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School News

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Covering the Long Beach Unified School District...and more!



Volume 22, Issue 143

October 2021–January 2022

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Andrew as a Child and as a Father with His Two Sons

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Kay Coop
Founder/Publisher



Netragrednik

Welcome back to another school year. It is always exciting to start a new school year, but this year is especially exciting for students. As Superintendent Dr. Baker says in her message on page 16, "...the excitement was palpable..." Being back in the classroom is important and adds much needed normalcy back into our children's lives.

In addition to reading about the students returning to their classrooms, in this issue you will read articles about real estate, finances, health, nutrition, afterschool programs, volunteering, and much more...find a comfy chair and plan to spend awhile enjoying!

Our next issue is February 9, 2022.



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Dr. Robert Garcia
Mayor

Supporting our Educational System

Congratulations on continuing to push forward on your children's education. I know it has undoubtedly been a very trying two years. And for many of your kids, two years can seem like so much of their lifetime.

I hope that for most kids, being back with friends, teachers, coaches, and everyone else after a year and a half of being mostly stuck at home has been exciting and positive – our

kids certainly deserve that after all this time. But I know that it's also been a tough transition for many parents and kids, alike. That's why everyone can be very proud of these young people, and the families that have been supporting them, for everything they've accomplished – and why we all need to continue supporting each other and staying positive through the coming months.

I want to thank the entire community for pulling together to support our educational system to the benefit of our kids. We all have unique family situations that have underscored how important it is to give our kids the best consistent, stable and reliable education there is.

That's why the city has been so focused on supporting the school district. In Long Beach, we've been cautious about re-openings, diligent about vaccinations, and strict about masks – and the result has been that we've contained COVID-19 better than many similar cities around the country.

We all want to return to normal work, school, and community activities – but we also all need to stay safe.

Just as important as physical health is, so is mental health, and that's why we've got to continue working together, looking out for the most vulnerable among us, and asking for support when we need it. This entire community is standing behind every LBUSD student and family, and we all know how hard the last 20 months have been for kids. Let's make sure every student knows that if they're struggling, they can reach out to a trusted adult – and that if you know someone who is having a hard time, it's important to talk to them and let them know there is support. Everyone needs help sometimes.

With all the uncertainty around us, it may be hard for students to stay focused on school. They may struggle in ways they didn't before, and they may be worried about the future. Young people need all the encouragement and support they can get right now. Let's make sure they know that everyone in this city, from their parents and teachers, right up to the Mayor – is rooting for them.

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www.longbeach.gov



Edward H.J. Wilson
Mayor

Volunteering Opportunities

I'm pleased to be able to finally welcome students and staff Back to School. I wish you a happy and healthy school year! As we transition back to school during the ongoing pandemic, parents and students may be experiencing some apprehension in these unprecedented times. Volunteering is a great way to channel that energy into something positive.

Volunteering can boost mental and physical health. It can reduce stress, fight depression, keep you mentally stimulated, and provide a sense of purpose. If your student has felt lonely or isolated during the last year, volunteering can help them make new friends, expand their social network, and boost their social skills. It can also foster a sense of responsibility for the greater community.



Volunteering doesn't have to involve a long-term commitment. Giving in simple ways can help those in need and improve your health and happiness. The City of Signal Hill has many volunteering opportunities for people of all ages, from offering homework help at the Signal Hill Public Library to wrapping gifts for local families at the holidays. Visit cityofsignalhill.org/volunteer or call 562-989-7330 to learn more and get involved.

An excellent volunteer opportunity is coming up with the Mayor's Halloween Clean-Up Event on Saturday, October 30. Cleaning litter from our neighborhood stops trash before it can pollute the coast and ocean. It also offers exercise, fresh air, and fun! We encourage everyone to come dressed in costume. Student volunteers will receive a free wristband to the Halloween Carnival at Signal Hill Park the same day. If a student needs volunteer credits, we're happy to support them.

The Mayor's Halloween Clean-Up is Saturday, October 30. Please meet at the Civic Center, 2700 Cherry Avenue, at 9:00 a.m. Everyone under 18 must be accompanied by a parent or guardian. For more information, please call 562-989-7340.

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The Power of Kindness

What can rabbits tell us about kindness and well-being? Surprisingly, a lot. “The Rabbit Effect” shows us how simple, everyday acts of kindness and connection can positively impact our overall health and happiness.

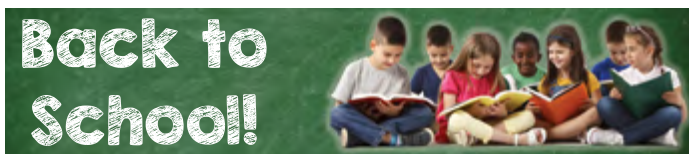
A 1978 study under Dr. Robert Nerem examined the link between a high cholesterol diet and heart health in rabbits. The study showed that kindness, did in fact, make

the difference between a healthy heart and an unhealthy one. The experiment involved giving genetically identical rabbits the same high-fat diet. When evaluating the health of the rabbits, the researchers noticed that there was one group of rabbits with significantly better – 60% better – health outcomes than the others. So, they questioned how this was possible. After careful review, they realized there was a researcher that wasn’t just feeding the rabbits in the healthier group. She was also picking them up, holding them, petting them, and playing with them. In other words, she gave them kindness. Then, they conducted a second similar study focusing on the type of care the rabbits received, and it was confirmed that it wasn’t just diet or genetics that made a difference in which rabbits got sick and which stayed healthy. It was kindness. Kind treatment led to better health outcomes.

Dr. Kelli Harding expanded this research and highlighted that kindness and connection contributes to both health and happiness. She found that kind treatment can positively impact and strengthen our health not only at molecular and individual level but also on an interpersonal and community level. When we experience or even observe acts of kindness, we are more likely to feel happy and pay it forward with more acts of kindness, and this has a ripple effect in our community. Thus, kindness creates a socially connected and engaged community which is good for everyone’s well-being.

How can we replicate the “Rabbit Effect” in our everyday lives? Let’s take the opportunities, big and small, to add positive interactions where we can. For science shows, these acts of kindness – such as greeting our neighbors, helping a friend in need, donating to a cause, or demonstrating patience even when we feel rushed – go a long way in building a healthy and happy community.

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Prosecutor Internship Grows

In 2021, the Long Beach City Prosecutor’s Office accepted 22 local students as summer interns, the largest number of interns ever in the office.

This year also saw the start of a new project, a one-day Law and Justice Summit hosted by the City Prosecutor’s Office. The summit featured experts in their fields, including California Attorney General Rob Bonta, Los Angeles Sheriff Alex Villanueva, Criminal Justice Professor Dina Perrone, and Prison Rehabilitation Consultant Jose Osuna.

Douglas P. Haubert
City Prosecutor

Over 100 students age 16-24 participated in the summit. While the summit was originally planned to be an in-person event, arrangements had to be made late in the planning process to shift to a virtual event. Interns Eleni Vallianos and Elizabeth Carrillo produced the event.

The main internship program, featuring 20 aspiring students saw an expansion of programming. They were able to attend ride-alongs with Long Beach Police Department Officers and attend court hearings.



(F) Devin Hemmans, Cassidy Hunt, City Prosecutor Doug Haubert, Elizabeth Orozco, Daisy Gomez, Nina Draffen

(B) Daniel Schettini, Isabella Del Gaudia, Ian Harrison, Alex Lopez, Jack Schroeder, Kerah Hunter, Mariko Nand, Benjamin Farfan, Kellen Franklin, Chile Gomez, Erin Chim, Sydney Pike, William Bui (not pictured Elizabeth Carrillo, Emilio Farrell, Jessiah Jefferson & Eleni Vallianos)

The goal of the summer internship is multi-faceted. First, we want interns to learn about the criminal justice system, including changes happening every day. Second, we want interns to learn what it means to work in a professional environment. Interns where professional business attire are expected to show respect in all their interactions.

Perhaps most importantly, we want interns to learn about Long Beach. Ours is a unique city, rich in history and diversity. We see our interns as future leaders. Someday soon they will be in charge, and it is important that we prepare them to lead.

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Jeffrey A. Napper
President & CEO

Fall Finance Checkup

Fall is officially here! As we head into the holiday season, it's important to take some time to evaluate your finances.

- Check your credit report for any errors or see what you can do to improve your score. Each year you are entitled to a free credit report from the three U.S. credit bureaus: Equifax, Experian, and TransUnion. Visit annualcreditreport.com to pull all three free reports.
- Check your credit card balances and review your spending. Maybe you forgot to cancel that free trial that you signed up for last summer or you may find unauthorized charges you need to dispute.
- Revisit your budget and plan for the anticipated holiday spending during Halloween, Thanksgiving, and Christmas. This is the most expensive time of the year for most consumers.

Start early and consider these items for your fall finance checkup; you'll be closing out 2021 strong and heading into 2022 closer to your financial goals!



Sharon Godbee
National President

Recipient of the Polly Olson Memorial Scholarship

By Cecile Harris Walters, National Ambassador and Member of the Diamonds of Southbay Chapter; Long Beach, CA

The American Business Women's Association (ABWA) Pathfinder Chapter, in Fremont California, awarded Claire Wiedenfeld the first recipient of this scholarship in honor of Polly Olson. Polly was a 30-year member of the ABWA Pathfinder Chapter. Knowing Polly's dedication, health, family, and fellow members of the ABWA warms Claire's heart. Claire is a first-year student at Los Positas Community College and plans to major in Public Health Science to pursue a career in nursing. "To pursue my goal of becoming a nurse comes with a cost. I applied for this scholarship in hopes of earning it. I thought "wow that these incredible, strong, passionate, confident women awarded me with this scholarship that means the absolute world to me. Sure enough, I applied and am forever grateful."

ABWA brings together businesswomen of diverse occupations and provides opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition. For more information on ABWA and Scholarship Opportunities, email charriswalters@gmail.com. or visit www.abwa.org

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CathyLyn Brooks

A Stepped-Up Basis?

For nearly 100 years, upon the date of a person's death, many of the decedent's assets have been assessed at their current market value. The purpose of the regulation has been to simplify establishing the value of an estate for taxation, and to enable the government to collect the maximum amount of taxes, as the estate shows a greater monetary value than if the calculations were based on the "cost basis" of the assets.

For example, if a home is purchased in 1970 for \$50,000 and upon the death of the owner in 2021 the value is \$850,000, the "basis" in that property is, quite generally speaking, the original price paid for the property, plus the value of improvements made. If the property is willed to a beneficiary, such as a child, relative, or friend the property is inherited at the "stepped-up basis" of \$850,000. If the property is sold close to the time it is inherited, the capital gains are virtually nothing, as the market value and the basis are essentially the same.

This provides tax relief for the beneficiary, while increasing the value of the estate for the government to maximize inheritance taxes. However, since the current

value of an estate subject to estate tax must exceed several million dollars, repeal of this tax treatment would leave beneficiaries with the original purchase price as a basis and the tax burden on the beneficiaries, most often family members, will be significant. In the example above, the taxable amount will be approximately \$800,000. Elimination of this provision may force the sale of more assets as beneficiaries may need to liquidate holdings to cover taxes due.

This stepped up basis tax treatment applies to real estate, stocks, bonds, mutual funds, businesses, and equipment but not IRA's, 401(K)'s, pensions, tax deferred annuities, money market, and CD accounts. The death of a spouse can also engage the use of this tax provision if title is held in a certain fashion. *

*For more specifics, please seek legal and tax advice, as this column is not intended to instruct on these matters.

CathyLyn Brooks, CRS, GRI has worked as a real estate broker since 1980, is a graduate of USC, the UCI Paralegal Program, and serves FINRA as a public arbitrator. She holds Broker's License No. 00797147 and is affiliated with United Real Estate Professionals in southern California. Consumers should seek legal and tax advice pertaining to their transactions. She can be reached at real.estate.matters@outlook.com



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High Blood Pressure Increasing in Kids & Teens



Saar Danon, M.D.,
medical director,
Pediatric Cardiology
and Congenital
Cardiac
Catheterization,
MemorialCare
Miller Children's &
Women's Hospital
Long Beach

Obesity and sedentary lifestyles were already on the rise in kids and teens before the pandemic. During the pandemic, sports were sidelined, and families were encouraged to stay inside, furthering the problem. As a result, we are now seeing an increase in obesity and associated medical problems, including high blood pressure in kids.

There are many things that can contribute to high blood pressure, including:

- Overweight and obesity
- Unhealthy diet
- Lack of exercise and sedentary lifestyle
- Mental health issues
- Endocrine disorders
- Use of Illegal drugs

One of the best ways to prevent or treat obesity and high blood pressure, is by encouraging exercise and a healthy diet. The pandemic has led to a new level of mental and emotional stress, which has been worsened by isolation and lack of personal interaction with others. This has increased the prevalence of high blood pressure, which can lead to other long-term effects if not addressed.

Steps Parents Can Take to Reduce High Blood Pressure in Kids & Teens

- Change their diet – fill plates with veggies, fruits, lean protein and limit fatty and salty foods
- Encourage kids to go outside and exercise a minimum of one hour each day
- Help your child learn to cope with stress and emotions
- Encourage interactions with other children

Often, we focus on the physical health of a child and forget that their mental health could be a major factor for their physical health. It's critical to address mental health issues as well. Learn more at millerchildrens.org/Heart.



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How to Stock Your Pantry for Cooler Weather and Better Health



**Carol Berg Sloan,
RDN, FAND**

According to a recent survey from Innova Market Insights, consumers “named immunity as the most desired functional feature and reported a high likelihood of purchasing products for immunity.” Unfortunately, despite what you may read in the news there really are no foods that can “boost” your immune system. However there are foods that can support immune health.

A plant-based diet along with daily physical exercise and good sleep patterns points to an overall healthy lifestyle and general good health. Stocking your pantry and fridge with fruits and vegetable such as nuts, seeds, beans and whole grains is a great first step.

Butternut Squash Bisque

Makes 6 servings

Ingredients:

- 2 - 15-ounce cans butternut squash
- 1 -14.5 ounce can sliced carrots, drained
- 1 -14.5 ounce diced potatoes, drained
- 2 tablespoons extra virgin olive oil
- 1/4 cup yellow onion, chopped
- 2 tablespoons minced garlic
- 1 tablespoon puree ginger
- 1 - 13.5 ounce can unsweetened coconut milk
- 2 cups low-sodium vegetable broth
- 1 cup water
- 1 cup unsweetened applesauce
- 2 tablespoons nutritional yeast
- 1 tablespoon ground cinnamon
- 2 teaspoons sage
- 1/2 teaspoon nutmeg
- Sea salt and pepper to taste

Directions:

In a large blender combine all ingredients except the spices and herbs. (If your blender gets too full, you can blend in portions and pour into a pot). Blend ingredients together, until smooth. Pour mixture into a large pot and bring to a boil. Once it hits a boil, reduce to a simmer, season with spices and herbs then cover and cook for 25-30 minutes. Pour into bowls and enjoy immediately.



Nutrition Facts per serving: 275 calories, 13g fat, 225mg sodium, 314mg potassium, 35g carbs, 9g dietary fiber, 11g sugar, 5g protein



**Kelly Sloan,
MS, RDN**

When fall comes around, we think of all things pumpkin, ignoring other seasonal favorites like pecans, cranberries, sweet potatoes or butternut squash. These staple items give you fall and holiday feels, plus they are packed with immune-supporting nutrients that put supplements and over the counter medicines in the back seat.

AND.... getting nutrients from the foods we eat is just as easy and way more delicious! A favorite recipe of mine is Butternut Squash Bisque which is packed full of pantry staples including canned carrots, garlic, coconut milk, applesauce and butternut squash. Butternut squash is low in calories but high in many nutrients, including vitamin A, vitamin C, magnesium, and potassium.

Cozy on up to this fall favorite - your immune system will thank you!

This column provides insight from Carol Sloan RDN, FAND and her daughter, Kelly Sloan, MS, RDN. They provide tips to help you make healthier food and beverages choices.

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Free After School Programs

Long Beach Parks, Recreation and Marine will offer free after-school programs for children ages 5-12 through December 17, 2021 from 3-6 p.m. on weekdays except for College Estates, MacArthur, Pan American and Whaley Parks where the program will be held from 2:30-5:30 p.m.

Participants receive homework assistance and enjoy enrichment activities and games.

For any activities held indoors, facial coverings are required, regardless of vaccination status, per California Department of Public Health guidance and the City of Long Beach Health Department (www.longbeach.gov/health).

After-school programs take place at the following parks:

Bixby Park, 130 Cherry Ave.
Cesar E. Chavez Park, 401 Golden Ave.
College Estates Park, 808 Stevely Ave.
Coolidge Park, 352 E. Neece St.
Drake Park, 951 Maine Ave.
El Dorado Park West, 2800 N. Studebaker Rd.
Houghton Park, 6301 Myrtle Ave.
MacArthur Park, 1321 E. Anaheim St.
Martin Luther King Jr. Park, 1950 Lemon Ave.
McBride Park, 1550 Martin Luther King Jr. Ave.
Orizaba Park, 1435 Orizaba Ave.

Pan American Park, 5157 E. Centralia St.
Ramona Park, 3301 E. 65th St.
Scherer Park, 4600 Long Beach Blvd.
Seaside Park, 14th Street at Chestnut Ave.
Silverado Park, 1545 W. 31st St.
Somerset Park, 1500 E. Carson St.
Stearns Champions Park 4520 E. 23rd St.
Veterans Park, 101 E. 28th St.
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The Literacy Project

By Carolyn Obrecht, Master Teacher Coordinator

The Literacy Project and our teachers are very glad to be back in our schools for the 2021-2022 school year. The COVID pandemic affected us all, but our children were the most impacted. More than ever, we are very aware of the retention loss from distant online learning. As a result, our program is not only wholeheartedly welcomed back to previous school sites, but we are expanding into new school districts. Our unique phonetic approach to reading is an added value to our educational system. To date, The Literacy Project has helped over 10,000 struggling students significantly



improve their reading skills levels within our 30-hour reading program. We are a non-profit organization and thanks to our generous donors, our program is free to both our students and their schools.

For more information, visit www.literacyprojectfoundation.org

Long Beach Public Library

We're Back!!

By Pam Carlson, Youth Services Librarian

Everyone has been waiting a long time for the libraries in Long Beach to reopen. All except the Alamitos and El Dorado neighborhood branches are now open with regular hours. Hopefully their construction projects will be completed soon. Don't be fooled by the fencing around the Billie Jean King Main Library. The library is open while the new Lincoln Park is being created with an all-abilities playground, skateboard and dog parks, and plenty of room to just hang out. In-person library programs include family story times, ARTLab at the Michelle Obama Library, community Loteria nights, a Halloween parade at the Main Library, and the opportunity to once again practice reading with the BARK dogs. Online programs include Bibliodias, a chance to chat in Spanish and Chapter Chat, a fun conversation between two children's librarians about new children's books. Check our website at lbpl.org, call or best of all, visit the branches to explore new books and discover what's happening for you and your family. We've missed you!

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Assistance League® of Long Beach

By Liz Krummel, Marketing Chairman

Assistance League® of Long Beach's Orthodontic Program provides low-cost braces to students in the community. The orthodontic program started in 1969 with 42 patients; today our managing dentist, Dr. Joshua Schneider, treats approximately 900 active patients. The newly opened Earl B. and Loraine H. Miller Foundation Orthodontic Pavilion is located on our campus at 6220 E Spring Street.

Our new orthodontic office has seven state-of-the-art orthodontic treatment stations, a Primescan Intra-Oral Scanner, and sterilization centers. We are the only service provider exclusively dedicated to providing low cost, high quality orthodontic care to students in the Long Beach area.

Patients are referred to the program by dentists, orthodontists, school nurses and satisfied patients. Our goal is to have the child finish orthodontic treatment by the time they finish high school.

The results are amazing! Each child ends their treatment with a beautiful smile and improved overall oral health once overcrowding is eliminated or corrected. In addition to oral health there is often a big change in the patients themselves – before starting treatment they may be insecure and quiet as they are uncomfortable talking or

laughing due to how their teeth looked. After treatment, they smile and are confident their teeth look good and will talk and laugh all the time.

Fees for treatment are set on a sliding scale based on family income with the difference made up by the generosity of grant funders and individual donors. Prior to starting treatment, families meet with the financial screening team to review payment options.

The community of volunteers known as Assistance League of Long Beach has more than 800 members in Chapter and its auxiliaries: Rick Rackers, Las Hermanas, CAMEO and Assisteens®. In addition to the Orthodontic Program, member volunteers provide support for Operation School Bell®, Kids on the Block™, ALa Carte, Assault Survivor Kits®, the Howard and Asian Art Collection, Launching Literacy, Mentoring, Scholarships, Adopt a Family and Vocational Training. If you are interested in becoming a member volunteer for one of the above programs or a community volunteer, please contact us at info@allb.org or 562.627.5650

For further information, including screening information, fee and payment policies and qualifying requirement visit our website at <https://www.assistanceleague.org/long-beach/philanthropic-programs/orthodontic-program/> or call us directly at 562.425.9507

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**Happy
Halloween!**

Rancho Los Alamitos

Calling All 3rd & 4th Grade Teachers!

By Katie Lowe, Manager of Education and Public Engagement

Rancho Los Alamitos offers engaging third- and fourth-grade field trips that complement California's history and social science curriculum. Field trips are always free of charge.

3rd - Grade: The Tovaave: a Tongva Cultural Program centers on the history of the Indigenous people of the Los Angeles Basin, the Tongva, and their vibrant cultural practices today. This popular in-person program is making its virtual debut this spring.

4th - Grade: Footprints On The Land is a docent-led tour exploring the historic site's ranch house, gardens, and barnyard in connection to larger themes in California history, including diversity, change, and resilience. Virtual tours are available this fall.

Please see RanchoLosAlamitos.org for details. Contact schools@RanchoLosAlamitos.org with scheduling requests.



6400 East Bixby Hill Rd., Long Beach, CA 90815 • 562/431-3541
www.rancholosalamitos.org

Note-ables



Kate Karp

Young Maestros

Tracy Bonham's Grammy-nominated compositions might be familiar to some—Google “Mother Mother” if you've never heard it—but her gifts extend on beyond “Billboard.” Her classical training and devotion to developing a passion for music in very young children created the [Melodeon Music House Curriculum](#), which teaches music fundamentals to preschool youngsters.

You don't need a spoonful of sugar to get children interested in music, but Bonham knows a most delightful way anyhow. “Young Maestros,” a collection of songs and games from Melodeon, opens with “Me Symphony,” in which Bonham laments how she misplaced her instruments everywhere—her tuba in Aruba, her shaker in Jamaica. But hey, she has her fingers, mouth, nose, feet and a beat as substitutes! Take heed, teachers and parents—there's a great maps lesson in there.



Bonham puts the “fun” in “fundamentals” with “Beats to a Measure,” a pleasant, rapid-fire lesson in rhythm. “All the Blackbirds” gives flight to the black keys, and “Feelin' Pretty Major” explains major and minor keys and how the upbeat feel of the former and the mournfulness of the latter comprise the music of life.

“Background Singers” is my personal favorite. Like the documentary “Twenty Feet from Stardom,” it pays homage to the unsung singers who provide the bones and body of a song. “Background Singers” tells what happens when a lead singer is unkind and unappreciative to them. Let's say that she learns about harmony the hard way!

The final track on the collection is “A Song Without an Ending,” only 32 seconds long with an abrupt stop, but no satisfactory end. Bonham seems to be telling the Young Maestros, “You pick up from here!”

Kate Karp is an editor for *School News Roll Call* and a freelance writer and editor.

Schools Press On With In-Person Instruction



Dr. Jill Baker
Superintendent

Despite the challenges of the ongoing COVID-19 pandemic, we were pleased to reopen our schools for in-person learning as we began the fall semester. The excitement was palpable on our school campuses during the first days of the new school year, as students returned to familiar routines, even if things looked a little different. We also welcomed State Superintendent of Public Instruction Tony Thurmond and Los Angeles County Superintendent of Schools Debra

Duardo on the first day of school, as they visited classrooms and commended our efforts to open schools safely.

Our students, their families and our employees also should be commended for adapting to unprecedented times. Their diligence following health and safety protocols, including vaccination, masking, COVID testing and self screening, home quarantine when needed, hand hygiene and other measures allowed us to welcome most of our 69,000 students back to campuses.

The importance of in-person learning cannot be overstated. While our teachers and everyone in our school communities made valiant efforts to provide virtual learning earlier during the pandemic, that experience only confirmed what we've known instinctively all long. The magic happens in the classroom, and our children need the socialization and face-to-face connection that only a traditional school environment can provide.

Even as we cope with the pandemic, our Board of Education and leadership team are keeping an eye toward the future and a post-pandemic world, and you can read more about our plans under the Learning Acceleration and Support Plan at lbschools.net. Some of our latest efforts include the hiring of 400 certificated staff, including teachers, counselors and social workers. And we are implementing literacy acceleration and intervention at every elementary and K-8 school.

To all who continue to support our schools during this challenging era, I thank you, and I look forward to partnering with you to build a stronger school district that serves all students well, no matter their challenges.

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A Challenging But Productive Year

By Erik Miller, Member (District 2)

It's hard to believe that this November marks one year since voters chose me to succeed retiring board member Felton Williams on the District 2 seat of the Board of Education. What an extraordinary year it has been since I formally assumed office back on Dec. 11.

This column is my first-ever School News article, so I want to thank everyone in our schools and the Long Beach community for the warm welcome that I've received as a new board member. For those of you who don't know me, I was born and raised in Long Beach, and I'm a product of our local school system. Soon my daughter will enter the same school system, so I have a personal interest in preserving and improving the quality of our schools for the next generation.

I joined the school board during a very challenging time for public schools both here and nationwide. The global coronavirus pandemic had already forced the closure of our schools to in-person learning before I arrived on the board. Since then we were able to reopen our campus for in-person learning for many of our students last spring. We also successfully provided in-person summer school for about 14,000 students, and this fall we welcomed most of our 69,000 students back in person for the new school year.

Despite these successful reopenings in the face of great challenges, none of us is declaring "mission accomplished." We know that the pandemic has magnified societal inequities, disproportionately affecting already disadvantaged populations. Our communities and our school system also have been impacted by our nation's reckoning with issues of racism and social justice. Amid these challenges, we continue to press forward to engage our diverse communities and lay the groundwork for a number of excellence and equity initiatives that will continue in the months ahead.

One way to learn more about our plans is to view our Learning Acceleration and Support Plan at lbschools.net. As our school district created this plan, we sought out the voices of new advisory groups and many partners at the local and national levels. We began our planning based upon our students' needs, blending together various resources – including significant and newly available pandemic recovery funding from the state and federal governments – to provide the best possible learning opportunities and related support.

I'd like to personally thank everyone who has contributed to our planning, and whose patience and diligence are helping us to endure the worst pandemic in a century. Precautions and protocols including vaccinations, COVID-19 testing, masking, self screening, hand hygiene and more have allowed us to continue with in-person learning.

I had the pleasure of witnessing the excitement among students, families and staff on the first day of school this year. Seeing that genuine community spirit underscores the notion that the in-person setting is by far the best environment for most of our students.

I'd also like to thank State Superintendent of Public Instruction Tony Thurmond for visiting one of the schools in my District 2 area, Roosevelt Elementary, on the first day of school. We appreciated his support and help in calling attention to all of the health and safety protocols that we and other school systems have implemented during the pandemic.

My experience during the past year on this school board confirms my optimism that together we can overcome the significant challenges facing us and ensure brighter futures for our students and families for years to come.

Child Development Center

4400 Ladoga Ave., Lakewood, CA 90713 • 562/421-8210
www.lbschools.net/Departments/Child_Development



Cindy Young
Director

The Collaborative Co-Teaching Program (CCT)

Co-teaching is when two teachers work together with students to share the planning, organization, delivery, and assessment of instruction and physical space. Willard CDC opened its co-teaching program last year. The staff includes two classroom teachers: a general education preschool teacher and an education specialist.

Two people leading a classroom can provide more opportunities for 1:1 interaction between students and teachers, which leads to stronger relationships. Students with disabilities have access to the general education

curriculum as required by law, and there are also strong opportunities for specialized instruction when needed.

Every student can benefit from the additional support, resources, and diversity available in a CCT classroom. Co-teachers are able to support one another by complementing each other's strengths and weaknesses. The program can also help build group camaraderie and divide the workload of the classroom.

The Willard CDC has an amazing team that supports each child's learning through developmentally appropriate practices. Through a structured curriculum, anchored in social emotional development and intentional play, our children will transition successfully to kindergarten, which creates a strong foundation for college and career success!

Alvarado *Elementary*

1400 E. 20th St., Long Beach, CA 90806 • 562/591-7477
alvarado-lbusd-ca.schoolloop.com



Cheryl Huber
Principal

Nature Play Space

By Araceli Nunez-Tallman, Literacy Specialist

Communal cooperation has restored a healthy landscape at Alvarado. The year prior to the pandemic, the All-star team met at a different campus. When in-person learning finally resumed, the once thriving edible learning garden was in disarray. Fortunately, a partnership with Ground Education was

put into motion to rebuild. The district's maintenance crew prepared the natural environment. Then a local Boy Scout volunteered to build raised flower beds as his culminating Eagle Scout project. Once filled, the custodial staff and the WRAP site director took on the tasks of maintaining the seedlings. Old trees found new life by becoming sections of a nature play space where students enjoy a breath of fresh air. Soon they will dig in and enjoy the fruits of their labor.



Avalon School (K-12)

P.O. Box 557, Avalon, CA 90704 • 310/510-0790
lbavalon.schoolloop.com



**Miruna
Ouatu-Lascar**
Principal

By Stephen Hall, Activities Director

As we start the new school year we are proud to announce the accomplishments of three of our High School students here at Avalon K-12 School. First of all we would like to recognize 10th grader Aidan Gonzalez for being named last year as our Most Inspiring Student for his positive attitude with difficult situations. Next, we would like to recognize Senior Danika George who participated in a Summer Internship Program sponsored by LBUSD and received amazing reviews for her performance in the program. Finally, we would like to recognize Senior Vicky Soto who was named Long Beach Press Telegram Athlete Of The Week just last month for her leadership and outstanding play on the Girls Volleyball Team. She hopes to lead her team to the C.I.F. Finals for the second consecutive year. These are our Avalon Lancer students who are shining so bright!

Bancroft Middle School

5301 Centralia St., Long Beach, CA 90808 • 562/425-7461
lbbancroft.schoolloop.com



**Maria Pilar
Perossio**
Principal

Spirit Week

*By Yumi Tamaki Kim, M.A., NBCT,
Instruction & Intervention Coordinator*

What a truly a heart-warming experience it is to finally see and interact with our students in person this school year! Our 6th Grade Family Picnic was a jovial affair and a great way to start off the year and to meet new and returning families. The overwhelming response to our Step It Up Fundraiser has been truly amazing and we are so appreciative of the generous families and friends who have donated to help support our students. Spirit Week has been a fun week allowing students to shine as they participate in Pajama Day or 80s/90s Day. We closed this month with the school year's first Student of the Month Awards to recognize those Bruin Scholars who started this year off strong!

Barton Elementary

1100 E. Del Amo Blvd., Long Beach, CA 90807 • 562/428-0555
barton-lbusd-ca.schoolloop.com



**Dr. Jacqueline
Williams**
Principal

*From the Principal,
Mrs. Dolan - Social Emotional
Learning Teacher, and
Mr. McBride - Trauma Informed Consultant,
LMFT, from The Guidance Center*

How can we meet the needs of students during the pandemic? Collectively, we concluded that we must first build a strong, positive, and healthy school community. Barton's staff strive to build community connectedness and give students a sense of belonging through reflection, listening, and school spirit days. Teachers employ equitable instructional practices, implement community circles, and create classroom mission statements. Social Emotional Learning Teacher, Jill Dolan, and Trauma Informed Consultant, Stevie McBride, LMFT, from The Guidance Center strengthen the building of community connectedness by modeling a feeling of safety, effective communication, and positive relationships in classrooms through

collaborative push-in Social Emotional Learning lessons and building relationships on the blacktop with students. Creating community is key to Barton's success moving forward.



Browning *Early College High School*

2180 Obispo Ave., Long Beach, CA 90804 • 562/997-1700
browning-lbusd-ca.schoolloop.com



Tomika Romant
Principal

Return of the Bison!

Browning Early College High School was thrilled to welcome all of our students back. The welcome party began in August when our Breakthrough Success Team led by Chef Carolyn Doll invited all of our incoming 9th graders on to campus for an orientation. Students participated in interactive icebreakers and they were able to meet many of their teachers.

Once students were on campus we continued to welcome back our students in Browning's unique way. As LBUSD's only hospitality and culinary focused school this of course included food, comfort food. Chef Stef Kelly and her culinary students explored and cooked nostalgic and sentimental foods that bring friends and family together. To top it all off they made the classic comfort food mac and cheese.

Buffum *Total Learning Center*

2350 Ximeno Ave., Long Beach, CA 90815 • 562/498-2431
but-lbusd.ca.schoolloop.com



Danielle Wright
Principal

Celebrating Fall in A Special Way!

Buffum Total Learning Center (TLC) is a unique preschool that is comprised of students who all have special needs. It is a place where the Buffum TLC team, families, and the community work together to build a foundation that supports the overall success of every student, every day. Our amazing staff has planned two Friday, October events: The Pumpkin Patch (October 20th)

which will have pumpkin decorating, fun and photo ops. The festivities continue with the Halls-o-Ween (October 29th) which includes a costume parade, trick or treating, music and fun. We are excited to be able to share these experiences with our families. Due to COVID-19 guidelines and safety precautions we will be welcoming a limited number of parents to join in on the festivities. We are thankful to all of those are willing to donate pumpkins and treats for our students!!

Bryant *Elementary*

4101 E. Fountain St., Long Beach, CA 90804 • 562/498-3802
bry-lbusd.ca.schoolloop.com



Clarissa Tolentino
Principal

Students of the Month

School is now in full swing, and it is with such an honor that we welcome back our students to the Bryant campus. During the month of September we hosted the first of our monthly spirit assemblies of the year. It definitely gave our school community a warm and welcoming feeling.

Music played as the students carried chairs and lined up on the playground.

Students were selected from each classroom for exhibiting the monthly character traits of respect, citizenship, fairness, caring, responsibility, and trustworthiness. Each student was presented with a certificate and a Bryant swag. This month we celebrated our spirit assembly at two separate campuses, and had double the excitement and school spirit.

This is a unique year for Bryant because our campus has been undergoing repairs with funds from Measure E. We are excited that once the construction project is completed, our site will be equipped to meet handicapped accessibility and earthquake standards. We will also replace old restrooms and leaky roofs, upgrade fire alarms and security systems, and improve our plumbing and electrical wiring, to name a few.

Our classrooms will also have some upgraded technology so that our students can learn the skills they need to prepare for college and careers. In addition, the classrooms will also be more ventilated and comfortable on extremely hot days when our air conditioning is installed.

Bryant Bears look forward to the day when we can all be together again in community with one another! Go, Bryant Bears.



September Grades 3-5 Students of the Month



September Grades K-2 Students of the Month

Burcham (K-5)

5610 Monlaco Rd., Long Beach, CA 90808 • 562/420-2685
lbburcham.schoolloop.com



Helen Makridis
Principal

“We Were Ready for the i-Ready”

School was back in full effect as students prepared to take our new district diagnostic test called the i-Ready. Armed with new Chromebooks and the motivation to do well, Mrs. Davis’s third grade classroom was laser focused and eager to show what they learned last year. These preliminary test results will give teachers the needed data to prepare interventions, plan for small group



instruction and inform parents of any learning gaps during Parent Teacher Conferences in the month to come. We are eager to see what our Burcham Bobcats retained during distance learning and how we can fill any achievement gaps to ensure all students receive equitable learning opportunities while in school. Yes, we were ready for the i-Ready!

Cabrillo High School

2001 Santa Fe Ave., Long Beach, CA 90810 • 562/951-7700
lbcabrillo.schoolloop.com



Wendy Poffenberger
Principal

Mentoring Session

Over 120 juniors from the Cabrillo Academy of Law and Justice participated in their first mentoring session of the year. Students introduced themselves to their mentors using elevator pitches. Each student received feedback on their pitch from the mentors.

The mentors included lawyers for the FX Network, a judge, immigration lawyer, CSULB professor, ACLU organizer, Naval officer and a lawyer for the Federal Bureau of Prisons. Students considered the session a success as one student commented, “I picked up some new techniques to edit my own elevator pitch.” These sessions are extremely valuable to students who are able to receive guidance from professionals that they may not otherwise have access to. The next mentoring session is December 3.



CAMS

1000 E. Victoria St., Carson, CA 90747 • 310/243-2025
lbcams.schoolloop.com



Fall Spirit Rally

By Jamie Hsu and Amanda Zambrano - Yearbook Staff

After more than a year of online learning, CAMS students are back in person! This calls for many get-togethers to reunite with old friends and to meet new classmates. CAMS' upperclassmen made transitioning back to school fun and easy, with orientations led by our Link Crew members during the

summer. Friendly competitions between groups stirred up excitement for the start of the school year. Link Crew also hosted the annual Ice Cream Social, an evening for underclassmen to get to know each other. CAMS' ASB is currently planning the Fall Spirit Rally, which includes a week of competitions, games, sports, and chants for class pride. We are off to a great start, creating stronger bonds than ever this year. Our school re-opening was a great success and a great learning experience for the students. Don't worry parents, CAMS has you and your kids' back!

Cheryl Cornejo
Principal

Carver *Elementary*

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697
carver-lbusd-ca.schoolloop.com



New Teachers

By Erin Richey MS, NBCT, Kindergarten

Happy Fall from Carver Elementary School! Not only are we excited to all be back on campus and together again, we are even more excited to hear little voices echoing in our halls and classrooms! Having our students back makes our hearts full. We are also so excited and proud to welcome four new teachers to our staff.

Together, they have a combined total of 21 years of teaching experience. To our 3rd grade team, we welcome Alina Herrera-Gonzales and Jennifer Avalos. Joining our 2nd grade team is Jacqueline Martinez. Rebecca Maier joins our staff as our 4th/5th grade combo teacher. Carver is a very special place and we are thrilled to have new teachers join our school family.



Chavez *Elementary*

730 W. Third St., Long Beach, CA 90802 • 562/590-0904
chavez-lbusd-ca.schoolloop.com



Kindergarten Garden

By Vanessa Mosqueda and Jacqueline Luna, Spanish Dual Immersion Teachers

Cesar Chavez Elementary School is proudly and excitedly starting a garden. The garden is currently blossoming in the kindergarten yard, but we have plans to expand to the whole school. The kindergarten students have enjoyed experiencing the native plants that teachers and staff planted in the summer as well as planting their very own radishes! Students have been taking full responsibility for caring of the plants and radishes. We look forward to building community around this project for the students and families of Chavez.



Cubberley (K-8)

3200 Monogram Ave., Long Beach, CA 90808 • 562/420-8810
lbcubberley.schoolloop.com



Cathleen Imbroane
Principal

Coming Back to Campus in 2021 after a year of Distance Learning.

The following article was taken from Mr. Ward's Journalism class, the topic was a reflection assignment for students to share how they are feeling about the past few years, while also looking ahead to the 2021 school year.

By Reese Lao

The past few years have been a roller coaster. From being a sixth grader, to spending the majority of seventh grade online and now starting eighth grade in

person. I really don't know what to expect this year, are we going to end up on zoom again? That question repeats in my head everyday when I step onto our campus. As an eighth grader, I really hope we can finish this year out at Cubberley. I am looking forward to the social interaction and Cubberley spirit. Being in a full classroom with my teachers and classmates is something that has been significantly absent in my school life. This year I am crossing my fingers and hoping that I can get the full experience of school. I am excited to watch all of the sports games, and to cheer on our team in the final quarter. This will be my concluding year here at this school, and I hope to make it a good one.

Dooley Global Studies Magnet School

5075 Long Beach Blvd., Long Beach, CA 90805 • 562/428-7274
dooley-lbusd-ca.schoolloop.com



Tracy Hall
Principal

Team Awesome

Team Awesome is here to serve the Dragon population for the 2021-2022 school year. As Dooley School opened its doors for the new school year the office looked quite different. A new principal- Mrs. Hall, assistant principal- Mrs. Dominguez, part time counselor- Ms. Paz, nurse Ms. CJ, part time attendance clerk- Ms. Derleth, and

office supervisor -Mrs. Vocke now man the desks along with the familiar faces of Ms. Sylvia, Mrs. Labao, and Ms. Liz.

This team is ready, willing, and able to assist students and families with the challenges and excitement of the new year and they look forward to each interaction as a way to build relationships. The Dooley teaching and support staff are here to support academic acceleration and we know this will be an exciting year to #KeepGoingKeepGrowing.



Edison *Elementary*

625 Maine Ave., Long Beach, CA 90802 • 562/590-8481
edi-lbusd.ca.schoolloop.com



Juan Gutierrez
Principal

Edison School Ready for the Challenge

There's a huge need in schools across the country due to the unexpected challenges COVID-19 pandemic has brought to school aged students and their families. As a result, every school in Long Beach has been provided with much support for the next three years as part of the Learning Acceleration and Support Plan. Edison School will benefit from the

hard work of various local advisory groups, to provide the needed support for students and the blending together of various resources, including teacher literacy specialists.



Mrs. Solorzano, Mrs. Cancino, Ms. Lyttle, Mrs. Antonio and not pictured Mrs. Villarreal.

Edison has a team of five amazingly driven teachers who are super ready for this new challenge and will provide consistent research based literacy interventions across every grade level. Our team of teachers and staff are ready to do what it takes to get our students back to learning and enjoying school again. Here we go Team Edison!

School News Roll Call
Welcomes You
Back to School!



Emerson *Parkside Academy*

2625 Josie Ave., Long Beach, CA 90815 • 562/420-2631
eme-lbusd.ca.schoolloop.com



Beverly Moutet
Principal

Literacy Support

The 2021-2022 school year is in full swing! Teachers have provided welcoming, exciting, and engaging learning environments. Students are happily interacting with friends as well as working hard in class. We are already looking at student learning and progress through a diagnostic lens.

A specialized program Emerson is continuing to provide this year is literacy support. After nearly a year and a half of distance learning, some students have skills gaps that need to be addressed. In mid September, students were given targeted one-on-one reading assessments to determine where their foundational reading skills gaps were. Those identified were placed in small groups and are now working on building those skills to access their classroom reading content. We monitor their progress, and continue to provide this intensive support until they have reached their reading goals. They are so excited to be getting the help they need and are working very hard every day.

Gompers (K-8)

5206 Briercrest Ave., Lakewood, CA 90713 • 562/925-2285
lbgompers.schoolloop.com



Linda Reynolds
Principal

Going Green

Gompers is GOING GREEN! One of the ways we recognize students is to award students that demonstrate the following character traits.

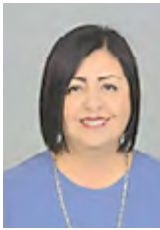
- G- Grit
- R- Responsibility
- E- Expectations
- E- Ethics
- N- Neighborly

Throughout history, character education has been the shared responsibility of parents, teachers and members of the community, who come together to support positive character development. Gabby the Gator helps us celebrate our Scholars of The Month.



Franklin *Classical Middle School*

540 Cerritos Ave., Long Beach, CA 90802 • 562/435-4952
lbfranklin.schoolloop.com



Alma Black
Principal

Our Garden Club

Franklin's Garden Club is back in action! The Franklin Garden was established eight years ago with help from volunteers in the neighborhood. The garden is maintained by the school's Garden Club and a local nonprofit called Ground Education. Weekly club meetings foster a love for gardening and allow students to experience the satisfaction of seeing the seeds they plant transform into

edible produce. The experience of tasting the freshness of food prepared from the herbs, vegetables and fruit they have grown is like no other!



The Franklin Garden includes sections dedicated to a butterfly garden, a succulents area, a sensory garden, an herb garden, fruit trees, a flower garden and seasonal vegetables. Seasonal garden activities include estimating seeds in a pumpkin and trying the Taste of the Week, where they explore the benefits of a different produce item each session.

The garden offers our students a way to relieve stress, incorporate STEAM activities, be creative, explore nature, and take a break from technology in a safe and natural atmosphere. Happy gardening!



Fremont *Elementary*

4000 E. 4th St., Long Beach, CA 90814 • 562/439-6873
fre-lbusd.ca.schoolloop.com



Christopher Lounsbury
Principal

Upgraded Technology

Fremont Elementary returns from pandemic closures to the benefits of Measure E Modernization. Children and staff alike have enjoyed the benefits of a new heating and cooling system, updated technology, fresh paint and new flooring. The new feel within the walls of Fremont's historic hallways has been appreciated by all. Being apart from one another due to construction was worth every inconvenience

as we reunite in an updated much improved Fremont. A special thank you to everyone from LBUSD Operations, Facilities, and the workers at Tilden-Coil for making our return a special experience.



Teachers and Students enjoy the upgraded technology, they merge the benefits of technology with the in-person learning experience.

Along with the newness of modern classrooms, the health protocols have forced many new daily routines for our young Falcons, Play Zones, COVID screenings, and eating lunch outside are a few new routines that have transformed the learning experience at Fremont. Our students are enjoying the return to school with smiles and laughter. Falcons Forward!

Gant Elementary

1854 Britton Dr., Long Beach, CA 90815 • 562/430-3384
gant-lbusd-ca.schoolloop.com



Cassandra Fanton
Principal

Garden Design

A Teacher Retirement Garden was originally started by Mrs. Ball 2008 class and it unfortunately was in need of care. I'm a Gant alumni and current Ambassador Girl Scout working on my Gold Award Project. I saw a problem and decided for my project to give back to my elementary school and refurbish it into an outdoor learning environment that honored retired teachers. The garden design contains grade

level plants that meet their science standards along with curriculum and books for the teachers to use with their lessons. A garden club, with students, was created that would help with the project. Now it is sustainable, so that future Gant students can learn while enjoying, managing and caring for the garden.



Teacher Retirement Garden
by Girl Scout and Gant Alumni Jamie Karlowitsch

Garfield Elementary

2240 Baltic Ave., Long Beach, CA 90810 • 562/424-8167
garfield-lbusd-ca.schoolloop.com



Monica Alas
Principal

Classroom Communities

All is well at Garfield Elementary School! On August 31st, we re-opened our doors for the first time to all students since March of 2020! Students were greeted by staff members who carefully worked on creating classroom environments that were safe and welcoming to all students.

For the past month, students and teachers have been working on building strong

classroom communities. Students have been getting to know each other and learning about ways that they show kindness and care for each other. We're very proud of our scholars who set personal goals to increase attendance, work habits and participation in class. Garfield teachers are hard at work creating lessons to supporting all students so that they can reach their personal and academic goals.

Our playground is once again bustling with children's voices, laughter, and lots of fun! Thank you TIGERS for bringing back JOY to our school!

Until next time, GO TIGERS!!!



Garfield Staff preparing for the first day of school!

Grant *Elementary*

1225 E. 64th St., Long Beach, CA 90805 • 562/428-4616
gra-lbusd.ca.schoolloop.com



Veronica Madrigal
Principal

It Takes a Village

By Donna Robertson, Assistant Principal

As we prepared to kick off the 2021-2022 school year, there was so much to do to make sure that everything was up and running. Classrooms cleaned and sanitized? Check! Textbook orders filled? Check! Classrooms set up with materials and Chromebooks? Check! Safety precautions in place? Check!

Our staff members energized and ready for scholars? Check! COVID screening in place? Check! Mask communication to families? Check! Managing these safety precautions and day-to-day operations of our school while also maintaining our focus on learning and

instructional practices was truly made possible by our wonderful Grant support staff.

Our Recreation Team has stepped up and out of the shadows to play a major role in the daily safety and success of our students. They are taking the lead on COVID screening, playground and cafeteria supervision, textbook delivery, and kindergarten support. They always show up with a smile on their faces and a positive mindset to take on whatever the day will bring.

Extending their hours, and their willingness to go above and beyond, does not go unnoticed at our school. Our staff members really are in a partnership with our teachers to make sure that every student feels welcome and safe every day while learning.

Hamilton *Middle School*

1060 E. 70th St., Long Beach, CA 90805 • 562/602-0302
lbhamilton.schoolloop.com



Jorge Montanez
Principal

College and Career Readiness

The Hamilton MS/K-8 College and Career Readiness 101 Project is intended to engage and increase college access and career readiness through instructional workshops, a development of practices, and program implementation that creates or enhances a college-going culture. The goal is to intentionally seek to remove barriers that prevent all students from pursuing

postsecondary education and to instill potential career options that might not have been there. Some of the current activities and lessons include modules on how to find, research and use the high school readiness guide, completing a career interest inventory and connecting the dots on seeking that career pathway, reminding students

Hamilton Middle School



of the College Promise benefits, and to provide social and emotional support through these decision making processes

Henry (*K-5*) *Dual Immersion School*

3720 Canehill Ave., Long Beach, CA 90808 • 562/421-3754
henry-lbusd-ca.schoolloop.com



Rose Vitetta
Principal

Excited to be Back on Campus

Our Henry Patriotas have been back on campus for about 7 weeks, it has been wonderful to feel their excitement as you walk through the halls, at recess & in the classrooms. Our staff has been working hard to provide the conditions for safety & success for all our students. As we continue to navigate the on-going pandemic, we are

committed to prioritizing student & staff safety, relationships, & social emotional wellness. One example is having our first Annual Super Scholar Assembly & celebrating many academic successes. Students also received awards based on our Spanish Guidelines for Success.

Students applauded and cheered their fellow Patriotas as they received their awards!

Harte *Elementary*

1671 E. Phillips St., Long Beach, CA 90805 • 562/428-0333
harte-lbusd-ca.schoolloop.com



Kimberly Carpenter
Principal

New Team for a New School Year!

Here at Bret Harte Elementary we are excited to welcome back students. We have a new administrative team for this new school year. Kimberly Carpenter is our new proud principal. She is entering her 8th year as a school principal in the Long Beach Unified School District.

Nicole Kelly is our new assistant principal. Ruthie Preston is our returning school

counselor. Carmen Galeas is the new Office Supervisor and rounding out the team is Ivonne Gaitan the Attendance and Enrollment Clerk.

We believe that this school year offers so much hope and opportunity for our students and their future. We just can't hide that Bulldog Pride!



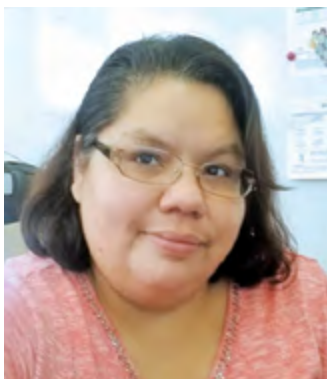
Nicole Kelly



Ruthie Preston



Kimberly Carpenter



Carmen Galeas



Ivonne Gaitan

Holmes *Elementary*

5020 Barlin Ave., Lakewood, CA 90712 • 562/633-4427
hol-lbusd-ca.schoolloop.com



Lori Grady
Principal

Celebrating Hispanic Heritage Month

Students across our campus, in both general education and special day classrooms, have been celebrating Hispanic Heritage Month (September 15 - October 15). Students have completed research about people of Hispanic heritage who have made wonderful contributions in science, politics, art, music, and more. Did you know Astronaut Ellen Ochoa was the first Hispanic woman

astronaut and is in the NASA Hall of Fame? Students in Mrs. Pickens' class know! Check out some of the knowledge gained about Hispanic contributors by students in Mrs. Kolsky's class.



Hughes *Middle School*

3846 California Ave., Long Beach, CA 90807 • 562/595-0831
lbhughes.schoolloop.com



Edward Steinhauser
Principal

#HughesProud

The start of the 2021-2022 school year has been filled renewal and renovation. It has been wonderful to have our students and staff back together learning and growing together. Our teachers have engaged in SEL lessons along with rigorous academics, our volleyball and flag football teams opened their seasons with a WIN and our school site has been engaged in Measure E modernization.

Thanks to our community, our school campus has a newly renovated cafeteria, a new blacktop, soon to be completed auditorium and gymnasium, and by the end of the school year each classroom and school building will be updated with energy efficient windows, lighting, new A/V equipment, renovated bathrooms, increased ADA access, and air conditioning. This is a very exciting year for the Owls and we look forward to continuing to provide an exceptional learning experience for all students that makes us #HughesProud!

Jordan High School

6500 Atlantic Ave., Long Beach, CA 90805 • 562/423-1471
ljordan.schoolloop.com



Kaisha Irving
Principal

Jordan's ACE Pathway Partnership with Port of Long Beach

Jordan's ACE Pathway has partnered with the Port of Long Beach to support & provide opportunities for students interested in the field of Advanced Manufacturing, Construction and Engineering. ACE has 457 students, grades 9-12. Students in the ACE Pathway take Career Technical courses in design, computer integrated manufacturing, and engineering, which culminate with a Capstone Project their Senior year. Through this partnership, the Port is



enhancing student's experiences by providing opportunities for various internships, college and trade scholarships, networking with industry professionals and field trips. All of these opportunities will provide students with insight into the maritime and goods movement

industry. For more information about the Port and other educational programs, please visit www.polb.com/education.

Kettering Classical Elementary

550 Silvera Ave., Long Beach, CA 90803 • 562/598-9486
kettering-lbusd-ca.schoolloop.com



Rachel Peters
Principal

Kettering KIDS Are Leading the Way

This year Kettering has 34 students running in our Student Council race in hopes of being chosen as a leader of our school. In the past two weeks they have attended campaign meetings, created campaign posters, and practiced their speeches. The winners of the race will not

only lead our monthly school recognition award assemblies and work as ambassadors for charitable fundraising, but they will be the voice of Kettering that supports our superintendent's goal of a leveled advisory group. Dr. Baker's Student Advisory Council will allow student voice from each school site to be part of a larger discussion on student needs and perspective of our educational system. Good luck to all our candidates!



King *Elementary*

145 E. Artesia Blvd., Long Beach, CA 90805 • 562/428-1232
starring-lbusd-ca.schoolloop.com



Osvaldo Ocampo
Principal

Getting in the Right Zone

At King, we are dedicated to providing our students with tools that can help them achieve their best.

One of the tools we use on our campus is a program called the “Zones of Regulation.” This program is designed to teach students how to recognize their feelings and come up with a strategy to get back to an appropriate zone.

The zones are represented by different colors: green, yellow, blue, and red. In the green zone you are calm, focused, and happy. Being in the yellow zone means that you may feel frustrated or anxious. It could also mean that you are feeling excited or silly, which is okay in the right situations.



King Royals know how to self-regulate!

In the blue zone, you may be feeling down, sick, or tired. Being in the red zone means that you are feeling anger or are even out of control.

This program has created a common language on our campus. King students have been taught to recognize a feeling or emotion, regulate themselves, and then come up with a strategy to get back to the green zone. The results are more peaceful and productive students.

Lakewood *High School*

4400 Briercrest Ave., Lakewood, CA 90713 • 562/425-1281
lblakewood.schoolloop.com



Mona Mero
Principal

New Addition of SynDaver

Lakewood’s Health Occupations & Sports Medicine (HOSM) medical pathway has a new addition! She has yet to be named, she will be giving students an inside look at how the body works. Meet SynDaver, the latest in ultra-high-fidelity medical simulation models. This addition will join Apollo man, an adult patient simulator, and a six-foot Anatomage Table which may be the most technologically advanced 3D anatomy visualization system used by many of the world’s leading medical schools.



HOSM’s Medical skills lab has also partnered with Long Beach Memorial to host a medical simulation class for students across the district. HOSM continues its mission to provide students with cutting-edge equipment, industry-specific skills, and long-lasting experiences that place them ahead of the pack in progressing to their next chosen destination, college, or career.

Lincoln *Elementary*

1175 E. 11th St., Long Beach, CA 90813 • 562/599-5005
lincoln-lbusd-ca.schoolloop.com



Caroline Nemece
Principal

Literacy Team

Lincoln Elementary is expanding its literacy program from 1 literacy teacher to 5 literacy teachers and a facilitator. They will be supporting teachers in Tier 1 and Tier 2 interventions. The goal of the literacy team is to use the tools and strategies from The Fountas & Pinnell Leveled Literacy Intervention (LLI) to help students so they

can be successful in classroom instruction and develop a love of reading. The literacy team will provide daily, intensive, small group instruction which supplements what our amazing teachers are teaching in their classroom. With a combination of 135 years of teaching experience, this team is excited and looking forward to helping our first round of students, 140 students in the 1st - 3rd grade, become proficient in reading so that they can enjoy reading and can become lifelong learners.



Maria J. Hernandez, Boravy Py, Bangorn Benitez, Katherine Leonard, Stacey Wills, Gloria Cuaxilola de Shivers.

Lindbergh *STEM Academy*

1022 E. Market St., Long Beach, CA 90805 • 562/422-2845
lblindbergh.schoolloop.com



Stacey Benuzzi
Principal

New Electives Options at Lindbergh

This year, we expanded our elective options to build on students' interests and connect to high school pathways. Our electives focus on STEM, leadership, learning a new language, music, and academic intervention.

Lindbergh elective options:
Introduction to Spanish, Robotics,

Project Lead the Way: Design and Modeling, Project Lead the Way: Medical Detectives, Male Leadership Academy, Female Leadership Academy, Ethnic Studies, Long Beach Scholars, Band, Orchestra, College and Career Readiness, and Algebra Development

Additionally, we received a grant from Boeing to expand our STEM electives and purchase new materials for



Students in Robotics class testing out the robots they built.

hands-on learning. So far, we have purchased 3D printers and materials for Robotics. Our students are learning a lot and having fun in our STEM electives!

Lindsey Academy (6-8)

5075 Daisy Ave., Long Beach, CA 90805 • 562/423-6451
lblindsey.schoolloop.com



Renny Chu
Principal

Voices from the Field

By Nanette Gerds,
ELA/Creative Writing Teacher

Dear Mr. Chu,

Last year was a silent year. If you entered a Zoom breakout, it sounded like a desert: -quiet and empty. The teachers stared at black screens. This year, everything feels loud and vibrant. People look different and it's nice to see them. The masks cover everyone's smiles, but I don't mind. There are differences such as masks, social distancing, and COVID screenings. Some things feel familiar - learning, joking with friends, and the long wait for the school day to end.



At first, it was weird but now I've gotten used to it. I'm glad I'm able to focus and do better now that we are all back to a normal learning environment.

Sincerely,
Patricia Strang

Long Beach School for Adults

3701 E. Willow Ave., Long Beach, CA 90815 / 2153 W. Hill St., Long Beach, CA 90810
562/595-8893 • www.lbschools.net/LBSA



Debbie Broadway
Administrator

Congratulations Class of 2021

Long Beach School for Adults held a walk through Graduation on June 10, 2021 where each graduate was honored individually with their family and friends in attendance. Each graduate walk down the aisle as pomp and circumstance played and their family members cheered them on. They were presented with their diploma and received special words from Diana Craighead the President of the Board of Education. In total, we honored 67 students with High School Diplomas and 46 with High School Equivalency Certificates. LBSA is back on one campus this year; all programs are being held at our Willow street campus,.



Los Cerritos Elementary

515 W. San Antonio Dr., Long Beach, CA 90807 • 562/595-6337
loscerritos-lbusd-ca.schoolloop.com



Liseeth Ramos
Principal

Welcome Back Roadrunners!

We are off to a great start to our 2021-2022 school year and we are proud to recognize the amazing work of our team who feeds our scholars with a well-balanced meal each and every day. In preparation to our scholars beginning the school year, our cafeteria awesome squad made sure all health and safety protocols were in place with smiles and a welcoming greeting. Mr. Kenneth, Mr. Michael and Ms. Ruthie make every day count as they prepare and feed over 300 students daily! We are celebrating and acknowledging them! Our roadrunners are thrilled to pass by our cafeteria with such delight as they receive their meal. Way to go Roadrunner Awesome Team! Go Roadrunners!



**Our Awesome Los Cerritos Roadrunner Cafeteria Team:
Mr. Michael, Mr. Kenneth, and Ms. Ruthie**

Lowell Bayside *Elementary*

5201 E. Broadway, Long Beach, CA 90803 • 562/433-6757
lowell-lbusd-ca.schoolloop.com



Lester Lawson IV
Principal

Back at School

When we ask for our “Why” as we reflect on being educators, we can look in many directions to find the answer. However, many times it is right in front of us. Our students are the biggest “Why”. So, at Lowell, we decided to ask our students what was the most exciting thing about returning to school this year, and “Why” were they excited? When asked, one third grader said

“I feel amazing because I get to be back at school and be in a classroom with my friends and play outside.” Another third grader said “I feel thankful because I think learning is fun and cool.” The following are a few quotes from some of Lowell’s fourth graders on what they were happy about in returning to school. “Seeing all my friends and teachers in person.” “It is easier to follow along with your teacher instead of on the computer.” One second grader said “Being back at school again for real is the best.”

These are all great examples of our student’s excitement at coming back to Lowell.

MacArthur *Elementary*

6011 Centralia St., Lakewood, CA 90713 • 562/420-3588
macarthur-lbusd-ca.schoolloop.com



Maria Yopez
Principal

MacArthur Elementary is Blooming!

*By Ruby Gaytan and Heather Clements,
Literacy Teachers*

MacArthur Elementary has partnered up with Ground Education whose primary mission is to provide year-round gardens, health and environmental awareness experiences for every student during the school day. Their goal is to educate the whole child and use the power of nature to teach, inspire, affirm and connect. The Ground Education Staff has their own dedicated eco-educators who bring grade-level curriculum to life through dynamic, hands-on lessons. At MacArthur, we want all students to appreciate nature and benefit from the positive impact it will have on their well-being.

The garden consists of six garden beds which includes a vegetable and herb garden area for planting, harvesting and hands-on science lessons. Every one of our students has contributed to the garden, from building the garden, to moving mulch and filling the beds with soil. The garden also has multiple nature play areas created with logs cut from trees on site and surrounded with California native plants.

This year students at MacArthur will be blooming and growing in and outside the classroom. Grow Eagles!

Madison *Elementary*

2801 Bomberly St., Lakewood, CA 90712 • 562/420-7731
madison-lbusd-ca.schoolloop.com



Ann Erskine
Principal

Welcome back to Madison!!

We are so happy to be together again. Not only were Madison scholars separated by the school closure last year, we were also teaching from two campuses while construction crews modernized our campus. Now, we are elated to have all grades back on a newly renovated Madison campus. We have new energy efficient windows and air



conditioning in all classrooms. Classrooms have ceiling mounted overhead projectors with wireless microphones for voice amplification so students can always hear the teacher. We also have a new fire system and PA system to keep us safe and informed. Madison has always been a great place to learn, and now it is a beautiful modern amazing place to learn.

Mann *Elementary*

257 Coronado Ave., Long Beach, CA 90803 • 562/439-6897
mann-lbusd-ca.schoolloop.com



Tracy Fiala
Principal

It's Fall of 2021 and the kids are back!

It's time to make some great memories with students in person. The Mann Family is so happy to be back together again! We had a great kick off to the school year with our Back to School Night Family Celebration complete with family photos, dinner, book Fair, shaved ices and dancing to the live steel drum music. Pictured here is Talk like a pirate day, do you have any

good pirate jokes to share? We love telling jokes here at Mann. This year's highlights for family fun include, Trunk or Treating, student performance of The Wiz, Winterfest, Steam Fair, and more. A big thank you to our wonderful PTA for all the support. Students are excited to be back and we're prepared and ready to support their academic growth and success! Together the Mann Family is making it happen!



Marshall *Academy of the Arts*

5870 E. Wardlow Rd., Long Beach, CA 90808 • 562/429-7013
lbmarshall.schoolloop.com



Marie Hatwan
Principal

Marshall kicks off the 21-22 School year with WEB!

By Sydney Adams, 8th grade WEB Leader

WEB is back at Marshall Academy of The Arts!. WEB is a program (Where Everybody Belongs) that allows 8th graders to help guide and prepare 6th graders for the 3 fun-filled years of middle school to come. Here at Marshall, the 8th grade students get the option to become WEB Leaders at the end

of our 7th grade year. This program has the sole purpose of taking care of our 6th graders. WEB Leaders get the opportunity to meet with the incoming students to give them a tour of the campus, play a couple of fun team-building games and answer any questions that they may have about entering middle school. We even reach out to the parents to provide any help we can. Being a WEB Leader has taught me how to be empathetic and a caring person. I am looking forward to the rest of this year's WEB activities.



McBride Sr. High School

7025 Parkcrest St., Long Beach, CA 90808 • 562/425-3539
mcbride-lbusd-ca.schoolloop.com



Gonzalo Moraga
Principal

Health Medical Pathway

*By Neal Cates,
Health Medical Pathway Lead Teacher*

Recently at McBride we have redesigned the Health Medical Pathway to vertically integrate skills and learning. After Health and Career Concepts and Medical Terminology courses, now students have Sports Medicine with Mr. Davion White. This class allows students to implement the content and skills they've learned to help them analyze and act upon situations in a sports environment. Of late, many students worked with the LB Poly football team as student athletic trainers.

Isabella Maya Rojas is a wonderful example of how our students are experiencing a professional setting as a senior. Isabella participated in SkillsUSA competitions and earned first place in the regional competition for Medical Terminology. She takes part in the LB Memorial Simulation Lab and the Goodwill Nursing Assistance Program. Ms. Amaya Rojas is also the President of the National Honor Society, Multicultural Heritage Club, and the Symphony Orchestra.

The Health Medical faculty and staff are extremely proud of Isabella and the dozens of students like her who are amazing young adults and students and aspiring industry professionals.

Millikan High School

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441
lbmillikan.schoolloop.com



Alejandro Vega
Principal

Millikan's Latest Mental Health Project

*By Liana Ngaw and Bella Towne,
Co-Editor-in-Chief*

Addressing the spike in student stress and mental health discussions, LBUSD has opened wellness centers in all high schools in the district.

The center was originally a product of a 2018-2019 Quest Senior Project by Millikan alumni Sydeny Bridwell. The idea was pitched to and approved by Superintendent Steinhauser and then gained enough funding to open Millikan's first center two years later, ran by Mr. Robinson.

Ms. Aimee Uresti, who is now the school social worker at the Millikan Wellness Center says, "The center is important to students to have a safe space and to self-regulate if that's what they need." Having a professional social worker with a Masters degree in social work and a Pupil Personnel Services Credential (a credential some districts require their social workers to have) there gives students the opportunity to talk about situations they normally couldn't with friends or anyone else.

Students are welcome to leave class (with permission) and in fact encouraged if it is needed; they are welcome to a room with games, activities and snacks and someone to talk to. The Wellness Center is open during all periods, nutrition, and lunch.

Muir Academy

3038 Delta Ave., Long Beach, CA 90810 • 562/426-5571
lbmuir.schoolloop.com



Sophia Griffithh
Principal

Accelerating Learning, One Scholar at a Time

We have all been faced with many challenges during the pandemic. One of those challenges is student learning loss. In order to accelerate learning for our scholars at John Muir K-8 Academy, we have developed a focused action plan. Every teacher administered a series of diagnostic assessments to their classes, to identify the specific skills that need to be addressed.

This year, we have several positions to support student success. We have an Instruction and Intervention



Coordinator, a Mathematics Specialist and four Literacy Teachers. Students will receive daily small group instruction and teachers will receive ongoing professional development. We are also "thinking outside of the box" to create opportunities for students to learn outside of the classroom, such as Math at Recess. The entire school community is committed to making our school, "A Great Place to Grow!"

McKinley *Elementary*

6822 N. Paramount Blvd., Long Beach, CA 90805 • 562/630-6200
mckinley-lbusd-ca.schoolloop.com



Charo Darwin Glomah
Principal

SEL Matters

First-grade students in Ms. Boughey's class start each day in a circle. This short but meaningful activity is helping students to feel comfortable after spending their kindergarten year online with distance learning. As a school site, our McKinley professional-learning community is focused on building relationships with three signature practices. The first practice,

starting the day with a welcoming inclusion activity, helps students to build connection, resilience and community.

Ms. Boughey has created a thriving community because of her efforts with a welcoming activity, engaging strategies and optimistic closure. This has allowed her to create a trusting community because it is the cornerstone of developmental relationships. Trust can be built through interactions characterized by gestures of caring, authentic listening, personalization, consistency and dependable support.

Ms. Boughey is just one example of this at McKinley. It is important that we center adult and student relationships as we transition back to in-person learning. As a team, routine care and reflection take place, and students' growing autonomy and voice are supported. With only a month back in school, we're right on track and remain excited for what our future holds. Go Cougars!



Naples Bayside *Academy*

5537 The Toledo, Long Beach, CA 90803 • 562/433-0489
naples-lbusd-ca.schoolloop.com



Paula Spenker
Principal

Naples Students Think Like Scientists!

Naples Bayside Academy is a buzz with the sounds of science! In a first grade classroom, you might hear clapping and stomping to mimic the different types of rainfall. In a third grade classroom, you might see groups working together to design chain reactions while fifth graders are analyzing artifacts and collaborating on theories. Our Dolphins are enjoying the new science curriculum and are looking forward to getting their hands on all of the new manipulatives.



Nelson Academy (6–8)

1951 Cherry Ave., Signal Hill, CA 90755 • 562/591-6041
na-lbusd-ca.schoolloop.com



Kathleen Reed
Principal

Welcome Back!

Nelson Academy welcomes all of our Knights back to campus. We are excited to learn together, have fun together and develop friendships. During the 21-22 school year, we are offering two new elective classes: Global Classroom and Ethnic Studies--both of which help us to explore the backgrounds of our community members and learn about the world around us. Along with our history classes, these new classes offer an opportunity for our students to share and collaborate while celebrating our diversity. As we come back together, we are looking forward to our “Club Faire” and the beginning of our district sports competitions. Thank you to all of our families for helping us re-open safely and for supporting our Nelson community.

Oropeza Elementary

700 Locust Ave., Long Beach, CA 90813 • 562/436-4420
int-lbusd.ca.schoolloop.com



Richard Littlejohn
Principal

TEAM Kindness!

Welcome to the 2021-2022 school year! Our students are back in person and happy to be on-site to learn and grow. Each of our students were greeted with care when they returned, and they were all eager to start learning alongside their classmates.

We have been creating a warm and welcoming environment for our students and families to help foster a team culture.

Our school staff has also worked as a team for their students by planning critical lessons, allowing for student discussions, supporting social-emotional growth, and spreading the message of kindness in our community.

October is Kindness Month at Oropeza, and so every student and staff member is a part of “TEAM Kindness.” The students have had an opportunity to earn Kindness Superhero Tickets every day, and some are being selected at random for special prizes throughout the month. These include tickets to Frankenstein’s Lab, Otter’s Treasure Chest, and even scooters and bikes. Mix in a little kindness and fun, along with some great learning, and we will all have magical moments abound!

Our students and staff members are welcome to share their “TEAM” pride by wearing jerseys, team t-shirts, and hats every Friday during the month of October. We are off to a great start because of Team Kindness. Go, Team Otter!

Newcomb Academy (K–8)

3351 Val Verde Ave., Long Beach, CA 90808 • 562/430-1250
lbnewcomb.schoolloop.com



Christopher J. Thompson
Principal

Long Beach Grand Prix

By Taylor Chay, 7th-grader

On Thursday, September 23rd the Long Beach Grand Prix came to Newcomb K-8 Academy. Fourth and fifth graders were surprised with a Grand Prix car during a presentation by drivers, Cole Powelson #23 (orange and black car) and Karla Pestotnik, #29 (grey car). Cole and Karla were able to discuss how they became drivers and all the training and knowledge they need to race at high speeds safely.



This visit went a long way in inspiring our students to work hard for their dreams. Also, a number of Newcomb students had a chance to go to the Grand Prix and cheer for the drivers as they practiced racing on Friday. And then on Saturday and Sunday they raced once again at the Global Attack Races at the Long Beach Grand Prix. Over 185,000 fans went to watch the racers using North America’s top sport cars.

Polytechnic High School

1600 Atlantic Ave., Long Beach, CA 90813 • 562/591-0581
lbpoly.schoolloop.com



William Salas
Principal

Fundraising Days

by Daryl Holmlund, English/Journalism Teacher and JUSTICE Pathway Lead Teacher

The Jackrabbits have started the new school year with a flurry of activity and a fluffle of new faces. Between freshmen and sophomore students who are coming to campus in-person for the first time and a bumper crop of new-or-returning-to-Poly faculty, everyone is having to learn new names and help lost students and teachers find their way around campus.



Homecoming Faire



On the faculty side, there are 19 new classroom teachers in addition to new admin, counselors, social service workers, and teachers on special assignment.

One of the most exciting activities for students so far was homecoming week. There were rallies at lunch and student dress up days, including “Iconic Movie Groups” and “Decades Day”. The week was capped by the traditional Homecoming Faire, in which 73 student clubs participated by selling food and beverages or offering carnival games, like “Toilet Roll Toss”, which proved to very popular.

The event was a hit with students and some clubs sold out of items within minutes of starting. While the fair is a fun activity, it’s also one of the biggest fundraising days for Poly’s student clubs.

Powell Academy (K-8)

150 Victoria St., Long Beach, CA 90805 • 310/631-8794
lbpowell.schoolloop.com



Tynisha Smith
Principal

Back to School In Person

The 2020-2021 school year stretched us in many ways, but we persevered, and now it is time to look forward to the school year ahead. This year, we plan to continue to engage students in growing academically, socially, and emotionally. Our goal is to meet students where they are and provide them with the resources and tools that they need to be successful in school and beyond. As our Eagles adjust to being back to in-person full time, our teachers are focused on building relationships and supporting the whole child.



On campus you will see students and staff practicing self-care and positive encouragement. Fourth graders in Ms. Lloyd’s class start each day with stating positive affirmations as they look in the mirror. We are excited to see how we will learn and grow this year.

Renaissance *High School for the Arts*

235 E. 8th St., Long Beach, CA 90813 • 562/901-0168
lbrhsa.schoolloop.com



Michael Navia
Principal

Sidewalk Chalk Art

During the last 2 weeks, Juniors in Mr. Tran's English class has been working on a school beautification project: Sidewalk Chalk Art. After being off campus and behind screens for 18 months, students have come back to greet visitors and incoming sophomores and freshmen to colorful concrete and intriguing artwork around



campus. Citlaly (12), a student in Mr. Tran's 6th period class says "it's very fun, it's cool to see others stop and admire your art, and all the hard work you put into it. It's fun to see what other people are creating too. Also, Mr. Tran's playlist is the best."

Rogers *Middle School*

365 Monrovia Ave., Long Beach, CA 90803 • 562/434-7411
brogers.schoolloop.com



Jeff Wood
Principal

Welcome Back to School Where Everybody Belongs!

What are you interested in? We know people have a variety of interests and at Rogers we strive to provide a challenging curriculum in a comfortable and supportive social environment for everyone. One of our main efforts is to support students and their individual interests. Student choice and student voice is critical to engage, empower and assist to ensure everyone feels heard and involved. Our Associated Student Body engages students in starting social clubs that meet with the support of staff during lunch or after school. This year we are proud of the wide variety of clubs offered to our students. These groups range from art to literature to sports to recycling and everything in between. This year, we have over fifteen clubs, there is something for everyone. If our students haven't heard about a club they are interested in, they have the ability to start one. At Rogers, everybody belongs!

Roosevelt *Elementary*

1574 Linden Ave., Long Beach, CA 90813 • 562/599-3418
roosevelt-lbusd-ca.schoolloop.com



Alissa Gamboa
Principal

Safe, Successful Reopening

On Aug. 31, Roosevelt Elementary School hosted several important guests in celebration of a safe and happy first day of school, but the true VIPs on campus were our Roosevelt students!

During a momentous campus visit, Long Beach Mayor Robert Garcia, California State Superintendent of Education Tony Thurmond, LA County Superintendent Debra Duardo and LBUSD Superintendent Jill Baker visited classrooms and talked to students about the power of education, the importance of setting goals and the potential that every student has to make their future dreams come true. Students eagerly shared their ideas about possible careers and asked questions about what it is like to be mayor and superintendent. Students were given praise and gratitude for doing their best during distance learning and for doing their part to stay safe and healthy now that everyone is back in class again.



It was a day we had all been waiting so long for, and even though everyone was safely wearing their masks, it was evident that smiles were all around! Welcome back, everyone!

Sato Academy of Mathematics & Science

1100 Iroquois Ave., Long Beach, CA 90815 • 562/598-7611
sato-lbusd-ca.schoolloop.com



Veronica Coleman
Principal

Senior Sunrise

Student life is bustling at Sato once again! With this school year, we welcomed our new ASB Director, Kimberly Oliver. Under her leadership, Sato ASB has already hosted three events in the first month of school! We started with the return of the annual DragonFest, an afternoon filled with games and activities so the students can socialize. Next came a successful Club Rush. Students

are ready to get pathway and personal interest related clubs running. ASB also planned a Senior Sunrise event. The seniors came to school in their pajamas at 6 a.m. to watch the morning sunrise while making and autographing crowns and enjoying breakfast. We know our students are smiling under their masks, and we are too!



Smith Elementary

565 E. Hill St., Long Beach, CA 90806 • 562/595-9466
burnett-lbusd-ca.schoolloop.com



Hugo Figueroa
Principal

Healthy Choices

Smith Elementary is proud to once again take part in a federally funded Fresh Fruit and Vegetable grant. This program will introduce our entire student population to an array of common and unfamiliar fruits and vegetables throughout the school year. One in five children in the United States are obese according to the Center for Disease Control and Prevention. It is a joy to see

students rush to get in line to sample new fruits and vegetables during recess time, as we encourage them to live a more healthy lifestyle. Promoting healthier food choices is one way Smith Elementary is supporting our students growth every day.



Kaydee Khan, Celina Khoy, and Keira Martinez

Signal Hill Elementary

2285 Walnut Ave., Signal Hill, CA 90755 • 562/426-8170
signalhill-lbusd-ca.schoolloop.com



Scott Tardibuono
Principal

Off to a Great Start

At Signal Hill Elementary our Dino Scholars are off and running! After more than a year of Distance Learning and modified in-person learning, we're back to teaching and learning on campus. Students are doing a great job of following all health and safety protocols as we transition back to full time, in-person learning. Our scholars are also becoming acquainted with our

Tools for Success that guide our decision making both at school and in the community. Any Dino scholar can tell you how important it is to: Be Safe, Be Kind, Be Respectful, Be a Learner and Act Responsibly.

In addition to welcoming our students back on campus, Signal Hill is excited to have the following staff members joining the Dino Family:

Ms. Edwards, 1st Grade; Miss Berbower, 5th Grade;
Mrs. Cardoza, 3rd Grade; Ms. Papale, 2nd Grade;
Mrs. Harmon, 2nd Grade; Ms. Kiser, 4/5 Teacher;
Mrs. Mack, RSP; Ms. White, TOSA;
Mrs. Tejada, Nurse; Ms. Barrera, Health Asst.;
Mr. Ngeap, Plant Supervisor; Ms. Taylor, FRC

We wish all of our colleagues and students at all LBUSD schools a safe and prosperous 2021-2022 school year!

Stanford *Middle School*

5871 Los Arcos St., Long Beach, CA 90815 • 562/594-9793

lbstanford.schoolloop.com



Rebecca Suzanne Caverly
Principal

New Elective

By Ann Ruegg, Teacher

Global Classroom is an exciting new elective at Stanford offered to all grades. This course will examine global issues such as Economics and Trade and the distribution of global wealth and issues related to Child Health around the world and in the United States. We explore ways the United Nations is addressing Terrorism, Conflict and Emergencies, and Humanitarian Action. One

of the most popular units is taking a close look at Human Rights and Discrimination, focusing on Child Protection, Gender Equality, Minority Rights, and Social Inclusion

of ALL people. Students have already researched and presented information on a range of self-chosen topics that include Global Warming, Poverty, Gun Violence, Terrorism, Gender Equity, Animal protection, Drunk Driving/Safe Streets, and Homelessness. As a class, we sponsor a 13-year-old boy in The Gambia through ChildFund. When asked, "What activity/topic are you most interested in?" Student responses include:

- Creating a College/Career Portfolio — Dani A.
- Local Issues Project — Keith H.
- Debating and Discussing different points of view — Fletcher R.
- Child Rights — Emyrson M.
- Everything! — Lainy C.

Stevenson *Elementary*

515 Lime Ave., Long Beach, CA 90802 • 562/437-0407

stevenson-lbusd-ca.schoolloop.com



Nancy Dalton
Principal

Positive Office Referral

To kickoff the 2021-2022 school year Stevenson is implementing the Positive Office Referral as one of the ways we recognize our many STARS that make the right choices daily. Along with the referral, families are also invited to join in the celebration with a positive phone call home. Of course we have fun with it..."Hello, this is Principal Dalton and today your child was sent to the

Principal's Office" and quickly I explain why. Students are then memorialized on our Positive Office Referral wall.



Tincher *Preparatory School (K-8)*

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636

btincher.schoolloop.com



Donna Ryono
Principal

Rising to the Challenge

Despite the challenges of last year, Tincher continued its successes and was named a 2020 Blue Ribbon School, a National School to Watch, and most recently was selected to participate in The Art of Teaching.

The Art of Teaching, sponsored by the Cotsen Foundation, selects teachers to participate in a two year fellowship to perfect their craft in reading, writing, mathematics, or science. Tincher is one of a few schools that completed two rounds, and was recently named as one of the schools to participate in an unprecedented third round. After an application and interview process, 6 teachers were selected to participate.



Cotsen teachers are: Pam Seguine, Joan Calhoun, Donna Ryono, Thao Vo, Jennifer Wojcik, Jamie Matheus, Silvia Peverini, Heidi Undlin, Deborah Drab, Elisa Turien, Elizabeth Whitesell, Tim Schugt, Edmee Myrick, and Allison Stratford

Pictured here are the Cotsen teachers of Tincher including both alumni and our newest fellows.

Stephens *Middle School*

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841
lbstephens.schoolloop.com



Megan Traver
Principal

Students Back in Person at Stephens

It's been great to have students back in person on campus. Students came excited and ready to be together again.

The transition has also been tough for some of our students - and understandably so. They have their masks on all day and for many of them, this is their first time learning while in person in over 18 months.

Our incredibly talented and dedicated staff made it the most welcoming start of the school year I've ever seen or experienced. Teachers and staff members brought their warmth and joy while also providing students with a variety of community building



experiences to encourage connection and re-connection. We've had a strong focus on school pride this year, too, with our new logos, new spirit wear, and school spirit flags around campus.

Twain *Elementary*

5021 E. Centralia St., Long Beach, CA 90808 • 562/421-8421
twain-lbusd-ca.schoolloop.com



Dr. Patrick Booker
Principal

Let's Get Physical

By Leila Hirchert, Fit-A-Thon Chair & EVP

Twain's 2021 Fit-A-Thon fundraiser was a success! The last time we held this event, we met our unbelievable goal of \$45,000 and sprayed Dr. Booker with 20 cans of silly string! This year, we aimed lower to be mindful of families still affected financially by the COVID quarantine, and set our school goal to \$35,000. Well, our supportive families and donors helped us blow past that goal as we are now at \$40,958.99 and counting.

With our fundraiser success, we are ready to fund your science assemblies (in person or digital), field trips, community events, and support you with classroom education funds.

Due to COVID restrictions we only had 25% of the volunteers we normally have, BUT, we pulled it off. The kids were so happy to be there and looked so festive in their Going For Gold shirts!

This year, Dr. Booker will be the recipient of many pies in the face as we host our "Congratulations for surpassing our School Goal» assembly! Whether viewed via video or in-person, this will be quite the assembly!



Washington *Middle School*

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434
lbwashington.schoolloop.com



Roshann Williams
Principal

Celebrating Latinx Heritage Month

By Miss S. Yamanishi's Journalism Class

Washington Middle School is taking in

on Latinx Heritage Month (September 15-October 15) by celebrating culture, traditions, leaders, and even some trivia. The Student Council, led by Ms. Salgado, has

hosted several events and created posters and decor that reflect Latinx countries. Celebrations started when students were met with the traditional music of a mariachi band before school and many students enjoyed the music. Furthermore, the Washington community learns about different Latinx leaders and recognizes their achievements in daily announcements by administrators. The students love the amazing celebration of this month and they even put their knowledge to the test and played a game of Latinx Heritage Month Jeopardy! During

celebrations 8th grader Karen said, "Celebrating with Washington helped me recognize the Latinx people and how they helped us."



Washington Wolves are welcomed to campus with mariachi music to kick off Latinx Heritage Month

Whittier *Elementary*

1761 Walnut Ave., Long Beach, CA 90813 • 562/599-6263
whittier-lbusd-ca.schoolloop.com



Damon Jespersen
Principal

Daily Affirmations

The Whittier Wizard community is off to a great start as we welcome our students and highlight the assets they bring. The Whittier Wizards are welcomed daily by affirmations created by teachers, staff, and students.

Affirmation messaging includes: "You got this scholars! You are loved! We are so happy you are at school! You have a purpose!" Our Wizard community continues to add affirmations throughout campus and it is positively magic! This is one way we are highlighting students' voices connected to agency through a sense of belonging.



5th grade scholars' agency and voice being added through affirmations in the hallways at Whittier

Wilson Classical High School

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481

lbwilson.schoolloop.com



Kimberly Holland
Principal

Wilson's Wellness Center

This school year, we are thrilled to have a new Wellness Center at Wilson High School. The Wellness Center is designed to provide a peaceful environment where students can sit by our water fountain and listen to soothing music.

When students step into the Wellness Center they have access to a variety of tools, such as stress balls, fidget spinners, coloring books, art utensils, board games, as well as access to our aromatherapy diffusers. At the Center, students can learn healthy coping skills, breathing exercises, and mindfulness exercises taught by our school social worker.

A student can use the Center based upon a referral by a teacher, or by personal request. In the event that a student experiences emotional distress, or needs a break from life's daily troubles, they are welcome to use the Wellness Center for



Our beautiful fountain displayed at Wellness Center

ten- to fifteen-minute breaks to self-regulate. The Wellness Center always provides a supervised environment that is safe, calming, and inclusive.

The Center also aims to provide preventative and educational interventions to our students and their families. While it does not offer any therapeutic services, the students can check in with our school social worker who can support them by providing connections to community mental health providers.

The Center has already served many of our students, and it will continue to do so throughout the school year! We are so excited to be able to offer this to our students.

Don't leave home without Gazump!

SumDiceyFun.com

WARNING: CHOKING HAZARD
(Not intended for ages 3 & under)

SumDiceyFun.com
info@sumdiceyfun.com

Daniel's Review



Daniel H.

Best Friends

Title: *Narwhal's Otter Friend*
(A *Narwhal and Jelly* Book #4)

Author: Ben Clanton

Narwhal the narwhal and Jelly the jellyfish are best friends. One day, they are swimming in the ocean when they meet Otty the Otter. Otty is an adventurer that has done lots of cool stuff and met many animals. Otty wants to go on his next adventure and invites Narwhal to join him. They forget to invite Jelly. Jelly becomes jealous and wonders if he is still Narwhal's best friend. Is Otty now Narwhal's best friend? What will happen to Jelly? You will find out if you read this book.

This book is really cute and funny and made me laugh while I was reading it. I hope you read it and like it as much as I did!

Daniel is in second grade and he likes to spend time with his family playing board games, reading, and playing sports like tennis, soccer, and basketball.



David's Review



David H.

Big Small Adventure

Title: *The Castle in the Attic*

Author: Elizabeth Winthrop

Do you like magic, knights, dragons, and adventure? Then this is the book for you.

William is a boy that loves his nanny and housekeeper, Mrs. Phillips, who has taken care of him since he was born. She is retiring and he doesn't want her to leave. She gives him a giant toy castle and a toy knight inside it as a goodbye present. William finds out that the toy knight, Sir Simon, is actually alive and the invisible kingdom inside the castle has been taken over by the evil wizard Alastor! William has Sir Simon shrink Mrs. Phillips with a magic coin so that she can't leave William and can stay with him forever. Then William shrinks himself so he can save the kingdom from the evil wizard.

Read this book to find out if William saves the day!

David is in fourth grade and he loves to read and play piano. He likes math and outdoor activities such as rock climbing, tennis, and basketball.



Jenna's Review



Jenna C.

The Soccer Journey

Title: *Breakaway*

Author: Alex Morgan

Do you like playing soccer? Do you enjoy watching soccer games on your TV or in a stadium? If you do, you've probably heard of Alex Morgan.

She is a professional soccer player. You might have seen her from the Olympics or the World Cup, well she wrote a book talking about her journey in soccer. She talks about tournaments she's been to, the World Cup, Olympics, and etc. My favorite story in this book is about her early stage on how she started soccer, who supported her, and how she got on such big teams. She also talks about how she handles losses, injuries, and negative thoughts. This book gives so much inspiration. She also tells you how to keep on practicing and how positive thinking can get you further. I definitely recommend this book to people who have a goal and want to reach it.

Jenna is a 6th grader. She enjoys playing soccer and drawing. She likes to read fiction novels. Someday she wants to publish a book.



Kailani's Review



Kailani T.

Lovable Shih-Tzu, Yum-Yum

Say Good-Bye by Laurie

Halse Anderson is book 5

of 17 in the Vet Volunteers series. It is about Yum-Yum, a small Shih-Tzu therapy dog. Yum-Yum visits children with cancer at the hospital to cheer them up with his cuteness

and tricks. Kids LOVE him. Unfortunately, Yum-Yum is also found to have cancer. Jane (Yum-Yum's owner) and Zoe (Jane's friend, a volunteer at the animal clinic) try their best to help him get better. Can Yum-Yum make it through?

This book is very heartwarming. It is full of suspense with excitement and sadness. Reading it makes me happy and sad at the same time. I have been asking my parents for a puppy for a few years. This story makes me understand that having a puppy won't just be cute and fun. If the puppy gets very sick, I may have to make hard decisions. I highly recommend this book for anyone who loves animals.

Kailani is a 4th grader who loves to read. When not playing with her brother, Kailani likes to listen to music, ride horses, and play board games. Hope everyone stays well and healthy.



Sean's Book Review



Sean

The Tomb of a Dead Emperor

The Tyrant's Tomb is the fourth book in Rick Riordan's series, Trials of Apollo. Apollo (aka Lester Papadopoulos) was banished from Mount Olympus (home of the Greek Gods) by the



almighty Zeus. During his exile, he experienced many adventures and losses. Meg, his 12 year-old gifted assistant, travels with him to a Roman demi-god camp, where they are greeted by lots of old war friends. Apollo has a vision and tells the camp to prepare for a gruesome war caused by two evil Roman emperors, both with whom Apollo had treacherously fought recently. He then needs to go on a dangerous journey investigating a Roman ghost tomb for crucial information. The vivid details of the battle preparation and fighting scenes are riveting. Overall, this book is a solid 5/5 and I hope you eventually read this amazing series!

Sean is a 6th grader who enjoys playing basketball and volleyball. He loves to teach his dog, Chewie, tricks and taking him on walks. His favorite subjects at school are math and PE. The best thing about quarantine was spending time with his family in nature.

Tegan's Book Review



Tegan

Forced to Grow Up

Kryisia by Krystyna Mihaluk tells the true story of a 9-year-old Jewish girl's experiences during the distressing World War II, where her family is captured and forced to leave their comfortable



home in Lwów, Poland and must survive in a foreign prison camp in Kazakhstan, Russia. With her tranquil childhood torn apart, Kryisia lives through one of the darkest times in history, witnessing death and seeing victims suffer from starvation and sicknesses. Amidst depressing days with little food, Kryisia finds hope through letters from her father in hiding and a snowstorm that blocks Russian soldiers from irritating her family. This personal narrative appeals to readers who sympathize with struggles, are interested in history, and believe that goodness will prevail.

I give this book 4.7 out of 5 stars.

Tegan Y. is a fourth grader who enjoys art, mountain biking, tap, writing and reading.

Katie's Review



Katie C.

City Life vs The Wild

Title: *Brian's Return*

Author: Gary Paulsen

If you've ever read the book *Hatchet*, you know the story of Brian and how he was stranded after a dangerous and tragic plane crash. After he survives, the plot ends



and readers are left wanting more. *Brian's Return* is the sequel to this book, and portrays the difficulty Brian has in adjusting to his new life, free of wild animals and the dangers of living in solidarity in nature. As "safe" as his new life may seem, Brian is struggling immensely with living a so-called "normal" life. Therefore, he meets a psychologist named Caleb. Speaking with Caleb helps Brian work through the trauma he has faced and also to make a decision on what to do now. Will he finally be able to accept a calmer environment? Or will he still miss the woods, deep down in his heart? If you want to find out what Brian chooses to do, you should read *Brian's Return*.

Katie is a senior in high school. She likes reading and writing. She loves to read to younger kids. She provides book reviews to kids who want to find more good books.

Taeyoung's Book Review



Taeyoung K.

Hideout at the Museum

Title: *The Mixed-Up Files of Mrs. Basil E. Frankweiler*

Author: E. L. Konigsburg

What do you think that the museum is for? There is a girl who thinks a museum is good for hiding. Claudia Kincaid has complaints about



her responsibilities at home and the things that make her uncomfortable. She decides to run away from home and makes a plan to go to the Metropolitan Museum of art in New York to hide so that nobody can find her. She leaves home and takes one of her brothers, Jamie, because he has some money that she needs to go there. Finally, Claudia and Jamie enter the museum and find a place to hide. Now, they start their adventure at the museum.

Can they keep hiding at the museum? Or will they get caught by the guards? What will happen to them at the museum? This book will lead you into the mysteries and adventures. Let's dive into it.

Taeyoung K. is a 6th grader. She loves reading books and writing her own stories. Also, she likes to draw and play video games.

Tyson's Book Review



Tyson

Monsters aren't real...are they?

Percy Jackson's *The Lightning Thief* by Rick Riordan is a page turning book with tons of actions on mythological monsters and gods of Mount Olympus. It's also the start to the Percy Jackson series and what a



start it is! I've read this book before and I just had to read it again to say how much I recommend this to all tween readers. Most people have heard of the series but if you haven't, Percy Jackson is the main character who has trouble with school and is about to be kicked out. He also has dyslexia, or trouble with reading. As you go deeper into the story, things will happen that you would have never thought of, and it makes you wonder if it all is even real. Percy Jackson, *The Lightning Thief*, is a must read and Percy Jackson is waiting to start his adventure with you!

Tyson is a 7th grader who enjoys playing basketball, skateboarding, and video games. His favorite subjects at school are math and PE. The best thing about quarantine was having extra time to take care and play with Chewie, his dog.

Yoona's Review



Yoona C.

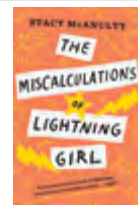
The Math Girl

Title: *The Miscalculations of Lightning Girl*

Author: Stacy McAnulty

The main character's name is Lucy. Lucy was struck by lightning. She loves math, and is actually a genius with math! Lucy most of all loves pi. If she doesn't sit, stand 3 times pi

appears and keeps going in her head. Lucy is homeschooled and lives with her grandmother. She is ready to go to college, but her grandmother insists and forces her to go to middle school for at least 1 year. Her grandmother says to make 1 friend, join one activity, and read one book. Later on, the school has a project where you have to help places, or people in need. Lucy and her friends plan to help a dog shelter. She later finds a dog named Cutie Pi and instantly falls in love. Lucy's Grandmother soon finds a school that is good for her intelligence, but she's not sure if she wants to go...Does Lucy decide to leave the school and friends? I like this book because there are a lot of changes in this book, which makes it more interesting.



Yoona is a 4th grader. She likes to read books and create stories. She also enjoys playing soccer.

Halloween Word Search Contest

Rules! One word in the list is NOT in the word search.
When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com (Please put LB in the subject line)

Entries must be received by **November 15, 2021**
From the correct entries one name will be drawn to win
a \$20 gift certificate redeemable at Barnes & Noble.

BLACK CAT	HALLOWEEN
CANDY	JACK O LANTERN
CARVE	MUMMY
CEMETERY	SKELETON
COSTUME	SPIDER
DECORATIONS	SWAMP CREATURE
FRANKENSTEIN	TRICK OR TREAT
FRIGHTFUL	VAMPIRE
GHOST	WEB
GHOUL	WEREWOLF
GRAVE	WITCH
HAUNTED HOUSE	ZOMBIE

N	I	E	T	S	N	E	K	N	A	R	F	D	E	N
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S	B	P	U	H	Q	T	N	Z	D	R	G	S	Q	D

GRANDMA, WHY DO YOU HAVE CRACKS IN YOUR FACE?



KAY COOP
ILLUSTRATED BY MELANIE FLORIO

Now Available on
**AMAZON &
BARNES AND NOBLE**

Grandma, Why Do You Have Cracks In Your Face? Is a question many grandmothers have heard from their grandchildren. When a grandchild finds her beautiful lost doll, she understands beauty is more than skin deep.