

**FREE**

# School News



*Education + Communication = A Better Nation*

**Covering the Long Beach Unified School District**  
Serving the communities of Long Beach, Lakewood & Signal Hill

VOLUME 12, ISSUE 93

[www.schoolnewsrollcall.com](http://www.schoolnewsrollcall.com)

APRIL 2011

## SUPERINTENDENT



### Stalemate in Sacramento Threatens School Funding

Gov. Jerry Brown and key legislators unfortunately could not reach agreement recently on a state budget after weeks

of negotiations. For local schools, this stalemate in Sacramento means that our worst-case budget plans in Long Beach are closer to becoming reality, with schools statewide facing a possible shortfall of more than \$700 per student next year.

Here in Long Beach we continue to press forward with important initiatives like our Long Beach College Promise, which provides upward mobility and a chance at a better life for thousands of students and their families. But we need help. Budget cuts are hurting our schools and public colleges. We all know that California's economy can only improve if we keep alive the promise of educational opportunity. The quality of life in our neighborhoods, including crime prevention and stable property values, are tied to the quality of our public schools.

The good news is that efforts like the College Promise are getting results. Three years ago, leaders from the Long Beach Unified School District, Long Beach City College and California State University, Long Beach signed The Long Beach College Promise, committing the three institutions to providing local students with greater opportunities to complete their higher education. Thanks to this effort, nearly three-fourths of LBUSD graduates are now pursuing post-secondary education. More

SEE SUPERINTENDENT • PAGE 35

*By David Downing, Principal Hamilton Middle School*

**Our primary goal is to provide MESA students with specific knowledge and skills necessary for success at the high school and college level.**

In the recent MESA competition held on the campus of CSULB, Hamilton students captured a first place in the solo math competition (Kevin King) and placed second in the bridge design competition (Brian Camacho and Oscar Becerra). MESA students are also part of the robotics team now registered to compete in the Middle School World Championships, to be held in Orlando, Florida during the month of April.

The Mathematics, Engineering and Science Achievement (MESA)



Program serves to enrich the experience of students in the areas of math, science and engineering. Partnering with CSULB and CAMS, Hamilton works to provide discipline specific enrichment opportunities through its daily elective MESA class. Our primary goal is to provide MESA students with specific knowledge and skills necessary for success at the high school and college level.

## BOARD OF EDUCATION



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Renaissance High School for the Arts occupies a historic site in Long Beach. The downtown corner of Long Beach Boulevard and Eighth Avenue is home to the first high school built in the County of Los Angeles outside Los Angeles USD. Long Beach High School, as it was known at its opening in May, 1898, reflected the mission architecture then common in school design. It was the educational and aesthetic pride of a community that had passed a \$10,000 bond to build its first high school "way out on the edge of town." After just six years, the students so excelled that the University of California accredited the school so students could enter UC without taking entrance exams.

Over the decades the school experienced many reincarnations, name changes and reconstructions. It served as an elementary school, junior high, vocational training school, War Production Training Center, and continuation school. It's been known by many names – Long Beach, American, Dewey, Reid and now Renaissance. Despite these changes and reconstructions after fires and earthquakes a school still stands on this site a hundred years later, and its students still excel! In its first six years as a school for the arts, API scores soared and Newsweek named Renaissance one of the best high schools in the nation!

SEE BOARD OF EDUCATION PAGE 35

## Fun for Families



**Edward H.J. Wilson**  
Mayor

You don't have to spend a fortune to have a great time with your family! The City of Signal Hill has free events and programs including spring holiday fun, youth sports, and after school activities so you won't run out of things to do!

SEE KAMPS/ACTIVITIES PAGE 18



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Friends of Long Beach Animals page 5 • Schools pages 6–15, 22–32 • Westerly page 34  
St. Joseph High School page 33 • LA County Office of Education page 35

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**Kay Coop**

Founder / Publisher



Spring is here which means students are busy testing and thinking about summer right around the corner.

Do you remember the first Dr. Seuss book you read or read to a child? Many of the articles in this issue are of students celebrating Read Across America. Dr. Seuss has captured the attention of many children and been the catalyst for their love of reading.

Be sure to enter our Contest this issue on page 20 and find out who won last issue. Thanks for reading *School News*.

Our May issue will highlight volunteers and community service.

# School News

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[www.schoolnewsrollcall.com](http://www.schoolnewsrollcall.com)

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LONG BEACH UNIFIED SCHOOL DISTRICT**

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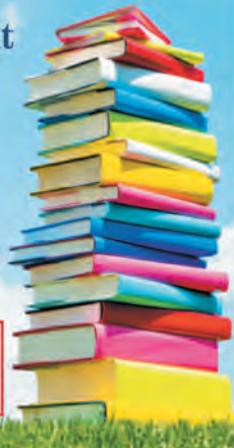
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Are you looking for me for the contest on page 20?



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## My Daughter is an Engineer Program



**F. King Alexander**  
President

Statistics show that only about 20 percent of engineering students are women, and that women make up only about 10 percent of professional engineers. Three women in the College of Engineering at Cal State Long Beach (CSULB) are trying to change that.

Bei Lu and Panadda Marayong, both assistant professors from CSULB's Department of Mechanical and Aerospace Engineering, and Lily Gossage, director of the College of Engineering Recruitment and Retention Center, have received an approximately \$16,000 grant from the IEEE Control Systems Society to implement a unique program that encourages elementary school girls to explore an interest in engineering careers.

The "My Daughter is an Engineer" program will bring mothers and daughters and their elementary schools' lead teachers to campus for a three-day residential program. Activities will include engineering-based workshops on robotics and control technology in everyday life, academic career preparation and skills learning, and engineering-relevant field trips.

The CSULB grant was one of just nine awarded among worldwide applicants, and "My Daughter is an Engineer" is a first-ever CSULB program established specifically to serve a mother-daughter population.

"Research has shown us that we can help students help themselves with their academic success, but teaching parents to become fully engaged in their children's educational pursuits is the greatest investment of effort that any outreach program can hope for," Gossage pointed out. "Obviously, having parents who support their children's education makes the greatest difference. Social stigmas discourage girls from considering engineering even though they're often well prepared, but we can show them that engineering is quite a lucrative and awesome career for women."

The "My Daughter" program is open to 20 fifth-grade girls, who will be selected on a competitive basis from six Long Beach Unified School District elementary schools that have been identified as having high-minority student enrollment and serving low-income families. The program is being planned for a three-day weekend in July.

"The idea of reaching out to students at the earliest age possible, before they are subjected to peer pressure in the later years, is also supported by research," Gossage said. "Another factor is the way math is taught in many schools; we can help young girls overcome the negative mindset about math by showing them the practical uses of math."

The program showcases engineering applications and the impact of engineering on daily life as well as provides information to support ongoing parental involvement. While teachers will be co-engaged in the program activities along with the mothers and daughters, teachers will also have additional projects-based workshops that incorporate four NASA Directorates; teachers will be trained to weave NASA content into existing K-12 curriculum.

Gossage said this is the first time she has heard of a program that incorporates engineering outreach for mothers and daughters and at the same time blends common program components to serve the professional development of school teachers.

## The Antique Gallery

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JONES BICYCLES

## Why You May Not Obtain the Lowest Rates



CathyLyn Brooks

Conforming mortgage rates are very low, but that doesn't mean you'll be eligible for them.

Why? It's because of a federally-mandated mortgage-pricing program known as "loan-level pricing adjustments."

Loan-level pricing adjustments are changes to a loans base rate and/or fee structure based on that loans perceived risk to Wall Street. Comparable to auto insurance, the sports car costs more to insure than the sedan. More risk, more cost.

These "risks" can be generally categorized. Conventional loan applications featuring any of these five traits are subject to price adjustments:

1. Credit Score — e.g. FICO below 740 and Loan-To-Value above 60%
2. Property Type — e.g. multi-unit homes
3. Occupancy — e.g. investment property
4. Structure — e.g. a subordinate/junior lien on title
5. Equity — e.g. mortgage insurance required by the lender

Additionally, loan-level pricing adjustments are cumulative.

For example, a 3-unit investment property will suffer larger adjustments than an owner-occupied 3-unit property. It's these adjustments that explain why you may not be eligible for the rates you see advertised online and in the newspapers — your particular loan may be subject to this risk-based pricing that raises your mortgage rate and closing costs.

Here is an example: A 75% loan to value, 3 unit investment property has a pricing adjustment of 2.75 points. This can add up to .5% to the interest rate for buyers.

If you're putting down less than 20%, a FHA loan may "cost" less than a conventional loan because FHA has only minimal credit score adjustments.

The government's loan-level pricing adjustment schedule is public information. You can find these charts online, or contact me, for more detailed information.

CathyLyn Brooks has been a local real estate broker since 1980, earning the advanced credentials of Certified Residential Specialist and Graduate Realtor through advanced education and sales volume. She has completed the American Bar Association's approved Paralegal certification and is an instructor at UCI in the Paralegal program. She also teaches real estate related courses in the extension program. The NASD, the NYSE, and the National Futures Organization have appointed her as a public arbitrator. Her degree is in finance and marketing from the University of Southern California. CathyLyn is affiliated with Main Street Realtors and can be reached at: 562/719-2530 or cathylyn@earthlink.net Consumers should seek legal and tax advice from professionals in each field

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## Use Your Refund Wisely

By Jeff S Yanc, LUTCF, CFP  
State Farm® Agent

So your 1040 is filed and you are now anxiously waiting for your refund. What do you plan on doing with it? Go on that long-awaited cruise, get a new set of golf clubs or buy that widescreen TV you've had your eye on? There are so many ways you could spend your refund, but there are other alternatives to consider. According to the Internal Revenue Service, over 75 percent of American taxpayers received a federal tax refund, with the average around \$2,500. It's what you do with your refund now that may create a better financial future for you and your family.

Instead of spending your refund this year, consider contributing to an Individual Retirement Account (IRA), setting up a college savings fund for a child, or paying down credit card debt. These options will help improve your financial situation.

First on your list of priorities might be paying down any high-interest credit card debts you have incurred. By paying only the minimum each month, you may be paying just the interest (or less) on the debt and little or nothing towards the principal. Paying down the debt can help free up additional money for other important financial needs.

If debt is not a problem, your tax refund could provide you an excellent opportunity to contribute to an existing IRA or establish a new one. For the 2010 tax year, you can contribute up to \$5,000 to an IRA. If you are 50 years or older by December 31, 2010, you can add an additional \$1,000 to the account.

Making a tax-deductible contribution to a traditional IRA is an option if you are not participating in an employer-sponsored retirement plan or, if you are participating, your Adjusted Gross Income falls within eligibility guidelines. A Roth IRA may be a better choice, if you are eligible to contribute. Contributions to a Roth IRA are not tax deductible. However, qualified distributions are received free from federal income tax.

Your refund could also be used to contribute to your child's college savings. There are simple and affordable options you can take advantage of today, including tax-advantaged savings vehicles, to help you reach your college savings goal.

One thing to remember after you've decided the fate of this year's refund: the check you received is not a windfall but the return of an interest-free loan you provided the government. Regardless of the pleasure you may get from receiving a large check each tax year, adjusting the amount withheld by the government to reduce the amount of future refunds may be an appropriate course. You might not get a refund in April, but there may be more money in each paycheck to contribute to a savings account or IRA or pay down debt throughout the year.

Take some time to consider your options before making the down payment on that big purchase. The earlier you start saving for your future, the more you may have during your retirement. If you have questions about these options and others, you owe it to yourself to contact a financial services professional that you know and trust. Your financial future may depend on it.

Jeff Yanc can be reached at State Farm Insurance, 4087 Long Beach Blvd., Long Beach, CA. 562-595-6969.

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## Financial Tips

### Convenience of Online Banking (Part I)



**Jeffrey A. Napper**  
President & CEO  
LBS Financial  
Credit Union

With your busy schedule and the price of gas, why visit a branch to perform your banking needs when you can do nearly all of your financial transactions securely online? This will save you money and valuable time. With online banking, you can access your account 24/7 wherever you choose. With just a few clicks, you can check your account balance, transfer money and pay your bills.

Paying bills online is convenient, fast, saves money, helps to protect the environment and allows you greater control in managing your finances. Why write checks and spend money in postage to pay your bills when you can do all of this online?

One of the top concerns for all consumers is identity theft issues. However, there is often a greater risk of identity theft through the items that can be found in your trash can at home. Any paper trail with your personal and account information on it can be compromised when stolen from your mailbox or your trash. Online financial accounts have many security requirements including encryption and multi-factor authentication to protect your account.

You have two options when paying bills online: Use your financial institution's online service to set up accounts to be paid automatically on certain days of the month or pay them manually by visiting your online banking to schedule payments before they are due. Your second option is to pay your creditors directly by visiting each of their websites to pay on your account with them.

## Friends of Long Beach Animals

3815 Atlantic Ave., Suite 4, Long Beach, CA 90807 • 562/988-7647 • www.folba.org

### Litter Box Crimes—Ours, Not Theirs!

By Miriam Yarden, B.Sc., MS, APDT

Litter box problems must be immediately addressed! First, take the cat for a medical checkup to make sure that the bad toilet habits aren't caused by physical conditions such as urinary-tract infections. Then, look at the living conditions. Cats are fastidious and won't eat where they eliminate and vice versa, so don't put the box in or near the feline dining area.

Do you keep the box clean? Cats will avoid dirty litter boxes the way people avoid public toilets that haven't been flushed. You may also be overcleaning the box. We try hard to eliminate all traces of litter box odor and sometimes overdo it by cleaning the box every time the cat uses it, changing the litter every day, or washing the box daily or weekly. We use all kinds of chemical preparations to neutralize odors, and but they leave not a vestige of scent for the cat to return to. Chemicals in special cleaners, soaps and detergents also leave an unnatural scent that the cat may avoid.

Follow this routine instead: Use a good-quality, lightly scented clumping litter, remove the clumps every evening, and spread a fresh layer on top of what is left in the box. Completely change the litter only once a week. Finally, wash the box just once a month with hot water and soap and neutralize the odor with a final rinse of undiluted plain white household vinegar. If your cat is healthy, disinfection is not necessary. Let the vinegar dry and then fill it with clean litter. The cat's good habits will return, and you will save money.

Now, go hug your BFF—Best Feline Friend.



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# Addams *Elementary*

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**Yvette Streeter**  
*Principal*

## Success

Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others. — Danny Thomas

Addams school is so fortunate to have so many wonderful Volunteers in Public Schools (V.I.P.S.). They give generously of their time and talents to help our school in so many important ways. They have: Cut, pasted and stapled hundreds of projects; Xeroxed flyers, newsletters, and many items for classroom teachers; Chaperoned trips all over the city from CSULB to the Science Center; Cleaned and organized closets and bookrooms; Unpacked, stamped and delivered hundreds of boxes of materials to the classrooms; Made many, many trips to provide refreshments for all of our events; Raised funds to make sure our students and staff have the extra things they need; Run our Fall and Spring Picture days; Helped spearhead numerous charity drives for our community; Cooked and organized staff breakfast celebrations and teacher appreciation events; Run booths at Back to School Nights and Open House; Made gift baskets for every presentation at Literacy Night; Stapled and bound hundreds of books.



Thank you to all of the volunteers at Addams for being the bridge to our larger school community and for modeling what remarkable things can be accomplished with empowered parent groups. We are truly fortunate to work along side you for the benefit of our children and we are proud of all that you have accomplished.

# Alvarado *Elementary*

1900 E. 21st St., Signal Hill, CA 90755 • 562/985-0019 • <http://alvarado-lbusd-ca.schoolloop.com/>



**Dr. Brett Geithman**  
*Principal*

## BookPALS

Building a passion for reading is one of our primary commitments at Alvarado Elementary School, and Mark Neely, actor and BookPALS reader, supports this mission by reading in our classrooms multiple times per month.

BookPALS was founded by actress Barbara Bain of "Mission Impossible" in 1993 and is a volunteer program administered by the Screen Actors Guild. Robin Roy currently oversees the Los Angeles BookPALS program, which extends from Oxnard to Irvine. Other major cities, such as New York and San Francisco, are involved in BookPALS, with approximately 600 actors reading in 350 schools nationwide.

Mr. Neely began his volunteer BookPALS work eight years ago in San Francisco. Two years later, he relocated to Los Angeles and quickly connected to continue his extraordinary volunteerism. As we discussed his involvement at Alvarado and the many projects he is currently working on, Mr. Neely noted, "This is the best thing I do!"

Alvarado students and teachers are so enthusiastic about Mr. Neely reading in our classrooms. "It is so nice having a strong African-American male figure that the students look up to being so involved in books," shared Mrs. Thomas, our collaborative inclusion teacher. "Mr. Neely is the highlight of their day. He brings books to life."

We feel very fortunate to have Mr. Neely as a part of our school community, modeling and sharing his love of books with our young scholars.

# Avalon/Two Harbors *(K-12)*

P.O. Box 557, Avalon, CA 90704 • 310/510-0790 • <http://www.lbavalon.schoolloop.com/>



**Joseph Carlson**  
*Principal*

## Knowledge and Life Emerge from Service Project

Accompanied by teachers Laura Vandezande and Erica Minuto, Avalon's fourth and fifth graders participated in a service learning project this February to assist with erosion prevention on the Catalina Island hillsides devastated by fires several years ago. With enthusiasm and tenacity, and under the guidance of Catalina Island Conservancy School Program Specialist Rich Zanelli, the students hauled 250 discarded Christmas trees up a steep hillside, where they placed trees strategically in severely eroded areas.

When the rains follow, soil will be washed into the trees and trapped by the branches. Seeds from nearby plants will then germinate in the soil, and restore the disturbed area. Today, new life is springing forth from dead trees placed on the hillsides over the past half decade.

This project is a fantastic partnership between Avalon School and the Catalina Island Conservancy, which preserves and manages the flora and fauna of the island's interior, whereby landfill trash is reduced, landscape restored, and students discover science in action and serve their community in a hands-on learning experience.



# Bancroft *Middle School*

5301 E. Centralia St., Long Beach, CA 90807 • 562/425-7461 • <http://lbancroft.schoolloop.com/>



**Pamela Sawyer**  
*Principal*

## Career Day

*By Matthew Calcanas, Sara Castro, Gabriela Hernandez, Michelle Pelka and Alex Rodriguez*  
*8th-Grade Students*

In March, many special and talented guest speakers visited our school to share their careers with us. There was quite a variety of careers represented, including airplane engineers, police, correctional officers, attorneys, professional football players, doctors, firefighters and even a dog groomer. Despite the difference in careers, all of the speakers gave the same advice: "Education is important!" Many of the speakers prepared presentations, including visuals to provide an accurate description of their work. Each career required some amount of college preparation. Following the conclusion of the presentations, students were able to ask questions, and we had lots of them!

One of the most special guests was Mr. Steinhauser, superintendent of the Long Beach Unified School District. We learned many things about him. He worked in the LBUSD as a teacher and principal before becoming the superintendent. His father always encouraged his children to be successful in school and to find careers. Mr. Steinhauser told us all about his job and how much responsibility and dedication you have to give in leading a school district. He also shared that, although his job is stressful, he likes what he does. Most importantly, he told us to "do what you love."

Career Day has taught us at Bancroft that school isn't a waste of time—it's the first step toward your dreams!

# Barton *Elementary*

1100 E. Del Amo Blvd., Long Beach, CA 90805 • 562/428-0555 • <http://barton-lbusd-ca.schoolloop.com/>



**Luana Wesley**  
Principal

## Movie Madness

Who needs Hollywood?? We've got it right here at Barton Elementary School. Barton held its first Movie Madness, Monday March 7, 2011.

March Movie Madness brought over 300 movie goers creating an evening of memories and enjoyment. A small candy shop of sweet treats filled the tummies of our movie goers. The excitement of our cinematic feature brought cheers and jeers with the rise and fall of our action packed movie. The sight of seeing our families huddled together under the stars was definitely worth the hard work of the team dedicated to make it all run without a hitch.

# Bixby *Elementary*

5251 E. Stearns St., Long Beach, CA 90815 • 562/498-3794 • <http://bixby-lbusd-ca.schoolloop.com/>



**Rese Jacobs**  
Principal

## A Reading Village

There are many little ways to enlarge your child's world. Love of books is the best of all. —Jacqueline Kennedy

Reading is everywhere in the Bixby Elementary School community! Several of our students and their parents have formed a Mother-Daughter Book Club to increase the joy of reading while spending quality time together. Please enjoy the following article by Shannon Garbiero, a parent and a member of the book club. Our reading "village" is flourishing!

Excitement, discovery and pride celebrate the new thrill of being able to read. How do I help keep that spark ignited? That question is what spawned our Mother-Daughter Book Club. Our first-graders are quickly learning that the letters on a page create words, define meaning and unravel marvelous stories.

Together we share and challenge each other's thoughts. The girls glow when they realize that they actually understood what they read. They are excited to choose chapter books to share and, of course, for the little thematic book party.



***The Pink Princess Rules the School*, by Alyssa Crowne.  
Readers Billie Faustina, Lexi Garbiero, Molly Mejia, Sofia Ascencio,  
Taline Bashmakian, Gracie Baey, and Cassidy Eyres.**

# Buffum *Elementary*

2350 Ximeno Ave., Long Beach, CA 90815 • 562/498-2431 • <http://buffum.net>

**Deborah Anderson, Principal**

**No Article This Issue**

# Birney

710 W. Spring St., Long Beach, CA 90806 • 562/427-8512 • <http://birney-lbusd-ca.schoolloop.com/>

**Thomas Espinoza, Principal**

**No Article This Issue**

# Bryant *Elementary*

4101 E. Fountain St., Long Beach, CA 90804 • 562/498-3802 • [www.lbschools.net/bryant/](http://www.lbschools.net/bryant/)



**Doris Robinson**  
Principal

## Read, Read, Read

Read Across America—Dr. Seuss's birthday—was a grand affair at Bryant Elementary School thanks to Merlyn Burkes, speech and language specialist; Anacristina Nunoz Aguirre, Bryant's cafeteria supervisor; Mario Aguayo, cafeteria worker; and Bryant Student Council. Mrs. Burkes organizes this activity yearly for Bryant's students, teachers, parents and community volunteers. The BARK dogs and owners, parents and community volunteers came and read to the students. We gathered on the front lawn, each student with his or her own book ready to read schoolwide. The schoolwide reading by students and teachers was preceded by Bryant Student Council members encouraging students to read daily, and all students recited the "Reader's Pledge."

The grand finale was organized by Mrs. Nunoz Aguirre at Bryant's monthly Family Breakfast Day. The cafeteria workers donned their Cat In The Hat hats, with Dr. Seuss books displayed throughout the cafeteria. Parents and students won prizes if they found a lucky number under their tray of Green Eggs and Ham.

Thanks to fifth-grade teacher Mrs. Holmes, fifth-graders were actively and wonderfully involved in history through "A Walk Through the American Revolution." The students donned their handmade American Revolution costumes and reenacted the American Revolution with definitions of historical words, using Expert Word Cards. They used Character Cards and American Experiment Cards to identify historical famous figures. The competition among the Red, White and Blue teams was intense, especially when they reenacted famous battle scenes. Parents and other guests were invited, and some served as scorekeepers. What an exciting experience for our fifth-graders, and what a way to learn!

# Burcham *(K-8)*

5610 Monlaco Road, Long Beach, CA 90808 • 562/420-2685 • [www.lbburcham.schoolloop.com/](http://www.lbburcham.schoolloop.com/)



**LaShell Diggs**  
Principal

## Training Tomorrow's Leaders

*By Trang Truong, YMCA Associate Program Director*

The after-school YMCA/WRAP program at Burcham K—8 allows our students to engage in many active leadership opportunities.

Stephanie Pinedo, the site manager, runs our Youth Council. The Youth Council members are elected by their class peers at the beginning of the school year. The candidates have to write a speech to convince them about why they are a leader and should be chosen as classroom representative.

Once elected, the Youth Council meets every week with the site manager to discuss any successes, challenges or upcoming events in the after-school program. They also report out to their peers on what they are working on. The Youth Council members also serve as a voice for their groups.

This year, the Council is focusing on making the after-school program more fun, engaging and exciting. Currently, they are working on a "Family Fitness Fun Day" project.

With this program, we aim to empower our youth to be leaders of change, no matter their grade level. Our youngest member is in kindergarten, and our oldest is in the eighth grade!

Youth Council members are role models for the entire after-school program. They are today's young people and our future leaders. We strive to promote academic development, healthy living and social responsibility in our after-school students, because not only are they Burcham Scholars, they are also the leaders of tomorrow.

# Burbank *Elementary*

501 Junipero Ave., Long Beach, CA 90814 • 562/439-0997 • <http://bbk-lbusd.ca.schoolloop.com/>



**Lorraine Griego**  
Principal

## Read Across America

By Damon Jespersen, Learning Director

Burbank students, parents and staff celebrated Read Across America this year with a day that included several activities. The school wide event highlighting the importance of literacy featured a special edition of the Burbank News that was broadcast to the entire school. The Burbank News is a weekly student lead production that relays important information about Burbank to all students and staff via a closed circuit feed. The special edition welcomed parents, communicated the significance of the event and showcased a rousing medley of Dr. Seuss books read by our very own librarian, Mr. Helmar!

This event gave students the opportunity to read self selected books to classmates, teachers and parents. Also, several classes had guest readers and parents share some of their favorite childhood stories. The well attended event embodied the spirit of Read Across America and emphasized Burbank's love for reading!



A parent takes a turn reading a page from a story to her child and another student during the Read Across America event at Burbank.

# Burnett *Elementary*

565 E. Hill St., Long Beach, CA 90806 • 562/595-9466 • [www2.lbusd.k12.ca.us/burnett/](http://www2.lbusd.k12.ca.us/burnett/)



**Lucy Salazar**  
Principal

## Dr. Seuss the Patriot

By Nancy Jo Rettig, Counselor

The red and white stripes flowing throughout the K-5 audience resembled the waving American flag on Friday, March 4, 2011. How fitting that Dr. Seuss would pay homage to the flag since he was a veteran of World War II.

Messages of patriotism and peace were extorted from The Cat in the Hat and his sidekick, Thing 1-1/2. The heartfelt song "Where is the Love?" rallied from Ms. Hall's 5th grade class and had parents fighting back tears. But they quickly switched to foot-tapping, as Mr. Monaghan's freestyle dancers shuffled to "ABC" by Michael Jackson.

This half hour really packed a patriotic punch. We owe you Dr. Seuss, for teaching us about love of country, its land and loyalty to one's word. Horton, from *Horton Hears a Who*, had it right when he said, "I meant what I said and I said what I meant."



# Like it? Blog about it.

All LBUSD Principals, Program Coordinators and Teachers who have experienced our litter-awareness performance are invited to add their "e-pinion" to Mr. Scales' Wall for everyone to read.

Visit [www.litterfreeLB.org/blogwall](http://www.litterfreeLB.org/blogwall)

**Lunch with a Lizard** is a fun, interactive, 20-minute performance for K-3rd grades, available FREE to all LBUSD elementary schools in Long Beach.

To book a performance at your school, visit [www.litterfreeLB.org](http://www.litterfreeLB.org)



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# Burroughs *Elementary*

1260 E. 33rd St., Signal Hill, CA 90755 • 562/426-8144 • <http://bur-lbusd.ca.schoolloop.com/>

## Healthy Hearts



**Teresa Montoya**  
Principal

Our Burroughs Bees spent some time in February learning how to take better care of their hearts.

The students participated in the Jump Rope for Heart program sponsored by the American Heart Association. In the classrooms they learned about the importance of the heart as well as the benefits of eating healthy and staying active.

The students were also able to help children with special hearts (and make a difference in people's lives, too) by collecting donations for the American Heart Association from their relatives, neighbors and friends.

The students brought these donations to school before participating in the Jump Rope for Heart event. The student council members, under the direction of 4/5 teacher Derek Lefkowitz, then went through a regimen of heart-healthy exercises, such as jumping rope, jumping jacks, running, and the four-corners workout of push-ups, mountain climbing, sit-ups and stretching.

After this exhilarating event, the PTA arranged for the entire school body to attend a "Cardioville" assembly in the auditorium. Everyone learned about proper nutrition, exercise, and healthy lifestyles for their hearts. The classroom teachers also taught follow-up lessons that were based upon the Health Education Content Standards on healthy eating and regular exercise.

Through these activities, our Burroughs students have increased their knowledge about the importance of having a healthy heart. They also learned how to help others by donating to the American Heart Association.

# Butler

1400 E. 20th St., Long Beach, CA 90806 • 562/591-7477 • <http://lbbutler.schoolloop.com/>



**Sparkle Peterson**  
Principal

## Significant Changes

Butler Middle School has gone through some significant changes this school year. We have a new Principal, Ms. Sparkle Peterson and a new Assistant Principal, Mr. Ernest Chavez. This is also our first year for all 6th graders to be in a self-contained class or in a GATE program. In both programs our 6th grade students are demonstrating remarkable growth academically. The majority of them scored Proficient or higher on the Quarter 2 Math Exam. They have been the leaders for every school wide competition Butler has offered for charitable causes and in December the entire 6th grade class put on a show titled "The 12 Days of Fitness." The students, and PE teachers, performed 12 different exercises to the tune of "The 12 Days of Christmas" in our outdoor amphitheatre, accompanied by our choir. We are proud of the transition our 6th grade students have made to middle school and thank their teachers for developing our leaders for tomorrow.



# CAMS

1000 E. Victoria St., Carson, CA 90747 • 310/243-2025 • [www.californiaacademy.org](http://www.californiaacademy.org)



**Dr. Janice Filer**  
Principal

## Dissolving Educational Boundaries

CAMS and CSUDH were recently awarded a Hewlett-Packard Catalyst Initiative Grant. This grant program mainly consists of technology equipment that can enhance global collaboration and social innovation to help develop a more effective approach to STEM subjects (Science, Technology, Engineering and Mathematics).

The grant proposal was developed as a collaborative effort between CAMS and CSUDH. Other recipients included Kenyatta University in Nairobi, Learning Games Network in Cambridge, Massachusetts, the University of Bristol Graduate School of Education in the United Kingdom, the University of Exeter in the U.K., and Fraunhofer Institute in Stuttgart, Germany.

The aim of the program is to address the constant need for students to integrate content between their classes in STEM fields and other disciplines, as well as between the school and their lives. Its purpose is to improve the classroom experience by helping to educate pre-service and inservice teachers in Southern California and India.

The ultimate goal is that these teachers will become interdisciplinary leaders at their own schools, districts and professions, thereby helping their students and influencing the pre-service teachers who will follow them.

Designed to dissolve boundaries, the program will utilize newer technologies to help mobilize educational professionals across multiple tiers, disciplines and countries. With it they can develop a way of teaching that is both multicultural and inherently connective, one that encourages the students to be both creative and analytical.

The students and their teachers will also be able to communicate and collaborate over the World Wide Web.

# Cabrillo High School

2001 Santa Fe Ave., Long Beach, CA 90810 • 562/951-7700 • <http://lbcabrillo.schoolloop.com/>



**Dr. Elio Mendoza**  
Co-Principal



**Alejandro Vega**  
Co-Principal

## Small Learning Communities

Last month, the students from Cabrillo's Academy of College and Career Exploration for Student Success (ACCESS) had an opportunity to participate in the Small Learning Community Fair. This event was designed to help them make decisions for their sophomore year and beyond.

ACCESS is a ninth-grade transitional program that encourages students to succeed academically and socially in their first year of high school.

As part of the process, ACCESS students explored the Road Trip Nation curriculum, completed self-surveys, and matched interests with SCL descriptors. During the Fair, they visited multiple organizations including our SLC, AVID, GEAR-UP, Long Beach City College and CSULB.

They also attended breakout sessions on foundational skills recommended by our Educational Business Association (EBA) as critical to workplace success. In the afternoon, guest speakers from our featured industry sectors shared stories from a career and professional perspective.

The students were able to articulate their SLC preferences and experiences from the Fair. Sarah Carver said she wants to be a surgeon, and that, "Cabrillo Health Occupations and Careers had a lot of information, they had students who talked to me, and the stuff they handed out was really cool."

Another student, Luis Sepulveda, said, "It helped me decide...I choose Cabrillo Academy of Law and Justice because it's about law and justice, and I'm interested in being a police officer."

We are looking forward to hearing more about the process from our students, and how it helped them make better, more informed decisions about their future.

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# Carver *Elementary*

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697  
www.lbschools.net/carver/Carver\_Elementary/carver\_Home.html



**Jennifer Rodarte**  
Principal

## Read Across America

Read Across America is an annual reading motivation and awareness day that calls for every child in every community to celebrate reading on March 2, the birthday of beloved children's author Dr. Seuss.

In cities and towns across the nation, schools develop Read Across America activities to bring reading excitement to children of all ages. And, Carver Elementary School was no exception. This year as part of our celebration for reading we had a BMX bike show to promote reading through an assembly in which all students were able to actively participate. In addition to our BMX bike show, we had Cat from "Cat in the Hat" join us!

Our students cheered and chanted along with the stunt riders as we shared in the spirit of reading! The event started off with our school president Jack Dixon reciting the readers oath. Soon after, aerial aerobats started including a stunt in which a rider jumped over Cat, Mrs. Briand, Ms. Duncan, and myself. Our students really did enjoy themselves but most of all we accomplished the task of promoting the love for reading!

# Cleveland *Elementary*

4760 Hackett Street, Lakewood, CA 90713 • 562/420-7552



**Julie Drysdale**  
Principal

## We Love That Number!

February 18 was a most amazing day at Cleveland Elementary School. It was the 100th day of school, and so our preppy kindergarten, kindergarten-first and third-grade students celebrated it with a wide variety of learning activities. The number "100" definitely came alive for our young students.

Kindergarten students read "100 Day" books and made "100 Day" hash, and counted 10 each of 10 different food items like pretzels and raisins. The deaf and hard-of-hearing students also put their hands in paint and counted and painted by tens to 100.

The general education kindergarten students listened to *Mrs. Bindergarten Celebrates the 100th Day of School*. They brought collections of 100 items from home, such as pennies, marbles, beans and macaroni. They wrote about what they would buy if they had \$100, and drew pictures of what they would look like when they were 100 years old.

The students also counted aloud to 100 by ones, fives, and tens, and then wrote the numbers in order. They made "100 Day" hats for home, and one class even made snacks that looked like the number 100 (a cheese stick with two crackers).

The third-graders enjoyed 100 minutes of reading in five 20-minute blocks. During physical education, the children traveled to four stations where they performed 25 each of different exercises. They also counted out 100 snacks in four bags of 25 each. The third-grade then topped off the day with a 100-yard dash!

Cleveland rocks!

# Chavez *Elementary*

730 W. Third St., Long Beach, CA 90802 • 562/590-0904 • www.lbusd.k12.ca.us/chavez/



**Kimberly Weber**  
Principal

## Chavez Read-In is a Success!

As part of our Read Across America activities, we had an hour of Drop Everything and Read! Students and staff were invited to dress as their favorite literary character and everyone met in the park to read. Volunteers, participants from our Family Literacy Program, parents, and staff came together to read to and with our students. Thanks to our creative students and staff, we saw Little Red Riding Hood, Alice in Wonderland, Junie B. Jones, Sally, Waldo, Thing 1, Thing 2, Cinderella, Mrs. Nelson, Mrs. Swamp and many other famous characters. After the Read-In, we honored 42 students who met the criteria for Redesignation to Fluent English Proficient and the 52 students who were selected for following the Guideline for Success of "Show Respect". It was a great morning and fun to see the entire school together, reading for enjoyment!

# Constellation *Community Middle School*

620 Olive Ave., Long Beach, CA 90802 • 562/435-7181 • http://constellation-school.org

**Daphne Ching-Jackson**  
Executive Director

## Constellation's Holds Career Night

Conventional wisdom says that students should have an idea of their career aspirations no later than middle school. On March 10th Constellation Community Middle School held its 2nd annual Career Night to introduce its students to the myriad careers for consideration.

Seventy-five parents and students attended the event in which 7 speakers from varied career fields talked about what they love to do. Among the speakers was Christian Pullido, a former Constellation student and now senior at Millikan High, who talked about his JROTC experience and plan to enlist in the U.S. Army. Other speakers were Jimmie Smith, Administrative Analyst with the Long Beach Airport; Henry Bursi, Memorial Hospital Certified Phlebotomist; J.J. Craig, Assistant Chief with the L. B. Police Department; Michelle Matt, wardrobe costumer for various TV series; Heather Newsome, Set Lighting Tech for TV's "Desperate Housewives," Dax Chacon, U.S. Coast Guard and Richard Ramos, Athletic Trainer..



**Christian Pullido**



**Jeffrey M. Cohen, D.D.S.**

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# Cubberley

3200 Monogram Ave., Long Beach, CA 90808 • 562/420-8810 • www.lbcubberley.schoolloop.com/



**Terri Jarels**  
Principal

## Principals for the Day

Cubberley students Madison Alexander (6th grade), Katelyn Bell (2nd grade), Destiny Biondi (6th grade), and Joshua Wright (5th grade) got a look at the school district workings as Principals for the Day. The students visited Nutrition Services, and saw the amount of work and planning required to provide tasty and nutritious meals for LBUSD schools. At the Teacher Resource Center, the tour featured the Instructional Materials Workshop, where teachers gather supplies for bulletin boards and ideas for lessons. At the Maintenance Shop, Tom Bell (a LBUSD employee) gave a tour of the Lock and Carpentry Shops. The last site visited was Purchasing.



**Principal Jarels with Madison Alexander, Katelyn Bell, Destiny Biondi, Joshua Wright**

In the district's Purchasing Offices, the students saw how materials are created, stored, and distributed to schools and offices. On behalf of the parents, students and staff we appreciate the families of these students for their donation and participation in the Read-a-Thon in November 2010.

# Dooley *Global Studies Magnet School*

5075 N. Long Beach Blvd., Long Beach, CA 90805 • 562/997-2655 • www.lbschools.net/dooley



**Julie Nyssen**  
Principal

## Read Across America at Dooley

Dooley Elementary School celebrated Read Across America Day on Wednesday, March 2. The annual event honors the birthday of children's author Theodore Geisel, also known as Dr. Seuss. Dooley students were encouraged to stray away from the television and video games and pick up a book instead. The day kicked off with hundreds of servings of green eggs and ham in the cafeteria. Though cautious at first, the students savored the meal. Students also tuned in to the Dooley News on TV for inspirational words from President Obama highlighting how reading helps one empathize and under-



stand other people better. Later in the morning, nearly 1,200 students met on the playground for a school-wide assembly. Students read an oath to be life-long readers. Even the Kindergarten teachers performed an original song to promote reading. As the day progressed, various mystery readers made up of dedicated members of the school community visited Dooley classrooms.

# Edison

625 Maine Ave., Long Beach, CA 90802 • 562/590-8481 • http://edi-lbusd.ca.schoolloop.com/



**Richard Littlejohn**  
Principal

## Read and Dream Month

The month of March was Read and Dream Month! Students and staff celebrated Read and Dream Month with weekly activities that honored Dr. Seuss and his great books.

We began the festivities with Crazy Hat Day on Dr. Seuss's birthday. Staff and students wore their renditions of crazy hats, and it was a sight to see! The Cat in the Hat would have been very proud of our student and staff creativity. During the second week of March, students in grades first through third were given the opportunity to go to the library's Book Vault and select two books

free of charge! Our students were very excited to see books they've read in the past and new books that stretched their imaginations even further than before. During the third week of March, Edison celebrated great literature by decorating the classrooms. Book covers and poetry gleamed as doors opened and closed. It was so exciting that even Student Council took pictures of the door celebrations!

The fourth week of literacy celebration represented a new event at Edison: Edison's Student Book Exchange Day. Each student brought a book from home to school to



exchange and read with another student. This event marked the beginning of "sharing literature" at Edison.

As Read and Dream Month came to a close, Edison students, staff and parents participated in "Drop Everything and Read." The school came to a screeching halt to read a book at the designated bell. Sometimes it is just nice to Drop Everything and Read!

# Emerson *Parkside Academy Charter*

2625 Josie Ave., Long Beach, CA 90815 • 562/420-2631 • http://eme-lbusd.ca.schoolloop.com/



**Mark Andreatta**  
Principal

## Emerson Student Council

*By Blake K., Student Body President*

Emerson's Student Council is made up of the student leaders of the school. Students are elected from 4th and 5th grade classrooms in the fall of the year. The council meets two or three times each month to discuss and plan activities. One of the activities organized by the students was a canned food drive. Hundreds of food items were donated and then picked up for distribution in the community. The group was also fortunate to have Councilwoman Gerrie Schipske come to our school and talk to the students about



leadership. In the coming weeks, the council will organize a series of "spirit" days that will take place towards the end of the school year. During these spirit days, students may be able to wear funny hats or crazy socks to school! Emerson is so fortunate to have such a great group of students willing to make Emerson an even better place to learn!

# Franklin *Classical Middle School*

540 Cerritos Ave., Long Beach, CA 90802 • 562/435-4952 • www2.lbusd.k12.ca.us/franklin/index.htm



**Maria Pilar Perossio**  
Principal

## The Pride of the Wildcats

The Franklin Wildcats have much to be proud of. Many Wildcat students have demonstrated their high levels of academic achievement by reaching proficiency on their math and/or ELA quarter exams, or they have attained a GPA of 3.5 or higher to earn a spot on the Honor Roll.

Outstanding students who are responsible achievers, as well as prepared and polite, can also earn a "RAPPers of the Month" award. They are recognized with special certificates, and can earn such things as free dress, head-of-the-lunch-line passes and Wildcat Scholar T-shirts.

Our Wildcats recently celebrated Black History Month by studying famous African-Americans. They also had a special performance for their fellow students. Ms. Hall and Ms. Green, along with the help of several staff members and students, also organized an event that included a special luncheon for the teachers.

Mr. Patel's MESA students recently competed in a science competition at CSULB, too, along with a number of other top students from across the district.

The Lady Wildcats made it to the semifinals in girls basketball, and the Franklin boys track team has also enjoyed a successful season. Wildcat coaches Ms. Garcia, Ms. Cornelison and Mr. Aoyama not only help teach the students good athletic skills, but also the true spirit of sportsmanship.



# Fremont *Elementary*

4000 E. 4th St., Long Beach, CA 90814 • 562/439-6873 • http://fre-lbusd.ca.schoolloop.com/



**Matt Hammond**  
Principal

## Technology Enrichment

One of the special programs at Fremont Elementary School is Technology Enrichment Now. Kindergarten through fifth-grade students use the computer technology lab to complete projects that enhance and enrich the core curriculum. Students have access to tools to collect, analyze, and clearly communicate information to produce their own product using skills learned through the years. Technology is a vital component in the learning process, and the Fremont Technology Lab provides the necessary skills for students to be successful now and in the future.

Kindergarteners and first-graders become familiar with the computer and its programs, creating projects which utilize computer drawing, typing, graphics, and more. Second-graders become familiar with PowerPoint by creating a slide show about one of their field trips, adding their own text and transitions. Third-graders use a variety of tools for word processing, graphing, digital photography, projects, and presentations. Fourth-graders take PowerPoint a bit further, creating a book report slide show by adding photos, scanning text connections, and including information from online research. Fifth-graders research American history online and create a brochure, recreating and scanning historical items into their brochures and manipulating each piece to their liking.

The computer lab is active and continually changing to teach students the technology needs that will keep them up-to-date and well-equipped.

# Gant *Elementary*

1854 Britton Drive, Long Beach, CA 90815 • 562/430-3384 • www2.lbusd.k12.ca.us/gant/index.htm



**Jeff Wood**  
Principal

## Help at Home

The Gant Gators are off and running. Spring is here, and the Gators are making the most of each day!

Our students continue to excel for many reasons. One of the greatest factors in student success is the connection between home and school. Gant students understand the value of education and the many choices that their success will provide.

At Gant, we work to align the needs of our students and the community by way of many different avenues. We also strive to inform our parents about the large number of resources available for student learning.

One of the greatest resources can be found through the school district's Parent Education Department. It can provide parents with ideas and support for the preschool through middle school grades, and at all skill levels.

Monthly newsletters can be accessed via the Internet. There are also a wide variety of ideas available from monthly activity calendars, reading lists, standardized testing tips, homework and other reference articles. All of these resources can help parents become "partners in learning" with their children.

At Gant, we value our partnerships with parents and the community. Please take time to visit the following Web link to access these valuable resources: [http://lbusd.net/Main\\_Offices/Deputy\\_Superintendent/Special\\_Projects/parent\\_education.cfm](http://lbusd.net/Main_Offices/Deputy_Superintendent/Special_Projects/parent_education.cfm).

Go, Gant Gators!

# Garfield *Elementary*

2240 Baltic Ave., Long Beach, CA 90810 • 562/424-8167 • http://garfield-lbusd-ca.schoolloop.com/



**Donna McKeehan**  
Principal

## Career Day 2011

Each year the counselor at Garfield Elementary, Mrs. Rosa Gonzalez, organizes Career Day at Garfield. It is held during the morning and provides an opportunity where every child, in every grade, can learn about the many different jobs and careers that are waiting for them. It is truly an event that all students and adults look forward to and ends up being not only informative but fun!

This year was no different. Mrs. Gonzalez brought together over 30 presenters with the help of Garfield staff members and parents. The jobs and careers shared with the children included: aerospace engineers, graphic artist, a storyteller and magician as well as policemen, bus drivers, event planner, musicians, entrepreneur, a lawyer and many more.

Career Day inspires the students and encourages them to strive towards a rewarding job or career as a part of their future with education being an important part of it!



# Gompers *(K-8)*

5206 Briercreech Ave., Lakewood, CA 90713 • 562/925-2285 • <http://lbgompers.schoolloop.com/>



**Gray Lange Jr.**  
Principal

## Celebrating Academic Achievement

After the first semester report card was sent out, Gompers Middle School teachers held an awards assembly to recognize the outstanding achievements of Gompers students. Awards are given for most improved, outstanding academic achievement, and good citizenship in each discipline. Awards were also given for grade point averages. Gold Certificates were awarded to students with a 4.0 grade point average, Silver was given to those with a 3.5 to a 3.99 GPA and Bronze was given to those with a 3.0 to a 3.49 GPA. Out of 300 students in middle school 28 students had a 4.0 GPA and 52% of Gompers students had a 3.0 or better. We are proud of our high achieving Gompers students and appreciate the hard work they are doing to maintain such great academic achievement.



# Grant *Elementary*

1225 E. 64th St., Long Beach, CA 90805 • 562/428-4616 • <http://gra-lbusd.ca.schoolloop.com/>



**Mona Cook**  
Principal

## Family and Community Support

Grant's Annual Jog-a-thon was Thursday, March 17th. This year, students at Grant ran for the "Pot of Gold" (in honor of St. Patrick's Day). Proceeds from this year's jog-a-thon will provide each student with a field trip designed to support their social studies or science curriculum. These field trips provide our students with experiences that bring their curriculum to life. Students travel to museums, farms, the zoo, and visual and performing art venues. Teachers connect the students' learning not only to social studies and science units but also to literature, written expression, and oral presentations. It is truly amazing what one experience outside of the classroom can provide for our students. It is very evident to us that our community and our parents support our Jog-a-thon focus. Over the past several years, we have raised between fourteen and seventeen thousand dollars; a truly remarkable outcome! The Grant family would like to express our heartfelt appreciation to our wonderfully supportive community.

# Hamilton *Middle School*

1060 E. 70th St., Long Beach, CA 90805 • 562/602-0302 • <http://lbhamilton.schoolloop.com/>

**David Downing**, Principal

**MESA Competition**  
Please see our story on the front page.

# Harte *Elementary*

1671 E. Phillips St., Long Beach, CA 90805 • 562/428-0333 • <http://harte-lbusd-ca.schoolloop.com/>



**Scott Tardibuono**  
Principal

## Peace Day Celebration

By Mrs. Garcia, 4th Grade Excel Teacher

"This is our cry, this is our prayer, peace in the world."— Sadako and the *Thousand Paper Cranes*, written by Eleanor Coerr.

When the students in Mrs. Garcia's class finished reading the biography Sadako and the *Thousand Paper Cranes*, they were inspired to make 1,000 paper cranes. "The purpose of the crane is to live for a thousand years. If a sick person folds 1,000 paper cranes, the gods will make them healthy again" said a fourth grader in Mrs. Garcia's class.

"We are making the cranes in memory of Sadako." commented, Julio. "The atom bomb affected Japan," added Juan.



At the moment, Mrs. Garcia's class has made 371 cranes. "We are on our way to making 1,000 paper cranes. When we reach our goal, we will send them to Japan for their annual Peace Day Celebration to have them displayed at Sadako's Peace Memorial." said Mrs. Garcia.



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# Henry *Elementary*

3720 Canehill Ave., Long Beach, CA 90808 • 562/421-3754 • <http://henry-lbusd-ca.schoolloop.com/>



**Claire Alvarez**  
Principal

## Honoring Our Local Veterans

The Henry community joins our fourth- and fifth-grade students to salute, commend and thank the many veterans of Long Beach.

The fourth-graders recently presented a performance called *I'm Proud to be an American*. The students in Mr. Lipock's class sang patriotic songs interwoven with inspirational facts about the men and women of the armed forces, while the fifth-graders wrote expository essays about veterans.

## Veteran's—Who Are They? By Tiana Prince, Grade Five

A veteran is a wonderful hero who fought for our country. He or she risked their life for the United States. Many people often forget the veterans and treat them as ordinary people, and have forgotten what they have done for all of us.

Veterans are people who have fought in wars to have freedom, safety and fairness in the U.S. Veterans go out in armor or uncomfortable clothing, eat bad food and sleep on the ground just for our safety.

My grandpa was in the Air Force. I'm very proud he gave such a sacrifice and risked his life for us and his crew. Veterans are heroes, and without them we would barely be able to exist as we do today. Thanks to veterans we have our freedoms and our ability to choose what we believe.

Veterans are such amazing people. Many veterans help in disasters like floods, earthquakes and other damages. Many veterans carry heavy machinery to protect places like the White House and other important places when we are not in a war.

People as citizens are very thankful for these services. Thank you to all U.S. veterans!

# Holmes *Elementary*

5020 Barlin Ave., Lakewood, CA 90712 • 562/633-4427 • <http://hol-lbusd-ca.schoolloop.com/>



**Dr. Kelly An**  
Principal

## Reading Celebration

Holmes Elementary School students are excited about reading! To celebrate the birthday of favorite author Dr. Seuss, students participated in Read Across America Day on March 2. Students celebrated reading in a variety of ways. Mrs. Patterson's kindergarten students read *Green Eggs and Ham*, made hats, and enjoyed eating scrambled eggs with diced ham for a snack. Of course, the eggs were green! Parents, grandparents, and community members read books to students in some classrooms and other classrooms held read-a-thons. At the end of lunch, every

Holmes student received a free book to take home, thanks to donations from the Holmes PTO and Dramatic Results.

The Holmes PTO has been very generous with its support for reading this year. Through their participation in the Reading Is Fundamental (RIF) program, each Holmes student in second, third, and fourth grade receives a total of three free books throughout the school year. To encourage students outside the RIF umbrella to read and add books to their personal libraries, the PTO has purchased additional books so that students in first and fifth grade may also participate in the RIF book giveaways.

Holmes has offered a series of family reading classes to support parents of students in kindergarten through third grade. Our current workshops are for kindergarten and first-grade students and their parents. Students are reading books, discussing them with their parents and their friends, and writing their own books. They are discovering the excitement of becoming authors and having others read their stories.

# Hill *Classical Middle School*

1100 Iroquois Ave., Long Beach, CA 90815 • 562/598-7611 • <http://lbhill.schoolloop.com/>



**Sophia Griffieth**  
Principal

## Think Like a Scholar Kathy Alexander, Teacher Librarian

Do you have what it takes to think like a scholar in the 21st century? Eighth grade students at Hill are proving that they do. These students recently embarked on a process to learn more about American social reform movements of the 19th century. Using a wiki collaboratively designed by their Language Arts, History, and Library Teachers, the students use electronic databases from the public library, specialized search engines, and advanced features of Google to gather information and narrow their search. Once they gather the information, they analyze it to answer questions like, "What things converged to make this reform movement successful?" "What were the ethical issues involved?" and "If I were alive at this time in history, would I have been part of this movement?" In true scholarly fashion, students think deeply about these issues to come up with their own personal answers, preparing themselves for high school.



# Hoover *Middle School*

3501 Country Club Drive, Lakewood, CA 90712 • 562/421-1213 • <http://lbhoover.schoolloop.com/>



**Dr. Avery Hall**  
Principal

## Dictionaries More Than Definitions By Karen Harmon, Teacher Librarian

The sixth grade students at Hoover Middle School received donated dictionaries in January, just in time to play games looking up words in the dictionary. After a lively competition, teams were awarded points and prizes. The students have been using their dictionaries during silent reading, homework, and class work to improve their vocabulary. Learning how to access the dictionary is a lifelong skill needed for many purposes. As the students found out, there are more than just word definitions in the book: one of the favorites is the longest word in the English Language. As one of the students put it, "I really needed it. I need it for my homework. If I didn't have this dictionary, I would be on the computer trying to get the definition I need."



# Hudson *(K-8)*

2335 Webster Ave., Long Beach, CA 90810 • 562/426-0470 • <http://lbhudson.schoolloop.com/>



**Cathleen Imbroane**  
Principal

## MESA Team Wins Big!

By Heather Mills, IB Coordinator

Hudson would like to congratulate our MESA Team and their adviser, James Mills, on their big win at the preliminary competition in March at Cal State Long Beach. The students competed against approximately 1,500 students from Long Beach, Paramount, Bellflower, Lakewood and South Los Angeles.

In the Solo Math event, eighth-grader Stephen Manabat earned an astounding second place in the high school geometry test. In addition, seventh-graders Precious Reyes, Dea Manzon and Thea DeGala placed first in the Team Math Quest event, while Kyle Ramos and Christian Flores took first place in the glider event. Also, Hudson placed first, second and third in the strength/weight contest for manila bridges.

Hudson swept the Wind Energy competition, earning every ribbon, medal and place in the event! The students designed and created a wind turbine device that captured wind from a fan and turned it into mechanical power. These students also completed a 20-page technical report that documented their innovation, science-based reasoning, testing, evaluating and revising of their windmills.



All students who placed first, second or third at this preliminary competition advanced to the regional finals at Cal State Los Angeles in April.

# International *Elementary*

700 Locust Ave., Long Beach, CA 90813 • 562/436-4420 • [www2.lbusd.k12.ca.us/int/](http://www2.lbusd.k12.ca.us/int/)



**Kimberley Baril**  
Principal

## Marathon KIDS

On Saturday, March 5, 2011, 55 IES students, 5 teachers, our school nurse, and IES families participated in the Marathon KIDS Final Mile Celebration at UCLA Drake Stadium along with thousands of other students from Southern California. IES students have been participating in Marathon KIDS by running and walking a mile or a mile and a half on Monday and Tuesday after school since November supervised by teacher and parent volunteers. The students were challenged to run a total of 26.2 miles and eat 5-a-day fruits and vegetables! IES appreciates our incredible school

nurse, Carolyn Amberry, R. N., for applying and receiving a Marathon KIDS grant and a sizable donation from the Long Beach Education Foundation and donation from a community business that allowed our students to take a bus field trip to UCLA for this exciting event.



# Hughes *Middle School*

3846 California Ave., Long Beach, CA 90807 • 562/595-0831 • <http://lbhughes.schoolloop.com/>



**Dr. Sally Gregory**  
Principal

## Highlights From the Hits

The Hughes Middle School Chorus recently hosted its "Highlights from the Hits" Concert. Advertised as a show that would appeal to fans of "Glee", this concert did indeed live up to that billing. From the elaborate costumes, to the multi-color lighting schemes, to the full-scale stage props, this was every bit a production like what you would expect to see on Broadway. In fact, the acts were mainly show tunes from timeless Broadway musicals such as: "Annie", "Fiddler on the Roof" and "Rent". Some acts were performed as solo's or duets, and other acts featured the entire chorus which included the Varsity, Junior Varsity, Senior, and Junior. The finale didn't disappoint, as the "Hairspray" medley included a famous special guest. At first, many audience members thought it was John Travolta as Edna Turnblad, then later I was told it was the chorus director, Mr. Clausen.



# Jefferson *Leadership Academies*

750 Euclid Ave., Long Beach, CA 90804 • 562/438-9904 • [www2.lbusd.k12.ca.us/jefferson/index.htm](http://www2.lbusd.k12.ca.us/jefferson/index.htm)



**Lori Clark**  
Principal

## Teachers, Staff and Alumni Compete

On February 17, 2011 Jefferson Leadership Academies held an exciting and fun filled women's basketball game. Female teachers, staff and alumni from Jefferson went head to head with the ladies of the Long Beach Police Department. The standing room only audience of students and parents cheered enthusiastically for both teams and for the excellent half-time show featuring student talent. All proceeds raised went towards the 8th grade class trip to the Museum of Tolerance. The final score was LBPD 43, Jefferson 31.



Camps & Fun Activities

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### LOS CERRITOS YMCA

15530 Woodruff Ave, Bellflower, CA 90706 | 562 925 1292

### WEINGART-LAKEWOOD FAMILY YMCA

5835 E Carson St, Lakewood, CA 90713 | 562 425 7431

[www.lbymca.org](http://www.lbymca.org)

## Spring Break Programs

Join the Spring Break Fun from April 25-29, 2011!

Long Beach Parks, Recreation and Marine will offer several options for your child to have fun during the upcoming spring school break.

### Fun Days

Free drop in "Fun Day" programs will be offered in parks throughout the city Monday through Friday for games, crafts, sports tournaments and more. This is not a custodial care program. The following parks will be open from 10 a.m. – 4 p.m.: Bixby, Coolidge, Davenport, El Dorado West, Heartwell, Orizaba, Pan American, Ramona, Seaside, Scherer, Somerset, Stearns Champions, Veterans, Wardlow and Whaley. The following parks will be open from 12 – 6 p.m.: Admiral Kidd, Cesar E. Chavez, Cherry, College Estates, DeForest, Drake, Freeman Center, Houghton, MacArthur, Martin Luther King Jr., McBride, Miracle on Fourth Street, North Long Beach Community Center, and Silverado.

### Teen Centers

Teen Centers at McBride, Chavez, El Dorado, Houghton and Silverado Parks will be open to engage teens in positive, fun activities. Games, tournaments, homework help, crafts, computer labs, video games, weightlifting, fitness classes and special events are some of the offerings.

### Spring Break Day Camp at Leeway Sailing Center

The Leeway Sailing Center at 5437 East Ocean Blvd. will offer a week of sailing, canoeing, kayaking, arts & crafts, games, and an excursion to the Aquarium of the Pacific for ages 5-12! The camp fee is \$140. The camp hours are 9 a.m.-4 p.m. and extended day care is available from 7-9 a.m. & 4-6 p.m. for an additional \$20 for the morning or afternoon session. To request registration materials, call the Aquatics Camps Office at 570-1888.

### Spring Break Workshops

The popular El Dorado Nature Center Science Workshops will take place from April 25-29. Morning sessions from 9:30 -11:30 a.m. are for K-1st grade students, and afternoon sessions from 1 - 3 p.m. are for 2nd-4th grade students. The fee is \$10 per class. Register at El Dorado Nature Center or call (562) 570-1745.

Monday, April 25:	Mud Mania
Tuesday, April 26:	Potions, Lotions and Strange Plant Notions
Wednesday, April 27:	Weaving and Wearing
Thursday, April 28:	Butterfly Bonanza
Friday, April 29:	Birds, Blooms and Bees

Visit [www.lbparcs.org](http://www.lbparcs.org) for information about upcoming summer day camps. Be sure to register for "E-Notify" at [www.lbparcs.org](http://www.lbparcs.org) for the latest class and event information.



## Long Beach Parks, Recreation & Marine

# SPRING BREAK ACTIVITIES

April  
25-29

Designed to make the school spring break enriching and fun for kids ages 5-12 and reassuring for working parents.



### Spring Break Fun Days

Free drop in "Fun Day" programs Monday through Friday with games, crafts, sports tournaments and more. This is not a custodial care program.

Parks open **10 a.m. – 4 p.m.:** Bixby, Coolidge, Davenport, El Dorado West, Heartwell, Orizaba, Pan American, Ramona, Seaside, Scherer, Somerset, Stearns Champions, Veterans, Wardlow and Whaley. Parks open **12 – 6 p.m.:** Admiral Kidd, Cesar E. Chavez, Cherry, College Estates, DeForest, Drake, Freeman Center, Houghton, MacArthur, Martin Luther King Jr., McBride, Miracle on Fourth Street, North Long Beach Community Center, and Silverado. Call 570-3150 for information.



### Leeway Sailing Center Spring Break Camp

5437 E. Ocean Blvd.

Activities include sailing, canoeing, kayaking, arts & crafts, games and an excursion to the Aquarium of the Pacific! 9 am-4 pm for \$140.

Extended Day Care is available from 7-9 am & 4-6 pm for an additional \$20 - \$40 for the week. To request registration materials, call the Aquatics Camps Office at 570-1888.



### El Dorado Nature Center Spring Break Workshops

7550 E. Spring St.

Plant an indoor forest, learn about animals, create games and play in nature, discover the world underneath the dirt and more at El Dorado Nature Center's Spring Break Workshops. Pre-registration required. K-1st

Grade students attend 9:30-11:30 am; 2nd-4th Grade students attend 1-3 pm. Fee: \$10 per class. Register at El Dorado Nature Center or call 570-1745.

For more information about Parks, Recreation and Marine programs, visit [www.LBParks.org](http://www.LBParks.org)



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## Fun for Families in Signal Hill



Edward H.J. Wilson  
 Mayor

You don't have to spend a fortune to have a great time with your family! The City of Signal Hill has free events and programs including spring holiday fun, youth sports, and after school activities so you won't run out of things to do!

**Youth Sports – Co-ed Youth Indoor Soccer:** This completely free program instills basic soccer knowledge, offers an opportunity to meet new friends, and is a fun way to develop teamwork skills. Practices are one hour, twice a week held at Signal Hill's basketball courts. Games will be held on Saturdays at park sites in the City of Long Beach. Proof of birth date is required at the time of registration and space is limited!

**Story Time at the Library:** These programs make for a great morning! Take a bike or bus ride to the library to enjoy fun pre-school songs and stories, then wrap up by carting home all the books little arms can carry. Snacks are included. Babies and Toddlers – Wednesdays, 11:00 a.m. Preschoolers – Fridays, 10:00 a.m. School Age – Saturdays, 11:30 a.m.

**After School Park Program – Signal Hill Park and Calbrisas Park/Las Brisas Community Center:** This free drop-in program for teens (ages 13-17) and youth (ages 7 – 12) offers daily planned activities, including games, crafts, sports, special events, cooking, and art. Friendly staff members organize interactive activities for youth to experience a quality recreation program. General supervision is provided, children are free to come and go. The Teen Program (at Calbrisas Park only) also offers occasional field trips, game nights, teen talks and other special events.

**Spring Break Park Program – April 25-29, 20:** Join in the fun activities, various arts & crafts, creative games, and entertaining sports. This program offers planned activities for youth ages 7 to 12 during spring break with general supervision. Children are free to come and go. The program is FREE with the exception of excursions. (562) 989-7325.

**Spring Fest – April 23, 2011:** Free activities for children ages 1-10. Signal Hill Police Department will issue child identification cards, the Los Angeles Fire Department Station 60 will have their fire truck on display, and activities will be provided by the Signal Hill Library. For a small cost, children will have access to additional activities including crafts, games, jumpers and photos with the Bunny.

**First Fridays' Book Club for Adults:** Meets the first Friday of each month at 11:30 a.m. in the Library. A light lunch is served with lively book discussion. Fiction and non-fiction titles are alternated.

For more information about the programs, call Community Services at (562) 989-7330.

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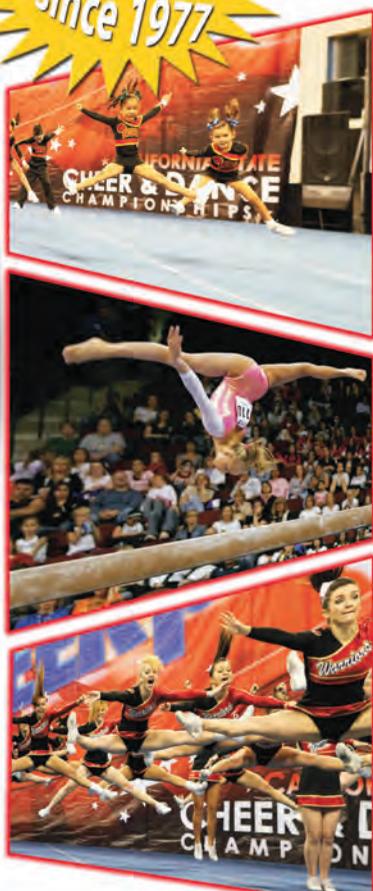
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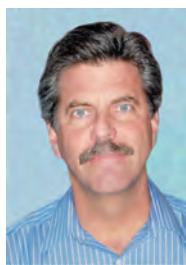
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## What are Orthotics



**Dr. Doug Richie**

Part of the barefoot running controversy is debate about whether the human foot really needs artificial support in order to prevent injury. Some recent advocates of barefoot running have alleged that shoes and foot orthotics can inhibit normal foot function and cause muscle atrophy which can actually cause injury. However, there is no evidence in the scientific literature to support this notion.

Foot orthotics are devices which support or correct alignment of the feet. Custom foot orthotics are designed for the individual patient and are dispensed by health care professionals. Non-custom, or pre-fabricated foot orthotics are available in sporting goods stores and pharmacies. While pre-fabricated foot orthotics are primarily used to provide cushion and arch support, custom devices are much more sophisticated in their fabrication and function.

Custom foot orthotics are designed to correct alignment of the foot, ankle and leg and theoretically will improve function of the entire lower extremity during walking and running. The medical literature is full of scientific studies which document many different ways that foot orthotics improve function such as reducing strain on muscles and ligaments as well as reducing pain in various areas of the feet, legs and knees of runners. However, these devices are not a panacea for protection against injury and are not indicated for every runner to wear. Many times, proper shoes are enough support and protection of the feet for the average runner. On the other hand, some people have significant alignment issues which cause excessive pronation of the ankles and other deformities which can be effectively treated with custom orthotic therapy. Either way, it never hurts to try a non-custom, pre-fabricated foot orthotic first to determine if there can be benefit before turning to a health care professional for more extensive treatment.

Dr. Doug Richie is a sports podiatrist who has practiced in Seal Beach for 28 years. He is president-elect of the American Academy of Podiatric Sports Medicine and serves as a medical advisor to U.S.A. Track and Field. 562/493-2451

## Seek & Find Contest!!

This drawing is hidden **three times** somewhere in this publication. When you find it, email the **four page numbers** to:

[Kay@schoolnewsrollcall.com](mailto:Kay@schoolnewsrollcall.com)  
(Please put LBUSD in the subject line)



Your entry must be received by April 25, 2011. From the correct entries, we will draw a winner to receive a \$20 gift certificate redeemable at Barnes and Noble.

**Congratulations February Winner!**  
**Cristina Deh-Lee**

## Staying the Course to College

In January, the annual Indoor Virtual Rowing Race was held at the Long Beach Rowing Association on the Concept 2 rowing machines. In the world of rowing, a good score/time on the Concept 2 indoor rowing machine for a 2,000-meter race can almost guarantee your admission to any college with a rowing team in the United States. The equation for the past 30-plus years has been as follows: a good GPA + SAT + 2K (2,000 meter) time on the Concept 2 = your choice of any college and possible scholarship with the sport of rowing!

Recently, I had the pleasure of meeting the Menzel Family from Seal Beach in my Indoor Rowing Class. Maggie, her husband and her son, Andrew Menzel, took the class for a few months, and Andrew, a 17-year-old former football player at Los Alamitos High School, was very interested in joining the Long Beach Junior Crew rowing team for the spring/summer season.

It was perfect timing, as the beach sprints were fast approaching. I devised a plan that Andrew would race under the Powerhouse Fitness Affiliation and race 2,000 meters—approx. 1.25 miles—and would pull a fast time and beat current Long Beach Junior Crew members while he had little to no experience in rowing. Andrew was tall and strong, and with some coaching from me during the race, he ran to a time of 7:09 for a 2,000-meter race. I told Andrew that the goal was to break seven minutes, and he came really close.



Andrew Menzel ended up coming in fifth place in the Junior Crew Novice Event out of nearly 50 entries. Yes—that is fifth place, with *very little* rowing experience out of 50 students with rowing experience! Not bad. My first-ever 2,000-meter race on the machine was when I was exactly 17 years old at the exact same period when I joined the Junior Crew and I had pulled a 7:04. However, I had a slight advantage at rowing just a bit before because my father, John Nunn, was a bronze medalist in rowing in the 1968 Olympics as well as an Olympic Rowing coach in 1976.

After the race, I immediately introduced Andrew to all the coaches from the Junior Crew, and just like that, he was swept from my hands off the Powerhouse Fitness Indoor Rowing Program and is now on his way to trying to train hard enough to make it into college and row for his dream college, the U.S. Naval Academy. Since my father and I have been rowing for so long, we both know almost every rowing coach from every major university throughout the United States. I'm sure Andrew Menzel will still stop by for a class or two during the summertime, and he has one more year to prove himself and possibly even get a scholarship to the college of his choice. Who knows? He might even have a shot at making it to the Junior National Team Level as I did with the same amount of time it took me.

Since the learning curve in rowing is very steep, you can become very effective in a very short period. Like any sport or activity, in rowing, it takes a little longer to fine-tune everything else about the stroke and how to apply the power through your legs while balancing on the water. Strength, endurance, mental toughness and teamwork all play a huge role in the sport of rowing.

One last thing—going fast in the sport of rowing depends on how efficiently you can use the strength through your legs, because rowing is 70 percent legs and the rest of it is really momentum through the body. Everyone thinks rowing is a 100 percent upper-body workout, but in reality, only 10 percent of the power comes from your arms!

Jack Nunn/Owner, Powerhouse Fitness Center, 5750 Boathouse Lane, Long Beach, CA 90803  
562/688-1716, [www.powerhousefit.com](http://www.powerhousefit.com).

# How To Become a Sponsored Surfer

By Chad Wells

Surfing is a unique sport and different from most stadium sports in the sense that, instead of having to purchase your uniform and equipment (like in football or baseball) an amateur surfer has the potential to have multiple sponsorships—where he or she is given things such as a clothing, wetsuits, sunglasses, watches, skateboards, sunscreen, surf wax—all for free. They can even get a surf shop sponsor! An exceptional amateur may also be paid, as well as have a travel and contest budget.

This all has to start somewhere and for every successful professional surfer, down to the freshest beginner, that place is the white water. Now, assuming you've made it past the surf lessons and have worked your way to a performance surfboard, it's time to test your hand at surf events.



Photo Courtesy of Chris Sardelis

Where to start? All coastal areas have surf shops and in those shops you can find information about surfing associations that run monthly contests, or you can find this on the internet. These contests are where a young surfer must start his campaign on the quest for results and the possibility of becoming a sponsored team rider.

Enter some surf contests and try to get yourself into the finals - hopefully win a few. When the contest results start improving you'll need to get some still photos of yourself. Just good action shots showing your skill. Then, in my opinion, the most important part is to have your mom, dad, or a friend video you and start compiling footage. When you have enough good video clips edit them down to a minute and a half long movie and add in some music (the music is optional).

Once you have your contest results, photos, and the short clip you'll need to put together a portfolio. This will include all the items mentioned above, and will also include some basic info about you - sort of a resume. You should include name, age, years surfing, local surf break and I really like to see a letter of recommendation from somebody you hold in high regard in your surf community. Whether it is a local pro, surf shop owner, or the surf coach at your high school, it helps to give a little insight as to how you are viewed by your peers. Make four or five copies of your portfolio.

Now you're ready to approach team managers from the various surf companies. Working as a team manager, I like personal interaction and don't mind receiving portfolios at surf events. It gives me a chance to check out the athlete in question, as well as see their beach and water activity. I can also see how they interact with others at the event. After all it is a matter of seeing if that person would make a good representative for a brand, and if they are serious about their surfing.

Chad Wells is a life time resident of Seal Beach. A competitive contest and professional surfer, Chad works as the Surf Program Manager at Quiksilver and oversees the US professional and amateur teams.

# Sharing the Road

By Lisa Genshock

## Part 1: Operating Your Bicycle

Every person riding a bicycle upon a highway has all the rights and is subject to all the provisions applicable to the driver of a vehicle.

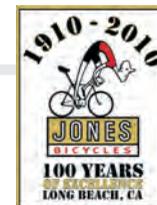
—California Vehicle Code Sec. 21200

This is part 1 of a 3 part series of articles relevant to the rights and responsibilities of California cyclists when they share the road with motorized vehicles. You may be surprised to learn what rules are included as part of the California Vehicle Code.

- Bicyclists may not wear earplugs in both ears or a headset covering both ears, except hearing aids. CVC 27400
- Bicyclists may not ride while under the influence of alcohol or drugs. CVC 21200.5
- Bicyclists may not hitch rides on vehicles. CVC 21203
- Bicyclists may not carry items which keep them from using at least one hand upon the handlebars. CVC 21205
- Bicyclists must yield the right-of-way to pedestrians within marked crosswalks or within unmarked crosswalks at intersections. Bicyclists must also yield the right-of-way to totally or partially blind pedestrians carrying a predominantly white cane or using a guide dog. CVC 21950 and CVC 21963
- Bicyclists and bicycle passengers under age 18 must wear an approved helmet when riding on a bicycle. CVC 21212

For more information on safe cycling visit <http://bikesafecalifornia.org>.

Jones Bicycles & Skateboards, 5332 East 2nd St., Long Beach, CA 90803, 562/434-0343  
<http://jonesbicycles.com>





**Surf for Japan**  
Spring Break

**Perfect Day Surf Camp is giving 100% revenues from Spring Break Camps to help children in Japan.**

Santa Monica & Redondo Beach, Ca., April 4-29, 2011- Perfect Day Surf Camp, a surf/beach camp for ages 5-17 & surf school for adults in Santa Monica and Redondo Beach, is known for helping our children. Owner, Robbie Yrigoyen, always dreamed her career would be a part of giving and she successfully does it every year by providing a day of fun for inner city kids, kids with autism, battered children & cystic fibrosis sufferers. After learning there were over 100,000 children displaced in Japan from the tsunami, Robbie chose to dedicate the weeks with most participants in each location, to a foundation helping those children in Japan by giving 100% of her earnings to them. Save the Children foundation have requested 1.6 million and have several teams working in Japan. Children's Hunger Fund seeks opportunities to respond and provide help to the victims as well. With all of our help a little can go a long way.

Sign your kids up to SURF FOR JAPAN in our Spring Camps April 4-8, 11-15, 18-22 or 25-29.  
[WWW.PERFECTDAYSURFCAMP.COM](http://WWW.PERFECTDAYSURFCAMP.COM)  
310-985-1458  
[info@perfectdaysurfcamp.com](mailto:info@perfectdaysurfcamp.com)

# Jordan *High School*

6500 Atlantic Ave., Long Beach, CA 90805 • 562/423-1471 • www.lbjordan.schoolloop.com/



**Mario Jimenez**  
Co-Principal



**Rosalind Morgan**  
Co-Principal

## Male Academy Program

The Long Beach Unified School District High School Male Academy program officially started in September 2008. Jordan High School is one of the six comprehensive high schools in the Long Beach Unified School District. The mission of the Male Academy is to improve the graduation rate of underrepresented, promising male students and to encourage lifelong learning by preparing them for college and career options. The program also seeks to address the physical, social and emotional issues they face.

Our Male Academy has dramatically influenced the overall campus culture and climate at Jordan High School. In three short years, the Male Academy program has grown from 30 to over 80 young men. The Male Academy program assists students with their academic, social and emotional development. We are proud to say that Jordan's Male Academy young men have increased their overall GPAs, attendance and California High School Exit Exam pass rates and achieved success in many other areas.

Our young men participate in various community events and mentor middle school students. Jordan's Male Academy has developed critical partnerships with the North Long Beach Police Department and H.I.R.E. Program. We believe our Male Academy young men, once they graduate from high school, attend college or begin a career will be successful contributing citizens in our global society. We are extremely proud of every young man who has participated in the Male Academy program.

# Kettering *Classical Elementary*

550 Silvera Ave., Long Beach, CA 90803 • 562/598-9486 • www.lbusd.k12.ca.us/kettering/kettering.html



**Kelly Ludden**  
Principal

## Hooray for Read Across America Day!

Every March 2nd on Dr. Seuss' birthday, schools across the country celebrate Read Across America Day. It is when we share our love for reading and the stories and authors that helped shape our lives.

The day began when Student Council President Kyle Clothier led our school in the reading pledge. The students then grabbed a book and headed outside to read with a friend. The fifth- and first-graders read together, the fourth-graders shared favorite books with second-graders, and the kindergarteners read with grade-three students.

When the All School Read was over, special guest readers from the community, including a fire chief, current and former parents, and School Board Member Mr. Meyer, all delighted the classes by reading from a favorite story.

But the fun did not stop there! Throughout the month of March, our classes competed to read a book that is either about or set in every U.S. state! Reading is a joy to be shared!



# Keller *Elementary*

7020 E. Brittain St., Long Beach, CA 90808 • 562/421-8851 • http://keller-lbusd-ca.schoolloop.com/



**Marjean Hughes**  
Principal

## Building a Strong School Community By Kimberly Andrew-Intervention Specialist

Building a strong school community where everyone is valued and respected is what we strive for at Helen Keller Elementary. Most recently we had a blast at our annual "We are Family Dance Night". The snacks and treats were tasty and the silent auction was a hit! We would like to thank the teachers, the Wrap program and parents for their generous donations and for making this evening a wonderful success. Our family dance is a reflection of why the Keller community is so special. We have captured some great moments in our photo gallery, so take a look at our school webpage and see if you can spot Mrs. Hughes and her little friends dancing the night away.



# King

145 E. Artesia Blvd., Long Beach, CA 90805 • 562/428-1232 • http://starrking-lbusd-ca.schoolloop.com/



**Rosana Madrid-Arroyo**  
Principal

## WRAP King Elementary Junior Beach Runners By Maria (Angie) Trujillo, WRAP Liaison

Implementing Junior Beach Runners in the WRAP program at King Elementary, helps us focus on educating our students on healthy eating habits by demonstrating easy ways to make healthy snacks which leads to healthy food choices. By promoting physical fitness through our daily interactive activities students learn about different muscle functions and the importance of being physically fit. Not only do we encourage our students to have a healthy lifestyle, but they also participate in local marathons. Our students have participated in the Aquarium of the Pacific Kids Fun Run and the L.A. County Holiday Half Marathon at the Pomona Fairplex. Currently, we are in the middle of a 12-week fitness program of Junior Beach Runners and look forward in completing the



program and having our students participate in future marathons. With the Junior Beach Runners program students are given the opportunity to fight against childhood obesity and become an example of healthy children in today's society.

# Lafayette *Elementary*

2445 Chestnut Ave., Long Beach, CA 90806 • 562/426-7075 • www.lafayette-lbusd-ca.schoolloop.com/



**Dr. Damita Myers-Miller**  
Principal

## Lafayette Continues to ROARRRRR

Lafayette Staff was recognized by LBUSD—Elementary Superintendent with the STAR AWARD (3rd year in a row) for continuing to support increased student grade level proficiency in Reading and Math as measured by the STAR:CST results for 09-10.

Do you have on your dancing shoes? Can you do the Chicken Dance? Lafayette hosted its annual Family Dance on February 11th. Lafayette's Parent Booster Club turned it up a notch by bringing in Ryan the "Hip-Hop Guy" from My Gym in Long Beach. Ryan showed the students and parents some "groovey dance moves" and even added some fitness tips. The Family Dance brings parents, students and staff together to enjoy some good old fashion fun; to build school community and LION Pride!

Do you like green eggs and ham? Lafayette kicked off March 2nd Read Across America Day with Dr. Seuss' favorite breakfast, Green Eggs and Ham, as parents and families were welcomed to come and eat breakfast with their child. This year Lafayette added a special twist with a special "Character Parade." Students were able to dress up as their favorite storybook characters—Pippie Long Stocking, Pink A Luscious, Ramona the Pest, Pinocchio, Little Red Riding Hood and Gregory from Diary of the Wimpy Kid were all on hand!

Fourth grade students were set to a challenge to increase their BMF grade level proficiency totals. All 4th grade students were given a 300 mixed operation assessment in which they had 15 minutes to complete. Grade Level winner was Michelle Castro and runners up were Dino Martinez, Jose Lopez and Moises Hernandez—RoARRRRing to PRIOFICIENCY!

# Lincoln *Elementary*

1175 E. 11th St., Long Beach, CA 90813 • 562/599-5005 • www.lbschools.net/Lincoln/Home.html



**Christi Granado**  
Principal

## Lincoln Students Make Friends Ban Bullies

"We are learning that we have the right to speak up about bullying", stated several fourth grade students. Lincoln Elementary has kicked off a campaign called Make Friends Ban Bullies. Students are learning about bullying behavior and how they can stand up to bullying behavior. Fourth grade student, Ariyana Jordan said, "I can stand up by saying I don't like that! Stop it!" Joey Zaragoza stated, "I can use "I messages" to tell someone how I feel about what they are doing to me." The students have learned that one of the most important things they can do to deter bullying behavior is to go tell an adult about their problem. The poster in the picture is a symbol of Lincoln's commitment to stand up to bullying. Making friends is the focus, not hurting friends.



# Lakewood *High School*

4400 Briercrest Ave., Lakewood, CA 90713 • 562/425-1281 • www.lblakewood.schoolloop.com/



**Charles Acosta**  
Co-Principal



**Cheryl Cornejo**  
Co-Principal

## A Community of Learning

By Elizabeth Horton, Coordinator  
Small Learning Communities

Lakewood High School (LHS) continues to build business partnerships with industries in our community. We are instituting Linked Learning, whereby students experience curriculum that is related to experiences beyond the classroom. We provide our students with guest speakers, job shadowing and internship opportunities to ready them for the work force.

Last month, representatives from LHS attended the launch of the Educators Business Advisory (EBA), where teachers spoke with business partners in a conversation around what business are looking for in high school or college graduates. Hopefully this advisory will provide business partners for schools with specific pathways. For example, Home Economics Related Occupations (HERO) students would connect with foods and design companies to provide support and context for the programs.

An international manufacturer has provided our school with a six-week resume and interview module that takes students through the resume writing and mock interview process where students compete against each other for entry-level jobs. We are very fortunate to have Ms. Ronda London create this module. The students are then taken on a field trip to company's offices, where they observe several jobs in action.

We have many industry partners who contribute staff and time to our school, but we need more. We are constantly looking for businesses that will connect with us and help expose our students to career options. If you or your company is willing to connect with Lakewood, please contact the Small Learning Communities Coordinator, Elizabeth Horton at (562) 425-1281 ext. 3111 or ehorton@lbschools.net. These are troubled fiscal times when we need more than ever to work as a community of teachers and learners.

# Lee

1620 Temple Ave., Long Beach, CA 90804 • 562/494-5101 • http://lee-lbusd.ca.schoolloop.com/



**Caroline Nemes**  
Principal

## Lee Lions Have Spirit!

On Friday, February 25th, Lee Lions participated in our Crazy Hair Spirit Day Contest.

Over 200 students participated and 36 contest winners received a free hamburger. Students are eagerly awaiting our next Spirit Day! Go Lions!!!!



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# Lindbergh *Middle School*

1022 E. Market St., Long Beach, CA 90805 • 562/422-2845 • <http://blindbergh.schoolloop.com/>



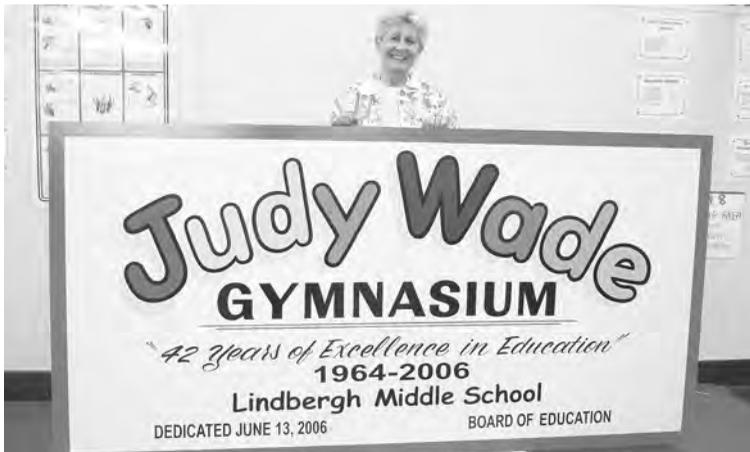
**Timothy Spivey**  
Principal

## The Last Game

By Charles Belvin, Teacher/Coach Former Lindbergh Student

In February, the Lady Eagles of Lindbergh ended the season with a victory over north-town rival Hamilton in the Judy Wade Gym. Quane Arlington led the way with 22 points, her season high. That was made possible by excellent court awareness and great passes by Samaria Cole. Tiara Pryor did a great job at controlling the game from the point guard position. Selena Cuara and Latrece Lewis created havoc for the Wolverines as they pressed the opposing players and made steal after steal. These two Eagles are small, but they carry hearts of giants. It was by far the best game of the season.

The Judy Wade Gym has been a mecca center of middle school sports for many years. It is unique in that it is the only gym without squares on the backboard. It is saturated with a spirit of love and sportsmanship on every inch of the floor. For over 50 years, the Eagles have run, jumped, and scored in that gym.



# Long Beach School for Adults

3701 E. Willow Ave., Long Beach, CA 90815 • 562/595-8893 • [www.lbschools.net/lbsa/](http://www.lbschools.net/lbsa/)



**Matt Saldana**  
Principal

## Inspiring Students

In the Independent Learning Center, the staff often sees inspiring students working diligently to attain their high school diploma to further their education or advance their careers.

This year the Inspiring Students include Jessica Velazquez Ojeva and Derrick Harrison who have very special, but different reasons for obtaining their high school diploma. Jessica, from Mexico, has a goal of becoming a neuro-surgeon. Derrick, a Long Beach Transit bus driver, wants to fulfill a long time dream.

Jessica, the Student Council President of LBSA, takes a Medical Assistant Class in the morning, high school subjects in the afternoon, and American sign language at night.

Derrick, a native of Jamaica, fits his studies into his full time work schedule. He often has only one hour a day for school; nevertheless, he has completed 90 credits and expects to be finished with his classes next year.



**Jessica Velazquez**



**Derrick Harrison**

# Lindsey *International Studies Magnet*

5075 Daisy Ave., Long Beach, CA 90805 • 562/423-6451



**Stephanie Dunn**  
Principal

## Targeted

By Jessica Kane, English Teacher

Chapman University's Rodgers Center for Holocaust Education and the 1939 Club recently held their 12th annual Holocaust Art and Writing Contest. This year's theme was "Spaces of Memory." Perry Lindsey's eighth-grade EXCEL students, along with 67 other middle schools from all over California, participated in what has become the largest contest of its kind.

Guest speakers at the awards ceremony included Congressman Edward Royce and Representative Loretta Sanchez. Holocaust Survivor Idele Stapholtz shared her experiences as she answered the question "Why Am I Here?"

For the second year in a row, Perry Lindsey won the first-place award in the middle school prose division. Jennifer Parra's essay, "Targeted," was based on the testimony of survivor Milton Belford. Besides being presented with a check for \$500, Jennifer was also awarded an all-expense-paid study trip to Washington, D.C.

Jennifer, her sister and I will visit the United States Holocaust Memorial Museum and other sites in Washington, D. C. this June. Additionally, Jennifer has been invited to light candles alongside six Holocaust survivors at Chapman University's annual Night of Remembrance Dinner on April 28.

*What Milton describes will always remain his memories alone; I can only picture in my mind the ocean of snow and imagine the feel of the invading cold ripping at his bare feet, freezing them to the bone. Yet, through study and imagination I have come to share with him a space of memory, one where dark realities are met with strength and determination.*

—Excerpt from Jennifer's essay

# Longfellow *Elementary*

3800 Olive Ave., Long Beach, CA 90807 • 562/595-0308 • <http://longfellow-lbusd-ca.schoolloop.com/>



**Brian Moskovitz**  
Principal

## We've Got the Facts Straight!

By Todd Johnson, Teacher

"8 x 8 = 64! 9 x 5 = 45!" Ask some third-graders, and they might struggle with these answers. Yet for most Longfellow Elementary students, multiplication facts are just as automatic as knowing your name. Longfellow students, starting in third grade, have gone beyond the district requirement of partial proficiency to strive for the goal of proficient or advanced proficient in basic multiplication and division knowledge.

One way to encourage mastery of these facts is our annual Multiplication Master tournament among all third-grade classrooms. Students compete with their classmates against other third-grade rooms in a double-elimination tournament. Students practice and study in class with flashcards and during free time at school and home to prepare for their big competition with other rooms.

Teacher Doug Edward's third-graders have "bragging rights" of top multipliers this year. But so did 36 "all-stars" picked from all classes when they assembled in the Longfellow auditorium in February for our Multiplication Bee. Parents and



**Principal Brian Moskovitz congratulates the top third grade finalists at Longfellow Elementary's 3rd annual Multiplication Bee, while teacher Todd Johnson looks on.**

classmates were excited to witness this challenging event.

When asked what it takes to be the top multiplier in the school, Aiden D. replied, "A lot of practice!" Now there is no time for our fabulous third-graders to rest on their laurels. Our annual Division Dominator tournament is just around the corner. Stay tuned!



# Mann *Elementary*

257 Coronado Ave., Long Beach, CA 90803 • 562/439-6897 • www2.lbusd.k12.ca.us/mann/home.html



**Wanda Oliver**  
Principal

## All-Star Players!

Congratulations to Gage Galves, Griselda Navarro and Emily Sanders for winning the L.A. Clippers Read to Achieve contest. The students read a total of 55,300 minutes in five weeks. The students received the Reading All Star's Community Kid's Award and participated in a special on-court recognition ceremony in March at a Los Angeles arena. We were excited for our students and cheered loudly for them as they received their awards.

Also in March, Mann parents were invited to attend class with their children to participate in a special lesson designed by the classroom teachers. After the classroom lesson, the parents were treated to refreshments and an opportunity to hear a presentation from the principal.

The Wall of Fame, located in the main office, has added a new award. Our students received recognition for their 8 percent increase in CST Reading Achievement and API Growth. Congratulations to our students, teachers, parents and community supporters. With your continued support, additional awards will surely come our way.

In March, our PTA sponsored a limousine trip for students selling the most during their last fund-raiser. In addition, students were treated to a special lunch at a family restaurant on PCH. Our PTA also hosted a DJ Party for our second-place winners. Special thanks to Mrs. Reyes for making the arrangements for these special events.

# McKinley *Elementary*

6822 N. Paramount Blvd., Long Beach, CA 90805 • 562/630-6200 • www2.lbusd.k12.ca.us/mckinley/index.htm



**David Taylor**  
Principal

## McKinley Kids Kick It to College!

*By Christy Cleveland, McKinley Counselor*

During the month of April, our 3rd and 5th grade students will be in a kickball tournament with an equal number of fraternity and sorority students from CSULB. The students from "The Beach" will be raising money for new sports equipment for McKinley. When Zeta Beta Tau fraternity president, Ryan Gardner (Ryan is one of my former kindergarten students, how quickly they grow up!) first approached me with the concept, our McKinley leadership team enthusiastically approved it. Ironically, our 4th grade students will be touring CSULB that day.

The sororities and fraternity are also providing each of our students with a small memento complete with CSULB's insignia on it. This is to remind our students that college can definitely be a part of their future.

Go Cougars! Go Beach!



**McKinley Students, Leloy, Rachel, and Deanna help CSULB's Zeta Beta Tau member Tucker "Keanu" Troy, President Ryan Gardner, and member Steve Ueda.**

# Marshall *Academy of the Arts*

5870 E. Wardlow Road, Long Beach, CA 90808 • 562/429-7013 • http://lbmarshall.schoolloop.com



**Michael Navia**  
Principal

## Jeopardy Tournament

School wide Jeopardy Tournaments began ten years ago at Mr. Navia's former school, Cubberley. For a full decade, the student's intellectual academic battles were the only such tournaments in the U.S., and one the school's most anticipated events each year.

With the assistance of Jeopardy Tournament producer Jim Birge, Jeopardy was brought to Marshall. It all began in November when every Ram took the Jeopardy Qualifier. Eighteen students qualified from each grade-level to make up the field of 54 students.



The cerebral competition began with prelims and semi-final games. All lead to the December 10th Championship Day when our auditorium looked and sounded like the real Jeopardy show.

Congratulations to our 1st School Champion, 8th-grader Nancy Soriano, and to 6th and 7th-Grade Champs Ian Baide & Jacky Kheang. These three Rams started Marshall's Jeopardy tradition, and will look back as we celebrate our 1st decade of Jeopardy in 2020. Wow!

# Millikan *High School*

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441 • www.lbmillikan.schoolloop.com/



**Dr. Jeffrey Comejo**  
Principal



**Monica Daley**  
Principal of Instruction

## Rams Rally Support for Campus Security Officer

*By Katie Hickox, QUEST English/AP English Literature*

Marcellous Elder, a beloved campus security officer, has returned home to recover from a stroke that left him unable to speak or move his right side.

Rams donated more than \$7,898 and hundreds of hours of sick leave in an effort spearheaded by Kaisha Irving, assistant principal at Millikan, and Synthia Kaitanjan, a retired Millikan teacher. Students and staff wear t-shirts sporting Elder's image.



"We saw this as an opportunity to give back to someone who has given so much to Millikan High School," said Irving. A 1989 Poly High graduate, Elder attended the University of Colorado on a full ride football scholarship.

Rams also participated in a February school walkathon and assisted Elder with speech exercises.

"Those that have had a chance to participate are leaving his side with much more than they brought," notes teacher Greg Markel. Donations for the 14-year LBUSD employee can still be made out to "Lady Rams Basketball Boosters."

# Monroe (K-8)

4400 Ladoga Ave., Lakewood, CA 90713 • 562/429-8911 • <http://lbmonroe.schoolloop.com/>



**Mark Curran**  
Principal

## Monroe's Inside Access

By *Lisamarie Gonzales-Burris, Technology Teacher*

"Tape rolling. Quiet on the set! Action in Three... Two..." and so starts taping of another episode of Monroe's Inside Access. "Inside Access," as it's called around campus, is a news program produced by the Multimedia 2 class. These eighth grade students are in their 3rd year of computer classes at Monroe. Several have been coming to the lab since 3rd grade! Their skills show as they create storyboards and scripts, shoot footage, compose music and edit it all together into a newscast watched throughout the entire K-8 campus. The stories currently taping include: an update on

Monroe's garden, interviews with staff members, student viewpoints on recess and transitioning into middle school. Students also produce Public Service Announcements that air within the newscast. This month students have created humorous PSA's dealing with keeping our campus clean and the perils of making prank phone calls. Stay tuned!



**Eighth grade students Luis Benavidez and Jordan Wooten videotape a Monroe elementary student for "Inside Access."**

# Muir Academy

3038 Delta Ave., Long Beach, CA 90810 • 562/426-5571 • <http://www.lbmuir.schoolloop.com/>



**Gerardo Gloria**  
Principal

## A Strong Foundation

By *Maile Oca, Teacher - Kindergarten*

Kindergarten is an exciting year. We are the introduction to school for many, though we are not our students' first teachers. Here at Muir School, we understand that parents are the first teachers and that a strong partnership is the best way to achieve a successful year for all.

Kindergarten in 2011 is not like it was 20 years ago. Twenty years ago, kindergarten classrooms showed many examples of developmental learning, such as finger painting, block play, a "house" area, holiday art, and clay. Today's kindergarten is much different. Though we do try to squeeze in some developmental activities, our day is mostly filled with reading, phonics, writing, math, science, social studies and physical education. Our kindergarteners must pass three reading benchmarks, be able to rhyme, count syllables, read a minimum of 50 sight words, pass math trimester tests, and write four sentences on the same topic with capitals, spaces, periods, and details. It sounds like a lot for a five-year-old to learn in one year, but with small group instruction and a good partnership with parents, students are able to successfully meet the expectations.

Our kindergarten team works together like a well oiled machine, sharing time and talent to benefit our students. It helps all of the kindergarteners to have the same basic knowledge and experience.

Kindergarten can be a challenge, but we strive to work with parents to create a fun, enriching beginning to our students' educational careers. We hope to be the strong foundation to the skyscraper of learning in the future.

# Naples Bayside Academy

5537 The Toledo, Long Beach, CA 90803 • 562/433-0489 • <http://naples-lbusd.ca.schoolloop.com/>



**Diane Prince**  
Principal

## The Library Comes Alive for Read Across America

Every child has a favorite Dr. Seuss book that they know all of the words to and can remember into adulthood. On Monday, March 7th our Media Assistant Mrs. Warner along with her helpers created a day full of READING for all of the students at Naples. Dressed as Thing #1 with her assistants Thing #2-Mrs. Love and Thing #3-Mrs. Littlefield our library was transformed into "Seussville" with treats and guest readers from the community and district. Students were mesmerized with our readers sharing their love of reading and why the book they read to them was their favorite. Magic happens when great minds put their heart and soul into an activity that is student centered. Once again the students at Naples were thrilled that the community came to support us. It was a fun filled literacy centered event! Dr. Seuss would have been proud of the celebration for his 107 birthday.



# Newcomb Academy (K-8)

3351 Val Verde Ave., Long Beach, CA 90808 • 562/493-3596 • <http://lbnewcomb.schoolloop.com/>



**Elizabeth Flynn**  
Principal

## Welcome, Race Fans!

Congratulations to Newcomb Academy's Foundation for presenting the fifth annual Spartan Sprint. Congratulations to event chairs Joanne Jones and Angela Deighton for running such a successful event.

The week before, the Sprint students signed up family and friends to pledge a small amount of money per lap. It was amazing to see how many laps Newcomb students ran.

Students in each class ran for 30 minutes around a track. Music was playing, and a DJ encouraged and supported them. Parent volunteers marked the laps for each child. Parents and community members came out to cheer on our runners.

All children received water during their run and a Popsicle at the end of their run. They also received a kid's meal voucher to redeem at a local restaurant for participating in the event. There were individual and class prizes for laps run and money raised. One class won a pizza party and another won an ice cream sundae party. Grand prizes were passes to an L.A. attraction and two hours of unlimited games. Students learned about being physically fit and helped the school raise over \$20,000 for math, computer and music programs.

Congratulations again to Joanne, Angela and the Newcomb Foundation for this fun event.

# Polytechnic *High School*

1600 Atlantic Ave., Long Beach, CA 90813 • 562/591-0581 • <http://lbpoly.schoolloop.com/>



**Shawn Ashley**  
Co-Principal



**Victor Jarels**  
Co-Principal

## BioMed Brings in the Real World

*By Diana Valdes, High Life Staff Writer*

Twelve Poly biomedical research students participated in research projects coordinated by Dr. Michelle Aberle, along with project mentors. The projects began in November 2010 and were completed in February.

The projects focused on six different topics that included neuroendocrine and pituitary function in post-traumatic stress disorder, MRSA and genetics.

“A lot of our medical physicians [in the United States] are foreigners, and so this is an attempt to provide students with options to envision the opportunities in working in these fields,” said Dr. Aberle, who provided the students with various forms of assistance that ranged from advice to car rides to and from the hospitals. Two students were assigned to each project, and each pair was assigned a mentor who specialized in a particular issue in health security.

“Working with a mentor like Dr. Cooper at Cedars-Sinai was unbelievable,” senior Nathan Mercado said. “We had access to MRIs, human test subjects and anything else we needed to complete the research.”

Preparations for the projects began in the classroom and then moved to Cedars-Sinai and Harbor-UCLA Medical Center. “We studied an actual case in the morgue, sat in on a Harbor-UCLA board meeting, and really got to see what the life of an actual M.D. was like,” Mercado said. The final projects were brought to a conclusion in February, when each student pair created a poster summarizing their findings. They presented these posters to their mentors, parents and other physicians at Cedars Sinai. “They did a stellar job,” Dr. Aberle said. “I’m incredibly impressed with the dedication of these 12 students.”

# Powell *Academy*

150 Victoria St., Long Beach, CA 90805 • 310/631-8794 • <http://lbpowell.schoolloop.com/>



**Wendy Clafin**  
Principal

## March Madness Comes Early to Powell

*By John Henderson, 8th Grade History Teacher/Girls Basketball Coach*

The Powell Lady Eagles basketball team rule as undefeated Division II All-City Champions! The team was inspired by the Powell boys’ basketball undefeated season. The girls’ road to the championship game was a difficult one facing its fourth coaching change in as many years. The team rose to the challenge of learning new offensive strategies is a short window of time performing the new plays with ease.

The Lady Eagles worked their way through the Western League getting better with each performance. The girls worked together as a team to defeat two very talented teams, Gompers in the Semi-Finals, and Newcomb, to win the Division II All-City title.



Along the way, the Powell team played against many talented teams. The girls displayed great character and sportsmanship on their journey to the championship. The Powell Eagles were successful in finishing their season undefeated and completed a dual championship in basketball with Powell successfully winning both the boys’ and girls’ titles. Congratulations to the Lady Eagles for a job well done!

# Prisk *Elementary*

2375 Fanwood Ave., Long Beach, CA 90815 • 562/598-9601 • <http://prisk-lbusd-ca.schoolloop.com/>



**Cindy Young**  
Principal

## Helping Students Across the World: Goats to Tanzania

The Prisk Student Council continues to work tirelessly, inspired by our school counselor, Trish Ross, to develop new and innovative ways to serve the community and society as a whole. Recently, Kayla Hammond, Millikan High School student presented her Quest Project to the Prisk Student Council. The goal of the project is to team with FFCC (Friends and Family Community Connection), an organization that helps better the economy and educational systems in Tanzania and Haiti. The Prisk Student Council raised funds to purchase two goats that will be used to earn tuition for the children in these areas. Goats take up less space and produce

twice as much milk as a cow. This will allow the children of Tanzania to make enough money for tuition, but also help support their families by making milk and cheese. The Prisk Student Council had a tough time naming the goats but decided one would be called “Justin” and the other goat would be called “Beiber.” We are very proud of the Prisk Student Council and the leadership they provide to our school and community. <http://prisk-lbusd-ca.schoolloop.com/>.



# Renaissance *High School for the Arts*

235 East 8th St., Long Beach, CA 90813 • 562/901-0168, Ext. 7233 • [www.lbusd.k12.ca.us/Renaissance/](http://www.lbusd.k12.ca.us/Renaissance/)



**Mark Zahn**  
Principal

## Spotlight on Arts Student

*By Christine Whipp, Arts Coordinator*

Junior Justin Murry is one of those all-around artists who epitomizes a Renaissance High School for the Arts (RHSA) student. He is an accomplished musician, actor, dancer and writer.

As an eighth-grader at Hughes Middle School, Justin chose Renaissance because he liked the campus and wanted to become a better musician. He has definitely grown in his music, but he has developed in many other arts areas as well. He is currently in Advanced Jazz Band and is also in Dance 3–4. He has taken scriptwriting in addition to music, dance and theater classes. Justin excels academically, currently taking several Honors courses while serving as an Associated Student Body (ASB) officer. He also participates in the community organization Leadership Long Beach.

Justin has been in every RHSA musical production since he started here in ninth grade, either performing in the orchestra or as a member of the cast. He was the baker in “Beauty and the Beast,” did a memorable stage dive off the “ship” in “Anything Goes,” and will be seen again soon in the upcoming musical “Once on This Island.”

Justin feels that one of his greatest achievements at Renaissance was playing the role of Jim O’Conner last year in Tennessee Williams’ dramatic memory play “The Glass Menagerie.” Justin said, “I never thought I would do anything like it.”



**Justin Murry**

# Reid *High School*

2153 West Hill St., Long Beach, CA 90810 • 562/989-2098 • www.lbschools.net/reid/Home.html



**Barbara Lindholm**  
Principal

## Inspired to Success

Spring is a time of new beginnings, and Reid High School continues its commitment to student success with a bang this spring semester. We are preparing students for life after Reid with everything from help with college and financial aid applications to career day speakers. We also take this opportunity to salute two of our star Raptors.

Spring is the time seniors prepare for college, and Reid's seniors are no exception. Our career coordinator, Pamela Bishoff, and faculty member Robin Davis Fesseha give students one-on-one assistance with online college and financial aid (FAFSA) applications.

Reid also sponsored several motivating events. On March 2, three Long Beach city prosecutors spoke to Reid students about careers in the legal field. These three men, whose diverse backgrounds match many of our students, discussed their paths to success in the legal field and the rewards of working in the city prosecutor's office. During the following week, students who had already passed the CAHSEE exam participated in Reid's first CAHSEE Career Day. A wide variety of persons from all walks of life came to inspire our students to greatness. The next week, we were honored with a visit from Police Chief Jim McDonnell, who shared motivating talks with a few classes and observed the Reid community.

Reid student Chardonay Sheppard performed her poem "Voice of My Generation" with piano accompaniment by fellow Reid student Jesse Robinson at the ALBEM breakfast in February. Superintendent Steinhauser reported that their performance moved audience members to tears.

Reid continues to help students make positive changes.

# Robinson *Academy*

2750 Pine Ave., Long Beach, CA 90806 • 562/492-6003 • www.lbusd.k12.ca.us/robinson



**Stephanie Jones**  
Principal

## Clifford Visits JROB

During Read Across America Week, elementary students received a surprise visit from one of their favorite book characters, Clifford the Big Red Dog. Clifford was accompanied by his assistant, middle school student, Thayz Cisneros. She was quick to tell the students that Clifford had visited the doctor the day before the visits and due to his sore throat, his doctor advised him not to speak. Thayz spoke aloud all of the answers to the students' questions that Clifford whispered in her ear. Posing as Clifford were middle school student council members: Daniel Castro, Frank Hudson and Janna Lopez.

Many fun activities took place during the week. Parents and staff members read in classrooms each day. Students participated in a book mark contest where

the winning students received a book. Students who read the most minutes during the week were treated to a pizza party with the principal on Friday. On Wednesday night, JROB families wore their pajamas to "Once Upon a Time." During this event they were treated to milk and cookies and bedtime stories read by parents, teachers, the principal and the vice principal. Everyone had a great time.



# Riley *Elementary*

3319 Sandwood St., Lakewood, CA 90712 • 562/420-9595 • http://riley-lbusd-ca.schoolloop.com/



**Stacy Sanchez**  
Principal

## Doing Our Best

The month of March went by so quickly with so many wonderful events. Read Across America was a wonderful week for students to celebrate reading. Students enjoyed our bookmark contest, a Dr. Seuss Pencil giveaway, Wacky Wednesday, Poem in my Pocket, and guest readers, not to mention all the books we gave away during the week! Great job, Roadrunners!

Our staff extends their thanks to our parents who attended parent conferences. Our PTA and parent volunteers did a tremendous job on our spring fund-raiser, the jog-a-thon! What a great time for our students as they were running to be fit and raising money for field trips and our Meet the Masters art program! We hope all students enjoyed Kite Day. What a beautiful day and a fun experience for all!

Now, that April has arrived, California Standards Test (CST) testing for second through fifth grade is right around the corner. It is amazing how hard our teachers and our students have been working to prepare to show everyone what we know! Testing dates are from April 18 to May 20! Begin preparing students now by getting them to school on time daily, prepared to learn, and giving them the encouragement and support to "Always Do Your Best" in school and in life!

We are so proud of all our students! Our staff extends their deepest thanks to our parents and guardians for your continued support and encouragement throughout this year! Let's keep it up and finish strong!

# Rogers *Middle School*

365 Monrovia Ave., Long Beach, CA 90803 • 562/434-7411 • www.lbrogers.schoolloop.com/



**Tom Huff**  
Principal

## My Top 10 Ways to Get Better Schools

Having been in public education for over 35 years, I have been asked numerous times to share my thoughts on, "What Makes a Successful School?" I do believe that public education is alive and well at Rogers Middle School.

My top 10 keys to having a successful school are:

1. Interested, supportive parents who encourage their children in school and show that interest regularly.
2. Parents who read and encourage their children to read widely.
3. Classes small enough to give every student a chance at "teacher time".
4. Teachers and schools that set high, but attainable standards for every student. "Man's reach must exceed his grasp, or what's a heaven for?" comes to mind.
5. Community support of schools that are clean, safe and well supplied with teaching and learning materials.
6. Board of Education members committed to all the students all the time, and not single-agenda, politically motivated office holders.
7. Business/industrial partnerships with schools, ensuring our graduates an opportunity for success in the workplace after high school or graduate school.
8. Communities that provide for and support schools and quality education so that the school is "the place to be" for every student.
9. A public that demands quality education, and is willing to pay for it.
10. A public that understands and believes that education is our future!

Are you  
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for the contest  
on page 20?



# Roosevelt

1574 Linden Ave., Long Beach, CA 90813 • 562/599-1888 • <http://roosevelt-lbusd.ca.schoolloop.com/>



**Dr. Christopher Lund**  
Principal

## Reading Across Roosevelt...A HUGE Success!

The students at Roosevelt Elementary, approximately 1,100 in number, created a school-wide bookworm to demonstrate how much they love to read.

During the week of February 28- March 4, circle shapes were given to all students. Each grade level was given a different color. When a book was read in daily reading time, or at home, the book's title and the student's name was written on a circle. At each grade level the class that read the most books won a popcorn/movie party. One third grade class won with 658 books read. A second grade class read over a thousand books!

On Friday, March 4 the bookworm was put together at an assembly. The completed bookworm represented over 8,000 books read. It wrapped around the entire playground.

The bookworm is now on display in the main hallway of the school... Dr. Suess would be proud!



**8,000 books in one week!**

# Signal Hill Elementary

2285 Walnut Ave., Signal Hill, CA 90755 • 562/426-8170 • <http://signalhill-lbusd-ca.schoolloop.com/>



**Lauren Price**  
Principal

## Celebrating Dr. Seuss

On Wednesday, March 2nd, we celebrated Dr. Seuss' birthday. Mrs. Price arranged for a special visitor to join us – it was The Cat in the Hat! He read us stories like "Fox in Socks," "Oh, the Places You'll GO!" and "Oh, the Thinks You Can Think!"

Room 32 wrote a special poem thanking the Cat in the Hat for visiting us:

"It was in the library where we sat and sat. Third graders, can you imagine that?"

You were up to bat, reading *Cat in the Hat*. We want to give you a pat on the back for that!

We wished you could stay, but in the end, all good things go away.

However, please, please come back another day!"

Here is a picture of Mrs. Pri...I mean, The Cat in the Hat, reading to us on that day. It was SO much fun!



# Stanford Middle School

5871 E. Los Arcos St., Long Beach, CA 90815 • 562/594-9793 • [www.lbstanford.schoolloop.com](http://www.lbstanford.schoolloop.com)



**Kathleen Cruz**  
Principal

## AVID Students Experience College Life

*Written with input from AVID students Alessandro De La Cruz, John Cuhno, Rigo Infante, Isaiah Cardiel, Jay Rohman, Andrew Schenker, Jordan Jackson and Conner Wolosewicz*

Students in the Advancement via Individual Determination (AVID) elective take part in twice-weekly tutorial sessions led by college aides. They work on organizational and note-taking skills and learn about high school programs and college opportunities. In addition to these in-class activities, pupils are able to have a bit of fun as they tour and experience various colleges each year.

This year, Stanford's AVID eighth-graders traveled to SOKA University. SOKA, located in Aliso Viejo, has just 483 students. The university was built in 2001 and sits on 103 acres. Roughly half of SOKA's students come from the United States and the remainder comes from more than 40 other countries. While on campus, students visited the dorms, learned about the sports teams and took in SOKA's track and swimming pool.

AVID seventh-graders also traveled down south. Their bus ride took them to the University of California at Irvine. Our seventh-grade students were able to collaborate as a team at the University's ropes course. They attended an engineering class and toured the library and—of course—the food court. This group loved the activities and the campus tour. Students reviewed the lunch as simply "scrumptious."

Parents graciously volunteered to chaperone both trips along with AVID teacher Kelly Kurz. Students raised money for the trips and had to be in good academic standing.

# Stephens Middle School

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841 • <http://lbstephens.schoolloop.com/>



**Shivaun Williams**  
Principal

## Friday Fun Day at Stephens

To celebrate the end of a great semester at Stephens the participated in an afternoon filled with fun and adventure. The students were able to choose activities and spend the afternoon celebrating the successes of the Fall Semester. The garden project was lead by our Garden Club leader, Mrs. Gwen Cagnolatti, and proved to be a productive activity. It allowed students to plant flowers and create concentric circles of Yellow African Daisies, pink and white Petunias, and purple Lobelia. This was truly a win-win activity that also helped beautify our school campus.

Other activities included sports, hula hoop dance party, board games and Wii sports. Many students are already thinking of what they will choose for their activities for the next Friday Fun Day. The day was truly enjoyed by all and left the students pumped up for an equally successful second semester.



# Stevenson *Elementary*

515 Lime Ave., Long Beach, CA 90802 • 562/437-0407 • www.lbusd.k12.ca.us/stevenson



**Gonzalo Moraga**  
Principal

## Dictionary Days at Stevenson

Dictionaries are a key part of the third grade curriculum throughout California. First, students learn to use guide words to find word entries. These entries are studied to understand syllabication, multiple word meanings, and parts of speech. The Dictionary Days Project has lent an important hand in helping our students master these complicated skills. A generous contribution from the Miller Foundation allows the Long Beach Public Library Foundation to put a brand new dictionary in the hands of every third grader.

At Stevenson, our teacher librarian, Darlene Dunn, worked with classroom teachers to make the dictionary distribution a memorable event.

Several weeks before the dictionaries arrived, Mrs. Dunn taught students how to



The students reading their dictionaries are Mi'shelle Cherry and Isreal Cuevas.

use dictionaries as part of a unit of study on resources for finding information. She encouraged the third graders to become familiar with resources at the public library such as non-fiction books, dictionaries and free internet access. Stevenson students were excited to receive their new dictionaries along with a better understanding of the resources that will support their academic success.

# Tincher *Preparatory School*

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636 • www.2.lbusd.k12.ca.us/tincher/home.html



**William Vogel**  
Principal

## Outstanding Leadership Team

On Tuesday March 8th, Tincher Preparatory School was recognized for having the Outstanding Leadership Team for Southern California GEAR UP. This award was in recognition for their efforts to ensure academic success for all students and successful implementation of their GEAR UP plan. Working with California GEAR UP, Tincher has created a college-bound atmosphere including GEAR UP goals, a Tincher Student Union used to research high school and college, university posters featuring our own Tincher tigers and provided professional development opportunities for several middle school teachers.



Tincher also recently graduated our second PIQE class, a 9-week parent education program that assists parents in preparing their children for post-secondary education. We celebrated 93 parents who completed the program.

Plans are underway for our end of the year student trips including Washington, DC (8th grade) and the Florida Keys (6th and 7th).

# Twain *Elementary*

5021 E. Centralia St., Long Beach, CA 90808 • 562/421-8421 • www.2.lbusd.k12.ca.us/twain/home.html



**Ellen Ryan**  
Principal

## Celebrating Dr. Seuss's Birthday

By Raleigh Seldon, Delta Zeta

"You're never too old, too wacky, too wild, to pick up a book and read to a child." What better way to celebrate Dr. Seuss's birthday than to read to a child? On March 2, 2011, members of the Delta Zeta sorority and Pi Kappa Phi fraternity, of California State University Long Beach, arrived at Mark Twain Elementary to encourage reading... for fun! From eleven to two, we had read quite a few. Dressed like Cat in the Hat, we read books short and fat! Kids were laughing and giggling with smiles on their faces, as



(B) Efrain Plascencia, Emir Aydogan, Raleigh Seldon, Alex Wiktor, & Rachel Dunn.  
(F) Juliette Shull, Garrett Higginbotham, Samantha Stowell, & Chelsea Knowles.  
(Members of Delta Zeta sorority & Pi Kappa Phi fraternity.)

their favorite books were read, full of far away places! Dr. Seuss's birthday is meant to spread knowledge, our favorite question was "what do they do for your birthday in college?!" Seuss taught us that reading comes naturally, so March 2nd we honor him, nationally!

# Washington *Middle School*

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434 • http://lbwashington.schoolloop.com/



**Connie Magee**  
Principal

## Science Education

On Thursday, February 25th, The Aquarium of the Pacific staff hosted the second after-school event at Washington Middle School as part of the RISE above partnership. Nearly 100 students participated in the dissection program that compared the anatomy of a squid and a fish. Students worked in pairs to compare fins, gills, mouths, and other body parts between the two animals. While many students were unsure about touching the animals at the start of the dissection, everyone was actively participating by the end of the hour-long program.



Students dissecting squid and fish.

The final after-school event for Washington Middle School is scheduled for April 21st. This event will be a Career Day introducing students to various opportunities in the field of science and supporting Washington's college ready culture that encourages students to learn about options after high school graduation. Washington is excited to have partners in science education!

# Webster *Elementary*

1755 W. 32nd Way, Long Beach, CA 90810 • 562/595-6568



**Maria Martinez**  
Principal

## We LOVE Our Parents

The Webster Elementary School staff has been hard at work. In the last two months, there have been parent workshops on California standards, successful students, reading comprehension, and math facts. We hosted a Parent Science Night, allowing our students to share their learning of and excitement for science with their families as see the process of creating a successful science project. We even had tours of the school for the Buffum School teachers and families who will be joining our school next year.

Webster held its annual Sweetheart Breakfast on Valentine's Day. This terrific morning allows families to start the day together while enjoying delicious cinnamon rolls with cream cheese frosting. The parents and children walked into a beautifully decorated cafeteria filled with colorful balloons, fresh flowers, and student artwork. The atmosphere was joyful as families ate and made Valentine's Day cards for loved ones who hadn't been able to join them. Before leaving, every family finished the morning with a picture in front of a large heart background.

# Willard *Elementary*

1055 Freeman Ave., Long Beach, CA 90804 • 562/438-9934 • www.lbschools.net/willard/



**Kevin Maddox**  
Principal

## EXCEL and Spanish Dual Immersion

By Dr. George Garcia, 3rd grade teacher

Willard has two enrichment programs—Excel and Dual Immersion.

The Excel program exists to challenge academically gifted students by giving them an enriched curriculum. It is primarily teachers and parents who identify promising candidates and then ask that the children be tested for admission into the program. Excel students are challenged to think like disciplinarians—for example, the things a student would do as a sociologist or marine biologist. To become “experts,” students learn and use the language of the discipline. They learn appropriate note-taking skills, such as those utilized when watching a documentary. They conduct research projects and engage in lessons that develop higher-level thinking skills.

In the Spanish Dual Immersion program, students learn two languages. Students begin the program in kindergarten, with most of the instructional program in Spanish. Over several years, they transition to primarily English instruction. The program is particular challenging in grades 2–5 because students are given most district and state tests in both English and Spanish. Why enroll students in an elementary dual immersion program? Research on second-language acquisition suggests that it is easier to acquire a language prior to adolescence, which states the obvious to adults who first tried to learn a second language in high school and now remember little of it!

In the interest of full disclosure, my son attends Willard's Dual Immersion program. After all, Willard is not only a great place to teach but an even better place to be a student!

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# Whittier *Elementary*

1761 Walnut Ave., Long Beach, CA 90813 • 562/599-6263 • www2.lbusd.k12.ca.us/whittier/



**Edward Garcia**  
Principal

## What's Right with the World?

One of my favorite videos is Dewitt Jones' “What's Right with the World.” Through photographs, Mr. Jones chronicles the triumph of the human spirit and the innate goodness of people around the world. Unfortunately, we rarely hear about the good things happening around the world. Too often the newspapers and nightly newscasts are filled with news of what's wrong with the world. Lately, I find myself paying too close attention to what's wrong in my world and not enough about what's right.

We don't need to look too far to see that there is so much goodness all around us. So, what's right with Whittier School? Third-grader Rayu comforting a crying classmate is what's right with Whittier. Fourth-grader Michael L. donating some of his money to help the school is what's right with Whittier. Ms. Amada volunteering hundreds of hours to manage the student store is what's right with Whittier. Mr. Reed working on weekends to make sure the school is clean is what's right with Whittier. Teachers working collaboratively to ensure that students get the best possible learning experience is what's right with Whittier. Mrs. Seagren training and guiding our conflict managers to help their fellow students solve problems is what's right with Whittier. Recreation staff working very hard to keep students safe on the playground is what's right with Whittier. Enthusiastic, respectful and learning students are what's right with Whittier. Hardworking, loving, and dedicated teachers and support staff are what's right with Whittier.

What's right with the world? Whittier School is!

# Wilson *Classical High School*

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481 • http://lbwilson.schoolloop.com/



**Sandy Blazer**  
Co-Principal



**Lewis Kerns**  
Co-Principal

## AP Exams

By Eleni Ruiz, 10th-Grade  
Loudspeaker Reporter

It's that time of the year again. People either dread them or are completely terrified of them: our AP exams!

Advanced Placement tests are the culmination of college-level classes taken in high school. With these courses one can earn college credit and stand out in the admissions process. The exams are very nerve-racking to most students, and can be extremely challenging.

However, some students report that that they feel calm and not bothered by them at all. When asked if she was nervous for her AP exam in English language, Wilson junior Danielle Burnett replied, “No, I feel that my teacher has prepared me enough. I will succeed.”

Passing an AP test can have positive, far-reaching ramifications for one's future. For example, if a student takes two AP classes and passes with high enough scores, he or she could potentially earn six units of college credit! However, the tests are extensive, and can range from two to three hours.

So in light of the arduous nature of these vital exams, how should one prepare?

The answer is study, study, study! Actively participate in study groups with friends, create flashcards, and thoroughly review all your past notes. Doing whatever one can to prepare is important, because these could be key to your future.

Our AP exams are going to be held during the first two weeks of May. For everyone taking these exams, do not stress. Good luck Bruins, because you've been well-prepared!

## Nutrition Update

# With Liberty, Justice and Fiber for All



Carol Berg Sloan, RD

The new 2010 Dietary Guidelines for Americans were released in January. They were mostly a yawn with general recommendations; however a review of the scientific literature from the Dietary Guidelines Committee revealed that they are some nutrients that are lacking in the diet including potassium, calcium, vitamin D, vitamin B12 and dietary fiber. Let's focus on fiber.

### Why fiber?

Dietary fiber continues to be low in most all American diets including our children's. Fiber is needed for many reasons, most importantly for proper digestive health which can reduce the risk for colon cancer. How much should you eat? The rule of thumb for the amount of fiber grams per day for children is age plus 5 (a 7 year old should get 12 grams of fiber per day  $7+5=12$ ). Women should aim for 20 grams per day and men, 30 grams.

### Where can I get fiber?

The best sources for fiber are good old fruits and vegetables. Beans are an often overlooked source and of course whole grain cereals and breads can provide much needed grams of fiber. New products in the marketplace can add variety. Dried plums (prunes) are available in several high fiber options that are cooler and tastier than you might think. There are also bite-size pieces of prune enrobed in dark chocolate (also good for your heart in small doses). Compared the labels for fewer calories, more fiber and less fat per serving. Some of the fiber bars can also help you achieve your fiber goals with up to 9 grams per bar. Bars such as these contain chicory root extract or inulin which is a food fiber that is not digested.

One overlooked fact with increasing fiber in the diet is also the importance of laterally increasing water intake. If you increased fiber consumption without adequate fluid intake you may increase your chances for constipation. A bowl of chili is delicious and can increase fiber is a tasty way. One serving of this delicious entrée will add 7 grams to your daily total. Enjoy.

#### Santa Fe Chicken Chili (California Dry Bean Board [calbeans.org](http://calbeans.org))

- 1/4 cup olive oil
- 4 cups chopped red bell peppers (4 medium)
- 2 cups chopped onions (2 medium)
- 2 cups chopped green bell peppers (2 medium)
- 8 medium cloves garlic, minced
- 3 tablespoons chili powder
- 2 teaspoons ground cumin
- 1/4 teaspoon cayenne pepper, or to taste
- 1 can (28 oz.) tomatoes, undrained
- 2 cans (14.5 oz. each) reduced sodium chicken broth
- 2 pounds boneless, skinless chicken breasts, cut into 1/2-inch pieces
- 3 cups cooked\* or 2 cans (15 oz. each) kidney beans, drained and rinsed
- 1 jar (12 oz.) prepared salsa
- 1 package (10 oz.) frozen corn kernels
- 1 teaspoon black pepper
- \*1 cup dry makes 3 cups cooked.

In a large pot, heat oil over high heat. Add bell peppers, onions and garlic; sauté for 5 minutes, stirring frequently. Add chili powder, cumin and cayenne; cook for 1 minute, stirring constantly.

Add tomatoes, breaking them up with a spoon, and broth; bring to a boil. Reduce heat to medium-low; simmer for 15 minutes to reduce liquid slightly.

Stir in chicken, kidney beans, salsa and corn. Bring to a boil. Cover, reduce heat and simmer for 5 minutes, or until chicken is cooked through. Stir in black pepper and salt. Makes 10-12 servings.

#### Nutritional Information per Serving:

Calories 283, Protein 25 g, Carbohydrates 29 g, Fat 9 g, Calories from fat 27%, Cholesterol 45 g, Fiber 7 g, Folate 102 mcg, Sodium 393 mg

Carol Berg Sloan is a registered Dietitian in Long Beach. You can reach her at [cbsrd@verizon.net](mailto:cbsrd@verizon.net)

## St. Joseph High School

5825 Woodruff Ave., Lakewood, CA 90706 • 562/925-5073 • [www.sj-jester.org](http://www.sj-jester.org)

# Aiming Towards the Future



Dr. Terri Mendoza  
Principal

Saint Joseph High School is in the home stretch!

The end of our third quarter was filled with a lot of non-stop activity. February began with Catholic Schools Week and a special liturgy, and continued with the last Kairos (a religious retreat for the seniors). It finished with many of our students dancing the night away at the Winter Formal.

March began with our much-anticipated Powder Puff game between the seniors and the juniors. Both teams showed a lot of effort and energy, and the game ended with a senior class victory. The ASB elections also took place during the first two weeks of March. A new executive cabinet will soon begin planning for an exciting 2011-2012 school year, too.

Though the students only have one quarter left to go, Saint Joseph High School certainly has much to do in these final months! Our seniors are getting very busy now as they prepare for their exit interviews, Senior Brunch, Grad Nite, prom and graduation activities.

The rest of the Saint Joseph community is busy preparing for their AP exams, the spring dance recital and the spring choir performance.

So it's business as usual on the SJHS campus, as our Jesters continue to strive for excellence!

## Child Development Center

4310 Long Beach Blvd., suite 200, Long Beach, CA 90807  
562/422-6868 • [www.lbusd.k12.ca.us/district/departments/middle\\_and\\_k-8/child\\_development.asp](http://www.lbusd.k12.ca.us/district/departments/middle_and_k-8/child_development.asp)

# Fremont Kid's Club



Lauren Shaw  
Director

Fremont Kids' Club is starting off 2011 with a bang! To get the children better acquainted with the Long Beach Community, we met the New Year with the theme "Around Town." The kids took a look at all of the exciting places and events around Long Beach. The Fremont Kids' Club children also celebrated Chinese New Year with Dragons, masks and a taste of Chinese cuisine. We also learned facts and stories around Thomas Jefferson and Abraham Lincoln to encourage patriotism in our children.

Kids' Club always sets aside time to complete homework and encourage academic independence. When study time is over, the enthusiastic staff at Fremont organizes sports and structured games. They also offer cool, hands-on science activities that include slime, chemical reactions with household supplies, and incredible edibles!

The kindergarten children are currently learning a new language! Sign-language is adapted into their daily rug time to encourage acceptance of diversity and to expose the children to an alternative way of communicating. Also, fun cooking activities are done on a weekly basis that is integrated from the thematic, literature-based curriculum. This introduces the kinders to science and mathematical experiences in a unique and entertaining way.

Fremont Kids' Club loves to support their school and their families through the Drama Club, making banners for the PTA, providing childcare for monthly meetings and participating in the school-wide Peace Builders program! Drop by to have a peek at our exemplary Kids' Club site. We are proud to be a part of the Fremont family!

# School News



**Our next issue is May 11**  
**highlighting volunteers and community service**

# Westerly School

of Long Beach (K-8)

Nonprofit, Nonsectarian Independent School

2950 E. 29th St., Long Beach, CA 90806 • 562/981-3151 • www.westerlyschool.org



**Chris Rodenhizer**  
Head of School



**Kalim Rayburn**  
Assistant  
Head of School

## It's a Wrap!

On Thursday, March 3rd, the Third Annual Middle School Showcase delivered a well organized and engaging performance. Students selected an area of subject matter of interest in the following areas: Humanities, Math, Science, Art, Music, Physical Education and Spanish and added a very creative spin to the delivery of creative presentations that integrate technology, performance and audience participation. Middle School faculty supported students

with creating, planning and rehearsing for this annual event which fosters collaboration amongst students in grades 6-8 and rewards the audience with an engaging evening of thought provoking projects and creativity.

## Service Learning Springs into Action!

Service learning continues to be a part of the Westerly fabric in creating meaning full, hands-on projects that are student led and facilitated by faculty. This academic year is producing action projects that are very meaningful to our students. Westerly School is located next to the Red Cross and on his way to school, Kindergarten student, Ty, shared with his classmates that they should collect donations for Japanese relief efforts. As a result, students will be going to CSULB Recycling Center on April 19th, prior to Earth Day depositing their school wide collection of plastic bottles and aluminum cans. Money collected from the drop was donated to the American Red Cross.

Recently a team of Middle School students participated in a service learning activity designed by high school students at Sage Hill. On Saturday, March 12th students represented Westerly by competing at the Sage Hill Mathematics Invitational. The "Westerly Mathletes" competed in six rounds of mathematical challenges, winning the Geometry event and placing second overall. Furthermore, this experience served as an example of how students can come together to create projects that benefit the community in a variety of ways. Heading into the close of the academic year all middle school students are actively in the planning stages of their annual service learning projects. Projects include the 6th grade students focusing their efforts to benefit the Society for the Prevention of Cruelty to Animals (SPCA), in Long Beach where students will be making chew toys for abused animals.

The 7th graders will support the City of Signal Hill on a beautification project that will support the local park and gardens.

The 8th graders wanted to focus their time on the environment and are in the planning stages of their project that will serve Madrona Marsh. Furthermore, the 8th graders wanted to add an additional project by utilizing their skills as musicians and take their ensemble on tour to serve a local convalescent home where they will entertain residents with some favorite tunes to get their feet tapping.



Middle School Showcase students representing P.E., Spanish and Science.

## Professional Growth and Presentations

Westerly faculty embraces opportunities to share their best practices in a variety of subject matter and cross-curricular instruction. Their passion for collaboration inspires faculty to submit proposals to present at regional meetings. This spring, four faculty members took to the road.

Ms. McCloud (Middle School Math Instructor), Mr. Goodman (Director of Music), Dr. Willis (Middle School Humanities Instructor) and Ms. Rayburn (Assistant Head of School) presented at the annual California Association of Independent School (CAIS) conference on March 7th in Oakland, CA. Topics presented will include: Making It Real - Data Analysis in the Middle School Math Classroom, Functional Guitar Skills for Teachers of All Subjects and Bringing History Studies Alive and Connected to Student-Led Service Learning Projects.



CAIS presenters (L to R) Ms. Allyson McCloud, Ms. Kalim Rayburn and Dr. Liz Willis.

Westerly was also honored with the acceptance of Dr. Liz Willis to serve as the CAIS Professional Development Coordinator of History and Social Science. Her responsibility put her at the forefront of designing, coordinating and delivering a day-long professional development training for all History and Social Science teachers throughout California on March 14th at Westerly. The theme for the day was titled Get Up, Stand Up: Teaching Revolution in and Out of the Classroom.

Professional Development for our faculty continues to empower our instructors to move beyond the Westerly walls and share their best practices with others throughout the state fostering a culture of faculty collaboration and growth as professionals.

**Westerly School is still accepting applications  
for the 2011-2012 academic year.  
Please call Crystal Barnwell  
at (562) 981-3151  
to arrange for a tour of our campus.**

**SUPERINTENDENT • FROM PAGE 1**



**Christopher J. Steinhauser**

than 500 students have received college scholarships including a free first semester at LBCC, and admissions of LBUSD graduates to CSULB have increased by more than 80 percent.

While these results are encouraging, massive budget cuts by the state are a serious threat to the progress of our K-12 and higher education institutions. That's why the LBUSD school board recently joined a growing list of business leaders, news media and education groups — including the California PTA — asking the state Legislature to let voters decide whether public school funding should be cut by as much as \$760 per student.

The \$760 figure from the nonpartisan state Legislative Analyst Office is the expected loss for schools statewide if legislators and voters do not take action to prevent yet another drastic cut to K-12 education.

Supporters of a statewide election include the Los Angeles Area Chamber of Commerce, numerous editorial boards at major newspapers, and the Silicon Valley Leadership Group, whose more than 300 members include Google Inc. and Stanford University. These wise opinion leaders and savvy business people know that a minimal investment in public education is key to California's prosperity. Our hope is that enough California legislators understand this in time to prevent serious harm to our public schools.

## Los Angeles County Office of Education

9300 Imperial Hwy., Downey, CA 90242  
562/922-6360 www.lacoe.edu

## State Academic Decathlon



**Jon R. Gundry**  
*Interim Superintendent*

With severe budget cuts affecting every California school district, good news in education has been in short supply. So this year's Los Angeles County Academic Decathlon competition provided a much needed antidote to the financial gloom.

The annual scholastic competition showcases some of our best and brightest county students competing at the top of their game, after long months of study under the guidance of truly devoted teacher-coaches.

Fifty-five county teams and more than 500 students participated in this year's 10-event, two-day scholastic competition. "We hear a lot about what's wrong with public education," I told the participants at the "Aca Deca" Awards Banquet following

the competition, "but here today, in this room, we can all see what's right with public education."

This was the 29th year the Los Angeles County Office of Education has presented the County Academic Decathlon. And, as it turned out, there were additional milestones to announce.

West High School of Torrance won for the third straight time—a remarkable three-peat—with Mark Keppel High School of Alhambra a close second. As county titlist, West automatically advanced to the California Academic Decathlon in Sacramento. But because their scores were high enough to qualify as statewide "at large" entrants, Keppel and six other teams also won berths in the state contest. Those six other high school teams, in order of finish, were: Alhambra, Torrance, Burbank, El Rancho, South and West Ranch.

Of course I would like to report that one of our terrific county teams won in Sacramento. However, top state honors (announced on March 14) went to LAUSD's Granada Hills Charter High, followed by two more perennial high-scoring LAUSD schools, Marshall and El Camino Real. West High School placed eighth in the statewide competition.

No matter the final numbers, I couldn't be prouder of what all our county teams accomplished. And I know I share that pride with everyone involved—students and coaches, parents and teachers, school staff and really, the entire student bodies that have been cheering for their academic heroes all the way.

Congratulations to all our county's winning teams!

Jon R. Gundry is interim superintendent of the Los Angeles County Office of Education. With headquarters in Downey, the Office is the nation's largest regional educational service agency, providing a range of programs and services to support the county's 80 public school districts and 2 million preschool and school-age children.

**BOARD OF EDUCATION • FROM PAGE 1**



**John McGinnis**  
*Member*

However, its current physical condition is a blight on a downtown seeking to revitalize itself. So in March the Board began discussing options for rebuilding this school whose facilities have fallen into disrepair. According to the District's online Facilities Needs Assessment, due to the age of buildings and problems with electrical systems, fire alarms, heating and ventilation, accessibility, etc., "This campus is recommended for a major renovation or replacement."

My goal is to facilitate partnerships between the District and members of the Arts Council, Chamber of Commerce, City Council, service and neighborhood organizations and others to build a school worthy of its students and its neighborhood.

For your Information: Links to the District's meetings and facilities needs assessments. Videos of the March Workshop and Meeting at which rebuilding Renaissance HS was discussed:

[http://www.lbusd.k12.ca.us/Main\\_Offices/Board\\_of\\_Education/videos.cfm](http://www.lbusd.k12.ca.us/Main_Offices/Board_of_Education/videos.cfm)

Online needs assessment for Renaissance HS:

[http://www.lbschools.net/District/School\\_Building\\_Plan/needs\\_assessment/Renaissance.pdf](http://www.lbschools.net/District/School_Building_Plan/needs_assessment/Renaissance.pdf)

## Board of Education



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# School News



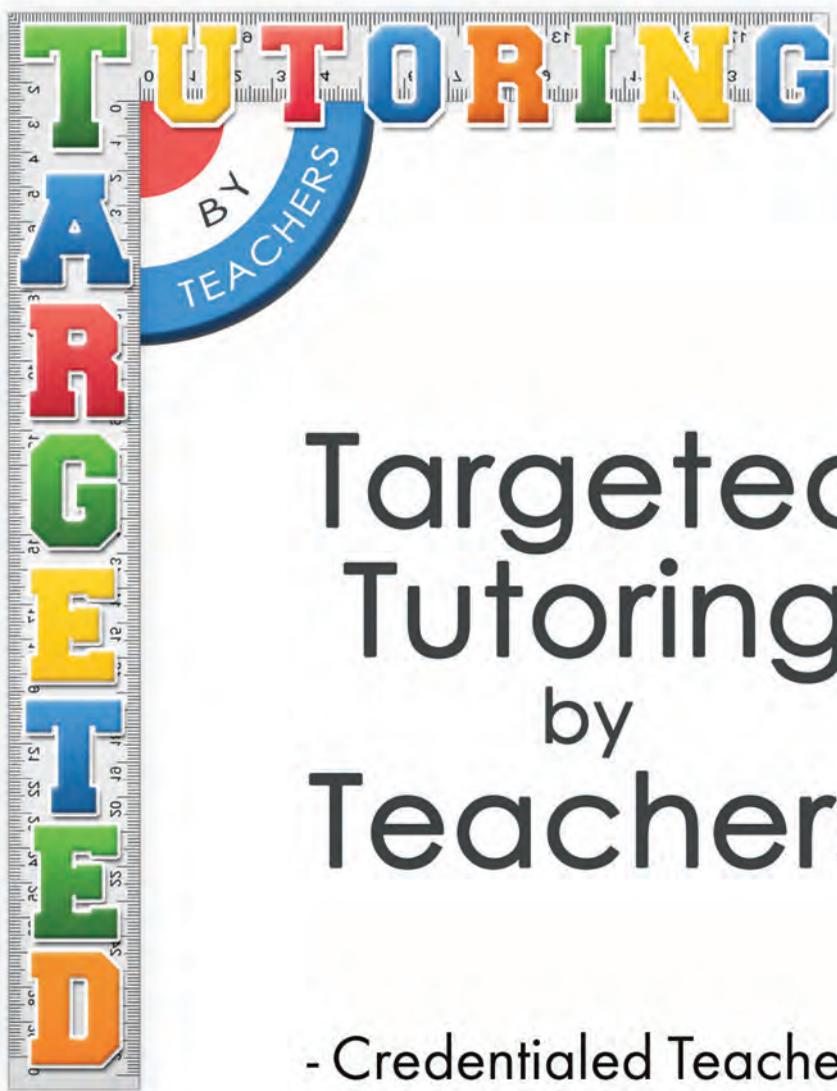
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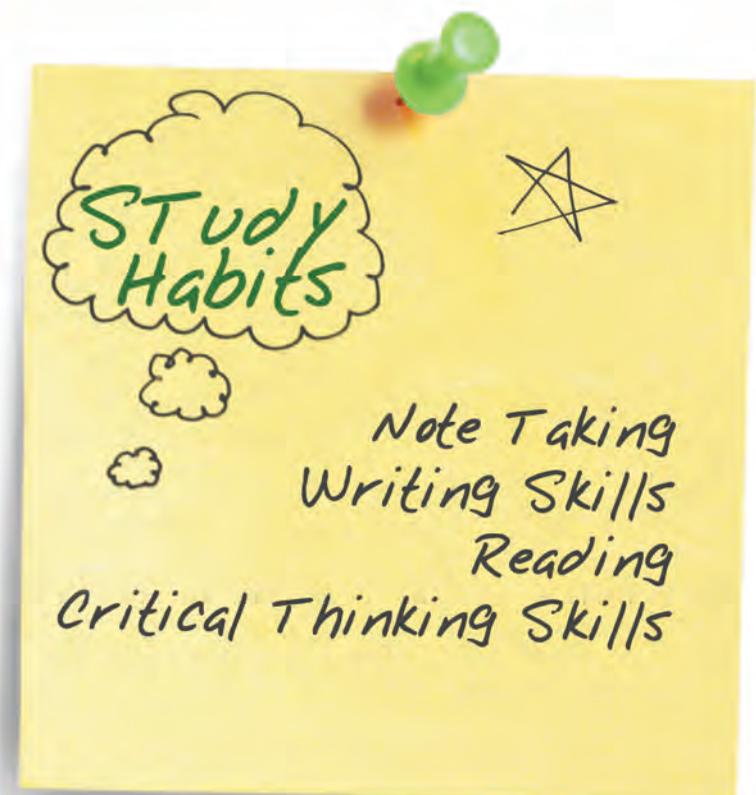
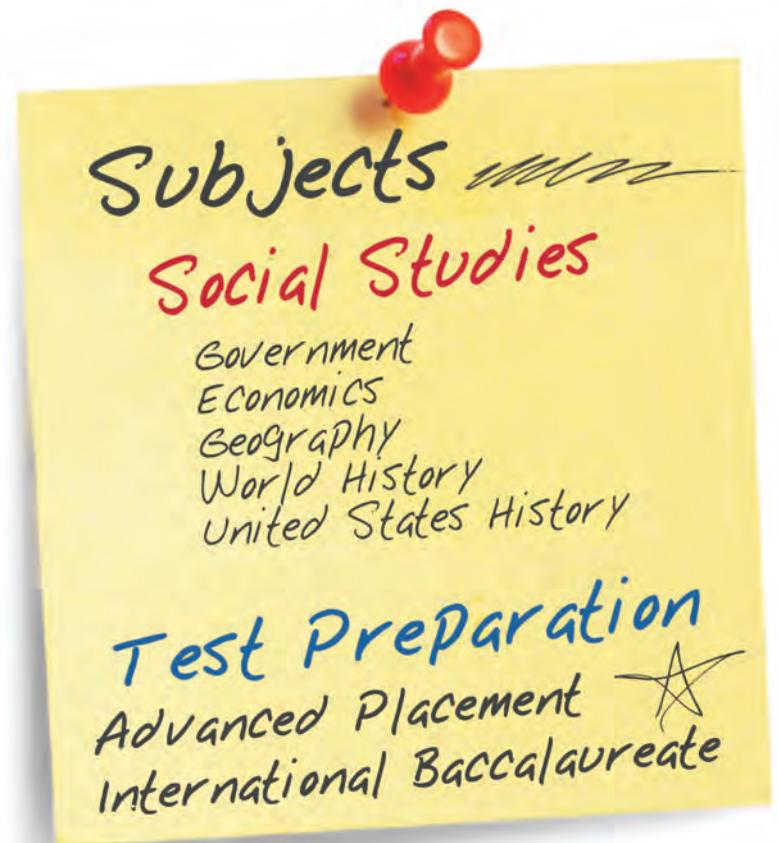
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