity to work in the computer lab every day. Our teachers also utilize technology on a daily basis, as each classroom has multiple computers and 10 to 15 iPads. These are used for student projects, skill development, and the student centers.



2nd graders at Dulles use iPads for their writing lessons as well as math skill building.

In the 2–3 classroom students are using iPads to compose, revise, and edit essays on Google Docs. Their teacher, Ms. Navarrette, provides them with feedback directly on the essays as posted on Google Docs. The students can then access these corrections and comments in school or at home.

For mathematical skill building, Ms. Navarrette's students are using the Khan Academy, an interactive site that provides personalized learning tools. It also provides support for additional help. Isn't it wonderful that these students are using technology in such an independent way?

Eastwood *Elementary School*

15730 Pescados Dr., La Mirada, CA 90638 • 714/521-6480 • www.nlmusd.org



Yvette Cantu
Principal

New Instructional Practices

Eastwood School is committed to a full implementation of the Common Core State Standards in language arts and math. Our teachers continue to participate in ongoing professional development in math in order to support our new standards-based materials and instructional shifts. They do this through problem solving, using tools, explaining concepts, and critiquing possible solutions.

Our students are expected to develop conceptual knowledge, as well as memorize grade-level facts in math at the level of automaticity. Parents are also invited to attend our Common Core parent education nights. This can give them an opportunity to become familiar with



4th grade students engaged in math reasoning lesson.

grade-level standards and learn about the new Common Core materials, as well as experience instructional practices.

Parents are encouraged to visit their students' classrooms during math instruction. This can give them a special time to see how the teacher's direct instruction (and student exploration) will allow the children an opportunity to actively engage in meaningful mathematical thinking.

Edmondson *Elementary School*

15121 S. Grayland Ave., Norwalk, CA 90650 • 562/864-9501 • www.nlmusd.org



Jacob Muñiz
Principal

Character Traits

Edmondson Elementary School is proud to say that our students have been learning what it takes to be a person or student of good character. Our teaching staff has been focusing on the six pillars of character and this month's trait is Responsibility.

The student council performed a skit that was based on responsibility during last Friday's pep rally for the whole school to see. Our student council advisor, Mrs. Mayorga, wrote and directed the skit and it was a huge hit! The student body at

Edmondson loved it. It was a creative way to teach students about the different ways we can be responsible for our actions.



Students celebrated MLK day, as well as learned about responsibility.

El Camino *High School*

14625 Keese Dr., Whittier, CA 90604 • 562/944-0033 • www.nlmusd.org



Darryl Brown
Principal

Student Ambassadors

New student orientations at El Camino High School have a new spin! As a part of the experience, which takes place nine times per year on Thursdays and Fridays, new

students are led through an orientation provided by our Student Ambassadors committee.

With the assistance of our intervention counselor, Mrs. Reina Hansen, the student ambassador's greet new students at the school's gate on Friday morning and take them on a tour around campus. Teachers open their doors for new students to learn their new schedules and observe classes. New students also participate in presentations on college and career readiness provided by local junior colleges and community business partners.

The day concludes with sharing and reflection by the new students and an opportunity for them to ask any clarifying questions. The El Camino High School Student Ambassadors have become an important link in reconnecting their peers to high school.



Student Ambassadors Welcome New Students.

Escalona *Elementary School*

15135 Escalona Rd., La Mirada, CA 90638 • 714/521-0970 • www.nlmusd.org



Bonita Lytle
Principal

Visual and Performing Arts

Students and teachers are enjoying our visual and performing arts program this year! We are extremely pleased to welcome Ms. Melody Krazak as our music teacher. Throughout the year each grade level will be receiving quality music instruction.

The lessons for our kindergarten through second-graders include reading, writing, performing simple patterns of rhythm and pitch, and playing simple percussion instruments. The third-grade students add to their knowledge by learning to play the recorder, while the fourth- and fifth-graders are learning to

play the ukulele. Our halls are filled with the melodious sounds of students enjoying music instruction!

The PTA continues to fund Meet the Masters. This year the students will be learning about Rosa Bonheur, Edward Hopper, Leonardo DaVinci, and Georges Seurat. Teachers will guide the students through creating their own masterpieces using the same techniques as the featured artists. These wonderful works of art will adorn our classrooms throughout the year.



Escalona third graders learn to play the recorder.

Gardenhill *Elementary School*

14607 E. Gardenhill Dr., La Mirada, CA 90638 • 562/944-6128 • www.nlmusd.org



Eileen Burkholder
Principal

Data-Driven Decisions!

Gardenhill Elementary School continues to look at data to make decisions regarding student learning with the Common Core Standards. This year, all grade levels are selecting Essential Standards in mathematics and tracking student progress.

Teachers are working together to try to ensure that as many students as possible are understanding grade-level standards. Every three weeks, teachers set goals, discuss teaching techniques, and brainstorm solutions to try to increase student achievement.

Gardenhill is also beginning grade-level after-school tutoring in either mathematics or reading for approximately 10 students who are struggling in each grade level. Teachers used i-Ready data and grade-level assessments to help determine those students with the biggest need. School Site Council approved the funding for tutoring last year. The funding source requires that students who are struggling and who meet specific criteria have first priority.

Gardenhill is working on helping our students conquer the new Common Core Standards! Parents have been invited to three parent-education events focusing on the new math adoption and the Common Core Standards in order to help with communication with the new strategies being taught in mathematics. We have had great conversations with parents, and with their input, we have added a math link for parents under “News and Announcements” on our website. The link allows parents to have access to all the family letters and videos. We strive to continue work on student achievement.

Foster Road *Elementary School*

13930 Foster Rd., La Mirada, CA 90638 • 562/921-9908 • www.nlmusd.org



Dr. Jean Maddox
Principal

Engaged in Learning

This has been a very successful year here at Foster Road School learning how to implement the new Common Core State Standards and upping the rigor to increase student achievement. Our teachers are learning new strategies to engage their students.

Engaging the students in learning isn't just keeping them busy; being cognitively engaged is a whole different focus, as students put effort toward a challenging learning assignment. We want our students to self-regulate their learning and have personal control in managing the steps they need to take to accomplish their tasks. Sparking students' interest and building their curiosity to involve them in the lesson is the true art of teaching.

A teacher needs complex engagement strategies to build in the emotions and set the stage for positive learning conditions. Our brains learn best when we are safe and having fun learning. Giving students positive feedback helps them grow in their learning and builds their understanding as they set their goals and daily learning targets. Just as teachers need a toolbox full of powerful teaching strategies, so do students. They need to pull from their toolbox strategies to self-regulate their learning and accomplish their goals.

Our students showed off their achievements at our winter music performances, which were both standing room only. Our parents had the biggest smiles as their children sang and played various instruments.

Glazier *Elementary School*

10932 E. Excelsior Dr., Norwalk, CA 90650 • 562/863-8796 • www.nlmusd.org



Jean Rebholz
Principal

Multi-Tiered Systems of Support

Student achievement is a priority at Glazier Elementary School. As a professional learning community, we want to reach the “whole child” by using multiple sources of data to make informed decisions about programs and interventions.

Through differentiated instruction, our Gladiators are empowered to think critically, demonstrate their knowledge through a variety of approaches, and then transfer the strategies they have learned from school to home. In addition to using the Common Core State Standards, Glazier also offers a variety of high-quality enrichment programs that can enhance student achievement.

This ranges from the visual and performing arts, such as musical theater, Meet the Masters, world music, and choir, to character development like Positive Behavior Intervention Support and Second Steps. We also offer academic acceleration programs such as GATE, Response to Intervention, and Project Lead the Way.

Glazier is a high-performing “choice” school in Norwalk. Our Gladiators are definitely Armed with Knowledge and Empowered for Life!



Teachers collaborate to support student achievement at Glazier.

Glenn *High School*

13520 Shoemaker Ave., Norwalk, CA 90650 • 562/868-0431 • www.nlmusd.org



Greg Puccia
Principal

Successful Open House

John Glenn HS hosted the 8th Grade Open House on February 3rd to provide local families an opportunity to explore JGHS. The evening's events showcased our award winning programs, academic offerings and extracurricular activities.

Programs highlighted included: Advanced Placement Classes, Core Academic Programs; California Partnership Academies: TCAP (computer design) and ACE (education); Career Pathways: Film and TV, Business, Fine Arts, Graphic Design; Project Lead the Way STEM Program, JGHS Music and Band, JGHS Drama, Link Crew, AVID, Athletics, Associated Student Body (ASB)

The entire JGHS family celebrated our programs and successes with prospective students. The school's 21 point gain in API, increased CAHSEE passage rates and increase in graduation rates all point to continued improvement at John Glenn. Please visit our website at www.jghs.org for more information.

Hutchinson *MS Math, Science, Technology Magnet*

13900 Estero Rd., La Mirada, CA 90638 • 562/944-3268 • www.nlmusd.org



Sara Siemens
Principal

Hutchinson Goes to Court!

Under the direction of teacher Jenny Sosa, Hutchinson recently took a team of students to the Stanley Mosk Superior Court building to participate in a mock trial event.

The Los Angeles County Mock Trial Competition helps students acquire knowledge of our judicial system. It also improves their analytical and communication skills and encourages them to grow in their understanding of civic responsibility.

Guided by attorneys and a teacher-coach, the students first studied a hypothetical criminal case and then conducted research and developed questions and arguments. The students also learned the roles of court bailiffs, clerks, witnesses, and defense and prosecution attorneys. They then competed against other middle schools as evaluated by local judges and attorneys.

Seventh-grader Kiana Jones received the Mock Trial Outstanding Witness Award for her role as T.M. Little, a key witness in the case of People v. Shem. Students Luke Harmon, Noemi Munoz, and Daniella Villegas each received honorable mentions for their strong efforts.



Hutchinson Mock Trial Team.

Johnston *Elementary School*

13421 S. Fairford Ave., Norwalk, CA 90650 • 562/864-2508 • www.nlmusd.org



Veronica Lizardi
Principal

Building Trust

All of our Norwalk-La Mirada schools take pride in their programs, which support our students both academically and socially. At Johnston Elementary School, we have an amazing Positive Behavioral Interventions and Supports program. Our foundation begins with our Six Pillars of Character, which help us to build great character, one pillar at a time.

Students are immersed in the learning and practicing of the pillars all day long. A highlight is our Morning Meeting program. Every Wednesday, each teacher sits down with his or her class to discuss social issues that are developmentally appropriate. In January, we focused fairness, and our fifth-graders shared experiences when they were treated unfairly. This program is designed to build a trusting relationship between teachers and students and a safe place where students can share current issues and what is happening in their lives.



Fifth graders participate in their "Morning Meeting" discussion about Fairness.

La Mirada *High School*

13520 Adelfa Dr., La Mirada, CA 90638 • 562/868-0431 • www.nlmusd.org



Bill Seals
Principal

Future Matador Open House

In January, La Mirada High School (LMHS) held its Open House to welcome the Class of 2019! Principal Seals welcomed students and parents and introduced the administration, counselors, teachers, Associated Student Body, and athletic directors. After a short presentation about the success of our recent graduates, the crowd heard from students, parents, and teachers about what makes La Mirada such a special high school.

Students were able to speak with representatives from Afterschool Classroom Enrichment, Academy for Preparing Perspective Leaders in Education (APPLE), Advancement Via Individual Determination, Link Crew, Medical Careers, Matador Scholars, Model United Nations, Project Lead the Way, Welding, Visual And Performing Arts, and many more.



LMHS Band and Cheerleaders give the Class of 2019 a spirited welcome!

Visitors had the opportunity to attend two workshops focused on one of the following topics: A-G requirements, Common Core Math, Matador Scholars, Visual and Performing Arts, and athletics. Throughout the breakout sessions current LMHS students and teachers were available to provide tours and general information. All in all, it was a great night, and we look forward to welcoming the Class of 2019!

La Pluma *Elementary School*

14420 La Pluma Dr., La Mirada, CA 90638 • 562/943-7104 • www.nlmusd.org



Terry Pace
Principal

Scattering Kindness and Compassion

Reaching the whole child and teaching important character traits is one piece of our mission at La Pluma! Each month, we focus on a specific character trait and create ways to teach the importance of that trait to our students in the classroom, on the playground and beyond our campus walls.

In the month of December, we focused on kindness and compassion, and our students and teachers embraced this important trait. Our student council sponsored a sock and mitten drive to warm the hearts, hands and feet of homeless people. We collected close to 500 items to be donated! In room 74, Mrs. Gutierrez provided her students the opportunity to create blankets for a local animal shelter. With the support of her parents, her students constructed nine blankets for dogs of all sizes. It was heartwarming to see our students scatter kindness and compassion beyond our classroom walls!



1st and 2nd grade students from Mrs. Gutierrez's class sprinkling their kindness!

Los Alisos *MS Math, Science, Technology Magnet*

14800 S. Jersey Ave., Norwalk, CA 90650 • 562/868-0865 • www.nlmusd.org



Mike Garcia
Principal

Now Accepting Magnet Applications

There has been a lot going on at Los Alisos Middle School! On December 10, Associated Student Body held the annual Winter Dance. We crowned a new king and queen. Congratulations to Kayla Valdez and Aaron Hartl. On December 11, the music program was on display. Our students played to a packed house at the Excelsior Auditorium. Our band, orchestra, and guitar students entertained the audience with their wonderful performances. On December 12, we held a book night at a local bookseller to promote the joy of reading. We had student and teacher performances and were able to raise funds for the school.

We are currently accepting applications for our magnet program. Applications are due by February 27. Interviews will be held on March 11. You can download an application on our Web site at losalisosmiddle.org or pick one up in our front office.



The Los Alisos Band and Orchestra pack the house for their Winter Concert!

Lampton *Elementary School*

14716 Elmcroft Ave., Norwalk, CA 90650 • 562/462-9273 • www.nlmusd.org



Cindy Rayburn
Principal

Musical Highlights

Music is in the air at Lampton! This year our students are receiving a comprehensive music program that includes learning to read notes, understanding music terms, learning to perform instruments, and music appreciation.

Our first-graders are also learning vocal music and rhythm. The third grade is studying world percussion, the fourth-graders are learning to perform on recorder flutes, and the fifth-graders are studying the ukulele. Kindergartners and second-graders will begin their instruction in March.



Lampton 5th graders find their rhythm on their ukuleles!

The students attend weekly lessons with our music teacher, Mr. Jonathan Perez. Mr. Perez has already taught them about many different kinds of music, including classical pieces like the Spring Concerto from Vivaldi's The Four Seasons, as well as new works like John Williams' theme song from the film Schindler's List.

Weekly music lessons have become one of the highlights of our students' lives. The children enjoy them tremendously, and are gaining focus and attention as a bonus.

Los Coyotes *MS Centurion Honors and Medical/Forensics Magnet*

14640 Mercado Ave., La Mirada, CA 90638 • 714/739-2368 • www.nlmusd.org



Dr. Christina Stanley
Principal

Challenge and Adventure

This year at Los Coyotes Middle School, we are challenging students to: work hard both in the classroom and on the athletic fields; model the six Character Counts! Pillars; keep promises by finishing what we start and doing what we say we will do; build relationships by treating others the way we want to be treated and building capacity in those around us; show gratitude by giving back to our school and community; and have fun!

The middle school years are a time of learning, exploration, challenge, and adventure. At Los Coyotes, students take ownership of their middle school experience! This year, our eighth-grade Where Everyone Belongs (WEB) leaders continue to mentor sixth-grade students. Our PTSA and Associated Student Body/Leadership class offer events and activities designed to facilitate student involvement, such as Armed Forces Appreciation Day, the Giving Tree, Winter Wonder Week, Open House, and Sweet Week. Our award-winning band has performed at Disneyland, auditioned for both the district and state honor bands, and is working on their amazing spring concert material. Our Advancement Via Individual Determination (AVID) classes have visited California State University, Los Angeles and University of California, Riverside.

Los Coyotes has amazing students who actively own their middle school experience and faculty and staff who are building connections between learning and life. Los Coyotes is an amazing place to be! Call or e-mail for a tour today!

Moffitt *Elementary School*

13323 S. Goller Ave., Norwalk, CA 90650 • 562/864-3071 • www.nlmusd.org



Maureen Bixby
Principal

Supporting Student Success

Moffitt Elementary School has been working hard on Max Time Intervention. We have implemented an intervention block within our daily schedule to support all students at their levels. Our intervention specialist, Tammy Guerrero, and our teachers work with small groups of students and provide extra support to ensure that students are mastering standards. They use iReady, Phonics for Reading, and Leveled Literacy Intervention materials to differentiate instruction and offer extra support to students.

Once a week, the staff works together to release teachers so they can plan for their intervention groups for the coming week with Intervention Teacher On Special Assignment (TOSA) Laurie Smilowitz. Our



Mrs. Smilowitz teaching our Max Time students.

goal is to fill gaps and push students to higher levels of success. We are seeing terrific growth in classrooms and diagnostic data. Our students are learning, growing and becoming proud of the goals they are reaching.

The Moffitt family is so excited to see the heights our students will reach!

New River *Elementary School*

13432 S. Halcourt Ave., Norwalk, CA 90650 • 562/868-9848 • www.nlmusd.org



Michelle Centeno
Principal

Beating the Odds

New River teacher, Mr. Bryan DeVries has received a grant through UCLA's Arts and Healing department to implement a program called "Beat the Odds" with his students. Through the grant his classroom has received rhythmic instruments and drums for all students. The program teaches students important skills such as staying focused, listening, team building, risk taking, and respect all through playing drums. The theory is that these skills are also applicable in the classroom and life

and can help increase student success. Students practice their drumming once a week in teacher-led lessons. The Beat the Odds curriculum is a wonderful way for students to experience music instruction in conjunction with learning about positive life skills! Thank you to UCLA and Mr. DeVries for bringing this exciting program to New River!



New River teacher, Mr. DeVries, leads 3rd-5th grade students in music instruction which also reinforces academic/life skills.

Morrison *Elementary School*

13510 S. Maidstone Ave., Norwalk, CA 90650 • 562/868-9878 • www.nlmusd.org

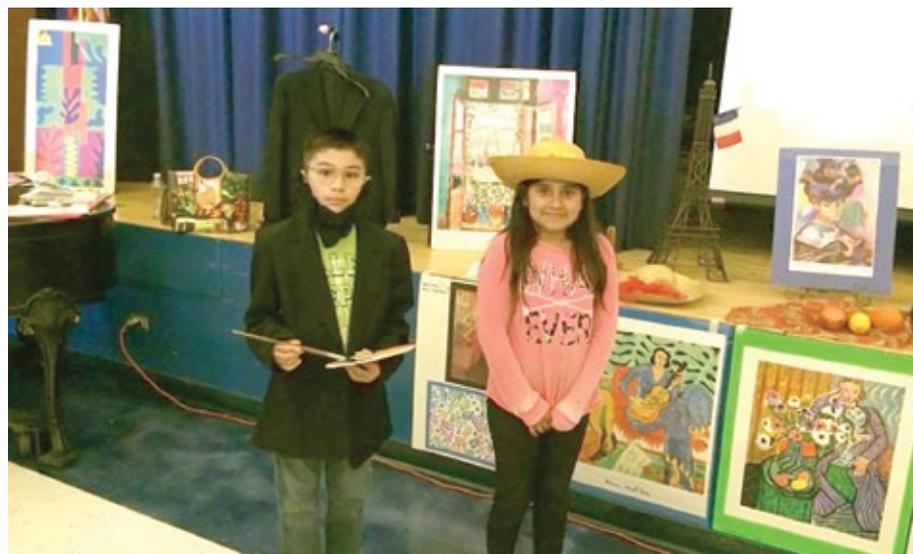


Rudy Gonzalez
Principal

Honoring and Becoming Artists

Students at Morrison are enjoying the Meet the Masters experience again for the 2014-15 school year! Students begin with a multimedia assembly similar to a virtual museum with artwork, realia and music by which the children learn about the fascinating life and work of a Master Artist. This year, students in grades first through fifth will learn about Henri Matisse, Gustav Klimt and Paul Gauguin.

Once the children finish their journey into the life of the artist, they are introduced to the techniques that made the art revolutionary. Students receive a personal experience by dressing similarly to the way the artist did. Back in the classroom, our teachers lead the students on a step-by-step lesson in creating their own artistic masterpiece. Teachers expose students to art vocabulary, elements and techniques. Our students discover their creativity while using the same medium and style as that of the artist. These beautiful creations are showcased throughout our classrooms and school.



Henry Matisse at Morrison.

Norwalk *High School*

11356 E. Leffingwell Rd., Norwalk, CA 90650 • 562/868-0431 • www.nlmusd.org



Dr. Ryan Smith
Principal

Our Future Lancers

It's hard to believe that we're now half way through the school year, and plans for the next are already in development.

Last month we had the opportunity to welcome nearly 600 potential new students to our school's annual Eighth-Grade Visitation Day. It was wonderful hosting students from our feeder middle schools of Corvallis, Los Alisos, and Waite, and I really enjoyed getting to know them. I have no doubt that these students left the event feeling very good about all that the school has to offer, as our academic, activities, arts, and athletics programs are so strong.

Over the course of the day our future Lancers participated in a pep rally. They attended presentations about the necessary requirements for high school graduation and college admission. They also toured the campus and visited with student representatives from the various programs. It was a fantastic day!

Later that night we had an opportunity to welcome many of the parents of our Future Lancers. Over the course of the evening our students, counselors, teachers, and staff members really left a wonderful impression on them as to what Norwalk High School is all about.

It was especially fantastic to see how each of our pathways – such as Project Lead the Way, biomedical science, engineering, and our VAPA pathway LA FAME – all provided some incredible demonstrations to our future students and their families. Several parents even mentioned to me that they were so impressed with how much we do for our students!

Nuffer *Elementary School*

14821 S. Jersey Ave., Norwalk, CA 90650 • 562/868-3788 • www.nlmusd.org



LaTasha Buck
Principal

Caring Beyond Our School

As a Character Counts school, Nuffer aims to instill in each of its students the virtues of trustworthiness, respect, responsibility, fairness, caring, and citizenship. We tell them that these qualities count not only in the classroom but also in the community.

One fifth-grade student, Aleks Ramirez, is a great example of a student citizen who cares! Aleks was chosen as one of 10 winners in the City of Norwalk's Used Oil Artwork Contest. He entered the contest because he thought it would be a fun way to bring awareness to recycling.

According to Aleks, "We shouldn't throw used oil in the gutters or drains because it goes out to the ocean. We have a lot of beautiful creatures in the ocean, and we should keep those alive!"

Aleks' artwork depicting a dolphin in the ocean can be seen at the Norwalk City Hall, or on the Norwalk City Hall website. Great job, Aleks!



Aleks Ramirez receives his award from the Norwalk City Mayor and Councilmembers.

Southeast *Academy*

12940 E. Foster Rd., Norwalk, CA 90650 • 562/809-6237 • www.nlmusd.org



MSgt. Marty Schaefer
Director

Amazing Acrobats

Did you know that Chinese acrobatic-themed performances have been around for thousands of years? While it is believed that these kinds of performances were around before they were recorded, they were first written about during the Han Dynasty by a scholar named Hang Zheng, who lived between 78 and 139 A.D.

Sanchez Elementary School students, through the support of PTA, were able to experience part of this long history. In December, both male and female acrobats from Beijing, China shared a bit about their many years of training and performed stunts, such as riding a really tall unicycle and juggling. They also performed balancing acts that included balancing people, umbrellas, and bowls. It was especially fun to see them include a couple of our students in a hat-juggling trick.

Students from pre-kindergarten to fifth grade, as well as adults, were enthralled by the different stunts that were performed.

Sanchez *Elementary School*

11960 E. 162nd St., Norwalk, CA 90650 • 562/926-2365 • www.nlmusd.org



Alicia Rubio
Principal

Amazing Acrobats

Did you know that Chinese acrobatic-themed performances have been around for thousands of years? While it is believed that these kinds of performances were around before they were recorded, they were first written about during the Han Dynasty by a scholar named Hang Zheng, who lived between 78 and 139 A.D.

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Students from pre-kindergarten to fifth grade, as well as adults, were enthralled by the different stunts that were performed.



Chinese acrobats perform for the students at Sanchez.

Waite *MS Careers Magnet*

14320 S. Norwalk Blvd., Norwalk, CA 90650 • 562/921-7981 • www.nlmusd.org



Dr. Susan Newcomb
Principal

Triumphs in Trimester

Our Waite staff and students celebrated many great accomplishments during the first half of this year. The volleyball team took second place in the district, and finished "Best in the West." The football team has also been dominating the ASES tournaments by taking first place in every game.

Academically, we had 49 percent of our Waite students finish Trimester 1 with a GPA of 3.0 or higher. In fact, several students in our Honors Pathway achieved 4.67 GPAs! A total of 828 awards were earned for attendance, citizenship, and academics.

We look forward to even more academic success during Trimester 2 and 3, especially with our CSUF Math Ambassador program. This support, which began in January, allows before- and after-school math assistance in small groups, and includes a one-on-one with math majors who are exploring potential enrollment in credential programs. Thirty percent of Waite students also benefit from participating in our 21st-century after-school program.

Research shows that a personal connection to school increases a student's social, emotional, and academic success. Waite staff is fully committed to the growth of our students in all of these areas, both during the school day and beyond.

Orientation for our incoming sixth-grade students took place during January, and culminated in a Community Open House on January 22. Thank you for a great turnout! On February 17 we also celebrated the dedication of our beautiful new marquee. Please watch the marquee, or review waitemiddle.org, for further details on upcoming events, or to take a virtual tour of our school. It's great at Waite!

INTERIM SUPERINTENDENT • From Page 1

These efforts are helping us meet our mission to provide students with a rigorous academic foundation with transferable skills so they will be successful in their next steps beyond our schools. This is at the core of our Career Technical Education (CTE) programs, which are available at our middle and high schools.

We recently extended engineering coursework to the elementary school level, exposing our young learners to engineering concepts at an early age. At our middle and high school levels, we are proud to invest in the future workforce by offering a variety of career pathways representing several industry sectors including Arts, Media & Entertainment; Building Trades & Construction; Business & Finance; Education, Child Development, & Family Services; Engineering & Design; Fashion Design; Health Science & Medical Technology; Marketing, Sales & Public Service; and Transportation.

I invite you to learn more about our pathways at linkedlearning.nlmusd.org.

It has been an honor to serve Norwalk-La Mirada Unified during this time of transition. As the Board of Education moves forward with its search for a permanent superintendent, I will continue to work collaboratively with staff, teachers and parents to best serve our students.



Ginger Shattuck
Interim Superintendent

integrando la tecnología en la enseñanza. Los estudiantes están presentando su conocimiento de los conceptos en una variedad de materias en nuevas y emocionantes maneras, incluso mediante el uso de iMovie y PowerPoint.

Estos esfuerzos nos están ayudando a cumplir con nuestra misión de proporcionar a los estudiantes una base académica rigurosa con habilidades transferibles para que tengan éxito en sus próximos pasos más allá de nuestras escuelas. Esto es el núcleo de nuestros programas de educación técnica profesional (CTE, por sus siglas en inglés), que están disponibles en nuestras escuelas intermedias y secundarias.

Recientemente hemos ampliado los cursos de ingeniería a nivel primaria, exponiendo a nuestros jóvenes estudiantes a los conceptos de ingeniería a una temprana edad. A nivel intermedio y de secundaria, estamos orgullosos de invertir en la futura fuerza laboral al ofrecer una variedad de trayectorias profesionales que representan a varios sectores de la industria, incluyendo las Artes, Medios y Entretenimiento; Comercios y Construcción; Negocios y Finanzas; Educación, Desarrollo Infantil, y Servicios de Familia; Ingeniería y Diseño; Diseño de Modas; Ciencias de Salud y Tecnología Médica; Mercadeo, Ventas y Servicio Público; y Transportación.

Le invito a conocer más sobre nuestras trayectorias profesionales en linkedlearning.nlmusd.org.

Ha sido un honor servir a Norwalk-La Mirada Unificado durante este tiempo de transición. A medida que la Junta de Educación avanza con su búsqueda de un superintendente permanente, voy a seguir trabajando en colaboración con el personal, los maestros y padres de familia para servir mejor a nuestros estudiantes.

Norwalk-La Mirada Unified School District

12820 Pioneer Blvd., Norwalk, CA 90650 • 562/868-0431 • www.nlmusd.k12.ca.us

MAGNET FAIR • From Page 1

Students, teachers and principals at all middle schools were just as enthusiastic about what their schools have to offer. For example, Corvallis Middle School offers enrichment classes such as ceramics, band, world percussion & steel pan drums, strings and computer applications and can pursue learning in theater arts/drama and digital photography & film making.

At Hutchinson, students are offered a variety of learning experiences through robotics and multi-media presentations, field trips, guest speakers and academic competitions.

Waite Middle School provides curriculum in three pathways that cover public and community service; science, robotics, technology and music; and art, film and technology.

“I am so proud of our students and staff for the way they are representing our schools,” said NLMUSD Interim Superintendent Ginger Shattuck. “The Magnet Fair is a really great way for our families to become more familiar with the wide range of opportunities available in NLMUSD.”

NLMUSD’s magnet programs are available to students residing within or outside of district boundaries.



Students of Los Coyotes Middle School, a medical and forensic science magnet school, display fingerprinting techniques during the Magnet Fair Jan. 21.

Board of Education



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You!



Susan D. Marshall

One of the things colleges allow to get to know you better is a Brag Sheet. Yes, you heard correctly. The Brag sheet!

It is also known as the College Admissions Resume. It is an opportunity to show the admissions committee what distinguishes you from every other applicant they are reviewing. The Brag Sheet communicates not only how unique and amazing you are, but reveals to the reader a deeper understanding of who you are: your character and your personality.

Beginning as early as the summer of your freshman year:

You are going to want to keep a record; basically everything you do outside of the classroom. You will want to keep your honors and awards including: newspaper articles, playbills, certificates all in one place.

One quick, easy tip:

Simply take a three ring binder. Fill with plastic sheet protectors and begin filling you're your awards, honors, poems, playbills, newspaper clippings etc. You can get fancy later with scrapbooking or even scan and create an electronic file adding additional photos or videos.

This Brag Book will be invaluable in the future. You will be surprise how many ways it will be useful. Use it when you create that resume; to help jog the memories of those who will write glowing letters of recommendation for you. Use it to make your applications come alive. Stand out from the crowd.

Be Ready... You will need to...Brag - Brag - Brag... The colleges want to know who you are.

Susan both educator and advisor specializes in college planning. She helps families save for and pay for college. If you have questions you would like answered in a future article contact her at Susan@College4Less.com or on her Web site at www.college4less.com

Parent To Parent

We Have 4 Kids



Jodie Lynn

Question: We have four kids. Two are twins, one girl and one boy. One twin has not been doing well in second grade reading and his teacher has him going to a special reading group in a special needs class. While his twin has compassion the other siblings have been calling him names. This is upsetting him to the point of not wanting to go to school at all. What should we do?

From Jodie: Tell your son that it is not a big deal to need a little extra help in any subject. Give him examples of success stories about famous people, or someone that he can relate to, regarding how they overcame a specific challenge (Michael Jordan failed to make his high school varsity basketball team). Share the same story with the other kids in the family. Stress to them that just because someone is having a few problems with reading, or basically anything, it does not mean that they are stupid. I am almost positive that the other three have had to get help in many things in their lives. It may have been riding a bike, learning how to whistle, hitting a ball or whatever. In fact, there may be something currently that they would like to do better because it's not up to what other kids have achieved or perhaps how they personally would like to do it. If we can remind others of where we have failed in various times in our own lives and worked hard and straightened things out, it makes challenges appear not so impassable and inspires instead. You might also be sure that you or another adult in your household are the ones that practice reading with your son in a private area. This way, compassion, love and patience can be the cornerstone of the learning process.

Jodie Lynn is an award winning, internationally syndicated family/health and education columnist and best selling author. She has authored several books including *Mom CEO (Chief Everything Officer)*, *Having Doing*, and *Surviving it All!* and *Syndication Secret—What No One Will Tell You!* Check www.ParentToParent.com for details on new radio talk show, Inside Parenting Success.

Every Step – a Journey!



Tyler Robert Armstrong

I am 11 year old, Tyler Armstrong, mountaineer. At age 9, I set the World Record as the youngest person ever to climb Mt. Aconcagua (22,841 feet). I also set the record for the youngest person to climb Mt. Whitney (14,505 ft) in a single day (age 7), and was the second youngest to climb Mt. Kilimanjaro (19,341 ft) (age 8).

Everyone always wants to know why a kid would want to climb mountains? I wanted to start climbing because when I was 6 I watched a nature documentary on the Great Divide. What was interesting about that documentary was that you hiked all the way from Canada to Mexico! Also, my dad had just come back from a hiking trip and showed me some videos. After the video was over I was inspired by what he just had accomplished! The next night I told my parents I wanted to start hiking! Then, after my dad got home I told him, "Let's go jogging." At first I could only go about a quarter mile. The next time I went jogging my goal was a half mile and it kept building from there. About a month later after a lot of hard work, it was time for my first hike!

My first hike was for about 6 miles and I could climb only to about 5,000 feet elevation, but at that time it was very challenging to me. I slowly made it to the top of the mountain and back, but I still made it all the way! The next day I was very sore. About a week later I told my dad that I wanted to do something bigger. We went on the internet and found more mountains that I was ready for. After climbing other local mountains and longer distances, I was ready for my test - Mt. Baldy (10,064 ft)! My dad decided to take a difficult trail up Mt. Baldy for 6,000 feet of elevation gain and 12 miles round trip. That day was very tough and tiring, but I was ready because of my hard training. When we got to the top I could see every thing. I was so high I could see LA! It was amazing that everything was under me, even the clouds! And right there I knew what I wanted to do... Mountain Climb!

After months of hard work I was ready to try to set a record by ... (to be continued).

Publisher's note: I read an article about Tyler and immediately invited him to be a guest columnist. He is such an inspiration and I want our readers to hear his amazing stories. If you can't wait for the next column, please enjoy Tyler's web site: www.topwithtyler.com and www.facebook.com/topwithtyler and www.youtube.com/user/TopWithTyler



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The Jazz Age: The Roaring Twenties

By D.H. Coop

In American social history, the 1920s period is often overshadowed by the Great War, Prohibition and the Stock Market Crash of 1929. Yet, it was a period of sudden change in the home, on the road, in the economy, in attitudes, and in behavior. These changes seem so second nature to us today that we think they have always been around.

Starting in the home we can see changes in workload, entertainment, and travel spread across the social environment. Prior to the '20s, the housewife scheduled her work according to the days of the week. Washing was done by hand and took all day, along with preparing the meals and caring for the children. Her workload was lightened with new time-saving devices, such as the electric vacuum cleaner, the electric refrigerator and stove, and the electric iron.

Also, the radio changed home entertainment. Before the radio, communities were informed of the local news by the newspaper or gossip at the market or pub. Now it was broadcast (a word from farming for scattering seeds by hand) right in their front rooms, along with other programs. Family entertainment then shifted from board games and singing to sitting and listening to the radio. As the price of the radio dropped, the children moved off to their own rooms with their very own radios. During the day, the programs were centered on housewives and sponsored by soap companies, thus the birth of the "soap opera."

Availability of the automobile changed all aspects of life. It provided the housewife with more independence and a more convenient way to do her shopping. Automobiles required better roads and better roads cost money, which caused a shift from railroads to automobiles being the force driving the economy. Restaurants became roadside cafes, hotels became motels, and crime became more mobile. To get the car into everyone's hands, Henry Ford produced the Model T from 1914 to 1927 with the sales pitch of "in any color (black)." Ford outsold all other carmakers until 1927. General Motors allowed credit and sold cars in multiple colors, finally overtaking the Model T in sales.

Credit shifted the sales pitch. Advertising became more scientific, with research and studies. Slogans and sayings were rooted in the '20s, such as "Say it with flowers" and "Don't light three cigarettes with one match." Advertising was given a boost with the Silver Screen and the images it portrayed in dress and style.

Finally, the '20s saw the development of sports and entertainment on a mass scale. Baseball became a national spectator sport. The local bar became a speakeasy that respectable couples could go to and have a drink. The new drink to appeal to women was called the "cocktail"—drinks with decorations. The drinks required illegal alcohol, which was provided by bootleggers in fast cars, which gave birth to the modern race called National Association for Stock Car Auto Racing (NASCAR).

All in all, the 1920s changed the modern home, transportation, the economy, and social life.

Technology... Things of the Past



Charlene Ashendorf

"I've got gadgets and gizmos a-plenty. I've got whozits and whatzits galore. You want thingamabobs? I've got twenty! But who cares? No big deal, I want more". If you are not familiar with these lyrics, you might just have to ask a little girl! Most likely she is familiar with Ariel and "The Little Mermaid."

Doesn't it seem that young people are bombarded by "must have" stuff? I remember a simpler time. I can remember the words as if I uttered them yesterday: "Mom, It's lovely and it lights up and every one of my friends has one." Yes, I had to have one too... that turquoise princess phone. Of course, today, many nine year olds have a cell phone; and landlines, well, kids may not be familiar with that word.

When the Brownie Bullet camera (in the yellow box) was introduced, I had to have one! Photos, film and processing (all terms dropped from our vocabulary) cost me my weekly allowance time and again. But just anticipating the results of my photo shoot was exciting!

At the age of nine I had already written my first short story. The operative word here is "written" as in pen and paper written. The tale of a young girl and her elephant growing up on Mount Kilimanjaro when a chasm in the earth separates the two was one I couldn't write fast enough. I begged my parents to buy me a typewriter. That dream became a reality in 1961 with the release of the IBM Selectric. What a fabulous invention, it was. No longer would the typewriter use the typebar that moved up with great force to strike a ribbon. This mother of all inventions used a typeball that actually pivoted. And what's more, it could be removed and changed which introduced a multitude of fonts! The Selectric changed my life. More coveted than the television, the Selectric was every writer's dream. Now granted it was not a computer with spell check, but ultimately a self-correcting feature became life changing to this young writer. Enrolling in a typing class in middle school added confidence, speed and accuracy to my budding interest in writing.

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The history of technology includes many wonders, we never dreamed of: the computer, a PC, the MAC, a tablet, a chrome book, kindle, and the iPad. However, looking back, nothing can compare to the imagination one was forced to unlock with the IBM Selectric. Yes, Growing up with "technology" means many different things for many of us. Most of them, like us... obsolete.

Charlene remembers growing up in Chicago with hot and humid summers, leaves that turned colors in the fall and endless winters. Active in her community and church, she advocates for seniors, affordable housing, literacy and libraries. Her hobbies include reading, writing and visiting art galleries. Charlene resides in Costa Mesa with her husband, Dennis who is a teacher in the Newport Mesa Unified School District. <http://about.me/cmash>

School News



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Build It Back Again



Kate Karp

I'm delighted whenever I come across a collection for children featuring music that isn't formulated, childishly cute or backed with electronic tracks.

Build It Back Again by the Billy Jonas band is none of this, even

with the use of a toy piano as a percussion instrument. The melodies are catchy compositions performed by a full range of vocal and instrumental mastery—even that little piano—and the lyrics do more than instruct and educate. They traverse sometimes wonky pathways to communicate profound messages of determination, maintaining humanity in a technological world, balance and historical significance.

The title song features a strong tempo with words to match. From the architecture of ancient Greece to the ravages of Hurricane Katrina—and certainly not stopping there—the band sings of the resolve of the human spirit to rebuild, often in new ways. The rollicking “Monkeys Driving Cars” tells how necessary it is to advance ourselves as humans to the same extent as technology if we want to survive as people. In a primal atmosphere of percussion, “Moment of Noise” seamlessly transitions from the creation of the universe to thankfulness and appreciation for every little sound and what causes it.

The CD is heavy but not any means ponderous. The songwriters also love wordplay, especially as it increases vocabulary and wallows in punning, as in “Hairy,” “Maybe Maybe Not” and “What Kind of Bear Are You?”

The Billy Jonas Band has dug a sturdy foundation in *Build It Back Again*—good stuff for any group discussion that involves young minds.



Kate Karp is an editor for *School News Roll Call* and a freelance writer and editor.

Established in 1990, **Zinsmeyer Academy** is a California State certified, nonpublic, nonprofit, fully accredited Western Association of Schools and Colleges (**WASC**) school, that provides excellent academic and vocational education services to children needing small class sizes and individual instruction and tutoring.

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Whole Health Everyday Word Search Contest

Rules!!! One word in the list is NOT in the word search.
When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com (Please put NLMUSD in the subject line)

Entries must be received by **March 15, 2015**

From the correct entries one name will be drawn to win a \$20 gift certificate redeemable at Barnes & Noble.

ALKALINE	HEALTH	NUTS
ALMONDS	HUMMUS	PROTEIN
APPLES	KALE	SALMON
CARROTS	LEMONS	SEEDS
CHICKEN	MINERALS	VEGETABLES
FIBER	NATURAL	VITAMINS
FRUITS	NOURISH	WATER

**Congratulations to Demonta Guillen
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Paul R. de Dios
Dean of Cypress College

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