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School News

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Covering the Long Beach Unified School District...and more!



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www.SchoolNewsRollCall.com

February / March 2017



Making Memories at Long Beach Parks, Recreation & Marine (please see page 00)



Distributed in the communities of: Long Beach, Lakewood & Signal Hill

A Toast to Toast



Carol Berg Sloan, RDN

Carol says:

The longest line I ever waited in was for a piece of toast in San Francisco. Then I paid \$4 for one piece of bread with jam. Let me explain. The place was a trendy café called The Mill, the toast was a 7-grain artisanal bread and the jam was a “fresh fruit only” blackberry fruit spread. It was worth the time and money! Toast is still “trending” and in fact there is now “Toast Tuesday”.

This day, similar to “Meatless Monday”, which is a movement to promote plant based eating, is a similar concept. Toast Tuesday promotes changing it up with toast toppings. I tell my clients to choose whole grain bread and top with nut butters and sliced fruit to increase fiber and fruit intake. Whole grain breads are those that use the entire seed of a plant including the bran, germ and endosperm. The Whole Grains Council provides a wonderful background on whole grains and how to include more in your diet. They promote “Whole Grain Stamp” which helps consumers identify products that contain whole grains. Read more at wholegrainscouncil.org. My favorite for Toast Tuesday? Dave’s Killer Bread Good Seed, which has 4 grams fiber and 14 grams of whole grains. To top it off, the crunchiest peanut butter around and sliced bananas.



Kelly Sloan, BS

Kelly says:

With a full schedule due to work and school, I find myself short on time when it comes to eating a filling and nutritious snack and often times, meal. I turn to favorite fiber bars and fresh fruit on most days but if I have a few extra minutes I will throw a piece of bread in the toaster and pile it up with healthy toppings and enjoy being part of one of the popular foodie trends circulating the internet. I’ve learned to pack on ingredients that are full of fiber, protein and flavor and then I’m out the door with my toast in hand. Here’s my top 4 toast topping combinations that are affordable and tasty. Recipes found here: <http://www.kellysknackforcooking.com/most-recent/toast-tuesday-1>

Banana + Sunflower Chia Seeds

Ingredients: 1 piece multigrain bread
1.5 tablespoons Peanut Butter & Co. White Chocolate Peanut Butter, 1 medium banana, sliced
1 tablespoon sunflower kernels
1 tablespoon flax seed + chia seed mixture
Toast bread. Spread peanut butter on bread. Evenly place banana on top and sprinkle with chia/flax seed and sun flower seeds. Enjoy!



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Kay Coop
Founder/Publisher



This is our 18th year publishing *School News* covering the LBUSD. There have been many changes in the classrooms over the years, but the one constant is academic excellence.

Thank you for continuing to include *School News* among your reading choices. We publish 30 individual *School News* publications and they are all posted on our web site www.schoolnewsrollcall.com. If you would like to receive a digital copy of any of our publications, you may sign up on our web site.

Laura L. Doud, City Auditor, writes in her article on page 5 about the importance of parks for enhancing our quality of life. I commend her for recognizing how important parks are to all ages. Many of you may remember a time when organized sports were simply a “pick up game of basketball” at a local park. Or a picnic in the park was a special treat. Fortunately, the Long Beach Parks, Recreation and Marine continue to offer many options from crafts to sailing. (see page 11)

Our next issue is April 12.

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Lori Woods
Mayor

Library Project is Underway

Signal Hill is excited to share that the Signal Hill Library project is on its way! Spring 2018 is the anticipated opening date, and will be here before you know it!

The Library is currently housed at the Community Center just a few steps away from its previous location. Demolition of the Library happened last fall and building plans have been finalized.



Once the new Library is open, the community will be able to enjoy a children's reading area, a classroom/learning lab, study rooms to reserve, teen area, a community room to rent, a Signal Hill historical room, outdoor patio, and an updated book selection. The new library will have an abundance of natural light and open areas for your love of reading to continue to grow.

From Story Time to e-books to upcoming Author talks and events, don't miss this opportunity to be a part of the Signal Hill Library. The Library still offers all of its services, books, DVDs, computers, interlibrary loans, and book club. The Signal Hill Library's programs are all free to the public. Parking is also available off of Hill Street or Jesse Nelson Circle next to Signal Hill Park. Come visit us!

If you have any questions, please contact the Library or Community Services Department at (562) 989-7330.

2175 Cherry Ave., Signal Hill, CA 90755 • 562/989-7300
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Dr. Robert Garcia
Mayor

Excited for The New Year

On January 10, I was delivered my third State of the City address and reported that the state of our city is strong.

Long Beach saw significant progress in 2016. We saw an 8.3% reduction in homicides in Long Beach while many communities saw large increases.

The passage of Measure A, and the \$387 million of new revenue it creates, is the largest investment we have made in our city in a generation. These funds will be invested in infrastructure repairs and vital restorations to our police and fire departments.

The Council has approved a \$150 million infrastructure plan that will make significant investments over the next three to four years.

Measure A has already allowed for restoration of Fire Engine 8 and added a new division to the Police Department for Downtown which will improve response times across the city. I also asked the Council to restore paramedic Rescue 12 in North Long Beach to help increase emergency response times throughout Long Beach and to create of a nine officer Academy Unit in the Long Beach Police Department to improve officer training and increase staffing for patrols; and

In 2016, Long Beach added almost 9,000 jobs to its economy this year and also issued nearly 900 new business permits. Other key accomplishments in civic tech include launching DataLB the City's open data portal and the Innovation Team's creation of Bizport—a new business portal to help businesses launch and grow.

We made real progress in sustainability by joining the Mayor's Compact, releasing a climate resiliency report, launching of Long Beach Transit's all-electric bus fleet, installation of LED streetlights, and efforts to restore the coast and the LA River.

Despite our progress, Long Beach and most other cities in California, face two challenges: housing affordability and homelessness. We need to ensure that the cooks who are making our meals at our favorite Long Beach restaurants, the workers who are caring for our seniors and cleaning our hotel rooms, continue to have the opportunity to live in our city.

It is impossible to talk about our City without mentioning the accomplishments of our local institutions LBUSD, LBCC, and CSULB, which do so much for our community and residents.

While 2016 was an amazing year for Long Beach, I am even more excited about the progress that the new year will bring.

333 West Ocean Blvd., 14th Floor, Long Beach, CA 90802 • 562/570-6801
www.longbeach.gov

City of Long Beach, City Auditor



Laura I. Doud
City Auditor

Enhancing Quality of Life

While growing up in Long Beach, I played softball for the Los Altos Bobby Sox League and spent countless hours practicing at El Dorado Park just a few blocks from our home. I have

many great memories playing with my friends as well as just hanging out with them in our parks.

Knowing our beautiful parks play a vital role in our neighborhoods and are an important part of our quality of life, my Office recently conducted an audit which brought attention to the declining conditions of these precious assets. Our audit found that although the City has done a good job expanding park space, they did not factor in the maintenance costs to keep our parks at a level that is healthy and sustainable. Some of our audit findings include: one in four park trees are dead or in poor condition; widespread trash on park grounds; sports groups reporting field conditions that exposed players to injuries; and an antiquated irrigation system that caused flooding and water-logged turf.

Based on our findings, we estimated there was a \$1 million annual shortfall for park and park tree maintenance. We understand the City has constraints and funding is a problem, so we made the recommendation for a strategic plan that includes additional funding for park maintenance, as well as recommendations for alternative, non-traditional solutions. This included innovative ideas such as sponsorships, public-private partnerships, and seeking grant money for future parks and projects to offset the cost of park maintenance. As you know, our parks are too important to our quality of life to have them deteriorate. We need effective stewardship.

Sharing our audit with the public ultimately sparked discussion amongst community members on actions that could be taken to improve our City park conditions. We are very grateful for the outpouring of support of how important park conditions are to our community. We know we must improve and maintain these assets for future generations. We are pleased that since our audit, the City has taken action and has allocated more money for park maintenance, requested a tree life-cycle management plan, and started a median watering pilot program.

This audit is just one example of our dedication to prioritizing and working on projects that enhance the quality of life for those who live, play and work in Long Beach.

333 West Ocean Blvd., 8th Floor, Long Beach, CA 90802 • 562/570-6751
www.CityAuditorLauraDoud.com



City of Long Beach, City Prosecutor



Douglas P. Haubert
City Prosecutor

Future Leaders for Long Beach

The Office of the City Prosecutor is accepting applications for its highly popular summer internship program. The deadline for this summer is Friday, March 10, 2017.

Each summer, a select group of local college students and high school seniors are invited to experience a rare, behind-the-scenes look at one of the busiest municipal prosecuting agencies in the country. Not only do interns receive experience in a field that is growing, but this is a paid internship.

There are three goals of the City Prosecutor's Summer Internship Program. First, we teach interns how the criminal justice system really works, including its many challenges. Second, we teach interns about Long Beach. Those who attend high school or college in Long Beach are likely to know about only a small portion of our great city, and the internship exposes them to much more.

The third goal is to make this an experiential learning opportunity, where students learn by immersion into what makes this city and the legal profession unique and great. For example, instead of a lecture about the Port of Long Beach, they will take a tour and see how it operates. Instead of reading about a criminal case, they will get to watch a trial in action.

Right now is a fascinating time to learn about our criminal justice system. Recent changes in the law are transforming the way our society approaches law and order. City Prosecutor interns are well-positioned to become tomorrow's leaders in the legal field and for our city.

While Hollywood and television give an inaccurate image of our criminal justice system, our interns will end the summer with a deeper understanding of California's legal system by meeting and listening to real judges, prosecutors and defense attorneys. They will also experience many of the elements that make Long Beach, well, Long Beach.

For more information about the City Prosecutor's Summer Internship Program or to apply, visit www.CityProsecutorDougHaubert.com.

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California State University Long Beach



Jane Close Conoley
President

Applicants Reach All-Time High

Applications by new students for enrollment at California State University, Long Beach (CSULB) for the upcoming Fall 2017 term again reached an all-time high as the university received a combined 91,268 applications from first-time freshmen (61,716) and transfers (29,552). The application totals were the most received by any California State University (CSU) campus.

“CSULB has made remarkable strides in graduating students with degrees that transformed their lives, and record numbers of prospective students are hoping to follow that pathway,” said President Jane Close Conoley. “Investing in our state’s systems of public higher education is an investment in the future of California. With additional state support, we would gladly accept more students.”

Efforts to increase graduation rates have resulted in CSULB conferring more than 10,000 degrees in each of the last two years. While efforts to improve graduation rates have resulted in more opportunities for new students to attend CSULB, the university’s ability to meet the demands of the tens of thousands of qualified applicants seeking a high-quality education is constrained by limited state support.

Among efforts to improve access and the college-going rates of students in the region is a partnership in the Long Beach College Promise. Applications submitted by students seeking to transfer from partner institution Long Beach City College have increased by 16 percent over the past three years.

With nationally recognized, award-winning faculty and innovative programs, CSULB continues to garner accolades that build its reputation among prospective students, earning a place among the most popular universities for both incoming freshmen and transfers. The university has earned national rankings from various outlets including U.S. News and World Report and Washington Monthly and was recently selected among the “Best College Values” by Kiplinger. More people study art and design at CSULB than at any other public university in the nation. The music program boasts the Choir of the World after the Bob Cole Conservatory Choir earned the Pavarotti Trophy by winning the Llangollen International Musical Eisteddfod in Llangollen, Wales. On the fields and courts, CSULB’s student athletes captured five consecutive Big West Commissioner’s Cups from 2010-11 to 2014-15.

1250 Bellflower Blvd., Long Beach, CA 90804 • 562/985-4111
<http://www.csulb.edu/>

Assistance League® of Long Beach

Rick Rackers Clothes Make A Difference

By Sharon Denham, Press and PR Chairman

Some say it takes a village, but for nearly 900 students attending Jenny Oropeza Elementary School in downtown Long Beach it took hundreds of volunteers, several corporate sponsors, and plenty of in-kind donations to provide each child with a new backpack stuffed with new uniforms and school supplies during Make a Difference Day. The event, which took place October 22, 2016, is part of Operation School Bell®, a program headed by Rick Rackers Auxiliary of Assistance League of Long Beach volunteers, which provides nearly 10,000 in-need Long Beach Unified School District school students with new school uniforms, backpacks and school supplies throughout the year.

Since 2007 Rick Rackers has adopted a school for Make a Difference Day, begun by USA Today 20 years ago to promote philanthropy.

“Make a Difference Day is one of the most rewarding days for us,” said Karin Jenkins, chairperson for Operation School Bell. It’s in a very low income area, and for many of these children these may be the first new clothes they’ve ever owned.”

Jenkins noted that without the support of dedicated corporate sponsors, such as UPS, Tesoro, LBS Financial Credit Union, Gulfstream, and Union Pacific, Operation School Bell wouldn’t exist. The Boeing Company employees donated more than \$6,000 worth of school supplies, including nearly 200 backpacks.

To learn more about Assistance League of Long Beach Rick Rackers, including membership and volunteer opportunities, visit www.ALLB.org.



Miller Children's & Women's Hospital Long Beach

Negative Effects of Energy Drinks On Your Teen



Saar Danon, M.D.
medical director,
Pediatric
Cardiology and
Congenital
Cardiac
Catheterization,
Miller Children's &
Women's Hospital
Long Beach

Energy drinks have rapidly become a go-to beverage for teens – according to the National Center for Complementary and Integrative Health, energy drinks are the most popular dietary supplement consumed by teens and young adults in the United States.

They may not understand, however, the harm energy drinks can have on their developing bodies. Here's what you and your teen need to know about energy drinks and their long-term effects:

- Almost one third of teens between the ages of 12 and 17-years old consume energy drinks regularly.
- Large amounts of caffeine may harm children's still-developing cardiovascular and nervous systems. A 24 oz. energy drink may contain the same amount of caffeine in four or five cups of coffee.

- According to the American Heart Association, drinking a single 16 oz. energy drink boosts blood pressure and stress hormone responses in young, healthy adults. These changes can lead to an abnormal, irregular heartbeat or even sudden cardiac death.
- Energy drinks may cause heart problems that develop later into adulthood, despite not being immediately present during adolescence.

Energy drinks should not be considered a healthy beverage option for children or young adults. If your teen is looking for a boost of energy, recommend a healthier option, like exercising, stretching or drinking a fruit-filled smoothie.

The Pediatric Heart Center at Miller Children's & Women's Hospital Long Beach provides total care for pediatric and young adult patients with congenital or acquired heart disease. Learn more at MillerChildrens.org/Heart.

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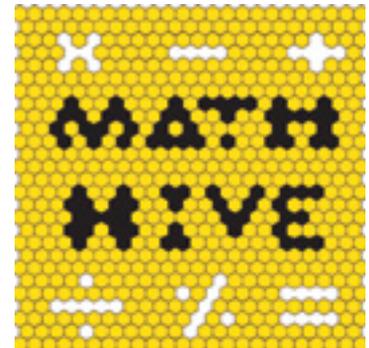


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Long Beach Public Library

Got Homework?

By Pam Carlson, Children's Librarian

Long Beach Public Library is excited to offer Brainfuse, a new online resource for students, teachers and parents. Students in all grades can set up learning accounts. Teachers can create flash cards, crossword puzzles and word searches to use as study aids. Research papers can be submitted and critiqued within 48 hours. Career or major choices can be made by assessing skills and interests. That is just the beginning of what Brainfuse offers. The website is accessible in English or Spanish 24 hours a day, seven days a week. Live tutors may be reached between the hours of 1:00 pm and 10:00 pm. All that is needed is a current library card to access Brainfuse in the library or at home.

Don't forget – Family Learning Centers are located in each of Long Beach's twelve libraries. Learning Guides are available to help with assignments. Available hours vary by location.

Main Library 101 Pacific Ave., Long Beach, CA 90822 • 562/570-7500
www.lbpl.org

Arts Council for Long Beach

Fostering the Next Generation of Artists

By Cynthia Luján, Education and Community Programs Associate

Eye on Design is a visual public art program sponsored by the Arts Council for Long Beach that serves third grade students in the Long Beach Unified School District. Betty Rosen, the teaching artist in residence, guides students through a 15 week comprehensive arts program. Eye on Design's students from Bryant and Tincher Elementary



took a public art tour of 7 sculptures from docents at the University Art Museum, located at California State University of Long Beach. Students participated in 3 educational activities with museum docents that reinforced the learning outcomes of Eye on Design. Students grow into artists, advocates for the arts and stewards of public art in their future communities through this long-term public art education program.

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Rotary Club of Long Beach



Jayne Lastusky
President

Making a Difference Every Day

How does a child's soaring imagination and thirst for knowledge connect to a service club in Long Beach?

The Rotary Club of Long Beach provides the seeds of learning to our children through its literacy programs – most notably through Rotary Reads and Reading By Nine projects.

Reading By Nine has donated more than \$550,000 to provide over 225,000 books and e-books to LBUSD preschools and other literacy programs. Additionally, Rotarians have placed books in the hands of young students in child development centers, such as the Long Beach Day Nursery, the YMCA, For The Child, and the Cambodian Association.

“Our goal with our literacy initiative is to increase the percentage of Long Beach students reading at grade level by age nine,” said Rotarian Frank Newell, founder of the club's Reading By Nine program.



Bob Bowden, Rotary Reads founder and long-time member of the Rotary Club of Long Beach reads to a child.

Rotary Reads grew from an idea sparked in the heart of Long Beach Rotarian, Bob Bowden.

Recognizing the benefits of reading aloud to children, members regularly visit classrooms to read to children. The late Bob Bowden's visionary program lives on, enriching lives of children and readers alike. Rotarian reader Sara Myers says about her experience, “Reading in the classroom is a win/win for both the Rotarian volunteer and the child. Sometimes all a child needs is a kind ear and a confident champion to help their progress in reading.”

A page turned quickly in anticipation of adventure, an e-reader turned on excitedly, a vision imagined while hearing a story told – all are made possible by Long Beach Rotarians committed to youth and whose fundamental philosophy is “Service Above Self”.

The Rotary Club of Long Beach was founded in 1917 and celebrates its Centennial this year.

To learn more about Rotary of Long Beach and its youth programs: www.rotarylongbeach.org.

Jayne Lastusky is The 100th President of Rotary Club of Long Beach 1119 Queens Hwy. #103, Long Beach, CA 90802 • 562/436-8181 www.rotarylongbeach.org



Car Parts Word Search Contest

Rules! One word in the list is NOT in the word search. When you have completed the word search, one word will be left and that word you email to: Kay@schoolnewsrollcall.com Please put LBUSD in the subject line.

Entries must be received by March 15, 2017

From the correct entries one name will be drawn to win a \$20 gift certificate redeemable at Barnes & Noble.

- | | | |
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| antenna | gearbox | radio |
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| blinker | hubcaps | starter |
| brakes | ignition | wheels |
| bumper | key | windshield |
| engine | lock | wipers |
| fenders | mirror | |
| gas tank | muffler | |

Congratulations
Rebecca Beltran

Winners of the December Contests!



Long Beach Parks, Recreation & Marine

Spring Break Fun Days - April 17-21

Long Beach parks will offer free crafts, games, sports and more for ages 5-12, Monday-Friday, April 17-21. The following parks will be open six hours each day: Admiral Kidd, Bixby, Chavez, Cherry, College Estates, Coolidge, Davenport, DeForest, Drake, El Dorado West, Houghton, King, McBride, Miracle on 4th Street, Orizaba, Pan American, Ramona, Scherer, Seaside, Stearns Champions, Silverado, Somerset, Veterans, Wardlow and Whaley. Schedules vary by site. Visit www.lbparcs.org for hours. Teen Centers at Freeman Center, and Chavez, Houghton, McBride, and Silverado Parks will be also open.

El Dorado Nature Center Spring Break Workshops

7550 E. Spring Street, (562) 570-1745

Pre-registration is required for all classes. Visit www.lbparcs.org. Ages: 5-8, \$15 per class. 9 a.m. - noon. Join us for fun and exploration this spring! Children will experience nature through investigation, hands-on activities, games and crafts. A healthy snack will be provided. Children must have Kindergarten experience.

Spring Eggstravaganza: We'll crack a few jokes as we explore the amazing world of eggs and discover how they support life inside the shell. 21057 April 17

Construction Zone: We'll use fun, safe trash and found objects in nature. We'll use real building techniques and

come up with designs that blow the mind. Join us for a morning of creative construction! 21066 April 18

Got You Covered: Whether fur, feathers, scales, or skin, all living things have a body covering. Join us to uncover the story of the skin we're in. 21067 April 19

Party at the Pond: Come join the fun with all your friends--turtles, fish, insects and frogs. It's sure to be all the rave! 21068 April 20

Social Network: Communication in the animal world may look and sound a little weird at times. From a bird's squawk, to a lizard's pushup, to a skunk's stomping feet. Let's discover the meaning behind amazing animal gestures. 21070 April 21

Leeway Sailing Center Spring Camp -April 17-21

For children ages 5-12. Activities include sailing, canoeing, kayaking, arts and crafts, games and an excursion to the Aquarium of the Pacific! Camp will be held at Leeway Sailing Center from 9 a.m. - 4 p.m. Cost is \$155. Extended Day Care rate is \$25 per week for morning care. (7 - 9 a.m.) and \$25 per week for afternoon care (4 - 6 p.m.). Staff to camper ratio is 1:8. All staff are trained lifeguards certified in First Aid and CPR. Registration for Spring Camp will be conducted online beginning Monday, March 6 or in person at the Aquatics Camps Office by appointment only. For questions, call the Aquatics Camps Office at (562) 570-1888.

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Hundreds of classes are starting in March for preschool through adults 50+ offered by Long Beach Parks, Recreation and Marine.

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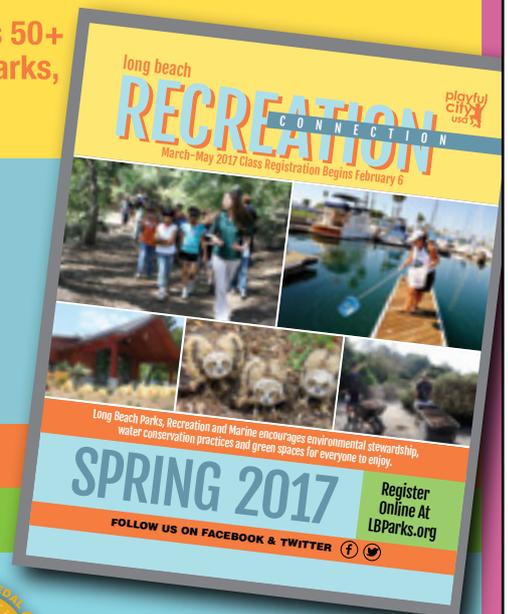
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Christopher J. Steinhauser
Superintendent

Community Strongly Supports Schools

Our students and teachers have much to be proud of, and so does everyone who supports them. Parents, employees, our school board and our many community partners have worked especially in recent months to give our students a great education.

The challenges in our local public schools are great. About 70 percent of our students come from disadvantaged households, and nearly 20 percent are learning English as their second language. Yet we still must prepare students for an increasingly complex world. In the Long Beach Unified School District, we're fortunate to be recognized nationally and even internationally for our efforts to meet such challenges.

Still, there's always more work to do. We need to bring our school facilities up to modern standards, and we must prepare more students for success in college and careers. We're making significant progress in these areas, and our aim is to accomplish much more.

Local voters signaled their confidence in our school renovation and construction efforts, approving \$1.5 billion in Measure E school bonds last November with a nearly 75 percent yes vote. We thank voters for choosing to invest in our schools, and we appreciate the trust they have placed in us. Intensive planning is now underway on an array of important health and safety repairs and upgrades. A few weeks back, our staff publicly presented details to our school board regarding our first phases of improvements including air conditioning systems and athletic facility upgrades. Our community will hear more about these evolving plans in the coming months.

Meanwhile our efforts to prepare more students for college and careers are paying dividends for students and their families. For instance, students in our schools signed up for a record 13,252 Advanced Placement college-level exams in 2016, an 82.4 percent increase in just four years. We've made a concerted effort to provide extra tutoring and other support for AP and SAT exams, removing barriers by covering the cost of test fees and saving parents thousands of dollars by helping students to earn college credit while still in high school.

Voters here and statewide also validated the importance of public schools by approving Proposition 55, which will help to prevent the kind of devastating budget cuts to education that California experienced during the Great Recession. We're hopeful we can use this opportunity to maintain and improve upon the support that we provide to students and their families.

No other institution does more to improve our community and quality of life than our local schools. It's always heartening to see our community and voters reaffirm the high value they place on public education, and they did so resoundingly in the most recent election. Their support will help us to improve the lives of thousands of students for generations to come.



Jon Meyer
President

First Phases of Measure E School Upgrades Planned

Now that local voters approved \$1.5 billion in Measure E school bonds last November, the real work begins. Planning is well under way for the first phases of school repairs. My colleagues and I on the Board of Education recently held a public meeting where staff presented an estimated schedule of initial projects for the next three years. The entire implementation of Measure E could take up to 10 years, as schools receive air conditioning, along with utilities, seismic, accessibility, fire alarm, lighting and other upgrades. Some schools will receive new athletic facilities, including swimming pools and all-weather tracks and fields.

Every geographic area of the school district will be improved in one way or another. These are fluid plans, and as anyone who has ever experienced a significant home improvement project knows, a bit of patience and flexibility will be required on the part of everyone in our schools.

Phase one will include new tracks and fields at Cabrillo, Poly and Wilson high schools, where projects could begin as soon as summer 2017.

During the same time frame, the school district will begin to set up interim classroom space (portable classrooms) at Kettering, McKinley, Riley and Webster elementary schools. The interim space will accommodate students while the permanent structures at those schools are improved. Once those four projects are completed, the portables will remain in place to serve as interim classroom space for some of the other nearby schools during subsequent phases, saving tens of millions of dollars that otherwise would have been needed to provide interim space at each of the district's campuses during improvements.

Phase two will begin in summer 2018 or sooner with air conditioning and heating projects at Cleveland, Rogers, Jefferson, Stephens, Lindsey, Lakewood High, Kettering, McKinley, Riley and Webster schools. In most cases, students will remain on campus in interim structures. The planned exceptions are Cleveland, Rogers and Jefferson. Cleveland's third through fifth graders would move to Monroe, while all of Rogers' students would move to Butler, and Jefferson's eighth graders would move to Browning. School bus transportation will be provided if an interim school is not within walking distance.

Phase three is scheduled to start in summer 2019 or sooner. This phase includes air conditioning and heating projects at Barton, Bixby, Burcham, Garfield, Longfellow, Mann, MacArthur, Muir, Stanford, Washington and Wilson. The elementary schools in that group would see third, fourth and fifth graders move to nearby schools, with the exception of MacArthur, which would stay on site. Muir,

Beach High School

3701 E. Willow Ave., Long Beach, CA 90815 • 562/595-8893 • www.lbschools.net/beachhs



Troy Bennett
Principal

Vulnerability and Passion

I know there is strength in the differences between us. I know there is comfort, where we overlap. —Ani DiFranco

Line up the students at Beach High School, and their diversity will be the first image to strike your eyes. Stop and talk to students at Beach High School, and their resilience will be the first spark to strike your heart. Students at BHS share a perfect blend

of vulnerability and passion, so staff continually hones these traits. Students know they matter! Relationships

are authentic. Instilling ownership and accountability in the student body has propelled students into leadership positions.

Student Council has launched several projects that not only improve the campus climate but also reach into the community. Promoting kindness and tolerance are standard. Students have adopted roles that remind their peers to respect the school environment. Time is premium at Beach, and Student Council hit the ground running with rallies, a food drive for LB Rescue Mission and a toy drive for LB Guidance Center. There's much more to come!

CAMS

1000 E. Victoria St., Carson, CA 90747 • 310/243-2025 • www.lbschools.net/cams



Wendy Poffenberger
Principal

Recognized by District for Leadership

By Rachel Basangan, Student

CAMS was recognized by Connect Ed and LBUSD for our leadership in Linked Learning. To celebrate the recent certification, CAMS held an assembly. Gary Hoachlander, President of ConnectEd explained, "Linked Learning answers student's question of "Why do I need to know this?" and connects concepts to

practice." Mr. Hoachlander presented CAMS with a certification plaque and poster noting, "many high schools throughout California and the country do not look like CAMS." Superintendent Christopher Steinhauer added, "I am grateful for this school, not only is this school highly competitive, but what it has done in paving the way for other programs by mentoring middle school robotics students." Mr. Steinhauer then presented \$5,000 to the student body to support Linked Learning at CAMS.



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Bryant *Elementary*

4101 E. Fountain St., Long Beach, CA 90804 • 562/498-3802 • www.lbschools.net/bryant



Matt Hammond
Principal

Fall Festival

Bryant Elementary welcomed the fall season with their annual Fall Festival. The Fall Festival is full of fun, food, festivities, and more.

Families are treated to a time of carnival games, music, prizes, costumes, face painting, and Trunk or Treat. The themed Trunk or Treat vehicles were a creative hit. One of the greatest things about the Fall Festival is all those who lend a hand to make the event such a success. Teachers, support staff, and parents come together to plan and put on this enjoyable time. Even family members of the Bryant staff help and join in on the fun. The event received rave reviews from the many families who attended. We greatly appreciate all those who had a hand in making this family event wildly successful.



Burbank *Elementary*

501 Junipero Ave., Long Beach, CA 90814 • 562/439-0997 • www.lbschools.net/burbank



Vanesha Davis
Principal

All Star Scholars and College Bound

On College Day, the staff and students

displayed their Alumni pride by sporting their college gear. We were visited by CSULB senior scholars and athletes who gave an inspirational talk on the importance of education and what it takes to succeed in college. Their talk inspired many discussions about higher education once the students returned to class. We are glad to have sparked an interest in our students who



will continue to learn that the road to college begins right here, right now. The seed has been planted and our All Star Scholars are College Bound!!

Carver *Elementary*

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697 • www.lbschools.net/carver



Matthew Monaghan
Principal

All Students Included

By Erin Richey, Teacher

Here at Carver, we continue to find fun and innovative ways to include all students. We were the fortunate recipient of an Eagle Scout project completed by an older sibling of one of our Special Day Class students. His idea was to design and build a picnic table where students in wheelchairs could sit comfortably in-between their peers during lunch. What an amazing and thoughtful idea! We were given not one, but two tables! The response from our students has been overwhelmingly positive. They love being able to sit together. It fosters inclusivity at Carver and allows all students the opportunity to eat together and enjoy each other's company every day.



Child Development Center

4310 Long Beach Blvd., Suite 200, Long Beach, CA 90807 • 562/422-6868 • www.lbschools.net/Departments/Child_Development/



Cynthia Young
Director

STEM Program

By: RJ Gajit, Supervisor

The Newcomb Academy Kids' Club provides quality care to students from kindergarten through eighth grade. At this on-site before- and after-school care program, students can obtain homework help and participate in various clubs, activities, and field trips.

Last year our students focused on learning about the summer Olympic Games and different countries. This year we will be focusing on famous children's books and discover some great, well-known artists.

Our middle school students are engaged in the production of their very own scary movie. They are learning about drafting scripts, creating story boards, working with cameras, adding special effects, and editing. We will also be focusing on Science, Technology, Engineering, and Math (STEM) activities, including building wireless speakers and mini solar rovers.

As some of our students get ready to move on to high school they will be participating in our Counselor in Training program, where they will learn to create résumés, prepare for and participate in interviews, and lead activities with younger students while learning leadership skills for the future.

Franklin *Classical Middle School*

540 Cerritos Ave., Long Beach, CA 90802 • 562/435-4952 • www.lbschools.net/franklin



Wendy Sowinski
Principal

Lots of Electives

Franklin offers electives to students: Art, Dance, Computers, Wildcat TV, Library Media Education, and Student Council. Two additional programs, Long Beach Scholars (for sixth-graders) and the Male and Female Leadership Academies, encourage students to work toward college. They develop student organization and study skills, and provide motivation through guest speakers and career planning.

The Music Department offers two pathways for students to learn how to read, write, and perform music: Band (wind instruments) and Orchestra (string Instruments). No experience is necessary, and students can begin in 6th, 7th, or 8th grade. The advanced group performed at the Music Department's Holiday concert in December. Seven Franklin students were accepted into the District's Honor Band and Orchestra ensembles.

Chavez *Elementary*

730 W. Third St., Long Beach, CA 90802 • 562/590-0904 • www.lbschools.net/chavez



Hugo Figueroa
Principal

Award-Winning Partnership

The City of Long Beach and Cesar Chavez Elementary won the first-ever Civic Innovation Award for our STEM partnership. Long Beach and Chavez developed a partnership in 2015 to help young elementary students begin to understand the science of engineering.

Last year, our EiE (Engineering is Elementary) team joined a team of engineers from the City of Long Beach Tidelands Department to bring the concept of engineering to young learners. Ideas from a collaborative discussion between engineers and teachers were transformed into amazing hands-on lessons for students in grades K through 5. The lessons were taught by city engineers at City Hall over a three-day period. All students walked away with a better understanding of engineering and how it affects their everyday lives.

This year, the partnership will continue. The students will again use hands-on activities to develop their understanding of engineering. Chavez will provide all students with EiE lessons that will teach them about real-world applications of engineering concepts.

This collaboration between the city and Chavez is exposing all students to engineering and creating science-minded individuals for the future!



Cesar Chavez Teachers

Dooley *Global Studies Magnet School*

5075 Long Beach Blvd., Long Beach, CA 90805 • 562/428-7274 • www.lbschools.net/dooley



Nicole Howton-Chiles
Principal

Girls On The Run

Dooley continues to provide students with specialized groups which strengthen self-esteem, goal setting, and healthy mind sets. Currently, we have a group titled: Girls On The Run which is a girls empowerment group using a holistic approach to teach girls the power of having a healthy self-esteem, and strong committed friendships. Girls meet weekly to practice running in order to be fit to run marathons. While the girls are practicing, they stop at different times in the practice and write something positive about the girl in front of them on their T-shirt. This way, when the girls run the actual marathon, they are “carrying each other on each others backs” with the positive comments they have written on their T-shirts.



Fremont *Elementary*

4000 E. 4th St., Long Beach, CA 90814 • 562/439-6873 • www.lbschools.net/fremont



Mark Curran
Principal

After-School Programs

Fremont students are dismissed most days at 2:10 p.m. Many students are still on campus after the dismissal bell rings, and are involved in a variety of activities. Writer's Club and Chess Club are on alternate Tuesdays, Art Club is every Wednesday, drama rehearsals are on Thursdays and Fridays during the first semester, and then the MUSE program starts for the Spring semester.

The Running Club is held on Thursdays after school

for students in grades four and five. On Mondays, the Skatedogs are an option for students who like to skateboard and scooter. On Tuesdays and Wednesdays the students are in the computer lab to do ST Math.

This doesn't include the many students who wish to participate in the after-school recreation program every day, or the students who are staying in a teacher's room for extra help. The Kids Club is also busy with their program every day after school.

Fremont is definitely a community school, where students and families create a positive social environment even after the dismissal bell rings!

Gant *Elementary*

1854 Britton Dr., Long Beach, CA 90815 • 562/430-3384 • www.lbschools.net/gant



Cassandra Fanton
Principal

Cultivating Our Garden

By Jennifer Billish, PTA Member and Parent

Community involvement is a key component to Minnie Gant's success. We are focusing this year on healthy lifestyles, and have been lucky enough to work with Lazy Acres and LandCare in Long Beach to help achieve our goal.

Lazy Acres is working with our school to teach children about fruits and vegetables. They are bringing in certain fruits or

vegetables once a month so that each child has a chance to try something that might be new to them, and learn about its value and where it comes from. Lazy Acres Manager David Schaefer is very excited to be working with everyone at Gant to teach our community about healthy eating.

The second part of our goal for a healthier lifestyle involves LandCare. LandCare is donating plants and planter boxes so that our children can see how they grow, and learn how to take care of a garden. The manager at LandCare, John Marc McDougan, was eager to work with us, as well as to educate our students about gardening.

Garfield *Elementary*

2240 Baltic Ave., Long Beach, CA 90810 • 562/424-8167 • www.lbschools.net/garfield



Claire Alvarez
Principal

Building Compassion

By Darlene Ly, School Counselor

During the month of December, students and staff at Garfield Elementary School worked together to build compassion and organized one of the school's largest Toy and Food Drive. Together, we collected over 150 new toys and 400 canned foods for less fortunate families and foster youth. Our student council members and

student volunteers were very eager to help out. With such excitement, they helped spread the news by creating and posting up fliers, making announcements, and organizing hundreds of toys and canned foods during their recess break. All of the students demonstrated inspiring teamwork, leadership and kindness. We are so grateful to give back to the community and help build compassion at Garfield Elementary School.



Hamilton *Middle School*

1060 E. 70th St., Long Beach, CA 90805 • 562/602-0302 • www.lbschools.net/hamilton



Kathy Cruz
Principal

Moving On Up!

With the exciting prospect of heading to high school, plus the daunting job of searching through a myriad of specialized programs, our Hamilton teachers and students were recently assigned specific programs to research. They then created informative hallway boards highlighting requirements, classes, and special program attributes.

During one recent evening meeting, and with the aid of current Hamilton students, the parents of our eighth-graders were escorted through the hallways and provided an opportunity to virtually tour our LB high schools.

Following the parent night, and prior to submitting applications, the eighth-grade history classes also toured our hallways and documented pertinent information which would be needed prior to making final decisions, as well as submitting online their high school and specialized program choices.

This coming year, through quarterly report card studies and goal setting, our Hamilton students will set not only their high school and program choices, but also their career and life goals. In addition, the sixth-graders will complete an online study of California colleges, and all students will be participating in our May Career Fair.

After all, soon they will all be moving on up!

Herrera *Elementary*

1620 Temple Ave., Long Beach, CA 90804 • 562/494-5101 • <https://lee-lbusd-ca.schoolloop.com>



Christi Granado
Principal

Your Life Starts Now

The Drug Enforcement Administration (DEA) recently landed on Herrera's playground to deliver a power message: "Your life starts now, make good choices." To culminate Red Ribbon Week, the DEA sent its special agents, task force officers, and undercover agents to inspire our students to say "No" to drugs.

"You are not judged by the mistakes you make, but how you recover from the mistakes," said one of their special agents. Nearly 1,000 Herrera Huskies cheered "DEA, DEA, DEA!" as the helicopter hovered over the playground.

The DEA stressed the ethical issues students need to consider at a young age. Fourth-grade teacher Mrs. Lopez-Verdugo stated, "We need more assemblies that motivate students in the right path and inspire a positive lifestyle."



Jefferson *Leadership Academies*

750 Euclid Ave., Long Beach, CA 90804 • 562/438-9904 • www.lbschools.net/jefferson



Kevin Maddox
Principal

Design Your Path to High School

By Kathleen Reed, Assistant Principal

Jefferson Leadership Academies is getting the word out to our sixth-grade families about the importance of grades and Smarter Balanced Assessment Consortium (SBAC) scores as early as the first semester.

We hosted our first annual Design Your Path to High School even on December 14.

We shared information about high school programs and the school choice process. Prior to the event, all sixth-graders completed the Long Beach Unified School District (LBUSD) Middle School Career Interest Survey,

which gave parents information about what topics their student were interested in and which of the LBUSD high schools offered programs or pathways connected to those industry sectors.

Our sixth-grade Long Beach Scholars class created informational posters for these high schools, and parents had an opportunity to review them during the pizza reception. Parents expressed their appreciation for the information about programs and pathways and the current application criteria for each, which will allow parents to have serious, supportive, and ongoing conversations with their students about their goals and academic success.

Holmes Elementary

5020 Barlin Ave., Lakewood, CA 90712 • 562/633-4427 • www.lbschools.net/holmes



Luana Wesley
Principal

How Does Your Garden Grow?

What does one award-winning senior from Millikan High School and 85 Holmes TK and Kindergarten students have in common? Planters, soil, sprouts, water, and lots of tender loving care! Avery Avina, son of Holmes teacher Mrs. Avina, recently completed his Eagle Scout Project by constructing four vegetable planters inside the Holmes kindergarten playground. Our students, with the help of Avery and Mrs. Avina, planted broccoli, cabbage, lettuce, spinach, and tomatoes. The students helped weed, feed, and irrigate the plants as they enjoyed a first hand view of the growing process. We are now getting ready to harvest vegetables to make a wonderful salad and yummy soup. M-m-good!



Mrs. Avina and Holmes Kindergarten children tend vegetable garden.

Hudson (K-8)

2335 Webster Ave., Long Beach, CA 90810 • 562/426-0470 • www.lbschools.net/hudson



Terri Jarels
Principal

Gift of Books

The holidays were merry and bright at Hudson K-8 school. Thanks to a business partner, all students at Hudson received a new book as a gift. This business has a long standing partnership with Hudson, providing generous financial support for many of Hudson's programs. Before Winter Break, the employees volunteered as Santa

and his elves to pass out the books that the the company grant purchased. All of the books selected for the kids had content that supported Science, Technology, Engineering and Math, with titles such as *The Bravest Fish* for our youngest students, and *Robotics* for our middle schoolers. The picture shows Mr Goodrich's 5th graders, who happily accepted the gift of *Engineers Build Models*. Books included Pre-K: *Baby Animals On the Farm*; K-1: *Rain and The Bravest Fish* 2-3: *Fly Guy Presents: Dinosaurs*; 4-5: *Engineers Build Models*; 6-8: *Robotics*.



Kettering *Classical Elementary*

550 Silvera Ave., Long Beach, CA 90803 • 562/598-9486 • www.lbschools.net/kettering



Juan Gutierrez
Principal

Recycling for Dollars!

In an effort to be ecologically minded and to raise funds for some of the programs we have at Kettering, we have started a community wide recycling program this year. Kettering's

Recycling Team is working with the surrounding neighborhood to help collect specific recyclables. Mrs. Muenzer (TOSA) and Ms. Paquette (Intermediate Special Ed. Teacher) are heading up the program and have formed a Recycling Club of 4th and 5th grade students. We have established collection sites in our school's common areas. Mrs. Muenzer checks these sites daily for proper drop-off until the items can be sorted by student club members. We are all excited about this new program and those interested can easily track our progress on the front page of our school website.



Lafayette *Elementary*

2445 Chestnut Ave., Long Beach, CA 90806 • 562/426-7075 • www.lbschools.net/lafayette



Wendy Thompson
Principal

Masterful Web-Masters

By Nancy Jo Rettig, Counselor

Thanks to Technology Specialist, Eliceo Herrera Flores, a generation of innovative thinkers is born. "Technology Club" has become a big hit at Lafayette.

Grade 3-5 worthy applicants now design their own websites, promote code and explore their imaginative goals.

Comments from two 5th graders who have ambitious plans for the future:

I want to be a computer, I mean a computer technician just in case my family has technology problems. I basically want to show them up. — Jahkai

I joined Tech Club because I want to be a dentist. I can fix the Xray screens myself. — Eyleen

Members became "technology-mentors" on parent night. All agreed that Techies are taking the concept of helping, into the computer age.



Lakewood *High School*

4400 Briercrest Ave., Lakewood, CA 90713 • 562/425-1281 • www.lbschools.net/



Shawn Abbate
Co-Principal



Mario Jimenez
Co-Principal

Exploring Careers

The beach comes to Lakewood! Long Beach State University recently hosted a road show at Lakewood High School for their Applied Technology Magnet pathway female students (ATM).

On December 6, CSULB computer science and

engineering students Savannah Correa, La La Luu, and Mike Umana hosted 120 female ATM students. The presentation's focus was on the engineering and computing pathways available to CSULB students. The group explored how engineering and computing careers can benefit society. They also shared their experiences as students and what it takes to be successful in college.

The presentation culminated in a hands-on lab where students were able to program Arduino micro-controllers. Lakewood's John Ottina, an ATM teacher and MESA sponsor, spearheaded the charge to bring these groups together.



Tackling the great STEM divide! La La Luu, Savannah Correa, John Ottina, and Mike Umana.

MacArthur *Elementary*

6011 Centralia St., Lakewood, CA 90713 • 562/420-3588 • www.lbschools.net/macarthur



Scott Fleming
Principal

Building Community

By Maggie Magno, PTA President

Research has shown that family engagement in schools positively affects achievement. With this in mind, MacArthur's 2016-2017 PTA board has made building community its principle

focus. Before the school year even began, the board began strengthening the MacArthur community by hosting family park days and dining events. The board has planned a number of free community events to help parents feel welcome. The response from MacArthur parents has been overwhelmingly positive. The "Watch Us Grow" PTA membership campaign has been tremendously successful with approximately 108% of the school community having purchased memberships. The association meetings have had a

steady attendance rate increase. MacArthur's community is continually growing which in turn helps our students' blossom into strong, vibrant scholars!



Marshall *Academy of the Arts*

5870 E. Wardlow Rd., Long Beach, CA 90808 • 562/429-7013 • www.lbschools.net/marshall



Marie Hatwan
Principal

Marshall Cares

*By Lushandra Prioleau,
Assistant Principal*

Students at Marshall Academy of the Arts fully embrace the tenets of Rachel's Challenge. Our students accepted Rachel's Challenge and pledged to show kindness and compassion to others. As a result of



Classroom donations

this commitment, Marshall's students, staff and families came together to provide a wonderful holiday season to thirteen deserving students. Our classroom teachers adopted each student and provided gifts from their wish lists. We helped two families provide a memorable Christmas for their children in spite of their current tragic circumstances. Our students experienced first-hand the power of kindness and compassion. We at Marshall believe that a simple act of kindness can make someone's day!

McBride *Sr. High School*

7025 Parkcrest St., Long Beach, CA 90808 • 562/425-3539 • www.lbschools.net/mcbride



Steve Rockenbach
Principal

Top Migrant Education Student

Andrea Hernandez was recently selected the Migrant Education Honor Student for Los Angeles County. She was chosen from a pool of students nominated by representatives for 27 school districts serving migrant students.

When she heard about her selection, Andrea stated: "At that moment, I remembered everyone who made this

possible: my parents, the MEP teachers and the staff at Migrant Ed, the Long Beach School District, and the teachers at my school."

Her nomination was submitted by Martha Ensminger, LBUSD Migrant Education Administrator, in part for Andrea's work ethic, supporting her community through volunteer work and her impact on others. McBride High school is very proud of Andrea and honored to have her part of our family.

Millikan *High School*

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441 • www.lbschools.net/



Alejandro Vega
Co-Principal



Michael Navia
Co-Principal

AP Teachers Earn Top Marks

By Katie Hickox

Millikan AP world history, U.S. history and English literature courses rank among the top of the state's high schools in a recent review of raw numbers of passing scores. About half

of Millikan's students take an advanced-placement course in 10th through 12th grades. Advanced-placement courses offer the opportunity to earn college credit if students pass a nationally-administered exam.

Millikan placed eighth in the state for the raw number of passing AP world history scores and number one for African-Americans and Latinos passing that particular test. The school placed 51st for AP English literature for all students and 12th for African-American and Latino pupils, according to a review of about 1,000 high schools by Transforming Math and Science Education. U.S. history ranked 11th for African Americans and Latinos, and 90th for all students.

Tim Mulvehill, an AP world-history teacher and co-chair of the history department, congratulated all AP teachers for their work.

"But most importantly, it is our talented and motivated students who have made Millikan's AP program the success it is today," he said.

Naples Bayside *Academy*

5537 The Toledo, Long Beach, CA 90803 • 562/433-0489 • www.lbschools.net/naples



Jeffrey Wood
Principal

Teamwork!

Naples Bayside Academy is more than just a school. We are a unique combination of a caring community, committed staff, and hardworking students constantly striving to ensure the best for all.

What does *all* mean at Naples? It means working as a team to provide the best educational opportunities for our students, striving to enhance our school by providing supplemental programs both during and after the school day, and contributing to our community. Our team utilizes

a variety of cooperative groups all focused on providing the best for all of our students. This year, working to ensure the success of our students, we have provided reduced class size in upper grades, additional help in our primary classes and increased technology-based instruction. To enhance educational opportunities, we have provided supplemental programs in art, literature, physical fitness, engineering and drama.

Finally, to ensure that we are giving back to our community in a variety of ways, we've included partnering with our PTA to support a number of community events benefiting citizens throughout our city. Keep up the good work! Go Dolphins!

Newcomb *Academy (K-8)*

3351 Val Verde Ave., Long Beach, CA 90808 • 562/421-8851 • www.lbschools.net/newcomb



Donna Ryono
Principal

Robotics Tournament

By Victoria Flores, 8th Grade Student

Newcomb K-8 robotics club is going to be competing in its first robotics tournament. Students will use advanced robots they have built using programming, design, other engineering concepts. In May, the district will build an arena at McBride High School where they will hold a tournament for all middle schools. With three teams, the goal is to get the robot to throw objects over bars of different heights and also to climb a pole. This is an exciting chapter for Newcomb because of the popularity of this club. We hope that this team's first year goes well and that the Newcomb robots will succeed and excel!



Polytechnic *High School*

1600 Atlantic Ave., Long Beach, CA 90813 • 562/591-0581 • www.lbschools.net/poly



Quentin Brown
Principal



Diane Prince
Co-Principal

Celebrating Holidays

*by Jordyn Saunders,
Deven Carrico-Linares,
Ashlyn Moran and
Chantera Walton*

The Poly Choir Department had a euphonious Christmas concert in December at a California Heights church. Seven different groups

performed, ranging from classical to jazz to contemporary, and all were equally pleasing to the ear.

Later in December, Poly's Instrumental Music Department held its winter concert at Millikan High. It featured an emotion-packed senior-solo by Ananya

Narasimhan. "Elegy" by Gabriel Faure was performed by the Poly Chamber Orchestra in memory of a lost Jackrabbit.

Also in December, Poly's Playhouse hosted its second annual poetry slam. There were over 25 student performers, and a student band called "The Beans" played groovy jazz music in between poems. The poets touched on various subjects such as family and love, and current issues like racism, Black Lives Matter and gender acceptance. Senior Anthonia Wright won first place for her performance of her poem "Daddy Issues."

December also marked Poly's third annual Holiday Project. For four hours, families and children enjoyed a morning of music, games, snacks and gifts. This year's turnout was very successful, with over 500 families attending.

Prisk *Elementary*

2375 Fanwood Ave., Long Beach, CA 90815 • 562/598-9601 • <http://prisk-lbusd-ca.schoolloop.com>



Damon Jespersen
Principal

Prisk Students Experience Ellis Island

Fifth grade students at Prisk recently participated in a simulation of the process people experienced immigrating to the United States through Ellis Island. This field trip is the latest installment of educational program being developed as part of the LBUSD and Queen Mary partnership.

Students started their journey by watching a seven minute movie in the 4D Theater that transported them back in time to the historical era when Ellis Island served as a gateway to the United States. After that, student engaged in activities that encompassed issuing passport documentation, medical and mental health evaluations, legal processes, currency exchange and purchasing train and ferry tickets to the United States. The trip concluded with a wrap up session of reflection and lunch on the ship.



Prisk students process through Ellis Island as part of the simulation of immigrating to the United States.

Riley *Elementary*

3319 E. Sandwood St., Lakewood, CA 90712 • 562/420-9595 • www.lbschools.net/riley



LaShell Diggs
Principal

Riley Elementary

*By Allison Rayburn,
Student Council Moderator*

Riley Road

Runners are on the go! Our students are actively involved, improving our school, and setting far-reaching goals. Those interested, applied to run for student council (requiring references and a written piece). They campaigned and presented speeches. The newly elected council is working hard to serve our student body. Obtaining district and city approval, we now have a recycling program at Riley. All classrooms have recycle bins, with more throughout campus. Seasonal Gram fundraisers and Spirit Days are other ways the council is bolstering campus life. They've presented at assemblies and made school-wide announcements. We encourage our students to set goals and achieve their dreams! They are developing skills that will serve them well in higher education and beyond.



Signal Hill *Elementary*

2285 Walnut Ave., Signal Hill, CA 90755 • 562/426-8170 • www.lbschools.net/signalhill



Tammy Lavelle
Principal

Bubblemania!

In December, all students who met our attendance goal of “5 or Less”—fewer than five absences or tardiness—during the first trimester enjoyed a special assembly.

Bubbles of all shapes and sizes filled our auditorium stage as students learned about the science of bubble making. The highlight was being selected to stand inside a gigantic bubble!

Students will have two more opportunities to attend a 5 or Less special assembly. They also have



monthly opportunities to earn individual perfect-attendance buttons and classroom recognition for excellent attendance. During 2017, we'll also recognize families for excellent attendance—it's a family commitment to get students to school on time, and our scholars and their families know how important it is! Thanks for your ongoing commitment to excellence!

Sato *Academy of Mathematics & Science*

1100 Iroquois Ave., Long Beach, CA 90815 • 562/598-7611 • www.sato-lbusd-ca.schoolloop.com



Mona Merlo
Principal

Getting Off the Ground

Our Sato students are eager to get their clubs up, running, and literally “off the ground.” The students at Sato have the opportunity to join the following clubs: RC Flight, Rocketry, Ham Radio, HOSA, Cheer/Dance, Running, Key Club, Environmental Issues, STEAM, and Board Games.

Sato clubs enhance the curriculum being taught within the school's pathways of engineering and biomedical sciences. The RC Flight Club, advised by aerospace engineering teacher Albert Gallo,

practices flying remote-controlled planes and drones on the north field of campus during lunch time. Video footage of the Sato campus taken with a drone can be viewed on the Sato website.

Members of this club will also be entering a Search and Rescue Drone Competition this spring. The Rocketry Club, advised by our principals of engineering teacher, will be traveling three times to the desert this spring to launch rockets. The HOSA Club (Health Occupation Student Association), advised by the physical education teacher, will also be competing in local and regional competitions with the hopes of making it to the national competition again this year.

Stanford *Middle School*

5871 E. Los Arcos St., Long Beach, CA 90815 • 562/594-9793 • www.lbschools.net/

Dr. David Costa, *Principal*

Abilities Awareness Day

By Patty Anaya, Teacher – Special Education

On October 20, Stanford Middle School held the annual Abilities Awareness Day. During their physical education class, the sixth-grade students learned about various disabilities.

This year, the event had six different stations: orthopedic impairment; dyslexia; deaf and hard of hearing; dwarfism; fine-motor skills; mobility; and transportation. At each station, volunteers shared facts about the disability and practiced a skill with the students that might be a difficult everyday task for a person with that disability.

Abilities Awareness is a wonderful opportunity for students without disabilities to see how life is for other students and adults with disabilities. It teaches them empathy and patience and gives them a new perspective about their peers with disabilities. Students with disabilities are the same as other students; they can talk, read, and get dressed. It might just look different and take longer. Everyone is different, and that it is okay.

This event wouldn't have been possible without the help of our Special Education Department, our Physical Education Department, our parent and family volunteers, and California State University, Long Beach's Adapted Physical Education (APE) Teacher Credentialing Program.

Stephens *Middle School*

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841 • <http://lbstephens.schoolloop.com/>



Salvador Madrigal
Principal

Our Super Counselor

What would you do if you saw someone choking on a piece of food? Well, our counselor, Mrs. Shondi McGee, knew exactly what to do. It

all happened during lunch time recently when a 7th grade boy started choking on a piece of food. Two 8th



grade students saw what was happening and immediately ran to get help. Mrs. McGee sprang into action and ran over to him. She saw that he was not breathing and was turning red. She performed the Heimlich Maneuver and was able to clear his airway. As she said, "I was only doing my job." Thank you, Mrs. McGee, for your quick thinking and commitment to the well-being of our Stephens Jackrabbits.

Twain *Elementary*

5021 E. Centralia St., Long Beach, CA 90808 • 562/421-8421 • www.lbschools.net/twain



Dr. Jacqueline Williams
Principal

We Cannot Thank Them Enough

By Elizabeth Payne, Parent

November 2016 marked the tenth anniversary of Mark Twain's Veterans Day celebration. What began as an effort to thank our veterans has blossomed into an event that continues to inspire gratitude, commitment and patriotism from our parents, staff and students.

Keynote speaker Airman First Class Kayla Corn spoke to our students about the power of perseverance in the face of adversity. Special guests included our attending veterans, California Veteran

of the Year Dennis Lander, and representatives of the LBPD, our local paper and the board of education. Our own Mrs. Mitchell, who had joined her quartet High Tide in treating us to "The Star Spangled Banner," stepped in at the last moment to MC our program when our scheduled speaker fell ill. Our amazing students showed us once more their deep understanding of Veterans Day through the submission of original essays and artwork. Over 300 students participated in the national Thank a Service Member campaign by voluntarily writing to those serving overseas.

Our celebration came to a close with a patriotic musical tribute and the waving of hundreds of tiny American flags.

Tincher *Preparatory School (K-8)*

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636 • www.lbschools.net/tincher



Rosemary Sissons
Principal

The Heart of Tincher

This holiday season, students at Tincher Preparatory, a certified 'Kindness School' (The Great Kindness Challenge — www.greatkindnesschallenge.org) put kindness into action.

Under the direction of music teacher Laura Strand, Recreation Supervisor Brenda Christensen and several parent volunteers,



Tincher families create 'blankets of love' for the local community.

Tincher students made nearly 30 blankets that were donated to patients at the Pediatric Oncology Unit at Miller Children's Hospital, the VA, as well as pet sized blankets that were donated to the local SPCA. A hospital representative wrote "These blankets will be used to bring great comfort for our patients during their lengthy admissions." Tincher Students embody the idea that it is better to give than to receive.

Stevenson *Elementary*

515 Lime Ave., Long Beach, CA 90802 • 562/437-0407 • www.lbschools.net/stevenson



Yvette Streeter
Principal

Bright Smiles

Stevenson Stars are shining brighter than ever with the biannual Big Smiles Mobile Dental Program. Sixty-one of our Stevenson Stars participated, receiving dental cleanings, x-rays, fluoride treatments and new toothbrushes. Students were

apprehensive at first, but excited by the ease and comfort of keeping up with dental care. Zakyra Delaney reports, "I was scared to see the dentist, but they made it fun. They cleaned my teeth and afterwards I was like, yeah, I wasn't scared of them anymore." Big Smiles provided students, even those without insurance, free dental exams and treatments. It was a wonderful event. Keep smiling and shining Stevenson Stars!



Washington *Middle School*

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434 • www.lbschools.net/washington



Megan Traver
Principal

Community Building

This year our Washington staff and students are working with a Restorative Justice Coordinator from the California Conference for Equity and Justice (CCEJ) to help create a stronger sense of community and an improved school climate. Staff members are being trained throughout the year via two-day workshops, after-school trainings, and professional development sessions at staff meetings.

One of our first new efforts is to incorporate "Restorative

Justice Circles" and other types of community building activities into our curriculum in order to help the students build relationships with one another and between our staff.

Our hope is that these methods of building relationships, and a greater sense of community, will enable students to work more productively and successfully on collaborative tasks in class. They will also get along better as a school community in general, and will help foster positive relationships between staff members and students.

We have already started to see the positive impacts of these efforts. Our students are more successfully resolving conflicts, and expressing how they feel more "listened to" and "heard" after participating in these sessions.

Webster *Elementary*

1755 W. 32nd Way, Long Beach, CA 90810 • 562/595-6568 • www.lbschools.net/webster



Sarah Forrester
Principal

Better People in a Better Place

*By Carrie Savage-Rohnke, Teacher-SDC
Moderate/Severe Grades 2/3*

This school year Webster Elementary School is proud to emphasize the importance of character education traits to all of our students by recognizing students who demonstrate these traits as citizens of the month at our monthly spirit assemblies.

Teachers work hard to teach, model, and discuss the significance of good character with their students to help them understand the elements of character and why they are important traits to embrace

and practice in life.

The elements of character include: respect, gratitude, honesty, responsibility, kindness, justice and fairness, trustworthiness, courage, and perseverance. Not only do students receive awards at assemblies, they are also recognized for their achievements every three months at character education assemblies, and parents are invited to watch their children receive special certificates.

Webster identifies the importance of good education character traits as all the teachers and staff work with students to develop these traits and accentuate the true importance they exemplify.

Whittier *Elementary*

1761 Walnut Ave., Long Beach, CA 90813 • 562/599-6263 • www.lbschools.net/whittier



Lori Grady
Principal

Math Masters

This year, Whittier Elementary School's third-, fourth-, and fifth-grade teachers are participating in a district cohort that collaboratively plans mathematic units of study. Each month, our teachers meet with a district coach and teachers from other school sites to prepare a roadmap of what students will know at the end of the unit.

The teachers work together to unpack the math standards. They analyze the upcoming

unit to determine the essential learning standards. Next they determine how and when students will learn the essential standards. In groups, the teachers work with a coach to plan balanced lessons with lower- and higher-level cognitive demand tasks.

On lesson planning days, teachers have an opportunity to fine tune these lessons by practicing in a classroom with their peers observing them. They also collaborate with other teachers from neighboring school sites to share ideas and strategies that worked in their classrooms.

Willard *Elementary*

1055 Freeman Ave., Long Beach, CA 90804 • 562/438-9934 • www.lbschools.net/willard



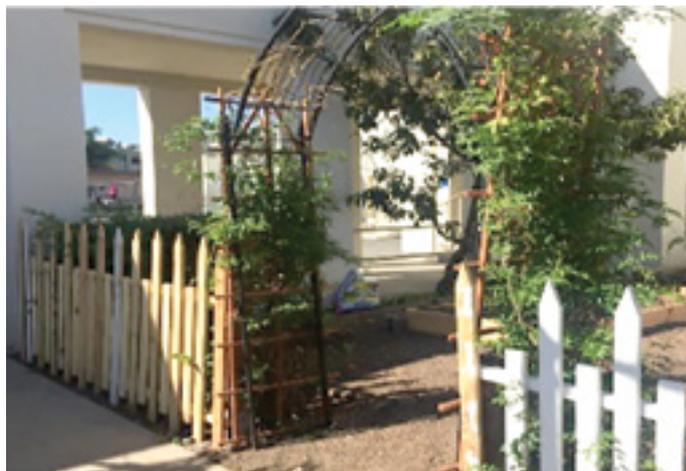
Dr. Cassandra Richards
Principal

We Grow Together!

By Jonathan Guevara, Teacher

The Willard Wizard Garden – which is now a Certified Wildlife Habitat blooms with brilliance. Students take pride in their garden. Our garden has increased parent involvement and produced a well-groomed environment for all to be proud of. The garden is tended to each week by fifth grade students and by parent volunteers. The garden hosts a wide range of vegetables,

ranging from pumpkins to herbs to decorative plants. Students are able to analyze and take note of the planting and cultivating process. Baby chicks now reside in the garden providing students the opportunity to watch them grow. With this growing garden, it is hard for us to not grow ourselves!



Wilson *Classical High School*

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481 • www.lbwilson.schoolloop.com



Sandy Blazer
Co-Principal



Gonzalo Moraga
Co-Principal

Thank You, Nolan

*By Andrea Torres,
Grade 12, "Loudspeaker"
Editor-in-Chief*

Wilson High School has gained a new symbol of the pride, effort and determination found in Bruins throughout campus. Senior Nolan Peterson and

his family created a W that's become a part of Wilson's spirit regalia.

"Originally, we were going to go with a smaller size, but I wanted to go big," Nolan said. And big it is—about

eight feet tall! The cardinal-and-gold Big W now stands in the center of the rally stage and is featured in many of the school's lunchtime activities.

"The Big W is so big that it takes about five students to carry it," Nolan said.

The creation of the Big W was not a one-man effort—Nolan made this iconic object with the help of his family. He and his father constructed it while his mother and sister took care of most of the painting.

"Now that I see the Big W in our rally photos, it feels like something is missing from all of our old photos," said yearbook teacher Ms. Combs. "It truly fills the space and adds dimension to our photographs."

The Gift of Giving



David Perram
Director of
Student Affairs

By 6th Grade Student Ty Mazakas

I enjoy the opportunity to work as a 6th grade student in Westerly's Student Leadership Program. Through this class we plan all of our school activities like parties and dances along with finding ways to support our school and some local charities.

Each year during the holiday season, Student Leadership donates to an organization in need. We call this fundraiser, "Reach for the Stars." "Reach for the Stars" is a gift drive where students and parents pick a star that we've hung in the office that is labeled with a gift item. The gifts can include things like socks, toys, or anything a kid or adult might need around the holidays.

This year I proposed donating to a charity called "Grant's Wishes." This charity helps kids that are going through cancer for a second time. The organization grants a "wish" to kids in the hospital who are having continued battles with cancer. The wishes vary from a trip to Disneyland or meeting their favorite singer. They also



Ty Mazakas (far left) and Leadership Class with their donations for Grants Wishes.

provide small gifts to the kids during their stay in the hospital before giving the big wish.

I told student leadership my idea for Grant's wishes and they all thought it was a good idea and decided to have them as our beneficiary this year. The process for this project was simple. We had to cut out hundreds of stars

and label them with both small gifts and items related to granting the "wish" of seven year old Bella who wanted to go to Disneyland with her family. Westerly students and parents participated by choosing a star and returning the corresponding item labeled on the star. Our gift drive was a huge success. We ended up raising 300+ toys and a value of around \$1000 to send Bella and her family to Disneyland. This drive made me personally feel really good inside because just to know that some kids who are going through a rough time get a little perk to their day.

Nonprofit, Nonsectarian Independent School
2950 E. 29th St. Long Beach, CA 90806 • 562/981-3151
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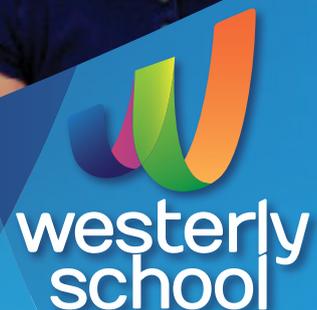


Community Tour Dates

Wednesday, February 15, 2017
Tuesday, March 14, 2017

Tour schedule is 8:30-9:45 a.m.
Reservations are encouraged.
Please contact the Westerly office at 562-981-3151 or register online at www.westerlyschool.org. If you cannot attend a scheduled tour, please request a private tour.

2950 East 29th Street | Long Beach, CA 90806





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BOARD OF EDUCATION • From Page 12

a K-8 school, would see eighth graders move to Stephens. All of Stanford's students would move to Butler, and all of Washington's students would move to Jordan Plus. Wilson students would remain on site.

The estimated project completion time for each school is one to two years, with elementary schools usually in the one-year range, and high schools in the two-year range. The school district will continue providing updates to parents, students, employees and the community. We'll also continue planning so that once the first three years of projects are completed, the next round can begin quickly. For updates, remember to visit our website at lbschools.net.

The resulting Measure E school improvement and construction projects will be well worth the investment and any temporary inconvenience. We sincerely thank the nearly 130,000 local voters who recognized that fact by agreeing to make these school bonds available.

1515 Hughes Way, 4th Floor, Long Beach, CA 90810 • 562/997-8240

Real Estate Matters



CathyLyn Brooks

Earthquake Insurance Attractive Options

So, it's not a matter of if, but of when, the "big one" will hit. According to some geologists, we are overdue.

That's the bad news. The good news is that the California Earthquake Authority (CEA), the agency that issues the coverage through your local agent, has significantly expanded the options available to consumers. That can help make the coverage more affordable.

A few of highlights of the changes are:

- ~ Now there are deductible choices ranging from 5 to 25 percent. And the insured now never has to pay any portion of the deductible to receive benefits under the coverage.
- ~ They are now offering higher limits for personal property coverage and for loss of use - the coverage that pays should you not be able to live in your home.
- ~ New coverage is also offered is coverage for breakable personal property, exterior masonry veneer, chimneys, and "green" home features.
- ~ And the discount available for retrofit that results in earthquake hazard reduction has risen to 20%.

The CEA was established in 1996 by the State of California and is now well funded to prevent homeowners and renters from loss resulting from earthquake damage. If you have not looked at the options available for a few years, 2017 may be a good time to take another look.

They have a great website that offers a premium calculator and allows you to customize your coverage. Here is the web address: <http://www2.earthquakeauthority.com/Pages/default.aspx>

CathyLyn Brooks, CRS, GRI is affiliated with Main Street Realtors. She has worked as a real estate broker since 1980, is a graduate of USC, the UCI paralegal program, and serves FINRA as a public arbitrator. Consumers should seek legal and tax advice pertaining to their transactions.

School News

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American Business Women's Association



Vanessa Willis
National President

Looks Good from Wherever You Stand in Life

By Cecile Harris Walters, National Ambassador and Member of the Diamonds of Southbay Chapter, Long Beach, CA

Norma Hamilton, professionally, works for the City of Long Beach and has always been drawn to the areas of business prior to joining the American Business Women's Association (ABWA). Norma earned a B.S. Degree and worked as an aspiring and eager young professional. After marriage, she became a mother and quickly learned that parenting had become her business without even realizing it. ABWA is helping Norma to recognize ways to bridge her love for business and education and it has shown her how women like her are joined together to help guide other women into the area(s) of their interest and businesses. ABWA has given Norma opportunities to learn the best ways and tools to grow and develop as a person, employee and business owner, and in leadership. Success looks good from wherever you stand in life and that you can find the support and training that you need to accomplish whatever you desire.

For more information on ABWA and Scholarship Opportunities, email charriswalters@gmail.com

Financial Tips-LBS Financial Credit Union



Jeffrey A. Napper
President & CEO

Jump Start your Savings for the New Year

Happy New Year! The best way to jump start your savings plan is to get started with small steps and find ways to cut expenses. It will take planning, determination and effort to reach your savings goal.

Track Your Spending Habits for a Month.

List all your expenses for the month and compare against your take home pay to know exactly how much is coming in and going out. Prioritize your expenses and make decisions based on needs and not on wants to help you meet your savings goals.

Boost Your Savings. Once you have gone through your budget and cut some of the unnecessary spending, increase your savings goals and make sure that you reach it. It's a good idea to start with an emergency savings fund to cover your expenses during times of unexpected expenses.

Automatic Transfers. Make life easier for you and sign up for automatic transfers from your account each month. Schedule a day each month and designate an amount to be transferred automatically to your Savings account.

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