

FREE

School News



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Covering the Long Beach Unified School District...and more!

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*Thank you for reading
School News*

Distributed in the communities of: Long Beach, Lakewood & Signal Hill

America's Best High Schools

- **America's best high schools** include seven in the Long Beach Unified School District, according to the latest Washington Post rankings. These schools surpass 90 percent of other public high schools nationwide in terms of their ability to offer rigorous college prep courses. Likewise, the newest U.S. News and World Report rankings of top high schools include six schools here, all of them earning either silver or gold medals, again for surpassing 90 percent of the nation's more than 21,000 public high schools.
- **Graduates in the class of 2016** here earned \$93.6 million in scholarships, a five-fold increase since a decade ago, with students gaining admission to hundreds of prestigious colleges and universities throughout the nation.
- **More students are going to college** because of The Long Beach College Promise partnership. As part of this initiative, LBUSD students receive a free year of classes at Long Beach City College, and they earn priority admission to California State University, Long Beach if they meet minimum requirements.

Learn more at www.lbschools.net



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Kay Coop
Founder/Publisher



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LONG BEACH UNIFIED SCHOOL DISTRICT
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FOUNDER/PUBLISHER: Kay Coop
562/493-3193 • kay@schoolnewsrollcall.com

ADVERTISING SALES: Heidi Guil
562/493-3193 • Fax: 562/430-8063
heidi@schoolnewsrollcall.com

CONTENT COORDINATOR: Barbrea Longiny

GRAPHIC DESIGNER: Tim DeLacy

COPY EDITORS:

Lisa Brock, Kate Karp & Anna Zappia

Netragrednik by Neta Madison



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SCHOOL NEWS ROLL CALL, LLC

P.O. Box 728, Seal Beach, CA 90740
562/493-3193

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The new school year is well underway and students have adjusted to their routine. Superintendent Steinhauser's message on page 13 brings you up to date on the promise the new school year holds.

In this issue, Signal Hill Mayor Woods writes about community events, Long Beach Mayor Garcia shares the budget items, City Auditor Laura Doud writes about fraud and City Prosecutor Haubert informs on the efforts to end chronic truancy.

Our columnists write on many topics to keep you interested from how to avoid foundation problems, tips on protecting against fraud, leadership, preparing for flu season,

being safe and healthy at Halloween, scholarship opportunities, community service and what is happening in the classrooms...enjoy!

Be sure to enter our contest on page 26.

We have adjusted our schedule for this Long Beach publication to October, February and April. Thank you for being loyal readers. We listen to your requests and have included for community information and have more planned for the new year. Until our February issue have a fun Halloween, Happy Thanksgiving, amazing Winter Break, and Happy New Year!

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CathyLyn Brooks

How to Avoid Foundation Problems

With every home inspection I see, the inspector examines the foundation. Here are the top conditions that can damage a foundation.

1. Poor Drainage: The most common issue noted is always drainage. I see this so much that I can spot it while showing homes. Soils should be graded to push water away from the structure. Look for, and eliminate, burms in the yard that push water toward the home. Make sure there are gutters with downspouts directing the water away from the foundation. Each year, clean out these gutters before winter.

2. Trees too close to the structure: Some trees have root systems that are 3 times the size of their canopies. I have seen roots lift the foundation of huge apartment buildings. The goal of every tree's root system is to find moisture, which can be abundant under foundations and more attractive during a drought. Another concern is that roots may invade a wet area and suck it dry. When the roots die there and leave voids, it can collapse the space under the slab. While you may not be able to move a tree, you can install a root barrier and be careful where you plant new trees.

3. Soil expansion: Clay soil expands and contracts. The clay will swell when wet, and shrink when it dries. This process can work the weight of the structure down into the ground. Over time the foundation can become irregular, leaving an unlevelled home and doors that stick.

If you can maintain the moisture of the soil under the foundation at a constant level you can prevent this. One side of a home may have more clay than the other side, and one neighbor's foundation may be sitting on more clay than another's, accounting for some homes experiencing more foundation problems than others. Incredibly, there are guidelines for watering your foundation to keep the moisture consistent. Many can be found online with a simple search and counties actually suggest this, even in times of drought.

CathyLyn Brooks, CRS, GRI is affiliated with Main Street Realtors. She has worked as a real estate broker since 1980, is a graduate of USC, the UCI paralegal program, and serves FINRA as a public arbitrator. Consumers should seek legal and tax advice pertaining to their transactions.



Jeffrey A. Napper

President & CEO

Tips On Protecting Yourself Against Fraud Part 2

There are so many ways a thief can steal your personal information. A fraudster will rummage through garbage, steal mail from the mail box or steal your wallet. The list goes on and on but there are ways to protect yourself and your loved ones from anyone committing fraud against you.

1. Cyber Security. Make sure that you have up-to-date security software including anti-virus and a firewall protection. Antivirus software is a computer program that detects, prevents and takes action to disarm or remove malicious software programs, such as viruses and worms. A firewall on your computer is like your personal alarm system on your house. Prevent online fraudsters from stealing information from your computer by maintaining current firewall software.

2. Too Good to be True. Be wary of unexpected offers or requests that are too good to be true such as "you've inherited a large sum of money but in order to claim it, send us a deposit first" or "you can earn money by depositing a check to your account and sending a cashier's check for a slightly lesser amount." You should also never agree to conduct financial transactions on behalf of strangers.



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Budget Proposal

On September 13, the City Council adopted our budget proposal for Fiscal Year 2017. This budget is not only responsible and balanced, it also increases funding for infrastructure and public safety, as well as libraries and parks, and increases our reserves.

Dr. Robert Garcia
Mayor

This budget, thanks to the voter approved passage of Measure A, begins the largest public infrastructure investment plan in a generation, and restores public safety services for the first time in almost decade.

The budget includes:

- Restoring South Division to the Police Department along with new officers.
- Restoring the Fire Engine service to Fire Station 8, including new firefighter positions.
- New Police & Fire Academies - \$80 million in infrastructure repairs to fix city streets, parks, libraries and public facilities.
- Sunday hours at more libraries.
- Expanding park programs across the city.
- Additional resources to address homelessness. More support for our Municipal Band, Museum of Art, and the Arts Council.
- New investments in technology.
- and more money set aside in our reserves for a rainy day, thanks to Measure B.

I especially want to thank Councilwoman Stacy Mungo, who chaired the Budget Oversight Committee, and City Manager Pat West and his team for their incredible work on the budget. Councilwoman Mungo's leadership was critical in ensuring that our budget remain responsible and sustainable. She did a fantastic job.

Next year's budget will be challenging, but thanks to the fiscally conservative approach the Council has followed, we are in a good position to meet that challenge. I remain committed to balancing our budget while providing the level of service that residents, businesses, and visitors expect.

I also want to thank all the residents who shared ideas during the budget process. Your participation is always extremely helpful in passing a budget that addresses all the needs of our city.

Finally, a huge thanks thanks to the City Council for their work and leadership. Onward to the next challenge.

333 West Ocean Blvd., 14th Floor, Long Beach, CA 90802 • 562/570-6801 • www.longbeach.gov



Community Programs

Every year, the City of Signal Hill Residents eagerly anticipate our City's fall and winter community programs and events. Each month brings helpful, fun and affordable programs brought to you by the Community Services Department.

Lori Woods
Mayor

The City kicks off the fall with essential programs in October such as a Low Cost Pet Vaccination and Microchip Clinic on Saturday, October 17, 10:00 a.m. – 11:30 a.m.

And then again on Saturday, December 3, 10:00 a.m. – 11:30 a.m. The Spay Neuter Project of Los Angeles in partnership with the City of Long Beach Animal Care Services will be providing two low cost vaccination and microchip clinics for cats and dogs. Vaccines are good for three years if the dog or cat is over one year old. Owners must be able to provide proof of pet licensing. Next, The Los Angeles County Department of Public Health and the City of Signal Hill will be hosting a FREE Flu Shot Clinic on Thursday, October 20, 9:00 a.m. to 12:00 p.m. Participants can register on-site on the day of the event at the Signal Hill Youth Center. All ages are welcome.

We end the month with the City always exciting Halloween Carnival on Saturday, October 29, 3:00 p.m. – 6:00 p.m. This annual event makes for a perfect family activity and will include plenty of activities such as games, contests, and carnival areas for children. We will also have a stage show, music, and great food. This awesome event can be enjoyed by ghosts, goblins and ghouls of all ages.

We then celebrate the coming of winter holidays with our Annual Tree Lighting Ceremony Thursday, December 1, at 5:30 p.m. The public is invited to enjoy a visit with Santa, festive treats and holiday music with Signal Hill dignitaries and community members alike. The official tree lighting begins at 6:15 p.m. but come early to enjoy our activities!

Besides our community events, the Signal Hill Public Library continues to offer its regular programs such as, story time, reading program and free movie nights, despite its temporary location at the Signal Hill Community Center.

Be sure to check our event calendar online at so you never miss the good times going on here at the City of Signal Hill. You can also always contact the Community Services Department for more information.

2175 Cherry Ave., Signal Hill, CA 90755 • 562/989-7300
www.cityofsignalhill.org



City of Long Beach, City Auditor



Laura I. Doud
City Auditor

Finding Fraud – a Needle in a Haystack

As the City Auditor, my Office is involved in deterring, detecting, and investigating fraud within the City. When I was first elected, I revitalized the City Auditor's Fraud Hotline, and over the past 10 years, we have investigated numerous cases. Ours is the only City of Long Beach reporting system that allows residents, City employees, and stakeholders to anonymously report tips of fraud, waste and abuse against the City.

I recognize that most of our City employees and vendors are hardworking and honest; however, it is important to acknowledge that fraud, waste and abuse can and does occur. Organizations lose millions every year due to fraud. According to a 2016 report from the Association of Certified Fraud Examiners, organizations typically lose 5% of revenues each year to fraud. With annual City revenues of over \$2 billion, potential losses could go a long way to fund police officers, repair streets and expand library services.

Identifying fraud, however, is extremely difficult, because fraud usually occurs when controls are not sufficient to detect a problem. Without proper controls, trying to find fraud is like trying to find a needle in a haystack. Statistics show that fraud tips are the most common method of fraud detection.

Long Beach, like any city, is not immune to the occurrence of fraud. Not long ago, a Fraud Hotline tip led to an audit that found a lack of controls allowing an Animal Care employee to embezzle close to \$300,000 in license fees in one year. Imagine how this must have affected humane services for dogs, cats and other animals. When fraud happens, City services suffer.

International Fraud Awareness Week is in November, and I would like to remind everyone to be alert to any potential wrongdoing against the City. If something doesn't add up, sound right or feel right, please take the time to report it. You can anonymously report tips 24 hours a day, 7 days a week to the City Auditor's Fraud Hotline:

- Phone: 1-888-FRAUD-07 (1-888-372-8307)
- Online form at CityAuditorLauraDoud.com
- MyAuditor App available at the App Store or Google Play

We review and analyze all tips to determine if there is sufficient basis to investigate. Audits conducted due to tips we've received have resulted in important findings related to timecard abuse, theft of property, and lack of sub-contractor oversight. Your tip is very important and can trigger change. Together we can make our City better by protecting taxpayer dollars and ensuring they are used for the public's benefit.

333 West Ocean Blvd., 8th Floor, Long Beach, CA 90802 • 562/570-6751 • www.CityAuditorLauraDoud.com

City of Long Beach, City Prosecutor



Douglas P. Haubert
City Prosecutor

Ending Chronic Truancy

Can Long Beach actually end chronic truancy? No major city and school district have taken on such a challenge, nor taken the bold steps to do this, but Long Beach could be the first.

When the City Prosecutor's Office started the Parent Accountability and Chronic Truancy (P.A.C.T.) program in 2011, no one knew the direction it would lead. Although parents of chronic truants who take no action

to improve their child's attendance could face criminal charges, about 95% of cases are successfully diverted into supportive programs and never go to court.

"Chronic truancy" is the most severe level of truancy and it means a child in grade K-8 has missed more than 10% of the school year without any excuse. Children who are sick or miss school occasionally are not chronic truants, only those who are habitually absent month after month without a legitimate reason.

For the 2015-2016 school year, LBUSD and the City of Long Beach partnered in the "All In" campaign, a strategy designed to improve attendance and learning outcomes. Special focus was placed on (one elementary school) and three middle schools that traditionally struggled with chronic truancy.

Students with histories of being chronically truant were referred to the City Prosecutor's P.A.C.T. program, which begins with an office conference. Families are offered an array of social service assistance, from counseling to assistance with employment to free school supplies and uniforms.

In virtually every instance, the child's attendance improved along with the student's performance. At Franklin Middle School, for example, students referred to P.A.C.T. had missed 18.9% of classes before the office conference. The number of missed classes then dropped to 4.3%.

Similar results were achieved at Washington Middle School, where missed classes dropped from 16.0% to 4.2% among those referred to P.A.C.T., and at Jefferson Middle School where missed classes dropped from 13.0% to 4.0%.

These improvements are significant because each group of students are now well under the 10% marker for chronic truancy. National data reveals that 75% of chronic truants never graduate, so moving children out of the chronic truancy category could improve graduation rates among those who are otherwise not expected to graduate.

The "All In" campaign was successful, not just because of P.A.C.T., but because it was a comprehensive effort involving neighborhood leaders, city officials, educators, and local businesses. Some improvements were also seen among students at "All In" schools who were not part of the P.A.C.T. program.

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Long Beach Department of Health and Human Services



Kelly Colopy
Director

Flu Season is Approaching

It's that time of year again! The kids are back in school and by now, they should be used to their routine of learning and resting. Repeat. To make sure their routine is not compromised, it is important to know about the Flu Season and how you can protect yourself. Flu vaccines are recommended for anyone 6 months and older, and are usually offered at health facilities, pharmacies, and community organizations. Receiving the Flu Vaccine is the number one way to avoid getting the flu.

Signs and symptoms of the flu can include fever, chills, headache, muscle aches, weakness and more. The flu is spread by droplets that are coughed or sneezed into the air by someone who is sick with the flu. This is why it is important to cover your mouth and nose when sneezing or coughing (preferably with tissue in your hand or into your upper arm, NOT into your hands). It is also good practice to wash your hands well and often with warm water and soap for 20 seconds. Washing your hands well is especially important after coughing, sneezing, using the restroom and before eating or preparing food. Lastly, if you or a loved one comes down with the flu, be sure to stay home and rest.

FREE FLU VACCINATIONS
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October 20, 2016
2:00 pm - 7:00 pm

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For More Information: 562-570-4290
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This Halloween, Don't Be Afraid of Diabetes



Mario Brakin, M.D.
Medical Director,
Endocrine &
Diabetes Center
Miller Children's &
Women's Hospital
Long Beach

Halloween can be a thrilling holiday for children of all ages, but the wide availability of candies with high levels of sugar can prevent children living with diabetes from joining in on the fun.

Diabetes is a condition in which blood sugar levels are unusually high. Inside the body, food is changed into glucose (sugar) that is carried throughout the entire body. Insulin is a hormone that helps the body use glucose for energy.

With diabetes, the body makes little to no insulin. Without insulin, the body's cells are unable to use glucose, and the glucose instead builds in the body's blood stream.

Children with diabetes should be able to actively participate in special occasions and holidays like Halloween. Planning ahead is the key to celebrating these occasions without compromising diabetes control.

This Halloween, you can help your child by:

- Giving your kids money or toys in exchange for their candy (example: a quarter for each piece of candy)
- Participating in the Halloween Candy Buy Back event – local dental offices and other businesses will trade a child's candy for money, prizes or other treats. The candy gets sent to troops overseas and helps kids avoid cavities. Find participating locations at HalloweenCandyBuyBack.com
- Planning a party instead of "trick-or-treating" door-to-door
- Visiting a haunted house or renting a scary movie

Enjoying Halloween may be difficult for your little witch or wizard living with diabetes, but it's manageable. For more information on how to help manage your child's diabetes, visit MillerChildrens.org/Diabetes.

2801 Atlantic Ave., Long Beach, CA 90806 • 800-MEMORIAL
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Diabetes Family Festival & Classic Car Show

November is Diabetes Awareness Month

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Leadership Long Beach

YLLB Class of 2016

By Luke Blevins, Junior, Poly High School

In spring of 2015, I applied for Youth Leadership Long Beach Class of 2016. I knew about the program because my mother and brother both graduated from the organization. I had reservations as I already had a full plate with school, sports, church and family. After I was accepted, I never regretted it. I made new friends and connections, I experienced great fun and growth, plus I learned a lot about the city where I was born and raised.

During our orientation meeting, I soon became comfortable with the other HS students and made new friends. Our bonds were strengthened at the YLLB retreat in Big Bear. Being on the mountain inspired me even more to be a leader among my peers. We helped each other develop our strengths and it was an amazing experience that I'll never forget. The retreat was some of the most adventurous fun that I had that year, but it was not the only adventure.



I also learned more about the City of Long Beach. My mother works for the city, so I already knew a lot about the government aspect. However, I didn't know other aspects about the city like how much money the Port brings in, that there is a great arts district in downtown Long Beach, that LBUSD has a partnership with LBCC and CSULB called the Long Beach College Promise, plus so many other things.

I am fortunate to have gone through this outstanding program and I'm excited to build on what I learned. I advise all students to apply for Youth Leadership Long Beach. You will learn things about yourself and others and about this amazing city that will surprise you.

About Leadership Long Beach: Leadership Long Beach was founded in 1989 as a civic improvement program that would serve the community by educating and motivating leaders on issues important to the future and sustainability of our city. www.leadershiplb.org or www.facebook.com/leadershiplongbeach 743 Atlantic Ave., Long Beach, CA 90813 562/997-9194

The Literacy Project

Phonics and Literacy

By Elsa Embler, Intern

Donald is just an ordinary second grader with extraordinary dreams. During The Literacy Project's (TLP) reading program, students tell us about their future dream jobs. Donald-the aspiring engineer, writes, "I need to do a lot of reading to know how to build the prototypes." Ron Hartman, an engineer, took Donald to see a day in the life. Donald, along with his brother and father, all took a trip to Ron's office.



They got to see floor plans and structural drawings of buildings under construction – surprisingly similar to the instructions he uses to build his Lego sets!



The group also got to see the work in action at one of construction sites, hard hats and all!

For more information, visit www.literacyprojectfoundation.org.

Arts Council for Long Beach

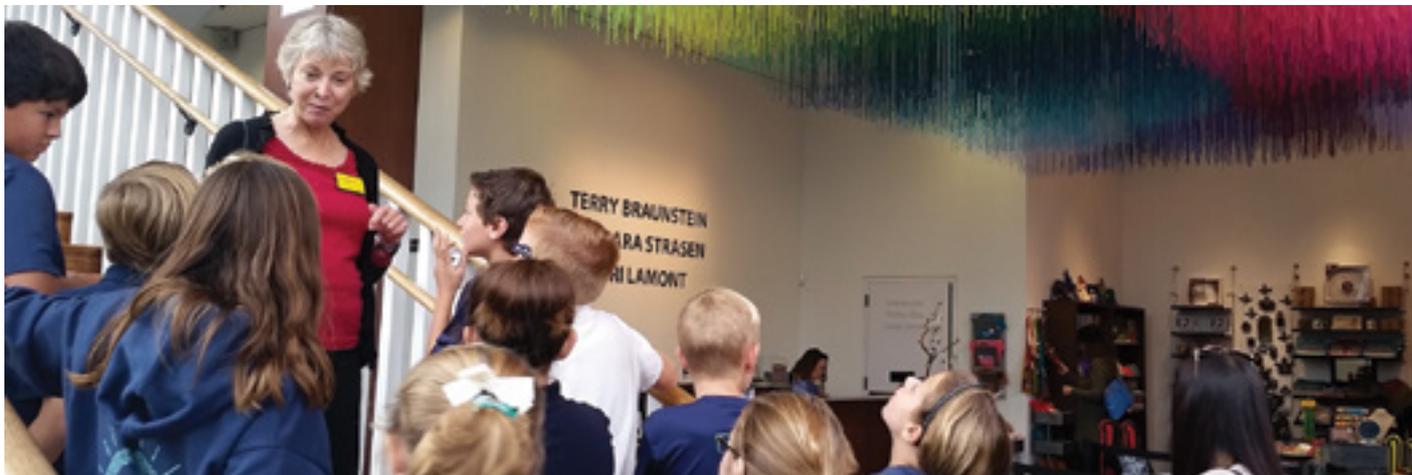
Serving LBUSD in An Impactful Way

By Mandy Matthews, Arts Education Associate

Did you know that every 5th grader in LBUSD will receive an arts education program from Long Beach Museum of Art (LBMA)? For the last 17 years, the KidsVisions program has enabled students to create and discuss art while following the 5th grade Common Core and VAPA Standards. Through the generous support of their sponsors, LBMA provides 6,000 students with pre-visit art

lessons, a fieldtrip to the museum's galleries, and family passes to each student. The Director of Education, Lisa Marsh, has seen the impact of KidsVisions first hand and is thrilled when students bring their families back to the museum for an interactive arts experience. Thank you LBMA for enriching our students with an incredible arts education opportunity!

350 Elm Avenue, Long Beach, CA 90802 • 562/435-2787
www.artslb.org



An LBMA docent leads a group of students through the Ronald and Sylvia Hartman Stairwell.

American Business Women's Association



Lisa Montross
National President

Scholarship Opportunities

By Cecile Harris Walters, National Ambassador and Member of the Diamonds of Southbay Chapter, Long Beach, CA

Pattie Vargas returned to college in 1996 as a single mother, following a divorce. Her initial goal was to complete her undergraduate degree in Business, but was so energized and empowered by the experience that she went on to obtain

her graduate degree in Organizational Management. ABWA provided her with a \$1000 outright grant which she promptly applied to the overwhelming cost of books! Earning her graduate degree provided credibility and opportunity to make a significant career change, leaving technology to launch a coaching and consulting firm. A proud and active member of ABWA, Pattie serves on her local league's Board and at the National Level as President of the American Business Women's Foundation; a Board focused on wage equity for women.

ABWA brings together businesswomen of diverse occupations and provides opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition. To locate a chapter near you, call 562.591.2625 • www.abwa.org

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California State University Long Beach



**Jane Close
Conoley**
President

One of the Healthiest Campuses

CSULB recently received the 2016 [Active Minds Healthy Campus Award](#) and was recognized as one of the nation's healthiest college campuses. The prestigious award celebrates U.S. colleges and universities that demonstrate excellence in prioritizing and promoting the health and well-being of students.

"The health and wellness of our entire campus community is a priority of mine," said CSULB President Jane Close Conoley. "Good

physical and mental health is essential to student success, which is why we support a variety of programs that directly affect health and wellness. Winning the Active Minds Healthy Campus Award validates our commitment to this important mission."

The review panel for the Healthy Campus Award cited the following innovative practices:

- **Campus-Wide Commitment to At-Risk Students:** CSULB developed a Student Emergency Intervention and Wellness program to identify and immediately serve students in times of crisis. Departments throughout the university collaborate to help students meet their most basic needs for health and well-being. Students who are food-insecure or homeless can receive meals, temporary emergency housing, emergency funds, as well as counseling so they can continue their studies and persist to graduation.

"Wellness" is now part of the program as the campus expands student services for food and housing security, which include an ASI Food Pantry, a Beach mobile application as well as upcoming Cal Fresh Outreach.

- **Outreach to Special Populations:** The university's LIFE Project is a comprehensive, personalized resource for students with autism. CSULB hosts an eight-week program for students traumatized by sexual assault or domestic violence offering yoga, meditation and discussions to help rebuild their connection to their bodies. The university also allows emotional support animals to live in residence halls with students, and offers a financial health course for students who are least likely to have had access to such information previously.
- **Student Addiction Recovery Program:** A comprehensive program is available for students seeking recovery from addiction. Participating students are supported in their decision with access to academic and health advisors to improve their scholastic and life skills.
- **Exercise as Medicine:** CSULB was recognized by the American College of Sports Medicine for the way the university assesses exercise as a routine vital sign during visits to the health center by students, faculty and staff. Clinicians provide counseling regarding the importance of exercise as it relates to overall health.

1250 Bellflower Blvd., Long Beach, CA 90804 • 562/985-4111
<http://www.csulb.edu/>

Long Beach Education Foundation



Educare

The Long Beach Unified School District is welcoming a nationally recognized cutting-edge early childhood education program to Long Beach's education ecosystem. The school will be built at Barton Elementary School in North Long Beach.

Judy Seal
Executive Director

The Educare of Los Angeles At Long Beach is a collaborative partnership between the Long Beach Unified School District, Early Head Start/Head Start, Child Development Centers State-Preschool, First Five California, the Educare Learning Network, and various private sector donors. The mission of Educare is to promote school readiness, reduce the achievement gap and break the cycle of poverty by enhancing the social and cognitive development of children ages 0 to 5 years through the provision of evidence-based education, health, nutritional, social, and other services to enrolled children and their families.

The Educare of Los Angeles at Long Beach is much more than another early learning center. Educare is a school that is specially designed with young children in mind and is open to the community as a model of high quality and a beacon of hope for families; a program designed

to build strong connections between home and school based on current early childhood research with the goal of changing the life trajectory of high need, at-risk children and families; and an early childhood education policy in practice. Educare programs contribute to the field by being effective spokespeople for the need to strengthen policies and systems to support the use of evidence-based early learning practices on the ground. The Educare Network of schools is redefining the essential competencies for early childhood leaders in the 21st century by focusing not only on practice, but also on understanding and articulating the intersection between practice, policy and research as a way to leverage change in the early childhood field.

Educare invests in both the children and the families to provide real opportunities for parents to develop parenting, job and life skills in order to become role models for their children. By having this model school as an example of how public and private dollars can be leveraged to maximize results for children and families at-risk, policy makers and business leaders will have an opportunity to see the real payoffs of investing in quality early care and education.

Educare is a welcome addition to one of the most celebrated school districts in the country.

1515 Hughes Way, Long Beach, CA 90810 • 562/997-8054



Christopher J. Steinhäuser
Superintendent

A New School Year Holds Great Promise

The 2016-17 school year holds great promise for our schools and our 75,000 students. We're fortunate to be recognized as a leading school district both nationally and internationally, and with stable funding expected this year, we're optimistic that we can continue to improve upon the support that we provide to students. As state education funding gradually approaches pre-recession levels, we are beginning to

meet the goals spelled out in our mandated Local Control Accountability Plan. We see encouraging progress on state test results, parent satisfaction surveys, graduation rates and other measurements. Our students have seized the opportunities available in our schools, taking more Advanced Placement and International Baccalaureate college prep classes and exams, and preparing for careers via dozens of high school pathways.

The Class of 2016 earned \$93.6 million in scholarships and grants, a five-fold increase over the past decade. Often these scholarships help to break the cycle of poverty, giving entire families hope for a brighter future. Our aim is to build upon such success by directing resources in precise ways to students who come from all walks of life, including the nearly 70 percent of our students whose families are socioeconomically disadvantaged, and the nearly 20 percent of our students who are learning English as their second language.

We also plan to redouble our efforts to provide the safe, comfortable and secure school facilities that support teaching and learning. As part of that effort, our Board of Education in June called for a \$1.5 billion school bond measure to be placed on the Nov. 8 ballot. That bond initiative has since been designated as Measure E and requires a 55 percent yes vote for approval. Polling shows that seven out of ten local voters believe that our schools have a significant need for additional funding to modernize and improve campuses. If the bond measure passes, priority projects would include health and safety-related repairs such as electrical upgrades and energy-efficient air conditioning systems for classrooms. Funds also would be used to retrofit schools for earthquake safety and handicap accessibility, and to upgrade athletic facilities, campus security and communications systems.

I visited many schools during the first days of the fall semester. At each school, I found eager students and enthusiastic teachers focused intently on teaching and learning. The atmosphere was overwhelmingly positive as students embarked on the adventure of another school year. The start of another school year never ceases to amaze me, as thousands of students, parents, employees and others in our communities work together as smoothly as if they had never left for the summer.



Jon Meyer
President

Sato Academy's Official Dedication

I had the privilege of representing the school board at a momentous occasion held recently at the Sato Academy of Mathematics and Science. We officially dedicated the school in honor of its namesake, former Long Beach Mayor Eunice Sato, a person I've known and respected for many years.

Sato Academy is the second small high school launched by our school district since 2013, when McBride High School opened.

Sato opened on the former Hill Classical Middle School campus last fall and now enrolls freshmen and sophomores. The school is modeled after LBUSD's California Academy of Mathematics and Science, or CAMS, which is located on the campus of Cal State Dominguez Hills. CAMS has earned numerous national honors, including recognition by U.S. News and World Report, the Washington Post, USA Today and the U.S. Department of Education.

We're delighted that Eunice Sato agreed to lend her name to this school. Some of you will remember that Eunice was elected to the Long Beach City Council in 1975, serving until 1986. The daughter of Japanese immigrants, she was forced to flee to Colorado with her family to avoid being interned by the U.S. Government during World War II. She eventually earned a master's degree in education from Columbia University in New York. After leaving city politics she served as president of the California Conference for Equality for Justice, and she joined various state and national commissions.

Eunice's life story is one of tremendous perseverance and service to her community. She's widely known as a pillar of this city for her leadership and dedication to justice, equal opportunity and excellence in education. What a great inspiration and role model for our future engineers, mathematicians and scientists who attend this school.

The students at Sato Academy have chosen a challenging path, taking college-level courses and working hard to better themselves. I'm certain that Eunice would commend their work ethic, and I'm sure the students and teachers at this school will make the Sato family proud for years to come.

Congratulations to Eunice and her family on this well deserved honor, and best wishes to the staff, students and their families at Sato Academy and all of our schools for a great school year.

Our schools have made tremendous progress in recent years. With the strong support of our employees, parents and the community, I'm certain that we will build upon our proud tradition of giving all students an outstanding education.

Barton *Elementary*

1100 E. Del Amo Blvd., Long Beach, CA 90807 • 562/428-0555 • www.lbschools.net/barton



Richard Littlejohn
Principal

Barton's STEM

STEM and Linked Learning opportunities continue to be a focus at our school. Our Barton students will soon participate in an inspiring program that exposes them to the field of STEM, college, and careers.

PLTW stands for Project Lead the Way.

The purpose of this program is to engage our students' natural curiosity through problem-based learning. PLTW Launch is a cohesive hands-on learning experience that provides opportunities for students to explore real-world situations. The program

will empower them to gain the skills they need to thrive in college, career, and beyond. Pathways in computer science, engineering, and biomedical science will encourage them to imagine and design solutions to real-world challenges and become independent and collaborative problem-solvers.

Armed with iPads, Google Chromebooks, and HP Notebooks, our students will be ready to tackle the exciting world of STEM. Whether designing a rocket launch pad, a robotic arm, or use physics and motion to design a suspension bridge, our students will engage in critical and creative thinking, work in teams collaboratively, and discover perseverance through this inspiring and challenging program.

Burbank *Elementary*

501 Junipero Ave., Long Beach, CA 90814 • 562/439-0997 • www.lbschools.net/burbank



Vanesha Davis
Principal

Starting a Great 2016–School Year!

We are back! The Burbank All Star scholars have returned with their golden, winning smiles. Uniforms are on, backpacks are packed, and everyone's ready to learn, see old friends and make new ones. For starters, scholars were greeted by staff members and administration ready to welcome them to a new school year that's sure to be filled with great excitement and learning.

As we start the school year, we have a lot to celebrate. During the summer, the school received a makeover of new exterior paint. Just as exciting, our students made great gains in our SBAC scores. All grades increased their SBAC scores in ELA from last year, with our fourth-grade students showing the highest gains of over 24 percent. On



Burbank Elementary Starts a Great 2016-2017 School Year.

SBAC math, our scores increased in eight out of 10 areas. We worked really hard, and our hard work has paid off. We are soaring into the new school year!

CAMS

1000 E. Victoria St., Carson, CA 90747 • 310/243-2025 • www.lbschools.net/cams



Wendy Poffenberger
Principal

CAMS Earns Key Recertification

This summer, California Academy of Mathematics and Science (CAMS) was recertified as a Linked Learning Pathway with Exemplary Practices, meaning that the school meets rigorous standards for combining strong academics, demanding technical education, and real-world experience in a pathway centered on an industry theme.

CAMS was originally certified in 2011 as a Science, Technology, Engineering, and Math (STEM) pathway and added bio-technology and computer science pathway themes in response to student and industry interest over

the last five years. The certification report acknowledged these additions states, "CAMS offers students a strong pathway with three industry themes, consistent with the current national effort to provide a STEM-oriented course of study." Another key aspect of the certification report was the collaboration among teachers. The report states, "Teachers continue their commitment to observe one another's teaching, share resources, and provide feedback to improve their instructional practices."

CAMS, a high school run by the Long Beach Unified School District on the campus of California State University, Dominguez Hills, has earned numerous national honors, including recognition by *U.S. News and World Report*, *The Washington Post*, *USA Today*, and the U.S. Department of Education.

Carver *Elementary*

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697 • www.lbschools.net/carver



Matthew Monaghan
Principal

Enthusiastic Greeting!

Welcome to a new school year! I, Matthew Monaghan, am very excited to have joined the Carver community as its principal. It has been great getting to know the amazing staff, inquisitive students and friendly families, including an awesome PTA. Everyone has been extremely kind and helpful. I plan to keep up the wonderful Carver traditions that exist and work with the Carver community to keep the school moving on its upward trajectory.

The Carver family is also welcoming several other new faces this year. We have two new classroom teachers joining us. Mrs. Davison is now part of our second-grade team, and Mrs. Wallace has come in as a fourth-grade teacher. Mrs. Diaz has started as an APE teacher. A new nurse, Mrs. Blake, is helping to cover our health needs. Mrs. Tinsley is our new psychologist, and we also have a new counselor, Mrs. Gjonovich. They are quickly proving to be assets to the school.

We have all received warm welcomes, are fitting in well, and are becoming a part of the Carver pride. Go Cougars!

Chavez *Elementary*

730 W. Third St., Long Beach, CA 90802 • 562/590-0904 • www.lbschools.net/chavez



Hugo Figueroa
Principal

Concentrating On Attendance

In past years, attendance has been a concern for us. Last year, student attendance rates were far below district standards. When students miss school, they also miss out on many important concepts that are part of bigger lessons and may find it difficult to follow those lessons.

Therefore, Cesar Chavez has implemented an attendance reward system. The goal is for each student to concentrate on two weeks of 100 percent perfect attendance without leaving early or being tardy.

After the two weeks, students who earned 100 percent attendance receive raffle tickets for prizes that include three tablets. Any student earning eight tickets will be invited to a party with the principal at the end of each semester. Of course, students must be present to win prizes.

The students have noticeably improved their attendance rates. Last year, for the first two weeks of school, we had a rate of 75 percent attendance. This year, it's 89 percent! We hope that rates continue to climb until we have 100 percent attendance rate. With our parents' support, we can achieve this goal.

Child Development Center



Cynthia Young
Director

First Step to Learning

With the conclusion of summer break, King Child Development Center's Title I Preschool Program at Starr King Elementary School is kicking off the 2016–17 school year with high enrollment

numbers. King Preschool serves children 3 to 5 years old. We offer two classes: one morning class from 8 a.m. to 11 a.m., and one afternoon class from noon to 3 p.m.

All CDC preschool classrooms utilize the Houghton Mifflin Big Day for Pre-K curriculum. This curriculum focuses on



lessons aligned to the California Preschool Learning Foundations, Frameworks and the State Common Core Standards.

King CDC is a free preschool option for any interested family. King students are actively engaged in age-appropriate activities. They come to school ready to learn and have fun. It is the teacher's goal to ensure that every child is prepared to transition successfully to kindergarten when the time comes. If interested, please contact our enrollment center.

4310 Long Beach Blvd., Suite 200, Long Beach, CA 90807 • 562/422-6868
www.lbschools.net/Departments/Child_Development/

Cubberley (K-8)

3200 Monogram Ave., Long Beach, CA 90808 • 562/420-8810 • www.lbschools.net/cubberley



Cathleen Imbroane
Principal

Cubs with Character

The year at Cubberley School is off to a great start. I am the new principal, Cathleen Imbroane, and I am excited for the year ahead. This is my 10th year as a principal and the third K-8 school I have led. I am enjoying getting to know the Cubberley staff and families, and I know we are going to have a great year of fun and learning.

We have very strong parent involvement at Cubberley. Our PTA and foundation work

tirelessly to ensure that Cubberley has enriching programs and activities of interest for

our students. If you are not yet involved, please consider working with one of our organized parent groups or becoming a Volunteers In Public Schools (VIPS) volunteer.

Our PTA is sponsoring a new program this year, Cubs with Character. This character education program is provided to all of our students, teachers, and families. We are looking forward to seeing how our focus on character education and positive reinforcement will impact our campus.

Dooley Global Studies Magnet School

5075 Long Beach Blvd., Long Beach, CA 90805 • 562/428-7274 • www.lbschools.net/dooley



Nicole Howton-Chiles
Principal

Welcome Back

Dooley Elementary School is expanding this year to have the opportunity to service more students.

This year we have added two new CDC pre-kindergarten classes, a Specialized Health Care class for the kindergarten through second grades, and a Specialized Health Care class for the third through fifth grades.

Along with adding new classes, we are also fortunate to have several very talented and experienced new staff members join

Dooley. Veronica Madrigal is our new assistant principal who joins us after serving as assistant principal and counselor at Barton.

We are also fortunate to have the following teachers and nurse join us: Cristina Cortez and Caroline Eskandar, pre-kindergarten; Ashley McClure, Specialized Health Care for grades K-2; D'Anna Salas, Specialized Health Care for grades 3-5; Janique Ratliff, fifth grade; Teri Lockerman, fifth grade GATE/EXCEL; Pamela Crissman, nurse; and Marybeth Young, speech and language.

We welcome you all, and look forward to a productive, exciting, and enriching school year for everyone!

Emerson Parkside Academy

2625 Josie Ave., Long Beach, CA 90815 • 562/420-2631 • www.lbschools.net/emerson



Rose Vitetta
Principal

Great Things Happening!

At Emerson Parkside Academy, we strive for the best and reach for success! Last year, our dedicated faculty designed collaborative-instructional lessons involving rigorous questions to prepare our Eagles for the SBAC State Assessments. K-5 students received additional support in reading in our learning center.

The hard work paid off! Our SBAC results data showed a 12 percent increase in our African American and Hispanic students' ELA and math scores, surpassing the district's 5 percent goal! At the LBUSD opening superintendent meeting in August, it was announced that Emerson had won the SBAC/LCAP Incentive and received a \$10,000 check!

Our goal is to close the achievement gap and have all students achieve at high levels. Emerson is proud of our faculty and student achievement!



Franklin *Classical Middle School*

540 Cerritos Ave., Long Beach, CA 90802 • 562/435-4952 • www.lbschools.net/franklin



Wendy Sowinski
Principal

Franklin is Off To a Great Start!

Our school appreciates its community's support. On Aug. 20th approximately 100 volunteers from Long Beach Christian Fellowship came to the Franklin campus to help teachers get their classrooms ready for the new school year. The volunteers returned on Tuesday the 23rd to prepare the hallway bulletin boards. These workers were treated to a pep rally by the Franklin

Wildcat cheerleaders. The cheerleaders also came on Monday, Aug. 22nd to help with sixth-grade orientation. Approximately 300 sixth-graders and their families attended; 40 of them won a backpack. Being acquainted with the campus in advance led to a smooth start when they returned to meet their teachers on the first day of school.



Fremont *Elementary*

4000 E. 4th St., Long Beach, CA 90814 • 562/439-6873 • www.lbschools.net/fremont



Mark Curran
Principal

Science Lab at the Colorado Lagoon

Each year Fremont Elementary School partners with Friends of the Colorado Lagoon for a special week of science labs. Marine biologist Alene Spindle and interns from California State University, Long Beach work with our science lab teacher, Laura Malloy, to create hands-on, standards-based lessons that center on the biology, ecology, and restoration of this local marine resource.

The Colorado Lagoon is a unique ecosystem where salt-water plants meet freshwater plants, creating a diverse habitat for migrating birds and other wildlife. Each class participated in field activities including seed collection; plant, animal and bird identification; removal of non-native grasses; collection of trash; and observation of lagoon animals in tanks.

We hope this partnership will continue for many years.



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Garfield *Elementary*

2240 Baltic Ave., Long Beach, CA 90810 • 562/424-8167 • www.lbschools.net/garfield



Claire Alvarez
Principal

RAK Week!

By Darlene Ly, Counselor

On Monday, September 12, 2016, students and staff at Garfield Elementary kicked off “Random Acts of Kindness” (RAK) week with classic mannerism. Students and staff were encouraged to say kind words, including “Please and Thank you.” Some students watched videos and wrote about kindness. Others, discussed inspiring acts of kindness during the 9/11 terrorist attack on the United States.

During Garfield’s RAK week, students learned how to show appreciation and compassion towards each other. Students created thank you notes to Garfield staff, picked up trash, and made new friends.

Garfield Elementary is planting the seeds of kindness in hopes to see it flourish in every student and around the school this year.



Hamilton *Middle School*

1060 E. 70th St., Long Beach, CA 90805 • 562/602-0302 • www.lbschools.net/hamilton



Kathy Cruz
Principal

Making Grade Transition Smoother

Hamilton’s Where Everybody Belongs (WEB) is composed of highly motivated eighth-graders wishing to make the incoming sixth-grade transition smoother. In August, our WEB Leaders “adopted” small groups of new middle-schoolers and led them through various team-building exercises. Students from different LBUSD elementary schools and those new to the district met new

friends, toured the campus, and felt comfortable for the first day of school. Parents also attended workshops on campus, taught by Hamilton teachers. The sessions were packed!

During the WEB morning, several new students were provided uniforms through the Assistance League of Long Beach, and the Long Beach Rescue Mission supplied backpacks for students needing them. Community groups set up tables with information about community health services and after-school opportunities.



Eighth grade WEB Leaders pose with teachers prior to meeting with incoming 6th graders.

Kettering *Classical Elementary*

550 Silvera Ave., Long Beach, CA 90803 • 562/598-9486 • www.lbschools.net/kettering



Juan Gutierrez
Principal

Students Rock the Vote

On Thursday, September 22, several fourth- and fifth-grade students at Kettering School participated in our annual Student Council elections. Kettering has had a longstanding tradition of holding these elections in September and inviting its students, family, and friends to assemble in the auditorium for the candidate speeches.

The students have an opportunity to vote on council members immediately after the speeches. Ms. Paquette, our student council liaison, coordinates practice sessions during lunch and puts on a fabulous event for everyone.

Our Kettering elected leaders gain responsibility, experience working together as a team, increase pride at school, lead our school-wide spirit assemblies, and get a chance to interact with their fellow students in making decisions and putting democracy into action.

Hughes *Middle School*

3846 California Ave., Long Beach, CA 90807 • 562/595-0831 • www.lbschools.net/hughes



Edward Samuels
Principal

Welcome Back Owls!

We hope you had a restful summer break. While you were on vacation, a few new faces arrived at Hughes. Join me in welcoming the following new teachers; Ms. Crass, Ms. Dines, Ms. Falahee, Ms. Gilbreath, Ms. Gollner, and Mr. Pendleton. Hughes was also awarded a new administrative team. Joining our Counseling Department is Mr. Michael Temple. Our two new assistant principals

are Ms. Dawn Lomeli and Mr. Eddie Cruz. Our new school Principal is Mr. Edward Samuels who comes to us from Jordan HS. When asked about his promotion to Hughes, Mr. Samuels simply replied “Hughes is a school that is rooted in a tradition of excellence and I look forward to building on that tradition.”



Eddie Cruz Assistant Principal, Edward Samuels Principal, Michael Temple Counselor, Dawn Lomeli Assistant Principal, Michelle Koga Counselor

Hudson (*K–8*)

2335 Webster Ave., Long Beach, CA 90810 • 562/426-0470 • www.lbschools.net/hudson



Terri Jarels
Principal

The Power of ‘Yet’

By Rita Aslan, Assistant Principal

It is with pleasure and enthusiasm that Hudson K–8 School welcomes back its staff, students and parents to the 2016–17 school year! Our first day of school was a great success as everyone entered the school with an enthusiastic bounce in their step and a happy smile upon their face. Hudson has a strong tradition of working with families to support each child’s learning needs and will continue with that great work this year.

As an International Baccalaureate (IB) school, Hudson continues with teaching practices that promote the attributes and traits prescribed. In September, we focus not only on teaching but also modeling the attributes of respect and tolerance.

This year, we will also focus on instilling the importance of growth mindset in our learners, teaching them the importance and value of perseverance and the power of yet, as in “I haven’t been able to completely do this task yet.” Students will learn various strategies, such as learning from our mistakes, to help them press on with a task when it seems too challenging at first.

Go Hawks go!

Jordan *High School*

6500 Atlantic Ave., Long Beach, CA 90805 • 562/423-1471 • www.lbschools.net/



Veronica Coleman
Co-Principal



William Salas
Co-Principal

Welcome to AP Café

*By Sondra McNair,
Advanced Placement
Coordinator*

Jordan High School is taking a new approach to after school tutoring and study hall. Students can now attend AP Café in the new AP Resource Room

located in B1-11. The AP Resource Room is designed to give students the opportunity to work independently or collaboratively. We want students to have a place where they can feel comfortable and productive. The



AP Resource Room has computers available, utilizes flexible seating arrangements, and provides materials for projects. Advanced Placement teachers rotate through AP Café on a weekly basis to provide support for students. AP Café is open Monday through Thursday from 2:45-4:00pm. All students are welcome to come and make use of the space.

Lafayette *Elementary*

2445 Chestnut Ave., Long Beach, CA 90806 • 562/426-7075 • www.lbschools.net/lafayette



Wendy Thompson
Principal

Peace and Popsicles

By Nancy Jo Rettig, Counselor

Vice Principal, Brenda Ocampo is building a peaceful campus – one lion at a time. Our bright addition is our commitment to “Peace Builders:

A practical approach to resolving conflicts thoughtfully and effectively. Disagreements are natural. Taking pride in fixing them is the backbone of our scholars.

Even Ms. Ocampo confessed, “I even use it at home now. I love the essence of the program which is not lost on my boys.”

For each day of peace, we display our lion mascot on our school board.

If you ask Francine Pule, she is happy to learn more about it, “I want everyone to be kind...and I really can’t wait for the popsicle party if we get 10 days of peace!”



Lakewood *High School*

4400 Briercrest Ave., Lakewood, CA 90713 • 562/425-1281 • www.lbschools.net/



Shawn Abbate
Co-Principal



Mario Jimenez
Co-Principal

Tomorrow’s Challenges

All hands on Lakewood! Our students will be experiencing more hands-on learning at Lakewood High School, as enabled by grants through the office of Career Technical Education (CTE) and federal Perkins funding.

A core component of Linked Learning pathways is providing Lakewood students with hands-on, real world career and collegiate experiences while on campus. A healthcare skills lab and sports trainer lab is also being added to the Health Occupation and Sports Medicine (HOSM) pathway. Lakewood’s Applied

Technology Magnet (ATM) has also secured a bank of 3D printers for their Product Design class, while the Exploring Computer Science classes have received robotics components to facilitate learning.

The Odyssey Academy has also created a Management of Aquatic Life and Animals class to provide its students with real world experiences within the community. The Digital Media, Arts and Communication (DMAC) program will benefit from a new black box theater, a re-engineered broadcast studio, Adobe’s Creative Cloud, and a new digital production work-based learning class.

As Lakewood High School continues to prepare its students for tomorrow’s challenges, opportunities like these will give them an advantage wherever their paths may take them.

Lincoln *Elementary*

1175 E. 11th St., Long Beach, CA 90813 • 562/599-5005 • www.lbschools.net/lincoln



Caroline Nemeč
Principal

Planning and Prepping

*By Rebecca Taylor,
Reading Intervention, TOSA*

The hustle and bustle of the school year launch started last year. Thanks to the vision and input of our leaders and stakeholders, Lincoln Elementary School started with a bang! Not only did our family grow by the addition of former Burcham Elementary School students (due to transportation changes), but the year was launched with well thought out schedules for two computer labs, library times, physical education times, orchestra, chorus, and new and improved

recess and lunch schedules. Within all that action, we also managed to incorporate a new push-in model for all seven of our intervention specialists! In addition, the math interventions were incorporated to focus on select students.

Our attendance and academic goals are established, shared, and a top priority for our entire staff. We believe in establishing a positive mindset from day one and began teaching students their high school graduation year. Lincoln is big in size, ideas, and best intentions. We are confident that this is going to be a great year for our Lincoln family. After all, we planned on it!

Lindsey Academy (6–8)

5075 Daisy Ave., Long Beach, CA 90805 • 562/423-6451 • www.lbschools.net/lindsey



Renny Chu
Principal

Education Equals Opportunity, Too!

Lindsey Academy is proud to partner with Education Equals Opportunity Too, Inc. (E=O2™), a nonprofit organization that provides a myriad of services to socially and academically “at-risk” youth through its programs, partnerships, collaborations, and coordination with public and private entities throughout the City of Long Beach.

The mission of E=O2™ is to challenge youth to maximize their potential. The program will be working with Lindsey’s Female and Male Leadership Academies, which are taught by Elizabeth Martinez and Johnny Luong, respectively.

Lindsey Academy’s vision is to inspire students to reach their academic goals by developing positive teacher-student relationships, and equipping students with the skills necessary for success in high school and college. The partnership will provide educational, training, mentorship, supportive, and employment services for at-risk youth through the Long Beach Middle School Minority Initiative (MSMI).

As an incentive, students can earn a laptop by tutoring another student to achieve a 3.5 GPA. This enables students to create an interactive and supportive peer group. We would like to thank Executive Director Walter Larkins for bringing this opportunity to our Lindsey students.

Los Cerritos *Elementary*

515 W. San Antonio Dr., Long Beach, CA 90807 • 562/595-6337 • www.lbschools.net/loscerritos



Alissa Gamboa
Principal

Building a Growth Mindset

Stand back! Last year the staff at Los Cerritos began exploring mindsets in the classroom, and this year we will be actively working to build a growth mindset into our school culture. Led by teachers Cindy Morlock, Julie Tsai, and Cathy Haver, who formed a summer book club to study growth mindsets, we hope to break through the barriers that often keep students from succeeding in school.

What is a growth mindset? Teachers

with a growth mindset feel that any student can grow and perform at higher levels, and students with this mindset believe that with hard work they can raise their intelligence level. Students will learn how the brain works, and that with perseverance, resilience, and effort they can actually “grow” their brains. They will realize that every failure is a learning opportunity and a chance to further grow their intelligence.

We also plan to reach out to parents to help them understand mindsets, and how to create a growth mindset environment at home through praise and feedback.

Working together, we can all grow!

Lowell Bayside *Elementary*

5201 E. Broadway, Long Beach, CA 90803 • 562/433-6757 • www.lbschools.net/lowell



Lester Lawson IV
Principal

Jog-A-Thon

We are full swing into the year at Lowell and have a number of events that are coming up. Among these events is Lowell’s annual “Jog-A-Thon” which will take place on Thursday, November 10th on the Lowell blacktop. This event is put on by our wonderful PTA and involves all of our classes at Lowell while also welcoming our



parents to get involved. This is essentially a fundraiser for our school that enables us to fund some of our great programs here at Lowell. However, this event is much more than just a fundraiser as it empowers our students to get out and be active. The Lowell Jog-A-Thon once again shows what the Lowell Sea Stars are all about!

MacArthur *Elementary*

6011 Centralia St., Lakewood, CA 90713 • 562/420-3588 • www.lbschools.net/macarthur



Scott Fleming
Principal

Grow With Us

Benjamin Franklin once said, “Without continual growth and progress, such words as improvement, achievement, and success have no meaning.” In our last article, MacArthur highlighted the work it has completed regarding the increase in our students’ “Growth Mindsets.”

Our CORE survey reflected a 29 percent increase, with 81 percent of the students indicating that they can achieve through persistence and hard work. We kicked off the year with our first “Call to Order Assembly,” where our students could be heard

chanting, “If I believe, I can achieve!” This emphasis on Growth Mindsets has also been adopted by our families as well. Our PTA has even adopted the theme “Grow With Us” for the 2016–2017 school year.

But the emphasis on “Growth” does not stop there. We were also proud to highlight MacArthur’s top overall growth in SBAC mathematics, and second overall growth in SBAC English language arts. MacArthur also ranked third in completion rates in a mathematics program.

Our “growth” process will be continuing this year with a school-wide emphasis on increasing student achievement in mathematics, English language arts, attendance rates, and clarity in playground expectations.

Mann *Elementary*

257 Coronado Ave., Long Beach, CA 90803 • 562/439-6897 • www.lbschools.net/mann



Donna McKeehan-Marr
Principal

New Faces

Mann Elementary School is a small gem hidden in the neighborhood off of Redondo and Broadway. This small school has been growing over the last few years and now serves approximately 400 students.

Most of the teachers and staff members have been at Mann for many years. So when there are new faces, everyone notices. With retirements and the addition of several Special Education classes, there are many new faces around the campus.

Mick Hogle, a fourth- and fifth-grade combination teacher, and Virginia Dellisanti-Vazquez, a fifth-grade teacher, joined our upper-grade staff this year, and we welcomed Giovanna Tripiano-Smith, a fourth-grade teacher, last year. Also new to Mann last year were Rachell Ferrell, a fourth- and fifth-grade teacher, and Dayna Fleishman, a second- and third-grade teacher. They lead the Special Day Classes placed on campus last year. In addition, our office support staff welcomed Bridget



Virginia Vazquez, Mick Hogle, and Bridget Lucardie

Lucardie, our school nurse, and Sandra Samayoa, our health assistant.

We look forward to a fabulous year with all of these new faces and extra energy!

Marshall *Academy of the Arts*

5870 E. Wardlow Rd., Long Beach, CA 90808 • 562/429-7013 • www.lbschools.net/marshall



Marie Hatwan
Principal

Million Father March

By John Nhan, Assistant Principal

Marshall Academy of the Arts was thrilled to sponsor the 2016 Million Father March.

The Million Father March is dedicated to fathers being educationally active in the lives of their children. Together with the Marshall Watch D.O.G.S. (Dads of Great Students), Marshall Academy invited all the fathers,

stepfathers, grandfathers, and uncles to accompany their child on August 31, the first day of school.

Not knowing who would arrive, we were amazed when over 50 fathers and father-figures showed up in front of our school that morning. They welcomed our students with cheers and high-fives. We were told it was such a moving experience to see all the fathers involved.

For additional images of the Million Father March, visit <https://lbmarshall.schoolloop.com>.

Millikan High School

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441 • www.lbschools.net



Alejandro Vega
Co-Principal



Michael Navia
Co-Principal

USC College Advising Corp Advisors Join Millikan

By Katie Hickox

Millikan's College and Career Center welcomes two new advisors: Yvette Aguirre and Hyewon Cho.

Part of the USC College Advising Corps, they look forward to helping Rams to achieve their college dreams.

"It's never too early to start thinking about college and don't ever be scared to ask," said Cho. "Whether you have questions, concerns, or just want to have a conversation, feel free to come by."

Aguirre graduated from UC Santa Cruz, while Cho earned her degree at UCLA. Both advise students to drop by for help any time.

"Researching and applying to college or jobs may seem like an arduous path and that is why I am here with open arms to guide you through it," said Aguirre.



New Career Center Staff from USC at Millikan High School

Muir Academy

3038 Delta Ave., Long Beach, CA 90810 • 562/426-5571 • www.lbschools.net/muir



Sophia Griffithh
Principal

Expanding Technology in the Classrooms

Integrating technology into the curriculum is a focus at John Muir K-8 Academy. Research shows that students' use of technology enhances the learning process, encourages creativity, addresses multiple learning styles, fosters critical thinking, improves problem-solving skills, and prepares students for the technological demands in college and careers. Therefore, our goal is to integrate technology into daily classroom routines.

This year, we have added 140 Chromebooks for students to use in the classrooms. The computers will support English Language Arts and Mathematics instruction, as well as increase student engagement. Students will have the opportunity to use the computers for class assignments, assessments, presentations, interactive learning games, and communication.

Students love to use technological devices and it is our belief that this will facilitate an overall increase in student achievement.

Newcomb Academy (K-8)

3351 Val Verde Ave., Long Beach, CA 90808 • 562/421-8851 • www.lbschools.net/newcomb



Donna Ryono
Principal

Newcomb's New Additions

By Victoria Flores and Alex Lara, Students

Newcomb K-8 Academy recently added their new Specialized Health Care classes. Everyone at Newcomb is excited to meet these new friends.

Students partner during the buddy reading club developed by Mrs. Bishop's class, along with a mosaic art grant that



teams up the old and new students of Newcomb. A unique feature that Newcomb offers to our new students is the chance to be able to participate in electives such as Home Economics and Computers. Newcomb also offers great nursing support and plenty of new mobility equipment. Teachers and the new students themselves love how the campus is big enough for them to get around safely but also be able to meet other peers.

Renaissance *High School for the Arts*

235 E. 8th St., Long Beach, CA 90813 • 562/901-0168 • www.lbschools.net/renaissance



Kimberly Holland
Principal

The Art and Dance of Change

*By Khayra Mentado and
Skye Wojciechowski,
Co Editors-in-Chief of The Muse*

Renaissance High School for the Arts' students, teachers, and staff have already performed a major show: a temporary move to the Mary Butler Elementary School campus.

The arts school will be there for two years while a major renovation of the old campus, which includes a new theater and classrooms, is completed.

As with any major production, there are positives and challenges. Positives include the larger school space, the

opportunity to welcome new students, and the wonderful staff of veteran teachers and newcomers. "We still have the same bonds as last year with teachers and peers," said sophomore Bailey Carter.

"Settling in is a challenge because we had been on the older campus and knew how to find our way around the school," said junior Darienne Gilmore. But after three weeks, classrooms are unpacked, routines have been established, and everyone is finding their way at their own pace.

"The new location symbolizes change and adjusting to the unknown," said senior Azarya Brooks. And Renaissance students and staff deserve a round of applause for accomplishing this so well!

Riley *Elementary*

3319 E. Sandwood St., Lakewood, CA 90712 • 562/420-9595 • www.lbschools.net/riley



LaShell Diggs
Principal

An Exciting Start

*By Wanetta Samuels,
Grade 1 Teacher*

At Riley Elementary School the first graders in Room 30 have been vigorously practicing rules, procedures and goals so we can have a successful school year. Riley School has "The ABC's of Success," A=Arrive on Time, B=Be Kind and Respectful,

C=Come Prepared to Learn, D=Dress for Success, and E=Exercise your mind. As part of goal setting, we've been working collaboratively each day on a focus letter by discussing, brainstorming circle maps, and transitioning our thoughts into sentences with illustrations on how to accomplish these "ABC's of Success. The ABC's of Success are sure to help Room 30 reach the many goals set before us so this will be the best year yet!!



Robinson Academy (K-8)

2750 Pine Ave., Long Beach, CA 90806 • 562/492-6003 • www.lbschools.net/robinson



**Dr. Damita
Myers-Miller**
Principal

Wow "WEB Day"

Robinson's first annual WEB Day was an enormous success! Our incoming 6th graders were enthusiastically greeted at our green gates by student leaders donning bright, yellow WEB Day shirts. Our teacher leaders looked like professional entertainers leading students in team building activities, ice breakers, and singalongs.

Student leaders facilitated tours of the school and helped the nervous 6th graders feel at ease. Laptops and tech support were provided to assist student log on to Schoolloop during one of the many teacher led rotations. Last, but not least, every 6th grader has received a backpack full of school supplies that was generously donated by community partners. The 6th graders at JROB are going to have a great school year!

Sato Academy of Mathematics & Science

1100 Iroquois Ave., Long Beach, CA 90815 • 562/598-7611 • www.sato-lbusd-ca.schoolloop.com



Mona Merlo
Principal

Dedication to Eunice Sato

Sato Academy of Mathematics and Science officially dedicated its campus Eunice Sato, on Sept. 6 during a ceremony complete with traditional Japanese drummers, Japanese dancers and heartfelt speeches from Superintendent Mr. Chris Steinhauser, Board of Education President, Mr. Jon Meyer and Doug Sato, Eunice Sato's son.



The dedication ceremony was attended by approximately 500 students, parents, school staff, district administration and additional school board members. After speaking about his mother's life, Doug Sato stated that his mother's guidance to Sato would be, "Endure with character and integrity. And, together, anything is possible. Try to work wherever needed and so your best to serve society. When you do that, you have no regrets."

Signal Hill Elementary

2285 Walnut Ave., Signal Hill, CA 90755 • 562/426-8170 • www.lbschools.net/signalhill



Tammy Lavelle
Principal

Thank You Mr. Hector!!

Signal Hill Elementary is saying good-bye to Mr. Hector Olivares, our International Center for Education and Sports (ICES) Site Director of 3 years! Mr. Olivares will be taking a new job with the County of Los Angeles. We wish him well. Our ICES program will continue to serve 109 K-5th grade students under the leadership of a new site director. In addition, Ms. Colleen Jubinal, our choral/instrumental teacher, will be joining our ICES Team as our teacher liaison. We are excited about this new collaboration that will bring music, in addition to recently added technology, to our after school program. ICES is one of several programs that make up a city-wide WRAP (Winners Reaching Amazing Potential) program offered after school and during Thanksgiving, spring, winter, and summer recesses.



Stephens *Middle School*

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841 • <http://lbstephens.schoolloop.com/>



Salvador Madrigal
Principal

Off to a Great Start

By Becky Robbins, Librarian

As we kick off the 2016–2017 school year, Stephens Middle School is excited to welcome several new staff members to our Jackrabbit family. We welcome: Jasmine Morgan and Domenic Mison, Special Day Class teachers; Jennifer Nolan, sixth-grade math and science teacher; Edward Rodezno, school psychologist; and Paula Evans, nurse.

The week prior to the beginning of school, we held our sixth-grade orientation. Over 220 excited students and their families joined us. The morning began

in the auditorium, where it was standing room only as Mr. Madrigal, our principal, warmly welcomed the families, introduced staff members, and discussed expectations and general information for parents and students. Students were then invited to take a tour of the school, led by staff members. Students visited classrooms, the library, the locker rooms and gymnasium, the office area, and the cafeteria. Students were also measured for school uniforms, and parents had the opportunity to register on School Loop. It was an informative and exciting morning as our new sixth-graders eagerly anticipated the beginning of a great school year.

Stevenson *Elementary*

515 Lime Ave., Long Beach, CA 90802 • 562/437-0407 • www.lbschools.net/stevenson



Yvette Streeter
Principal

Building a Culture of Peace

*By Madeleine Cruz and Esmeralda Ramos
2nd Grade Teachers*

The Stevenson Elementary School Stars are creating a climate that is free of aggression. As PeaceBuilders, our students share a common language that promotes peace on campus.

Each morning, students recite the PeaceBuilders pledge. They engage in activities that promote praising other, seeking wise people, speaking up about hurts they have caused, righting wrongs, and promising to help others.

To celebrate, we will have monthly awards assemblies. One student from each classroom will be chosen to receive a certificate and a medal for exemplifying the traits of a PeaceBuilder. In addition, as a school community, we will celebrate 100 days of peace.

We are looking forward to a peaceful year!



Contest!!

This little boy's picture is in an article in this publication. When you find him, email the **page number** to:

Kay@schoolnewsrollcall.com

Please put LBUSD in the subject line.

Your entry must be received by November 30, 2016. From the correct entries, we will draw a winner to receive a \$20 gift certificate redeemable at Barnes and Noble.



Congratulations to Agnus Knight winner of the August Contest!

Tincher Preparatory School (K-8)

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636 • www.lbschools.net/tincher



Rosemary Sissons
Principal

21st Century Technology at Tincher

Tincher has a long tradition on employing educational technology to support and enrich our academic program. In addition to two computer labs and ipads in the classroom, Tincher acquired 4 mobile Chromebook labs for the 2016-2017 school year. The Chromebooks will be used for enrichment, remediation, and SBAC test preparation. Our scholars are digital natives who will be able to utilize the vast resources of the internet to expand their learning.

Thanks to the generosity of our PTA and the foresight of the School Site Council, Tincher scholars have access to Safari Montage (a video streaming library), ST Math, Brain Pop, and Reading A-Z. The new mobile labs also allow students to interact with the vast resources that accompany our math and language arts adoption.



Mr. David Thompson, recently recognized in Long Beach 908, unveils the new Chromebook cart with his Middle School Students.

Washington Middle School

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434 • www.lbschools.net/washington



Megan Traver
Principal

Set for Success

By Charity Rock, Teacher 8th Grade Algebra

September 6, 2016 marked Washington Middle School's Set for Success kickoff. The Set for Success program aims to cultivate school-wide success by connecting students' present actions, decisions, and efforts with their future lives and lifestyles.

Eighth-grade students began the day in the auditorium, where they heard an informational presentation on what it means to be prepared for high school and beyond, which emphasized that preparations start right now!

Thoughtfully crafted breakout sessions followed,

using prepared Set for Success schedule as a guide. Each student participated in 11 25-minute workshops, including: Learning Style; Body Language; Growth Mindset; Meditation and Calming; Power Posters; Tolerance; Quote Connection; Career Search; Letter to Myself; and A Day in Your Life. The day concluded with student reflection and goal setting.

The gains of the kickoff day will be kept alive by utilizing strategic and time-sensitive opportunities to revisit, record and share. The program includes daily, weekly, and quarterly components designed to help students maintain focus, be accountable, gauge their success, and adjust as necessary.

Washington Middle School is Set for Success!

Webster Elementary

1755 W. 32nd Way, Long Beach, CA 90810 • 562/595-6568 • www.lbschools.net/webster



Sarah Forrester
Principal

Some Introductions

The Webster faculty welcomes four new staff members this year.

Sarah Forrester is the new principal. Mrs. Forrester has served as a teacher, learning director, EL specialist, vice principal, and principal. "I love how welcoming everyone has been at Webster," she says. "The students, families, and staff have all gone out of their way to make me feel welcome."

Denise Hall is Webster's new counselor. She began working in the district in 1997. Ms. Hall began as a

fifth-grade teacher. She became a school counselor in 2000. Ms. Hall likes how friendly and welcoming the Webster staff and students have been, and she looks forward to introducing a cross-age mentoring program.

Sean Brooks, the new plant supervisor, comes to Webster from Millikan. He has had previous experience at Signal Hill, Garfield, Whittier, and Lindberg. He likes the children at Webster, and even coaches several of them in his youth football league.

Cindy Ninokawa, our new librarian, has eight years of experience as an elementary librarian at International and Garfield. Highlights at Webster have been the welcoming and friendly staff and the well-behaved students.

Whittier *Elementary*

1761 Walnut Ave., Long Beach, CA 90813 • 562/599-6263 • www.lbschools.net/whittier



Lori Grady
Principal

Reading Recovery

The Reading Recovery intervention program now calls Whittier Elementary School home. We are excited to welcome Reading Recovery teachers Nancy Robbins, Ellen Janssen, and Louise Wright to our campus.

Reading Recovery serves children in first grade who are having difficulty learning to read and write by providing one-to-one tutoring for 10 to 12 weeks. Reading Recovery has a positive effect across all four literacy domains. The selected students are provided with 30-minute lessons taught by a



teacher who is specially trained in early literacy strategies and designed for each child's strengths and needs.

Teachers also provide professional development and one-on-one coaching to our kindergarten, first-, and second-grade teachers on balanced literacy and guided reading.

Willard *Elementary*

1055 Freeman Ave., Long Beach, CA 90804 • 562/438-9934 • www.lbschools.net/willard



Dr. Cassandra Richards
Principal

New Parent Center

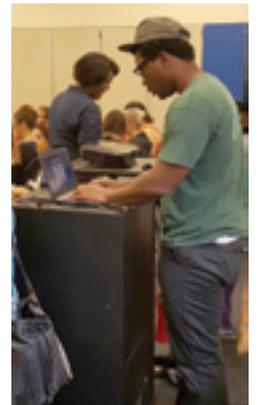
*By Mr. Diaz-Brown, Teacher
5th-Grade Dual Immersion*

The Willard Elementary School Wizards are off to a great start. Our staff worked very hard over the break to create a new place for our parents to gather and work! The Parent Center is located in the main building, making it easily accessible.

At the grand opening, parents were given an introduction to netbooks, which will be provided courtesy of Superintendent Steinhauser. Parents are looking forward learning about how to use these tools to access additional resources from the district. Parents will also use the center for parent workshops and classes and the student store.



We are looking forward to creating relationships between parents, the school, and the district, which will ultimately increase academic achievement for all students.



Wilson *Classical High School*

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481 • www.lbwilson.schoolloop.com



Sandy Blazer
Co-Principal



Gonzalo Moraga
Co-Principal

Pathways

*By Andrea Torres, Grade 12,
"Loudspeaker"
Editor-in-Chief*

Students now have the new option of following an educational pathway based on five fields of career study. Pathways is part of the statewide Linked Learning

program in which educational classes emphasize work that mirrors real-life situations and keeps Wilson students on track in a career pathway. The five pathways are Public Service; Biomedical; Arts, Media and Entertainment; Energy and Environmental Technology; and Computer Science. Project Lead the Way, says coordinator Edward

Steinhauser, is a prescribed national curriculum that collaborates with the industry sector and universities to provide students with classroom experience relevant to the real world. The two Project Lead the Way pathways comprise the Biomedical and Computer Science fields.

Each Pathway is run by lead teachers elected by their peers.

"The lead teacher's job is to help with the creation, implementation, and revision of each of the Pathways," Mr. Steinhauser said.

Students select a Pathway when applying to Wilson and have the option of changing to another until their junior year. Overall, the Pathways program will allow students to remain focused throughout high school on subject matter that will assist them in college and career.

Westerly School of Long Beach (K—8)



David Perram
Director of
Student Affairs

Westerly School Just Got Better

Westerly School kicked off the first day of school with a Ribbon Cutting ceremony in recognition of the brand new Learning Studios and Administration & Parent Center. The celebration played host to students, staff, families, founding members and elected officials, including State Assembly Member, Patrick O'Donnell. Gathered in front of the new and improved Westerly campus, special guests spoke about the early days of Westerly, the project process, and visions for the future.

The 18,000 square foot project took just about one year to complete. During that time, the community excitedly watched the twenty-two year old bungalows disappear and quickly become replaced with nine new permanent and beautiful Learning Studios. The buildings are energy efficient, provide a great deal of natural light for students, carry cutting edge technology, and offer spacious break out rooms for students and staff. In addition, the campus touched up the front parking lot, upgraded the outdoor basketball and volleyball courts, restored the football field, and began steps toward a new community garden located on the west side of campus.



Westerly students share in the ribbon cutting ceremony.

Founded in 1993 the school has grown significantly from just a population of 40 students to just under 170. Over the years the school has maintained the qualities and benefits of a small learning community while building dynamic programs that offer a wide array of resources for its diverse student population. These buildings will serve as a great home to match Westerly progressive program and philosophy.

Nonprofit, Nonsectarian Independent School
2950 E. 29th St. Long Beach, CA 90806 • 562/981-3151
www.westerlyschool.org

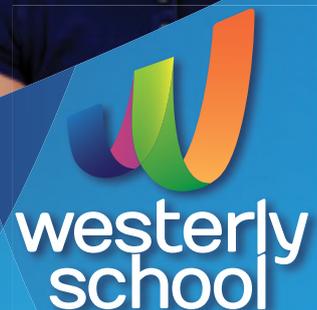
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Community Tour Dates

Tuesday, October 18, 2016
Tuesday, November 15, 2016
Tuesday, January 24, 2017
Wednesday, February 15, 2017
Tuesday, March 14, 2017

Tour schedule is 8:30-9:45 a.m.
Reservations are encouraged.
Please contact the Westerly office
at 562-981-3151 or register online
at www.westerlyschool.org. If you
cannot attend a scheduled tour,
please request a private tour.

2950 East 29th Street | Long Beach, CA 90806



Plant Based Eating: Are you on Board?



**Carol Berg
Sloan, RDN**



**Kelly Sloan
BS**

Carol says: The recent Dietary Guidelines for Americans emphasize eating more nuts, grains, fruits, vegetables and less animal protein. Bottom-line eat a plant based diet. Many shy away from the concept thinking that they are being forced to become

a vegan (absolutely no animal products), or a lacto-vegetarian (no meat or eggs). Switching to a more plant-based diet does refer to a newer category, “flexitarian” which describes a person who eats most vegetarian, but will eat meat on occasion.

As a practitioner, more and more of my clients are asking about following such a dietary pattern. I share that the research does point to health benefits of switching out some animal products for plant-based foods. Here are some tips I share:

Eat one meatless meal a week. Meatless Monday is a global initiative to promote a decreased consumption of meat by eating meat free on...you guessed it: Monday. Their website has many easy to implement ideas for snacks and even eating out. (meatlessmonday.com)

Swamp out plant protein for animal protein once in a while. Try all-bean chili, tofu “egg” salad, dinner or lunch salads with beans, avocado, nuts, seeds and vegetables such as beets, cauliflower, or cooked sweet potato cubes.

For lunch, try nut butters (walnut, cashew, almond) on whole grain bread with sliced bananas, honey, all fruit spread, raisin) for a hearty sandwich that will keep you from getting hungry in the afternoon.

Kelly says: Millennials are defined in many ways, those born between 1982-2000, the “me” generation, delusional, hip, and forward thinking...quite an array! My friends are eating less meat and like going to coffee shops and restaurants that serve locally sourced foods especially fruits and vegetables. Because of the trend (hopefully that will stay around) I recently made tacos prepared with roasted cauliflower and toasted walnuts. It was a hit!

Having canned beans, refried or whole, corn tortillas, seasonal vegetables, and nuts to eat whole or make creams or butters with, are essential staples for eating more plant-based or even vegan.

Chili Cauliflower Walnut Tacos with Mango Avocado Salsa

Ingredients:

10 corn tortillas
3 cups walnuts
1 head of cauliflower, broken into florets
2 tablespoon chili powder
1 teaspoon cayenne
1 tablespoon garlic powder
salt and pepper to taste
Extra virgin olive oil
1/2 cup tomato paste
1 tablespoon minced garlic
1 tablespoon oregano
1 teaspoon cumin
1 cup your favorite cheese

Directions: Preheat oven to 350 degrees F.

On a prepared sheet pan, place cauliflower florets on one half of pan and walnuts on the other. Season both cauliflower and walnuts with chili power, cayenne, garlic powder and salt and pepper. Drizzle them with olive oil until fully coated. Baked for 10-12 minutes, or until walnuts are toasted and cauliflower starts to brown.

Take out of oven and let cool. Once cool, chop cauliflower and walnuts up and mix together. Set aside.

In a large sauce pan, combine tomato pasta, garlic, oregano and cumin. Cook until a boil then reduce heat. Add chopped cauliflower/walnut mixture to sauce. Cook for 2-3 minutes or until evenly coated.

With warm tortillas, assemble tacos. Pour a scoop of the cauliflower/walnut mixture on tortilla, top with cheese and my mango salsa(recipe below) or top with your favorite salsa or guacamole recipe. Repeat for all tacos.

Mango Avocado Salsa

Ingredients:

1 mango, pitted and diced
1 avocado, pitted and diced
1 small red onion, diced
1/4 cup cilantro, chopped
2 tablespoons lime juice
1 tablespoon garlic and herb seasoning
1 teaspoon chili powder

Directions:

In a small bowl, combine all ingredients and mix well. Refrigerate for 1 hour and serve immediately.

Carol: cbsrd@verizon.net • Kelly: kelly.e.sloan@gmail.com • <http://www.kellysknackforcooking.com/>

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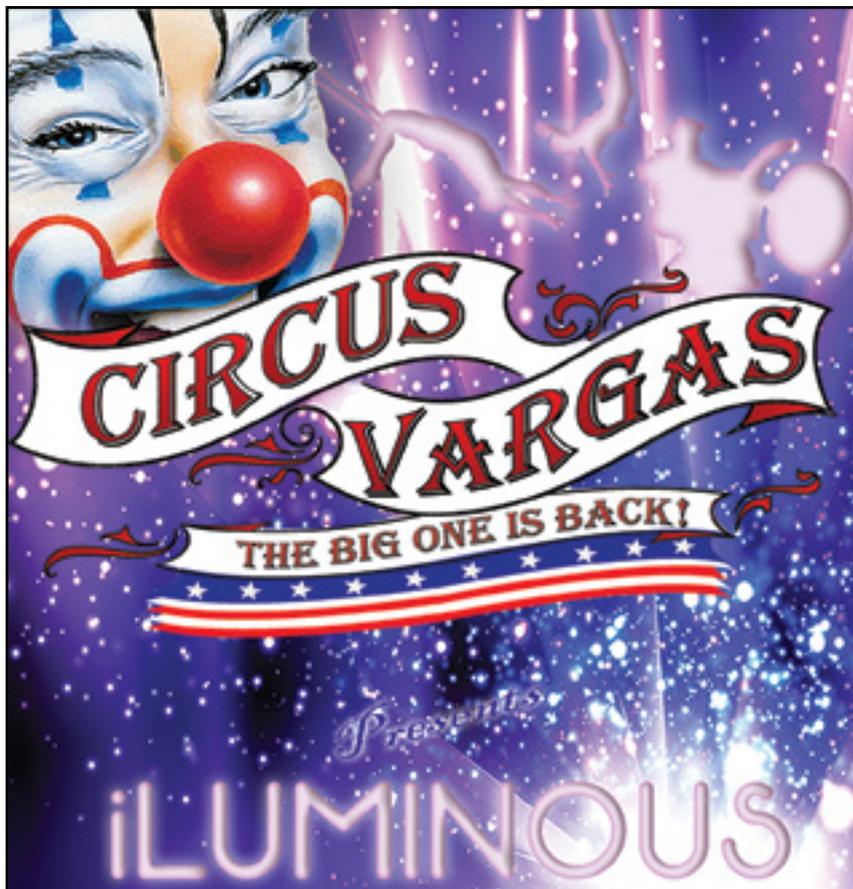



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Balance amount	Bonus	Balance amount	Bonus
\$10,000 – \$20,000	\$100	\$40,001 – \$50,000	\$400
\$20,001 – \$30,000	\$200	\$50,001 +	\$500
\$30,001 – \$40,000	\$300		



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Consider the investment objectives, risks, charges and expenses before investing in the ScholarShare College Savings Plan. Visit ScholarShare.com for a Plan Disclosure Booklet containing this and other information. Read it carefully. Investments in the Plan are neither insured nor guaranteed, and there is a risk of investment loss. TIAA-CREF Tuition Financing, Inc., Plan Manager. TIAA-CREF Individual & Institutional Services, LLC, member FINRA, distributor and underwriter for ScholarShare College Savings Plan. Taxpayers should seek advice from an independent tax advisor based on their own particular circumstances. Non-qualified withdrawals may be subject to federal and state taxes and the additional federal 10% tax. Non-qualified withdrawals may also be subject to an additional 2.5% California tax on earnings. Before investing in a 529 plan, consider whether the state where you or your Beneficiary resides has a 529 plan that offers favorable state tax benefits that are available if you invest in that state's 529 plan. Neither TIAA-CREF Tuition Financing, Inc., nor its affiliates, are responsible for the content found on any external website links referenced herein.