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School News

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Covering the Brea Olinda Unified School District

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MARCH / APRIL 2019

SUPERINTENDENT



Dr. Brad Mason

As part of our annual Local Control Accountability Plan (LCAP) we are asking our families, community members, students and staff to weigh in on critical priorities and funding decisions for our district.

This process is all part of the LCAP or Local Control Accountability Plan. But what is the LCAP?

- The LCAP is a three-year plan that targets State priorities such as state standards, pupil achievement and engagement, parental involvement and, school climate as well as local needs such as improving classroom technology, bolstering college & career readiness programs and enhancing after school resource programs.
- The LCAP contains our district goals and priorities and as part of our outreach to stakeholders like you, we take your feedback and make sure that we are making progress towards our goals as well as analyze our priorities.
- The LCAP outlines how much will be spent on each priority and how our district will measure progress.
- The LCAP specifically looks at ways we can support our English Learners, Foster Youth, and low socioeconomic student populations.

With this system, the State recognizes that all school districts are different and local stakeholders like you should have a voice in deciding how our district invests state dollars to best support our BOUSD students and create effective and productive learning environments. To increase the depth and breadth of stakeholder voice, we engage not only with families, but also with staff and students. BOUSD wants to ensure that this document is not just a report sitting on a shelf, but that it is the guide for what the district does. We are so thankful for our stakeholders and their valuable feedback.

Kindness Matters in BOUSD

By Nichole Pichardo,
Communications Specialist



We are all about spreading kindness in BOUSD! During the week of January 28 BOUSD joined with over 24,000 schools to participate in The Great Kindness Challenge. This was a global campaign that also spanned 113 countries. Faculty, staff and students were given a list of “Challenges” to complete during the week. Some of the 50 challenges from which they could choose included: smile at 25 people, pick up trash on campus, say good morning to 15 people, sit with a new group of kids at lunch, read a book to a younger child, step up for someone in need, and write a thank you to your teachers, administrators, counselors, and support staff.

This all led up to Random Acts of Kindness Week in February. The week was full of compliments and catching our students being kind. Activities during Random Acts of Kindness Week included a Friendship Festival, a fun lunchtime event for all students full of games and a chance to make new friends doing something different, creating fun daily signage to inspire students, making Kindness Chains and Kindness Bookmarks. These spirited activities are reminders about what is most important in life - kindness. Creating a culture of kindness creates an atmosphere of love and friendship. It’s a good feeling to be a part of BOUSD!



Fanning Falcons are showing off their crazy socks during Kindness Week.

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Kay Coop
Founder/Publisher



This is our 5th year publishing *School News* covering the BOUSD. This issue begins with Superintendent Mason's important message on the front page. The articles continue on subjects ranging from robotics to the cheer team. Plan to sit back and enjoy reading.

Our next issue is May 15. In the meantime, have a fun Spring Break!



MemorialCare Miller Children's & Women's Hospital Long Beach

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Kids with Asthma Can Play and Excel in Sports



Jen Jen Chen, M.D.
pediatric pulmonologist,
MemorialCare
Miller Children's &
Women's Hospital
Long Beach

Exercise can be a common trigger for children with asthma. However, if asthma is controlled, student athletes can and should exercise normally. Most kids with asthma can successfully participate in sports with proper guidance.

Sensitive airways in the lungs along with a lot of mucus and spasms cause asthma — where the airways become narrow and restrict the flow of air.

Some children are affected by asthma only during physical activity, which is referred to as exercise-induced bronchoconstriction. This is frequently treated with a hand-held inhaler used only when needed to open the airways by quickly delivering medication, albuterol, to the lungs.

However, other kids have a more persistent condition that manifests outside of exercise, and they use inhalers delivering steroids on a regular, daily schedule.

Kids with asthma can stay healthy and excel in sports, but they need to take their medication, take it consistently and do it the right way. If parents are ever in doubt, they should follow their child's asthma action plan.

Parents often recognize asthma symptoms before their children do. When children are exercising, keep an eye out for these symptoms that may indicate an asthma flare up:

- Coughing
- Wheezing
- Having trouble taking a deep breath
- Tightness in the chest halfway, often described as feeling like someone sitting on the chest

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Brea Junior High School (7-8)

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Kelly Kennedy
Principal

Headed to the State Finals!

Brea Junior High School is achieving success and recognition in the world of middle school "Robotics." Through Mr. Scott Johnson's Project Lead the Way elective course entitled "Automation and Robotics," our students are working together in teams to design, build, and program a robot.

The students each have designated responsibilities, including project manager, mechanical engineer, electrical engineer, and computer engineer. In addition, they acquire knowledge and skills in problem solving, teamwork, collaboration, and innovation.

Once the robots are built, teams of students then compete in various VEX Robotics Competitions throughout Orange County. The BJH Botcats have competed in several competitions this year, winning first place in several Skills Challenges and then earning first place in the SoCal Rio Hondo Middle School League Championship.

Both of our Brea Botcat teams are headed to State Finals during the month of March. We are confident that they will impress the competition.



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Karen VanDine
Principal

Recess Alternative in Our Innovation Lab

A while ago, some of our fifth-grade students were asking if they could spend recess in a classroom to just hang out, read, or play board games.

After some brainstorming to try to make our students' ideas come to fruition, we initiated our "Recess Alternative" in our new Innovation Lab. We opened up the lab during lunch recess for children to engage in different activities. Each grade level has

two sessions that the

students can opt to attend instead of playing on the playground.

Our students choose from several STEM activities in the Innovation Lab. Some favorites are our Keva Planks (also called Contraptions), Magnetic Tiles, or just relaxing with some fancy coloring pages. It is a great opportunity for them to work collaboratively and create something together in a calm and quiet environment. Our students spoke, and we found a way to make their ideas come to life!



Brea Canyon High School (9-12)

689 N. Wildcat Way, Brea, CA 92821 • 714/990-7882 • bchs-bousd-ca.schoolloop.com



Eric Barrientos
Principal

The 'Futures' Looks Bright!

Futures Academy is the newest program addition to the Brea Canyon High School campus. As an extension of Brea Olinda High School and Brea Canyon High School programs, Futures Academy was established to provide students an alternative quality education in a smaller, self-contained program that emphasizes individualized instruction for students experiencing high anxiety or emotional disturbance.

With teacher Gregory Lamp at the helm of this unique program, Futures Academy began the year with the hope of reintegrating students who had left the Brea Olinda Unified School District back onto a comprehensive campus. Halfway through our first year, our hope has blossomed into fruition, as we have now started to mainstream every Futures Academy student into at least one general-education classroom on either the Brea Olinda High School or the Brea Canyon High School main campus.

The future looks bright for our newest extended program at Brea Canyon High School...Futures Academy bright!



Teachers See the Possibilities

During her first year teaching in her own classroom, Rene Engle discovered that reaching high-school learners means setting clear expectations while getting to know students' hearts and strengths. Growth happens together every day, she says—for both student and teacher.



Gladstone High School, 9th Grade English Class, Teacher: Rene Engle '16, Single Subject Teaching Credential '17

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Brea Olinda *High School (9-12)*

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Ixchel Sanchez
Principal

Way to Go Brea O!

Brea Olinda High School sent 30 student athletes to Orlando, Florida to compete in the National High School Cheerleading Championship.

The NHSCC is the

most prestigious cheerleading championship in the country and nationally televised on ESPN to over 100 million homes and 32 countries nationwide each year. Our varsity cheer team proudly represented Brea Olinda High School and placed 3rd in the nation. The cheer team has worked endlessly to accomplish their goals and with the support of their coaching staff led by Mrs. Kelly McCluskey they achieved many accolades and successes. It is with great honor that I share one of many accomplishments our cheer program has earned this year. Please join me in congratulating our BOHS varsity cheer team.



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Trish Walsh
Principal

Announcing: The Think Tank!

We're so excited that Country Hills Elementary School now has a makerspace/STEM lab! We call it The Think Tank—a place to be collaborative, creative and innovative. It's a place for science experiments and monthly STEM challenges.

The building of The Think Tank has been a grassroots effort and continues to evolve as students and staff explore Next Generation Science Standards and other technologies. Thanks to a generous donation from a local service club, we have been able to open this space with everything from robotics to interlocking building blocks to green-screen technology.



We are happy to announce our first-ever family STEM Night on March 14. This will be a night for students and families to experience a variety of activities, hear from some guest speakers, engage with different educational entities, and explore some curiosities related to our world.

The Think Tank is a place for Cougars' minds to expand!

William E. Fanning *Elementary (K-6)*

650 N. Apricot Ave., Brea, CA 92821 • 714/529-3908 • fanning.bousd.us



Theresa Stevens
Principal

First Epic Build

Fanning's first Code to the Future Epic Build is a success! We kicked off the event with a keynote presentation from our student coding experts. Our student keynote speakers shared how our new technology focus can transform learning through computer science, and the opportunities and skills students will obtain from coding will provide advantage as our students prepare for the future.

The second part of the Epic Build included presentations in each classroom from transitional kindergarten to sixth grade. Each classroom had a keynote speaker who shared the big idea



in their grade levels and showcased their first Scratch Projects. Community members, district personnel, BOUSD staff and Fanning families all came to support our program and see what our students have accomplished.

We are excited for our next Epic Build in March, which will focus on robotics using interlocking building blocks in all levels!



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Dr. Mike Trimmell
Principal

Royal Treatment from PTA!

Laurel Magnet School has an amazing PTA! The PTA Board and members work diligently to make sure that students have supplies, enrichment activities and of course, fun!

Most recently, the PTA supported Laurel with a limo trip to a local park. Students enjoyed riding in a limo, eating a great lunch, and playing at the park. It is the effort of dedicated parents, teachers and staff members that make Laurel such an amazing place! We know that reading, writing and math are key to educating our students, but we also know that student connectedness is just as important. Students that feel connected to their school are more likely to perform better on standardized tests and make adequate progress toward meeting grade-level standards.

It is important to create a fun learning environment where students feel connected and free. At Laurel, we work hard and we play hard because we know the importance of educating the whole child!



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Mariposa *Elementary (K-6)*

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We 'Remixed' Our Fund-Raising

Mariposa participated in the Apex Leadership program for our spring fund-raiser with a pep-rally-style kickoff assembly in February and introduced students to the Apex athletes.

Daryn Coburn
Principal

Remix is a fun event that builds up for about two weeks. The program combines leadership, fitness and a final dance event hosted and run by the Apex team. Students collect online pledges to help raise funds for classroom supplies, including technology tools.

This year's theme is **STRONG**—Selfless, Trustworthy, Refuel, Overcome, Next level and Grateful. Two students are battling cancer and doing amazingly. We dedicated our school theme, "Monarchs **RULE** with kindness and strength," to them. Our annual PTA Jog-a-thon, Mariposa Strong, took place in their honor. We have become a better community because of these students' strength. Our Monarchs learned what it meant to be strong as a team through the Apex squad.

Students will remember all the fun they experienced during their two weeks with the athletes as well as the Glow-in-the-Dark Dance/fit-a-thon. It was a new, awesome way to Remix our fund-raising. Thanks, Apex, and go Monarchs!



Olinda *Elementary (K-6)*

3145 E. Birch St., Brea, CA 92821 • 714/528-7475 • olinda.bousd.us



Striving to Be the Best

Olinda School had a very exciting first semester. School-wide activities during our first semester included school spirit days, student and staff dress-up days, and classroom reward activities.

Our most exciting news is that we are now able to enjoy our completed multipurpose room. This building is able to accommodate our entire student body for one assembly. In fact, it was recently used for our January school-wide Flag Assembly!

At these monthly assemblies, students are recognized for

academic achievement, outstanding citizenship, and for making positive contributions to our school. The school's Honor Chorus also performs at each event.

Our PTO helps our school to thrive on a daily basis. We are also starting this year's "Read Around" fundraiser. Proceeds from this event will help to fund school field trips, equipment for our technology program, and school-wide assemblies. As you can see, it takes many hands to make our school the wonderful place that we strive to be every day for every child!



Human Trafficking



Dr. Al Mijares
Superintendent

In a perfect world, all students would walk into our classrooms free of distress and distraction, ready to absorb the knowledge and skills they'll need to succeed in college and career, and beyond.

But today's educators must be responsive to extraordinary circumstances that can inhibit teaching and learning, such as poverty, violence and homelessness. Despite these major issues, we must also be aware of the malignancy caused by human trafficking here in Orange County. According to a 2016 report, women and children account for 90 percent of the victims.

That brings us to some of the bigger myths about human trafficking: We tend to think it happens mainly to adults, and in communities other than our own.

The real picture is vastly more complicated and difficult to combat, because human traffickers use deception, manipulation, intimidation and threats to prey on and exploit those who are vulnerable. Victims are often coerced into prostitution, illicit drugs and other forms of trafficking. According to the organization Polaris, this has grown to become a multi-billion dollar criminal industry, one that quietly strips nearly 25 million people of their freedom.

I'll be the first to acknowledge this is a subject that is difficult to discuss, but it is a scourge in our city, county, state and country, and it affects the lives of children and young adults. Believe it or not, the victimization begins early in life and it is imperative that we strengthen our schools and public institutions to recognize how to combat this problem.

To that end, the Orange County Department of Education teamed up with our partners at Vanguard University to participate in the "Ensure Justice 2019" conference. This two-day event was designed to equip teachers, parents, law enforcement personnel, students and community members with strategies to identify and protect those who are most at risk.

Prevention starts with shedding light on perpetrators and recognizing tell-tale signs in our communities. This may include evidence of malnourishment or abuse, withdrawal, drug abuse, and chronic absenteeism.

In Orange County, I believe we are well-positioned to prevent trafficking and the exploitation of children. In addition to working closely with the Orange County Sheriff's Department and other local law enforcement agencies, our educators are committed to addressing the social-emotional needs of all students through initiatives such as the Multi-Tiered System of Support (MTSS) framework. In fact, OCDE is leading the statewide implementation of MTSS, which provides core supports for all students, additional assistance for some and targeted interventions for those with the greatest needs.

It's not hard to make the case that our county's ability to thwart human trafficking aligns with OCDE's vision that "Orange County students will lead the nation in college and career readiness and success." It's our job to educate the whole child, which means getting to know each student, understanding their unique circumstances and doing our best to remove barriers to learning, no matter how large.

To report a potential human trafficking case, call the National Human Trafficking Hotline at 1-888-373-7888 or send a text message to 233733.

Media Tips for Parents



By Caroline Knorr

Choose the good stuff (and not too much!). When your kids ask to see, play, or download something, don't just take their word for it -- check up on it. A lot of the age recommendations on media products are the creators' best guess and aren't necessarily a match for your child's age and developmental stage. Read product reviews from independent sources (like Common Sense Media). Say no if you're not comfortable with it. And when you approve something, help your kids enjoy it along with their other activities.

Don't use screens right before bed, and keep them out of the bedroom overnight. Kids really need their sleep. Screens in the bedroom -- especially in the hour before bedtime -- interfere with the entire process of winding down, preparing for rest, and waking up refreshed and ready to tackle the day. If you're unable to make the bedroom a screen-free zone (which is optimal but not always possible), keep TVs off for at least an hour before bedtime and set tablets or phones to night mode, turn off any notifications, and/or consider using Guided Access or another device setting to keep phones/tablets locked on a music or an alarm clock app.

Turn off the TV if no one is watching it. A lot of parents of young kids keep the TV on for company. But so-called background TV has been shown to get in the way of parents talking and interacting with their kids -- which are key to helping kids learn language and communication. Background TV can also expose kids to age-inappropriate content. Seek out other forms of entertainment that you can listen to with your kid, such as music, kids' podcasts, and audiobooks.

Make time for enjoying media with your kids, especially reading. Reading to your kid is one of the best things you can do -- period. It's great for bonding, but it also sets the stage for learning. While it's nice to have a little library of books at home, you can read whatever is available and it'll be good for them. Product labels, signs, packaging copy -- anything with words is fine. If you're raising your kid in a place where you don't completely know the language, feel free to read books or articles to them in your native tongue. Or just make up stories -- it's the rhythm, sounds, and communication that are important for kids to hear.

Practice what you preach. Remember, your kids are watching you. When your kids are little, create a family media plan to help you balance media and tech (theirs and yours) with all of the other things that are important to you. This isn't just for them; it's for you, too. Schedule in downtime, chores, homework, outdoor fun, reading, meals, etc. And then figure out how much extra is available for TV shows, games, apps and other media activities. Don't worry about counting up daily screen time minutes -- just aim for a balance throughout the week. Try to carve out times and locations that are "screen-free zones." Hold yourself to them. Kids learn more from what we do than what we say, so make sure you're role-modeling the right habits.

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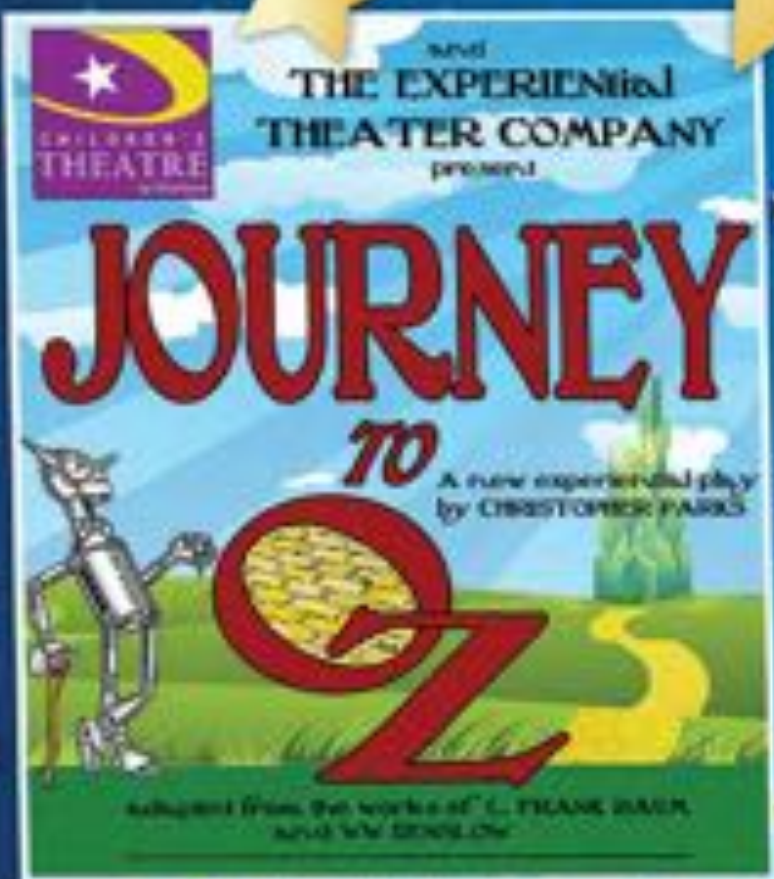
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