

FREE

School News



Education + Communication = A Better Nation

Covering the Norwalk-La Mirada Unified School District

VOLUME 2, ISSUE 8

www.schoolnewsrollcall.com

FEBRUARY / MARCH 2012

Happy New Year! ¡Feliz Año Nuevo! Rocking the CSBA State Convention

It is amazing how time flies when everyone is working diligently to provide our students with a quality education.

With this new semester/trimester comes the need to communicate about many upcoming calendar events, testing, educational tips, educational resources and links regarding NLMUSD district services—such as opportunities for tutoring and support for students.

We are always looking for ways to provide NLMUSD families with as much information as possible that will help our efforts to educate students. Therefore, in our continuing effort to increase communication in NLMUSD, we will use "Twitter" and "tweet" periodic updates about calendar events, information, or

SEE SUPERINTENDENT • PAGE 14



Dr. Ruth Pérez
Superintendent

Es increíble cómo pasa el tiempo cuando todos trabajan diligentemente para proporcionar a nuestros estudiantes una educación de calidad.

Con este nuevo semestre/trimestre llega la necesidad de comunicar sobre muchos eventos próximos en el calendario, exámenes, consejos educativos, recursos educativos y links relativos a servicios del distrito NLMUSD, tales como oportunidades de tutoría y apoyo para los estudiantes.

Siempre estamos buscando maneras de proporcionar a las familias de NLMUSD con tanta información como sea posible, la cual ayudará nuestros esfuerzos para educar a los estudiantes. Por lo tanto, en nuestro esfuerzo continuo para aumentar la comunicación en NLMUSD, utilizaremos "Twitter" y

SEE SUPERINTENDENT • PAGE 14



Norwalk High School Steel Pan Band Rocking the CSBA State Convention.
(Please see story on page 3)

Board of Education



Jesse Urquidi, Ana Valencia, Karen Morrison, Vice President Ed Hengler, Board President Darryl Adams, Margarita Rios, and Chris Pflanzler.

Protecting our Most Valuable Resource—Our Children

The research is clear when it comes to the correlation between safe schools and student learning. I probably don't have to say so, but it is worth repeating: If students do not feel safe, they do not come to school, if students do not come to school, they do not learn. It's that simple.

Some of the most current and identified problems in schools everywhere today are:

- Bullying/threat/intimidation;
- Drug dealing or use on school grounds including alcohol use and related problems;
- Problems experienced by students on the way to and from school;

SEE BOARD OF EDUCATION PAGE 11



Margarita Rios
Member

Protegiendo Nuestro Más Valuable Recurso – Nuestros Hijos

La investigación es clara cuando se trata de la correlación entre seguridad en las escuelas y el aprendizaje de los estudiantes. Probablemente no tengo que decirlo, pero vale la pena

repetirlo: si los estudiantes no se sienten seguros, no vienen a la escuela, si los alumnos no llegan a la escuela, no aprenden. Es así de simple.

Algunos de los problemas más actuales e identificados hoy en día en las escuelas por todos lados son:

- Intimidación/amenazas/provocación;
- Tráfico de drogas o el uso de drogas dentro del plantel escolar incluyendo el uso de alcohol y problemas relacionados;

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100741



Kay Coop

Founder / Publisher



I hope your year is off to a great start.

As Dr. Pérez writes in her message on page 1, communication is key. Several of the school messages in this issue are on the subject of technology. *School News* has moved into the Social Media or we are attempting to do so with Facebook and Twitter. I decided it was best to get with the program. (My VCR continues to blink 12:00... did I hear you say what is a VCR?)

Be sure to enter our Contest on page 13.

Have a wonderful Spring Break and our next issue is April 18.

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Covering the
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Optometry



*"Judge each day,
not by the harvest,
but by the seeds you plant"*
—author unknown



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Norwalk High School Steel Band

By Karen Calhoun, Teacher on Special Assignment
Visual and Performing Arts

On December 2, 2011 the Norwalk High School Steel Pan Band gave a rousing performance that opened the 2nd General Session of the California School Boards Association State Convention in San Diego. The NHS Steel Pan Band (one of two chosen to perform from the entire State) was selected to be the featured performers as part of a "Celebration of the Arts" for the CSBA State Convention. The group showed just how versatile Steel Pans can be, performing traditional music from Africa and the Caribbean, as well as an arrangement of Coldplay's "Viva la Vida" that literally brought the 3000 plus attendees to their feet with a standing ovation. The CSBA Convention is attended by School Board Members, Superintendents, and District Personnel from all over California. "We were extremely honored to be selected to perform for CSBA" said Karen Calhoun, Director of the NHS Steel Pan Band. "I got so many great compliments about the group that day."

The Norwalk High School Steel Pan Band has been in existence since the fall of 2003. The class was designed to include a multi-cultural music group within the high school curriculum. The group plays and performs music from Africa, the Caribbean Islands and South America, as well as music from popular culture. The Norwalk High Steel Pan Band has performed at many community and state functions, and has been featured twice on the cover of *The California Music Educators Association Magazine*.

Other note-worthy NHS Steel Pan Band performances include:

- California State PTSA Convention- Long Beach
- Association of California School Administrators Awards-Long Beach
- 2005 California Music Educators Association Conference-Pasadena
- 2007 California Music Educators Association Conference-Ontario
- 2010 California Music Educators Association Conference-acramento
- City of Norwalk Interstate 5 Freeway Expansion Celebration
- 2004-2011 Community Arts Showcase @ Disneyland



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Benton *MS Visual & Performing Arts Magnet*

15709 E. Olive Branch Dr., La Mirada, CA 90638 • 562/943-1553



Michelle Green
Principal

Performance Ready!

Winter is busy at Benton! We celebrated by hosting three holiday concerts with performances from all of our music groups. Over 330 students participated in the sold-out concerts, which received rave reviews throughout the community!

Just before the winter break, Benton students were treated to a special performance by Romeo's new group, RESQ3(Rescue 3). The recent *Dancing with the Stars* contestant was on hand to sign autographs and encourage students to live up to their greatest potential. His father, artist Master P., was popular among parents as he cheered on his son and listened as several Benton students sang and performed.



Romeo and RESQ3 perform at Benton Middle School.

Benton won the Middle School Tournament, while our football team went undefeated! January marks the start of the Guitar Club, basketball and soccer tryouts, and our annual Chess Tournament. Students are gearing up for auditions for our spring musical. There is never a dull moment on the Benton campus!

Chavez *Elementary School*

12110 E. Walnut St., Norwalk, CA 90650 • 562/868-3565



Robert Rayburn
Principal

It's An eWorld!

Chavez students have now officially entered the post-PC era! Fluency with emerging technology is required for success in school and life. At Chavez, we have placed a tablet computer and cloud computing into the hands of every student in our grade six Magnet Program. Students are using tablet apps and Google Apps for Education combined with schoolwide wireless Internet access to create and collaborate on projects, do expansive research and engage themselves.



Chavez sixth graders take learning to new level with iPad.

Students will be using eTextbooks and will be able to electronically turn in their homework! The increase in their reach across the world is wonderful and breathtaking. With the guidance of our great teachers, our students now have unlimited potential to thrive sitting in the palms of their hands!

Corvallis *MS Arts & Technology Magnet*

11032 Leffingwell Road, Norwalk, CA 90650 • 562/868-2678



Bob Easton
Principal

Tech-Advanced Learning

There is a well-known ancient Chinese proverb that says, "Tell me, and I will forget. Show me, and I may remember. Involve me, and I will understand." Students at Corvallis Middle School of Arts and Technology Magnet are getting involved in their learning. By using technology such as tablet computers, laptop computers, SMART responders, instant video cameras; hands-on labs and experiments; and creative activities, students understand by learning in new and innovative ways.

While learning about physical and chemical changes, students in the eighth-grade science classes made ice cream in order to understand how particles respond to changes in temperature. Students described the exothermic and endothermic changes that take place by mixing simple household ingredients and shaking them, which caused the change. Thomas Jefferson and Alexander Hamilton came alive in history as students used Jibber, an app to take on the role of president of the United States.



Eighth grader Juan enjoys the results of the ice cream lab.



Lorena Sierra
Principal

On Track for Success

Dolland Elementary School students are on track this year and striving to outperform last year's test results. They are establishing personal goals for themselves and setting goals by grade level.

As an incentive, students will celebrate their achievements with grade-level ice-cream parties! This helps build student motivation and focus.

Another way students are building their learning is by participating in our after-school programs. This spring, we are offering Homework Club for students to receive additional help and

support. Classroom teachers are supporting their students by offering tutoring sessions on grade-level standards. Our computer lab is now open mornings and after school, giving students the opportunity to practice the skills and concepts they are learning in their classrooms. We provide bus transportation two days a week to ensure everyone has an opportunity to participate.

These are only some of the great things happening at Dolland!



Dolland classroom in action.

Dulles *Elementary School*

12726 Meadowgreen Road, La Mirada, CA 90638 • 562/943-6734



Susan Shanks
Principal

Music Fills the Halls

Music is a very important component of the education the children at Dulles Elementary School receive weekly. Vocal music is infused in the classroom, where seasonal, patriotic, and educational songs are heard daily. We recently held our winter program, and our children filled our hearts with holiday charm!

We are very fortunate to have Mr. Chuck Koontz as our music teacher. He has played with the Los Angeles Philharmonic Orchestra, Brass Pacifica, and the 2009 Michael Jackson “This is It” orchestra. He has also won several awards among Los Angeles area musicians.

Our instrumental music program spans all age groups. Kindergarteners use rhythm sticks; first-graders make music with small percussion; second-graders chime with chromatic bells; third-graders belt out tunes with Boomwhackers; fourth-graders soothe us with recorders; and fifth-graders creating exotic sounds with xylophones and world percussion drums. It is all music to our ears!



Children making music

Edmondson *Elementary School*

15121 S. Grayland Ave., Norwalk, CA 90650 • 562/864-9501



Jacob Muñiz
Principal

Eagles Surpass

Eagles don't just soar, they surpass! ¡Las aguilas sobresalen! We support every student so that he or she is able to learn at high levels, all of the time.

How do we do this you may ask? With carefully designed support programs like the following:

- Extended Learning (tutoring using technology, after school in the lab)
- Learning Center (homework club in our library)
- Focused Learning Groups at every grade-level (or RTI, as it is more commonly known; i.e. reading intervention)



Literacy Assistant Ms. Sosa working with a small group during FLG

- Organized Play (our Intervention Specialist coaches our kids in several different sports; similar to playworks.org's program)
- Eagle Store (prizes and incentives are earned once a month, for being an Excellent Eagle!)

Our mission at Edmondson Elementary School is to provide motivating academic opportunities for all!

Eastwood *Elementary School*

15730 Pescados Dr., La Mirada, CA 90638 • 714/521-6480



Yvette Cantu
Principal

Educating the Whole Child

Eastwood School is very proud of its holistic curriculum and “value added” experiences by all students. Our goal is to nurture the whole child by offering a wide variety of instructional activities.

- All students participate in Meet the Masters art program
- All K-4th grade students have access to the Drum Room for rhythm and movement with lessons provided by a guest artist
- All 5th grade students participate in African Drums and Dance with guest artists, which ends in a school wide performance
- All students perform during our annual International Day
- All students participate in character building lessons
- All Students participate in SPARK PE lessons

Every grade level attends several field trips and assemblies that bring to life the arts, social studies and science standards. Among the favorites are Pioneer Days, Career Day, and the ocean life touch tank. In addition, 4th graders have an opportunity to join the daylong Sacramento trip and 5th graders may attend overnight science camp.

This year, with the organizational support of our PTA, Eastwood students are able to participate in several afterschool enrichment classes. Good News club, choir, chess club, foreign language class, fitness classes, and music instruction are all well attended.

El Camino *High School*

14625 Keese Dr., Whittier, CA 90604 • 562/944-0033



Darryl Brown
Principal

Our Future Leaders

The Future Business Leaders of America (FBLA) is the largest national student business career organization in the world. FBLA serves as an effective means of bringing students together to deal with career preparation, community improvements and worthwhile relationships with local, state and national groups that are interested in the welfare of youth.

The FBLA National Awards Program recognizes and rewards excellence in a broad range of business and career-related areas. Through state-based competitions our students can compete in events that test their business knowledge and skills. Top state winners are also eligible to compete for honors at the National Leadership Conference each summer.

El Camino teachers Eric Crowell, Cathleen Jolley and Dennis Dennehy spear-headed the effort to bring FBLA to El Camino High School. These teachers believe strongly that teaching the kind of skills which can transfer into the actual workplace is one of the best learning opportunities that we can provide for our students.



El Camino's Future Business Leaders of America.

Escalona *Elementary School*

15135 Escalona Road, La Mirada, CA 90638 • 714/521-0970



Bonita Lytle
Principal

Taking a "Byte" Out of Technology

Escalona Elementary School students are taking a "byte" out of a "bit" of technology! As a recipient of the Model Integrated Technology (MIT) grant, Escalona is fortunate to have four teachers receiving training in the use of iMacs and iPads in the classroom. The teachers, in turn, are teaching students to use these devices to create PowerPoint presentations, iMovies, and Keynote presentations.

Computer-assisted instruction isn't limited to these four MIT classrooms. All Escalona students visit our computer lab, which houses 30 iMacs. Students have access to Study Island, a Web-based instructional program which offers reinforcement of grade-level standards. ThinkFast and iPass are two Web-based math intervention programs provided to our students

in fourth and fifth grades. Additionally, students practice word processing and research skills.

Escalona continues to be committed to moving ahead with 21st-century learning and integrating technology into the academic lives of our students.



Escalona students moving ahead with 21st Century learning.

Gardenhill *Elementary School*

14607 E. Gardenhill Dr., La Mirada, CA 90638 • 562/944-6128



Eileen Burkholder
Principal

Mighty Acts

Celebrating is important at Gardenhill School! Recently, we awarded students for first-trimester efforts in attendance, in character, in improvement and in achievement. District administrators also gave out Golden Tickets, which are free passes to the front of the lunch line, to students who got 100 percent on our district benchmark assessments. Other celebrations on campus include students being "caught" having great character during the day and students being chosen to "Read with the Principal" for demonstrating great character traits. You might also see writer's workshop

celebrations and math fact parties. Gardenhill is growing high achievers with awesome character!



Administrators celebrate "Golden Ticket" winners Sage Strohm and Jacob Lejak.

We not only try to celebrate student success but also staff courage. If you walk our campus, you may find tiny lions that look small, yet they represent "mighty" acts. Teachers and staff are awarded Courage Awards for getting to know students, parents or staff members in meaningful ways. Celebrate today!

Foster Road *Elementary School*

13930 E. Foster Road, La Mirada, CA 90638 • 562/921-9908



Dr. Jean Maddox
Principal

We Got the Beat—and the Brains!

Happy New Year! It is 2012, which is unbelievable—how time flies when you are having so much fun learning! Our students are back to school and setting their new learning goals. We emphasize goal setting for all our students, kindergarten through fifth grade. Each student takes an active part in his or her education. Their brains are growing every day with each new activity they are experiencing in the classroom.

Here at Foster Road, we review brain research with our best practices. With the understanding of how the brain learns, our teachers can design instruction to meet the needs of their students. With new technologies, scientists are identifying how groups of brain cells work together to process information. This information is very helpful for our teachers so that they can plan the best learning environment that is responsive to the needs of their students.

We have lots of fun with our visual and performing arts program. Our fourth- and fifth-grade choir students enjoy singing and have been practicing their songs each week. Now back from vacation, students will be practicing twice a week after school. They are preparing for their star performance. The students will be performing at Biola University on March 22, 2012. They are anxious and excited to be performing at Biola.

Drumming circle classes are bringing our students together to share some great sounds and beats. The drumming classes will be performing later this year, so listen for their beat.

Glazier *Elementary School*

10932 E. Excelsior Dr., Norwalk, CA 90650 • 562/863-8796



Kristine Cvar
Principal

Musicians On the Rise

The Glazier "Strings" program has expanded to include the addition of two more classes: intermediate strings and the ukulele.

Our strings program is split into two classes: beginning and intermediate. Our students are improving rapidly in the beginning strings class, too. They are learning their open string names while also coordinating finger placement and arm and hand movements.

In the intermediate class, the students are progressing greatly in the fluid motion and coordination of the instrument. They are also learning about theory and ear training.

Both classes are utilizing music books that help improve their knowledge and understanding in reading musical notation. This has ultimately transformed them into talented musicians. Go Gladiators!



Students playing the cello



Students playing the violin

Glenn High School

13520 Shoemaker Ave., Norwalk, CA 90650 • 562/868-0431



Dr. Ligia Hallstrom
Principal

The Power and Promise of Theater Education

Director Pat McLoy certainly believes that the theater is not only an entertainment, but also one of the primary ways that his students can learn about such things as life and living, actions and consequences, customs and beliefs, and themselves and others.

His latest production of *Children of a Lesser God* is a prime example of this theory. Since well into the summer Pat and his cast have dedicated many hours of effort to help bring this 1986 romantic drama into virtual reality.

Main characters Crystal Marquez, Eric Mejia and Darrin "Joey" Rensman, along with the rest of the cast and crew, are helping to raise awareness through this play. As the cast feels that they are intuitively equipped with the necessary skills and imagination to walk in the shoes of those who are deaf, their mission now is to help allow the audience to experience the power and promise of theater itself.



Sarah (played by Crystal Marquez) insults James (played by Eric Mejia) after he offers to teach her how to speak and lip read.

La Mirada High School

13520 Adelfa Dr., La Mirada, CA 90638 • 562/868-0431



Bill Seals
Principal

We've Got Spirit!

When you think of the word "spirit," many images come to mind. Usually at the high school level, spirit evokes images of pep bands, cheerleaders, drama, and athletics. This is indeed true, but at La Mirada High School (LMHS) spirit means so much more. In our case SPIRIT is the acronym for Expected School-wide Learning Results (ESLRs). When students graduate from La Mirada, they will be filled with SPIRIT: Self-directed learners; Productive members of society; Individual critical thinkers and problem solvers; Responsible learners, earning a grade of C or better; Information processors and communicators; and Technologically competent.

In late March, LMHS will be visited by a committee of educators who will spend three days evaluating our entire school program. Classrooms will be toured, students and teachers will be interviewed, and educational data will be reviewed. Community members and parents will also be part of this process. Once the visit has concluded, the team will write a report of findings and submit it to the Western Association of Schools and Colleges (WASC). This report will consist of commendations, recommendations and critical areas for follow-up.

With the hard work of our students, teachers, staff, and community, I am confident this process will run smoothly and the visit will be a positive one. The community of LMHS thanks everyone for their support, and we wish you the best for 2012.

Go, Matadores! Let's show our SPIRIT!

Hutchinson

13900 Estero Road, La Mirada, CA 90638 • 562/944-3268

*MS Math, Science,
Technology Magnet*



Sara Siemens
Principal

Something for Everyone!

It may be the middle of the school year, but the sense of excitement is still high at Hutchinson Middle School!

Our eighth-grade Magnet students are building and testing robots and preparing for team competitions. Our seventh-grade students in structural engineering are preparing to test their catapults for effectiveness and accuracy.

The sixth-grade students in environmental engineering are also designing and building solar cars. And Magnet students continue to utilize the engineering design principles they've learned to help guide their exploration, design and construction in the project-based learning environment.



Eighth grade students in their Robotics class.

The students in the wind ensemble and advanced band are preparing for upcoming festival performances, too. After an outstanding winter concert we are confident that they will again bring back top honors.

Our athletes are also preparing for the district soccer and basketball tournaments to be held in mid-March. With so much to offer, Hutchinson is the place to be!

Johnston Elementary School

13421 S. Fairford Ave., Norwalk, CA 90650 • 562/864-2508



Veronica Lizardi
Principal

In Gratitude to Our Community Organization

At D.D. Johnston Elementary, we value the support of our community members. We are very fortunate to have the support of a fellow Norwalk service club. At our second annual Father/Daughter Dance, members of the club helped serve an Italian dinner to our very excited fathers and daughters. School board member Jesse Urquidi also showed his support by attending the dance.



Lions Club members Manuel, Martin, Daniel and School Board Member Jesse Urquidi support the Father and Daughter Dance.

We thank the organization and its members! In addition, our Kids Care Club, which consists of fifth-graders, is motivated in working together with the club in serving the community. We continue to build strong Kids of Character so that they can be the best citizens in the world!

La Pluma *Elementary School*

14420 La Pluma Dr., La Mirada, CA 90638 • 562/943-7104



Terry Pace
Principal

Building Brighter Futures

Our arts-enriching opportunities continue to be a part of the La Pluma vision!

Some talented performances were exhibited at our recent holiday program. But this special evening not only highlighted the many grade-level and student talents that we have, it also paid tribute to our school's strong belief in arts education itself.

Our students kept their audience engaged during the show's transitions with poetry reading, holiday trivia and seasonal jokes. We also delighted in musical solos by our Singing Panther Choir, as well as music from the fifth-grade recorder band.

The recorder band demonstrated their talents through the direction of Ms. Cho, and over 80 Singing Panthers, headed by Mrs. Wheatley, capped off the evening with their many musical and vocal talents. The kindergarten through second-grades also entertained us with song and dance.

It was truly "the most wonderful time of the year," thanks to our dedicated teachers, committed volunteers and talented students! Together we are all building brighter futures in which to think, imagine and dream.



Fifth grade Recorder Band, headed by Ms. Cho.

Los Alisos

14800 S.Jersey Ave., Norwalk, CA 90650 • 562/868-0865

*MS Math, Science,
Technology Magnet*



Dr. Gloria Jimenez
Principal

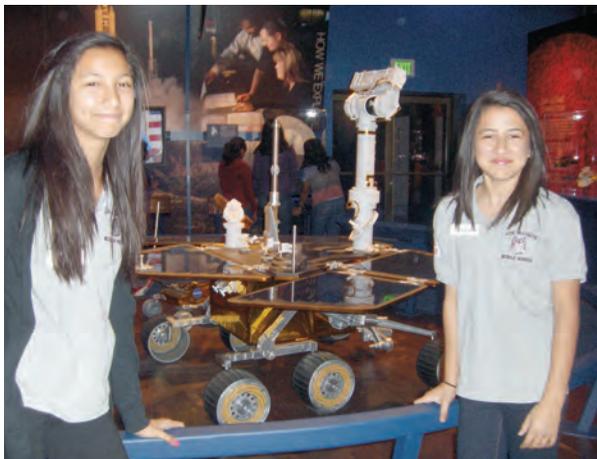
Drawing a Career Map

Los Alisos Middle School is gearing up for its College and Career Week with a special kick-off event on February 27. We call it our Vital Link Expo!

Vital Link is an interactive exposition event where parents and students can explore the fields of robotics, engineering, technology, environmental design and many others. These programs offer our students the opportunity to "try on" a career for a day to see if it is a good fit.

LAMS has also started a Career and College Club (CCC) for the seventh-grade students. Its fundamental program goals include empowering students to take responsibility for planning and engaging in their own college and career-road maps, and to promote a college-success culture among peers. The CCC consists of 10 curriculum sections, a college visit and the completion of a final project.

Our GATE and Magnet students recently visited the Jet Propulsion Laboratory for an interactive experience with NASA's Mars Science Laboratory. This supports the STEM work that is now taking place at LAMS.



**Students at NASA Jet Propulsion Laboratory.
Stacey Trejo and Ziley Zepeda with the Mars Rover.**

Lampton *Elementary School*

14716 Elmcroff Ave., Norwalk, CA 90650 • 562/462-9273



Cindy Rayburn
Principal

Out of the Mouths of Babes....

Lampton students comment on their rigorous reading work: We point to words with our magic fingers. We point to the title, the author's information, the spine and back. You have to use your schema to guess what's going to be in the story. — Luis (Kdg)

Sometimes we have to back up and re-read if it doesn't sound right or doesn't make sense. —Lilyana (1st)

In reading, we have to write down the characters, setting, problem, and solution in a story. We are going to learn author's purpose next. —Tomas (2nd).

When we read fiction, we have to pay attention to the characters' actions and words so we can make inferences. —Diana (3rd).



Get the inside scoop on what Lampton students learn in reading from these experts

We are learning to compare and contrast fictional texts from different countries. We have to read carefully so we can find out what's the same and different.— Madison (4th).

"We make inferences in reading. We use evidence from the article, and our schema. Our schema is our background knowledge. We do metacognitive work in reading, too. We think about our thinking. —Priscilla & Brianna (5th).

These comments speak for themselves! Lampton Rocks in Reading!

Los Coyotes

14640 Mercado Ave., La Mirada, CA 90638 • 714/739-2368

*MS Centurian
Honors Magnet*



Dr. Sylvia Begtrup
Principal

Innovation, Imagination and Creation

Los Coyotes Middle School is hard at work developing the kind of students who have a sense of strong innovation and are also able to imagine and create.

We are in the process of starting a pilot program next year that will include the use of iPads in the classroom. This will allow our parents to actually lease-to-own an Apple iPad for their students to use both in school and at home. The focus for this application will be on student creation, collaboration and project-based learning.

Congresswoman Linda Sanchez, the WWE and our LCMS community will also partner together to be a "STAR." This anti-bullying event will teach our students about tolerance and respect for others through personal

stories from two popular wrestlers: Eve and The Miz.

There will be two special surprise guest stars as well. All of our students will be able to participate in this assembly and hear about how they can resolve conflict in the real world.

To find out more about either of these programs, please visit our Web site at www.loscoyotesms.org.



Students collaborating on iPads.

Moffitt *Elementary School*

13323 S. Goller Ave., Norwalk, CA 90650 • 562/864-3071



Maureen Bixby
Principal

Enriching Lives through Music

Moffitt Elementary School is excited to open new doors and provide enrichment opportunities for our students. We continue to focus on a rigorous academic program for all students and are proud to enrich our academics with a music program which includes both Special Education and general education students.

Providing our students with opportunities to enhance their musical talents and abilities allows them to increase their focus and level of motivation. Our music program includes brass, woodwinds, guitars, xylophones, and world percussion instruments.

Students are excited to attend their music classes and perform for our community of students and parents!

The Moffitt staff is proud of our success. We strive to create a rigorous and enriched program for our students to build a strong academic and creative foundation.



Moffitt students making music.

New River *Elementary School*

13432 S Halcourt Ave., Norwalk, CA 90650 • 562/868-9848



Michelle Centeno
Principal

Exciting Programs

New River began the new year with the addition of many wonderful enrichment programs for our students!

We began an after-school tutoring program for students in the second- through fifth-grades in the areas of ELA, math and science. This tutoring is being offered by staff members, and will help our students strengthen their skills across the various content areas.

In addition, the art studio is now open! Our teachers have been using it to teach art through the Meet the Masters program.

Kindergarten through fifth-grade students will have the opportunity to learn about a number of great art masters, including Vincent Van Gogh, Paul Cézanne, Mary Cassatt and others. They will develop their understanding of art concepts and vocabulary and conclude their studies by creating their own masterpieces in the style of the featured artist.

Our visual and performing arts program continues to expand with after-school dance and musical theater classes. The dance course offers students in the second- through fifth-grades an opportunity to learn about the different types of dance. They will soon be introduced to ballet, jazz, tap and hip-hop! The musical theater class will teach our students about the art of performing live musical pieces in front of an audience.

Our staff is excited about these many new opportunities for children to learn and grow. Come and find out about our new programs, and about how your child can participate!

Morrison *Elementary School*

13510 S. Maidstone Ave., Norwalk, CA 90650 • 562/868-9878



Rudy Gonzalez
Principal

Learning Lifelong Skills

Because of the collective efforts of our Morrison students and staff, a total of 1,703 cans of food were gathered for the Giving Children Hope organization.

The school-wide excitement and desire to meet individual grade-level goals—along with a healthy dose of competition—helped propel our students and staff to more than double the school's original goal of 700 cans! This 12-day canned food drive strengthened our sense of school spirit and reinforced the value of community service.

This year Morrison has contracted with Helpline Youth Counseling to concentrate on improving individual and family communication skills, alternative techniques for resolving problems and goal-setting, and self-esteem enhancement. The Character Counts program is also being implemented school-wide.



Morrison students complete a successful canned food drive

We also have grade-level assemblies and classroom sessions that will focus on trustworthiness, respect, responsibility, fairness, caring and citizenship. Our aim is to provide our students with the skills they need to succeed throughout their lives.

Norwalk *High School*

11356 E. Leffingwell Road, Norwalk, CA 90650 • 562/868-0431



Dina Wilson
Principal

Alumni Day at Norwalk High

Each December, Norwalk High School opens its doors to welcome back college-going alumni. It is always a joy to see our graduates return to school. We are so proud of what amazing young adults they have turned out to be!

More importantly, our alumni are placed on a special panel and asked to present their educational experiences to our current students. They then give advice to the students about how to pursue their own college dreams.

Over 40 alumni were able to attend this year's event. Students from schools such as UC San Diego, UCLA, CSU Long Beach and USC were present to answer questions.

Asked about how they felt Norwalk High had prepared them for college, UCSD student Cesar Mejia told us that, "I feel the block system is convenient to keep a consistency with academic and athletic classes. The AP classes are a huge prep for college courses, and Senior Project is helpful with the writing requirements in college."



NHS alumni return to inspire students to attend college.

Nuffer *Elementary School*

14821 S. Jersey Ave., Norwalk, CA 90650 • 562/868-3788



LaTasha Buck
Principal

High Honors Galore

At Nuffer Elementary we believe in recognizing student achievement as a motivating tool that encourages increased learning and better, more positive behavior. So every month Nuffer hosts a special Spirit Assembly to help unify its student body and celebrate each classroom's Student of the Month.

Nominated by their teachers, these acclaimed students exemplify such positive character traits as responsibility, respect and compassion. As much as we encourage our students to have good character, we also promote outstanding achievement in academics.

During our first trimester's academic awards, we recognized those students who had perfect attendance or were the top/most improved in math and reading.



Celebrating student achievement at Nuffer Elementary School.

Our most outstanding awards went to over 80 students who earned either Honor Roll (3-3.4 GPA) or High Honor Roll (3.5-4).

To earn these awards, the students must have scored "3s" and "4s" in each academic area of reading, writing, listening/speaking, mathematics, science and social studies/history.

We are so proud of our current students' achievements, and look forward to celebrating our future academics!

Sanchez *Elementary School*

11960 E. 162nd St., Norwalk, CA 90650 • 562/926-2365



Maribel Galan
Principal

Effectively Implementing School Goals!

Sanchez Elementary is committed to four goals supporting the academic and social excellence of our Sanchez Scholars:

- To enhance a data-driven system of Instruction and interventions to address the needs of all students
- To allocate time to support effective teacher collaboration
- Promote shared leadership in support of student achievement.
- To promote a positive school environment in support of student achievement

We actively work on all four goals each day. An example of our data driven system of instruction and interventions is observed in our daily and consistent commitment to RTI (Response to Intervention). Grade level teams collaborate to analyze student data and develop lessons to support the specific needs of each student. Our families are supportive of our continued commitment to educating their children. Please contact the school principal, Ms. Galan, to observe our instructional practices and engage in conversation about our beliefs and school goals.



Sanchez Scholars at work!

Southeast *Academy*

12940 E. Foster Rd., Norwalk, CA 90650 • 562/809-6237



Sgt. Marty Schafer
Director

Training Leaders

Cadets and staff have been working hard in and out of the classrooms at Southeast Academy High School. Teachers attended training to acquire the latest strategies to better enhance the learning process. Company and platoon commanders work with cadets as they mentor and supervise daily homework and uniform inspections. Cadets learn life lessons about responsibility, accountability, and the importance of encouraging others in their studies.

Battalion Commander Captain Leslye Bravo encourages students to get involved in their community. During the holidays, cadets collected over 1,200 toys to donate to families in need.

It's never too early or too late to develop new skills for academic success. Our leadership and language arts teachers are collaborating on new ideas to improve cadet writing skills. With everyone working hard and working together, we still have much to accomplish. Thanks to the staff for their dedication and commitment to our students.



Cadets work hard in and out of the classroom.

Waite *MS Careers Magnet*

14320 S. Norwalk Blvd., Norwalk, CA 90650 • 562/921-7981



Willie Norman
Principal

Parent Involvement is Crucial to Our Success!

Waite Middle School is pleased to have our parents on campus for a variety of events: When parents come to campus, they witness the amazing activities and projects our students are immersed in across our grade levels. Here are some recent highlights:

- Parent-Teacher Conference Week—823 parent-teacher conferences held!
- Fall Band Concert/PTSA meeting: Over 200 family members!
- Monthly ELAC (English Learner Advisory Committee) meetings: Consistently over 40 parents, including parents from other school sites!
- Fall G.A.T.E. (Gifted and Talented Education) Parent Meeting/Orientation: Over 60 parents!
- CBEDs (English class): Expanded to a second classroom—over 50 participants!



We love family involvement at Waite Middle School.

Family involvement helps create unity for students, especially at the middle school level. It also provides unity within the community. Please check our website for updates, call, or come by: Waite is a great place to get involved!

- Assault;
- Vandalism/graffiti;
- Loitering and disorderly conduct directly related to crime or student safety;
- Disputes that pose a threat to student safety; and
- Theft including petty larceny.

Each of these identifiable problems is unique and problematic. For example, graffiti is not just vandalism; it is a clear defiance of authority and is indicative of problems in the community that often spill onto schools, and vice versa. There are also different types of graffiti and motives for it. Graffiti by gangs is symbolic of gang culture, such as gang names and symbols. Gangs use graffiti to mark gang turf or threaten violence. Graffiti by "taggers" is symbolic of prestige. Taggers identify their moniker or nickname in their graffiti to gain notoriety. Regardless, vandalism is a crime. Not to mention that cleanup efforts are very costly, and is money and resources that could be better spent on students.

It is critical to identify school safety and student disciplinary issues immediately. Dealing effectively with school safety issues at their onset, enhances the schools ability to avoid repeat occurrences and helps to establish school norms. On the other hand, failure to address disruptive behavior by students will be detrimental to every aspect of the schools climate, and a hindrance to building a positive school culture.

Identifying the problems is the first step in developing and implementing a plan of action. This can be accomplished by gathering data such as school suspension rates, student arrests, and student surveys. Gathering and analyzing data can be a time consuming process, but is an all important piece in identifying the nature of the problem. Once the data is gathered and the needs are defined, solutions can be explored.

"Safety and Security don't just happen; they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens in our society, a life free of violence and fear" —Nelson Mandela.

School safety and crime prevention requires a combined effort. Providing the safest possible environment for learning and personal development is a shared responsibility. By developing meaningful partnerships between school, law enforcement, parents, and the community, school-based crime and violence can be curtailed. The most successful partnerships have clear roles among participants with strategic goals and shared priorities. Certain partnerships are instrumental in developing a better understanding of problems in and around schools. Some of these include:

- Students: provide excellent input regarding the problem and should be included in the decision making process.
- School Administration and Faculty: can assist in policy changes, provide program support, and organize programs beneficial to the problem-solving effort.
- Bus Drivers; provide intelligence to the school, in addition to supporting programs and providing feedback on results.
- School Support Personnel: (i.e. security staff, cafeteria workers, etc) can identify areas where problems occur most frequently.
- Parents: provide support, give insight, and provide feedback.
- Local Businesses/City: can provide intelligence, financial, and/or political support.

School districts everywhere are experiencing some very specific and difficult challenges, and yes we are operating with minimal resources, but the safety and security of our students should never be compromised. The message to our school community and stakeholders must be clear and consistent: "We take the safety of all students seriously, we foster a school culture of responsibility and respect, and we are a community committed to providing a safe and secure learning environment where all students can succeed."



Margarita Rios
Member

- Problemas que experimentan los estudiantes cuando van camino a la escuela y camino a casa;
- Agresión;
- Vandalismo/graffiti;
- Vagancia y conducta desordenada directamente relacionada con lo penal o la seguridad estudiantil;
- Conflictos que plantean una amenaza a la seguridad de los estudiantes; y
- Hurto incluyendo hurto menor.

Cada uno de estos problemas identificables es único y problemático.

Por ejemplo, el grafiti no es solo vandalismo; es un claro desafío a la autoridad y es indicativo de problemas en la comunidad que a menudo se dispersan en las escuelas y viceversa. También hay diferentes tipos de grafiti y motivos para ello. El grafiti de pandillas es simbólico de la cultura pandilleril, tales como nombres de pandillas y símbolos pandilleros. Las pandillas utilizan el grafiti para marcar su territorio o para amenazas de violencia. Grafiti por "taggers" (etiqueteros) es símbolo de prestigio. "Taggers" identifican su apodo o sobrenombre en su grafiti para obtener notoriedad. Sin embargo, el vandalismo es un crimen. Sin mencionar que los esfuerzos de limpieza son muy costosos y es dinero y recursos que podrían ser mejor invertidos en los estudiantes.

Es fundamental identificar los problemas de seguridad escolar y problemas disciplinarios en los estudiantes inmediatamente. Lidiar eficazmente con los problemas de seguridad en la escuela al inicio, mejora la capacidad de las escuelas para evitar la repetición de sucesos y ayuda a establecer las normas escolares. Por otro lado, si no se rectifica este comportamiento disruptivo por los estudiantes será perjudicial en todos los aspectos del clima escolar y un obstáculo a la edificación de una cultura escolar positiva.

La identificación de los problemas es el primer paso para desarrollar e implementar un plan de acción. Esto puede lograrse mediante la recopilación de datos como la tasa de suspensiones, arrestos de estudiantes y cuestionarios por los estudiantes. La recopilación de datos y el analizarlos puede ser un proceso que consume mucho de nuestro tiempo, pero es una pieza importante para identificar la naturaleza del problema. Una vez que los datos se recopilen y se definan las necesidades, las soluciones pueden ser exploradas.

"La seguridad y la confianza no surgen nomas porque sí; son el resultado del consenso colectivo y la inversión pública. Le debemos a nuestros hijos, los ciudadanos más vulnerables en nuestra sociedad, una vida libre de violencia y miedo" — Nelson Mandela.

La seguridad escolar y la prevención del crimen requieren un esfuerzo conjunto. El proporcionar un ambiente lo más seguro posible para el aprendizaje y el desarrollo personal es una responsabilidad compartida. Mediante el desarrollo de colaboraciones significativas entre la escuela, la ley, los padres y la comunidad, se puede reducir la violencia y delincuencia en los centros escolares. Las asociaciones más exitosas tienen roles claros entre los participantes con las metas estratégicas y prioridades compartidas. Determinadas asociaciones son fundamentales para desarrollar una mejor comprensión de los problemas en y a los alrededores de las escuelas. Algunos de estos incluyen:

- Los Estudiantes: proporcionan información/una opinión excelente a cerca del problema y se deben incluir en el proceso de hacer decisiones.
- La Administración y Facultad Escolar: puede asistir en cambios de política, proveer apoyo del programa, y organizar programas que beneficien el • esfuerzo para resolver problemas.
- Conductores de autobús; además de dar apoyo a los programas y proporcionar retroalimentación sobre los resultados, los conductores de autobús proporcionan inteligencia a la escuela.
- Personal de Apoyo Escolar: (por ejemplo, personal de seguridad, trabajadores de la cafetería, etc.) pueden identificar áreas donde los problemas ocurren más frecuentemente.
- Los Padres: proveen apoyo, dan conocimiento, y proporcionan retroalimentación.
- Negocios Locales/Ciudad: puede proporcionar inteligencia, y apoyo financiero y/o político.

Los distritos escolares en todos lados están experimentando algunos desafíos muy específicos y difíciles y sí estamos operando con recursos mínimos, pero la seguridad y el bienestar de nuestros estudiantes nunca debe ser quebrantada. El mensaje a nuestra comunidad escolar y a las partes interesadas deben ser claras e invariables: "Nos tomamos en serio la seguridad de todos los estudiantes, fomentamos una cultura escolar de responsabilidad y respeto, y somos una comunidad comprometida a proporcionar un entorno de aprendizaje seguro donde todos los alumnos pueden tener éxito."



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Are You the Problem?



Dr. Shari Sweetnam

Q. We have a 10 yr old boy and a new baby girl. Our son is a great kid and truly means well but leaves stuff all over. Clothes on the floor, tooth paste in the sink, forgets to take garbage out, etc.

Now that I am home with the baby it is getting tough to handle and I am more frustrated, obviously, than I used to be especially when I have to do his chores! Mind you, there is not a thing in the world that my son would not do when asked.. he never complains! But the problem is that I need him to do it without being asked! This is the first time I think I have ever yelled at him and I feel so bad. He feels so bad. Now I am

thinking I have to ground him or punish him in some way because he is just not following through. He is such a good kid, we both feel bad but he has to learn! What is the problem?
—Jessie B. Okland CA

A. You are the problem Jessie?

I know you mean well but there is the issue that your child has not been trained well in this regard. My guess is that, before the baby, you scurried around cleaning up after him, reluctantly (but not really) doing his chores for him when he would forget... am I right? He did not get into a "pattern" or habit of doing these things Jessie, and so he isn't magically going to fall into that pattern now. You need to cut him some slack and begin the training process.

The first problem is that you are doing his chores for him—as evidenced by your phrase "when I have to do his chores."

Jessie, doing this takes those chores off of the radar for him. He actually doesn't even think about it. As you mentioned, he is not being defiant, he just simply doesn't think of it. Ask any family member who never does the dishes, they don't even see the dishes anymore. It isn't on their radar.

Here's your solution:

First, don't do his chores. Then, set a time, each day that it is his time to go around and take care of his responsibilities. Perhaps it can be right after school. Have him go around the house, picking up his clothes, scrubbing the toothpaste out of the sink, and taking care of the "cleaning up after himself" part of life. Differentiate this from his "chores" which are the daily to-dos—sweep, feed the dog, whatever...

When you bring consciousness to this differentiation, a lightbulb is going to go off. He will begin to understand, "the chore list gets a lot shorter when I simply clean up after myself right away."

Set the time frame and then give him space. Let him come home from school and get to work on the pieces left over from the morning and then have him move on to his chores. Since he is not in the least bit defiant, don't punish him, just set the expectation and give him the time frame (each day) in which to complete it.

The chores will get done and he will learn a little lesson about how to make it easier on himself. As a result, he will feel good about following through for you, you will feel good about your great kid and everyone is happy. But be patient as this takes some time.

I'm all for natural consequences whenever it is appropriate to allow "life" to teach the lesson. Don't yell, don't punish, just set the expectation and give him the time frame in which to meet it.

Dr. Shari is the founder of the "Brainpower" program for schools, Author of *"The Learning Toolbox - Memory Skills for Everyone"* used in schools nationwide, *"Inspiring the Love of Learning"* and *"The Algebra Toolbox - The UN MATH Solution"* in schools Fall 2011. Dr. Shari is a syndicated columnist, radio host and author of over 200 articles on the topics of Learning and Memory. Contact Dr. Shari at info@doctorshari.com. For a schedule of radio and television appearances see www.doctorshari.com.

Children Who Have Everything



Sandy Spurgeon McDaniel

A popular talk show host aired a program devoted to what happens when children are given everything they want—or just have too much given to them with no sense of earning what they have.

The obvious outcome is extreme selfishness and a child who has a "the world owes me" attitude. Perhaps a less obvious result is not valuing anything because there is no energy involved in earning it.

Every day, I see parents giving into children's wishes, wants and desires. A parent says, "No you can't have a toy. We are buying what is on the list and nothing else." Sounds good, but the child who is skilled in emotionally whittling down a parent continues fussing until his or her parent caves in and buys the chosen item.

Children are learning how to be adults. They will be successful adults or unsuccessful adults based upon the lessons learned in childhood. A tangible danger in buying excessively for a child is that he or she is not likely to have the same type of resources following college when all the life expenses fall on him or her.

Earning What You Spend

Compulsive spending has turned the credit card industry into a major business. A huge percentage of young married couples are deeply in debt. The lesson that was not learned in childhood was that you can't buy everything that you desire.

I gave my children chores for the right to live in our home—and to teach them the skills they need to know to live decently, especially when they are parents. A child who "forgot" one chore automatically got two chores at an inconvenient time. A child who did a chore poorly received the benefit of a long, boring lesson during his or her television time.

Allowance was given to teach a child how to manage money. Therefore, when a child embraced a toy in the store, eyes sparkling, desire raging, I calmly said, "That is a terrific toy. If you save your allowance for X number of weeks, you can own that toy. No, I won't buy it for you with the plan that you will pay me back. You need to spend money you have in your hand."

Before you go into a store, set the boundaries: "We are going to this store to buy the items that are on this list. It will be hard for all of us not to want to buy something that is not on this list. And that's the rule—if it isn't already on the list, we don't buy it!"

Learning to Spend Wisely

In terms of buy name brand products and the "popular" items for your children, it is rational to do some of that and not irrational to tax your home finances so your children can compete with other children. If you went into most children's closets and drawers you would find an excessive amount of clothes. The number of toys might rival a toy store! What are these children learning in terms of spending—and in valuing anything they have?

We are raising a society of "gimme, gimme, gimme" youngsters who basically have no regard for the value of anything because it never cost them anything to have everything. Do you want your child to have a better life than you did? The difficulty is in realizing that the hard lessons learned are the life-changing lessons.

Nobody taught you to spend money wisely? Here's your chance to stop that dysfunctional family cycle and teach your children what they need to know. By the way, it is advisable that you frequently use the word "No!" to accomplish this task.

Sandy Spurgeon McDaniel has written three books. She has taught school, raised two children, worked as a consultant to schools and has taught parenting for the past 20 years. Sandy lives in Meridian, Idaho. www.ParentingSOS.com



Note-ables

Songs from the Baobab



Kate Karp

This beautiful collection is one that parents may play even if the children aren't home, particularly if they were fans of Miriam Makeba or were blown away by the South African group Ladysmith Black Mambazo on Paul Simon's *Graceland*. The set includes a CD and a colorfully illustrated book by French children's book artist and illustrator Élodie Nouhen; it includes lyrics, explanatory notes translated into English, and geographical information that shows children that Africa isn't one large country but 54 independent ones, with different languages spoken throughout.

On the disc are lullabies, game songs, and nature anthems, all to be sung to or by children. The lullabies calm and amuse crying, upset children through rocking and movement. In light of the hard lives that so many African children endure, it isn't surprising that the greater part of the songs falls into the lullaby category. A lilting shepherd's flute threads plaintively through "Yum-maa yehii jaabe," (Your Mother Has Gone to Search for Jujubes); in the song, the child's mother is absent, and the singer tells the child that the mother was out hunting fruits. Orphaned African children are often taken in by other families; "In Ga" and "Faatime Hawwaa" tell of the sadness of children who know that they aren't as valued as are the birth children.

There are joyful songs as well. "Îtä Zâke" translates from the Sango tongue to "Frère Jacques"; it was taught as a "time to wake up" song in Central African French schools. Game songs include "Kabuye Kanjye" (My Little Pebble) with clear instructions for playing a stone-passing game, and there is a Togo version of "This Little Piggy," titled "Eya Bé" (He Says).

A best-seller in France, *Baobab* is set to tell its stories on this continent. Welcome it into your home, heart and ears.

Kate Karp is an editor for *School News Roll Call* and a freelance writer and editor.

Survey Says...

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Good Dental Health



Word Search Contest

Entries must be received by March 15, 2012

From the correct entries one name will be drawn to win a \$20 gift certificate redeemable at Barnes & Noble.

- | | | |
|-------------|-------------|--------------|
| Breads | Eggs | Milk |
| Brushing | Examination | Nutrition |
| Cereals | Fish | Orthodontist |
| Checkup | Flossing | Pediatric |
| Daily | Fluoride | Sugar |
| Dairy | Fruits | Tooth |
| Dentist | Guidelines | Vegetables |
| Development | Healthy | Water |
| Diet | Meat | Whole grains |

The winner will be posted in our next issue April 18.

Also, on our Facebook March 15.

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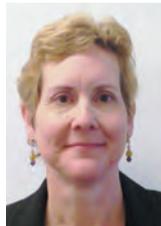
NEW Rules!!!

One word in the list is NOT in the word search. When you have completed the word search, one word will be left and that is the word you email to:

Kay@schoolnewsrollcall.com

(Please put NLM in the subject line)

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Laurel Parker
Director

Fresh Milk and Fresh Starts

Recently, our preschoolers at Ramona School enjoyed a visit by a cow and a two-day-old calf, courtesy of the Dairy Council of California's mobile classroom. Below, you can see children petting the calf. This enhanced our teachers' instruction about farm animals, using strategies from Project Guided Language Acquisition and Design (GLAD). Seeing the cows really increased our preschoolers' understanding of what a cow is and where milk comes from.

In our assessment of community needs, we discovered that there is a great need for early care and educational services for children from birth to two years, nine months. Therefore, we included in our Head Start

Refunding Application that we will be developing a new Home Base program to serve this age group. We are looking forward to learning best practices for working with this age group and getting this program underway beginning in July 2014.



Ramona preschoolers visited by the Dairy Council of California.

SUPERINTENDENT • FROM PAGE 1



Dr. Ruth Pérez

other useful communications. To receive these messages automatically on your computer or web enabled mobile phone, sign up for a Twitter account by going to the district website at <http://nlmusd.org>. You can click on "Join the Conversation" to begin the process. This only takes 2 minutes and you can begin receiving updates without searching the web.

Thank you for your continued support.

periódicas haremos "tweet" acerca de eventos programados, información u otros avisos útiles.

Para recibir estos mensajes automáticamente en su computadora o móvil conectado al internet regístrese para una cuenta de "twitter" visitando el sitio en la red del distrito en <http://nlmusd.org>. Puede hacer clic en "Join the Conversation" (únase a la conversación) para comenzar el proceso. Esto sólo toma 2 minutos y puede empezar a recibir actualizaciones sin buscar en la red.

Gracias por su apoyo continuo.

Have a wonderful Spring Break!



Our next issue is April 18.

Norwalk-La Mirada Unified School District Preschool Programs

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1 Come apply for our **FREE** preschool programs!
¡Pueden aplicar para nuestros programas GRATUITOS de preescolar!

2 We offer a variety of programs and sites, including Home Base and classes for three and four-year olds, beginning in July and September. Ofrecemos una variedad de programas y lugares, Home Base y clases de niños de tres y cuatro años, empiezan en julio y septiembre

To apply, please bring (por favor, traiga con usted):

- **Child's birth certificate** certificado de nacimiento
- **Proof of income (2011 tax return)** declaración de impuesto a las ganancias
- **Proof of address (Utility bill)** prueba de domicilio (factura de servicios públicos)
- **Child's immunization record** certificado de vacunas del estudiante

The programs serve all eligible children regardless of sex, race, religion, ethnicity, or disabilities, and refrain from religious instruction or worship. Estos programas sirven a todos los niños elegibles, sin importar raza, sexo o incapacidad, y no proporcionamos instrucción religiosa.

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Adult School



**Sharon Renfro
Todd**
Director

A Promising Field

Despite the gloomy economic outlook and cutbacks in numerous career areas, one field continues to stay afloat. In the healthcare industry, job demand continues to grow. According to the economic news released by the U.S. Bureau of Labor Statistics on January 6, 2012, the healthcare industry added 23,000 jobs in December 2011 and employment in hospitals increased by 10,000. Over the past year, healthcare jobs have increased by a total of 315,000.



Adult students prepare for exams.

At the Norwalk-La Mirada Adult School, we are committed to training and educating our students to get the jobs in demand. Recently, we added new courses to introduce people to the field of hospital occupations and medical billing. If you are interested in learning more about the healthcare industry, we hope you will take advantage of the new courses we are offering this spring semester. Our doors are open for you!



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Fred Chen, Smooth Dental Group
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You can extend your life expectancy by 10 years!
Features education for children and adults.

MAY 5TH

ENHANCED PERFORMANCE

William M. Thomas, DC
Learn how to increase strength, muscle mass and physical agility while avoiding injury. Discover what your body can do.

APRIL 7TH

SEX EDUCATION BEGINS AT BIRTH

Gina Sunukjian, M.Ed., Health Educator
Sex education isn't a talk, it's a conversation... and one that begins early in life.
Receive practical steps for talking to your kids.

JUNE 2ND

THE MEDIA'S BEAUTY MYTH

Christina Lee-Kim, PhD
Every woman and teen girl will benefit immensely from this presentation on the false images of female beauty portrayed in advertising and media.

CALL OR COME BY WORK OUT WORLD
FOR MORE INFORMATION



\$35/mo.
Wed. & Sat.

\$85/mo.
Mon.-Thurs.



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- **Reading**
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- and
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- Algebra & Geometry**

"I want to express my sincere gratitude for the academic support you and your staff have provided to my son during the past year. I can attest to the significant impact the Tutoring Club experience has made in his life. As a result, he has earned A's and B's and is less frustrated when given difficult homework assignments. Beyond this, he has developed the academic self-confidence needed to be successful. I attribute a great deal of my son's academic success to the team at the Tutoring Club. Thank you for making a difference!!"

Paul R. de Dios
Dean of Cypress College



Raising grades.

- **Homework Support**
- **Study Skills**

"My son always fought me to do homework, and this would be an all night thing. I tried everything, then I found Tutoring Club. Putting him in the Tutoring Club is the best thing I could have done for him. It has boosted his confidence and he is reading on his own."

Judy Karr-Mugica
mom of a 9 year old
Luther Elementary School, Cypress



Lifting spirits.

- **Positive Motivation**
- **Praise**

"Our goal was to get our son ready for Kindergarten, and the program exceeded our expectations. We are very pleased with choosing the Tutoring Club."

Tracy Blaylock
mom of student at
Landell Elementary School, Cypress

"Expert and caring teachers, an organized system, flexible hours, reasonable prices and a welcoming environment. That is what helps my grandsons and can help your child too!"

Cynthea Vanasse
Grandmother of students at
Miller Elementary School, Centralia

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