

FREE

School News



Education + Communication = A Better Nation

Covering the Long Beach Unified School District...and more!

Volume 16, Issue 120

www.SchoolNewsRollCall.com

June / July 2015



Summer Reading Coming to a Library Near You! (please see page 33)

City of Signal Hill	
Office of the Mayor	4
City of Long Beach	
Office of the Mayor	4
City of LB City Prosecutor	5
CSULB & LBCC	6
Office of the City Auditor	7
LB Dept. Health	8

Miller Children's & Women's Hosp.9	
Leadership Long Beach	10
Real Estate Matters	11
Financial Tips	11
Superintendent of Schools	12
LBUSD Board of Education.....	13
LBUSD Schools	14-29
Westerly School.....	30

AHA for Kids.....	31-35
Note-ables	31
Contest	32
Arts Council for LB.....	32
Rancho Los Alamitos	33
Literacy Project Foundation.....	33
Long Beach Public Library	33
Congratulations Class of 2015!	

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Neta Madison
Netragrednik

Congratulations Class of 2015!
This is an exciting time for the
graduates and their families. It is
always a proud moment for teachers
to see their students take their next
step in their journey to high learning
or enter the work force. We wish all
of them success.

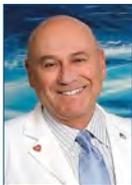
In this issue the City of Signal Hill
Mayor writes on page 4 about how
you can do your part to conserve
water and the water schedule. Below
the Long Beach Water Dept. reminds
you the landscare watering schedule
is Tuesdays and Saturdays and you
may log onto their web site for more
information.

You have let me know you
appreciate our invited columnists
and their choice of topics. We will
continue to bring you more info
on health, fitness, city plans and
programs, college information and
fun topics in our AHA Section. Thank
you for your emails and the hundreds
of contest entries! You have asked
for more info
on social
media and
I'm getting
there...



Our next
issue is August 12th. Have a wonderful
summer and remember to read!

Children's Lung Center



Eliezer Nussbaum, M.D.

Chief Pediatric Pulmonology and Medical Director
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Dr. Robert Garcia
Mayor

So Much to Do Right Here!

Summer is almost here, and for many families that means school is out for more than two months. Kids look forward to hours of leisure and recreation, and time with friends and family, and parents and teachers know that young people need and deserve their fun time after working hard all year.

But parents and teachers also know that students who spend some time pursuing educational and intellectual activities over the summer will perform better when school starts in the fall. So summertime is a great time not just for fun, but for learning. And fortunately, Long Beach has so much to offer on both counts.

Our beaches and parks, youth recreation leagues, and many special events make summer a great time to be a kid in Long Beach. We have movies at the beach, music festival, special events like the Tiki Festival and Pirate Invasion, great July Fourth celebrations, a Kids' Fishing Rode, a Sand Castle Contest, K-9 fest, and the Love Long Beach Festival. And, we recently reduced the fee for kids to use city pools to just \$1 for a visit. Recreation is something we do right in Long Beach!

We also have world-class museums, great libraries, and a wide variety of classes offered for kids – and adults – through our Parks and Recreation Department. Our concerts in the park are fun and educational, and a great way to spend time with family and neighbors. You can explore our two beautiful Ranchos for a taste of history, and the El Dorado Nature Center to learn about our local habitats. Educational opportunities abound in Long Beach, even during summer.

I'm looking forward to spending time on the water, visiting our parks, attending concerts, and taking time to read a few books. I hope all of you will also find time for both recreation and education with your friends and families this summer.

333 West Ocean Blvd., 14th Floor, Long Beach, CA 90802 • 562/570-6801
www.longbeach.gov



Larry Forester
Mayor

Water Conservation

The State is in the midst of a four-year drought, and its water supply has reached alarmingly low levels. On April 1, 2015, Governor Jerry Brown issued an Executive Order mandating cities to reduce water usage by 25% below the 2013 use level. The State Water Resources Control Board adopted an emergency regulation on May 5, 2015 requiring an immediate 25% reduction in overall potable urban water use statewide. This 25% savings amounts to more than 1.2 million acre-feet of water over the next nine months. To put things in perspective, reducing water by 25% in Signal Hill is equal to 87 million cubic feet or the equivalent of filling up 27 Costco stores with water.

What are we doing locally?

The City Council adopted a water conservation ordinance in 2009 and declared a Level 1 Water Supply Shortage. On May 19, 2015, the City Council adopted a Level 2 Water Supply Shortage. This water conservation program starts immediately.

What does this mean to you?

- Water lawns and landscaped areas only twice perweek, Monday and Thursday. To minimize evaporation, watering is prohibited between 9:00 a.m. and 4:00 p.m. Watering is limited to 15 minutes per day, per station. Let your neighbors know if they have broken sprinklers. All irrigation and household plumbing leaks must be repaired within 48 hours.
 - Refilling of more than 1-foot and initial filling of residential swimming pools or outdoor spas with potable water is prohibited.
 - Re-circulating water is required for a water fountain or other decorative water features.
 - Using water to wash or clean a vehicle is prohibited, wexcept by a hand-held hose equipped with a positive self-closing water shut off nozzle or device. Take your car to the car wash. Car wash facilities recycle wash water.
 - Restaurants are prohibited from providing drinking water, unless the customer requests it.
- Washing down driveways or patios is prohibited.

Other things you can do:

- Take advantage of rebates to replace your lawn or parkway with drought tolerant landscaping. Links to rebate information can be found on the City's website at www.cityofsignalhill.org.
- Limit showers to five minutes.
- When waiting for the hot water to reach the faucet in the shower, collect the cold water in a bucket and use it to water potted plants.
- Share your water conservation ideas on the City of Signal Hill's Facebook page.

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City of Long Beach, City Prosecutor



Douglas P. Haubert
City Prosecutor

Violence Prevention Forum

A delegation of Long Beach officials just returned from Washington D.C. where they attended the National Youth Violence Prevention Forum. The Forum, sponsored by the U.S. Department of Justice, was a platform for some of the most innovative and successful programs from cities across the country. Long Beach and four other cities were chosen to present their newly drafted violence prevention strategies.

The delegation included Police Chief Robert Luna, LBUSD Superintendent Chris Steinhauser, Health Director Kelly Colopy, Development Services Director Amy Bodek, Ministers Alliance President Gregory Sanders, and Government Affairs Manager Diana Tang. With Neighborhood Services Officer Tracy Colunga, I had the privilege of presenting on Safe Long Beach, the plan drafted locally after more than a year of public hearings and focus groups.

Although Safe Long Beach was adopted before President Obama's "My Brother's Keeper" initiative was announced, the plan is closely aligned with the goals of MBK. By looking at the underlying conditions that can lead to violence, as well as focused efforts to make neighborhoods safer, Long Beach's strategy is a long-term plan to reduce crime for future generations.

On the minds of many Forum attendees was the desire to build better police-community relations, especially with

youth. Chief Luna met with other police chiefs who shared strategies and challenges for youth engagement. A panel of diverse youth representatives from across the country gave their own comments, sharing insights about how their own communities are trying to increase youth employment and build trust.

Long Beach brought two of its own youth representatives, Guatemala-born Alan Feldman, who aspires to be a Long Beach Police Officer, and Johnathan Coleman, a recent Poly High School graduate on his way to Bucknell University. They, along with youth from cities like

Baltimore, Memphis, Boston, Louisville, New Orleans and Cleveland, gave input on what they felt cities could do better. They also gave the adult attendees a dose of reality, a street level view of how youth, particularly youth of color, perceive law enforcement and what they would do if they were mayors of their respective cities. Feldman and Coleman also met the United States' top prosecutor, Attorney General Loretta Lynch, in a private meeting.

Before the Forum was held, Long Beach Mayor Robert Garcia noted the importance of the city's partnership with the U.S. Department of Justice. "Our city is proud to be part of this important effort to prevent violence and support our young people," he said.

The Long Beach delegation returned home with new ideas and a renewed focus to make Long Beach a safer city for all neighborhoods. If grant funds become available, Long Beach is well-positioned to expand already successful programs, like the Parent

Accountability and Chronic Truancy (PACT) program, while creating new ones to improve police-community relations, engage our youth, and make our schools the safest urban schools in the country.



City Prosecutor Doug Haubert with Youth Representative Johnathan Coleman attending National Forum on Youth Violence Prevention.

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www.longbeach.gov



California State University Long Beach



**Jane Close
Conoley**
President

Urban Math Collaborative

This academic year, CSULB took over the Urban Math Collaborative, a program aimed at helping local under-represented students with their academic preparedness to gain admission to top colleges and universities. Created in 2011 as a partnership project with the Claremont Colleges, the Urban Math Collaborative started with 25 ninth-graders from the Long Beach Unified School District taking part in a four-week summer

residential program. The incoming high school freshmen participated in math explorations led by college faculty, graduate students and undergraduate math majors.

The four-week session was the beginning of a four-year commitment from the students and their parents. The goal of the program is two-fold. One is academic preparedness. While the original program focused on math, CSULB added English because writing and critical thinking are both vital to academic success. The second piece of the program is teaching these students how to be mature, responsible young men.

CSULB is formalizing the mentor portion of the project, and is making plans for a two-week residential enrichment program that will take place at CSULB this summer with about 50 students. During the summer program, students will attend math and English classes in the morning, and later, have other enrichment opportunities, including a couple of off-campus field trips. One major focus of the program is the mentor program and recruiting African American professional men to be involved. Parental involvement is also a big part of the program -- working with the parents on the process of education, meaning how to apply to colleges and helping them understand what students need to do to succeed.

The collaborative is already showing signs of positive results, including for CSULB and its efforts to enroll more students from local high schools. Students from that first 2011 cohort are now seniors. They went through a CSU Mentor workshop where they learned how to apply to a CSU campus. Eight students from that original cohort have applied to enroll at CSULB for the 2015 fall semester.

1250 Bellflower Blvd., Long Beach, CA 90804 • 562/985-4111
<http://csulb.edu/>

Long Beach City College

Underwater Robots, Commencement & Enrollment News



Eloy Ortiz Oakley
*Superintendent-
President*

The academic year may be winding down, but there is still plenty of exciting things happening at Long Beach City College.

Our LBCC student robotics team recently qualified to compete in a prestigious international underwater robotics contest. The LBCC team was the only college in Southern California to advance to the 2015 International Underwater Robotics Competition and will be vying against 35 college teams from around the world. The

team of 10 students is now preparing their robot, named "Delta X," for the trip to St. John's, Newfoundland, Canada, from June 25 to June 27. The students are seeking donations and sponsorships to help the team raise \$15,000 for airfare and lodging. Please contact the Long Beach City College Foundation at (562) 938-4137 if you can help support our students with a donation.

As our Summer Session classes get underway later this month, we are turning our attention to enrollment for the Fall Semester. Priority registration for Fall Semester begins July 6. Thanks to a strong state budget, we will be hiring more than two dozen new faculty members to join our LBCC team and offer more classes that students need to move more quickly toward a degree, transfer or certificate. To enroll, or for more information, visit www.lbcc.edu or call (562) 938-4111 or (562) 938-4353.

Finally, I would like to take this opportunity to congratulate all of our students who have successfully achieved their education goals at LBCC. More than 500 students are participating in our Commencement Ceremony on June 11. These students have earned their certificate or associate's degree and will be moving on to advance their careers with their new job skills. And we have hundreds of students who are transferring to prestigious four-year universities in the fall. On behalf of our LBCC faculty and staff, we are proud of you and we wish you the very best of luck in your future accomplishments.

Liberal Arts Campus 4901 E. Carson St., Long Beach, CA 90808
Pacific Coast Campus 1305 E. Pacific Coast Hwy., Long Beach, CA 90808
562/938-4111 • www.lbcc.edu



Members of the LBCC underwater robotics team VK Industries and faculty advisor Scott Fraser, with "Delta X."

City of Long Beach, City Auditor



Laura L. Doud
City Auditor

Advice That Changed the Course of My Life

When I was a sophomore at CSULB, I needed to make a pivotal decision that would greatly affect my future. Fortunately, I received guidance from someone I admired and trusted to help me choose the best path for me.

I was considering leaving college to take a well-paying job. One day while considering my two choices, I stopped by the grocery store and was very surprised and excited to see my wonderful Middle School Principal, Alta Cooke. I shared with her the conflict I felt over my desire to accept a new job with great pay and benefits but that would require me to put my college education on hold. Without hesitation, this wise and educated woman looked at me directly and with a loving but firm voice advised me not to accept the job offer but to stay in school.

I have been grateful ever since for her timely advice that directed me to the road of education.

I stayed in school at CSULB and after graduation, received my Certified Public Accountant's license, Certified Fraud Examiner's license and earned a Law degree. The education I received has been a gift in my life and has provided me with career options. In 2006, I made the



Laura with Alta Cooke.

decision to pursue a career in public service and to work towards making a difference in the City I love. For me, it was the right choice, but I would not have had the option if I had not stayed in school.

My advice to students today is the same as my Principal Alta Cooke's advice was to me – invest the time now in education as it will prepare you for many more options to pursue in your life.

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*Enrollment fees are waived for California residents.



Apply online today at www.compton.edu/free



Dr. Mitchell Kushner
City Health Officer

Climate Change – A call to Action!

The Earth's climate is changing, and people's activities are the main cause. The Earth is getting warmer because people are adding heat-trapping gases to the atmosphere, mainly by burning fossil fuels. These gases are called greenhouse gases. While Public Health Departments are developing policies and activities on global warming, there are steps that both individuals and schools can take to make a difference. We are fortunate

to have schools in the Long Beach Unified School District that have led the charge in becoming "green schools" – specifically Mark Twain Elementary.

Recycling of waste is an important source of advancing sustainability, reducing greenhouse gas emissions, and increasing overall wellness. It is an important activity that affects all the major areas that impact global warming. Twain Elementary was the first school in the LBUSD to start an all-encompassing recycling program. Separating waste from lunch between trash and recyclables every day in each of the three lunch areas reduced lunchtime waste by 85%. Their income from recycling helps fund school programs that promote the environment and wellness. Their efforts have spread to families and residents of Long Beach in their immediate surrounding areas. The Long Beach Unified School District has Energy Conservation Guidelines for all

school sites as well as regular energy audits. Through their commitment to becoming greener, Mark Twain Elementary demonstrated a 20.6% reduction in greenhouse gas emissions between March 2003 and December 2013.

Besides the leadership and example of our own school district, there are individual activities that one can do to reduce global warming. Many may feel that individual actions may not make much of a difference; however it is the collective input of these activities together that will create positive change.

There's a useful web page (<http://globalwarming-facts.info/50-tips/2/>) that lists 50 things individuals can do to halt global warming. One example includes replacing incandescent light bulbs with compact fluorescent light bulbs, which use 60% less energy and can save about 300 pounds of carbon dioxide a year. Wrapping your water heater in an insulation blanket and setting the hot water thermostat no higher than 122° F also reduces carbon emissions. Taking a short shower uses four times less energy than a bath. Also, using low-flow showerheads saves energy and precious water. And of course, we know that planting trees offers a huge benefit – a single tree will absorb one ton of CO2 over its lifetime, and drought tolerant trees require little water.

Check out the list and try to implement what you can. Spread the word to others. We can all do our part!!

2525 Grand Ave., Suite 106, Long Beach, CA 90815
www.longbeach.gov/health/

The City of Long Beach Department of Health & Human Services reminds everyone to stay safe this summer!

- **On hot days, *stay cool, stay hydrated, and stay informed***
 - ♦ Check on family, friends and neighbors, and visit the Health Department website for information on extreme heat alerts and preventing heat-related illness
 - ♦ Cover up with clothing and a hat, use sunscreen with at least SPF 15, and wear sunglasses when outdoors, especially in the midday sun
- **Do your part to *keep germs out of the pool when swimming***
 - ♦ Don't swim if you have diarrhea, don't swallow pool/recreational water, take a shower before swimming, and wash hands after using the bathroom or changing diapers
- **Protect yourself and family members from *mosquitoes, ticks, and fleas*, which can transmit diseases such as West Nile Virus**
 - ♦ Use a repellent when outdoors and rid your yard/patio of standing water
 - ♦ Keep your pets on a flea and tick program
- **Grill Safely!**
 - ♦ Use a meat thermometer when grilling—ground beef needs to reach an internal temp of 160° F
 - ♦ Be sure to keep cold foods cold and hot foods hot

Department of Health & Human Services For more information, visit us at www.longbeach.gov/health
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What is Prematurity?



Antoine Soliman, MD
 Medical Director,
 Neonatal
 Intensive Care Unit,
 Miller Children's &
 Women's Hospital
 Long Beach

With the advancement of medicine and prenatal care, prematurity is declining in the United States. In 2006, the pre-term birth rate was 12.8 percent and in 2013, it dropped to 11.4. Even with all of the advancements, 1 in 9 babies are born prematurely in the U.S. each year.

Prematurity is when a baby is born at least three weeks before the designated due date (37 weeks). A full-term baby is born between 37 and 40 weeks.

When a baby is born prematurely, they are more likely to experience health problems and may need to spend time in the neonatal intensive care unit (NICU). Even if a woman

has a "normal" pregnancy, there is still a risk of having a premature baby. Some known risk factors for prematurity, include:

- Previous premature birth
- Multiples (twins, triplets)
- Problems with uterus/cervix
- Chronic health problems
- Certain infections during pregnancy
- Alcohol, tobacco and drug usage



If a woman is experiencing a "normal" pregnancy and does not have any of the known risk factors, it is still important for her to go to her regular check-ups to ensure the health of the baby. Issues may arise, so it is important to be as prepared as possible and communicate with the physician during the entire pregnancy.

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Our specialists are the leaders in children's health care.

Jax and Piper were born 16 weeks early and were immediately rushed to the level III Neonatal Intensive Care Unit (NICU) at Miller Children's – where they were under the same roof as their recovering mother. Not even weighing 3 pounds combined, the twins were in the NICU for four long months of treatments and surgeries. Today, Jax and Piper are healthy 3-year-olds who love spending time with their family and building sandcastles.

From tip-top head to itty bitty toes, Miller Children's is the leader in getting kids better.

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Our specialty:
Neonatal Intensive Care

Their specialty:
Sandcastle Architects



Piper & Jax, 3-years-old,
 Miller Children's
 Level III NICU Patients

Leadership Long Beach

Leadership STEMs from Curiosity



Alexander Fuentes

*Junior, Class 2016
California Academy
of
Math and Science*

Curiosity is the compass guiding us to our passions, instigating us to explore the unknown, and leading us to developing major breakthroughs. From a transcendent retreat in Big Bear to a professional debate in the City Council chambers, Youth Leadership Long Beach's (YLLB) hands-on curriculum has challenged me to explore new heights while fostering a passion for learning and outreaching to others in the community.

As part of YLLB's mission on community trusteeship, we organized the third-annual RoboBowl, a VEX Robotics Competition tailored to LBUSD middle school students, inspiring exploration in STEM field careers.

Initially, there were a myriad of "moving parts" organizing the RoboBowl, an agenda that could conceivably span from Earth to the International Space Station. Fortunately, our youth and adult mentors were veterans of the organizational process.

To divide our responsibilities, we organized ourselves into committees. I felt at home in the Public Relations committee. I networked with organizations like Shared Science and NASA's Jet Propulsion Laboratory. These sponsors brought robots, hand-outs, and the inflatable Mars rover model, Curiosity.

In reflection of my year and as I brace myself for the upcoming YLLB graduation, I am forever grateful for the unique experiences that has fortified me into a more mature leader. I entered the program tentative of my own abilities, curious as to how I could develop emotionally and intellectually, and the program has opened my eyes to the abundant opportunities available. I have learned that



the program does not end with graduation; life will offer opportunities to apply my Leadership Long Beach skills, whether it be holding an open door or volunteering to organize a community event. Having the courage to explore myself and how I can contribute to the world around me will be the key to my future.

About Leadership Long Beach: Leadership Long Beach was founded in 1989 by some of our community's most influential and visionary stakeholders. These founders envisioned the formation of a civic improvement program that would serve the community by educating and motivating leaders on issues important to the future and sustainability of our city. The Youth Leadership Long Beach program was started in 1996 to give those same opportunities to the emerging youth leaders in our community. For more information, check us out at www.leadershiplb.org or www.facebook.com/leadershiplongbeach 743 Atlantic Ave., Long Beach, CA 90813 • 562/997-9194 www.leadershiplb.org



3rd Annual RoboBowl Competition held on Saturday, April 25 at McBride HS.



CathyLyn Brooks

The Past & Insurance Coverage

Once you have found a home or property that you want to buy, get the history of the insurance claims filed on the property. It may reveal problems that could require repairs in the future or allow you to better investigate repairs that have been made in the past.

There is a database known as the Comprehensive Loss Underwriting Exchange (CLUE) that is used by insurance underwriters to determine risk for a specific property. Those claims – whether paid or not – remain in the CLUE database for seven years. Insurance rates can be influenced by past claims, and insurance could even be denied.

Sellers are required to make a written disclosure about insurance claims on the property, but only to address the past five years. They also may not have owned the property for the past five years, so may not be able to answer this question fully. Should you purchase a home from a lender, or from an estate, the seller would also not be able to answer the question fully.

Your agent can request that the seller provide a CLUE report with the other items that are negotiated with your sales contract. The cost of a report is approximately \$20. A CLUE report can also be obtained for free once per year. Call 866-312-8076 for your free annual report on a property address.

A buyer who is armed with a CLUE report may be able to utilize information there to negotiate a better price, while a seller may want to show a report to prospective buyers, especially if claims resulted in repairs being made.

CathyLyn Brooks has been a local real estate broker since 1980, earning the advanced credentials of Certified Residential Specialist and Graduate Realtor through advanced education and sales volume. She has completed the American Bar Association's approved Paralegal certification and is an instructor at UCI in the Paralegal program. She also teaches real estate related courses in the extension program. The NASD, the NYSE, and the National Futures Organization have appointed her as a public arbitrator. Her degree is in finance and marketing from the University of Southern California. CathyLyn is affiliated with Main Street Realtors and can be reached at: 562/719-2530 or cathylyn@earthlink.net Consumers should seek legal tax advice from professionals in each field.



Jeffrey A. Napper
President & CEO

Tips for First Time Home Buyers (Part 1)

The excitement and challenges of buying a home for the very first time can seem so daunting especially if you don't know where to begin. With the proper tools and guidance, you can go through this life changing experience with as little stress as possible.

Below are some tips to make life easier when purchasing your first home:

Determine Your Needs and Goals: Determine the type of homeownership that meets your requirements based on budget and goals: a traditional single-family home, a townhouse, a condo or multi-family building with two or more units. Decide what will work with your budget and the size and needs of your family.

Budget: What is your price range and what can you afford? Come up with a realistic amount of how much you can put down for a deposit and what you can afford for your monthly mortgage payment. Be sure to evaluate the true cost of making those monthly payments along with property taxes and insurance in addition to your other monthly living expenses.



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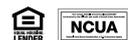
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Long Beach Unified School District



Christopher J. Steinhauser
Superintendent

High Schools Listed Among Best in U.S.

Several of our schools in recent weeks were recognized by both the Washington Post and U.S. News and World Report as some of America's top high schools.

Congratulations to our high schools on this well deserved national recognition. We continue to expand access to Advanced Placement college prep courses and exams so that more students can prepare for college and earn college credit while still in high

school, often saving families thousands of dollars in tuition. That's one of the main reasons our high schools perform so well in these rankings.

The Washington Post's newest rankings of America's best high schools includes seven schools in the Long Beach Unified School District. The 2015 rankings include schools in only the top 11 percent of the approximately 22,000 U.S. public high schools in terms of their ability to offer rigorous college prep instruction.

The Post calculates a Challenge Index by dividing the number of Advanced Placement, International Baccalaureate or other college-level tests a school gave in 2014 by the number of graduating seniors.

The report by the Post includes the percentage of students receiving subsidized lunches, a figure illustrating

the poverty challenges that schools face.

Local high schools' national rankings on the Washington Post report (with the percentage of students receiving subsidized lunches) are:

- 868 – Wilson (56% subs. lunch)
- 964 – California Academy of Mathematics and Science (47% subs. lunch)
- 1,068 – Millikan (52% subs. lunch)
- 1,246 – Poly (59% subs. lunch)
- 1,651 – Lakewood (50% subs. lunch)
- 1,811 – Renaissance (55% subs. lunch)
- 1,890 – Avalon (72% subs. lunch)

Rankings of America's best high schools released by *U.S. News and World Report* include six schools here, an all-time high for our school district on this list.

The California Academy of Mathematics and Science earned a gold medal, while five other high schools earned silver in these rankings.

The *U.S. News* rankings include data on more than 21,000 public high schools in 50 states and the District of Columbia. Schools were awarded gold, silver or bronze medals based on their performance on state assessments and how well they prepare students for college.

In these rankings, only the top 2.4 percent earned gold medals, and only 9.7 percent won silver.

To determine the rankings, schools were first analyzed on how well their students performed on state assessments, taking into account the test scores of disadvantaged students. High schools that made it through this analysis were then eligible to be ranked nationally in terms of college readiness, using Advanced Placement or International Baccalaureate test data as the benchmarks for success.

Local schools and their U.S. News rankings are:

- CAMS (gold) – state ranking of 19; national ranking of 125
- Avalon (silver) – state ranking of 151; national ranking of 799
- Wilson (silver) – state ranking of 228; national ranking of 1,130
- Millikan (silver) – state ranking of 291; national ranking of 1,417
- Renaissance (silver) – state ranking of 297; national ranking of 1,431
- Poly (silver) – state ranking of 393; national ranking of 1,812

In addition to the latest rankings that are based on 2014 data, newer data for 2015 from LBUSD show significant increases in the number of local students taking AP exams.

LBUSD students signed up for more than 10,000 AP college-level exams this spring, an increase of more than 41 percent over the last two years. The significant increase comes after concerted efforts to increase access to AP courses and tests.

As we wrap up another school year, I'd like to extend my best wishes to the Class of 2015. As you can see, these students are some of our best prepared graduates ever. I know they will have a tremendous, positive impact upon our world.

Established in 1990, **Zinsmeyer Academy** is a California State certified, nonpublic, nonprofit, fully accredited Western Association of Schools and Colleges (**WASC**) school, that provides excellent academic and vocational education services to children needing small class sizes and individual instruction and tutoring.

The school is co-ed, grades K through 12, offers CIF basketball and baseball.

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LBUSD Board of Education



**Diana
Craighead**
President

The Secret of Our Success

This school year has seen a lot of changes – from the way education is funded to how students are taught in the classroom. Even the way students take the standardized state tests has changed. State assessments are now conducted online. Gone are the days of the multiple-guess tests. The new assessments are aligned with the Common Core State Standards. One-time monies from the state made it possible to improve and increase computer labs throughout the district in preparation of this new assessment protocol.

Increased funding from the state has also made it possible to invest in our music program. Although our district managed to maintain a music program in the toughest financial times, it had been scaled back. The good news is that we were recently able to purchase instruments to the tune of \$350,000. We've even been able to allocate more than \$2 million for instrumental class instruction. Instrumental music is now being offered to all third-, fourth-, and fifth-graders once again.

In other music news, the Harmony Project is coming to Long Beach. This Los Angeles-based nonprofit dedicated to providing musical instruction to low-income students will debut this fall at Addams, Chavez, Edison and Harte Elementary Schools. About 20–25 students at each school will participate – making a commitment to take part in 10 hours of music instruction per week after school and on weekends through high school. With financial contributions from the community, we will be able to accommodate more students and expand this program to more schools.

Whether we're talking about a new music program or a new way of doing things, it takes more than just state funding to succeed. Providing a meaningful, educational experience requires the investment of time and talent from all stakeholders. Our true wealth lies in the richness of these resources, and this is the real secret of our success.

1515 Hughes Way, 4th Floor, Long Beach, CA 90810 • 562/997-8240

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Bancroft *Middle School*

STEP



Kimberly Dalton
Principal

By Lisa Nakama, Teacher

Bancroft Middle School is STEPing it up this year, using collaborative academic discussions as a way to help prepare students for high school and beyond! Students and teachers have learned how to have academic conversations that are appropriate and respectful. A team of teachers have been a part of STEP (Supporting Teacher Effectiveness Project), where they learned

the techniques and skills needed to help students speak effectively with their peers. The project includes weekly team meetings, collaborative discussions in the classrooms, tracking data, looking for promising practices, and observing each other in order to share ideas. The conversation skills the students are acquiring are necessary for the work place of the future, and will help students learn with each other more effectively while at Bancroft.

5301 Centralia St., Long Beach, CA 90808 • 562/425-7461
www.lbschools.net/bancroft

Bryant *Elementary*

On the Road to Success



Matt Hammond
Principal

Bryant students are running to achieve their goals. Through the Girls on the Run after school program, grades 3-5 girls participate in a valuable experience that builds confidence and teamwork, unleashes opportunities, and promotes a lifetime practice of health and fitness. Conversation-based lessons and enjoyable running games teach and encourage the students in ways that positively impact their lives now and



down the road. They meet together twice a week for 1½ hours and spend time running 30-40 minutes. The program culminates with a 5K event that celebrates the work and accomplishments of the students. These students are off and running and bound for success.

4101 E. Fountain St., Long Beach, CA 90804 • 562/498-3802
www.lbschools.net/bryant

Barton *Elementary*

Our STEM Expo



Richard Littlejohn
Principal

In April, Barton held its inaugural STEM Expo, a student-centered noncompetitive learning celebration in which students showcased what they learned in STEM (science, technology, engineering, mathematics) and the arts.

Students researched various topics, conducted experiments, and designed inventions, displaying their learning on science boards. Families and friends in attendance were very proud to see all the great learning happening here! One parent was overheard saying, “My child loves coming to school to learn about science!”

Various organizations donated time and materials to the Expo. Barton Students learned about robotics, solar cars, making music using fruit attached to computers, and learning about and touching native California creatures.

We're grateful to everyone who helped out. We look forward to next year's STEM Expo!

1100 E. Del Amo Blvd., Long Beach, CA 90807 • 562/428-0555
www.lbschools.net/barton

Burcham (*K-8*)

Stay Strong



Stacy Sanchez
Principal

Happy summer, Bobcats! It was an amazing year, and there are so many things you can celebrate this summer! You all worked so hard to master the Common Core State Standards and should be very proud. Remember to keep reading, writing in a journal, and practicing your math facts this summer. Stay strong so you are ready for the fall!



At the end of May, we honored one of our outstanding Bobcats, Dylan Poz! Dylan was named Burcham K-8 School's Most Inspiring Student for his hard work and commitment to academic excellence! Dylan not only works hard on his academics, but he exemplifies strong character and is an amazing friend. Congratulations, Dylan!

Have a great summer! School resumes on September 2!

5610 Monlaco Rd., Long Beach, CA 90808 • 562/420-2685
www.lbschools.net/burcham

College-Going Culture



Dr. Elio Mendoza **Alejandro Vega**
Co-Principal *Co-Principal*

*By Carlos Gershwin-Razo,
College and Career Facilitator*

As we continue to grow our college-going culture on campus, we have also included our parents in our efforts. This spring, we began a series of monthly workshops focused on information regarding the college process

and how parents can support their children's college goals.

Our first workshop in March was a hands-on session in our computer lab. Parents explored online college-planning resource websites and compared colleges. They were even able to take virtual college tours! Our second session was a panel of Cabrillo alumni who are current college students along with their parents. What struck our audience the most was hearing the parents share their joys and heartaches of having their children attend college away from home. Our third session focused on online financial aid and scholarship resources, and our last workshop was a presentation on the newly redesigned SAT exam and what parents need to know.

Overall, our workshops were a success, and as one parent commented after the online financial aid session, "I feel like I'm going home with a ton of valuable information! I'm happy!"

2001 Santa Fe Ave., Long Beach, CA 90810 • 562/951-7700
www.lbschools.net/

Our Great Programs



Cynthia Young
Director

Exciting things are happening these days at a Tincher Child Development Center (CDC). Our before- and after-school program is continuing to grow. Before we know it, we will be preparing for year-end celebrations, and we are looking forward to welcoming new students this summer!

We are continuing to accept enrollment to secure spaces for fall 2015 for new incoming Transitional Kindergarteners and kindergarten through fifth-grade students. These are very popular programs. To make sure you get a spot, we recommend that you enroll as soon as possible, preferably before the end of June.

Our fee-based pre-kindergarten program is really taking off! We are proud to have the class led by Collette Planzo, who brings over 20 years of experience in early childhood education, and Carolina Legazpi. These professional educators bring energy and enthusiasm to their classroom environment, which inspires children to learn and grow. The class started with eight students, and it has tripled in size to 24. Enrollment is available year round for this program, and it is open to three- and four-year-old children.

4310 Long Beach Blvd., Suite 200, Long Beach, CA 90807
562/422-6868 • www.lbschools.net/Main_Offices/Superintendent/Child_Development/

Carver *Elementary*

We've Gone Green!



Sarah Forrester
Principal

*By Heidi Hardy,
Speech Therapist
and Green Team
Advisor*

Carver Elementary is pleased to present our 2015 Green Team, made up of 35 fifth-graders who are

dedicated to recycling, reducing and reusing. On Thursday afternoons, they collect and sort campus recycling bins and have made sure that they're empty during activities such as Back to School Night, Open House and Carnival. They plant and maintain our Friendship Garden with the Garden Committee on their own time and purchased a hose wheel for the garden with the money they earned.

The Green Team encourages students to think outside the box to protect our environment and school. They



created necklaces made from bottle caps that cannot be recycled as another way to reuse everyday items. We're proud of our Green Team's accomplishments!

5335 E. Pavo St., Long Beach, CA 90808 • 562/420-2697
www.lbschools.net/carver

Cleveland *Elementary*

Scouts Volunteer



Ellen Ryan
Principal

*By Diane Rothery,
Former Cleveland Parent*

BSA Troop 134 and Cub Scout Pack 134 donated services to Cleveland Elementary on April 18th, Lakewood Volunteer Day. The boys and families of Pack replenished wood chips

at the front of the school, added new flowers to the school entrance planter boxes and planted new rose bushes near the Kindergarten playground.

The large planter boxes outside the same play area were rebuilt, repainted, and refilled by the young men of Troop, and are ready for Kindergarteners to plant and grow vegetables.

The school has a long standing history of benefiting from Troop and Pack activities including installing the



upper playground lawn, benches near the cafeteria, building storage units for Kindergarten classrooms, and projects to beautify the school entrance.

4760 Hackett St., Lakewood, CA 90713 • 562/420-7552
www.lbschools.net/cleveland

Dooley *Global Studies Magnet School*

Busy Campus



Nicole Howton-Chiles
Principal

*Nick Galanis,
Teacher On
Special Assignment*

Dooley continues to be a very busy campus full of learning opportunities for all children. On April 16, 2015, Dooley had a

phenomenal Science Fair put on by Sheila Hancock, one of our Fifth Grade teachers. Our campus was full of many innovative Science experiments created by our students. These experiments were presented to parents and students by the children who created them and after the presentations, selected parents, staff members, and spouses chose several winners who will attend the District Science Fair on May 16, 2015. Along with our Science Fair, we also had Robert Garcia, the Mayor of Long Beach, come to speak to some of our Second Grade students. Children



learned about his life and his work as Mayor. All were greatly inspired!

5075 Long Beach Blvd., Long Beach, CA 90805 • 562/428-7274
www.lbschools.net/dooley

Student Recognition



Maria Pilar Perossio
Principal

Franklin's end-of-school-year events will be recognizing student excellence in each discipline, and the achievements are many.

Our science department recently saluted 18 students at our school's last Science Fair. Students received medals for creating innovative experiments and unique Rube Goldberg inventions that promoted energy efficiency. Our parents will also be invited to exclusive history department assemblies where over 200 advanced history scholars will be receiving awards for their achievements. Our math scholars will also be recognized by their math teachers at a special barbecue luncheon.

The English department will soon facilitate its second annual spelling bee. All students will be participating, and each room's top three contestants will advance to exciting grade-level showdowns. A school-wide championship will then be presented on Wildcat TV.

The fine arts electives will also be showcasing student talent in the refined setting of the Museum of Latin American Art. Parents and guests will be able to enjoy the impressive work of our student musicians and artists.

Finally, our outstanding physical education scholars will be recognized for their physical achievements as well as their academic accomplishments. Pictures of the awardees will be placed in Franklin's Hall of Fame.

540 Cerritos Ave., Long Beach, CA 90802 • 562/435-4952
www.lbschools.net/franklin

Family Science Night



Mark Curran
Principal

On a picturesque spring evening in March, Fremont Elementary School hosted Family Science Night. This is an annual tradition, which is organized by science teacher Laura Malloy. Science comes alive in a fun-filled environment with various activities and exhibits. It is a unique opportunity for both scholars and their families to experience and learn together about scientific concepts. This year's theme focused on marine

science with many exhibits, including the Aquarium of the Pacific's mobile touch tank, a naturalist from the Cabrillo Marine Aquarium Whale Watch Program, a scuba diver from the Marine Science Institute, a naturalist from the Colorado Lagoon, and a representative from the Bald Eagle Restoration Project on the Channel Islands.

Fremont strives for excellence in supporting science and technology. This is achieved by continually fundraising to credentialed teachers in both the science and technology labs. Our kindergarten through fifth-grade scholars participate in weekly, standards-aligned lessons in both labs, which is evident in the excellent results on the California Standards Tests in science every year.

We are truly thankful for the support of our wonderful Fremont family.

4000 E. 4th St., Long Beach, CA 90814 • 562/439-6873
www.lbschools.net/fremont

Best Buddies



Luana Wesley
Principal

Last year when Holmes Counselor Kate Komatz wanted to find a way where all students could feel accepted, valued, and included, she created a new club called Best Buddies. Best Buddies are 4th and 5th grade students who volunteer to give up two lunch periods each week to work in special education classes reading, singing, and playing with students. With their teacher's and parent's permission,

Best Buddies complete three days of training which include tours of the classrooms, instructions on how to communicate with special needs students, and how to take direction from staff. Working together not only benefits our special education students and Best Buddies, it shows that everyone at Holmes is a valued member of our school community.

5020 Barlin Ave., Lakewood, CA 90712 • 562/633-4427
www.lbschools.net/holmes



Best Buddies practice Alphabet Yoga with friends.

Opportunities Abound!



Kathleen Cruz
Principal

Hamilton Middle School students participated in the US Navy's 2015 SeaPerch Underwater Robotics challenge, held at the University of Southern California's indoor pool. Twenty-eight schools built robots to compete in an obstacle course and ring-retrieval contest. The teams also did oral presentations of their prepared posters. Hamilton teachers began working with students in October to prepare for the challenges.

Fifty-five seventh- and eighth-grade girls from Hamilton recently visited Long Beach City College to attend the Science, Technology, Engineering, and Mathematics (STEM) Career Conference, organized by the Long Beach Branch of the American Association of University Women (AAUW). The conference opened with a speaker who inspired them to overcome difficulties and reach for their dreams. The girls then selected workshops, which involved hands-on challenges similar to those in science-related careers, such as chemical engineering, environmental science, audiology, civil engineering, and sustainability management.

The AAUW relies on teachers at each school to recruit and chaperone the girls. Hamilton has a particularly enthusiastic contingent composed of William Feliciano, Helen Ahn, Carolyn Holler, Blanca Tillett, Cindy Mendez, and Carrie Barrios.

1060 E. 70th St., Long Beach, CA 90805 • 562/602-0302
www.lbschools.net/hamilton

Jefferson *Leadership Academies*

School and Community Service



Kevin Maddox
Principal

*By Vanessa Van Dyck,
Science Teacher*

This spring our Go Green Club and Leadership Academies collaborated with community members to replant our former rose garden. Sarah Wiggins, a Millikan Girl Scout, added her vision of sustainability to a project started by Eagle Scout Andrew Moskovitz in 2013. LA County's Tree People and The Belmont Heights Neighborhood Association joined Jefferson for a "Day of Service" by planting these drought-resistance planters and raised vegetable planters.

For Earth Day, students made sustainability pledges and invoked our new Learning Garden with a green ribbon ceremony as Altrusa of Long Beach awarded winners



Art for Inclusion



Shawn Ashley
Principal



William Salas
Co-Principal

Jordan High's second annual Art for Inclusion Best Buddies Art Show and Sale took place in April at the Long Beach's Museum of Latin American Art (MOIAA), showcasing art created by students with developmental disabilities.



The students worked for weeks with support from artists Steven Amado and David Amaral and the Peer Buddies from the Best Buddies Chapter. The event included performances by Jordan's Latin American Dance Team and Grupo Folklorico Orgullo Mexicano. The Small Learning Communities ACE and ETA, the Latin American Society and ASB also helped make the event a success.

All proceeds went to Jordan's Best Buddies Chapter, which supports friendships between students with disabilities and their non-disabled classmates through social, arts and community volunteer activities. Special thanks to MOLAA!

6500 Atlantic Ave., Long Beach, CA 90805 • 562/423-1471
www.lbschools.net/

of our 9th annual essay contest – the theme was water conservation! In May, our Social Responsibility class and Go Green continued these efforts with a community clean-up.

750 Euclid Ave., Long Beach, CA 90804 • 562/438-9904
www.lbschools.net/jefferson

Hughes *Middle School*

Bike to School Day!



Dr. Sally Gregory
Principal

*By David Michaels,
7th Grade English Teacher*

To celebrate National Bike to School Day, the Hughes Green Team hosted two group bike rides from Los Cerritos Park and Somerset Park to Hughes. On May 6, approximately 60 students joined Hughes faculty members by riding bikes to school. 8th grade rider Maya DeSota said, "We kept a single file line, and we stopped at all stop

signs and lights. Several cars passing by gave our group a supportive honk, or shout of approval out their car windows."

Once the students reached campus, the Green Team hosted a breakfast reception for the riders. In addition, the first 60 riders who signed up for this event received a free t-shirt. Hoots to 8th grader Rebecca Beltran for organizing the ride and being an important student leader for the Green Team.

3846 California Ave., Long Beach, CA 90807 • 562/595-0831
www.lbschools.net/hughes



Hughes students ride to school from nearby Somerset Park.

Lafayette *Elementary*

Stock Market Winners!



Wendy Thompson
Principal

Students from Mr. Ramos' fifth grade classroom were honored at a ceremony for being the winners of the Stock

Market Game program.

This nationwide program was established by the SIFMA foundation, which is dedicated to fostering knowledge and understanding of the financial markets. The Stock Market Game program is an online simulation of the global markets for students that are in grades 4–12. The students started the online simulation program in October and were given \$100,000 to invest. The students worked collaboratively for many weeks to decide how to invest their money. They did this by studying trends and the individual stocks of various companies. Ultimately, they were awarded



the first, second, and third place for the elementary school division, for the session they participated in. Way to go Lafayette Lions!

2445 Chestnut Ave., Long Beach, CA 90806 • 562/426-7075
www.lbschools.net/lafayette

Lee Elementary

Safe School Drop-Off Zone



Caroline Nemeč
Principal

Lee 5th grade students are volunteering as greeters for our Safe School Drop-off Valet program!

Each morning five 5th graders gear up in their orange safety vests and report to duty at the designated Safe School Drop-off zone. There they open doors, greet students and their families with a welcoming “good morning”, and wish our parents a good day.



Parents have been asking for the valet drop-off program so we got it up and running! We have received very positive feedback and our parents are using the safe drop-off zone daily. School Safety joined us for the kick-off of the program at the start of trimester 2. Way to go Lee students and parents!

1620 Temple Ave., Long Beach, CA 90804 • 562/494-5101
www.lbschools.net/lee

Lincoln Elementary

Pajama Program



Christi Granado
Principal

By the Third-Grade Students of Room 17

Mrs. Adams challenged us to find a way to make a difference in someone’s life. Then we heard about the Pajama Program, which provides new pajamas and new books to children who live in group homes, shelters, and temporary homes. Most of these children have never enjoyed having a parent tuck them in at bedtime with warm, clean pajamas and a bedtime story.



We donated the pajamas, and a book publisher donated the books. We also brought spare change to purchase pajamas and asked our friends and family members to donate, too. Our goal was to donate 30 pairs of pajamas, and we ended up donating 44!

How will you make a difference in someone’s life?

1175 E. 11th St., Long Beach, CA 90813 • 562/599-5005
www.lbschools.net/lincoln

Lindsey Academy (6–8)

MESA



Lorena Moreno
Principal

Lindsey is proud to offer MESA (math, science, engineering achievement) as an accelerated elective for seventh- and eighth-graders. MESA introduces the engineering design cycle as a method to identify and solve problems. The MESA program is nationally recognized for its innovative and effective academic development program for science, technology, engineering and math (STEM) fields.

MESA students collaborate as a team to design and build engineering projects for the regional competition in

the spring semester. Projects are completely structured and student created. This year, the projects included bridge structures, mousetrap-powered vehicles, model science and balsawood gliders. Students develop their problem-solving skills through analysis of their own work and observation of their peers’ work.

As an extension of the MESA program, our students have the opportunity to be a part of the VEX robotics team. The students work together to design, build and program a moving robot to compete against other Long Beach middle schools. We had two robots this year ready for the CAM’s invitational in March and Robo Bowl in April at McBride High School.

5075 Daisy Ave., Long Beach, CA 90805 • 562/423-6451
www.lbschools.net/lindsey

Lindbergh *STEM Academy*

Robotic Rock Stars!



Connie Magee
Principal

The 2015 RoboBowl, is a Robotics Competition, which took place at McBride High School on April 25, 2015. Our very own Lindbergh STEM Academy Robotics Teams were awarded first and second place, competing against

Stanford, Bancroft, Lindsey, Tincher, Hill, Jefferson, Hamilton, Marshall, Hughes, Henry, Robinson, Washington and Powell.

Our First place team, scored 262 points, Second scored 226 and the next nearest school was 140 points for Third place. These students are dedicated and determined in their robotics studies, attending zero period robotics class, and spending any extra time they have during the



day researching and working on their robots. A special thank you to Mr. Dizon and Mr. Martens, for leading this exemplary team of competitors.

1022 E. Market St., Long Beach, CA 90805 • 562/422-2845
www.lbschools.net/lindbergh

Longfellow *Elementary*

The Clean Team!



Laurie Murrin
Principal

Stroll around campus and you'll notice a sparkling clean school. For this, we have three wonderful classified employees to thank: our custodial supervisor, Dave Guria, and our night custodians, Sandra Lovos and William Faulk. Together, they represent 60 years of custodial experience!

Dave Guria was hired by Long Beach Unified School District (LBUSD) in 1994. Before working at Longfellow Elementary School, Mr. Guria served 13 years in the Marines. Always ready with a kind word, Mr. Guria enjoys working with the Longfellow staff and helping all 1,100 Longfellow Lions.

Sandra Lovos has worked in LBUSD for 14 years. Responsible, conscientious, and helpful are the words teacher Trish Flynn used to describe Sandra.

Last but not least, William Faulk rounds out this fantastic team. The fourth-grade teachers all agree that William keeps their hall squeaky clean and is always willing to help. Before coming to Longfellow four years ago, William worked at Burroughs Elementary School for over 30 years.

Teacher Marynelle Evans said, "Besides being very, very nice, our custodial team works very, very hard. We think William, Dave, and Sandra are the very, very best."

3800 Olive Ave., Long Beach, CA 90807 • 562/595-0308
www.lbschools.net/longfellow

Los Cerritos *Elementary*

Roadrunners Race Towards Road Safety

By Laura Scully, Grade 1 PALS Teacher



Marie Hatwan
Principal

Los Cerritos Roadrunner Scholars got closer to the finish line of road safety with tips from Long Beach Grand Prix driver Tristan Nunez at a recent school assembly. The assembly was part of a safety program called Project Yellow Light, where celebrity drivers educate students about being safer car passengers. Students asked questions about racing, driver's safety gear, and safety in the family car. They were encouraged to speak up with family and friends about texting or phoning while driving. Arriving safely at your destination safely makes you the winner, both on and off the race track.



515 W. San Antonio Dr., Long Beach, CA 90807 • 562/595-6337
www.lbschools.net/loscerritos

MacArthur *Elementary*

Fit-A-Thon



Scott Fleming
Principal

On April 28, MacArthur held the Fifth Annual Fit-A-Thon, which is a school wide fundraising event that encourages our students to get active and stay healthy. We promoted the message of “Healthy Eating + Healthy Body = Healthy Minds.

Community partners, including student athletes from Long Beach City College and fitness oriented businesses, volunteered their time and services to work with our students

on varying athletic activities. The stations included Cross Fit, Martial Arts, Dance, Basketball, Soccer, Football, Volleyball, circuit training and many others. This year, our families raised close to \$9,000. Those funds will be used to support school programs and our young student scholars.

6011 Centralia St., Lakewood, CA 90713 • 562/420-3588
www.lbschools.net/macarthur



Mann *Elementary*

Academic Mentors



Donna McKeenan-Marr
Principal

Throughout this past year, at Mann Elementary, you would see young adults (college age) sitting side by side a student in the hallways and classrooms working on a variety of academic areas. These “Academic Mentors” have been strategically matched with students that may be struggling with either academic or social needs. Through the Long Beach BLAST (Better Learning for All Students Today) Program many students

are being tutored by these trained academic mentors. An academic mentor is a trusted and influential person who is also a consistent, caring and committed role model. These BLAST volunteers are able to emphasize the importance of academics and encourage their mentee’s success.

This partnership between the BLAST Program and Mann Elementary has made an important difference in the academic and social gains for every student that has been involved. This month Mann Elementary is being recognized by the BLAST Program as the “Partner of the Year” due to the over 70 mentors that have been working with students for several hours each week throughout the school year. It is a tremendous honor and a wonderful program that has made a difference in the lives of so many students and mentors.

257 Coronado Ave., Long Beach, CA 90803 • 562/439-6897
www.lbschools.net/mann

McBride *High School*

McAREC Club



Steve Rockenbach
Principal

Most people know about McBride pathways—Engineering, Criminal Justice and Health Medical but may be surprised that in our first two years and with only 400 students, we’ve developed over 20 clubs! From the unique, like Paranormal Club and Not So Ordinary Club, to the classics, like ASB and Yearbook, they’re centered on student interest and leadership.

In the McBride Amateur Radio Emergency Communications Club (McAREC), students learn how to use radio equipment, work toward their FCC licenses, participate in international radio contests, and prepare



McBride students Brandon Cramer and Antoinange Monaus compete in the Rookie Roundup Radio Contest in April.

for community emergencies. In the Rookie Roundup Contest in April, McBride earned the highest state group score, making radio contacts in 18 states, Canada, Mexico, New Zealand and Argentina. Next year, McAREC hopes to contact astronauts on the International Space Station.

7025 Parkcrest St., Long Beach, CA 90808 • 562/425-3539
www.lbschools.net/mcbride

Marshall *Academy of the Arts*

The Marshall Garden



*By John Nhan,
Assistant Principal*

What do you do with a drab, boring, and barren area on campus? You beautify it by planting a garden.

Michael Navia
Principal

With the help of our Dads of Great Students group (DOGS), our PTA, the Student Council, and a donation from the L.A. County Department of Public Works (Ms. Beverly Jones), Marshall Academy established its first garden in March. Four fruit trees and various types of vegetables are filling our raised planter beds!

In addition to beautifying our campus, the garden will also be used by the classrooms of Ms. Sandsted and Ms. Sok to help bring the science curriculum to life. Keeping the garden lush and green will be a joint effort between our Student Council, the DOGS, the PTA, and even a local church that uses Marshall for its Sunday service.



Marshall cannot wait for its first harvest of the leafy vegetables and tasty fruit trees!

5870 E. Wardlow Rd., Long Beach, CA 90808 • 562/429-7013
www.lbschools.net/marshall

McKinley *Elementary*

McKinley Celebrates Autism Awareness



By Tabatha Goodwin, SDC Teacher

McKinley students, teachers, and families joined together in April to celebrate Autism Awareness Month.

This year McKinley welcomed three autism-focused SDC classes, and our school community also joined together to generate student awareness of autism. Parent volunteers hung blue ribbons around the school fence, and our students and staff

members wore blue puzzle-piece ribbons every day to show their support.

But more than just showing blue on campus, our teachers also took time to enrich their students' lives with important information about autism. They shared facts, videos, and stories about being friends to children with the condition. Behavior therapists also spoke to each class about how children with autism learn.

Posters and true-and-false interactive boards decorated our hallways. Each student also created a puzzle piece that showed how they were unique.

All of our students participated in activities that helped them learn how much everyone has in common! Together as a school, and as a community, we celebrated how each child is unique and that all children can be friends.

6822 Paramount Blvd., Long Beach, CA 90805 • 562/630-6200
www.lbschools.net/mckinley

Millikan *High School*

PTA Teacher of the Year



Dr. Jeffrey Cornejo
Principal



Monica Daley
Principal of Instruction

The Millikan High School History Department co-chair, Timothy Mulvehill, was celebrated at a recent PTSA meeting as the organization's Teacher of the Year. He is slated to be recognized at the Lakewood Country Club, where PTSA will present him with a \$300 classroom grant.

Mulvehill was selected based on an essay contest for students and teachers. Two entries were written in support of Mulvehill, who teaches in the QUEST Academy. One essay, was written by a colleague. The other was written by a student, who commented that Mr. Mulvehill utilizes many different teaching strategies to reach all learners in his Advanced Placement World History Class. "Mr. Mulvehill makes class a place where you can not only have some laughs, but you can immensely grow your knowledge about world history by using different learning techniques," the student noted. "He is a hardworking, funny, amazing teacher."

2800 Snowden Ave., Long Beach, CA 90815 • 562/425-7441
www.lbschools.net/

Most Inspiring Student



Lori Clark
Principal

8th grader Thao Nguyen came from Vietnam in 4th grade and spoke very little English. Since then, she has taught herself English and worked hard to be a straight “A” student. Next year she will be attending the prestigious Poly PACE program. In addition to her academic achievements, Thao has been a mentor to other English Language Learners in our middle school and a teacher’s aide in a primary Special Day Class since 6th grade. Thao Nguyen is tenacious in pursuit of academic excellence and dedicated to helping others achieve their potential.

Long Beach College Promise Recipient

Since the time Aaliya Coleman-McNeal entered the EDGE program, she has put forth great effort. With perseverance she has made tremendous gains. Aaliya has put in the extra studying hours to achieve her academic goals, resulting in considerable growth with her grades over the past three years in middle school. She currently has all A’s and B’s. She is Muir’s recipient for the Long Beach College Promise Award.

3038 Delta Ave., Long Beach, CA 90810 • 562/426-5571
www.lbschools.net/muir

Newcomb Academy (K-8)

Gods and Goddesses



Wendy Sowinski
Principal

*By Brian Stevenson and Kistna Ath,
Yearbook student contributors*

On the morning of May 1, Newcomb sixth graders came to school wearing elaborate costumes to participate in Greek Day. A Newcomb tradition, students dressed up, brought in posters, and gave speeches about the mythological character they researched. They also held a “feast of the gods” with

stuffed grape leaves, baklava, dried figs and other tastes from the region. This was the culminating activity of their unit on Ancient Greek history where they worked on their research, reading, writing, presentation of ideas, and public speaking skills.

7020 E. Brittain St., Long Beach, CA 90808 • 562/421-8851
www.lbschools.net/newcomb



VITA Tax Program



Diane Prince
Principal of Instruction



Victor Jarels
Co-Principal

*By Ryan El Khoury,
Poly High Life Staff Writer*

Poly's VITA program underwent its busiest times at the end of the tax season. VITA, short for Volunteer Income Tax Assistance, is an IRS-backed school program that allows people of lower-income to get their taxes done for free by student volunteers.

The 15-year-old program was adopted by Poly three years ago with the help of teacher Daniel Adler and student Jamie Gracie. Volunteers learn how to file federal and state income tax returns either online or through Mr. Adler's program.

"It does take time to learn...but I'm glad to be able to provide such a valuable service," said Nathan Bousfield, a VITA student participant.

VITA's success comprises an average of 15 returns filed per day. Poly's VITA has completed over 300 returns this year so far, greatly surpassing last year's total of about 200 returns.

Adler has plans for VITA to be more expansive with the introduction of a dedicated app and the integration of the Affordable Care Act into the program. .

1600 Atlantic Ave., Long Beach, CA 90813 • 562/591-0581
www.lbschools.net/poly

Powell *Academy (K-8)*

Eagles Soar with Math & Reading



Wendy Claffin
Principal

Powell hosts family events throughout the year to encourage a sense of community and life-long learning. In December, at our Bedtime Story Night, students, parents, and staff in pajamas shared favorite stories with a glass of milk and cookies. In January, our gym was filled with families completing Math Challenges for our Family Math Night. This past week, students got into the reading spirit During Read Across America Week.



Students and staff participated in a "read-out" by taking their favorite books outside to enjoy a time of reading together. The PTO supported the event with special books for each grade level. Special thanks to all of our committee members for their hard work in ensuring that at Powell, our Eagles Soar to Success!

150 Victoria St., Long Beach, CA 90805 • 310/631-8794
www.lbschools.net

Prisk *Elementary*

Prisk Science Fair



Damon Jespersen
Principal

Science is a cherished area of study at Prisk. On April 2nd, Prisk held its first annual School wide Science Fair. Hundreds of students' projects were on display throughout our campus. Students in grades 3-5 submitted their own projects, while students in Kinder through second grade worked together on class projects.

Scholars spent the entire day touring classrooms, while students explained their inventions, research, and experimental projects. Several district officials served as judges during the day. All were very impressed with the subject matter knowledge and presentation skills exhibited by our Pioneers. Results were tabulated, awards were presented, and several of our students will represent our school at the district Science Fair. Science is alive and thriving at Prisk!



2375 Fanwood Ave., Long Beach, CA 90815 • 562/598-9601
<http://prisk-lbusd-ca.schoolloop.com>

Renaissance *High School for the Arts*

Schoolwide Music Video



Quentin Brown
Principal

In an effort to collaborate across the art disciplines and promote the school, Renaissance High School for the Arts made its first promotional video! In true Renaissance fashion, the movie is a lively, artistic and unique portrayal of the school's atmosphere and the classes they have to offer.

The student-led production team consisted of three senior choreographers



Senior student choreographers Dennzyl Green, Donielle Hall, and Javen Phillips.

235 E. 8th St., Long Beach, CA 90813 • 562/901-0168
www.lbschools.net/renaissance

and four senior video crew members. These students have collaboratively created a music video to the song "Uptown Funk," featuring classes of students and teachers from each art form: dance, theater, visual art, costume design, stage crew, instrumental music, choir, vocal jazz and digital art. Hope you've seen and enjoyed it!

Riley *Elementary*

Most Inspirational Student



LaShell Diggs
Principal

Riley's Most Inspirational Student for 2014-2015 is third grader Mason Legaspi. Mason is a resilient, hard working and compassionate student. Despite dealing with a loss in his life, he continues to display his kind, positive demeanor daily, inspiring us all at Riley School. Mason also serves the school by participating in student council as a classroom representative. He always follows the school rules and constantly looks for ways to help others.



Mason Legaspi

Congratulations To Our Most Inspirational Student, Mason Legaspi!!!!

3319 E. Sandwood St., Lakewood, CA 90712 • 562/420-9595
www.lbschools.net/riley

Robinson *Academy (K-8)*

BARK Therapy and Spirit Week



Dr. Damita Myers-Miller
Principal

Judging from their expressions, we had some happy students at Robinson Academy this month. Students in Ms. Brown and Ms. Love's first grades cuddled up to Dutch, a Labrador service dog. Dutch is part of BARK Therapy, an all-volunteer program in Long Beach that supports students' reading skills and self-confidence.

During school spirit week, the ASB brought JROB pride to another level. Students wore outfits that fit a different theme each day: sports jersey day, super hero shirt day, and check out our twin day Mutant Ninja Turtles!



So with school spirit, and a little help from our canine friends, Robinson continues on our journey to motivate students towards success!

2750 Pine Ave., Long Beach, CA 90806 • 562/492-6003
www.lbschools.net/robinson

Signal Hill *Elementary*

Eye on Design at Signal Hill



Tammy Lavelle
Principal

By Kristine Diehl, third grade teacher

Have you seen the tile mosaic hanging in the front hallway at Signal Hill Elementary? This beautiful public art piece is the enduring legacy of this year's third grade class. Focusing on dinosaurs and Long Beach history, each third grade student was given the opportunity to brainstorm and draw ideas for the art piece. Our amazing Eye on Design teaching artist, Candice Gawne,

compiled student drawings onto a canvas. From there, each tile of this beautiful art piece was carefully and strategically placed by third grade students. In May, the mosaic was revealed to the public during a whole-school unveiling ceremony. Crafting the tile mosaic provided our third grade students the opportunity to creatively give back to their community.

2285 Walnut Ave., Signal Hill, CA 90755 • 562/426-8170
www.lbschools.net/signalhill



Twain *Elementary*

Putting On a Show



Jacqueline Williams
Principal

By Gail Testa-Del Gaudio

The Twain Talent Show was a sold-out event for our Bancroft auditorium in February. It featured 29 individual acts, including 76 dancers, singers, gymnasts, actors, and musicians. Tessa and Frank Murray, our Talent Show Chairpersons for 15 years, encouraged each participant to challenge themselves to a higher level of performance.

Additionally, over 60 Twain fifth-graders enjoyed collaborating on an unprecedented

act about moving on to middle school. Carlos Del Gaudio, Maria Haubrich, Mike Rorwick, and Ann Yates were the lead committee members that inspired the students to produce a performance that they could be passionate about. Many special thanks go to the Murray family, Dena, and the rest of our wonderful Twain parents for providing supervision at rehearsals and much behind-the-scenes assistance.

It was a remarkable evening for the Twain community to be able to share the joys of our many talented, creative, and socially responsible children.

5021 E. Centralia St., Long Beach, CA 90808 • 562/421-8421
www.lbschools.net/twain

Smith *Elementary*

Smith Family BBQ



Monica Alas
Principal

We at Bobbie Smith Elementary are a family between the school and community. We make sure our parents always feel welcomed and at home. On Friday, May 15th we celebrated family, with our annual Smith Family BBQ and Mother's Day celebration. All our students, faculty and community were invited to have hot dogs and hamburgers in the cafeteria provided by LBUSD's Nutrition Services. As part of the celebration, mothers were read poetry by our students in honor of Mother's Day. Students, parents and teachers enjoyed a delicious lunch and shared wonderful memories at the same time. This was another great event at Smith!

565 E. Hill St., Long Beach, CA 90806 • 562/595-9466
www.lbschools.net/burnett

Stanford *Middle School*

Hands of Stone

Dr. David Costa-Principal

Stanford Middle School's advanced choir of 50 8th grade boys and girls, had the exciting professional opportunity to record vocals and scenic sound effects for the upcoming movie, *Hands of Stone*, about the life of boxer, Roberto Duran. The film stars Robert DeNiro, and Usher.



Stanford choir watches the playback of the scene they are dubbing.

The singers worked with Hollywood professionals responsible for post-production sound design and dialogue editing. The singers provided the vocals for a scene at the US embassy in Panama where children are singing the Star Spangled Banner. They also got to show their acting skills when they created a variety of crowd sounds for the film. The sound designer complimented the students' poise and professionalism. Watch for us on the red carpet next Fall!

5871 E. Los Arcos St., Long Beach, CA 90815 • 562/594-9793
www.lbschools.net/

Tincher Preparatory School (K-8)

Parade of Colleges



Rosemary Sissons
Principal

In keeping with Tincher's focus on college readiness and "College Bound" atmosphere, we added a new twist to 'GEAR UP for College' Week. Each classroom researched a university. Every day new information was added to the class's research including: date of founding, mascot, entrance requirements, specialized programs, required SAT scores, and school population. Middle School classes

created window sized posters representing institutions of higher learning from across the country. Every classroom created a poster representing their selected college to present at our "Parade of Colleges" which included all Tincher scholars from TK - 8th grade. The highlight of the event is awarding three Education Trust Awards (scholars \$2000 for post-secondary education) to middle school students.

1701 Petaluma Ave., Long Beach, CA 90815 • 562/493-2636
www.lbschools.net/tincher



Tincher Students hold their first Parade of Colleges.

Stephens Middle School

A Super Science Fair



Salvador Madrigal
Principal

What an exciting evening as Stephens held our school wide Science Fair on Wednesday April 29th. Over 150 students attended, proudly displaying their projects. We had many parents

and family members also in attendance, and they were just as excited as the students. 18 staff members volunteered their time, reviewing the projects and giving students positive feedback as well as suggestions for their next project. All students received a ribbon for their participation. 33 of our students were chosen to attend the District Science Fair on May 16th at Cabrillo High School. We are proud of our hard working students and their accomplishments.



Several of our hard working students and teachers who participated in our fair.

1830 W. Columbia St., Long Beach, CA 90810 • 562/595-0841
www.lbschools.net/stephens

Whittier *Elementary*

We Put the FUN in the U.N.



Lori Grady
Principal

*By Nancy Jo Rettig,
Counselor*

LBUSD prides itself on our diverse population of students and teachers, yet few of us have the luxury of being world travelers. However, if you

look around the Whittier campus, there is a wealth of knowledge and history pertaining to everywhere from Cambodia, China, Ireland and even Germany.

Pictured in the center wearing his “kama” (scarf) from Cambodia is Chaimongkon Visith, grade 5 who was pleased with the turnout. “I was surprised how many kids participated! They brought flags, food and even outfits from their homeland.”

Marina Nhean, grade 3, commented, “Sometimes your wardrobe shows your personality.”



Paul Shewmaker, grade 3, added, “I like that it brings people together.”

What a fitting time to celebrate “International Day” - on Valentines day.

1761 Walnut Ave., Long Beach, CA 90813 • 562/599-6263
www.lbschools.net/whittier

Washington *Middle School*

Reducing Tardies



Megan Traver
Principal

“Be on time and ready to shine!” This Washington Middle School catchphrase encourages our students to get to class on time. Our Safe and Civil Team met last summer to develop ways to improve important systems and processes at Washington. One of our focus areas included decreasing tardies, which increases time in class and time on task.

Our teachers have committed to standing in their doorways every passing period to greet their students and encourage other students to get to class. Administrators are located in strategic positions to support the flow of student traffic. Teachers spend the first few minutes of their conference periods escorting any tardy students.

Our hard work has paid off! Compared to last year, we have seen a 13-percent decrease in tardies to first period and a 40-percent decrease in tardies to second- through sixth-period classes. This is a huge success for us, which could not have happened without our awesome staff working together as a team to make Washington a place where we really are on time and ready to shine!

1450 Cedar Ave., Long Beach, CA 90813 • 562/591-2434
www.lbschools.net/washington

Wilson *Classical High School*

Wilson Athletic Signing Day



Sandy Blazer
Principal



Gonzalo Moraga
*Principal of
Instruction*

*By Kevin Saenz,
Loudspeaker Opinions
Editor and Senior*

It was an especially great day to be a Bruin on Monday, April 20 when Wilson Athletes walked into the auditorium for the annual athletic signing event. In total, there were 35 students on stage representing 13

different sports who planned on going from anywhere from LBCC to New Jersey's Princeton University. Seventeen Bruins will be attending NCAA Division I universities.

Some students, including Wilson baseball catcher Chris Betts, even plan on graduating from Blair Field to playing professionally. Betts' teammate, Jay Rohman, plans on playing for the Dirtbags at CSULB, which has given the MLB the most players for the fifth season in a row. Additionally, Wilson has had an Olympian in every Summer Olympic Games since 1952 with 37 Olympians in total.

Another well-represented sport was boys and girls water polo. Six individuals will be playing for their college, including boys team captains Zach D'Sa and Jake Gulian who will fight alongside the USC Trojans and star player Sarah Sheldon, who will continue being a Bruin at UCLA. It's clear that the sky's the limit for these students!

4400 E. 10th St., Long Beach, CA 90804 • 562/433-0481
www.lbschools.net/wilsonhs

Preparing Students for Success



David Perram
Director of Student Affairs

Westerly School is a forward thinking community regularly identifying trends in education that foster skills necessary to prepare our students for success in today's world. STEAM education (Science, Technology, Engineering, Art, & Mathematics), is a prime example. A blend of pedagogy and curriculum that exposes students to relevant subject matter while developing skill sets preparing them to be well rounded and agile members within a variety of professional communities.

STEAM provides students with a challenging learning environment that allows them to investigate a problem of interest, share their curiosity about such topics and, take the STEAM steps to building knowledge and developing crucial thinking and self-confidence skills in a collaborative environment. Westerly embraces this process as a community and has just finished its third year of an all-campus STEAM fair. Students from kindergarten through eighth grade all participate in the annual celebration by displaying and presenting their projects to classmates, family, and friends. From the Kindergarteners Leprechaun traps, to the 8th grade roller coaster prototypes, the school was buzzing with engaged students making sense of the world around them.

Toddler Preferences – iPhone vs. Play Phones

By Kaaya Batra, Fifth Grade Student



Kaaya and her presentation board at the school's annual STEAM Celebration.

Westerly's 2015 STEAM Fair was an amazing experience. It boosted my self-confidence, expanded my knowledge, and made me feel like I can change the world. Inside, I know that I worked hard; and that my work paid off. Now, I feel that if I put my mind to it, I can take any question or problem in the world and solve it.

My project was titled iPhone Phones. The purpose for this project was to see whether toddlers 2-4 years of age prefer to play with iPhones, play phones, or realistic toy phones, called Yphones. This all began when I was "Face-timing" my little cousin Serena, and noticed that she wanted to play music from an iPhone. Because of this, my prediction for this experiment was that toddlers would prefer the iPhone, over the other two.



Kaaya working with her test subjects at the local preschool.

I tested my subjects at two different locations. The first was the Alpert Jewish Community Center; and the second was Montessori Children's House. When I first arrived at these locations, I set up the iPhone 5, Little Tikes Play Phones, and Durherm Yphone on a table. Then, I called the toddlers one by one to observe them playing with the phones for five minutes. Next, I asked which their favorite phone was and gave them a sticker to thank them for participating. After analyzing all my data, I discovered that 48% of the toddlers favored the iPhone. I also learned that the majority of boys liked the iPhone, only girls preferred the play phone, and an equal number of boys and girls chose the Yphone. Since the American Academy of Pediatrics doesn't recommend screen time for kids under age two, I think it would be worthwhile to have toy companies create more phones like the Yphone, except with a swiping capability, since that's what seemed to generate interest with my subjects. This process was very challenging, yet very exciting.

Overall, I think the STEAM Celebration gives all students an opportunity to address our curiosity and find answers to our countless questions. Students can also become excited and enthusiastic about a fun and challenging learning experience.

Westerly is a Nonprofit, Nonsectarian Independent School
2950 E. 29th St. Long Beach, CA 90806 • 562/981-3151
www.westerlyschool.org

Note-ables

Backyard Garden



Kate Karp

The idea of sustainability coupled with eating a healthy diet has been gaining steady momentum in communities across the country. The concept is becoming part of the curriculum of an increasing number of elementary schools. Community gardens and rooftop beekeeping have been established in cities, and it's not uncommon to find classes and entire schools planting gardens on campus.

Earthworm Ensemble, a group of family musicians, integrates this lifestyle into their new collection, *Backyard Garden*. The CD is a sprightly collection of country-rock tunes with a narrative of growth for both plants and youngsters.

Everything our planet needs has a tribute on the CD, be it ladybugs, wind and compost or compassion and responsibility. The title tune expresses the joy of growing, harvesting, cooking and eating and getting dirty in the process. "Bees Make Honey" arranges strings and lyrics to create a worthy hymn to the busy workers and also includes essential vocabulary for young people: *cross-pollination, drone, worker bees*. "Chicken Coop" informs



listeners that backyard chickens are free range and quite content, and it would be lovely if all poultry were raised this way. "Reduce Reuse Recycle" turns an omnipresent motto into a steel-guitar-embroidered song of hope for the planet and its young residents.

Summer's here, and it's time to tend the garden, whether it's a rural, suburban or urban one. *Backyard Garden* is a brisk and bouncy accompaniment to a favorable combination of Mother Nature and human nature.

Kate Karp is an editor for *School News Roll Call* and a freelance writer and editor.



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Camp



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Arts Council for Long Beach

Middle School Students Art on Exhibit

By Kylee Yocky, Director of Arts Learning

The Middle School Biennial Exhibition at Long Beach Museum of Art showcases 100 brightly colored works of art created by students from 10 different Long Beach Unified middle schools. The theme of the exhibit is Reading That Ignites the Imagination, so some of the pieces illustrate scenes from popular literature such as “Moby Dick,” “The Hunger Games” trilogy and the “Harry Potter” series. “The students are just so happy to do this,” Lisa Marsh, Director of Education and Visitor Services at the Museum said. The



**Lisa Marsh, Long Beach Museum of Art
Director of Education and Visitors Services
and Middle School Biennial Exhibition.**

350 Elm Avenue, Long Beach, CA 90802 • 562/435-2787
www.artslb.org

Museum would like to thank the Miller Foundation for supporting education programs at the Museum and throughout the city. Congratulations to all participating students!

Going Green! – Word Search Contest

Rules! One word in the list is NOT in the word search.
When you have completed the word search, one word will be left
and that word you email to: Kay@schoolnewsrollcall.com
(Please put RBUSD in the subject line)

Entries must be received by July 15, 2015

From the correct entries one name will be drawn to win a \$20 gift certificate redeemable at Barnes & Noble.

- | | | |
|--------------|-----------|----------------|
| Carpool | Future | Reduce |
| Compost | Garden | Renewable |
| Conservation | Healthier | Resources |
| Difference | Impact | Respect |
| Eco Friendly | Low Waste | Responsibility |
| Efficient | Planet | Reuse |
| Emissions | Process | Solar |
| Energy | Protect | |
| Environment | Recycle | |

**Congratulations to Harley Sayers
last issue winner!**



Literacy Project Foundation



Reading is Fun!

By Sue Tucker, President/CEO

Second grade students from Willard Elementary School were honored in front of their proud teachers and family members for graduating from The Literacy Project's (TLP) 10-week reading program. The students were awarded a certificate for their academic achievements, along with a phonics game and a children's book to take home



to encourage them to practice reading even after they completed the program. In addition, Weinerschnitzel supported TLP and the second grade students by bringing its mascot, TDO (The Delicious One), who passed out toy cars and Weinerschnitzel coupons at the graduation ceremony.

Since 2009, TLP has helped more than 3,000 struggling readers by providing its signature reading program at "no cost" to schools in our community!

For more information, visit www.literacyprojectfoundation.org.

The youth of tomorrow can only become the legacies of progress if we teach them to read.

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By Pamela Seager, Executive and Project Director

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By Pam Carlson, Children's Librarian

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for fun and perhaps challenge yourself to try harder books. Parents and kids may choose to compete against each other to see who can read the highest amount of minutes. A schedule of events will be available soon at all libraries. Or look on our website at www.lbpl.org. We are also on Facebook.

Main Library 101 Pacific Ave., Long Beach, CA 90822 • 562/570-7500
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From The Boathouse



Jack Nunn

A Family Rowing Tradition

Ever since Dana and Will Boudreau were young, they knew they could never leave the water. Dana started sailing sabots in Alamitos Bay when he was eight and raced boats for the next seven years. In high school, a need for physical education credits brought Dana to Long Beach Junior Crew (LBJC) after his twin brother, Will, who rows in the Varsity 8, suggested coxing might be a good fit for him. Dana immediately had a knack for it. He jumped from novice to varsity in his first year and finished seventh with the Men's Lightweight 8+ at the 2014 national championships, all in just a couple of months.



Dana Boudreau

When the 2015 season started, Dana knew he wanted to join the lightweight boys again. He has been through thick and thin with some of them, and he has gained trust with his teammates that he does not have with any other group of people. At the 2015 San Diego Crew Classic,

Dana coxed the lightweight 8+, and their start was not the best. However, Dana told the boys to get the rate up, and they snapped into rhythm. At the 1,100-meter mark, Dana called their planned move of five extra strokes, coming up on the outside lane. Now, with 500 meters to go, they were gaining on the leaders. At this point, Dana could feel all eight rowers waiting for him to call the sprint; when he did, they broke through and took the lead. They executed one of their best races of the year, and Dana was a huge part of it. Now they are training for this year's national championships.

His brother, Will, also hopes to win the high school national championship and continue to row in college. Will watched the LBJC team win the national championships as an alternate, and he dreams of achieving that glory with his teammates. Rowing has changed his life, giving him confidence in his physical capabilities and teaching him to be a gentleman on and off the water. After high school, he plans to implement the character skills he has learned from rowing to be successful in college. His rowing may even gain him acceptance to a strong school.



Will Boudreau

The highlight of Will's rowing career was winning his second race in the men's novice quad at the Fault Line Face-Off in Oakland. The team members in Will's boat had a sense of brotherhood and trust in each other, which Will believes was the key to their success. His good friends Jack Freiburghouse, Glenn Necessary, and Nate Cooper rowed, with Will's brother, Dana, as coxswain and under the guidance of Coach Erich Hanxleden.

These brothers love being part of the same crew team. Whenever they race together, they have nothing but the utmost confidence in the other's capabilities. During a race, they are driven by the same determination. The two of them rarely argue (with regard to rowing, that is), and they are the first to congratulate each other on a job well done.

Dana and Will's parents, Russ and Gretchen, also row with Jack Nunn at the Roworx Fitness Center in Long Beach nearly every day. The indoor rowing boot camp program offers group exercise that's low-impact, high-efficiency, and great for building strength and endurance.

Jack Nunn/Owner, Roworx Indoor Rowing and Fitness Center, 5750 Boathouse Lane, Long Beach, CA 90804 562/688-1716, www.roworx.com.



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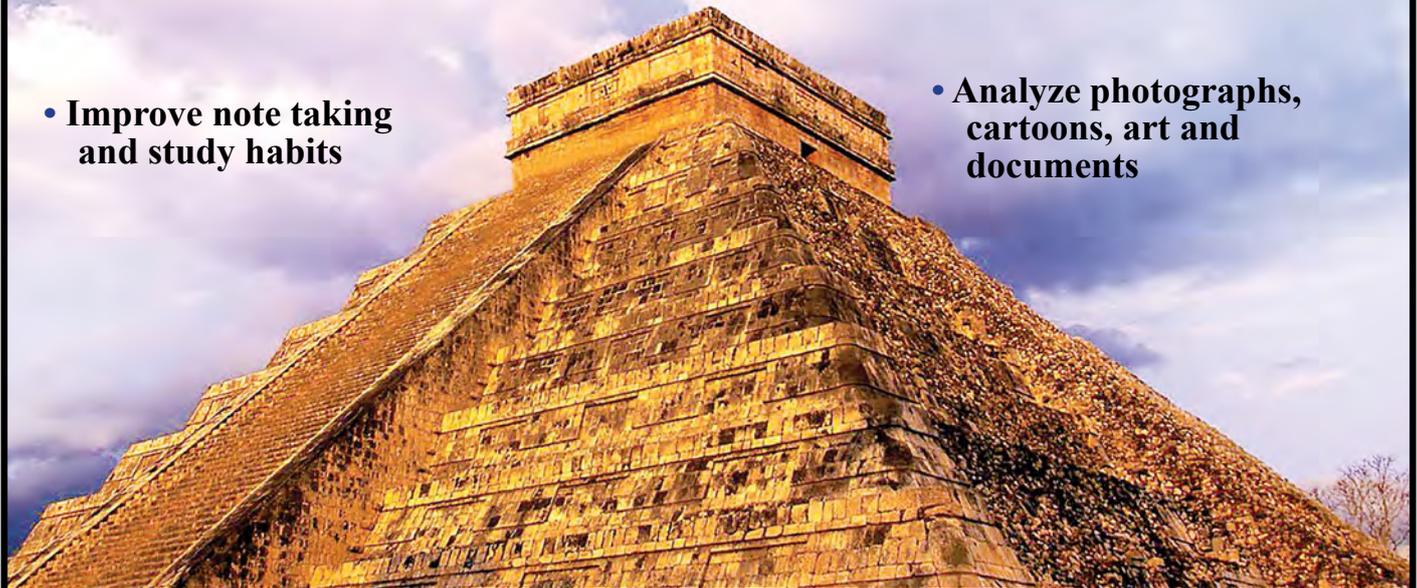
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