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Covering the Brea Olinda Unified School District



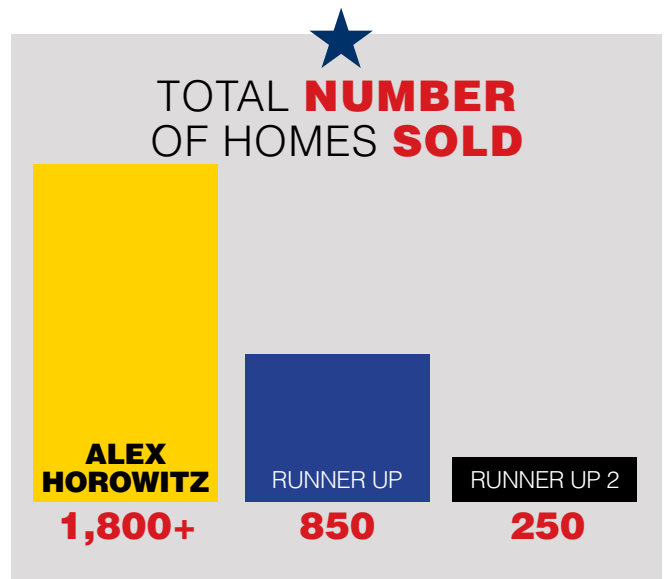
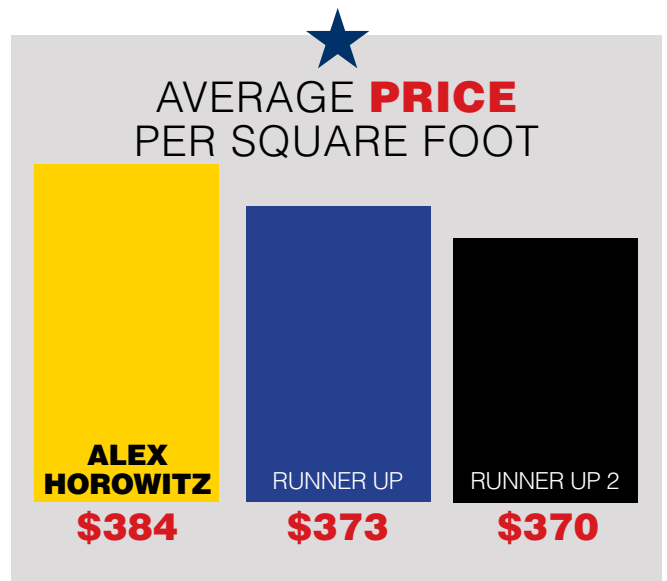
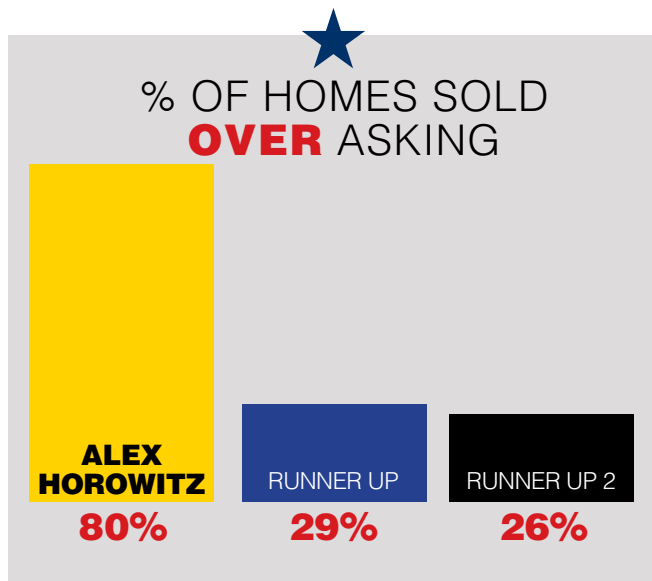
Volume 6, Issue 21

March / April 2020

Congratulations to the 2020 National Champion Brea Olinda High School Cheer Team



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Alex Horowitz

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Community Matters



Dr. Brad Mason
Superintendent

In Brea, community matters. Everyone works together with the common goal to provide a robust 21st-century education to all of our students. Often when we meet parents we are happy to learn that our students are part of families whose parents, and sometimes grandparents, were also part of the BOUSD family and attended our schools.

Our parents are Brea teachers, police officers, firemen and women, nurses, doctors, engineers, local entrepreneurs and business owners. These same parents and grandparents find time to volunteer, organize events, and plan fundraisers to benefit our schools. Our schools thrive because our parents and community members work together collaboratively and comprehensively to positively impact students. Partners like our PTAs, PTO's, and the Brea Education Foundation help support our goals of preparing students for college, career, and citizenship by offering additional opportunities, supports, and enrichment. The investment of volunteer hours by our volunteers, in itself, is an invaluable resource.

Our PTA and PTO units organize a variety of festivals and events at their schools, which builds a stronger school community.

The Brea Education Foundation has been a wonderful District partner. The Foundation has provided grants to fund STEM (science, technology, engineering, and math) projects and this year, thanks to the generous donations they received as part of their annual fundraising campaign, will be bringing hands-on assemblies through Discovery Cube Orange County to all students grades TK through eight. They will also be providing funding to help aid in the growth of STEM pathways at Brea Olinda High School and Brea Canyon High School.

Additionally, BOUSD is lucky to have a proactive partnership with the Brea Chamber of Commerce as well as with the Brea Police and Fire Departments to ensure our students, faculty, and staff are always safe and secure while on our campuses. We are truly thankful to our parents and community organizations for consistently adding value to the educational experiences of our students.





Kay Coop
Founder/Publisher



Netragrednik

We are celebrating 20 years publishing *School News* with six of those years publishing the BOUSD *School News*. Thank you for continuing to include the BOUSD School News among your reading choices. Thank you for your positive comments when you email the Word Search Contest entries.

Working together always brings better results whether it is family members, employees or an athletic team. Dr. Mason begins this issue highlighting the importance of the community, parents and district working together for the success of students — the results are measurable.

Our next issue is May 13, 2020.



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Covering the

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Is It a Cold or Allergies?



Inderpal Randhawa, M.D.
*medical director,
 pediatric asthma
 and allergy
 MemorialCare
 Miller Children's &
 Women's Hospital
 Long Beach*

Your child's nose won't stop running and they're constantly sneezing. You may blame the common cold, but it could be a telltale sign of allergies, especially as seasons change. While colds and allergies share common symptoms, there are certain differences that may help you distinguish what your child is experiencing.

Allergies

Allergies occur when your child's immune system reacts to a foreign substance (allergen)—such as pollen or pet dander. Symptoms include:

- Shortness of breath • Wheezing,
- Itchy, watery eyes • Sneezing
- Runny or congested nose
- Swollen sinuses

The severity of allergies varies in children and can range from minor irritation to anaphylaxis — a potentially life-threatening allergic reaction to an allergen.

Common Cold

The common cold is caused by a virus, which spreads through the air and close personal contact. Cold symptoms include:

- Sore throat • Runny nose • Coughing • Sneezing
- Headaches • Body aches • Fever

Telling the Difference

The difference is in a few key distinctions. Colds are more likely to cause sore throats, fever, headaches and body aches, while itchy, watery eyes are a classic sign of allergies.

Most people recover from a cold within 7-10 days whereas allergy symptoms continue with exposure to the allergen. Allergy symptoms also respond better to over-the-counter antihistamines.

The Children's Pulmonary Institute at MemorialCare Miller Children's & Women's Hospital Long Beach uses several types of allergy tests to identify allergens that may be causing your child's symptoms. It can then be decided what type of medications or treatments are needed. By identifying these allergens, changes can be made in your home to potentially improve your child's health.

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Arovista Elementary (K-6)

900 Eadington Dr., Brea, CA 92821 • 714/529-2185 • arovista.bousd.us



Karen VanDine
Principal

Serving Our School

This year our sixth-grade students have been building their school connection through an on-campus volunteering program. In this new program, the

expectation is for each of our students to serve the school community five hours by the end of the year. Some students are enjoying it so much that they have already tripled their hours!

The students have set up their own volunteer efforts through email, or by setting up a meeting with our teachers and/or staff members to find a good time to help. The students are assisting our teachers by reading with fellow students, tutoring, helping with classroom projects, and beautifying the school. This has made a significant impact not only on the sixth-graders, but also



on the students that they come in contact with. They are proudly sharing their time and talents with them during our recesses.

Leadership and decision-making are some of the skills practiced in community service, along with increasing self-esteem and networking. Way to go, sixth-graders!

Brea Junior High School (7-8)

400 N. Brea Blvd., Brea, CA 92821 • 714/990-7500 • bjhs.bousd.us



Kelly Kennedy
Principal

PALs Supporting their Peers

Brea Junior High School is proud to have a strong Peer Assistance Leadership (P.A.L.) Club that reinforces the positive school climate on our campus. This school-based, peer-to-peer program provides the opportunity for students to gain leadership skills by

helping other students in providing conflict resolution services for the entire student body.

Our 21 PAL students have been trained to work through conflict by following a peer mediation script in a safe and confidential environment. This script allows for two PAL peer mediators to aid two conflicting students in discussing their points of view of the specified problem. They identify their feelings, explore solutions, and agree upon a resolution.

Knowledge of conflict management skills will not only reinforce the "P.R.I.D.E." on our BJH campus, it will also provide our students with helpful strategies to go way beyond their secondary school years, thus allowing for college, career, and life readiness.



Brea Canyon *High School (9-12)*

689 N. Wildcat Way, Brea, CA 92821 • 714/990-7882 • bchs-bousd-ca.schoolloop.com



Kristin Risberg
Principal

Project Kinship

Brea Canyon is continually finding alternative ways to provide students with support and experiences. One of the ways that we do this is through mutual support groups.

These groups are “composed of members who share a common situation, heritage, or experience. They emphasize self-reliance and generally offer a fellowship network” (Lieberman, 1986, p. 745).

At present, we have two groups, one of those being run by our restorative practitioner, Ignacio Rios. He comes to us by way of our partnership with Project Kinship and the Brea Education Foundation. Ignacio works with a group of young men during lunch, and the benefits for our students and school are bountiful. The students discuss concerns, develop mutual understandings, build trust, encourage sharing, and feel like they belong.

Groups increase problem-solving, conflict management, and self-empowerment. We will be continuing this practice and finding new ways to support our students.



Brea Country Hills *Elementary (K-6)*

150 N. Associated Rd., Brea, CA 92821 • 714/990-3221 • countryhills.bousd.us



Lana Merha
Principal

Imagination Takes You Everywhere

Albert Einstein is quoted as having said, “Logic will get you from A to B. Imagination will take you everywhere.” At Country Hills, we firmly believe that students deserve creative outlets to foster imagination.

This year, students in the fifth and sixth grades have been given a unique opportunity to exercise this creativity through electives. Each of the teachers eagerly chose a craft they wanted to share with students during a four-week period, including ukulele, calligraphy, drama, pottery and photography. In the short four-week period, students are given introductory-level instruction on each of these arts and then given time to practice and create. At the end of the

rotation cycles, each student will have created multiple items to feature at an Open House Gallery.

We are so proud to offer this creative outlet to our students and even more proud of the hidden artistic abilities that have surfaced.



Brea Olinda High School (9-12)

789 N. Wildcat Way, Brea, CA 92821 • 714/990-7850 • bohs.bousd.us



Dr. Ixchel Sanchez
Principal

Celebrating School Counselors

We celebrated National School Counseling Week, which highlights the unique contributions of school counselors and the tremendous impact they can have in helping students achieve college and career readiness. Brea Olinda High School acknowledged our counseling staff this week with several celebrations and a luncheon. Our school counselors are vital members of our education team at BOHS—they help all

students in the areas of academic achievement as well as career and social/emotional development, ensuring that today's students become the productive, well-balanced adults of tomorrow.

Brea Olinda counselors wear a variety of hats to support our students. Our counselors see the results of their hard work paying off in the form of students maturing and moving on to becoming successful and confident citizens. Being a high school counselor is a highly rewarding career, helping students explore the world that lies beyond high school graduation.



We want to give a shout-out to our amazing counselors; Rob Stelmar, Kim Kessel, Megan Jansen, Jennifer Cormier and Elizabeth McDonald. Thank you for everything you do to ensure the success of all our students!

Fanning Academy of Science & Technology

650 N. Apricot Ave., Brea, CA 92821 • 714/529-3908 • fanning.bousd.us



Theresa Stevens
Principal

There for You

Supporting the whole child in their socioemotional, academic and behavior growth through a Multi-Tiered System of Supports (MTTS) approach has been our focus over the last few years. In the past few

years, Positive Behavior Interventions and Supports (PBIS) was integrated to support the behavioral needs of our students through restorative practices.

We are teaching our students about taking care of their socioemotional needs with Zones of Regulation by identifying their emotions by color and using coping strategies to regulate their feelings. Building relationships through activities such as morning meetings allows our teachers to get a pulse for the needs of every student every day. Classroom environments now include calming corners with sensory activities.



As a district, we are learning other aspects of socioemotional needs in terms of equity as our professional development focused on cultural proficiency in our school. The theme that sums up the 2019–20 year is “We’ll be there for you!”

Laurel Elementary *Magnet School of Innovation and Career Exploration*

200 S. Flower Ave., Brea, CA 92821 • 714/529-2520 • laurel.bousd.us



Dr. Mike Trimmell
Principal

A Year of Recognitions

Laurel Elementary Magnet School of Innovation and Career Exploration is in its fourth year as a magnet school. The focus of our magnet is innovation and career pathways for elementary students. After four years of implementation, Laurel Magnet School has received two significant awards validating the amazing work being done by teachers, staff, and the community.

In December, 2019, Laurel was named a California School Boards Association (CSBA) Golden Bell recipient. Golden Bell Awards reflect the depth and breadth of education programs and the governance decisions supporting these programs that address students' changing needs.

In addition, in January, Laurel was named a 2020 California Distinguished School. This top honor for public schools is based on outstanding education programs and practices.

These awards are a manifestation of the hard work and dedication of all students, teachers, staff, and community members.



Mariposa *Elementary (K-6)*

1111 W. Mariposa Dr., Brea, CA 92821 • 714/529-4916 • mariposa.bousd.us



Rick Torres
Principal

Flying High!

Mariposa is flying high with the addition of an after-school drone league. There are 18 students who meet once a week to sharpen their skills at handling their hovering helicopters.

So, what's so special about children driving drones? They are programming them using the text-based coding language Swift developed by a major technology corporation. Students in teams of three began by completing a series of tutorials via an iPad application called Swift Playground.

Now that they have a degree of mastery over the language, they are challenged with a weekly obstacle course. Challenges require the students to collaborate and problem-solve their way to victory. If you think the constant troubleshooting after failed runs would be discouraging, one would never know it! Sometimes, it



seems as if students enjoy the crashes as much as they do successful maneuvers through the courses.

All the while, children are developing an understanding of resilience, determination and good old-fashioned grit.

Olinda Elementary (K-6)

3145 E. Birch St., Brea, CA 92821 • 714/528-7475 • olinda.bousd.us



Dr. Preetom Bhattacharya
Principal

Supporting Our Military

The Olinda Elementary School Eagles participated in the inaugural Military Holiday Card Drive in collaboration with US Congressman Gil Cisneros' office. Our students created nearly 300 cards, which were sent to service members across the globe and

veterans in our community. Sending kind words and giving thanks to our troops and local veterans is an important gesture to help our younger generation appreciate the sacrifices many have made for our nation through their service.

In addition to creating the holiday cards, Olinda invited State Senator Ling Ling Chang to one of

our recent flag assemblies to recognize six service members who are directly tied to the Olinda community as parents, teachers, grandparents, and support staff. Students had the opportunity to thank and cheer these members of our community in addition to learning that there are many ways they can make the world a better place.



Things to Sit On—Word Search Contest

Rules! One word in the list is NOT in the word search.

When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put BOUSD in the subject line.

Entries must be received by April 15, 2020

From the correct entries one name will be drawn to win a \$20 gift card to Barnes & Noble!

SOFA	BENCH
CHAIR	GROUND
CAR SEAT	GRASS
TRACTOR	BLANKET
TRIKE	BLEACHERS
BIKE	SIDEWALK
MOTORCYCLE	STREET
BED	TRUCK
BUNK	VAN
ROCKER	SWING

Congratulations to Tobias Cervantes
Winner of our December Word Search Contest!

R	T	I	W	U	J	L	C	B	R	E	T	R	F
O	I	L	C	T	S	K	L	E	Q	E	F	X	Y
C	J	A	C	R	S	E	K	D	E	G	E	Q	P
K	G	Y	H	A	A	I	S	R	R	E	P	U	O
E	L	C	Y	C	R	O	T	O	M	A	M	H	Y
R	H	U	H	T	G	S	U	B	I	K	E	J	F
C	H	E	Y	O	R	N	E	L	N	L	T	M	M
P	R	V	U	R	D	U	I	A	K	A	F	O	S
S	W	H	Y	D	P	L	C	N	T	W	V	G	C
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