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The Honor of a Flag



Nivardo Gonzalez
(please see page 3)

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Covering the
LONG BEACH UNIFIED SCHOOL DISTRICT
...AND MORE!

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Kay Coop
Founder/Publisher



We are celebrating 20 years publishing *School News*. We now publish 35 publications with more scheduled. Our first issue began with LBUSD. At the time Dr. Carl Cohn was the Superintendent and Mary Stanton was the Board of Education President. During the 20 years curriculum has changed in ways never imagined with the biggest change being technology. Gone are the blackboards, white chalk and erasers. Mentioning the 3 R's would bring a puzzled look and might be mistaken for Reduce, Recycle, Reuse. Discussing STEAM with anyone older

than 60 would conjure up images of a train or an iron, but the younger generation would instantly visualize test tubes and robotics. We have changed the format of most of our publications to glossy cover booklet, but our mission never waivers: Education+Communication=A Better Nation. The one constant has been the focus on academics. It is a privilege to publish the excellence from the classrooms and we have only just begun. Thank you for continuing to include *School News* among your reading choices.

Our next issue is April 1, 2020.

Honor of a Flag

By D. H. Coop

The flags, or colors, in combat not only identify units and nations but they are also symbols that the units will rally around. The American flag was a symbol of the military honor and was not carried into combat by ground forces until 1834 and then only by artillery units. The United States Marines were allowed to carry it in 1876 and the U.S. Cavalry in 1887. All units carried their unit flags, and to lose the unit flag or the American flag was a disgrace on the unit's honor or ship. When John Paul Jones was asked by Captain Pearson of the HMS Serapis if he was lowering his flag, he replied, "I have not yet begun to fight!"

Today, the America flag is worn on uniforms with the blue facing forward and is carried everywhere American troops go. When 9/11 happened, the American flag became more visible on fire trucks and police units. Individual unit flags are still important to service members as a symbol of pride and honor.



The L.A. Marathon in 2019 included a young veteran E-4 Marine who served from 2010 to 2014. He served two tours in Afghanistan at Gereshk Valley and Musa Qala. As a proud Marine, he carried the flag for 22 miles of the marathon to represent the 22 veterans who commit suicide each day in this country. This veteran's name is Nivardo Gonzalez, and he was running to bring awareness of returning and older vets in our society who suffer with post-traumatic stress disorder (PTSD). His return to civilian life was not easy. He entered college and worked on a video about PTSD: "Grunt' Film Project" by Jacob Mogler. It was just before the L.A. Marathon that a friend's suicide made Gonzalez want to bring the plight of many

veterans to light. He also works with the Project Welcome Home Troops, a nonprofit organization that helps veterans to readjust to civilian life.

Gonzalez, an alumnus of Jordan High School, graduated from Long Beach State College with a degree in finance and is working in the area of business today. The flag represents brothers in arms, and he carries that tradition on.



Dr. Robert Garcia
Mayor

2020 State of the City Address

A few weeks ago, it was my honor to present my sixth annual State of the City address to more than 2,000 people. The night was a chance for me to share our accomplishments of the past year and some of the positive developments coming in 2020, as well as the challenges we are facing. We are making strong progress on education, investment in Long Beach is increasing,

and we're working hard to make our city more livable for everyone. Some of the accomplishments I discussed are:

- Our continued expansion of new initiatives around early childhood education, pre-school, and internships.
- The incredible success of our Long Beach College Promise allowing students to attend their first two years at Long Beach City College tuition free
- Our LBUSD students making gains in English and Math, outpacing averages in LA County and the state.
- Long Beach State being the 7th most applied to University in the United States
- The construction of the new CSULB University Village The billions of dollars in investment in our downtown
- The sharp decline of violent crimes over the past 30 years
- The success of Measure A, which has funded various repairs to streets and sidewalks, the construction of 8 new playgrounds and other infrastructure improvements
- An increase to our electric fleet with the addition of 17 new battery-electric buses to an already existing fleet of 10 electric buses.
- The aggressive building of both affordable housing, and homes for working and middle-class families.

We do, of course, have some challenges, including keeping crime at its current low level, and continuing to ensure that homelessness levels drop. As we begin 2020, I have asked the City Council to consider new inclusionary zoning policies that will support more affordable housing. We must adopt a policy that ensures the creation of new affordable homes in every new development across our city. Long Beach is continuing to move in the right direction, and it's a great time to live here, to open a business, and to raise a family.

I'm extremely proud to lead this incredible city we all love – but it's all of you, the people of Long Beach, that make our city what it is. Thank you for your support, and for all you do to make Long Beach great.

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www.longbeach.gov



Lori Woods
Mayor

Helping Your Child Succeed in School

Every parent wants the best for their child, especially when it comes to their education. Research shows that parent involvement can improve students' behavior, attendance, and achievement. Here are ways to get more involved with your child's education.

Read With Your Kids — Studies show that reading just 20 minutes a day with your children improves their vocabulary, reading skills, and general knowledge. Take turns reading aloud and having your child read to you.

Get to Know Your Teachers — Develop a relationship with your child's teachers. Family nights, parent-teacher conferences and open houses are all important moments to connect with your child's educators. You can also reach out about your child's progress outside of these planned events. It is important to foster two-way communication between you and your child's teacher, as both of you are invested in your child's success.

Discuss School Matters at Home— Encourage your child to talk about his/her school day and express their concerns on a regular basis. Ask about your child's strengths and weaknesses, and what activities they like and dislike. If you establish an open, ongoing dialogue; if any issues come up at school, your child will feel more comfortable talking to you about it.

Sit with Your Children During Homework — Your child may find it easier to concentrate on homework if you are right there with them, and they know they aren't missing out on anything. Homework can also become a bonding experience. You can encourage a love of learning by showing your children how excited you are to learn new things. Children pick up on your feelings. The more you express interest and enjoyment in educational topics, the more they will too.

Set a Routine at Home — Support your child by having a regular, daily routine. This routine should include a consistent and designated time and place to study/ do homework, do household chores, read, have family dinners, and a set bedtime. Schedule play time or other fun activities after less exciting tasks like homework, as having other things to look forward to will help kids stick with these healthy habits.

Try Supplemental Activities — If your child is struggling with a particular concept, find supplemental learning activities. The Signal Hill Public Library is a great place to start. The Library offers STEM programs, Homework Help volunteers, special learning programs, digital educational resources, and more. Visit cityofsignalhill.org/library or call 562-989-7323 for information.

2175 Cherry Ave., Signal Hill, CA 90755 • 562/989-7300
www.cityofsignalhill.org



Laura I. Doud
City Auditor

Healthy Sewers, Healthy Long Beach

Using fats, oils and grease (in moderation, of course) can add a little flavor and flare to make any dish tastier. However, did you know that pouring those left-over fats, oils and grease (FOG) down the drain after cooking those savory Brussels sprouts with bacon or that yummy deep-fried turkey can have a direct negative impact not only on the plumbing in your home but also on our streets and public health?

This is because incorrectly disposing of FOG can cause sewer lines to clog and then overflow. When FOG is poured down your sink or drain, it quickly cools and congeals. This causes buildups or stoppages in lateral lines and even the main sewer lines which then lead to overflows. These sanitary sewer overflows (SSOs) occur when sewage is discharged into the environment. The potential adverse impacts of SSOs include environmental damage, public health risks, and damage to property.

As clean neighborhoods and public health are important quality of life issues, my Office recently conducted an audit of the Long Beach Water Department's operations on 712 miles of sewer lines. We found that the City needs to align its SSO prevention activities to its goal of reducing SSOs. As 71% of the City's SSOs were caused by FOG and the majority of those, 64%, were linked to residential properties, we made audit recommendations that the Water Department's outreach efforts focus on how we, as residents, have a role in preventing FOG-related SSOs.

- Do not pour any greasy food or oils down the garbage disposal, toilet or any other drain. This includes all meat fats, lard, cooking oil, sauces, butter, and margarine.
- Cool and/or solidify all fats, oils and grease before disposing of them.
- Dispose of the cooled FOG properly – in the trash only and never in any drain (including toilets).
- Scrape all food and FOG off of plates, pots and pans and into the trash before dishwashing.

We can all do our part in keeping sewer lines clear and flowing properly. Ultimately, this will keep our environment including our streets, lively neighborhoods, and beautiful beaches healthy and clean.

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www.CityAuditorLauraDoud.com



Douglas P. Haubert
City Prosecutor

Prosecutor Interns-Apply Now

One of the benefits of serving as an elected prosecutor is that I can try new programs to see if they work. A few years ago we started the City Prosecutor Summer Internship Program, and I am proud to say it has exceeded all expectations.

Last summer, 20 amazing Long Beach college students and high school seniors were accepted as Summer Interns, including Nazarene Anderson, Daniela Benassini, Drew Buchanan, Victoria Bueno, Julissa De Haro, Jake Di Fiore, David Espinosa, Flor Garcia, Karen Hernandez, Kylee Khan, Sam Leonard, Erin Norris, Mia Quinonez, Orlando Rangel, Andrew Rendon, Daryn Rockett, Cindy Rosales, Jasmine Yarber, Ellis Sanchez, and Citlalli Vasquez.

All interns are paid to learn and to participate in the program. They attend classes on criminal justice and legal procedure, as well as attend court hearings to see the law in action. They learn about law enforcement, alternatives to incarceration, and why it is important to enforce the law fairly and without bias.

Perhaps the best part of the program is the exposure students receive to a number of areas of the law. They learn about immigration law, civil litigation, criminal defense, and other practice areas, and how these areas affect everyday life.

There are three main goals for the Internship Program. First, we want to teach them about the criminal justice system, not just how it is portrayed on TV, but how it really works. Second, since our interns live or attend school in Long Beach, we want them to learn about the City so they can one day become involved and contributing citizens.

Finally, the City Prosecutor Internship exposes students to work experience in a professional environment. They dress like attorneys or law clerks and, of course, they are expected to comport themselves as professional adults at all times.

This year the City Prosecutor's Summer Internship Program reached a significant milestone. One of our former interns, Jerricho Williams, a lifelong Long Beach resident and Poly High School alum, joined us after completing law school. Upon passing the Bar Exam, we expect that Jerricho Williams will become the first intern to be hired as a Deputy City Prosecutor.

To be an intern in Summer 2020, you must be currently enrolled in college or expecting to graduate from High School in 2020 or 2021. Preference is given to those living or attending school in Long Beach. Applications will be available in February. For more information about the City Prosecutor Internship Program, visit www.CityProsecutorDougHaubert.com.

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Nutrition Update — Whole Grain Confusion?

This column provides insight from Carol Berg Sloan RDN, FAND (a registered dietitian for 37 years) and her daughter, Kelly Sloan, MS, RDN Nutrition and Dietetics (a graduate of CSULB). Both give their perspective and tips to help you make healthier food and beverages choices.



Carol Berg Sloan, RDN

The recommendation to consume more whole grains has been around for years, yet consumers are still confused as what “Choose whole grains instead of refined grains.” means when grocery shopping. When you buy foods that are whole grain, you are getting nature’s complete package. All whole grain kernels contain three parts: the bran, germ, and endosperm. When you buy “refined” products, you may be missing some or all of these parts which contain beneficial nutrients including fiber. When preparing your shopping list here are simple ways to increase consumption of whole grains. Buy brown rice or quinoa instead of white rice, whole wheat crackers such as Triscuit instead of saltines, oatmeal instead of a sugar coated corn flakes, or a seeded wheat bread in place of white bread or rolls. Enjoying air popped popcorn, using stone ground corn tortillas for tacos instead of flour or adding barley to your vegetable soup all increase your consumption of whole grains.



Kelly Sloan, BS

Quinoa is an ancient whole grain that has been around for thousands of years but it is once again in the limelight due to foodie and health professional interest because of the well-known health benefits, delicious taste and versatility. So what are health benefits from quinoa? In addition to high protein content, it is also a great source of fiber, iron, and is gluten-free.

Quinoa is a star in the current plant-based protein movement and can be incorporated into salads, power bowls or substituted for rice in your favorite lunch or dinner meals. I find quinoa to be tasty and filling when paired with fresh fruits or vegetables, spices and seasonings. Try my High Protein Zucchini Boats and start incorporating some quinoa into your daily meals!

High Protein Zucchini Boats

Directions:

1. Preheat the oven to 400°F. Spray a 9 x 13” casserole dish with cooking spray, then set aside.
2. Using a melon baller or metal teaspoon, scoop out the center of each zucchini. Drizzle tops with one teaspoon of olive oil then place skin side down in the casserole dish so the boat side is ready to be filled.
3. Heat olive oil in a large skillet over medium heat. Add the onion and the garlic and cook for 2-3 minutes. Add beans, diced tomatoes, cooked quinoa, taco seasoning, salt and pepper. Stir until well mixed and continue to cook for 5 minutes. Remove the skillet from the heat and set aside.
4. Spoon cooked mixture into each zucchini until they are completely full. Sprinkle each one with cheese and cover with foil.
5. Bake in the oven for 25 minutes then remove the foil. Cook them for 10 more minutes, until the cheese is bubbly. Allow them to cool for 5-10 minutes then top with guacamole or fresh cilantro and serve. Enjoy!

Ingredients:

- 4 large zucchini the stem removed and sliced lengthwise
- 2 tablespoons olive oil
- 1/2 yellow onion
- 1 tablespoon minced garlic
- 1- 15 ounce can Black beans, drained and rinsed
- 1- 15 ounce can garbanzo beans, drained rinsed
- 1 -15 ounce can diced tomatoes
- 1 cup cooked quinoa
- 3 tablespoons taco seasoning
- salt and pepper, to taste
- ½ cup shredded cheese

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Raising a Heart Healthy Family



David Chun, M.D.,
*Pediatric Cardiologist
MemorialCare
Miller Children's &
Women's Hospital
Long Beach*

Making time to raise a heart healthy family can seem overwhelming, but a few simple lifestyle changes can help keep the entire family's hearts in the best shape. With childhood obesity rates higher than ever, it's important to encourage your children to live a heart healthy lifestyle to improve their overall health and decrease their risk for heart disease, high blood pressure and obesity later in life.

Tips to keep a healthy heart top of mind for your family:

- Encourage children to join in on planning and preparing meals to create fun, creative, heart healthy snack/meal ideas.
- Choose lean proteins such as skinless chicken, turkey or fish, and try incorporating plant sources of protein, such as beans, lentils, soy beans or tofu.

- Limit sugary sodas, juices and sports drinks.
- Keep a family calendar to plan out the week's family activities and plan for active weekends at the local park or beach and play active games.
- Encourage healthy eating and exercise habits for non-aesthetic reasons, such as overall physical, mental and emotional well-being.

When your infant, child or teenager is diagnosed with a heart condition, he or she will require specialized, cardiac care to meet his or her individual needs. The Children's Heart Institute at MemorialCare Miller Children's & Women's Hospital Long Beach is one of the few programs in the region that provides comprehensive cardiac care for children throughout adulthood.

For more information about the growing Children's Heart Institute, visit millerchildrens.org/GrowingHearts or call 800-MEMORIAL.

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as an Elephant**

At 1-week-old, Hudson's pediatrician detected a heart murmur and referred him to MemorialCare Miller Children's & Women's Hospital Long Beach, where he was diagnosed with a ventricular septal defect, a hole between the heart's chambers. As Hudson grew, the hole also grew and Dr. Shaun Setty performed open-heart surgery to patch the hole. After receiving specialized care in the new Cardiothoracic Intensive Care Unit under the guidance of Dr. Constantinos Chrysostomou, Hudson is growing as big as a mighty elephant.



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Assistance League® of Long Beach

CAMEO Mentors Build Confidence

By Gail Bradley, Cameo PR Chair

Three years ago they were shy students nervously contemplating why they signed up for CAMEO. Now they're college students ready to take the first steps towards new careers. "The group of women I met in CAMEO were the most supportive and determined I've ever met," recent graduate Amirah Jenkins explained, "They motivated me

to be better and try harder." That support was reiterated by Alexis Nunez, "When my mother was ill, I was tearing myself down. My mentor and the CAMEO program built me back up." CAMEO helps Long Beach high school and LBCC students with mentoring, scholarships, and paid internships. If you would like to become a mentor, intern host, or donate, contact CAMEO at cameo@allb.org. Visit allb.org/cameo.



CAMEO Mentoring Program 2019 Graduating Class:
Alexis Nunez, Amelia Maile, Penny Wilds, Amirah Jenkins, Nelly Terrones,
Esmeralda Sandoval, Ciara Orpilla, Cindy Castro, Michayla Spencer, Kamryn McMonegal, Carmen Guess.

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You're Blocking My View



CathyLyn Brooks

What could be more luxurious than waking each day to a breathtaking view? A striking panorama of the ocean, or hills, and city lights at night can be a major selling feature of a home. It is certainly an attribute for which buyers often pay dearly.

But what do you do if you wake up one morning and trees have grown too tall, or your neighbor has built a structure that blocks your treasured view? Is there any recourse that a homeowner can take? The answer is yes, and no. It depends on where you live.

Some cities have actually enacted regulations that protect the views of property owners. These are called View Ordinances. In this case, your remedy would be to file a legal action or petition the city to restore your view.

If you have purchased a home in an HOA, there is a chance that the CC&R's for the association may similarly protect your vista if the source of the obstruction is within your community.

Homeowners who do not live in an association that provides for view protection, or in a city that has legislated for this, have not been successful in taking legal actions to force the cutting trees or to halt construction to their neighbors properties.

So if you are shopping for a property, and a view is an important factor in your decision, please take the time to inquire of your agent or broker if the city has enacted view ordinances, or ask to see the governing documents of the homeowner's association for the property.

CathyLyn Brooks, CRS, GRI has worked as a real estate broker since 1980, is a graduate of USC, the UCI Paralegal Program, and serves FINRA as a public arbitrator. She holds Broker's License No. 00797147 and is affiliated with United Real Estate Professionals in southern California. Consumers should seek legal and tax advice pertaining to their transactions. She can be reached at real.estate.matters@outlook.com.



Jeffrey A. Napper
President & CEO

Preparing for Tax Season in 2020

Happy New Year! The year 2020 has finally arrived! With every new year, one thing is always guaranteed – Tax Season. Start the new year and decade strong with these two critical tax season preparation tips.

Create a Checklist of Documents. Having a checklist and gathering all your documents before filing can save you a lot of time, stress, and even money. Tax document checklists can be found online and help explain why you will need to refer to these specific documents when filing your taxes.

Start Early. You're going to have to start filing eventually, why not get it over with faster and enjoy the rest of the year? Mortgage providers, employers, and financial institutions begin mailing important documents on your checklists such as 1099 and W-2 forms in January. Starting early will reduce the risk of losing those important documents. Also, if you are receiving a refund, that's much-needed money back in your account, faster, so you can start saving or spending on household projects!

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Leadership Long Beach



Kerri Cissna
Executive Director

YLLB Port Day & Alumni Return!

One of my first experiences as the new Executive Director of Leadership Long Beach was a day spent with our Youth Leadership Long Beach at the Port of Long Beach on January 3. There are 31 informed, empowered students from 10 different high schools in the YLLB Class of 2020.

The students met the Port CEO Mario Cordero and other port staffers learning about their commitment to becoming a “green port” and the progress made towards the goal of zero emissions. From electric vehicles to reducing diesel emission by cargo ships, the youth received an in-depth look at the changes made over the past decade to improve the air and water quality.

“Plan for obstacles, the unexpected. Then decide, will you go through the obstacle or will you let it define you?”, said Tracy Egoscue, Port Harbor Commissioner, who shared the challenges that led her to become an environmental lawyer. The students asked her thought-provoking questions and she inspired them to stand up for what they believe in.

About Leadership Long Beach: Leadership Long Beach was founded in 1989 as a civic improvement program that would serve the community by educating and motivating leaders on issues important to the future and sustainability of our city. www.leadershiplb.org or www.facebook.com/leadershiplongbeach 743 Atlantic Ave., Long Beach, CA 90813

Rancho Los Alamitos

Preston, the Shire Horse

By Katie Lowe, Manager of Education and Public Engagement

Last year restoration projects at Rancho Los Alamitos caused the beloved Shire horse to move to an off-site location for his comfort and safety. Now that the dust has settled, Preston, the Shire horse, has returned to his home at the ranch. Shires are draft horses whose breed originated in England, where they were bred to carry heavy loads. They were popular in America after the Civil War when strong animals were needed for transportation and heavy hauling on farms. Draft horses were the tractors and semi-trucks of the pre-automotive era. In the early 1900s, Fred Bixby bred Shires at the ranch until motorized vehicles replaced workhorses. Visit Preston at Rancho Los Alamitos Wednesday through Sunday, 1 - 5 p.m.



6400 East Bixby Hill Rd., Long Beach, CA 90815 • 562/431-3541
www.rancholosalamitos.org

American Business Women's Association

New Member Brings Wealth of Experience

By Cecile Harris Walters, National Ambassador and Member of the Diamonds of Southbay Chapter, Long Beach, CA



Sharon Godbee
National President

As she welcomes the sisterhood and comradery as a new member of the American Business Women's Associate Diamonds of Southbay Chapter, Dorothy Reed continues to embrace her passion in life. As a College Professor, prior to retirement, she created and implemented learner centered curriculums in Speech Communications to a diverse student population. As a faculty committee member, she with other faculty, initiated and facilitated developmental workshops, conferences and activities for faculty development. She is an author, a strong advocate for health and wellness, a public speaker, founder and one of several facilitator of the Revive Wellness Program workshops and seminars. ABWA is proud to have this phenomenal woman as a member.

ABWA brings together businesswomen of diverse occupations and provides opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition. For more information on ABWA and Scholarship Opportunities, email charriswalters@gmail.com. To locate a chapter near you, call 562.591.2625 • www.abwa.org

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Campus Improvements in Full Swing

By Diana Craighead, Member

A safe and comfortable learning environment is so important to the success of our students. That's why we continue to upgrade our school facilities with funding from voter-approved school bonds. We began the school year with 90 active school bond projects valued at about \$1.5 billion.

The Fifth District of our school district, which I represent, is benefiting from many of these school construction and repair projects.

A unique new 50,000-square-foot building is nearing completion at Millikan High School and is scheduled open by next fall. Known as the 11000 Building, the classroom facility was designed to accommodate specific needs of the school's academies, or learning pathways.

Created with input from Millikan High administrators and teachers, the building will house a virtual enterprise classroom where Business Academy students can showcase their final projects. For the COMPASS Academy, graphic arts studios are being constructed, and for the SEGA-MIT Academy, special computer labs will be installed where students will be able to explore the inner workings of computer hardware.

PEACE Academy students preparing for careers in law or government service will be able to conduct mock trials in a modern courtroom.

The building will also feature a college/career center and facilities designed for Special Education students, along with standard classrooms for general use.

At Lakewood High School, a significant phase of construction is nearing completion. In fact, many renovated classrooms were reoccupied after winter break. Lakewood represents of the largest air conditioning and modernization projects in the school district. Renovations started last fall at the 3,200-student high school with Building 2000, which is now completed.

In addition to heating/air conditioning installation, the Lakewood project features upgrades in electrical infrastructure, accessibility, earthquake safety, ceilings, interior lights, audio/visual equipment and interior paint.

At \$48 million, the Lakewood High project is one of the most extensive campus modernizations in the school district to date. Because Lakewood High was built more than 60 years ago and has not had a major renovation, the upgrades we're doing now will make the learning environment more comfortable and inviting, and new security systems will make the campus safer.

Of course, McBride High School and Newcomb Academy (K-8) are equipped with modern air conditioning because those schools opened as entirely new campuses in recent years. And other District 5 schools to benefit from recent air conditioning installation include Cleveland, MacArthur, Burcham, Keller and Bixby.



Christopher J. Steinhauser
Superintendent

It's Official: I'm Retiring in 2020

I have been superintendent of this great school district for 18 years. I love my job. But the time is right to announce that I will be retiring at the end of this academic year.

I have remained connected to this school district ever since I began as a kindergartner here 56 years ago. I started as a teacher at Roosevelt Elementary School 38 years ago. I met my wife on the job. My kids graduated from our schools. I want to publicly thank my family for their support.

I also thank our teachers, support staff, labor partners, administrators, parents and community partners for everything they've done to ensure that our students are ready for college and careers. I thank our Board of Education and the other board members who preceded them during my time as superintendent.

After so many years of working here, I found it difficult to write this statement without becoming emotional. At the same time, however, our school district is in a strong position with many talented staff and leaders. The future is bright for this organization, and I look forward to seeing the continued progress of our students and schools.

I am fully committed to help with this transition period, and I again thank everyone in our school communities for their support through the years.

These projects and others throughout the school district are providing our students and staff the modern learning environments they deserve. In all, more than 500 classrooms in our school district have received new air conditioning and other upgrades, benefiting 14,000 students. That's something our entire community can be proud of, and we plan to continue these improvements in the coming years. For more details and updates on campus improvements, visit lbschoolbonds.net, where you can also follow related social media.

We could not make these vital improvements without the strong support of our community and voters. We so appreciate their trust and encouragement, and we'll continue to do everything we can to make the best use of our school bond resources.

Board of Education



Dr. Felton Williams
President



Dr. Juan Benitez
Vice-President



Diana Craighead
Member



Megan Kerr
Member



Jon Meyer
Member

Avalon School

P.O. Box 557, Avalon, CA 90704 • 310/510-0790 • lbavalon.schoolloop.com



Christopher Lounsbury
Principal

What a Team

Avalon School on Catalina Island is a very close-knit community. The majority of our students are together from kindergarten to graduation. Despite the school's small size, it has a rich history, including great accomplishments in athletics.

On November 9, 2019, the Lancer Girls Volleyball Team added another chapter to that history. For the first time, an Avalon High School Girls Volleyball team made it to the CIF SS Finals, and also hosted the CIF Southern Section Final Championship game at their high school.

The appreciation and respect that our community has for the hard work of our coaches and players was very evident at this event. Our coaches and players made many sacrifices to achieve their goal of participating in the CIF SS Championship Finals. Their dedication was rewarded with the ability to not only participate in but also host the event. Our gym was packed with teachers, students, family, and community members who all witnessed this historic occasion.

Even though we did not win the championship, no one left that gym disappointed. Our team played their hearts out. Every point was a battle. Cheers and groans filled the room. The noise level from the fans of both schools was loud, but respectful. The entire experience was a celebration of all that is wonderful in the world of high school athletics. Both teams competed with honor, and neither team won nor lost without dignity. The memories of that day will last a lifetime for those of us who were lucky enough to participate in it.

We could not be prouder of the scholar-athletes who comprised the Avalon High School Girls Volleyball team of 2019.



Browning High School

2180 Obispo Ave., Long Beach, CA 90804 • browning-lbusd-ca.schoolloop.com



Dr. Felicia Anderson
Principal

Industry Focus

Browning High School has continued our growth and development with our pathway focused on the hospitality, tourism, recreation and culinary-arts industries. Site Night provided us an opportunity to share these industries' focus with parents and students from across the greater Long Beach area. It was a huge

success at Browning High School and really highlighted our culinary work and hospitality pathways.

ASB students provided prospective freshmen and parents with an interactive tour of the beautiful campus. Throughout the tour, visitors were able to view student projects relating to the hospitality, tourism, recreation and culinary arts pathways. Both the industrial and classroom kitchens were focal points of the tour, where guests were able to engage with culinary students as they prepared popcorn snacks and pintxos for a tapas bar.

Browning students in the hospitality pathway have taken field trips to Long Beach hospitality businesses



with tours and customer-service observations. Students investigate and discuss with industry partners the economic, human and facilities resources contributing to the City of Long Beach's success in the hospitality industry.

Browning culinary students have begun preliminary culinary competitions where they have the opportunity to earn a full scholarship to a hospitality or a culinary college or university program. We are excited about the future of Browning High School, our city and student impact on the industry. Go Bisons!

Bryant *Elementary*

4101 E. Fountain St., Long Beach, CA 90804 • 562/498-3802 • bry-lbusd.ca.schoolloop.com



Clarissa Tolentino
Principal

Spreading Holiday Cheer

Bryant students, with support of our Bryant PTO members, spent an afternoon in the school library with construction paper, glue, glitter, stickers and other donated art materials making holiday cards. The cards were delivered to a local senior-care center at the end of the week before students went on winter break. A Bryant PTO mom came up with the idea, spearheaded the effort, and organized the event for our students to participate in.

"We want our Bryant Bears to learn how to be caring and giving, so why not give them the opportunity to do just that!" she said.

The holiday cards were decorated by students. The intent was to spread holiday joy to those who may not get to experience the happiness of being surrounded by family and friends during the holiday season. Student sang songs and greeted the seniors

with warm smiles. Growing up, I remembered having the opportunity to periodically visit my mom while she worked in a skilled nursing facility with seniors. She shared that some of her patients might have families living far away, so they might not receive many visitors. The student-made cards and visit might have been the only thing they got for the holidays.

Kudos to our Bryant PTO and students for making this event possible and for reaching out to the community in service of making someone's life just a little bit brighter during this holiday season!



Buffum *Total Learning Center*

2350 Ximeno Ave., Long Beach, CA 90815 • 562/498-2431 • but-lbusd.ca.schoolloop.com



Miriam Garcia
Principal

Every Student, Every Day

The staff at Buffum TLC cannot believe that the school year is already half over! Our Buffum Bears have been very busy during the first half of this year participating in various activities that help enrich their learning experience.

In October, our school celebrated the fall season with the annual "Halls-O-Ween" event. The school halls were decorated in a Halloween theme so that our students could participate in the customary practice of trick-or-treating. Students dressed up in Halloween costumes and went happily door to door throughout the hallways collecting treats and toys donated by Buffum staff and families. The smiles on the faces of both students and adults alike were priceless.

During the month of November, Buffum students were also learning about their community. Many of our classes embarked upon field trips to the local fire station and

businesses in order to enrich and support their curriculum.

In December, our students rehearsed and practiced so that they could proudly present a fabulous performance at Buffum's Annual Winter Pageant. The students sang, danced, and rang bells in order to give their families a performance they would not soon forget. And on the Friday before the start of Winter Break, Buffum received a very special visit from Santa Claus!

In January, our Buffum students learned about Awesome Animals, which included the various animals and also their habitats. Each classroom constructed a different animal habitat for the students to visit and experience. As a compilation activity, our students also attended a school assembly that showcased various live animals from around the world.

As we are entering this new year with an ever-growing enrollment, you can be sure that our Buffum staff will continue to create and cultivate an enriched school experience for every student, every day.

Burbank *Elementary*

501 Junipero Ave., Long Beach, CA 90814 • 562/439-0997 • bbk-lbusd.ca.schoolloop.com



Scott Fleming
Principal

'Growing' Opportunities

Kindness in words creates confidence.
Kindness in thinking creates profoundness.
Kindness in giving creates love. — Lao Tzu

Burbank Elementary School is pleased to announce that the new year brings new opportunities for our students, teachers and parents. At our December School Site Council meeting, holiday kindness was alive and well, with budget-proposal items meant to expand programs and resources for our school community.

Our science program will be expanded to include the Engineering Is Elementary program for students in grades kindergarten through five. The program aims to foster engineering and technological literacy among children. It is research based, standards-driven and classroom-tested to integrate and foster engineering and technological skills in our students.

We are also expanding our Learning Garden resources to establish an outdoor-learning area to more comfortably seat students working in our garden setting. In addition, Burbank is seeking to better promote our school's beliefs and core values with a new Safe and Civil budget. The budget will be used to further our work in establishing warm and welcoming learning environments.

Cabrillo *High School*

2001 Santa Fe Ave., Long Beach, CA 90810 • 562/951-7700 • lbcabrillo.schoolloop.com



Cheryl Cornejo
Principal

Dancing from the Heart

By Keisha Clark-Booth, Dance Teacher

The Cabrillo High School Dance Department produces four in-house dance shows a year to express our passion through several genres of dance.

Due in part to our professionalism and hard work, we have been invited to perform at several venues including Huntington Beach High School Academy of the Arts, Long Beach City College, Dance Spectrum LA located in Hollywood, California, Anaheim High School, Santa Ana

High School, Cypress College, Irvine Valley College, Maui, Hawaii, Edinburg, Scotland and Prague, Czech Republic. Each time we perform, we dance from the heart and through this; we have become a family as well.



CAMS

1000 E. Victoria St., Carson, CA 90747 • 310/243-2025 • lbcams.schoolloop.com



Wendy Poffenberger
Principal

CIF Athletics

The California Academy of Math & Science, located on the campus of California State University-Dominguez in Carson, CA, is one of the few magnet schools in LBUSD that offer CIF Athletics.

Many people who visit CAMS don't know that there are 12 sports for girls and boys: volleyball, tennis, soccer, basketball, cross country



and track & field. Though the majority of our teams compete in the Coastal League, a few small, public and private high schools in the surrounding areas, CAMS does play girl's varsity tennis in the competitive Moore League.

This school year, CAMS had the pleasure of crowning their first Moore League title with the individual's tennis champion, Jodi Chang.

Carver *Elementary*

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697 • carver-lbusd-ca.schoolloop.com



Matthew Monaghan
Principal

Growing Healthy Students

By Erin Richey, Third Grade teacher

Carver Cougars are starting out the new year eating right! We have the most amazing and abundant learning garden growing on our school campus. Currently, our garden is overflowing with broccoli,

turnips, kale, spinach, strawberries, Brussels sprouts and even rosemary!

Not only does the garden make our campus look beautiful but it also gives teachers an opportunity to provide hands-on harvesting experience and promote healthy eating opportunities for students.



Students and staff can pick from our garden and eat all the fruits and vegetables as part of a healthy lifestyle. The best part is that students get to be involved in the planting, watering and harvesting of all that is growing in our garden.

Teacher enthusiasm for what is growing encourages students to try new foods that they might not otherwise eat at home. It's so rewarding to watch students taste something new and healthy and discover that they actually enjoy it!

Chavez *Elementary*

730 W. Third St., Long Beach, CA 90802 • 562/590-0904 • chavez-lbusd-ca.schoolloop.com



Brenda Ocampo
Principal

Bilingual Opportunities

Chavez Elementary School is thrilled to begin offering Dual Immersion--Spanish and English instruction beginning next fall. We will be starting with our kindergartners next year, and then will grow the program with each incoming year of students.

Chavez will then be offering a 50 percent Spanish and 50 percent English program for all six grades (K-5) once the full transition

has occurred. Not only will all of our students remain at grade level in their learning, they will also gain the benefits that come with being bilingual.

People who are bilingual are better at focusing their attention, better at multitasking, and have improved adaptability to the world around them. Chavez is thrilled that our students will soon be better prepared to enter and become an integral part of the multilingual world we live in.

If your student is entering kindergarten in the fall 2020, and you are interested in being a part of this program, please contact the main office at 562-590-0904.

Cleveland *Elementary*

4760 Hackett St., Lakewood, CA 90713 • 562/420-7552 • cleveland-lbusd-ca.schoolloop.com



Kimberly San Jose
Principal

New Counselor

Cleveland's administration team has a new face, Amy Williams, our school counselor.

Amy is LBUSD homegrown! She attended Burcham Elementary, Marshall MS, and Lakewood HS. Her LBUSD career started right out of high school as a college aide at Lincoln Elementary. She continued to work for LBUSD as a site WRAP director, moving on as an instructional aide and then as a substitute teacher. Now we have Ms. Williams as our school counselor.



When asked what she likes about being a school counselor, Amy replied, "I love to connect with the students inside and outside the classroom while giving them tools to succeed at school and beyond. I also get the chance to work with teachers and parents in building a strong school community."

We feel blessed to have Amy Williams as part of our Cleveland Family.

Cubberley (K-8)

3200 Monogram Ave., Long Beach, CA 90808 • 562/420-8810 • www.lbcubberley.schoolloop.com



Cathleen Imbroane
Principal

A Leader for So Many

By Jenna De Jong and Kaitlyn Lor Student Government President and Officer

Working as both a teacher and student government adviser for 34 years at Cubberley, Ms. Pirie has dedicated herself to the craft of teaching, leading, listening, and assisting.

Last year Ms. Pirie made the decision to retire at the end of the 2020 school year.

With her goes years of service to the LBUSD, and more importantly, to our Cubberley K-8 school and its students. In all those years she has taken charge of school-wide community service, fundraisers, and various other activities to maintain school spirit while also teaching in multiple grade levels. Mrs. Pirie has seen Cubberley grow from an elementary school to a very successful K-8 school.

Her transition to middle school science teacher, and her implementation of science-based electives and student government, has brought a sense of adventure and action to our school. Over the years she has advised our students on being better humans, and has taught our student government students how to become good leaders.

She also prepares her students to be well-rounded through the many community service events that she leads, such as the St. Baldrick's Cancer Drive, the Corn Drive for the Long Beach Basket Brigade, the Miller's Children's Hospital Book and Holiday Toy Drive, and the newly established eighth-graders Give Back program.

For generations, our students have learned a lot from this extraordinary teacher and leader. We at Cubberley are going to miss everything that she has done for the community around us. Thank you, Cubberley's Student Government Class of 2020!

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Dooley *Global Studies Magnet School*

5075 Long Beach Blvd., Long Beach, CA 90805 • 562/428-7274 • dooley-lbusd-ca.schoolloop.com



Nicole Howton-Chiles
Principal

Athletics for All

*By Nick Galanis,
Teacher – Kindergarten*

Dooley Elementary School's first Special Olympics was a big success! Christina Aulicino and her team set up challenging stations for our Specialized Health Care students to enjoy. Activities included badminton, basketball, bowling, soccer, softball, and volleyball.

These activities were designed to accommodate individual student abilities. For example, at the basketball station, athletes had the option of pushing or throwing the ball into a hula-hoop on the floor or while standing up, depending on their abilities.

Our general education students also came out to participate in the activities with our Specialized Health Care students. It was a fantastic way to unite all our Dooley scholars and nurture a caring, supportive, and encouraging environment for all students.

At Dooley, all really does mean all!



Edison *Elementary*

625 Maine Ave., Long Beach, CA 90802 • 562/590-8481 • edi-lbusd.ca.schoolloop.com



Juan Gutierrez
Principal

On the Move!

This year at Edison School, parents, staff, and students are super excited about what's been going on these first four months of the school year. We have kicked off the year with new business partners that have helped us fund-raise over \$17,000.

With guidance from parents and staff, we have earmarked these funds in much-needed

areas, including field trips; new library books to replace a very outdated collection; and a complete garden makeover and six new planters with assistance from a nonprofit Long Beach-based garden program.

A schedule has been developed, and each classroom has begun outdoor lessons. From what I hear, the new vibe at Edison is that this is just the beginning of a long-term goal to bring what Edison needs for its students.

Go, Edison!



Emerson *Parkside Academy*

2625 Josie Ave., Long Beach, CA 90815 • 562/420-2631 • eme-lbusd.ca.schoolloop.com



Rose Vitetta
Principal

The Emerson Student Council

By Brynn M., Student Council President, and Lainy C., Student Council Vice President

The student council is a great way to help improve our school. It is an enjoyable way for students to experience what being a leader is like, and to give their thoughts and insights on certain matters.

At Emerson, our student council fundraises to make changes that will make our school better. We sell Halloween Grams to earn money for our Spirit Week activity. We

are also starting a book exchange, called the Emerson Exchange, so that our students can have fun reading new books while also being encouraged to read.

We also have a dollar dash for the Wounded Warrior Project. We raised almost \$500 this year. Another memorable experience that we had was going on an educational field trip to City Hall in Long Beach to learn about the different city leadership positions and the responsibilities that each position has.

Our time in student council has been enjoyable, and a huge learning experience that we will cherish.



Franklin *Classical Middle School*

540 Cerritos Ave., Long Beach, CA 90802 • 562/435-4952 • lbfranklin.schoolloop.com



Wendy Sowinski
Principal

Variety of Electives

Franklin is excited to offer a wide variety of electives to our upper grade students.

Drama offers a safe space to be creative and artistic, building students' confidence learning about all aspects of theater in fun ways. Students work on scenes and public speaking.

The mission of the Male and Female Leadership Academies is to improve the graduation rate of underrepresented, promising students and encourage lifelong learning by preparing them for college and career options. Students go on field trips, have guest speakers, and learn to work collaboratively.

Pre-Engineering & Robotics engages students in meaningful STEM curriculum such as engineering & design, computer programming, 3D modeling, and teamwork. Students will design and build a working robot.

Marine Biology includes lessons on ecosystems, history of the ocean, weather, food webs, and ocean life.

Students in Library Media Education work on library and technology-related lessons, as well as help to run the library.

Music has over 240 students this year, continuing their mastery of reading music, performing on an instrument, and using technology. We have 10 students participating in the upcoming LBUSD District Honor Band, and two CSULB student teachers in music!

Visual Arts has 190 students fulfilling the LBUSD Art curriculum, while also making a difference in the local and worldwide communities. In October, art students supported Unicef's Trick or Treat drive and raised over \$700, enough to help a village in a third world country build a well/pump for clean water. During the holidays, they hand-painted holiday cards for senior residents in a local assisted-living facility. Fourteen art students won a place in the Long Beach Museum of Art's annual Middle School competition.

Our sixth-graders are anxiously anticipating putting in requests for their elective next year. We are so happy to give them such a wide variety to choose from.

Gant Elementary

1854 Britton Dr., Long Beach, CA 90815 • 562/430-3384 • gant-lbusd-ca.schoolloop.com



Cassandra Fanton
Principal

Taking Care of Our World

Such an exciting morning in a kindergarten classroom. Two special visitors from Millikan high school came over and taught a lesson on pollution. Kylee and Sesilia, both juniors in their marine biology class, presented information on pollution and keeping our oceans clean.

The students in Mrs. Stuckenberg's class asked questions, and shared their



own knowledge of what it means to reduce, reuse and recycle. It was followed up by an art activity in which the students used recycled bottle lids to make turtles. Both the kindergarten students, as well as the high school students had a great time learning about how we can all do better at taking care of the world we live in.



Grant Elementary

1225 E. 64th St., Long Beach, CA 90805 • 562/428-4616 • gra-lbusd.ca.schoolloop.com



LaShell Diggs
Principal

Reaching Our Potential

Students at Grant Elementary School have the opportunity to extend their learning day by being part of our afterschool Winners Reaching Amazing Potential (WRAP) program. This privilege allows them access to convenient, no-cost, high-quality learning every day. The program balances academics with fun,

interactive activities ranging from gardening and dancing to sports and arts and crafts.

Staying true to their mission and vision, Grant's WRAP program supports the academic, social-emotional, and physical needs of students. It allows them to self-select activities based on interests yet still encourages them to try new things. School expectations and guidelines for success remain the same, so it is a seamless transition from the school day to the afterschool program.

WRAP is effectively run by a wonderful, dedicated staff and teacher liaison, all of whom work diligently to ensure a top-quality experience daily. The staff is not only committed to running a fun, meaningful, and hands-on program for scholars, but they have also dedicated themselves to forming strong relationships with all Grant students, staff, and parents. No wonder it's so successful!



Harte *Elementary*

1671 E. Phillips St., Long Beach, CA 90805 • 562/428-0333 • harte-lbusd-ca.schoolloop.com



Lisa Worsham
Principal

"Clubs" Learning Experience

After school tutoring programs have transformed at Bret Harte. Principal

Worsham offered a challenge to her teaching staff: Team up and propose a "Clubs" learning experience they would be passionate

about teaching. Here is what they came up with: Science, Chess and Checkers, Drama, Reader's Theater, Little Kids Rock, Black History and Bulldog Bulletin. Nearly 200 students have been participating with enthusiasm. They are learning about the world through hands on science and history. They are gaining confidence with reading fluency and public speaking. Some are rocking out with keyboards, guitars and drums. Chess Club recently had a tournament. Players

competed using their strategic thinking skills with focused intensity. Junior Journalists observed and wrote articles for their newsletter. Go Bulldogs!



Henry (K-5) *Dual Immersion School*

3720 Canehill Ave., Long Beach, CA 90808 • 562/421-3754 • henry-lbusd-ca.schoolloop.com



Veronica Madrigal
Principal

Winter Performances

The Patrick Henry Elementary School Patriots have had a busy season of learning and celebration. Our first-grade students put on a production of *The Nutcracker*. It was a marvelous show filled with dances from faraway lands, including Russia, China, and Spain. The auditorium

was filled to capacity with proud family members. Our students did a great job and were so enthusiastic about their performances!

All other grades participated in the school-wide Winter Holiday Show. Parents lined up early for the performance to get the best seats in the house. The students sang and danced for their families, and all 700 of them came together for a finale that included a touching song about peace and harmony. It gets the audience every time.

At Patrick Henry, we are so proud of our students. Every day they take risks and persevere all while learning another language. ¡Vamos, Patriotas!



Holmes *Elementary*

5020 Barlin Ave., Lakewood, CA 90712 • 562/633-4427 • hol-lbusd.ca.schoolloop.com



Lori Grady
Principal

Putting the STEAM in STEM

Boys and girls at Holmes Elementary

School in grades 3-5 are being given the opportunity to learn visual arts with 4/5th grade teacher, Ms. Pham.

Students meet weekly and will

be learning contemporary and historical art using a variety of media, their own imaginations, real-life experiences, and feelings. They will explore and experiment with a variety of tools, materials, and techniques through water color, pencil sketching, colored pencil, oil pastel, clay, and paper art.

At the end of each art project, students will discuss or present their work using specific art vocabulary and respond

reflectively to the art work of others. Integrating art throughout the curriculum puts the STEAM in STEM!



Student Art

Hughes *Middle School*

3846 California Ave., Long Beach, CA 90807 • 562/595-0831 • lbhughes.schoolloop.com



Edward Samuels
Principal

Winter Concerts

By Rita Aslan

Music is the universal language of mankind. —Henry Wadsworth Longfellow

Hughes Instrumental and Vocal Music celebrated the holiday season with spectacular Winter Concert performances. Instrumental Music led the festivities with two nights filled with a variety of holiday medleys. Vocal Music closed out the

December performances with an impressive show featuring 16 songs, including the old familiar “Carol of the Bells.”

A big thank you to our Music Department and its phenomenal Music Directors: Mrs. Clements, Mr. Clausen, and Mr. Fitzgibbon. It is inspiring to see what young musicians can achieve when they have passionate and talented teachers. As a result, nearly 500 students, one third of the Hughes student population, are enrolled in music classes for their elective.



Jordan High School

6500 Atlantic Ave., Long Beach, CA 90805 • 562/423-1471 • lbjordan.schoolloop.com



Veronica Coleman
Principal

Jordan High Femineers

Even in 2020, the gender gap in STEM related careers sometimes seems insurmountable, but Jordan high school offers young women an opportunity to get involved in exciting STEM activities and events.

Carrie Beltran has opened a chapter of the “Femineers,” which is a nationally ranked program to attract and retain girls in STEM. This fabulous group of scholars uses project-based learning to support high quality engagement and deeper level learning in the STEM field.

They have amazing opportunities to attend conferences like the American Society of Civil Engineers (ASCE), the International Conference on Sustainable Infrastructure, as well as the Cal Poly Pomona Femineer Summit.



Jordan Femineers attended a fieldtrip funded by the American Society of Civil Engineers (ASCE), Los Angeles Chapter. After listening to a panel discussion on ways to sustain our Green resources from female leaders in the Engineering industry, the students participated in collaborative group projects involving hands on problem solving activities.

Kettering Classical Elementary

550 Silvera Ave., Long Beach, CA 90803 • 562/598-9486 • kettering-lbusd-ca.schoolloop.com



Rachel Peters
Principal

Learning to Recycle

Kettering is going greener. The first Green Summit in the LBUSD, which was held in November of 2019, inspired our school to step up its recycling program and food waste-reduction efforts.

For at least the last 20 years our staff and students have been using the small blue recycle bins in each classroom, and the large rolling purple recycle bins placed throughout the school. Five years ago a recycling club was formed, and our students began to recycle plastic bottles and aluminum cans.



Three years ago, Kettering joined forces with the non-profit Food Finders organization to make use of food that was not being consumed by our students during their lunch period. Unopened packaged food, such as carrots and apples from lunch trays, as well as unopened milk and juice cartons, and unpeeled fruit, are now being placed inside a cooler and later picked up to give to hungry people in Long Beach.

Last December, Kettering had a “Think Green” assembly to help re-educate its students and staff members about the ways in which we sort food, trash, and recyclables. Everyone learned that the brown paper trays our lunches are served in must be clean and dry to be recycled.



King Elementary

145 E. Artesia Blvd., Long Beach, CA 90805 • 562/428-1232 • starking-lbusd-ca.schoolloop.com



Osvaldo Ocampo
Principal

Robotics Club

What are you doing on Monday at 2:15 p.m.? If you're a fourth- or fifth-grader who loves problem-solving and technology and enjoys self-paced learning, then you might be spending your afternoon in Mr. Kertz' class as a part of the Starr King Robotics Club.

Students use block-coding software to write programs that solve tasks for robots to complete. During their weekly meeting, club members add to their depth of knowledge in coding by participating in a mini-lesson, and then they work in small groups to come up with a unique solution to solve a coding task. When asked why she enjoys Robotics Club, fifth-grader Destiny De La Rosa said

that she “enjoys working with others, sharing ideas, and figuring out how to solve the weekly problem.”

The hope is that the club members will apply the problem-solving skills they are acquiring during Robotics Club in their own classrooms as well as their daily lives.



Lafayette Elementary

2445 Chestnut Ave., Long Beach, CA 90806 • 562/426-7075 • lafayette-lbusd-ca.schoolloop.com



David Komatz
Principal

Lafayette's PTO Anniversary

By Sandra Garcia, Booster Club Leader

On September 27, 2019 we celebrated our Parent booster Club's 10th year anniversary. Ten Years ago, Mrs. Orr, Mrs. Jimenez, and Mrs. Garcia, full of great ideas, an immense amount of determination and an abundance of kindness decided that together they could make a difference in the lives of the students,

teachers and the Lafayette community. They organized efforts to do just that and our PTO was formed. Over the past 10 years the PTO has led fundraising efforts to finance field trips, student activities, teacher appreciation events and so much more. A substantial amount of our PTO's work focuses on providing opportunities for families to directly engage with school staff in an effort to foster the home-school-community connection.



Jefferson *Leadership Academies*

1400 East 20th St. A, Long Beach, CA 90806 • 562/591-7477 • lbjefferson.schoolloop.com



Connie Magee
Principal

Outstanding Academic Growth

Jefferson is excited to be recognized for outstanding academic growth in both SBAC math and SBAC language arts.

According to the CORE website, Jefferson had the highest growth in Long Beach and in the state when compared to the other middle schools in the CORE districts. This is the second year of outstanding growth

in both areas for all subgroups. We received check as the cumulative award for growth over time and accelerated growth in both math and language arts.

Jefferson is ranked at the 100th percentile for growth in Language Arts and at the 98th percentile for growth in math. This growth trend is the result of hard work and perseverance by teachers, students, staff, and families. As we work together this year we will continue to strive to give our students the best foundation possible.

Lincoln *Elementary*

1175 E. 11th St., Long Beach, CA 90813 • 562/599-5005 • lincoln-lbusd-ca.schoolloop.com



Caroline Nemec
Principal

The College Promise

By Juan Gonzalez, Assistant Principal

At Lincoln, we believe in the College Promise for all students. In every classroom from Early TK to 5th grade, there is a classroom



poster that reads, "We will be in college in 20___." All students know the year they will be in a college, university, or trade school. In the Lincoln front office, we have a bulletin board displaying the College Promise. Additionally, we made every Friday, Spirit Day! Teachers, students, and staff have the opportunity to wear their favorite college, university, or trade school t-shirt or sash. At Lincoln, we ROAR WITH PRIDE!

Lindsey *Academy (6-8)*

5075 Daisy Ave., Long Beach, CA 90805 • 562/423-6451 • lblyndsey.schoolloop.com



Renny Chu
Principal

Reading for Pleasure

On December 16, Ms. Gerdts's ASB class

from Lindsey Academy took a walking field trip to Dooley Elementary to spread the love of reading in

Ms. Snyder's fifth grade classroom. Earlier in the month, Lindsey's ASB sold beautiful handmade bookmarks in order to raise money to buy an assortment of brand new novels for the Dooley fifth graders. During the visit, several ASB students talked about their passion for books and reading. Ms. Gerdts shared the reasoning behind the visit: "We want the fifth

graders to know that reading for pleasure is something we highly value at our middle school."



Long Beach Learning Center

3701 E. Willow Ave., Long Beach, CA 90815 • 562/426-6846 • ilp-lbusd-ca.schoolloop.com / reid.lbusd-ca.schoolloop.com



Troy Bennett
Principal
Beach High School



Dr. Jeffrey Cornejo
Principal
Reid High School

Community Building Circle

Word has carried about our focus on college and career pathways as support for post high school success. Police Chief Robert Luna visited our campus to conduct a “Community Building Circle” with 80 students. The Chief discussed the challenges in his upbringing, that mirror the experiences of some

students from the LBUSD. He ended the hour by inviting students to call in to the police department to request a ride-a-long with his officers and to seek more information about law enforcement job opportunities. Guest speakers have visited our campus to discuss growth mindset, resilience, and difficult pathways to success. One speaker from Boeing, was so impressed with our students that he organized two private tours of the NASA/JPL facility in Pasadena! We also had a well-attended BLAST College and Career Fair, which hosted many organizations providing information about college admissions, career opportunities with the City of Long Beach, and internships.



Los Cerritos *Elementary*

515 W. San Antonio Dr., Long Beach, CA 90807 • 562/595-6337 • loscerritos-lbusd-ca.schoolloop.com



Alissa Gamboa
Principal

Literary Windows, Mirrors

Ohio State University children’s literature professor Rudine Sims Bishop once wrote, “Books are sometimes windows, offering views of worlds that may be real or imagined, familiar or strange. These windows are also sliding glass doors, and readers have only to walk through in imagination to become part of whatever world has been created and re-created by the author. When lighting

conditions are just right, however, a window can also be a mirror. Literature transforms human experience and reflects it back to us, and in that reflection, we can see our own lives and experiences as part of the larger human experience. Reading, then, becomes a means of self-affirmation, and readers often seek their mirrors in books.”(1990, p. ix).

This year, the Los Cerritos Multicultural Committee and teachers have taken new steps to improve the educational

experience for our culturally diverse student population by providing these “windows and mirrors” for students through literature and community leadership. Each month, this PTA subcommittee and teachers partner to select a cultural background for students to explore, along with texts that will provide positive perspectives into each selected culture. Community volunteers (VIPS) that are representative of our diverse population then visit classrooms to read these culturally relevant titles and begin discussions with students about how they relate to the themes of the texts.

Because of this work, students are seeing windows and mirrors in their educational leaders and the characters they read about. They are finding aspects of themselves in the texts they read while being exposed to different perspectives, historical time periods and cultural backgrounds. Through literature and an inclusive home-school partnership, Los Cerritos students are engaging in meaningful self-reflection and exploration of their relationships to a greater world community.

Long Beach School for Adults

3701 E. Willow Ave., Long Beach, CA 90815 / 2153 W. Hill St., Long Beach, CA 90810 • 562/595-8893 • www.lbschools.net/LBSA



Debbie Broadway
Administrator

Celebrating Results

Long Beach School for Adults is celebrating the hard work and accomplishments for all of our students for the last three years. On March 9th and 10th we will have a review team from the accreditation commission visit our campuses and classrooms to validate our hard work. A few things that LBSA is proud of: In 17-18, we celebrated 61 High School

Diplomas and 80 High School Equivalency Certificates. In 18 -19 we celebrated 79 HS Diplomas and 138 HS Equivalency certificates. In 17-18, we transitioned 27 ESL students to LBCC and 42 more in 18-19. In 17-18, 14 ESL students transitioned to our HiSET Prep program and seven more in 18 -19. Many of our Adults work full



time, take care for their families and then come to LBSA to improve their basic skills. We congratulate and celebrate the hard work and commitment of all of our students.

Lowell Bayside *Elementary*

5201 E. Broadway, Long Beach, CA 90803 • 562/433-6757 • lowell-lbusd-ca.schoolloop.com



Lester Lawson IV
Principal

Sea Star Action Team

By Cassie Ward, TK Teacher

This year, Lowell replaced our traditional Student Council with an exciting new Sea Star Action Team. The Sea Star Action Team is comprised of civic-minded fourth and fifth grade applicants interested in working together to improve our school and community. Once accepted into the program, students choose to join one of

three branches: Philanthropy, School Spirit, or Community Building.

Lowell's Philanthropy Team, headed by Ms. Becker, actively promotes the welfare of others. To date, they have organized a green bean drive for Thanksgiving food baskets and collected a significant number of holiday gifts for foster youth. They are currently running a coin drive with proceeds also benefiting foster youth.

The School Spirit Team, headed by Mrs. Wade and Mrs. Kaiser, is focused on building Lowell pride. Recently, they created a "Thankful Tree" whereby students had the

opportunity to express gratitude publicly. The School Spirit Team also designs and displays monthly posters for all of Lowell's special T-shirt days.

Our Community Building Team, headed by Mrs. Wilson, focuses on strengthening connections across the Belmont Shore area. This team hosted a lunchtime Thanksgiving card workshop where students produced heartwarming notes for family and friends. They also wrote letters to firefighters, police officers, and teachers thanking them for their service.

The Sea Star Action Team has breathed new life and passion into student leadership at Lowell. More students can be involved without the pressures of running for office or peer elections. Furthermore, the emphasis of the Sea Star Action Team is placed upon just that--taking action. These students learn that with a little passion, empathy, and effort, even young people are capable of making big differences in their own lives, the lives of others, and the vitality and positivity of our community, making big differences in their own lives, the lives of others, and the vitality and positivity of our community.

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MacArthur *Elementary*

6011 Centralia St., Lakewood, CA 90713 • 562/420-3588 • macarthur-lbusd-ca.schoolloop.com



Maria Yeppez
Principal

Civics and Local Government Lessons

By Shelley Arnold, 5th Grade Teacher

MacArthur Elementary and the City of Lakewood are ensuring that this year's 5th

graders understand the benefits of participating in our civic life. Four weekly classes were held. The City Manager Thaddeus McCormack,

Deputy City Manager Paulo Beltran, and Karen Murray presented the workings of city government: who works for the city, what they do, and where the money comes from. Our fifth graders were then treated to a tour of our local water station. At the final class, MacArthur's Student Council was sworn in by Mayor Todd Rogers. The students then held their own mock council meeting where the merits of allowing electronic devices onto campus were debated. (Can you guess which side won?) We are very

fortunate to have a wonderful partnership with the City of Lakewood in increasing knowledge and understanding of civics and local government. It is our hope to continue this annual tradition with the city.



Marshall *Academy of the Arts*

5870 E. Wardlow Rd., Long Beach, CA 90808 • 562/429-7013 • lbmarshall.schoolloop.com



Marie Hatwan
Principal

Sound Minds and Bodies

Marshall Academy of the Arts has joined forces with UCLA Health's Sound Body Sound Mind Foundation in a partnership that is in its third year of fighting childhood obesity. Marshall Academy of the Arts is the first school to be awarded this grant in the Long Beach Unified School District.

This Foundation grant provides the school with

a state-of-the-art, age-appropriate fitness center, a variety of high-quality materials and equipment, and a fun-filled, student-centered exercise curriculum.

Throughout the lessons, students can assess their physical fitness progress, and also work in teams to master the knowledge, skills, and abilities outlined in the California Standards for Physical Education. A unique element of Marshall's program includes the adaptation of all lessons to maximize the participation of students

with special needs. Teachers and students both play a role in maximizing access to the physical fitness program. Special training allows teachers to grow their expertise and effectiveness as educators, leaders, and role models for everyone in the school community.

Because of Marshall's successful program, our students will be featured in an upcoming book based upon the Sound Body Sound Mind curriculum.



McBride Sr. High School

7025 Parkcrest St., Long Beach, CA 90808 • 562/425-3539 • mcbride-lbusd-ca.schoolloop.com



Gonzalo Moraga
Principal

Latino Heritage Club

By Ariana Chavez, 10th Grade Student

At McBride High School, we are very fortunate to have our very own Latino Heritage Club, which encourages students to become leaders and to raise awareness about the Latino culture within our school community. The club participates in activities inside and outside of school. A popular club activity during the month of September is celebrating Hispanic Heritage Month.

As part of the month-long celebration, the club is proud to promote and recognize the Latino culture with a variety of activities, including dancing in the quad to Latin music, playing a traditional Mexican game called *lotería*, wearing a Latino soccer team jerseys, and selling popular Latino food items, such as *elotes* and *plátanos fritos*.

Outside of school, the club does beach clean-ups, volunteers at the Aquarium of the Pacific, and participates in many other activities. The club's main purpose is to share the Latino culture with others, to get to know other cultures, and to help students build leadership skills that will enhance our school community and provide new opportunities for learning and growth in the future.

McKinley Elementary

6822 N. Paramount Blvd., Long Beach, CA 90805 • 562/630-6200 • mckinley-lbusd-ca.schoolloop.com



Vanesha Davis
Principal

Kindness at Our School

In November, McKinley's Kindness Squad joined the world to celebrate kindness. The fourth-grade students brainstormed ideas of how they could make their school a kind place. After several brilliant ideas, students decided to give words of encouragement to every student. A smaller group of fourth-graders called Kindness Ninjas went to every class, knocked on each door, and left

a set of coloring pages with kind words for each class. The Ninjas also gave each staff member a small treat and an encouraging note.

Students felt so good about their good deed that they continued by making holiday greeting cards for the local convalescent home. Additional deeds included gifting classrooms with a "kindness book" to promote kindness schoolwide.

The McKinley Kindness Squad hopes to continue to promote kindness throughout the school year.

Millikan High School

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441 • lbmillikan.schoolloop.com



Alejandro Vega
Principal

14th Annual International Trade Show

By Nick DeLucca, student writer and Co Editor-in-Chief of the Corydon

The seniors in Millikan's Business Academy's capstone class, Virtual Business Management, has spent the last few months preparing for this year's International Trade Show circuit. The first competition takes place on January 15th-16th in Bakersfield, CA.

The class is divided into two hypothetical businesses, Elite Sports and Pet Paradise. The businesses are all student driven and student run. Students are categorized into departments based on the skills from their resume. The departments include executives, accounting, graphic design, marketing, and human resources. The class is designed to emulate the environment of a real business as students are tasked with assignments that employees at real companies would have to complete.

Elite Sports offers sports subscription packages that include uniforms and equipment for football, soccer, basketball, and baseball teams. Their goal and mission is

to help eliminate the guesswork for both school programs and parents when it comes to choosing equipment and/or brands that are high quality and affordable for athletes. The other business, Pet Paradise, offers a premium pet boarding facility for cats and dogs where customers can select from multiple grooming services as well as serves as an overnight hotel.

Students from the class reported that, "Virtual Business Management is a good class for learning real world skills. It's good for managing your life in the adult world." Another student shared, "starting a company from the bottom up is crazy. As you continue on, you realize how much real companies have to go through to maintain their business."

On January 15th-16th, the Virtual Business Management class will travel to Bakersfield to compete against other schools from all over the country and the world. According to the Virtual Enterprise International website, the fair is now the largest in the United States and attracts over 115 firms. If the businesses compete well in Bakersfield, they will move on to compete in New York later this year.

Naples Bayside *Academy*

5537 The Toledo, Long Beach, CA 90803 • 562/433-0489 • naples-lbusd-ca.schoolloop.com



Athena Uribe
Principal

Staying Connected!

Naples School concluded 2019 by celebrating the season of cheer and giving with our annual Holiday Sing event. This year, we did things differently, since our school is under construction and our students are on two campuses. Our auditorium is off limits, so we held the event outside!

Our third- through fifth-grade students and teachers returned to the primary campus early on December 18 to join Transitional Kindergarten through second grade and our wonderful families. All grades sang holiday songs representative of different traditions and cultures. The event was so successful outside, we will likely do it again! The Holiday Sing is one of four events for which we will bring all of our students and families together on one campus this year.

On this day, we also announced the tremendous success of our annual Project Cheer gift drive. Our Dolphin families donated gifts for all members of six families from another



Long Beach Unified School District school. Parents gathered and wrapped the gifts to be delivered in time for the holidays.

We love our school community, and we are proud of how we are meeting the challenges of this school year.

Nelson *Academy (6-8)*

1951 Cherry Ave., Signal Hill, CA 90755 • 562/591-6041
na-lbusd-ca.schoolloop.com



Kathleen Reed
Principal

Aiming towards Success

Nelson's Male Leadership Academy is a wonderful group of young men who look sharp in their shirts and ties every Thursday, and on the special days that they have guest speakers. They are truly a remarkable group of students, and take the role of "Dressing for Success" seriously!

The group participates in many activities, from presenting guest speakers to volunteering. In November and December they heard from Leon Anderson, who gave a powerful presentation on the importance of surrounding yourself with those who encourage you to achieve your goals, and to stay away from what he calls "Dream Killers." They also heard from Dr. Walter Larkin, who discussed entrepreneurship and work skills.

The students also attended the UCLA "I'm Going to College" fair, and watched a football game. They also went on a boat tour of the Port of Long Beach, where they learned about the history of the Port, its importance to Southern California's economy, and its involvement in global trade.

Just during the last two months our Knights have volunteered at the California Statewide Marching Band Competition, the Special Olympics, the Filipino Festival, and a community toy drive. We are very proud of our young men. Keep up the great work!

Newcomb *Academy (K-8)*

3351 Val Verde Ave., Long Beach, CA 90808 • 562/421-8851
lbnewcomb.schoolloop.com



Donna Ryono
Principal

Basket Brigade!

by Nora Felice Tejada, 8th Grade Student

Over the years at Newcomb K-8 Academy, we have focused on ways to lend a helping hand to community service programs. The Long Beach Basket Brigade is one such event, and this marks our 13th year participating. Along with other schools who collected Thanksgiving dinner items for those in need, Newcomb collected marshmallows to add to the baskets. Newcomb also collected items for the New Life Beginnings shelter who provided food items for families in need during the winter break holidays. Participating in these projects gives our students a sense of community and a real life look at how each person can make a difference.



Polytechnic High School

1600 Atlantic Ave., Long Beach, CA 90813 • 562/591-0581 • lbpoly.schoolloop.com



William Salas
Principal

Poly and the Arts

*By Briana Mendez-Padilla,
Poly Class of 2020 and
High Life Arts and Culture Editor*

On November 6th, the Poly Academy of Achievers and Leaders (PAAL) hosted its second annual art showcase event featuring artists from Poly and PAAL. While performing artists showcased their talents outside on the stage, the visual artists' work was displayed inside the gallery. Artists were given total creative liberty with their work, and a diversity of styles and subjects were presented throughout the gallery room.

Among the types of art displayed were paintings, drawings, and sculptures. Topics presented in the art included Poly, society, and mental health, among others.

Attendees were not only able to immerse themselves among the art created by others, they could also take a chance and create art of their own. With stations like "Paint a Tree Ring" or "Paint a Canvas," our attendees were provided with the tools to create their own masterpieces.

One of the students behind organizing this event was senior Jessica Cubias, student council co-president at PAAL. Cubias said this was her favorite event of the year as it allowed students to connect to the paintings, the artists, and the music. "Painting brings out what people are afraid to let out," said Cubias.

The night's live performance line-up consisted of performing artists such as Aermoongi, Mac, Money Traxx, KDI, T-Lost and many more. "Not many schools give student artists a chance to present their art," said Mac Harris, spoken word artist and PAAL alumni. "Art is everywhere, and this event becomes an outlet which elevates that."



Art can also help cope and manage emotional pain, according to activities specialist and restorative justice teacher Marisol Ibañez-Tintorer. "It's about giving everyone a voice," she said. "Everyone's voice matters." Ibañez-Tintorer added that PAAL-hosted events are open to all Poly students: "We are a part of Poly and they're a part of us."

Powell Academy (K-8)

150 Victoria St., Long Beach, CA 90805 • 310/631-8794 • lbpowell.schoolloop.com



Tynisha Smith
Principal

Arts have the Power to Transform

On December 5th, Powell's Female Leadership Academy and Male Academy was afforded the opportunity to attend The Hot Chocolate Nutcracker presented by the Debbie Allen Dance Academy.

The chance to experience a culturally rich performance allowed students to have insight into the various careers, technical training,

and responsibilities of those who work in Arts/Media, and analyze how centers for Arts offer unique experiences where personal, professional, and community roles come together for a shared experience.

Powell Eagles truly enjoyed the program, and many were asking if we would have the opportunity to attend again. It was a great reminder that the Arts have the power to transform, to illuminate, to educate, inspire and motivate.



Prisk *Elementary*

2375 Fanwood Ave., Long Beach, CA 90815 • 562/598-9601 • prisk-lbusd-ca.schoolloop.com



Beth Cohen
Principal

Music and Technology

By Valerie Vinnard M.M.

All Prisk Kindergarten through 5th grade scholars have been participating in music and technology lessons with teacher, Mrs. Vinnard. Through the website “Chrome Music Lab” and activity “song maker,” students let their imaginations come alive. Pupils are given parameters for their song, such as how

many measures and in what scale their song should be. Then, they themselves are able to select the instrumentation and tempo, as well as which percussion to use.

The activity also allows children to explore the visual arts offering students the ability to engineer a drawing/painting. These lessons are excellent in developing all learning modalities and offers expansion in the multiple intelligences. Children enjoy sharing their creations so much that they barely want to go out to recess!



Second grade students displaying music technology with classroom teacher Mrs. Fournier-Arredondo and music teacher Mrs. Vinnard

Renaissance *High School for the Arts*

235 E. 8th St., Long Beach, CA 90813 • 562/901-0168 • lbrhsa.schoolloop.com



Michael Navia
Principal

Blooming with Kindness

By Kristiana Dimitrov, 12th Grade Student

For the month of December, Renaissance High School for the Arts (RHSA) students decided to use social media in a positive way. Students participated in the Renaissance Kindness Challenge by posting on social media the specific challenge for that day. Participants who posted all 15 of the challenges had their names placed in a raffle to win a prize.

Rachel’s Challenge inspired RHSA’s Student Council to initiate this activity. Rachel’s Challenge is an organization that was created by two parents after their daughter, Rachel Joy Scott, was killed in the Columbine massacre. Rachel had a theory that a little bit of kindness can start a chain reaction of being kind to others.

RHSA used this theory as inspiration for the challenge. One of the challenges included smiling at everyone you see

that day. Although that may not seem like a lot to you, a simple smile could tremendously turn someone’s horrible day into an amazing one. In another challenge, students were asked to share something of their own.

Amyah Cleaves, a tenth-grade student at RHSA, believes that the Kindness Challenge promoted generosity and consideration for others. “The challenge affected the school in a positive way because it got people out of their comfort zones,” stated Cleaves.

Another challenge loved by students was when they were asked to write a positive message in chalk. Dani Gonsoles, an eleventh-grade student, showed their positivity in a unique and creative way. Gonsoles drew the globe on the asphalt, and added a caption that stated, “You’re my world.”

Even though the December RHSA Kindness Challenge has ended, Renaissance will continue to spread kindness and carry out Rachel Joy Scott’s theory of chain reaction. A little bit of kindness can go a long way.

Robinson Academy (K-8)

2750 Pine Ave., Long Beach, CA 90806 • 562/492-6003 • lbrobinson.schoolloop.com



Salvador Madrigal Jr.
Principal

Student Leadership Programs

On any given school day you might see a small group of student-reporters with an iPad and microphone in hand walking our campus interviewing various students about current news events, or asking our teachers to solve riddles. You might also observe our student council members setting up for one of our monthly community events, or

our Female Leadership Academy students mentoring selected fourth-grade students.

Our student leadership organizations are what truly make Jackie Robinson Academy so special, and the groups continue to grow each year. In addition to those already mentioned, and our

Male Leadership Academy and WEB (Where Everybody Belongs) group, a Green Team has also sprouted. It is now taking root as an important group that helps support our school district's Green initiatives.

All of these students are actively planning, organizing, managing, designing, and problem solving. They are definitely ready to meet the challenges of high school, college, and beyond.



Smith Elementary

565 E. Hill St., Long Beach, CA 90806 • 562/595-9466 • burnett-lbusd-ca.schoolloop.com



Hugo Figueroa
Principal

Smith Earth Defenders Club

Smith Elementary is proud to present the Smith Earth Defenders Club. Maria Wendt, the school counselor at Smith has teamed up with two amazing recreational aides, 4th and 5th grade students, the Surfrider Foundation, and the Grades of Green program to encourage and inspire young minds to cherish the environment. The Earth Defenders Club is currently in its grassroots stage; however, Ms. Wendt has some big plans to have Smith Elementary "Go Green."

With Smith's urban location and large population of students, finding foliage on campus can be difficult. But, the Earth Defenders Club, is ready to change that! They have been brainstorming ideas about creating a California-native urban garden out of recycled materials. Smith is excited to collaborate with community partners to encourage positive sustainable thinking.



Logo for Smith Earth Defenders Club- Artist 3rd Grade Student- David Arana



Yvonne Marshall-Recreation Aide, Thelma Ainsworth-Recreation Aide, Maria Wendt-School Counselor

Robert Swan once said, "The greatest threat to our planet is the belief that someone else will save it."

Rogers Middle School

365 Monrovia Ave., Long Beach, CA 90803 • 562/434-7411 • lbrogers.schoolloop.com



Jeff Wood
Principal

Magazine Club

By Natalie Canalis, 8th Grade Student

Student creativity is flourishing at Rogers Middle School with the new Magazine Club on campus. The club produces a monthly issue featuring student writing, mainly from the club's six members, who write everything from nonfiction narratives to creative poetry. The monthly issues of *The Rogers Review* also feature debates, the most recent being

whether the new field is better as artificial turf or was better as grass. The magazine issues are available through the Rogers Web site and can be read online, which saves paper.

Club members design the layout of the pages using school computers. Members are developing skills in design

as well as writing many different kinds of poetry and prose. They are also learning to effectively edit and critique others' writing, along with learning to collaborate and cooperate. They hope this club will be a stepping stone to high school journalism classes and joining the staff at school newspapers in the future.

The club plans to expand by recruiting a design team to complement the skills of the writing staff. This will allow writers to devote more time to their stories, hopefully both improving quality and increasing quantity so issues will have more content. Also, students with design skills can use their talents as part of a larger creative effort and showcase their talents for a larger audience.

The Rogers Review team is looking forward to growing and thriving for many years to come.

Stephens Middle School

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841 • lbstephens.schoolloop.com



Megan Traver
Principal

On Time and Ready to Shine

I have been constantly reminded of two important aspects of operating a school site during the first half of this school year: effective systems, and teamwork.

We have definitely seen that this year in the implementation of our "Start on Time" program. Compared to the same set of weeks last year, we have seen a 24.5 percent decrease in tardies overall, including a 36 percent decrease in tardies after lunch and a 16 percent decrease in tardies to first period.

We have seen from the data that our students were not making it to class on time to first period and after lunch, and so we started a new system for those specific transitions. Now at the beginning of school, and after lunch, a few minutes before the bell will ring to go to class, we walk all of the students from the benches and blacktop area to the school buildings. Just by starting this structured transition a few minutes early we have decreased our tardies and have shifted the culture.

The really big impact in our data is due to another part of this system, where teachers stand at their doors each period and encourage students to get to class; while the teachers on their conference period will spend just the first few minutes of their conference period monitoring the halls and escorting late students to class. It's no longer cool or fun to be late, and our students don't even have the opportunity to "dawdle" now as there is always an adult present.



As I monitored my passing period position just now, I looked down the hall where at least four teachers were at their doors enthusiastically encouraging students to get to class on time, and with another teacher ready for their tardy supervision. It reminds me that the No. 1 reason why we have decreased our tardies so successfully is due to the tremendous, tireless, and dedicated work of our entire staff. These kinds of systems work best when we work together as a team, and our Stephens' team is on point.

Stanford *Middle School*

5871 Los Arcos St., Long Beach, CA 90815 • 562/594-9793 • lbstanford.schoolloop.com



Rebecca Suzanne Caverly
Principal

Umoja Club

The African proverb “It takes a village to raise a child” has been a motivating statement behind the creation of Stanford’s Umoja Student Club and Parent Group. The purpose of creating an Umoja Student Club and Parent Group was to create a community for students and parents to

have a voice in assisting Stanford’s staff with increasing the sense of belonging and academic success for Stanford’s African American students.

The club also provides opportunities for students to learn and explore the riches and beauty of African American culture. The club has already donated over 100 new multicultural books to Stanford’s library. The club and the parent group have plans to have a Black History Month Showcase in February, Hidden Figures Movie Night in March and a Career Day in May.

Stanford is currently collaborating with several other LBUSD middle schools, LBCC’s Umoja Club and other community groups.



You can do anything you want as long as you try!

Stevenson *Elementary*

515 Lime Ave., Long Beach, CA 90802 • 562/437-0407 • stevenson-lbusd-ca.schoolloop.com



Nancy Dalton
Principal

STARS go to Long Beach City Hall

By Sharon Montgomery, Teacher, 3rd Grade

As part of their study of local government, 24 third graders were invited to participate in a field trip to Long Beach City Hall. The City Hall building is part of the new Civic Center and students were treated to a tour of the nine council members’ offices, as well as Mayor Robert Garcia’s office.

Our students were educated about the nine city districts, their boundaries, populations, and landmarks. The trip also included a tour of the Council Chambers, and the opportunity to participate in a mock City Council meeting, in which some students posed as community members with concerns about their neighborhoods! This field trip was a great opportunity for students to understand how local government is run.



Tincher Preparatory School (K-8)

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636 • lbtincher.schoolloop.com



Alma Black
Principal

School of Choice!

Tincher Preparatory has once again demonstrated why it is a school of choice for so many families. Tincher was recently recognized at the district's School Growth Awards ceremony as one of only three K-8 schools to show outstanding growth in mathematics as well as showing growth for three consecutive years. One major factor

leading to this success is the small class sizes offered in our middle school program, which supports a lower student-to-teacher ratio in core classes and moves all students into accelerated classes with support.

In addition, Tincher is a California Distinguished School as well as a School To Watch in the district as determined by the National Forum to Accelerate Middle School Reform. It is no wonder that so many families choose Tincher for their children!



Principal Alma Black and Retired Principal Rosemary Sissons with Tincher staff members at the Outstanding Growth Awards ceremony.

Twain Elementary

5021 E. Centralia St., Long Beach, CA 90808 • 562/421-8421 • twain-lbusd-ca.schoolloop.com



Patrick Booker
Principal

Veterans Day Celebration

By Elizabeth Payne, Parent

November 8, 2019 marked the 13th anniversary of Mark Twain Elementary School's Veterans Day Celebration. Keynote speaker, beloved baseball legend, and Purple Heart veteran Coach Walter "Spud" O'Neil spoke to our students about the importance of being on the "same team" as our veterans, offering ongoing support and appreciation.

Special guests included attending veterans, Councilwoman Stacy Mungo, East Division Police Commander Patrick O'Dowd, and representatives from the Board of Education, *The Press Telegram*, and *908 Magazine*.

Former Twain teacher Estelle Seaton returned once more to emcee our event, while former Twain student and fifth-grade Veterans Day singer Kayla Quiroz returned from college to sing our national anthem.

Our amazing students showed their deep understanding of Veterans Day through the submission of original essays and artwork. Over half of our students participated in the national Thank a Service Member campaign by voluntarily writing to those serving overseas.

The emotional highlight of the event was 96-year-old WWII veteran Maximino Buendia, whose great grandchildren attends Twain, standing to be recognized by the crowd.

Washington Middle School

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434 • lbwashington.schoolloop.com



Roshann Williams
Principal

Celebration of Gratitude

By Terrina Dotson, Resource Specialist and Attendance Committee Chair

On a brisk fall morning in the Washington Middle School corridor, Patriot students, staff, and families congregated to honor the contributions of our athletes. We understand the importance of fostering a sense of

belonging amongst our student body and wanted to extend our feelings of gratitude to stakeholders who work to make Washington a place where students feel proud to belong.

Our celebration commenced with a community breakfast and pep rally, which was led by our Washington spirit team. The 88 parents in attendance were then ushered into the auditorium, where their students were honored by staff members. Title I information about high school readiness, attendance, Smarter Balanced Assessment Consortium

(SBAC) trends, and English language learners. The event culminated with a raffle featuring netbooks, spirit wear, gift cards, and gift baskets. What a wonderful launch to autumn recess!

Through academic excellence and perseverance, we achieve our destiny. #Go Patriots!



Webster Elementary

1755 W. 32nd Way, Long Beach, CA 90810 • 562/595-6568 • webster-lbusd-ca.schoolloop.com



Sarah Forrester
Principal

Principal Musician

By Valerie Vinnard M.M.

Our 4th/5th grade Webster chorus students got to collaborate with a special guest musician at this past winter concert. Former

LBUSD principal (retired) Mr. Dennis Lyman was there accompanying the singing on his guitar.



Mr. Lyman has joined Mrs. Vinnard and her Elementary schools in winter and spring concerts for more than ten years. He volunteers his time and talents over many rehearsals and evening performances.

Students are able to see a live performer as well as witness his care of the instrument and intricate finger picking techniques. The children also develop a greater sense of music appreciation as they partake in his musicality, phrasing, tempo, and dynamics.

We are so lucky to collaborate with such an awesome principal musician!



4th/5th Grade Chorus with retired LBUSD principal/guitarist Mr. Lyman and music teacher Mrs. Vinnard.

Whittier Elementary

1761 Walnut Ave., Long Beach, CA 90813 • 562/599-6263 • whittier-lbusd-ca.schoolloop.com



Damon Jespersen
Principal

Wizards follow Innovation Path

By Charo Darwin Glomah
Assistant Principal

In true Wizard fashion, students and staff were eager to get in on the fun during Computer Science Education Week. As 21st century learners, Whittier students are provided with an opportunity to take thoughtful risks, engage in experiential learning, persist in solving problems, and embrace collaboration.

We celebrated these efforts during Computer Science Week by participating in the Hour of Code. Our second-grade team coded programs for birdhouses, while the third-grade teachers and students coded dinosaurs and their habitats. The fourth-grade team created and animated roller coasters, while the fifth-grade team animated alchemists or characters. The Hour of Code led by our teacher on special assignment, Mrs. Santiesteban, gave students an opportunity to practice computer-science skills and take risks pivotal to the experience of 21st century learning.

As a STEAM-focused school, Whittier students use critical-thinking skills to engage in cross-curricular problem-solving inquiry tasks through collaboration and process-oriented

activities on a weekly basis. Students and staff collaborate to implement multiple standards across the curricula, which has become a signature practice of Whittier STEAM instruction.

Whether it's STEAM lessons in the lab or projects in the Art and Design Studio, Whittier students follow a path of innovation and work toward the shifting landscape of learning, using engineering science. As a neighborhood school in central Long Beach, programs like Femineering and the AI Family Challenge give students several opportunities to show off their 21st century skills.



Wilson Classical High School

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481 • www.lbwilson.schoolloop.com



Kimberly Holland
Principal

More for Students

“When are we going to get bus passes, overnight meals, and snacks? We have kids in need. I know we just started school yesterday, but when we have the resources to solve their problems of hunger and transportation, positivity snowballs for the students,” a Wilson High School (WHS) counselor shared. By the first Monday, four days after school started, More for Students was ready to help our Bruins!

A student said, “The teachers donate their money to help poor students. They do it to show they care and to help. They give snacks until they run out.” This kindness is impactful, and there are no strings attached. As staff members help students meet their basic needs, students understand that they are cared about, connected to, and embraced WHS and the Long Beach Unified School District (LBUSD).

When the staff at LBUSD heard that 90 members of the WHS staff were making monthly voluntary staff donations

through the Long Beach Educational Foundation to buy monthly bus passes for students, LBUSD stepped in. The district provided 76 monthly bus passes for students last year currently pays for 146 monthly bus passes for Wilson students! In addition, all the other high schools are now receiving bus passes as well.

But WHS's assistance for students goes beyond transportation. More than 180 students “shopped” at our Holiday Store and were able to wrap and provide presents for each member of their families. This program, coordinated with help from the community and the Activities Office, also gives students an opportunity to make stockings and write letters to their moms.

In this school year alone, More for Students has provided: 1,700 single Long Beach Transit bus rides to get students to and from school; \$1,000 Homecoming Fair tickets for 100 students; more than 8,000 overnight meal bags and snacks; 75 scientific calculators for students in higher-level math classes, and countless school supplies and clothing items. We see you, Bruins—and we have your backs!



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F U N

Things to Sit On—Word Search Contest

Rules! One word in the list is NOT in the word search.
 When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put Long Beach in the subject line.

- | | |
|------------|-----------|
| SOFA | GROUND |
| CHAIR | GRASS |
| CAR SEAT | BLANKET |
| TRACTOR | BLEACHERS |
| TRIKE | SIDEWALK |
| BIKE | STREET |
| MOTORCYCLE | TRUCK |
| BED | VAN |
| BUNK | SWING |
| ROCKER | |
| BENCH | |

Entries must be received by **March 15, 2020**
 From the correct entries one name will be drawn to win a \$20 gift card to Barnes & Noble!



Congratulations to Winnie Daniels
 Winner of our December Word Search Contest!



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Katie's Review



Katie C.

A Whole New World

Title: *Korean Celebrations*

Author: Tina Cho

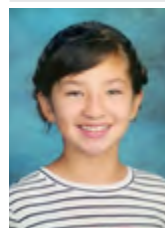
Many cultures have different traditions, festivals, and holidays. In this book, *Korean Celebrations*, Korean culture is explained in depth. Words are explained and English pronunciations are provided. Holiday foods, gifts, and games are explained, and you can even replicate some of the rituals that they used during special events and holidays.



The national anthem is translated, and you can learn about other sports that first occurred in Korea. One of the most interesting things in Korea is Children's Day. This holiday is a day just for children, where there is no school and children are able to go to amusement parks and receive presents from their parents. This book is recommended to those who want to learn more about the culture of another country. I give this book a five out of five stars.

Katie is in 10th grade. She likes reading and writing. She loves to read to younger kids. She provides book reviews to the kids who want to find more good books.

B is for Book



Bailey

Life is Numbers

Rated by Melissa Grey is an intriguing, mystery like book.

In this society, it truly matters what people think because every person has a "rating". Their rating reflects just about everything, from if they have a good job, to if they said "thank you" to the

waiter. The future of every individual lies on their rating. When someone vandalizes Maplethorpe Academy with red paint reading "THE RATINGS ARE NOT REAL," it will bring these six students together, Bex, Tamsin, Hana, Chase, Noah, and Javier. Although they have absolutely nothing in common, they thrive together! But will they be enough to solve the mystery and conclude the corruption of their society?

This dystopia depicts a possible reality that will keep the reader thinking days after finishing the book. I have read the book several times and it still fascinates me. I rate it 5 out of 5 stars.

Bailey is an eighth grader who loves to read whenever she's not dancing or with her friends.



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Yoona's Review



Yoona C.

The Mystery of the Feather

Title: *Pearl the Cloud Fairy*

Author: Daisy Meadows

Once upon a time there were two girls named Rachel and Kirsty. They have a secret that they can turn into fairies to help fairies all the time!



The queen of the fairies gave fairy dust to them. One day all the people had clouds over their heads. The girls felt weird. Why would everyone be sad, grumpy, or angry? At home they met a fairy of clouds. The fairy's name was Pearl. She said that a goblin took a feather away from the fairies. The seven feathers control the weathers. The girls went to the candy factory and saw the goblin eating cotton candy. He also had the feather! Pearl asked Rachel and Kirsty to get the feather. Can these two girls complete their mission? I like this book because it gives adventurous stories in detail. I recommend this book to people who like fantasy.

Yoona is a 2nd grader. She likes playing soccer and the piano. She likes to create stories as well.

Manhar's Book Review



Manhar M.

Doing Homework

Homework Hassles (Ready, Freddy!—Series 3) by Abby Klein

I was recently introduced to the book series of "Ready, Freddy!" and this is my favorite book so far. This book focuses on what happens when



you don't do your home assignments in a timely fashion. Freddy Thresher, a first grader, goes through a big problem when his teacher wants the class to do reports on nocturnal animals. He couldn't find an animal until the last moment. He went overboard with his research and got himself into trouble. The book includes exciting twists and turns in the story. The conversation of Freddy and his friends reminds me of my own conversations in the class. I couldn't stop reading the book to find out if Freddy completed his assignment on the due date. I also learned the value of friends and family through this book.

Manhar M. is in First Grade. Manhar likes science, math, coding, traveling, hiking, reading about world news and spending time in building robots from Legos.

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Long Beach Parks, Recreation & Marine

2760 Studebaker Rd., Long Beach, CA 90815 • www.lbparks.org

“Rec” it this Summer with Our Day Camps!

Registration for Summer Day Camps offered by Long Beach Parks, Recreation and Marine (PRM) starts April 11. PRM offers a variety of camp experiences so that the interests of every child are met and working parents can have a solution for their child care needs over the summer.



Our camp staff are once again excited to offer a variety of camp activities in different settings that allow kids to “Rec” it (and out) all summer long. Whether your child wants to hang at the beach, perform or simply play with friends, PRM “Recs” it all. Residents can register beginning at 8 a.m. on April 11 using a variety of methods: online at lbparks.org, by calling 562.570.3111 or by visiting the Registration Reservations Office (2760 Studebaker Rd.) between 8 a.m. and 5 p.m. on weekdays.



Park Day Camps

Park Day Camps include sports, group games, arts and crafts and much more. Weekly field trips and special activities may be offered at an additional cost. The camps operate between 9 a.m. and 4 p.m. Monday through Friday from June 15 through August 28. Extended care is available from 7 a.m. to 6 p.m. for an additional \$35 per week for both morning and afternoon extended hours. Park Day Camps are offered at the following locations:

El Dorado Park West Camp, ages 5 to 12

\$115 per week; \$150 for 7 a.m. to 6 p.m. schedule

Pan American Hi-Five Sports Camp, ages 5 to 12

\$115 per week; \$150 for 7 a.m. to 6 p.m. schedule

Silverado Park Camp, ages 5 to 12

\$115 per week; \$150 for 7 a.m. to 6 p.m. schedule

Stearns Champions Creative Arts Camp, ages 5 to 12

\$120 per week; \$155 for 7 a.m. to 6 p.m. schedule

Veterans Park Camp, ages 5 to 12

\$115 per week; \$150 for 7 a.m. to 6 p.m. schedule

Wardlow Park Pee Wee Camp, ages 5 to 8

\$115 per week; \$150 for 7 a.m. to 6 p.m. schedule

Whaley Park Music and Arts Camp, ages 5 to 12

\$120 per week. Online registration is strongly recommended for this camp.

Aquatics Day Camps

Aquatics Day Camps strengthen water safety skills and build camaraderie through games, pool and ocean activities, and more. The camps operate between 9 a.m. and 4 p.m. Monday through Friday from June 15 through August 28, except where noted. Extended care is available at Belmont Junior Beach Camp and Bayshore Beach Camp from 7 a.m. to 9 a.m. and 4 p.m. to 6 p.m. for an additional \$26 per week per session. Aquatics Camps are segmented by age, and each camp is unique. Call 562.570.1888 with any questions about Aquatics Camps.

Belmont Junior Beach Camp, ages 5 to 7

\$165 per week

Bayshore Beach Camp, ages 8 to 12

\$165 per week

Bay Club Teen Camp, ages 13 to 15

June 15 through August 14, \$123 per week

Counselor-in-Training Camp, ages 13 to 17

June 14 through July 17, \$320 for the 4-week session

Day camps will not be offered on July 4. Residents can call 562.570.3111 for more details about camps, including financial aid information. For more information about the many programs offered by Long Beach Parks, Recreation and Marine throughout the year, visit lbparks.org.

For more information about the Long Beach Parks, Recreation and Marine programs and services, visit <http://www.longbeach.gov/park>. Follow us on social to keep up with the latest news on Facebook, Twitter, Instagram and YouTube.

The Yo-Yo

Some believe the yo-yo originated in China. However, the first mention of the yo-yo is in Greece around 500 B.C. It is also found in pictographs in Egyptian-temple wall art. Philippine hunters used a rock with a 20-foot string to hit their prey in trees in the 16th century. Wherever the yo-yo originated, it has become a global fascination.

The yo-yo is said to be the second-oldest toy in the world, next to the doll. It is a toy that has a calming effect on the user. The French court played with the yo-yo (*joujou de Normandie*). Marquis de Lafayette toyed with the yo-yo. Napoleon and his troops played with it before the battle of Waterloo as well, as it was a favorite of the Duke of Wellington. There is a National Yo-Yo Museum in Chico, and wooden parts can be found online.

This country saw its first patent in 1866 by an Ohio company, but the toy remained obscure until 1916 in an article in *Scientific American* titled "Filipino Toys." When Pedro Flores, an immigrant from the Philippines working at a hotel in Santa Monica as a bellhop, played with his yo-yo during his lunch break, a crowd would gather around and watch. He started making yo-yos and had two factories by 1929.

A businessman named Donald F. Duncan on a trip from Ohio to California saw the yo-yo and bought Pedro's company in 1929. Then in 1932, Duncan was given the trade name yo-yo, forcing competitors to use other names for the toy. It was Duncan who introduced the slip-string that allowed the yo-yo to "sleep." He set out on an advertising campaign with the Hearst newspaper company that increased paper circulation and sales of yo-yos.

Then in the 1960, with television and mass advertising, the yo-yo had a resurgence in sales and interest. However, the Duncan family lost a trademark case in 1965 and sold the company. Yet between 1960 and the 1990s, the yo-yo saw many innovations with the new technology that saw another resurgence in the 1990s. On April 12, 1985, the yo-yo went to space on the Discovery Shuttle. The toy needs gravity to work—you can guess the result!

Today, the yo-yo is providing more than entertainment for young enthusiasts. It is also a way for our troops to relax and take their mind off the stress of the job they have been sent to do. In 2008, Senator John McCain asked for people to send yo-yos and stress balls to the troops. There are several organizations that send yo-yos to the troops. As we get older and can no longer do what we used to do, there is still something that we can do that will make a difference.

Note Taking

When I went through paramedic training I took pages of notes on yellow legal tablets and tape-recorded every lecture. The guy that sat in front of me took a one-letter size page of notes for each lecture. I passed tests with 94% and he passed with 99%. I looked at my note taking and saw that with my notes I was reviewing the whole lecture and not focusing on the central points. I decided it was not necessary to write notes in complete sentences. Notes should be key words that trigger memory for a quick review.

Later, when I continued my education at a university, everyone took notes as they read with a highlighter. Some of their highlighted pages had turned into a pages of pink, yellow or green color. That caused them to reread the complete pages once more taking valuable time. Rereading is good if one wants to have a better understanding of the subject; however, rereading is not good for review.

When I became a secondary teacher, I noticed my students would take notes in complete sentences with every "the," "and" and "a" in their notes. They also followed the same highlighting practice of coloring in whole

paragraphs and pages. This not to say that all students made these mistakes and that they had not been told how to take notes. The fact was they had been told many different methods to take notes and given samples of note taking. The problem was the form became the grading standard instead of the understanding of material. For example, I told the students to highlight key words and that there should be no more than ten words highlighted per page. Being bright students, they randomly highlighted words to demonstrate that they had taken their notes. They miscalculated in that I did not look at the page and count the words highlighted. Instead I asked what the words triggered in their memory. Note taking should be for the recall of important points and to internalize information.

So here are my three suggestions for note taking. First, when listening or reading, write only key words related to the topic that will cause you to recall and connect to the topic. Second, review and rewrite notes at a later time and fill-in blank spots. If you cannot fill-in the blanks, write down your questions and reread that section or ask the teacher. Finally, talk to someone about what you have learned. This allows you to internalize the information and develop a better understand.

D.H.Coop is a retired fire/paramedic and retired teacher having taught IB and AP World History 30 years. He continues to substitute, tutor and consult. For info, contact kay@schoolnewsrollcall.com

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